

# FIBROID FORUM UK

England & Wales · Charity number 1177878

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2018-04-10

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 253 Lordship Lane  
London  
SE22 8JF

**Phone** 07932230664

**Email** [fibroidforum@outlook.com](mailto:fibroidforum@outlook.com)

**Website** <https://fibroidforumuk.org/>

## Activities

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**Objects:** THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH OF WOMEN WHO ARE SUFFERING OR ARE AT RISK OF SUFFERING FROM UTERINE FIBROIDS, IN PARTICULAR BUT NOT EXCLUSIVELY BY:· RAISING AWARENESS OF FIBROIDS AND HOW IT IMPACTS ON THE LIVES OF SUFFERERS;· EDUCATING AND EMPOWERING WOMEN SUFFERING FROM FIBROIDS TO ENABLE THEM TO MAKE INFORMED CHOICES ABOUT THE BEST TREATMENT OPTIONS FOR THEM AND HOW TO ACCESS THEM; AND· AIDING THE RESEARCH OF THE CAUSES OF FIBROIDS TO HELP ALLEVIATE AND ELIMINATE THE CONDITION AND TO PUBLISH THE USEFUL RESULTS

**Activities:** We run quarterly fibroid support group meetings aimed at raising awareness of fibroids and how the condition impacts on the lives of sufferers; educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options and how to access them. The meetings provide a forum for practitioners in the field to share information.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£1,315	£50	-	-
2023-12-31	£19	£144	-	-
2022-12-31	£0	£0	-	-
2021-12-31	£40	£0	-	-
2020-12-31	£220	£0	-	-

## Trustees

Name	Role	Appointed
AUDREY DELORES SKERVIN	Chair	2017-06-27
DAWN MARIE MARTIN		2017-06-27
ELFREDA SKERVIN		2017-06-27
HELEN NKONYE ODOZI		2017-06-27
YVONNE MAXINE MAYE		2017-06-27

**FIBROID FORUM UK**

England & Wales - Charity number 1177878

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# Accounts

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# *Fibroid Forum UK*

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**FIBROID FORUM UK**

**CHARITABLE INCORPORATED ORGANISATION NO. 1177878**

**REPORT AND ACCOUNTS**

**31 DECEMBER 2024**

## **Fibroid Forum UK**

### **Report of the Trustees for the year ending 31 December 2024**

The Trustees of the Fibroid Forum UK present their annual report and accounts for the year ending 31 December 2024.

The board of trustees is satisfied with the performance of the charity during the year and the position as of 31 December 2024 and consider that the charity is in a good position to continue its activities during the coming year.

### **Charity's Registered Address**

253 Lordship Lane  
London  
SE22 8JF

The charity is a registered Charitable Incorporated Organisation No. 1177878

### **A summary of the objects of the charity as set out in its governing document:**

The relief of sickness and the preservation of health of women who are suffering or are at risk of suffering from uterine fibroids, in particular but not exclusively by:

- (1) raising awareness of fibroids and how it impacts on the lives of sufferers;
- (2) educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options for them and how to access them; and:
- (3) aiding the research of the causes of fibroids to help alleviate and eliminate the condition and to publish the useful results.

### **An explanation of the charity's main activities and objectives for the year**

The charity continues to run quarterly Fibroid Support Group meetings which it has done since September 2017. Since 2020, in the wake of the COVID-19 pandemic and the lockdown restrictions, the quarterly meetings moved from in person meetings at St Thomas's Hospital to the Zoom online platform which has enabled the charity to continue offering support to fibroid sufferers and provide access to attendees from further afield, including overseas. These quarterly meetings continued online in 2024 with three meetings taking place. Attendees were required to pre-register to attend and asked to remain on camera during meetings.

The support group meetings continue to raise awareness of fibroids and how the condition impacts the lives of sufferers; educating and empowering women suffering from the condition to make informed choices about the best treatment and self-care options and how to access them.

# Fibroid Forum UK

The support group meetings have continued to provide the opportunity for sufferers to share their experience of the condition, the various treatment options that they had undergone, the challenges in obtaining treatment as well as the self-care they have engaged with in treating their condition. Some of the attendees continue to regularly attend meetings even after receiving treatment and add their voice and support to the group discussions.

The charity continues to have a social media presence both on Facebook and X (formerly Twitter), with the charity's private Facebook group providing a forum where sufferers of the condition can share their experience, ask questions, and gain support from other sufferers. Articles regarding the condition and other gynaecological conditions are also shared in the Facebook group.

Facebook, X, Eventbrite and an email mailing list (which recipients give their consent to join) have also been the means by which support group meetings have been publicised.

In July 2024, one of our trustees gave a presentation on fibroids to the Alzheimer's Society Menstrual Health network as part of Fibroids Awareness Month.

In August 2024 two of the charity's trustees took part in Ultra Challenge's London Summer fundraising walk over 10km, raising more than £1,000 for the charity.

In November 2024 two of the trustees visited Homerton College, Cambridge University to participate in the Homerton Big Conversations and Department of Obstetrics and Gynaecology symposium on Breaking the Silence about Uterine Fibroids: Confronting the Inequalities in Women's Health. As a result of their attendance a collaborative relationship has been formed between the charity and the Homerton College Department of Obstetrics and Gynaecology.



## Structure, Governance and Management

The charity trustees are responsible for the overall management and control of the charity. All decisions are made by the trustees.

The trustees met on six occasions during the year to discuss governance of the charity, plan support group meetings and ways of promoting awareness of fibroids and the treatment options available.

The charity is not part of a wider group structure.

## Public benefit

The charity's trustees continue to have regards to the Charity Commission's public benefit guidance. The trustees are aware of the guidance and have taken it into account when

# *Fibroid Forum UK*

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decision making to which the guidance is relevant in the running of the charity. On any occasion where the trustees decide to depart from the guidance, they have good reasons for doing so and this is recorded.

The trustees are confident that the charity has continued to provide public benefit through the support group meetings for fibroid sufferers, many of whom have fed back with their appreciation for a supportive forum and a network in which to share their experience with other sufferers as well as gaining information from practitioners in the field. This has enabled sufferers of the condition to make more informed choices about the treatment options available to them. Several of the attendees continue to regularly attend the online support group meetings.

Public benefit has also continued to be provided through the charity's Facebook group which was established in 2017 and is administered by two of the trustees. At the end of the reporting period the Facebook group had increased by 240 members to a total of 1,088 members. Members frequently contribute to the group page by sharing their own individual experiences or asking other members for guidance on navigating treatment options.

## **Financial Review & Annual Return Questions**

The financial statements are set out in the accounts for the period ending 31 December 2024. The accounts have been presented as a Receipts and Payments Accounts.

Income of £1,314.87 was received during the period being reported with expenditure of £50 and this is reflected in the accounts. Grant making is not the main way that the charity carries out its purposes.

In August 2024 the charity registered with the Fundraising Regulator.

During the financial period for this return, the charity received no income or grant funding from contracts from central government or a local authority.

During the financial period for this annual return, the charity received no income from outside of the UK.

During the financial period for this annual return, the charity did not operate outside England and Wales, and no money was spent or transferred outside England and Wales.

The charity has no trading subsidiaries.

During the financial period for this annual return, none of the trustees received remuneration or benefits other than any expenses incurred.

None of the trustees were paid:

- (a) for being a trustee;
- (b) for providing professional advice or services to the charity; or
- (c) for any other benefit from the charity (for example accommodation, car, holiday).

The charity has no employees or paid members of staff and during the period covered by this annual return, none of the trustees resigned to take up employment with the charity.

# *Fibroid Forum UK*

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The charity had no UK volunteers during the financial period. All activities were undertaken by the trustees.

The charity has no overseas expenditure and therefore no monitoring controls in place to monitor such expenditure.

None of the charity's trustees are in roles within the charity requiring a standard, enhanced, or enhanced with barred lists DBS check, but may have such checks in other roles.

## **Members of the Board of Trustees at the date the report and the accounts were approved**

Audrey Skervin (Chair)  
Yvonne Maye (Treasurer)  
Elfreda Skervin  
Helen Odozi  
Dawn Martin

30 September 2025



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name <b>Fibroid Forum UK</b>	No (if any) 1177878
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**CC16a**

## Receipts and payments accounts

For the period from	Period start date 01/01/2024	To	Period end date 31/12/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Fundraising & Donations	1,315	£0.00	£0.00	£1,315.00	140
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	1,315.00	-	-	1,315	140
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	<b>1,315</b>	<b>-</b>	<b>-</b>	<b>1,315</b>	<b>140</b>
<b>A3 Payments</b>					
Registration with Fundraising Regulator	50	-	-	50	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>50</b>	<b>-</b>	<b>-</b>	<b>50</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>50</b>	<b>-</b>	<b>-</b>	<b>50</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>1,265</b>	<b>-</b>	<b>-</b>	<b>1,265</b>	<b>140</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>1,265</b>	<b>-</b>	<b>-</b>	<b>1,265</b>	<b>140</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		1,646	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>1,646</b>	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	<i>Dawn Martin</i>	Dawn Martin	30/09/2025	

**FIBROID FORUM UK**

England & Wales - Charity number 1177878

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# Accounts

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# *Fibroid Forum UK*

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**FIBROID FORUM UK**

**CHARITABLE INCORPORATED ORGANISATION NO. 1177878**

**REPORT AND ACCOUNTS**

**31 DECEMBER 2023**

## **Fibroid Forum UK**

### **Report of the Trustees for the year ending 31 December 2023**

The Trustees of the Fibroid Forum UK present their annual report and accounts for the year ending 31 December 2023.

The board of trustees is satisfied with the performance of the charity during the year and the position as of 31 December 2023 and consider that the charity is in a good position to continue its activities during the coming year.

### **Charity's Registered Address**

253 Lordship Lane  
London  
SE22 8JF

The charity is a registered Charitable Incorporated Organisation No. 1177878

### **A summary of the objects of the charity as set out in its governing document:**

The relief of sickness and the preservation of health of women who are suffering or are at risk of suffering from uterine fibroids, in particular but not exclusively by:

- (1) raising awareness of fibroids and how it impacts on the lives of sufferers;
- (2) educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options for them and how to access them;  
and:
- (3) aiding the research of the causes of fibroids to help alleviate and eliminate the condition and to publish the useful results.

### **An explanation of the charity's main activities and objectives for the year**

The charity has been running quarterly Fibroid Support Group meetings since September 2017. In 2020 in the wake of the COVID-19 pandemic and the lockdown restrictions the quarterly meetings moved from in person meetings at St Thomas's Hospital to the Zoom online platform which has enabled the charity to continue offering support to fibroid sufferers and provide access to attendees from further afield. These quarterly meetings continued online in 2023. Attendees were required to pre-register to attend and asked to remain on camera during meetings.

The support group meetings continue to raise awareness of fibroids and how the condition impacts the lives of sufferers; educating and empowering women suffering from the condition to make informed choices about the best treatment options and how to access them.

# *Fibroid Forum UK*

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The support group meetings also continued to provide a forum for practitioners and researchers in the field to share information and expertise on the treatment options available to sufferers.

During the year meetings had contributions from guest speaker Jenny Okona-Mensah who gave an informative presentation about the work being done by Fertility Network UK. Another guest speaker was Dr Edi Osagie, a Senior Consultant Gynaecologist, who made a presentation on fertility and fibroids.

The support group meetings have continued to provide the opportunity for sufferers to share their experience of the condition, the various treatment options that they had undergone, the challenges in obtaining treatment as well as the self-care they have engaged with in treating their condition. Some of the attendees continue to regularly attend meetings even after receiving treatment and add their voice and support to the group discussions.

The charity continues to have a social media presence both on Facebook and X (formerly Twitter), with the charity's private Facebook group providing a forum where sufferers of the condition can share their experience, ask questions, and gain support from other sufferers. Articles regarding the condition and other gynaecological conditions are also shared in the Facebook group.

Facebook, X, Eventbrite and an email mailing list (which recipients give their consent to join) have also been the means by which support group meetings have been publicised.

## **Structure, Governance and Management**

The charity trustees are responsible for the overall management and control of the charity. All decisions are made by the trustees.

The trustees met on six occasions during the year to discuss governance of the charity, plan support group meetings and ways of promoting awareness of fibroids and the treatment options available.

The charity is not part of a wider group structure.

## **Public benefit**

The charity's trustees continue to have regards to the Charity Commission's public benefit guidance. The trustees are aware of the guidance and have taken it into account when decision making to which the guidance is relevant in the running of the charity. On any occasion where the trustees decide to depart from the guidance, they have good reasons for doing so and this is recorded.

The trustees believe that the charity has continued to provide public benefit through the support group meetings for fibroid sufferers, many of whom have fed back with their appreciation for a supportive forum and a network in which to share their experience with other sufferers as well as gaining information from practitioners in the field. This has enabled sufferers of the condition to make more informed choices about the treatment options available to them. Several of the attendees continue to regularly attend the support group meetings.

Public benefit has also been provided through the charity's Facebook group which was

# *Fibroid Forum UK*

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established in 2017 and is administered by two of the trustees. At the end of the reporting period the Facebook group had increased by 215 members to a total of 848 total members. Members regularly contribute to the group page by sharing their own individual experiences or asking other members for guidance on navigating treatment options.

## **Financial Review & Annual Return Questions**

The financial statements are set out in the accounts for the period ending 31 December 2023. The accounts have been presented as a Receipts and Payments Accounts.

Income of £19 was received in 2023 via Amazon Smile and this is reflected in the accounts. Grant making is not the main way that the charity carries out its purposes.

During the financial period for this return, the charity received no income or grant funding from contracts from central government or a local authority.

During the financial period for this annual return, the charity received no income from outside of the UK.

During the financial period for this annual return, the charity did not operate outside England and Wales and no money was spent or transferred outside England and Wales.

The charity has no trading subsidiaries.

During the financial period for this annual return, none of the trustees received remuneration or benefits other than any expenses incurred.

None of the trustees were paid:

- (a) for being a trustee;
- (b) for providing professional advice or services to the charity; or
- (c) for any other benefit from the charity (for example accommodation, car, holiday).

The charity has no employees or paid members of staff and during the period covered by this annual return, none of the trustees resigned to take up employment with the charity.

The charity had no UK volunteers during the financial period. All activities were undertaken by the trustees.

The charity has no overseas expenditure and therefore no monitoring controls in place to monitor such expenditure.

None of the charity's trustees are in roles within the charity requiring a standard, enhanced, or enhanced with barred lists DBS check.

**Members of the Board of Trustees at the date the report and the accounts were approved**

Audrey Skervin (Chair)  
Yvonne Maye (Treasurer)  
Elfreda Skervin  
Helen Odozi  
Dawn Martin

2 September 2024



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name <b>Fibroid Forum UK</b>	No (if any) 1177878
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**CC16a**

<b>Receipts and payments accounts</b>				
<b>For the period from</b>	Period start date 01/01/2023	<b>To</b>	Period end date 31/12/2023	

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Amazon Smile	19	-	-	19	265
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	19	-	-	19	265
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	19	-	-	19	265
<b>A3 Payments</b>					
Reimbursement of trustee expenses for Zoom account.	144	-	-	144	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	144	-	-	144	-
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	144	-	-	144	-
<b>Net of receipts/(payments)</b>	125	-	-	125	265
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	125	-	-	125	265

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		140	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>140</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	<i>Dawn Martin</i>	Dawn Martin	02/09/2024

**FIBROID FORUM UK**

England & Wales - Charity number 1177878

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# Accounts

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# *Fibroid Forum UK*

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**FIBROID FORUM UK**  
**CHARITABLE INCORPORATED ORGANISATION NO. 1177878**  
**REPORT AND ACCOUNTS**  
**31 DECEMBER 2022**

## **Fibroid Forum UK**

### **Report of the Trustees for the year ending 31 December 2022**

The Trustees of the Fibroid Forum UK present their annual report and accounts for the year ended 31 December 2022.

The board of trustees is satisfied with the performance of the charity during the year and the position as of 31 December 2022 and consider that the charity is in a good position to continue its activities during the coming year.

### **Charity's Registered Address**

253 Lordship Lane  
London  
SE22 8JF

The charity is a registered Charitable Incorporated Organisation No. 1177878

### **A summary of the objects of the charity as set out in its governing document:**

The relief of sickness and the preservation of health of women who are suffering or are at risk of suffering from uterine fibroids, in particular but not exclusively by:

- (1) raising awareness of fibroids and how it impacts on the lives of sufferers;
- (2) educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options for them and how to access them; and:
- (3) aiding the research of the causes of fibroids to help alleviate and eliminate the condition and to publish the useful results.

### **An explanation of the charity's main activities and objectives for the year**

The charity took over running the Guys & St Thomas' quarterly Fibroids Support Group meeting in September 2017. At the point that the charity took over the running of the meetings they had been taking place in the Gynaecology Department corridor waiting area at Guy's Hospital, but they were then relocated to a lecture room at St Thomas's Hospital.

In 2020 in the wake of the COVID-19 pandemic and the lockdown restrictions the quarterly meetings moved to the Zoom online platform which has enabled the charity to continue offering this vital support to fibroid sufferers and enabled access to attendees from further afield. These quarterly meetings continued online in 2022. Attendees were required to pre-register to attend and asked to remain on camera during meetings.

The support group meetings have continued to raise awareness of fibroids and how the condition impacts on the lives of sufferers; educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options and how to access them.

# Fibroid Forum UK

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The meetings also continued to provide a forum for practitioners and researchers in the field to share information and expertise on the treatment options available to sufferers.

During the course of the year meetings had contributions from guest speakers, including in September 2022, Phoebe Hanson-Lowe, a research student who had recently completed a Masters titled, "Persistence, Resistance, Assistance: on Black fibroid patients' experiences of patienthood, illness and (self-)care". A number of the charity's Facebook Group members had contributed to Ms Hanson-Lowe's research for her thesis, which went on to win the Mario Rutten Master Thesis Prize 2020-2021<sup>1</sup>. Ms Hanson-Lowe studied shared her research findings during the support group and took part in a Q&A session.

In December 2022 the guest speaker was Dr Sally King from Menstrual Matters who spoke about menstrual health and findings on pre-menstrual syndrome which was followed by a Q&A session.

The support group meetings have also provided the opportunity for sufferers to share their experience of the condition, the various treatment options that they had undergone, the challenges in obtaining treatment as well as the self-care they have engaged with in treating their condition. Some attendees continue to regularly attend meetings even after receiving treatment and make valuable contributions to the group discussions.

The charity continues to have a social media presence both on Facebook and Twitter, with the charity's private Facebook group providing a forum where sufferers of the condition can share their experience, ask questions, and gain support from other sufferers. Articles regarding the condition and other gynaecological conditions are also shared in the Facebook group.

Facebook, Twitter, and Eventbrite have also been the means by which support group meetings have been publicised.

## **Structure, Governance and Management**

The charity trustees are responsible for the overall management and control of the charity. All decisions are made by the trustees.

The trustees met on seven occasions during the year to discuss governance of the charity, plan support group meetings and ways of promoting awareness of fibroids and the treatment options available.

The charity is not part of a wider group structure.

## **Public benefit**

The charity's trustees continue to have regards to the Charity Commission's public benefit guidance. The trustees are aware of the guidance and have taken it into account when decision making to which the guidance is relevant in the running of the charity. On any occasion where the trustees decide to depart from the guidance, they have good reasons for doing so and this is recorded.

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<sup>1</sup> Mario Rutten is a professor of Comparative Sociology and Anthropology of Asia at the University of Amsterdam where Ms Hanson-Lowe studied.

The trustees believe that the charity has continued to provide public benefit through the support group meetings for fibroid sufferers, many of whom have fed back with their appreciation for a supportive forum and a network in which to share their experience with other sufferers as well as gaining information from practitioners in the field. The has enabled sufferers of the condition to make better choices about the treatment options available to them. Several of the attendees continue to regularly attend the support group meetings.

Public benefit has also been provided through the charity's Facebook group which was established in 2017 and is administered by two of the trustees. At the end of the reporting period the Facebook group had a total of 633 members.

## **Financial Review & Annual Return Questions**

The financial statements are set out in the accounts for the period ending 31 December 2022. The accounts have been presented as a Receipts and Payments Accounts.

No funding was raised In 2022 and this is reflected in the accounts. Grant making is not the main way that the charity carries out its purposes.

During the financial period for this return, the charity received no income or grant funding from contracts from central government or a local authority.

During the financial period for this annual return, the charity received no income from outside of the UK.

During the financial period for this annual return, the charity did not operate outside England and Wales and no money was spent or transferred outside England and Wales.

The charity has no trading subsidiaries.

During the financial period for this annual return, none of the trustees received remuneration or benefits other than any expenses incurred.

None of the trustees were paid:

- (a) for being a trustee;
- (b) for providing professional advice or services to the charity; or
- (c) for any other benefit from the charity (for example accommodation, car, holiday).

The charity has no employees or paid members of staff and during the period covered by this annual return, none of the trustees resigned to take up employment with the charity.

The charity had no UK volunteers during the financial period. All activities were undertaken by the trustees.

The charity has no overseas expenditure and therefore no monitoring controls in place to monitor such expenditure.

None of the charity's trustees are in roles within the charity requiring a standard, enhanced, or enhanced with barred lists DBS check.

**Members of the Board of Trustees at the date the report and the accounts were approved**

Audrey Skervin (Chair)  
Yvonne Maye (Treasurer)  
Elfreda Skervin  
Helen Odozi  
Dawn Martin

3 November 2023

## Receipts and payments accounts

For the period from	Period start date 01.01.2022	To	Period end date 31.12.2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	-	-	-	-	265
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	-	-	-	265
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	-	-	-	265
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	-	-	-	-	265
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	-	-	-	-	265

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	Dawn Martin	DAWN MARTIN		03.11.2023

**FIBROID FORUM UK**

England & Wales - Charity number 1177878

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# Accounts

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# *Fibroid Forum UK*

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**FIBROID FORUM UK**  
**CHARITABLE INCORPORATED ORGANISATION NO. 1177878**  
**REPORT AND ACCOUNTS**  
**31 DECEMBER 2021**

## **Fibroid Forum UK**

### **Report of the Trustees for the year ending 31 December 2021**

The Trustees of the Fibroid Forum UK present their annual report and accounts for the year ended 31 December 2021.

The board of trustees are satisfied with the performance of the charity during the year and the position as of 31 December 2021 and consider that the charity is in a good position to continue its activities during the coming year.

### **Charity's Registered Address**

253 Lordship Lane  
London  
SE22 8JF

The charity is a registered Charitable Incorporated Organisation No. 1177878

### **A summary of the objects of the charity as set out in its governing document:**

The relief of sickness and the preservation of health of women who are suffering or are at risk of suffering from uterine fibroids, in particular but not exclusively by:

- (1) raising awareness of fibroids and how it impacts on the lives of sufferers;
- (2) educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options for them and how to access them;  
and:
- (3) aiding the research of the causes of fibroids to help alleviate and eliminate the condition and to publish the useful results.

### **An explanation of the charity's main activities and objectives for the year**

In September 2017, the charity took over running the Guys & St Thomas' quarterly Fibroids Support Group meeting which were originally run at the hospital. In 2020 in the wake of the COVID-19 pandemic and the lockdown restrictions the quarterly meetings moved to the online platform of Zoom which enabled the charity to continue offering this vital support to fibroid sufferers and enabled access to attendees from further afield. These quarterly meetings continued online in 2021. Attendees were required to pre-register to attend and asked to remain on camera during meetings.

The support group meetings continued to raise awareness of fibroids and how the condition impacts on the lives of sufferers; educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options and how to access them.

The meetings also continued to provide a forum for practitioners in the field to share information and expertise on the treatment options available to sufferers. During the course

# *Fibroid Forum UK*

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of the year meetings had contributions from practitioners including Bridget Yorke, founder of the Fibroid Network, and Paulette Bassan, a retired nurse and trainer shared a presentation on postoperative care for the condition.

The support group meetings have also provided the opportunity for sufferers to share their experience of the condition, the various treatment options that they had undergone, the challenges in obtaining treatment as well as the self-care they have engaged with in treating their condition.

Some attendees continue to regularly attend meetings even after receiving treatment and contribute to the group discussion.

The charity continues to have a social media presence both on Facebook and Twitter, with the charity's private Facebook group a forum where sufferers of the condition can share their experience, ask questions, and gain support from other sufferers. Articles regarding the condition and other gynaecological conditions are also shared in the Facebook group.

Facebook, Twitter, and Eventbrite have also been the means by which support group meetings have been publicised.

## **Structure, Governance and Management**

The charity trustees are responsible for the overall management and control of the charity. All decisions are made by the trustees.

The trustees met on seven occasions during the year to discuss governance of the charity, plan support group meetings and ways of promoting awareness of fibroids and the treatment options available.

## **Public benefit**

The charity's trustees continue to have regards to the Charity Commission's public benefit guidance. The trustees are aware of the guidance and have taken it into account when decision making to which the guidance is relevant in the running of the charity. On any occasion where the trustees decide to depart from the guidance, they have good reasons for doing so and this is recorded.

The trustees believe that the charity has continued to provide public benefit through the support group meetings for fibroid sufferers, many of whom have fed back with their appreciation for a supportive forum in which to share their experience with other sufferers as well as gaining information from practitioners in the field, which has enabled them to make better choices about the treatment options available to them. Several of the attendees continue to regularly attend the support group meetings.

Public benefit has also been provided through the charity's Facebook group which was established in 2017 and is administered by two of the trustees. At the end of the reporting period the Facebook group had a total of 647 members up from 534 members the previous year.

## Financial Review & Annual Return Questions

The financial statements are set out in the accounts for the period ending 31 December 2021. The accounts have been presented as a Receipts and Payments Accounts.

Funding was raised In 2021 and this is reported in the accounts. Grant making is not the main way that the charity carries out its purposes.

During the financial period for this return, the charity received no income or grant funding from contracts from central government or a local authority.

During the financial period for this annual return, the charity received no income from outside of the UK.

During the financial period for this annual return, the charity did not operate outside England and Wales and no money was spent or transferred outside England and Wales.

The charity has no trading subsidiaries.

During the financial period for this annual return, none of the trustees received remuneration or benefits other than expenses incurred.

None of the trustees were paid:

- (a) for being a trustee;
- (b) for providing professional advice or services to the charity; or
- (c) for any other benefit from the charity (for example accommodation, car, holiday).

The charity has no employees or paid members of staff and during the period covered by this annual return, none of the trustees resigned to take up employment with the charity.

The charity had no UK volunteers during the financial period. All activities were undertaken by the trustees.

The charity has no overseas expenditure and therefore no monitoring controls in place to monitor such expenditure.

None of the charity's trustees are in roles within the charity requiring a standard, enhanced, or enhanced with barred lists DBS check.

## Members of the Board of Trustees at the date the report and the accounts were approved

Audrey Skervin (Chair)  
Yvonne Maye (Treasurer)  
Elfreda Skervin  
Helen Odozi  
Dawn Martin

27 October 2022



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
Fibroid Forum UK

No (if any)  
1177878

CC16a

## Receipts and payments accounts

For the period from	Period start date 01/01/2021	To	Period end date 31/12/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	40	-	-	40	220
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	40	-	-	40	220
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	40	-	-	40	220
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	40	-	-	40	220
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	40	-	-	40	220

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		40	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>40</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Dawn Martin</i>	Dawn Martin	27/10/2022

**FIBROID FORUM UK**

England & Wales - Charity number 1177878

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# Accounts

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# *Fibroid Forum UK*

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**FIBROID FORUM UK**  
**CHARITABLE INCORPORATED ORGANISATION NO. 1177878**  
**REPORT AND ACCOUNTS**  
**31 DECEMBER 2020**

## **Fibroid Forum UK**

### **Report of the Trustees for the year ending 31 December 2020**

The Trustees of the Fibroid Forum UK present their annual report and accounts for the year ended 31 December 2020.

The board of trustees are satisfied with the performance of the charity during the year and the position at 31 December 2020 and consider that the charity is in a good position to continue its activities during the coming year.

### **Charity's Registered Address**

253 Lordship Lane  
London  
SE22 8JF

The charity is a registered Charitable Incorporated Organisation No. 1177878

### **A summary of the objects of the charity as set out in its governing document:**

The relief of sickness and the preservation of health of women who are suffering or are at risk of suffering from uterine fibroids, in particular but not exclusively by:

- (1) raising awareness of fibroids and how it impacts on the lives of sufferers;
- (2) educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options for them and how to access them;  
and:
- (3) aiding the research of the causes of fibroids to help alleviate and eliminate the condition and to publish the useful results.

### **An explanation of the charity's main activities and objectives for the year**

Since taking over the running of the Guys & St Thomas' Fibroids Support Group in September 2017 the charity has continued to organise and run the quarterly support group meetings at St Thomas' Hospital, however in 2020 as a result of the lockdown restrictions imposed by the COVID-19 pandemic only one meeting took place at the usual venue before moving to the online platform of Zoom which allowed access to attendees from further afield. Attendees were required to pre-register to attend and also to remain on camera during meetings.

The support group meetings continued to raise awareness of fibroids and how the condition impacts on the lives of sufferers; educating and empowering women suffering from fibroids to enable them to make informed choices about the best treatment options and how to access them.

The meetings also provide a forum for practitioners in the field to share information and expertise on the treatment options available to sufferers. During the course of the year meetings had contributions from practitioners including Dr Sohier Elneil, Honorary Associate

# Fibroid Forum UK

Professor at UCL who also participated in a Q&A session with attendees. Bridgette York the Founder of the Fibroid Network Support Group also contributed to a support group meeting as a guest speaker, sharing her journey with the condition and about some of the research into the treatment options available to women with fibroids.

The support group meetings have also provided the opportunity for sufferers to share their experience of the condition and of the various treatment options that they had undergone. Women attending the meetings often expressed relief and gratitude at finding the support offered by the meetings, with some continuing to regularly attend meetings even after receiving treatment. One attendee stated in feedback, "Thank you for having me at your event. It was very informative and comforting to know there are many other women going through fibroids. It was good to hear Bridgette's personal success story as well as learn from her expertise, gave me hope".

The charity continues to have a social media presence both on Facebook and Twitter, with the charity's private Facebook group a forum where sufferers of the condition can share their experience, ask questions, and gain support from other sufferers. Articles regarding the condition and other gynaecological conditions are also shared in the Facebook group.

Facebook, Twitter, and Eventbrite have also been the means by which support group meetings have been publicised.

When possible the trustees attended online events discussing fibroids including the All-Party Parliamentary Group on Women's Health's conference event hosted by Jackie Doyle-Price MP on Menstrual Health and Endometriosis.

During the course of the year the charity successfully applied to HMRC for recognition for Gift Aid on donations made to the charity.

## **Structure, Governance and Management**

The charity trustees are responsible for the overall management and control of the charity. All decisions are made by the trustees.

The trustees met on seven occasions during the year to discuss governance of the charity, plan support group meetings and ways of promoting awareness of fibroids and the treatment options available.

## **Management and recruitment of new trustees**

When necessary the present trustees continue to seek advice from experienced trustees from other charities and individuals with relevant experience with a view to identifying any training needed to augment their current skills base. The trustees also continue to identify any gaps in their skills base for the future recruitment of new trustees that have the necessary specialisms to strengthen the board and governance of the charity.

The trustees have also considered succession planning and the appointment of new trustees having regard to the skills, knowledge and experience needed for the effective administration of the charity, and the expansion of the charity's support meetings to other parts of the UK.

## **Public benefit**

The charity's trustees continue to have regards to the Charity Commission's public benefit guidance. The trustees are aware of the guidance and have taken it into account when decision making to which the guidance is relevant in the running of the charity. On any occasion where the trustees decide to depart from the guidance, they have good reasons for doing so and this is recorded.

The trustees believe that the charity has continued to provide public benefit through the support group meetings for fibroid sufferers, many of whom have fed back with their appreciation for a supportive forum in which to share their experience with other sufferers as well as gaining information from practitioners in the field, which has enabled them to make better choices about the treatment options available to them. Several of the attendees regularly attend the support group meetings.

Public benefit has also been provided through the charity's Facebook group which was established in 2017 and is administered by two of the trustees. At the end of the reporting period the Facebook group had 534 members.

## **Financial Review & Annual Return Questions**

The financial statements are set out in the accounts for the period ending 31 December 2020. The accounts have been presented as a Receipts and Payments Accounts.

In 2020 some funding was raised from the public and is reported in the accounts. Grant making is not the main way that the charity carries out its purposes.

During the financial period for this return, the charity received no income or grant funding from contracts from central government or a local authority.

During the financial period for this annual return, the charity received no income from outside of the UK.

During the financial period for this annual return, the charity did not operate outside England and Wales and no money was spent or transferred outside England and Wales.

The charity has no trading subsidiaries.

During the financial period for this annual return, none of the trustees received remuneration or benefits other than expenses incurred.

None of the trustees were paid:

- (a) for being a trustee;
- (b) for providing professional advice or services to the charity; or
- (c) for any other benefit from the charity (for example accommodation, car, holiday).

The charity has no employees or paid members of staff and during the period covered by this annual return, none of the trustees resigned to take up employment with the charity.

The charity had no UK volunteers during the financial period. All activities were undertaken by the trustees.

The charity has no overseas expenditure and therefore no monitoring controls in place to monitor such expenditure.

None of the charity's trustees are in roles within the charity requiring a standard, enhanced, or enhanced with barred lists DBS check, however at least one of the trustees has enhanced DBS clearance and/or is signed up to the DBS online update service.

**Members of the Board of Trustees at the date the report and the accounts were approved**

Audrey Skervin (Chair)  
Yvonne Maye (Treasurer)  
Elfreda Skervin  
Helen Odozi  
Dawn Martin



## Receipts and payments accounts

For the period from	01.01.2020	To	31.12.2020
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donation	220	-	-	220	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	220	-	-	220	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	220	-	-	220	-
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	-	-	-	-
<b>Net of receipts/(payments)</b>	220	-	-	220	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	220	-	-	220	-

### Section B Statement of assets and liabilities at the end of the period

**B1 Cash funds**

	to nearest £	to nearest £	to nearest £
Donation	220	-	-
	-	-	-
	-	-	-
<b>Total cash funds</b>	<b>220</b>	<b>-</b>	<b>-</b>
(agree balances with receipts and payments account(s))	OK	OK	OK

**B2 Other monetary assets**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

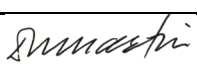
**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Dawn Martin	13.09.2021
		24/09/2021