



Future Fit - Junior Field Gun



**Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870**



Bird's Eye View of Inter-School Competition - AFD Plymouth Hoe

2023 Trustees' Annual Return



Printed by Babcock Printers



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
10 Watermill Close
Desborough
Kettering
NN14 2XW

Acting Chairman: David Worrall
Mobile No. 07767 882099

Project Manager:

Secretary: Brian O'Hara
Mobile No. 07828 426468

Board of Trustees:

Independent Examiners: James Parsons FCCA (Partner)
Sawford Bullard
The Old Mill
Blisworth Hill Farm
Stoke Road
Blisworth
Northants
NN7 3DB

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

Our Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Object 1 by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges and other senior educational establishments.

3. Future Fit request each school to pay an Affiliation Fee of £125, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF have been invited to organise a similar event for affiliated Portsmouth schools.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. In March 2022 FF took vacant possession of Unit 8. With the help of City College Plymouth, who kindly donated a large amount of workshop equipment to FF. However, Unit 8 is not just a workshop. With the help of volunteers an internal compartment has been built that doubles as a Board Room and Presentation area. Separate, within the shell is an office, kitchen area and toilets.



Volunteer Alexandra Crichton with a painted limber in the background, just one of the many jobs she undertakes during her visits to the Workshop.



From L to R: Graham Smith, Robert Hunter, Dave Worrall, Brian O'Hara, and (centre) Samantha Morcumb.

2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, was, until recently, a Director of Student Journey at City College Plymouth (CCP), through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- An arrangement has now been agreed that the College's apprentices learn their Carpentry skills by making Junior Field Gun Units.

Future Plans

1. With hundreds of primary schools in Devon, and Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years, to enable FF, primarily, to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.
2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity several Hants schools are now practising Junior Field Gun - Rowner Primary School, Crofton Anne Dale Junior, Meon and Lee-on-Solent Junior school. Several more schools are interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.
2. Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow FF to participate:
 - £5m Public Liability insurance.
 - Risk Assessment Policy
 - Safeguarding Policy
 - Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate Risk Assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
 - All FF Coaches are EDBS cleared.
3. Organisational Structure. At the close of 2023, Future Fit had a Board of Trustees of 10 members, including a new Chair, who holds a senior post in Plymouth County Council. The trustees hold board Meetings, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on page 16.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

Current Assets

1. As FF's accounts will prove, FF has been, extremely, fortunate to have a benefactor, who is prepared to sponsor FF by £30,000 per year for 10 years. FF has recently received the sixth tranche of £30,000. This money is to be regarded as 'designated', because the annual donations will be used, primarily, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a daily basis. Where appropriate, it will, also, be used to purchase JFGs for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £950, plus £125 affiliation fee which commence 12 months after purchase.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. FF's benefactor has created a Trust which manages his philanthropic activities. Any Gift Aid claimable on £30,000 donated to FF is, therefore, collected by that Trust.

2. At 31st December 2023, FF had claimable donations of £3518.50. A claim will be submitted in 2023. £879.62 for 2023 is claimable.

Donated JFGs

1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Notes forming part of the Financial Statements of FF for the year ended 31st December 2023

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustees annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph "Future Plans" and "Current Assets" on page 5 and 7 of the annual report: "to enable FF to, employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc."

The opening balance of this fund was £98,771. The movement of this fund equated to -£11254.87, with a closing balance of £87,516 as at 31st December 2023.

(g) In 2023 FF agreed to act as Banker to Military Kids Choir, a

(h) Military Kids Choir (Heroes)

As well as providing valuable outlets for young people to have their voices heard, the incredibly successful choir appeared on Britain's Got Talent, where they didn't leave a dry eye in the house.

The children had been rehearsing at the Guards' Chapel in London, when, much to their surprise, Simon Cowell walked out and invited them to audition on BGT. The children were very excited and surprised, several of them having dreamt to perform on BGT. The rest of that weekend, they worked incredibly hard to be stage ready for the audition on Monday, from whence they won a place in the Semi-final.

Regretably, the Covid crises put a stop to the Choir's development and it ceased to exist. However, the Royal British Legion, who sponsored the Choir, revived it in June 2023 and approached FF to act as 'banker', because MKC was not a charity and had no bank account. While MKC became active in June 2023 the annual grant of £24,060 was not received until August 2023. MKC's Income & Expenditure has been recorded in FF's accounts. A news article, covering one of MKC's activities, is included at Annex A.

Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2023




	Unrestricted	Designated	Total	Unrestricted	Designated	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Fixed Assets						
Tangible Assets:						
Van	-	-	-	-	-	-
Trailer	-	-	-	-	-	-
Other tangible assets	2,039.39	-	2,039.39	2,826.72	-	2,826.72
Current Assets						
Cash at bank	34,740.78	-	34,740.78	34,775.05	-	34,775.05
Trade Debtors	-	-	-	1,075.00	-	1,075.00
Prepayments	-	-	-	-	-	-
Security deposit	3,625.00	-	3,625.00	3,625.00	-	3,625.00
Current Liabilities						
Accruals	-	-	-	780.00	-	780.00
Net Assets	40,405.17	-	40,405.17	41,521.77	-	41,521.77

Reserves

Excess/-Deficit in period	-	28,230.27	27,113.67	-1,116.60	-	35,641.40	-	11,254.87	-	46,896.27
Starting balance	-	45,994.69	87,516.46	41,521.77	-	10,353.29	98,771.33	88,418.04		
	-	74,224.96	114,630.13	40,405.17	-	45,994.69	87,516.46	41,521.77		

These accounts, including the balance sheet, were approved by the Trustees and are signed on their behalf by: Brian O'Hara, Trustee, Treasurer and Secretary.


 10/10/24
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Future Fit - Junior Field Gun
Summary of Financial Activities (including Income & Expenditure Account)
for the year ended 31st December 2023 and 2022



	Unrestricted Funds	Designated Funds MKC	Designated Funds	Total	Unrestricted Funds	Designated Funds	Total
	2023 £	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Incoming resources							
Sales of Junior Field Gun Units	2,750.00			2,750.00	5,200.00		5,200.00
Sales of Senior Field Gun Units	2,600.00			2,600.00			
Voluntary Income							
Cash Donations	5,717.41		30,000.00	35,717.41	2,789.92		2,789.92
Charity Dinner Donations	-			-	5,599.08		5,599.08
Charity grants	-	24,060.00		24,060.00			
Other Income							
Gift Aid and Interest	572.04			572.04	-		-
Affiliation Fees	2,625.00			2,625.00	2,375.00		2,375.00
Training	-			-	137.00		137.00
Utilities refund	1,506.50			1,506.50	175.00		175.00
Delivery Charges	100.00			100.00	85.00		85.00
Sale of gaitors	272.31			272.31			
Taster sessions	125.00			125.00			
Total Income	16,268.26	24,060.00	30,000.00	70,328.26	16,361.00	-	16,361.00
Cost of generating funds							
Junior Field Gun production	6,606.41			6,606.41	5,292.71		5,292.71
Senior Field Gun Costs	444.96			444.96	39.98		39.98
Material purchases/repairs	1,235.20	444.00	5,323.89	7,003.09	2,918.00		2,918.00
Trophies/Medals	3,755.59			3,755.59	2,411.92		2,411.92
Contract Services	-	3,160.79	15,357.70	18,518.49	-	11,254.87	11,254.87
Advertising/promotional	217.90			217.90	262.20		262.20
Vehicle expenses	3,625.80			3,625.80	3,810.84		3,810.84
Depreciation	787.33			787.33	2,703.33		2,703.33
Premises costs	21,741.47			21,741.47	18,670.06		18,670.06
Other expenditure	6,083.87	2,659.95		8,743.82	15,893.36		15,893.36
Total expenditure	44,498.53	6,264.74	20,681.59	71,444.86	52,002.40	11,254.87	63,257.27
Net Income/(Expenditure)	- 28,230.27	17,795.26	9,318.41	- 1,116.60	- 35,641.40	- 11,254.87	- 46,896.27



Notes - To FF's 2023 Accounts

Page 1

	Unrestricted £	MKC £	Designated £	Total
1 Income				
1140 JuniorFieldGun Sales	2,750.00			2,750.00
1150 Senior FieldGun sales (incdelivery)	2,600.00			2,600.00
2				
1000 Grants-M KC (Heroes)		24,060.00		-
1020 Donations	5,717.41		30,000.00	5,717.41
1022 GiftAid	572.04			572.04
3 Other Income				
1141 Tasteressions	125.00			125.00
1142 JFG saleofG ailers	272.31			272.31
1143 AnnualAffiliationFee	2,625.00			2,625.00
1210 Delivery	100.00			100.00
1237 Electricityrefund	1,506.50			1,506.50
	16,268.26	24,060.00	30,000.00	70,328.26
5 COS Junior Field Guns				
2001 W aterjetcutting	360.00			360.00
2002 Barrelsturned	2,208.00			2,208.00
2003 Paint	403.51			403.51
2004 Plywood	1,530.66			1,530.66
2005 Screws (Misc)	125.66			125.66
2006 W ood cutting	1,543.20			1,543.20
2009 Limberparts	435.38			435.38
	6,606.41	-	-	6,606.41
6 COS Senior Field Guns				
2056 MildSteelPins	444.96			444.96
	444.96	-	-	444.96
7				
2075 Toolrepair	82.46			82.46
2079 M iscellaneous	854.45	444.00	5,323.89	6,622.34
2080 Toolpurchases	298.29			298.29
	1,235.20	444.00	5,323.89	7,003.09
7				
2081 Medals	130.00			130.00
2085 Trophies	3,582.39			3,582.39
2086 Engraving	43.20			43.20
	3,755.59	-	-	3,755.59
9 Contracted Expertise				
2095 Contracted expertise		3,160.79	15,357.70	18,518.49
	-	3,160.79	15,357.70	18,518.49
11				
2140 Advertising/Promotional	75.00			75.00
2142 Advertising/Promotional	54.90			54.90
2170 W ebsitedomainand hosting	88.00			88.00
	217.90	-	-	217.90
12				
2190 Van insurance	609.98			609.98
	1,856.78			1,856.78
	320.00			320.00
2230 Van Maintenance	839.04			839.04
	3,625.80	-	-	3,625.80
Total Page 1 expenditure	15,885.86	3,604.79	20,681.59	40,172.24

Total income b/f

		15,885.86	3,604.79	20,681.59	40,172.24
12		787.33			787.33
		787.33	-	-	787.33
13	Premises costs				
	2150 Rent	18,180.00			18,180.00
	2166 UtilitiesElectricity	2,263.71			2,263.71
	2168 UtilitiesTelephone	20.00			20.00
	2171 Utilities-ServiceCharges	981.30			981.30
	2172 Utilities	296.46			296.46
		21,741.47	-	-	21,741.47
13	2088 Tent/Gazebo	650.00			650.00
		329.89			329.89
	2091 Accommodation& Meals	347.50			347.50
	2100 IndependentInspection	250.80			250.80
	2131 OfficeSupplies:Postageand Packing	51.28			51.28
	2132 OfficeSupplies:ComputerSupplies	937.67			937.67
	2169 Travel	1,215.75			1,215.75
	2180 Generalinsurance	1,428.20			1,428.20
	2181 Insurance		144.00		144.00
	2240 Donations,Awards and Grants	48.96			48.96
	2245 Office/GeneralAdministrative	57.00	2,515.95		2,572.95
		180.96			180.96
	2247 Office/GeneralAdministrativeExpenses	185.50			185.50
		74.32			74.32
		326.04			326.04
		6,083.87	2,659.95	-	8,743.82
	Total Expenditures	44,498.53	6,264.74	20,681.59	71,444.86
	Net Income/-Expenditure	- 28,230.27	17,795.26	9,318.41 -	1,116.60

Future Fit - Junior Field Gun



Depreciation of Fixed Assets as at 31st December 2023

	Van	Trailer £	Other assets £	Total £
Cost				
At 1 January 2023	7,930.00	1,650.00	3,614.05	13,194.05
Additions	-	-	-	-
At 31 December 2023	7,930.00	1,650.00	3,614.05	13,194.05
Depreciation				
At 1 January 2023	7,930.00	1,650.00	787.33	10,367.33
Charge for the year	-	-	787.33	787.33
At 31 December 2023	7,930.00	1,650.00	1,574.66	11,154.66
Carrying amount				
At 31 December 2023	0.00	0.00	2,039.39	2,039.39
At 31 December 2022	0.00	0.00	2,826.72	2,826.72



Report to the trustees

Future Fit – Junior Field Gun

On accounts for the year
ended

31st December 2023

Charity no
(if any)

1177870

Set out on pages

11-15

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

James Parsons

Date:

17th October 2024

Name:

James Parsons

Relevant professional
qualification(s) or body
(if any):

ACCA

Address:

Sawford Bullard, The Old Mill, Blisworth Hill Farm, Stoke Road,
Blisworth, Northampton NN3 7DB

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Future Fit - Junior Field Gun Patrons



Admiral Sir Mark Stanhope
GCB,OBE,DL

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

Vice Admiral Andrew Burns
CB, OBE, Fleet Commander

Andrew Burns was appointed Fleet Commander in September 2021 and commands all operational arms of the Royal Navy (Surface Flotilla, Submarine Flotilla, Fleet Air Arm, Royal Marines and Royal Fleet Auxiliary). This includes their generation for task and operational effectiveness. He is the Chief Naval Warfare Officer and the Gender Advocate for the Royal Navy.

On a more mundane level V.Adm Burns presented trophies to schools at the 2023 AFD Inter-school Competition, held on Plymouth Hoe. He has, also, agreed to present trophies again in 2024.



Future Fit - Junior Field Gun Patrons

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees & Volunteers



Pauline Murphy, Plymouth City Councillor and FF's Chair of Trustees

Dave Worrall was so impressed by Pauline's dynamism, during Meetings he attended, and her enthusiasm for FF's objectives, that it was a no-brainer to ask her to become Chair of FF's trustees.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design & Tech)

Schools' Liaison Officer (Acting Principal and Coach)
Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Retired as Director of Student Journey at City College Plymouth; and, as a Trustee and Coach, is helping to encourage the world-beaters of the future.



Jed Stones

Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.

Future Fit - Junior Field Gun Board of Trustees & Volunteers Page 2

Sqd.Ldr Francis Reis RAFAC



Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutineer and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon.

In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.



Mike Deady - Trustee and School Trainer

Mike is currently serving in the Royal Navy as a Chief Petty Officer Aircraft Engineer. His love for Future Fit Field Gun came after he was amazed at Armed Forces Day. This inspired Mike to set up a crew for Yealmpstone Farm Primary school where he is currently a School Governor.



Lily Greyling, MKC Lead

Military wife to a serving Colour Sergeant in the Royal Marines, and mother of two young boys, Lily was previously a teaching assistant in Plymouth primary schools for 7 years. She now uses her passion of working with children, alongside being in a military family, to support the wellbeing of children from serving and veteran families.



Brian O'Hara, MBA, DMS

A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit - Junior Field Gun Board of Trustees & Volunteers Page 3



Roger (Popeye) Law - Ex-FAA Command Field Gunner

Having, initially, joined FF JFG (Pre Covid) as part of the AF Day, Battery Staff Team (both Plymouth & Portsmouth), I was invited to become a Trustee in 2023.

So, thus duly accepted to the Board and residing outside the main Plymouth based areas, my main interest has focused on the Portsmouth, Fareham, and Lee-on-Solent areas, where we currently have 3 Schools running JFG (*Crofton Anne Dale -Stubbington, Lee-on Solent & Meon Southsea*), with the aim to provide Ex Brickwood's/ Command Field Gunner Mentors or support assistance to these Schools to enable them to join the League Ladder and Display on Families days etc.



Unfortunately, I will not be able to attend this year's Plymouth based Pre-season or AFD. However, we are working on Displaying at the Fareham Borough Council, Daedalus D-Day 80th in June with option on Portsmouth AFD and for Meon School to Display at the Admiral Jellicoe House RNRM Charity, Respite Home in Southsea sometime during the season.

Therefore, as you read this and are interested in supporting the Portsmouth, Fareham Area Schools, please get in touch with Operations Team.



Peter Lawrence - Trustee and Trainer.

As a parent of a child from St George's Primary school, became involved, initially, as a helper in 2020 and alongside members of staff has been training the St George's team ever since.



Alexandra Crichton, BA (Hons) Spatial Design (1st)

When my father became Chairman of FF in 2018, I became involved with FF by association. That involvement has become more practical and I now find myself in the Workshop painting JFG Units, in addition to designing Christmas Cards, memorabilia and using my artistic skills in whatever way FF requires.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Mr Normal Fookes (2 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Salvation Army

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

Extract from Plymouth Chronicle, written by Holly Burns, of Eggbuckland Primary School.

Youngsters with their collages



Treat at The Box for 'military kids'

Eggbuckland Vale Primary School was one of three city schools which took part in a visit to The Box arranged especially for children of military families.

The visit was even more special as it was the first event organised by the Military Kids Club (MKC) Heroes who provide extra support and exciting opportunities for military children across the city. At The Box the children had a great time making new friends with other service children from Widewell Primary School and St George's Primary School.

The children took part in two pre-booked art workshops hosted by The Box where they explored the gallery 'People and Place' looking at the history of Plymouth. In small groups the children chose their favourite painting, focussed in on a character in the painting and created their own story for a character and what they believed was happening. The children then created artwork based on their characters and shared their stories with each other.

The second workshop took place in the beautiful setting of St Luke's Church, where the children explored the current exhibition 'Dutch Flowers'. Here, the children made collages using a range of materials for someone special in their lives, with the collages representing an important event shared with their special person.

The children then had lunch together and went on to explore The Box further. The event was a huge success and a great way of building links for the city's military children.



Extract from Newsletter No.10 - the 2023 AFD Inter-School Competition



Widey Court



Yealmpstone Farm Port



Yealmpstone Farm Starboard



Meon B - Portsmouth

School Teams - By curtesy of Jake Morcumb



Boringdon Badgers



Brunel



Ernesettle



Widey Court