



Future Fit - Junior Field Gun



Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870



Images from Plymouth Piazza Display Saturday 4th May 2019

Top to bottom: Widewell Primary School, Widey Court Primary School and Weston Mill Primary School

2020 Trustees' Annual Return



Printed by Babcock International



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
38 The Hoe
Carpenders Park
Watford
WD19 5AY

Chairman: Cdr Charles Crichton OBE, RN(Ret)

Project Manager: David Worrall
Mobile No. 07767 882099

Secretary: Brian O'Hara
Mobile No. 07828 426468

Board of Trustees:

Names and potted history at: Page18

Independent Examiners: Numbers (UK) Limited
Ensign House Parkway Court
Longbridge Rd
Plymouth
PL6 8LR

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

Our Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Object 1 by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges.

3. Future Fit request each school to pay an Affiliation Fee of £100, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Bottled Spring water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF have been invited to organise a similar event for affiliated Portsmouth schools.
- **Further Opportunities.** In addition to the above, FF organises a mini inter-school tournament in Plymouth's Piazza Square (photos on the last page of this document); which FF is trying to make an annual feature.
- **Mayflower 400 in 2020.** Plymouth City Council's plans for the 400th anniversary of the Plymouth Founding Fathers' setting sail for the New World, with a year long period of commemoration, which began in November 2019. Regrettably, while these plans have been severely disrupted, owing to the Covid 19 pandemic, efforts to do what was possible continued.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. FF has a workshop, in which the painting, assembly and the tricky finishing work is carried out by volunteers. FF's Operations Manager, Dave Worrall, has been supported in the workshop by a qualified carpenter, with additional help from Salvation Army homeless and volunteers. Dave has, also, close connections to the Probationary Service, who send along minor offenders, who can work out their community service helping to paint and then assemble Junior Field Guns. A number have remained in contact and have become volunteers at some of our Events.



2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- RoperJames Solicitors x 1 unit.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, is also a Director of Student Journey at City College Plymouth, through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- Bob's apprentices have, also, worked on genuine late 19th century field pieces owned by HMS DRAKE Sea Cadets at FF's behest.

Future Plans

1. With over 70 primary schools in Devon, and over 200 in Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years, to enable FF to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.

2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity two Hants schools are now practising Junior Field Gun - Rowner Primary School (**Gosport, Hants**) and Crofton Ann Dale Junior (**Fareham, Hants**). At the time of the Covid outbreak there were eight other schools interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.

2. Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow us to participate:

- £5m Public Liability insurance.
- Risk Assessment Policy
- Safeguarding Policy
- Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate risk assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
- All FF Coaches are EDBS cleared.

3. Organisational Structure. At the close of 2020, Future Fit had a Board of Trustees of 8 members, who meet, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on page 16.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

Current Assets

1. As FF's accounts will prove, FF has been, extremely, fortunate to have a benefactor, who is prepared to sponsor FF by £30,000 per year for 10 years. FF has recently received the third tranche of £30,000. This money is to be regarded as 'designated', because the annual donations will be used, primarily, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a regular basis. Where appropriate, it will, also, be used to purchase JFGs for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £750, plus £100 affiliation fee.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. At 31st December 2019, FF had claimable donations of £63,573, on which it received £15,671 of gift aid and relief on 7th May 2019. Under **Current Assets**, on this page, it explains that FF have been pledged £30,000 per year for 10 years. In 2018 circumstances dictated that, instead of £30,000, £60,000 (2 years worth) was donated instead. The third tranche of £30,000 has been donated in this financial year, which will bring in a further £7500 Gift Aid that will be claimed in 2021.

2. At 31st December 2019, FF had claimable donations of £230.00. A claim will be submitted in 2021, when the latter sum will be added to by 2020 donations of £30,288, making a total claim of £30,518.

Donated JFGs

1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Notes forming part of the Financial Statements of FF for the year ended 31st December 2020

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustee's annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph "Future Plans" and "Current Assets" on page 5 and 7 of the annual report: "to enable FF to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc."

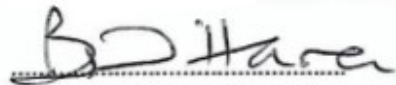
The opening balance of this fund was £30,000. The movement of this fund equated to £2,125, with a closing balance of £27,875 as at 31st December 2020.

Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2020

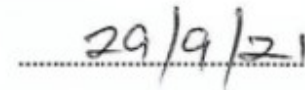
	Unrestricted 2020 £	Designated 2020 £	Total 2020 £	Unrestricted 2019 £	Designated 2019 £	Total 2019 £
Fixed Assets:						
Tangible Assets:						
Van	3,172.00	-	3,172.00	5,075.20	-	5,075.20
Trailer	660.00	-	660.00	1,056.00	-	1,056.00
			-			-
Current Assets:						
Cash at bank	69,997.12	-	69,997.12	46,656.07	-	46,656.07
			-			-
Debtors:	-	-	-	6,000.00	-	6,000.00
			-			-
Net Assets:	73,829.12	-	73,829.12	58,787.27	-	58,787.27
			-			-
			-			-
Reserves:						
Excess/-Deficit to date	12,916.85	2,125.00	15,041.85	- 18,644.15	10,850.55	- 7,793.60
Starting balance	58,787.27	-	58,787.27	66,580.87		66,580.87
	71,704.12	2,125.00	73,829.12	47,936.72	10,850.55	58,787.27

These accounts, including the balance sheet, were approved by the trustees and are signed on their behalf by Brian O'Hara, Trustee, Treasurer and secretary.

Signed :



Date



Future Fit - Junior Field Gun
Summary of Financial Activities (including Income & Expenditure Account)
for the year ended 31st December 2020 and 2019

	Unrestricted Funds 2020 £	Notes	Designated Funds 2020 £	Total 2020 £	Unrestricted Funds 2019 £	Notes	Designated Funds 2019 £	Total 2019 £
Incoming resources								
Affiliation fees					1,700.00			
Voluntary Income								
Donations	287.95		30,000.00		3,182.00			
Other Income								
Gift Aid and interest					15,671.55			
Billable expenditure income	287.68							
Activities for Generating Funds								
Unit refund					- 850.00			
Sales of Junior/Senior Field Guns					10,200.00			
Total Income	575.63		30,000.00	30,575.63	29,903.55		-	29,903.55
Cost of generating funds								
Junior Field Gun production	4,154.19				8,643.76			
Senior & Junior joint costs	342.37				2,318.97			
Misc purchases/repairs	632.05				1,906.92			
Trophies/Medals	711.22				2,133.32			
Contract Services			2,125.00				7,430.00	
Advertising/promotional	725.67				573.84		3,420.55	
Vehicle expenses	1,507.23				4,795.17			
Other expenditure	5,336.05				6,474.62			
Total expenditure	13,408.78		2,125.00	15,533.78	26,846.60		10,850.55	37,697.15
Net Income/(Expenditure)				15,041.85				-7,793.60

Future Fit - Junior Field Gun

Depreciation of Fixed Assets as at 31st December 2020

	2020	2019
	£	£
Van NVB on 1st January 2020 and 2019	5,075.20	6,344.00
Depreciation at 20% of cost price	1,586.00	1,268.80
Adjustment for 2019 understated depreciation.	317.20	
NBV at period end.	3,172.00	5,075.20
Trailer NVB on 1st January 2020 and 2019	1,056.00	1,320.00
Depreciation at 20% of cost price	330.00	264.00
Adjustment for 2019 understated depreciation.	66.00	
NBV at period end.	660.00	
<u>Accumulated depreciation</u>		
At 1st January 2021 and 2020	5,748.00	3,448.80
<u>Net Book Value</u>		
At 1st January 2021 and 2020	3,832.00	6,131.20

'Future Fit - Junior Field Gun' - Expanded Comparison

	January - December 2020				January - December 2019			
	Unrestricted	Sub total	Designated	Total	Unrestricted	Sub total	Designated	Total
Incoming Income								
1143 Annual Affiliation Fee					1,700.00			
Voluntary Income								
1020 Donations	287.95		30,000.00		3,182.00			
Other Income								
Gift Aid					15,643.25			
Gift Aid interest					28.30			
1236 Billable Expenditure inc	287.68							
Activities for Generating Income								
1140 Junior Field Gun					2,550.00			
1150 Senior Field Gun					7,650.00			
1230 Refund of unit					-850.00			
Total Income		575.63	30,000.00	30,575.63		29,903.55	0.00	29,903.55
Expenditure								
Cost of generating funds								
2000 Junior Field Guns								
2002 Barrels turned					1,567.20			
2003 Paint	117.44				737.19			
2004 Plywood	1,295.40				1,947.87			
2005 Screws (Misc)	12.00				509.28			
2006 Wood cutting	2,363.87				1,686.40			
2007 Completion					100.00			
2008 Poles					162.64			
2009 Limber parts	269.48				211.96			
2010 Axles					612.12			
2011 Aluminium campsite	96.00				1109.10			
		4154.19				8643.76		

	January - December 2020				January - December 2019			
	Unrestricted	Sub total	Designated	Total	Unrestricted	Sub total	Designated	Total
b/f from page 1		4154.19				8643.76		
Senior Field Guns								
2050 Senior Field Guns					240.00			
2052 Barrels turned					1,553.64			
2053 Paint					20.00			
2055 Screws (Misc)	342.37				30.13			
2057 Axles					475.20			
		<u>342.37</u>				<u>2,318.97</u>		
Miscellaneous expenses								
2075 Tools repair	10.08				29.00			
2084 Rope	37.00							
2078 Drag Ropes	375.00				937.50			
2079 Miscellaneous	209.97				660.51			
2080 Tool purchases					279.91			
		<u>632.05</u>				<u>1,906.92</u>		
Memorabilia								
2081 Medals					1,597.50			
2083 FF Clothing	454.28				65.82			
2085 Trophies	237.95				470.00			
2086 Engraving	18.99							
2087 Walkie Talies					232.20			
2088 Tent/Gazebo					209.99			
2090 Meals and entertainment					347.36			
		<u>711.22</u>				<u>2,922.87</u>		
2095 Contracted expertise			2,125.00				7,430.00	
Advertising/Promotional								
2140 Advertising/Promotional	22.53				236.34			
2141 Professional Photography	90.00				187.50			
2142 Professional Photography	44.34				150.00			
2143 Website costs	350.00							
2250 Charity Dinner	218.80						3,420.55	
		<u>725.67</u>				<u>573.84</u>		
c/f to page 3		6,565.50	2,125.00		16,366.36		10,850.55	

	January - December 2020				January - December 2019			
	Unrestricted	Sub total	Designated	Total	Unrestricted	Sub total	Designated	Total
b/f from page 2		6565.50	2125.00	30575.63		16366.36	10850.55	27216.91
Vehicle expenses								
2169 Travel (DW fuel)	537.07				2349.69			
2190 Van insurance	259.20				390.67			
2231 Van fuel	372.91				1236.33			
2220 Van Road Tax	265.00				260.00			
2230 Van Maintenance	28.05				369.71			
2231 Auto	45.00				188.77			
		<u>1507.23</u>				<u>4795.17</u>		
Other Expenses								
2100 Account verification	390.00				390.00			
2120 Fixed Asset depreciation	1916.00				1532.80			
2120 Adjustment to 2019 figure	383.20							
2150 Rent	605.00				739.14			
2180 General insurance	1216.25				1236.54			
2240 Donation and grants	500.00				1520.00			
2245 Office/General Admin	40.00				255.60			
2246 On-line Act'g software	285.60				10.99			
		<u>5336.05</u>				<u>5685.07</u>		
Total Expenditures		<u>13408.78</u>	2125.00	<u>15533.78</u>		<u>26846.60</u>	10850.55	<u>37697.15</u>
Net Income/-Expenditure				<u>15041.85</u>				7793.60

Future Fit - Junior Field Gun Patrons



**Admiral Sir Mark Stanhope
GCB,OBE,DL**

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



Future Fit - Junior Field Gun Patrons



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.

**Commodore Peter Coulson ADC,
BEng MSc MA CEng FIET RN**

Peter is a Fellow of the Institute of Engineering and Technology and an Alumnus of the Windsor Leadership Trust having completed both Emerging and Developing Strategic Leader consultations. He is chairman of ice sports for the RN Winter Sports Association and a trustee of the RNRM Stables at Bickleigh Barracks.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees



FF's distinguished Chairman

Cdr Charles Crichton, OBE, M Soc SC, RN (Ret)

Following some 47 years of service as a Seaman Officer in the Royal Navy he managed Plymouth Armed Forces Week for five years culminating in Plymouth hosting the National Armed Forces day in 2012. Actively engaged in charitable work in support of veterans and young people. He retains an abiding interest in heritage and especially the history of support to the Royal Navy at Plymouth.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design &Tech)

Schools' Liaison Officer (Acting Principal and Coach)

Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Now Director of Student Journey at City College Plymouth, which is a FF sponsor.



Norman Fookes (Crossed the Bar June 21st 2021)

National Service Command Field Gunner, who broke his back during a competition run at Earls Court, was invalided out of the RN and then worked his way up from nothing to become the head of his own multi-million pound engineering company. Was a major sponsor of the Royal Tournament for several years, at the same time sponsoring Devonport Command Field Gun until its demise in 1999. Is now a Trustee and sponsor of Future Fit.



Major Alex Howard

Alex is a serving Army engineer officer, who is due to leave the service in 2021. Currently, Alex is coordinating JFG development in his home town of Portsmouth, and the surrounding area.

Future Fit - Junior Field Gun Board of Trustees Page 2

Wg Cdr Francis Reis RAFAC



Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutineer and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon. In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.

Jed Stones



Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.

Nick Prynn, MSc, BSc(Hons)



After 24 successful years as an Army Electronics Engineer, Nick retrained as a Primary school teacher. He gained invaluable experience of the educational system and how children learn during his fifteen years, before retiring and joining the FF team. While not officially a trustee, Nick carries out all the duties of one. He is also the lead for the FF's Ambassadors.

Tom Luther



Tom has stepped back as a regular coach, but still likes to keep his hand in. Tom is the most successful Command Field Gun trainer, possibly, of all time, bringing the cups back to Devonport three times.

Brian O'Hara, MBA, DMS



A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Mr Normal Fookes (2 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Salvation Army

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

Inter-school Tournament in pictures



Burraton Community Primary School



Brunel Primary Academy



Hooe Primary School



Widewell Primary School



Ernesettle Community School



Pennycross Primary School
Record holders



Shakespeare Primary School



St Paul's Roman Catholic Primary School

Inter-school Tournament in pictures (Cont'd)



**Stowford Primary School
(Stowford Stars)**



**Stowford Primary School
(Stowford Supernovas)**



Widely Court Primary School



Marine Academy Primary



Weston Mill Primary School



Victoria Road Primary School



Boringdon Primary School



**Carbeile and Pennycross shaking
hands after an epic contest
during the last run.**



Section A

Independent Examiner's Report

Report to the trustees/
members of

Future Fit – Junior Field Gun

On accounts for the year
ended

31st December 2020

Charity no
(if any)

1177870

Set out on pages

1 to 22

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2020.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Steve Carey

Date:

05/10/2021

Name:

SH CAREY

Relevant professional
qualification(s) or body
(if any):

FCA (ICAEW MEMBER NO 7783796)
CTA (CIOT MEMBER NO 103177)

Address:

Unit 2, Ensign House, Parkway Ct,
Plymouth PL6 8LR

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.