

FUTURE FIT - JUNIOR FIELD GUN

England & Wales · Charity number 1177870

Details

Status Registered

Legal form CIO

Registered 2018-04-09

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE BY PROVIDING ADVICE AND ASSISTANCE AND ORGANISING A JUNIOR FIELD GUN PROGRAMME WHICH INVOLVES PHYSICAL AND EDUCATIONAL AND OTHER ACTIVITIES AS A MEANS OF ADVANCING THEM IN LIFE AND HELPING YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS. TO FACILITATE AND SUPPORT OBJECT 1 BY ENGAGING IN THE MANUFACTURE OF JUNIOR FIELD GUN EQUIPMENT, WHICH IS SPECIALLY DESIGNED FOR THE SUBJECT MARKET.

Activities: Future Fit produces replica Command Field Gun guns and limbers, which are used by primary school children to emulate field gun runs held at the Royal Tournament pre the year 2000. This is a new sport and an interschool competition is held on Plymouth Hoe, Junior Field Gun has been in operation for six years and has now, approximately, 30 schools involved in this sport.

Classification

- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, Amateur Sport
- **Who:** Children/young People, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£65,845	£61,176	-	-
2023-12-31	£70,328	£71,444	-	-
2022-12-31	£16,361	£63,257	-	-
2021-12-31	£40,056	£25,468	-	-
2020-12-31	£30,576	£15,534	-	-

Trustees

Name	Role	Appointed
BRIAN KEITH O'HARA MBA, DMS		2018-03-28
DAVID BRIAN WORRALL		2018-03-28
David William Evans VR		2025-03-30
Gary Stones		2020-01-29
Michael Deady		2023-07-14
ROBERT HUNTER		2018-04-09
Roger Law		2023-07-14
Squadron Leader Francis Reis RAFAC		2020-08-26
Thomas Peters		2025-07-09

FUTURE FIT - JUNIOR FIELD GUN

England & Wales - Charity number 1177870

Accounts



Future Fit - Junior Field Gun



**Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870**



Bird's Eye View of Inter-School Competition - AFD Plymouth Hoe

2024 Trustees' Annual Return



Printed by Babcock Printers



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
10 Watermill Close
Desborough
Kettering
NN14 2XW

Workshop Address: Unit 10, Westover Ind. Est
Ivybridge
Plymouth
PL21 9ES

Project Manager: David Worrall
Mobile No. 07767 882099

Secretary/Treasurer: Brian O'Hara
Mobile No. 07828 426468

Independent Examiners: **James Parsons FCCA (Partner)**
Sawford Bullard
The Old Mill
Blisworth Hill Farm
Stoke Road
Blisworth
Northants
NN7 3DB

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

FF's Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Objective 1, by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable Company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges and other senior educational establishments.

3. Future Fit request each school to pay an Affiliation Fee of £125, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF organises a similar event for affiliated Portsmouth schools.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. In March 2022 FF took vacant possession of Until 8. With the help of City College Plymouth, who kindly donated a large amount of workshop equipment to FF. However, Unit 8 is not just a workshop. With the help of volunteers an internal compartment has been built that doubles as a Board Room and Presentation area. Separate, within the shell is an office, kitchen area and toilets.



Volunteer Alexandra Crichton with a painted limber in the background, just one of the many jobs she undertakes during her visits to the Workshop.



From L to R: Graham Smith, Robert Hunter, Dave Worrall, Brian O'Hara, and (centre) Samantha Morcumb.

2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, and was, until recently, a Director of Student Journey at City College Plymouth (CCP), through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- An arrangement has now been agreed that the College's apprentices learn their Carpentry skills by making Junior Field Gun Units.

Future Plans

1. With hundreds of primary schools in Devon, and Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, Most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years (2 years left), to enable FF, primarily, to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.

2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity several Hants schools are now practising Junior Field Gun - Rowner Primary School, Crofton Anne Dale Junior, Meon and Lee-on-Solent Junior school. Several more schools are interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.

Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow FF to participate:

- £5m Public Liability insurance.
- Risk Assessment Policy
- Safeguarding Policy
- Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate Risk Assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
- All FF Coaches are EDBS cleared.

3. Organisational Structure. At the close of 2024, Future Fit had a Board of Trustees of 10 members, including a new Chair, who holds a senior post in Plymouth County Council. The trustees hold board Meetings, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on pages 21 - 22.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the Company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

Current Assets

1. As FF's accounts will prove, FF has been, extremely, fortunate to have a Benefactor; who, in 2018 pledged to sponsor FF by £30,000 per year for 10 years. This money is to be regarded as 'designated', because the annual donations will be used, in part, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a daily basis. Where appropriate, it will, also, be used to purchase JFG units for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £1,100, plus £125 affiliation fee which commences 12 months after purchase.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. FF's benefactor has created a Trust which manages his philanthropic activities. Any Gift Aid claimable on £30,000 donated to FF is, therefore, collected by that Trust.

2. At 31st December 2024, FF had claimable donations of £3306. A claim will be submitted in 2024. £826.50 for 2024 is claimable.

Donated JFGs

1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Notes forming part of the Financial Statements of FF for the year ended 31st December 2024

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustees annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph “Future Plans” and “Current Assets” on page 5 and 7 of the annual report: “to enable FF to, employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc.”

The opening balance of this fund was £114,630. The movement of this fund equated to £26,126, with a closing balance of £140,756 as at 31st December 2024.

(g) In 2024 FF agreed to act as Banker to Military Kids Choir, a

(h) Military Kids Choir (Heroes)

As well as providing valuable outlets for young people to have their voices heard, the incredibly successful choir appeared on Britain’s Got Talent, where they didn’t leave a dry eye in the house.

The children had been rehearsing at the Guards’ Chapel in London, when, much to their surprise, Simon Cowell walked out and invited them to audition on BGT. The children were very excited and surprised, several of them having dreamt to perform on BGT. The rest of that weekend, they worked incredibly hard to be stage ready for the audition on Monday, from whence they won a place in the Semi-final.

Regrettably, the Covid crises put a stop to the Choir’s development and it ceased to exist. However, the Royal British Legion, who sponsored the Choir, revived it in June 2023 and approached FF to act as ‘banker’, because MKC was not a charity and had no bank account. FF also oversees its management. While MKC became active in June 2023 the annual grant of £24,060 was not received until August 2023. The second tranche of £21,260 was received on 16th August 2024. MKC’s Income & Expenditure has been recorded in FF’s accounts.



Notes - To FF's 2024 Accounts
January - December 2024

		Unrestricted	Designated	MKC	Total
1	Income				
	1140 Junior Field Gun Sales	3,300.00			3,300.00
2	Voluntary Income				
	1000 Grants - MKC (Heroes)			21260.00	21,260.00
	1020 Donations	7,285.05	30,000.00		37,285.05
	1022 Gift Aid	639.77			639.77
	1023.MKC Income	45.00			45.00
3	Other Income				
	1141 Taster sessions	90.00			90.00
	1143 Annual Affiliation Fee	2,500.00			2,500.00
	1144 Junior Field Gun Delivery Charge	150.00			150.00
	1146 Junior Field Gun Loan	300.00			300.00
	1230 Training	275.00			275.00
		14,584.82	30,000.00	21,260.00	65,844.82
4	Direct Expenses				
	2265 MKC Activities	14,687.41			14,687.41
	2266 MKC Story Book Purchases	510.76			510.76
	5002 Movemybooks Purch Adjustments	970.98			970.98
		16,169.15			16,169.15
				Gross Profit/Loss	49,675.67
5	COS Junior Field Guns				
	2000 Junior Field Guns	400.00			
	2001 Waterjet cutting	174.00			
	2003 Paint	173.91			
	2005 Screws (Misc)	60.08			
	2006 Wood cutting	826.82			
	2012 Junior Field Gun Supplies	86.98			
	2078 Drag Ropes	219.59			
	2079 Miscellaneous	551.41			
	2080 Tool purchases	117.35			
		2,610.14			2,610.14
6	COS Senior Field Guns				
	2055 Senior Screws (Misc)	12.00	12.00		12.00
7	Memorabilia				
	2083 FF Clothing	891.20	891.20		891.20
8	Contracted Expertise				
	2095 Contracted expertise		4,445.50	5,535.00	9,980.50
9	Independent Examiner				
	2100 Independent Examiner	860.40	860.40		860.40
10	Fixed Asset Depreciation				
	2120 Fixed Asset Depreciation	787.33	787.33		787.33
11	Rent				
	2150 Rent	17,263.18			
	2260 Workshop Costs	3,500.33			
	2251 Repair & Maintenance	270.32	21,033.83		21,033.83
12	Utilities Service Charge				
	2171 Utilities Service Charge	1,989.34	1,989.34		1,989.34
	Total expenditure Page 1	28,184.24	4,445.50	5,535.00	38,164.74

Future Fit Junior Field Gun - Income & Expenditure Page 2

Total Page 1 expenditure		28,184.24	4,445.50	5,535.00	38,164.74
13 General Insurance					
2180 General Insurance	1,478.88	1,478.88			1,478.88
12 Vehicle expenses					
2190 Van insurance	687.16				
2200 Van fuel	669.57				
2220 Van Road Tax	335.00				
2230 Van Maintenance	2246.66				
		3,938.39			3,938.39
13 Other Expenditures					
2090 Meals & Entertainment	50.90				
2132 Office Supplies	31.68				
2246 On-line Accounting Software	192.00				
2245 Office/General Administrative	560.85				
2169 Travel	283.20				
2166 Utilities Electricity	368.86				
2170 Website Domain and Hosting	88.00				
2240 Donations, Awards and Grants	-150.00				
		1,425.49	0.00	0.00	1,425.49
Total Expenditures		35,027.00	4,445.50	5,535.00	<u>45,007.50</u>
Net Income/-Expenditure					<u><u>4,668.17</u></u>

**Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2024**



	Unrestricted 2024	Designated 2024	Total 2024	Unrestricted 2023	Designated 2023	Total 2023
	£	£	£	£	£	£
Fixed Assets						
Tangible Assets:						
Other tangible assets	1,252.06	-	1,252.06	2,039.39	-	2,039.39
Current Assets						
Cash at bank	40,196.28	-	40,196.28	34,740.78	-	34,740.78
Security deposit	3,625.00	-	3,625.00	3,625.00	-	3,625.00
Current Liabilities						
Accruals	-	-	-	-	-	-
Net Assets	<u>45,073.34</u>	-	<u>45,073.34</u>	<u>40,405.17</u>	-	<u>40,405.17</u>
Reserves						
Excess/-Deficit in period	- 21,458.16	26,126.33	4,668.17	- 28,230.27	27,113.67	- 1,116.60
Starting balance	- 74,224.96	114,630.13	40,405.17	- 45,994.69	87,516.46	41,521.77
	<u>- 95,683.12</u>	<u>140,756.46</u>	<u>45,073.34</u>	<u>- 74,224.96</u>	<u>114,630.13</u>	<u>40,405.17</u>

These accounts, including the balance sheet, were approved by the Trustees and are signed on their behalf by: Brian O'Hara, Trustee, Treasurer and Secretary.

B O'Hara 13/10/2025

Future Fit - Junior Field Gun
Summary of Financial Activities (Including Income & Expenditure Account)
for the year ended 31st December 2024 and 2023

	Unrestricted Funds 2024 £	MKC 2024 £	Designated Funds 2024 £	Total 2024	Unrestricted Funds 2023 £	MKC 2023 £	Designated Funds 2023 £	Total 2023
1 Incoming resources								
Sales of Junior Field Gun Units	3 300 00			3 300 00	2 750 00			2 750 00
Sales of Senior Field Gun Units				0 00	2 600 00			2 600 00
2 Voluntary Income								
Grants		21 260 00		21 260 00		24 060 00		24 060 00
Cash Donations	7 285 05		30 000 00	37 285 05	5 717 41		30 000 00	35 717 41
MKC Income	45 00			45 00				
3 Other Income								0 00
Gift Aid and Interest	639 77			639 77	572 04			572 04
Affiliation Fees	2 500 00			2 500 00	2 625 00			2 625 00
Training	275 00			275 00				0 00
Utilities refund				0 00	1 506 50			1 506 50
Sale of Gaiters				0 00	272 31			272 31
Junior Field Gun (Loan plan)	300 00			300 00				
Taster Sessions	90 00			90 00	125 00			125 00
Delivery charge	150 00			150 00	100 00			100 00
Total Income	14 584 82	21 260 00	30 000 00	65 844 82	16 268 26	24 060 00	30 000 00	70 328 26
4 Less Direct Expenses		16 169 15		16 169 15				
Gross profit/Loss	14 584 82	5 090 85	30 000 00	49 675 67	16 268 26	24 060 00	30 000 00	70 328 26
Cost of generating Funds								
5 Junior Field Gun Production	2 610 14			2 610 14	6 606 41			6 606 41
6 Senior Field Gun Production	12 00			12 00	444 96			444 96
7 Misc Expenses	891 20			891 20	1 235 20	444 00	5 323 89	7 003 09
Trophies/Medals				0 00	3 755 59			3 755 59
9 Independent Examiner	860 40			860 40				
8 Contracted Services		4 445 50	5 535 00	9 980 50		3 160 79	15 357 70	18 518 49
Advertising/Promotion				0 00	217 90			217 90
12 Vehicle Expenses	3 938 39			3 938 39	3 625 80			3 625 80
10 Depreciation	787 33			787 33	787 33			787 33
11 Premises Costs	21 033 83			21 033 83	21 741 47			21 741 47
12 Utilities Service Charge	1 989 34			1 989 34				
14 General Insurance	1 478 88			1 478 88				
16 Other expenditure	1 425 49			1 425 49	6 083 87	2 659 95		8 743 82
Total Expenditure	35 027 00	4 445 50	5 535 00	45 007 50	44 498 53	6 264 74	20 681 59	71 444 86
Net Income/(Expenditure)	-20 442 18	645 35	24 465 00	4 668 17	-28 230 27	17 795 26	9 318 41	-1 116 60

□□
□3

Future Fit - Junior Field Gun



Depreciation of Fixed Assets as at 31st December 2024

	Van	Trailer	Other Assets	Total
Cost	£	£	£	£
At 1 st January 2024	7,930.00	£1,650.00	3,614.05	13,194.05
At 31 st December 2024	7,930.00	£1,650.00	3,614.05	13,194.05
Depreciation				
At 1 st January 2024	7,930.00	1,650.00	1,574.66	11,154.66
Charge for the year			787.33	787.33
At 31 st December 2024	7,930.00	1,650.00	2,361.99	11,941.99
Carrying amount				
At 31 st December 2024	0.00	0.00	1,252.06	1,252.06
At 31 st December 2023	0.00	0.00	2,039.39	2,039.39



Section A Independent Examiner's Report

Report to the trustees

Future Fit – Junior Field Gun

On accounts for the year
ended

31 December 2024

Charity no
(if any)

1177870

Set out on pages

10 - 11

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2024.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: James Parsons

Date: 16th October 2025

Name: James Parsons

Relevant professional
qualification(s) or body
(if any):

ACCA

Address: Sawford Bullard The Old Mill, Blisworth Hill Farm, Stoke Road, Northampton
NN7 3DB

[Empty rectangular box]

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Large empty rectangular box for disclosure details]

Future Fit - Junior Field Gun Patrons



**Admiral Sir Mark Stanhope
GCB,OBE,DL**

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

**Vice Admiral Andrew Burns
CB, OBE, Fleet Commander**

Andrew Burns was appointed Fleet Commander in September 2021 and commands all operational arms of the Royal Navy (Surface Flotilla, Submarine Flotilla, Fleet Air Arm, Royal Marines and Royal Fleet Auxiliary). This includes their generation for task and operational effectiveness. He is the Chief Naval Warfare Officer and the Gender Advocate for the Royal Navy.

On a more mundane level V.Adm Burns presented trophies to schools at the 2023 AFD Inter-school Competition, held on Plymouth Hoe. He has, also, agreed to present trophies again in 2024.



Future Fit - Junior Field Gun Patrons

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees & Volunteers



Pauline Murphy, Plymouth City Councillor and FF's Chair of Trustees

Dave Worrall was so impressed by Pauline's dynamism, during Meetings he attended, and her enthusiasm for FF's objectives, that it was a no-brainer to ask her to become Chair of FF's trustees.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design &Tech)

Schools' Liaison Officer (Acting Principal and Coach)
Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Retired as Director of Student Journey at City College Plymouth; and, as a Trustee and Coach, is helping to encourage the world-beaters of the future.



Jed Stones

Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.

Future Fit - Junior Field Gun Board of Trustees & Volunteers Page 2

Sqd.Ldr Francis Reis RAFAC

Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutineer and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon.



In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.



Mike Deady - Trustee and School Trainer

Mike is currently serving in the Royal Navy as a Chief Petty Officer Aircraft Engineer. His love for Future Fit Field Gun came after he was amazed at Armed Forces Day. This inspired Mike to set up a crew for Yealmpstone Farm Primary school where he is currently a School Governor.



Lily Greyling, MKC Lead

Military wife to a serving Colour Sergeant in the Royal Marines, and mother of two young boys, Lily was previously a teaching assistant in Plymouth primary schools for 7 years. She now uses her passion of working with children, alongside being in a military family, to support the wellbeing of children from serving and veteran families.



Brian O'Hara, MBA, DMS

A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit - Junior Field Gun Board of Trustees & Volunteers Page 3



Roger Law

FF JFG Trustee review 2024

Greetings! Having, initially, joined FF JFG (Pre Covid) as part of the AF Day, Battery Staff Team (both Plymouth & Portsmouth), I was invited to become a Trustee in 2023.

So, thus duly accepted to the board and residing outside the main Plymouth based areas, my main interest has focused on the Portsmouth, Fareham, and Lee-on-Solent areas, where we currently have 3 Schools running JFG (Crofton Anne Dale –Stubbington, Lee-on Solent & Meon Southsea), Sadly we could not get Wickham & Knowle Juniors Schools together in time for VE Day 80 so hopefully to bring them onboard soon. Our little Portsmouth area group aim to provide Ex Brickwood's/ Command Field Gunner Mentors or support assistance to these Schools to enable them to join the League Ladder and Display on Families days etc.



Unfortunately, again I will not be able to attend this year's Plymouth based Pre-season or AFD on the 28th As we are working on all 3 schools Displaying at the Portsmouth & Southsea AFD 21st June then Lee-On-Solent at HMS Collingwood Open Day Brickwood's FG Competition 28th June same day as the Plymouth Hoedown, Crofton Anne Dale and Meon Schools will be displaying in the carpark at the Admiral Jellicoe House RNRM Charity, Respite Home in Southsea on the 10th July.

Therefore, as you read this and are interested in supporting the Portsmouth, Fareham Area Schools, please get in touch with Operations Team.



Alexandra Crichton, BA (Hons) Spatial Design (1st)

When my father became Chairman of FF in 2018, I became involved with FF by association. That involvement has become more practical and I now find myself in the Workshop painting JFG Units, in addition to designing Christmas Cards, memorabilia and using my artistic skills in whatever way FF requires.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

Extract from 2024 AFD Inter-school Competition Newsletter



St Budeaux



St George's



St Peter's RC



St Peter's



St Stephen's



Sir Robert Geffreys



Stowford - Stars



Stowford - Supernovas

FUTURE FIT - JUNIOR FIELD GUN

England & Wales - Charity number 1177870

Accounts



Future Fit - Junior Field Gun



**Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870**



Bird's Eye View of Inter-School Competition - AFD Plymouth Hoe

2023 Trustees' Annual Return



Printed by Babcock Printers



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
10 Watermill Close
Desborough
Kettering
NN14 2XW

Acting Chairman: David Worrall
Mobile No. 07767 882099

Project Manager:

Secretary: Brian O'Hara
Mobile No. 07828 426468

Board of Trustees:

Independent Examiners: James Parsons FCCA (Partner)
Sawford Bullard
The Old Mill
Blisworth Hill Farm
Stoke Road
Blisworth
Northants
NN7 3DB

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

Our Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Object 1 by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges and other senior educational establishments.

3. Future Fit request each school to pay an Affiliation Fee of £125, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF have been invited to organise a similar event for affiliated Portsmouth schools.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. In March 2022 FF took vacant possession of Unit 8. With the help of City College Plymouth, who kindly donated a large amount of workshop equipment to FF. However, Unit 8 is not just a workshop. With the help of volunteers an internal compartment has been built that doubles as a Board Room and Presentation area. Separate, within the shell is an office, kitchen area and toilets.



Volunteer Alexandra Crichton with a painted limber in the background, just one of the many jobs she undertakes during her visits to the Workshop.



From L to R: Graham Smith, Robert Hunter, Dave Worrall, Brian O'Hara, and (centre) Samantha Morcumb.

2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, was, until recently, a Director of Student Journey at City College Plymouth (CCP), through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- An arrangement has now been agreed that the College's apprentices learn their Carpentry skills by making Junior Field Gun Units.

Future Plans

1. With hundreds of primary schools in Devon, and Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years, to enable FF, primarily, to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.
2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity several Hants schools are now practising Junior Field Gun - Rowner Primary School, Crofton Anne Dale Junior, Meon and Lee-on-Solent Junior school. Several more schools are interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.
2. Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow FF to participate:
 - £5m Public Liability insurance.
 - Risk Assessment Policy
 - Safeguarding Policy
 - Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate Risk Assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
 - All FF Coaches are EDBS cleared.
3. Organisational Structure. At the close of 2023, Future Fit had a Board of Trustees of 10 members, including a new Chair, who holds a senior post in Plymouth County Council. The trustees hold board Meetings, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on page 16.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

Current Assets

1. As FF's accounts will prove, FF has been, extremely, fortunate to have a benefactor, who is prepared to sponsor FF by £30,000 per year for 10 years. FF has recently received the sixth tranche of £30,000. This money is to be regarded as 'designated', because the annual donations will be used, primarily, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a daily basis. Where appropriate, it will, also, be used to purchase JFGs for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £950, plus £125 affiliation fee which commence 12 months after purchase.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. FF's benefactor has created a Trust which manages his philanthropic activities. Any Gift Aid claimable on £30,000 donated to FF is, therefore, collected by that Trust.

2. At 31st December 2023, FF had claimable donations of £3518.50. A claim will be submitted in 2023. £879.62 for 2023 is claimable.

Donated JFGs

1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Notes forming part of the Financial Statements of FF for the year ended 31st December 2023

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustees annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph "Future Plans" and "Current Assets" on page 5 and 7 of the annual report: "to enable FF to, employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc."

The opening balance of this fund was £98,771. The movement of this fund equated to -£11254.87, with a closing balance of £87,516 as at 31st December 2023.

(g) In 2023 FF agreed to act as Banker to Military Kids Choir, a

(h) Military Kids Choir (Heroes)

As well as providing valuable outlets for young people to have their voices heard, the incredibly successful choir appeared on Britain's Got Talent, where they didn't leave a dry eye in the house.

The children had been rehearsing at the Guards' Chapel in London, when, much to their surprise, Simon Cowell walked out and invited them to audition on BGT. The children were very excited and surprised, several of them having dreamt to perform on BGT. The rest of that weekend, they worked incredibly hard to be stage ready for the audition on Monday, from whence they won a place in the Semi-final.

Regretably, the Covid crises put a stop to the Choir's development and it ceased to exist. However, the Royal British Legion, who sponsored the Choir, revived it in June 2023 and approached FF to act as 'banker', because MKC was not a charity and had no bank account. While MKC became active in June 2023 the annual grant of £24,060 was not received until August 2023. MKC's Income & Expenditure has been recorded in FF's accounts. A news article, covering one of MKC's activities, is included at Annex A.

**Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2023**



	Unrestricted 2023	Designated 2023	Total 2023	Unrestricted 2022	Designated 2022	Total 2022
	£	£	£	£	£	£
Fixed Assets						
Tangible Assets:						
Van	-	-	-	-	-	-
Trailer	-	-	-	-	-	-
Other tangible assets	2,039.39	-	2,039.39	2,826.72	-	2,826.72
Current Assets						
Cash at bank	34,740.78	-	34,740.78	34,775.05	-	34,775.05
Trade Debtors	-	-	-	1,075.00	-	1,075.00
Prepayments	-	-	-	-	-	-
Security deposit	3,625.00	-	3,625.00	3,625.00	-	3,625.00
Current Liabilities						
Accruals	-	-	-	780.00	-	780.00
Net Assets	<u>40,405.17</u>	-	<u>40,405.17</u>	<u>41,521.77</u>	-	<u>41,521.77</u>
Reserves						
Excess/-Deficit in period	- 28,230.27	27,113.67	-1,116.60	- 35,641.40	11,254.87	- 46,896.27
Starting balance	- 45,994.69	87,516.46	41,521.77	- 10,353.29	98,771.33	88,418.04
	<u>- 74,224.96</u>	<u>114,630.13</u>	<u>40,405.17</u>	<u>- 45,994.69</u>	<u>87,516.46</u>	<u>41,521.77</u>

These accounts, including the balance sheet, were approved by the Trustees and are signed on their behalf by: Brian O'Hara, Trustee, Treasurer and Secretary.


 10/10/24

Future Fit - Junior Field Gun
Summary of Financial Activities (including Income & Expenditure Account)
for the year ended 31st December 2023 and 2022



	Unrestricted Funds	Designated Funds MKC	Designated Funds	Total	Unrestricted Funds	Designated Funds	Total
	2023 £	2023 £	2023 £	2023 £	2022 £	2022 £	2022 £
Incoming resources							
Sales of Junior Field Gun Units	2,750.00			2,750.00	5,200.00		5,200.00
Sales of Senior Field Gun Units	2,600.00			2,600.00			
Voluntary Income							
Cash Donations	5,717.41		30,000.00	35,717.41	2,789.92		2,789.92
Charity Dinner Donations	-			-	5,599.08		5,599.08
Charity grants	-	24,060.00		24,060.00			
Other Income							
Gift Aid and Interest	572.04			572.04	-		-
Affiliation Fees	2,625.00			2,625.00	2,375.00		2,375.00
Training	-			-	137.00		137.00
Utilities refund	1,506.50			1,506.50	175.00		175.00
Delivery Charges	100.00			100.00	85.00		85.00
Sale of gaitors	272.31			272.31			
Taster sessions	125.00			125.00			
Total Income	16,268.26	24,060.00	30,000.00	70,328.26	16,361.00	-	16,361.00
Cost of generating funds							
Junior Field Gun production	6,606.41			6,606.41	5,292.71		5,292.71
Senior Field Gun Costs	444.96			444.96	39.98		39.98
Material purchases/repairs	1,235.20	444.00	5,323.89	7,003.09	2,918.00		2,918.00
Trophies/Medals	3,755.59			3,755.59	2,411.92		2,411.92
Contract Services	-	3,160.79	15,357.70	18,518.49	-	11,254.87	11,254.87
Advertising/promotional	217.90			217.90	262.20		262.20
Vehicle expenses	3,625.80			3,625.80	3,810.84		3,810.84
Depreciation	787.33			787.33	2,703.33		2,703.33
Premises costs	21,741.47			21,741.47	18,670.06		18,670.06
Other expenditure	6,083.87	2,659.95		8,743.82	15,893.36		15,893.36
Total expenditure	44,498.53	6,264.74	20,681.59	71,444.86	52,002.40	11,254.87	63,257.27
Net Income/(Expenditure)	- 28,230.27	17,795.26	9,318.41	- 1,116.60	- 35,641.40	- 11,254.87	- 46,896.27



Notes - To FF's 2023 Accounts

	Unrestricted £	MKC £	Designated £	Total
1 Income				
1140 JuniorFieldGun Sales	2,750.00			2,750.00
1150 Senior FieldGun sales (incdeLivery)	2,600.00			2,600.00
2				
1000 Grants-M KC (Heroes)		24,060.00		-
1020 Donations	5,717.41		30,000.00	5,717.41
1022 GiftAid	572.04			572.04
3 Other Income				
1141 Tasteressions	125.00			125.00
1142 JFG saleofG aitters	272.31			272.31
1143 AnnualAffiliationFee	2,625.00			2,625.00
1210 Delivery	100.00			100.00
1237 Electricityrefund	1,506.50			1,506.50
	16,268.26	24,060.00	30,000.00	70,328.26
5 COS Junior Field Guns				
2001 W aterjetcutting	360.00			360.00
2002 Barrelsturned	2,208.00			2,208.00
2003 Paint	403.51			403.51
2004 Plywood	1,530.66			1,530.66
2005 Screws (Misc)	125.66			125.66
2006 W ood cutting	1,543.20			1,543.20
2009 Limberparts	435.38			435.38
	6,606.41	-	-	6,606.41
6 COS Senior Field Guns				
2056 MildSteelPins	444.96			444.96
	444.96	-	-	444.96
7				
2075 Toolrepair	82.46			82.46
2079 M iscellaneous	854.45	444.00	5,323.89	6,622.34
2080 Toolpurchases	298.29			298.29
	1,235.20	444.00	5,323.89	7,003.09
7				
2081 M edals	130.00			130.00
2085 Trophies	3,582.39			3,582.39
2086 Engraving	43.20			43.20
	3,755.59	-	-	3,755.59
9 Contracted Expertise				
2095 Contracted expertise		3,160.79	15,357.70	18,518.49
	-	3,160.79	15,357.70	18,518.49
11				
2140 Advertising/Promotional	75.00			75.00
2142 Advertising/Promotional	54.90			54.90
2170 W ebsitedom ainand hosting	88.00			88.00
	217.90	-	-	217.90
12				
2190 Van insurance	609.98			609.98
	1,856.78			1,856.78
	320.00			320.00
2230 Van Maintenance	839.04			839.04
	3,625.80	-	-	3,625.80
Total Page 1 expenditure	15,885.86	3,604.79	20,681.59	40,172.24

Future Fit Junior Field Gun - Income & Expenditure Page 2

Total income b/f		15,885.86	3,604.79	20,681.59	40,172.24
12		787.33			787.33
		<u>787.33</u>	-	-	<u>787.33</u>
13	Premises costs				
	2150 Rent	18,180.00			18,180.00
	2166 UtilitiesElectricity	2,263.71			2,263.71
	2168 UtilitiesTelephone	20.00			20.00
	2171 Utilities-ServiceCharges	981.30			981.30
	2172 Utilities	296.46			296.46
		<u>21,741.47</u>	-	-	<u>21,741.47</u>
13	2088 Tent/Gazebo	650.00			650.00
		329.89			329.89
	2091 Accommodation&Meals	347.50			347.50
	2100 IndependentInspection	250.80			250.80
	2131 OfficeSupplies:PostageandPacking	51.28			51.28
	2132 OfficeSupplies:ComputerSupplies	937.67			937.67
	2169 Travel	1,215.75			1,215.75
	2180 Generalinsurance	1,428.20			1,428.20
	2181 Insurance		144.00		144.00
	2240 Donations,Awards and Grants	48.96			48.96
	2245 Office/GeneralAdministrative	57.00	2,515.95		2,572.95
		180.96			180.96
	2247 Office/GeneralAdministrativeExpenses	185.50			185.50
		74.32			74.32
		<u>326.04</u>			<u>326.04</u>
		6,083.87	2,659.95	-	8,743.82
		<u>6,083.87</u>	<u>2,659.95</u>	<u>-</u>	<u>8,743.82</u>
	Total Expenditures	44,498.53	6,264.74	20,681.59	71,444.86
		<u>44,498.53</u>	<u>6,264.74</u>	<u>20,681.59</u>	<u>71,444.86</u>
	Net Income/-Expenditure	- 28,230.27	17,795.26	9,318.41 -	1,116.60
		<u>- 28,230.27</u>	<u>17,795.26</u>	<u>9,318.41 -</u>	<u>1,116.60</u>

Future Fit - Junior Field Gun



Depreciation of Fixed Assets as at 31st December 2023

	Van	Trailer	Other assets	Total
		£	£	£
Cost				
At 1 January 2023	7,930.00	1,650.00	3,614.05	13,194.05
Additions	-	-	-	-
At 31 December 2023	7,930.00	1,650.00	3,614.05	13,194.05
Depreciation				
At 1 January 2023	7,930.00	1,650.00	787.33	10,367.33
Charge for the year	-	-	787.33	787.33
At 31 December 2023	7,930.00	1,650.00	1,574.66	11,154.66
Carrying amount				
At 31 December 2023	0.00	0.00	2,039.39	2,039.39
At 31 December 2022	0.00	0.00	2,826.72	2,826.72



Report to the trustees

Future Fit – Junior Field Gun

On accounts for the year
ended

31st December 2023

Charity no
(if any)

1177870

Set out on pages

11-15

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

James Parsons

Date:

17th October 2024

Name:

James Parsons

Relevant professional
qualification(s) or body
(if any):

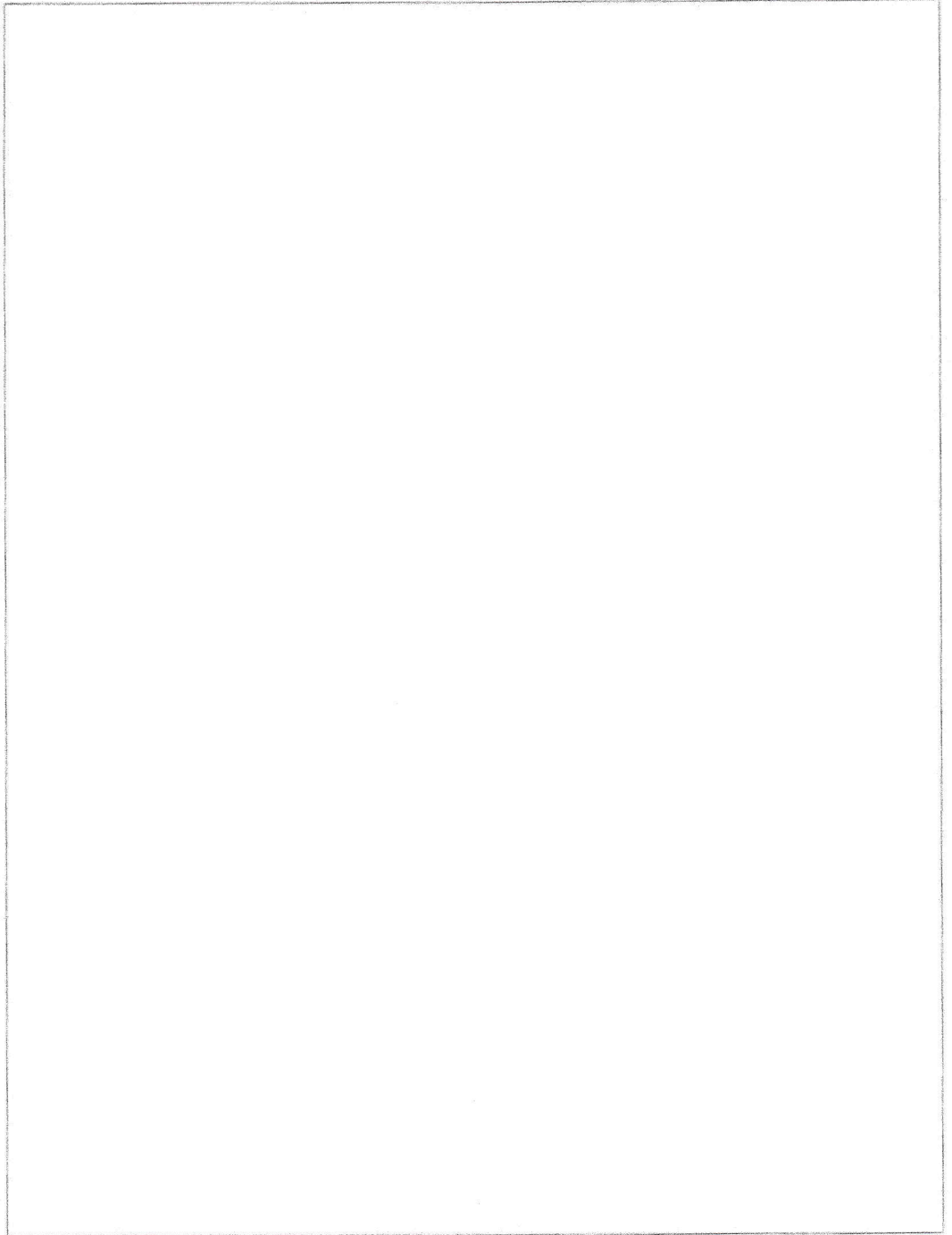
ACCA

Address:

Sawford Bullard, The Old Mill, Blisworth Hill Farm, Stoke Road,
Blisworth, Northampton NN3 7DB

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Future Fit - Junior Field Gun Patrons



**Admiral Sir Mark Stanhope
GCB,OBE,DL**

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

**Vice Admiral Andrew Burns
CB, OBE, Fleet Commander**

Andrew Burns was appointed Fleet Commander in September 2021 and commands all operational arms of the Royal Navy (Surface Flotilla, Submarine Flotilla, Fleet Air Arm, Royal Marines and Royal Fleet Auxiliary). This includes their generation for task and operational effectiveness. He is the Chief Naval Warfare Officer and the Gender Advocate for the Royal Navy.

On a more mundane level V.Adm Burns presented trophies to schools at the 2023 AFD Inter-school Competition, held on Plymouth Hoe. He has, also, agreed to present trophies again in 2024.



Future Fit - Junior Field Gun Patrons

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees & Volunteers



Pauline Murphy, Plymouth City Councillor and FF's Chair of Trustees

Dave Worrall was so impressed by Pauline's dynamism, during Meetings he attended, and her enthusiasm for FF's objectives, that it was a no-brainer to ask her to become Chair of FF's trustees.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design &Tech)

Schools' Liaison Officer (Acting Principal and Coach)
Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Retired as Director of Student Journey at City College Plymouth; and, as a Trustee and Coach, is helping to encourage the world-beaters of the future.



Jed Stones

Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.

Future Fit - Junior Field Gun Board of Trustees & Volunteers Page 2

Sqd.Ldr Francis Reis RAFAC

Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutineer and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon.



In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.



Mike Deady - Trustee and School Trainer

Mike is currently serving in the Royal Navy as a Chief Petty Officer Aircraft Engineer. His love for Future Fit Field Gun came after he was amazed at Armed Forces Day. This inspired Mike to set up a crew for Yealmpstone Farm Primary school where he is currently a School Governor.



Lily Greyling, MKC Lead

Military wife to a serving Colour Sergeant in the Royal Marines, and mother of two young boys, Lily was previously a teaching assistant in Plymouth primary schools for 7 years. She now uses her passion of working with children, alongside being in a military family, to support the wellbeing of children from serving and veteran families.



Brian O'Hara, MBA, DMS

A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit - Junior Field Gun Board of Trustees & Volunteers Page 3



Roger (Popeye) Law - Ex-FAA Command Field Gunner

Having, initially, joined FF JFG (Pre Covid) as part of the AF Day, Battery Staff Team (both Plymouth & Portsmouth), I was invited to become a Trustee in 2023.

So, thus duly accepted to the Board and residing outside the main Plymouth based areas, my main interest has focused on the Portsmouth, Fareham, and Lee-on-Solent areas, where we currently have 3 Schools running JFG (*Crofton Anne Dale -Stubbington, Lee-on Solent & Meon Southsea*), with the aim to provide Ex Brickwood's/ Command Field Gunner Mentors or support assistance to these Schools to enable them to join the League Ladder and Display on Families days etc.



Unfortunately, I will not be able to attend this year's Plymouth based Pre-season or AFD. However, we are working on Displaying at the Fareham Borough Council, Daedalus D-Day 80th in June with option on Portsmouth AFD and for Meon School to Display at the Admiral Jellicoe House RNRM Charity, Respite Home in Southsea sometime during the season.

Therefore, as you read this and are interested in supporting the Portsmouth, Fareham Area Schools, please get in touch with Operations Team.



Peter Lawrence - Trustee and Trainer.

As a parent of a child from St George's Primary school, became involved, initially, as a helper in 2020 and alongside members of staff has been training the St George's team ever since.



Alexandra Crichton, BA (Hons) Spatial Design (1st)

When my father became Chairman of FF in 2018, I became involved with FF by association. That involvement has become more practical and I now find myself in the Workshop painting JFG Units, in addition to designing Christmas Cards, memorabilia and using my artistic skills in whatever way FF requires.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Mr Normal Fookes (2 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Salvation Army

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

Extract from Plymouth Chronicle, written by Holly Burns, of Eggbuckland Primary School.

Youngsters with their collages



Treat at The Box for 'military kids'

Eggbuckland Vale Primary School was one of three city schools which took part in a visit to The Box arranged especially for children of military families.

The visit was even more special as it was the first event organised by the Military Kids Club (MKC) Heroes who provide extra support and exciting opportunities for military children across the city. At The Box the children had a great time making new friends with other service children from Widewell Primary School and St George's Primary School.

The children took part in two pre-booked art workshops hosted by The Box where they explored the gallery 'People and Place' looking at the history of Plymouth. In small groups the children chose their favourite painting, focussed in on a character in the painting and created their own story for a character and what they believed was happening. The children then created artwork based on their characters and shared their stories with each other.

The second workshop took place in the beautiful setting of St Luke's Church, where the children explored the current exhibition 'Dutch Flowers'. Here, the children made collages using a range of materials for someone special in their lives, with the collages representing an important event shared with their special person.

The children then had lunch together and went on to explore The Box further. The event was a huge success and a great way of building links for the city's military children.



Extract from Newsletter No.10 - the 2023 AFD Inter-School Competition



Widely Court



Yealmpstone Farm Port



Yealmpstone Farm Starboard



Meon B - Portsmouth

School Teams - By curtesy of Jake Morcumb



Borington Badgers



Brunel



Ernesettle



Widely Court

FUTURE FIT - JUNIOR FIELD GUN

England & Wales - Charity number 1177870

Accounts



Future Fit - Junior Field Gun



**Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870**



Bird's Eye View of Inter-School Competition - AFD Plymouth Hoe

2022 Trustees' Annual Return



Printed by Babcock Printers



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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Four-page extract from Newsletter No.8 - Inter-school tournament 2022.	

Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
38 The Hoe
Carpenders Park
Watford
WD19 5AY

Chairman: Cdr Charles Crichton OBE, RN(Ret)

Project Manager: David Worrall
Mobile No. 07767 882099

Secretary: Brian O'Hara
Mobile No. 07828 426468

Board of Trustees:

Names and potted history at: Page18

Independent Examiners: James Parsons FCCA (Partner)
Sawford Bullard
The Old Mill
Blisworth Hill Farm
Stoke Road
Blisworth
Northants
NN7 3DB

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

Our Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Object 1 by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges and other senior educational establishments.

3. Future Fit request each school to pay an Affiliation Fee of £125, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Bottled Spring water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF have been invited to organise a similar event for affiliated Portsmouth schools.

continued.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. Until the end of 2021 FF made and assembled its Junior Field Gun (JFG) Units in the Devonport House workshop owned by the Salvation Army. Unfortunately, management decided that their workshop facilities would be better used teaching people to make garden furniture. As a result, FF had to find workshop facilities, in order to continue supplying schools with hand made JFGs. After several months of searching FF signed a contract and have now a workshop at: Unit 8, Westover Industrial Estate, Ivybridge, PL21 9ES



Workshop long-view with Board Room and presentation area to the right of the photograph.



From L to R: Graham Smith, Robert Hunter, Dave Worrall, Brian O'Hara, and (centre) Samantha Morcumb.

2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, is also a Director of Student Journey at City College Plymouth, through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- Bob's apprentices have, also, worked on genuine late 19th century field pieces owned by HMS DRAKE Sea Cadets at FF's behest.

Future Plans

1. With hundreds of primary schools in Devon, and Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years, to enable FF, primarily, to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.

2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity two Hants schools are now practising Junior Field Gun - Rowner Primary School (**Gosport, Hants**) and Crofton Anne Dale Junior (**Fareham, Hants**). At the time of the Covid outbreak there were eight other schools interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.

2. Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow FF to participate:

- £5m Public Liability insurance.
- Risk Assessment Policy
- Safeguarding Policy
- Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate Risk Assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
- All FF Coaches are EDBS cleared.

3. Organisational Structure. At the close of 2022, Future Fit had a Board of Trustees of 8 members, who meet, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on page 16.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

Current Assets

1. As FF's accounts will prove, FF has been, extremely, fortunate to have a benefactor, who is prepared to sponsor FF by £30,000 per year for 10 years. FF has recently received the third tranche of £30,000. This money is to be regarded as 'designated', because the annual donations will be used, primarily, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a daily basis. Where appropriate, it will, also, be used to purchase JFGs for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £825, plus £125 affiliation fee.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. FF's benefactor has created a Trust which manages his philanthropic activities. Any Gift Aid claimable on £30,000 donated to FF is, therefore, collected by that Trust.

2. At 31st December 2022, FF had claimable donations of £3518.50. A claim will be submitted in 2023. £879.62 for 2022 is claimable.

Donated JFGs

1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Notes forming part of the Financial Statements of FF for the year ended 31st December 2022

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustees annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph "Future Plans" and "Current Assets" on page 5 and 7 of the annual report: "to enable FF to, employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc."

The opening balance of this fund was £98,771. The movement of this fund equated to -£112,548.87, with a closing balance of £87,516 as at 31st December 2022.

**Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2022**



	Unrestricted 2022	Designated 2022	Total 2022	Unrestricted 2021	Designated 2021	Total 2021
	£	£	£	£	£	£
Fixed Assets						
Tangible Assets:						
Van	0.00		0.00	1,586.00		1,586.00
Trailer	0.00		0.00	330.00		330.00
Other tangible assets	2,826.72		2,826.72	1,290.22		1290.22
Current Assets						
Cash at bank	34,775.05		34,775.05	86,998.82		86,998.82
Trade Debtors	1,075.00		1,075.00	500.00		500.00
Prepayments	0.00		0.00	893.00		893.00
Security deposit	3,625.00		3,625.00	0.00		0.00
Current Liabilities						
Accruals	780.00		780.00	3,180.00		3,180.00
Net Assets	41,521.77		41,521.77	88,418.04		88,418.04
Reserves						
Excess/-Deficit in period	- 35,641.40	-11,254.87	-46,896.27	- 10,161.08	24,750.00	14,588.92
Starting balance	- 10,353.29	98,771.33	88,418.04	- 192.21	74,021.33	73,829.12
	- 45,994.69	87,516.46	41,521.77	- 10,353.29	98,771.33	88,418.04

These accounts, including the balance sheet, were approved by the Trustees and are signed on their behalf by: Brian O'Hara, Trustee, Treasurer and Secretary.

B. O'Hara
TREASURER

Future Fit - Junior Field Gun
Summary of Financial Activities (including Income & Expenditure Account)
for the year ended 31st December 2022 and 2021



	Unrestricted Funds 2022 £	Designated Funds 2022 £	Total 2022 £	Unrestricted Funds 2021 £	Designated Funds 2021 £	Total 2021 £
Incoming resources						
Sales of Junior Field Gun Units	5,200.00		5,200.00	2,400.00		2,400.00
Voluntary Income						
Cash Donations	2,789.92		2,789.92	85.00	30,000.00	30,085.00
Charity Dinner Donations	5,599.08		5,599.08			
Other Income						
Gift Aid and Interest	0.00		0.00	7,571.45		7,571.45
Affiliation Fees	2,375.00		2,375.00			
Training	137.00		137.00			
JFG Refurbishment	175.00		175.00			
Delivery Charges	85.00		85.00			
Activities for Generating Funds						
Unit refund						
Sales of Junior/Senior Field Guns						
Total Income	16,361.00	-	16,361.00	10,056.45	30,000.00	40,056.45
Cost of generating funds						
Junior Field Gun production	5,292.71		5,292.71	3,437.76		3,437.76
Senior & Junior joint costs	39.98		39.98	3.99		3.99
Misc purchases/repairs	2,918.00		2,918.00	802.83		802.83
Trophies/Medals	2,411.92		2,411.92			-
Contract Services	-	11,254.87	11,254.87	1,050.00	5,250.00	6,300.00
Advertising/promotional	262.20		262.20	6,230.55		6,230.55
Vehicle expenses	3,810.84		3,810.84	2,217.17		2,217.17
Depreciation	2,703.33		2,703.33	2,238.56		2,238.56
Premises costs	18,670.06		18,670.06			
Other expenditure	15,893.36		15,893.36	4,236.67		4,236.67
Total expenditure	52,002.40	11,254.87	63,257.27	20,217.53	5,250.00	25,467.53
Net Income/(Expenditure)			-46,896.27			14,588.92



Notes

Page 1

January - December 2021

		Unrestricted	Designated	Total
Income				
	1140 Junior Field Gun Sales	5,200.00		5,200.00
Voluntary Income				
	1020 Donations	2,789.92		2,789.92
	1050 Charity Dinner	5,599.08		5,599.08
Other Income				
	1143 Annual Affiliation Fee	2,375.00		2,375.00
	1145 Unit refurbishment	175.00		175.00
	1144 Delivery charge	85.00		85.00
	1230 Trainingg	137.00		137.00
		16,361.00	0.00	16,361.00
Expenditure				
Cost of generating funds				
1	2000 Junior Field Guns			
	2001 Waterjet cutting	523.80		
	2003 Paint	244.80		
	2004 Plywood	2745.78		
	2005 Screws (Misc)	223.03		
	2009 Limber parts	24.90		
	2010 Axles	1,530.40		
		5,292.71	0.00	5,292.71
2	2050 Senior Field Guns			
	2053 Paint	39.98		
		39.98	0.00	39.98
Miscellaneous expenses				
	2075 Tool repair	147.99		
	2078 Drag Ropes	642.84		
	2079 Miscellaneous	1721.51		
	2080 Tool purchases	291.03		
	2081 Medals	1180.00		
	2082 Starter Pistols and accessories	44.00		
	2085 Trophies	1231.92		
	2090 Meals & Entertainment	70.63		
		5,329.92	0.00	5,329.92
4	Memorabilia			
	2083 FF Clothing	184.20		
		184.20		184.20
5	2095 Contracted expertise		11,254.87	11,254.87
	2131 Postage and packing	179.25		
	2132 Computer supplies	158.40		
			337.65	337.65
Advertising/Promotional				
	2143 Website costs	78.00		
		78.00	0.00	78.00
Total Page 1 expenditure		11,262.46	11,254.87	22,517.33

Future Fit Junior Field Gun - Income & Expenditure Page 2

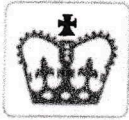
Total income b/f				
Page 1 expenditure b/f		11,262.46	11,254.87	22,517.33
Vehicle expenses				
8	2190 Van insurance	1031.88		
	2200 Van fuel	2,053.70		
	2220 Van Road Tax	344.85		
	2230 Van Maintenance	343.20		
	2231 Auto	37.21		
		3,810.84	0.00	3,810.84
9 Other Expenditures				
	2246 On-line Accounting Software	156.00		
	2245 Office/General Administrative	96.79		
	2150 Rent	15794.69		
	2171 Service charge	2529.37		
	2172 Utilities	346.00		
	2180 General insurance	1,741.66		
	2181 Insurance	226.02		
	2100 Independent Inspection	780.00		
	2120 Fixed Asset Depreciation	2703.33		
	2240 Donations, Awards and Grants			
	2250 Charity Dinner	4274.90		
	2251 Repair and Maintenance	151.24		
	2260 Workshop costs	6727.44		
	2169 Travel (DW personnel fuel)	1,401.66		
		36,929.10	0.00	36,929.10
Total Expenditures		48,191.56	11,254.87	63,257.27
Net Income/-Expenditure				<u>-46,896.27</u>

Future Fit - Junior Field Gun



Depreciation of Fixed Assets as at 31st December 2022

	Van	Trailer £	Other assets £	Total £
Cost				
At 1 January 2022	7,930.00	1,650.00	1,290.22	10,870.22
Additions	-	-	2,323.83	2,323.83
At 31 December 2022	7,930.00	1,650.00	3,614.05	13,194.05
Depreciation				
At 1 January 2022	6,344.00	1,320.00	-	7,664.00
Charge for the year	1,586.00	330.00	787.33	2,703.33
At 31 December 2022	7,930.00	1,650.00	787.33	10,367.33
Carrying amount				
At 31 December 2022	0.00	0.00	2,826.72	2,826.72
At 31 December 2021	1,586.00	330.00	1,290.22	3,206.22



Report to the trustees

Future Fit – Junior Field Gun

**On accounts for the year
ended**

31 December 2022

**Charity no
(if any)**

1177870

Set out on pages

10 - 11

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

James Parsons

Date:

27 September 2023

Name:

James Parsons

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

The Old Mill, Blisworth Hill Farm, Stoke Road, Northampton NN7 3DB

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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

[Large empty rectangular box for disclosure details]

Future Fit - Junior Field Gun Patrons



**Admiral Sir Mark Stanhope
GCB,OBE,DL**

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



Future Fit - Junior Field Gun Patrons



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees



FF's distinguished Chairman (deceased November 2022)

Cdr Charles Crichton, OBE, M Soc SC, RN (Ret)

Following some 47 years of service as a Seaman Officer in the Royal Navy he managed Plymouth Armed Forces Week for five years culminating in Plymouth hosting the National Armed Forces day in 2012. Actively engaged in charitable work in support of veterans and young people. He retains an abiding interest in heritage and especially the history of support to the Royal Navy at Plymouth.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design &Tech)

Schools' Liaison Officer (Acting Principal and Coach)

Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Now Director of Student Journey at City College Plymouth, which is a FF sponsor.

Future Fit - Junior Field Gun Board of Trustees Page 2



Wg Cdr Francis Reis RAFAC

Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutineer and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon. In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.



Jed Stones

Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.



Brian O'Hara, MBA, DMS

A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Mr Normal Fookes (2 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Salvation Army

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

Photographs from AFD 15th June 2022

Boringdon v Sir Robert Geffery



Tor Bridge v Widwell



Pennycross B v Yealmpstone Farm



Widely Court v Ernesettle



Photographs from AFD 15th June 2022 Page 2

St. Stephens v Whitleigh



Stowford v Sir Robert Geffery



Mount Wise v Brunel



Brunel primary School



Photographs from AFD 15th June 2022 Page 3



Pennycross B



Widewell Primary



Yealmpstone Farm Primary



St. Stephens Primary



Tor Bridge Primary



Whitleigh Primary



Brunel Primary



Dir Robert Geoffrey's Primary

Photographs from AFD 15th June 2022 Page 4



Carbeile Primary



Ernesettle Primary



Mount Wise Primary



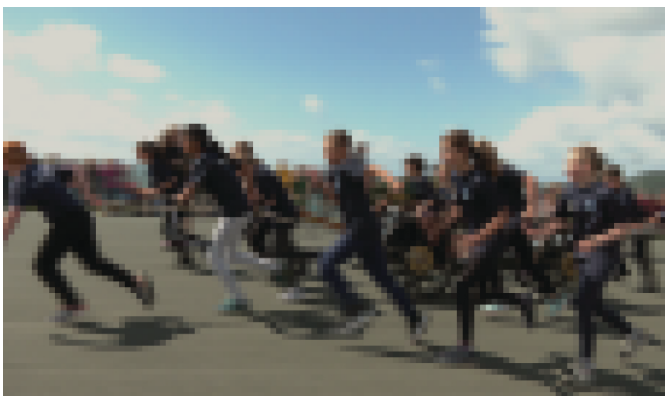
Pennycross A



Stowford Primary



St Georges's Primary



Boringdon Primary



Widely Court Primary

FUTURE FIT - JUNIOR FIELD GUN

England & Wales - Charity number 1177870

Accounts



Future Fit - Junior Field Gun



Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870

Teams taking part in Brickfields Competition 18th July 2021



Borrington Blazers



Montpelier Primary



Pennycross Primary



St. George's Primary



Widey Court Primary



Yealmstone Farm Primary



Cdr Pond, Time Keepers and Judges

2021 Trustees' Annual Return

Period Ended 31st December 2021

Printed by Babcock International



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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A page of photographs for each school competing In 2021 School Comp.	20 - 27

Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
38 The Hoe
Carpenders Park
Watford
WD19 5AY

Chairman: Cdr Charles Crichton OBE, RN(Ret)

Project Manager: David Worrall
Mobile No. 07767 882099

Secretary: Brian O'Hara
Mobile No. 07828 426468

Board of Trustees: Pages 16 - 17

Names and potted history at: Page18

Independent Examiners: **Sawford Bullard**
The Old Mill, Blisworth Hill Farm
Stoke Road, Blisworth
Northampton NN7 3DB
Telephone: 01604 635676

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

Our Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Object 1 by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges.

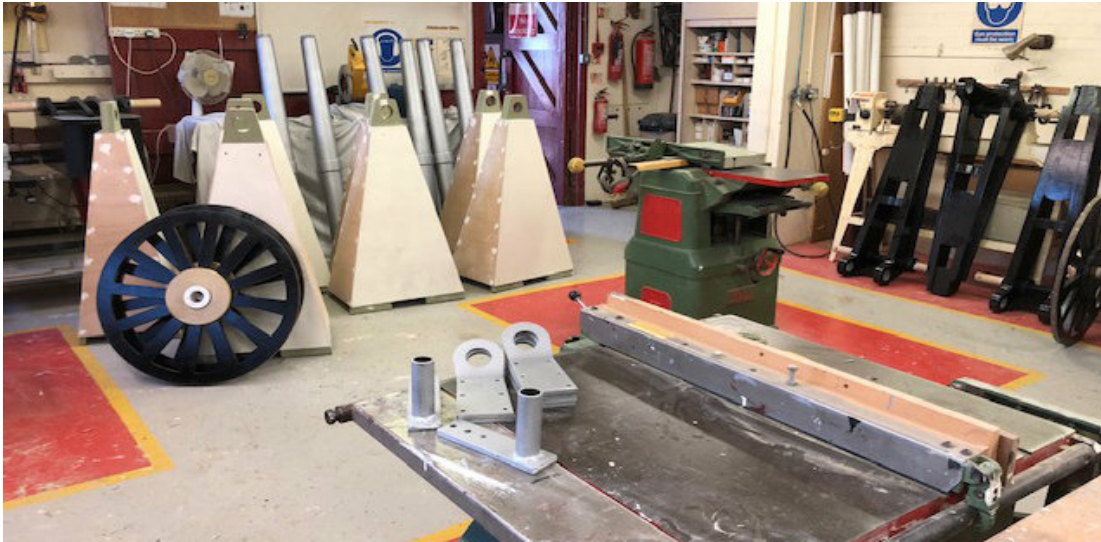
3. Future Fit request each school to pay an Affiliation Fee of £100, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Bottled Spring water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF have been invited to organise a similar event for affiliated Portsmouth schools.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. FF has a workshop, in which the painting, assembly and the tricky finishing work is carried out by volunteers. FF's Operations Manager, Dave Worrall, has been supported in the workshop by a qualified carpenter, with additional help from Salvation Army homeless and volunteers. Dave has, also, close connections to the Probationary Service, who send along minor offenders, who can work out their community service helping to paint and then assemble Junior Field Guns. A number have remained in contact and have become volunteers at some of our Events.



2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- RoperJames Solicitors x 1 unit.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, is also a Director of Student Journey at City College Plymouth, through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- Bob's apprentices have, also, worked on genuine late 19th century field pieces owned by HMS DRAKE Sea Cadets at FF's behest.

Future Plans

1. With hundreds of primary schools in Devon, and Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years, to enable FF, primarily, to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.

2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity two Hants schools are now practising Junior Field Gun - Rowner Primary School (**Gosport, Hants**) and Crofton Ann Dale Junior (**Fareham, Hants**). At the time of the Covid outbreak there were eight other schools interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.

2. Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow us to participate:

- £5m Public Liability insurance.
- Risk Assessment Policy
- Safeguarding Policy
- Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate risk assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
- All FF Coaches are EDBS cleared.

3. Organisational Structure. At the close of 2021, Future Fit had a Board of Trustees of 8 members, who meet, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on page 18 - 19.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

Current Assets

1. As FF's accounts will prove, FF has been, extremely, fortunate to have a benefactor, who is prepared to sponsor FF by £30,000 per year for 10 years. FF has recently received the third tranche of £30,000. This money is to be regarded as 'designated', because the annual donations will be used, primarily, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a regular basis. Where appropriate, it will, also, be used to purchase JFGs for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £850, which includes £100 affiliation fee.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. During 2021 FF received £7,528.66 GA on donations made in 2020. Any future GA will be claimed by Mr. McAndrews' Trust.

2. Donated JFGs

2.1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Change of Independent Examiner

1. During the early part of 2022 FF's previous Independent Examiner closed its premises leaving FF with no option but to find a replacement. Following the Treasurer's move to Northampton, he was fortunate to commission the services of James Parsons, of Sawford Bullard (see page.2), whose help and support has been nothing short of outstanding.



Brian O'Hara
Year End 31 December 2021
9 September 2022

Notes forming part of the Financial Statements of FF for the year ended 31st December 2021

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures and under the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

The accounts are prepared in compliance with SORP FRS 102..

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustees annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph "Future Plans" and "Current Assets" on page 5 and 7 of the annual report: "to enable FF to, employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc."

(g) Trustee Remuneration

During the period there were amounts totalling £5,250 invoiced to the charity by Samantha Morcumb. This was for services provided in relation to providing education and also promoting the charity.

There were expenses paid to David Worrall during the period as reimbursement for travel costs and these totalled £905.

(h) Independent Examiners Fees

Included in the SoFA is an amount of £1,350 paid to Independent Examiners during the year. This was all for the Independent Examination.

**Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2021**



	Unrestricted 2021	Designated 2021	Total 2021	Unrestricted 2020	Designated 2020	Total 2020
	£	£	£	£	£	£
Fixed Assets						
Tangible Assets:						
Van	1,586.00		1,586.00	3,172.00		3,172.00
Trailer	330.00		330.00	660.00		660.00
Other tangible assets	1,290.22		1,290.22			
Current Assets						
Cash at bank	86,998.82		86,998.82	69,997.12		69,997.12
Trade Debtors	500.00		500.00			
Prepayments	893.00		893.00			
Current Liabilities						
Accruals	3,180.00		3,180.00			
Net Assets	<u>88,418.04</u>		<u>88,418.04</u>	<u>73,829.12</u>		<u>73,829.12</u>
Reserves						
Excess/-Deficit in period	- 10,161.08	24,750.00	14,588.92	- 12,833.15	27,875.00	15,041.85
Starting balance	- 192.21	74,021.33	73,829.12	12,640.94	46,146.33	58,787.27
	<u>- 10,353.29</u>	<u>98,771.33</u>	<u>88,418.04</u>	<u>- 192.21</u>	<u>74,021.33</u>	<u>73,829.12</u>

*These accounts, including the balance sheet, were approved by the Trustees and are signed on their behalf
by: Brian O'Hara, Trustee, Treasurer and Secretary.*

B O'Hara

Future Fit - Junior Field Gun
Summary of Financial Activities (including Income & Expenditure Account)
for the year ended 31st December 2021 and 2020



	Unrestricted Funds 2021 £	Designated Funds 2021 £	Total 2021 £	Unrestricted Funds 2020 £	Designated Funds 2020 £	Total 2020 £
Incoming resources						
Sales of Junior Field Gun Units	2,400.00		2,400.00			
Voluntary Income						
Donations	85.00	30,000.00	30,085.00	287.95	30,000.00	30,287.95
Other Income						
Gift Aid and interest (2020)	7,571.45		7,571.45			
Billable expenditure income				287.68		287.68
Activities for Generating Funds						
Unit refund						
Sales of Junior/Senior Field Guns						
Total Income	10,056.45	30,000.00	40,056.45	575.63	30,000.00	30,575.63
Cost of generating funds						
Junior Field Gun production	3,437.76		3,437.76	4,154.19		4,154.19
Senior & Junior joint costs	3.99		3.99	342.37		342.37
Misc purchases/repairs	802.83		802.83	632.05		632.05
Trophies/Medals			-	711.22		711.22
Contract Services	1,050.00	5,250.00	6,300.00		2,125.00	2,125.00
Advertising/promotional	6,230.55		6,230.55	725.67		725.67
Vehicle expenses	2,217.17		2,217.17	1,507.23		1,507.23
Depreciation	2,238.56		2,238.56	1,226.24		1,226.24
Other expenditure	4,236.67		4,236.67	4,109.81		4,109.81
Total expenditure	20,217.53	5,250.00	25,467.53	13,408.78	2,125.00	15,533.78
Net Income/(Expenditure)			14,588.92			15,041.85



Future Fit - Junior Field Gun

Depreciation of Fixed Assets as at 31st December 2021

	Van	Trailer	Other assets	Total
		£	£	£
Cost				
At 1 January 2021	7,930.00	1,650.00	-	9,580.00
Additions	-	-	1,612.78	1,612.78
At 31 December 2021	7,930.00	1,650.00	1,612.78	11,192.78
Depreciation				
At 1 January 2021	4,758.00	990.00	-	5,748.00
Charge for the year	1,586.00	330.00	322.56	2,238.56
At 31 December 2021	6,344.00	1,320.00	322.56	7,986.56
Carrying amount				
At 31 December 2021	1,586.00	330.00	1,290.22	3,206.22
At 31 December 2020	3,172.00	660.00	-	3,832.00



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Future Fit – Junior Field Gun

**On accounts for the year
ended**

31 December 2021

**Charity no
(if any)**

1177870

Set out on pages

10 - 12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2021.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

James Parsons

Date:

14 September 2022

Name:

James Parsons

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

The Old Mill, Blisworth Hill Farm, Stoke Road, Northampton NN7 3DB

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

--

Future Fit - Junior Field Gun Patrons



**Admiral Sir Mark Stanhope
GCB,OBE,DL**

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



Future Fit - Junior Field Gun Patrons



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.

**Commodore Peter Coulson ADC,
BEng MSc MA CEng FIET RN**

Peter is a Fellow of the Institute of Engineering and Technology and an Alumnus of the Windsor Leadership Trust having completed both Emerging and Developing Strategic Leader consultations. He is chairman of ice sports for the RN Winter Sports Association and a trustee of the RNRM Stables at Bickleigh Barracks.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees



FF's distinguished Chairman

Cdr Charles Crichton, OBE, M Soc SC, RN (Ret)

Following some 47 years of service as a Seaman Officer in the Royal Navy he managed Plymouth Armed Forces Week for five years culminating in Plymouth hosting the National Armed Forces day in 2012. Actively engaged in charitable work in support of veterans and young people. He retains an abiding interest in heritage and especially the history of support to the Royal Navy at Plymouth.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design & Tech)

Schools' Liaison Officer (Acting Principal and Coach)

Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Now Director of Student Journey at City College Plymouth, which is a FF sponsor.



Major Alex Howard

Alex is a serving Army engineer officer, who is due to leave the service in 2021. Currently, Alex is coordinating JFG development in his home town of Portsmouth, and the surrounding area.

Future Fit - Junior Field Gun Board of Trustees - Page 2



Wg Cdr Francis Reis RAFAC

Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutiniser and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon.

In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.



Jed Stones

Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.



Brian O'Hara, MBA, DMS

A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Mr Normal Fookes (2 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

FUTURE FIT - JUNIOR FIELD GUN

England & Wales - Charity number 1177870

Accounts



Future Fit - Junior Field Gun



Future Fit is a Foundation Charitable Incorporated Organisation
Registration No. 1177870



Images from Plymouth Piazza Display Saturday 4th May 2019

Top to bottom: Widewell Primary School, Widey Court Primary School and Weston Mill Primary School

2020 Trustees' Annual Return



Printed by Babcock International



Future Fit - Junior Field Gun

(Foundation Charitable Incorporated Organisation Registration No. 1177870)

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Legal and Administrative information:

Charity Name: Future Fit - Junior Field Gun

Charity registration number: 1177870

Registered Office and operational address: Future Fit - Junior Field Gun
38 The Hoe
Carpenders Park
Watford
WD19 5AY

Chairman: Cdr Charles Crichton OBE, RN(Ret)

Project Manager: David Worrall
Mobile No. 07767 882099

Secretary: Brian O'Hara
Mobile No. 07828 426468

Board of Trustees:

Names and potted history at: Page18

Independent Examiners: Numbers (UK) Limited
Ensign House Parkway Court
Longbridge Rd
Plymouth
PL6 8LR

Bankers: Lloyds Bank plc
PO Box 1000
BX1 1LT

Future Fit - Junior Field Gun (FF)

Our Aims and Objectives

1. The following objectives were approved by the Charity Commission and feature in FF's written Constitution:

- **To act as a resource for young people by providing advice and assistance and organising a junior field gun programme which involves physical and educational and other activities as a means of advancing them in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.**
- **To facilitate and support Object 1 by engaging in the manufacture of Junior Field Gun equipment, which is specially designed for the subject market.**

2. Until April of 2018, FF was part of a Charitable Company, which had been involved with introducing Junior Field Gun into the education sector for six years. At the end of 2017 the charitable company was dissolved and the Future Fit element became a charity in its own right. However its purpose remains unchanged, i.e. FF manufactures wooden replica Boer War 9 lb guns and limbers and sells them to Primary schools, with a Senior version selling to Colleges.

3. Future Fit request each school to pay an Affiliation Fee of £100, each year, to help defray the costs of maintenance and other expenses. The list below identifies some of these benefits and presents a value for money scenario, as follows:

- **Training.** Initially, combined training of a member of the school's staff and the school's JFG Crew. Once the school's Trainer is competent to train the team unaided the FF Coach withdraws, but is always available, if necessary. Subsequently, should the school's JFG Trainer be unable to continue as Trainer - for whatever reason - a FF Coach will visit the school again to train a replacement, should the in-post Trainer have moved to another school/retired, etc., and no handover was possible before the Trainer's departure.
- **Maintenance of Units.** While the JFG units are robust and can withstand hard usage, there comes a time when wear and tear takes its toll and the unit needs an MOT on safety grounds. In such cases the unit will be collected and taken to FF's workshop, where it will be brought back to pristine condition.
- **Events.** FF's annual highlight is the Inter-school Tournament that takes place on Plymouth Hoe. FF coordinates this Event with the Armed Forces Day organisers and the Plymouth Council Event Management team. The schools taking part are supplied with a time-table, which advises each school at what time the school's team(s) will be 'running' and which school team(s) they will be competing against. FF provide JFG units, so no transport costs are incurred. Bottled Spring water is supplied for the children, hopefully, to cut down on the amount of organising the schools need to do. FF, also, provide trophies, medals and certificates, at no cost to the schools. All the schools have to do is get their teams to the Hoe; and, if possible, provide a tent for shelter. FF have been invited to organise a similar event for affiliated Portsmouth schools.
- **Further Opportunities.** In addition to the above, FF organises a mini inter-school tournament in Plymouth's Piazza Square (photos on the last page of this document); which FF is trying to make an annual feature.
- **Mayflower 400 in 2020.** Plymouth City Council's plans for the 400th anniversary of the Plymouth Founding Fathers' setting sail for the New World, with a year long period of commemoration, which began in November 2019. Regrettably, while these plans have been severely disrupted, owing to the Covid 19 pandemic, efforts to do what was possible continued.

Future Fit - Junior Field Gun (FF)

Ensuring Our Work Delivers Our Aims

1. FF has a workshop, in which the painting, assembly and the tricky finishing work is carried out by volunteers. FF's Operations Manager, Dave Worrall, has been supported in the workshop by a qualified carpenter, with additional help from Salvation Army homeless and volunteers. Dave has, also, close connections to the Probationary Service, who send along minor offenders, who can work out their community service helping to paint and then assemble Junior Field Guns. A number have remained in contact and have become volunteers at some of our Events.



2. Almost on a daily basis FF's Operations Manager visits schools to either, give presentations, discuss the ramifications of Junior Field Gun to Head teachers interested in having a Crew of their own and delivering purchased units. As we are a children's charity organisations frequently make a donation that allows FF to present a free unit to schools that do not have the funds to partake. The following are some of the donors:

- Mr. John McAndrew, who has pledged to donate a substantial sum, each year, as described under Future Plans.
- HMS GANGES Association x 2 units.
- RoperJames Solicitors x 1 unit.
- The Federation Of Plymouth And District Ex-Services Associations x 2 units.
- Clemas Trust x 3 units.

3. In addition, Bob Hunter, who is one of FF's Trustees, is also a Director of Student Journey at City College Plymouth, through whom FF has been able to benefit from their sponsorship in the following areas:

- Providing a classroom for Board Meetings.
- Assisting with the production of certificates, etc., by courtesy of their Printing Department.
- Producing promotional DVDs via the college's Graphics Design Department.
- Bob's apprentices have, also, worked on genuine late 19th century field pieces owned by HMS DRAKE Sea Cadets at FF's behest.

Future Plans

1. With over 70 primary schools in Devon, and over 200 in Cornwall, the 30+ primary schools affiliated to FF informs the reader where FF is in terms of capturing the primary school JFG market in Devon and Cornwall. To make in-roads into this huge market it will require a team of individuals who can coordinate Sales, Production and Procurement, a team which FF do not, currently, have. While FF has volunteers to assist the Operations Manager (OM) at Events, most of the time, the OM is managing the day-to-day functions on his own. However, a very important donor, who keeps a very close eye on the workings of FF, has pledged £30,000 a year, for 10 years, to enable FF to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc. Two high calibre individuals - one of them a trustee - now share four days a week between them. Dividing the management responsibilities between three individuals, instead of just one, has provided a much better development platform for the charity's commercial opportunities in the southern counties.

2. Following an invitation to the OM, by a high ranking Portsmouth Council official, a meeting, at which the JFG opportunities in Portsmouth were discussed, resulted in Portsmouth Council agreeing to support Portsmouth schools that wished to emulate FF's Plymouth organisation. Plymouth and Portsmouth are both naval towns that have been training RN Command Field Gun Teams for over 100 years, to compete against each other at the Royal Tournament, Earls Court, London. In the Portsmouth area two teams were based: Fleet Air Arm and Portsmouth. It is no surprise, therefore that, like Devonport, the population of Portsmouth have an affinity with Field Gun. Thanks to this affinity two Hants schools are now practising Junior Field Gun - Rowner Primary School (**Gosport, Hants**) and Crofton Ann Dale Junior (**Fareham, Hants**). At the time of the Covid outbreak there were eight other schools interested.

Management and Administration

1. FF's Governing Document is its 'Constitution'. When FF decided to become a charity in its own right the trustees elected to become a Foundation CIO, because the charity no longer had a membership. It would, also, no longer be a Company and therefore have no statutory obligations to Companies House.

2. Risk Management. When dealing with schools there is more than just a simple Risk Assessment required. We are, also, obliged by schools and Show Event organisers, etc., to supply the following documents without which they will NOT allow us to participate:

- £5m Public Liability insurance.
- Risk Assessment Policy
- Safeguarding Policy
- Events Method Statement. This is best described as an overall umbrella of things that we may or may not do, together with the appropriate risk assessment forms. This can be adapted for any Event we attend, such as: HMS Drake and Babcock families Day. It seems that most companies have these nowadays and that's what Event organisers now demand from FF.
- All FF Coaches are EDBS cleared.

3. Organisational Structure. At the close of 2020, Future Fit had a Board of Trustees of 8 members, who meet, approximately, every six weeks to discuss and maintain the charity's forward strategy and policies. At present the Board has 3 members that are not ex-field gunners, but who have been invited onto the board because of their distinct expertise and contacts. The Hon Secretary/Treasurer is, also, a trustee and has voting rights.

4. The charity has a team of Honorary officials, as follows:

- Operations Manager
- Secretary/Treasurer
- Risk and Safeguarding Assessor
- Management Planner
- Newsletter Editor
- Schools' Liaison Officer

In addition to the above the charity has a number of volunteers working in a honorary capacity.

5. Related Parties. FF is an independent entity; however, working with schools brings the charity into constant contact with senior members of Plymouth Council, in particular the Senior Leadership Adviser (RA & NTG) Education, Learning & Families.

Responsibilities of the Board of Trustees

1. Charity Commission regulations state that a charity, such as FF, are required to prepare a Trustees Annual Return, which gives a true and fair view of the state of the charity's finances, as at the Balance Sheet date and of its application of resources, including income and expenditure, for the financial year. In preparing those financial statements, the Board should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is not appropriate to assume that the charity will continue on that basis.

2. The Board of Trustees are responsible for maintaining proper accounting records which disclose, with reasonable accuracy, at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charity Commission regulations. The Board is also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

3. Members of the Board. Members of a Foundation CIO's Board of Trustees are, also, deemed to be Members for technical reasons. A list of Board members is listed on page 16.

Financial Overview

Fixed Assets

1. At the end of 2013 the Armed Forces Community Covenant Grant Scheme awarded DFGA a £52,900 grant, in order to promote the sport of Junior Field Gun in primary schools. This enabled the purchase of a Peugeot Boxer Panel Van, for use in transporting finished units to schools and return when repairs were needed. It also enabled the purchase of a trailer to enable the transport of JFG units to competitions, etc.



2. On 16th October 2017, at a General Meeting of Devonport Field Gun Association Ltd., the Board of Directors passed a motion to dissolve the charitable company, which would permit the Heritage element to revert back to being an unincorporated Association and FF to become an entity in its own right. In addition, so that the company's accounting period could be 31st December 2017, it was decided to keep the charity 'live' until that point. As the Fixed Assets were purchased, specifically, to enable FF to develop the new JFG sport, it was acknowledged and approved that the Fixed Assets should be transferred to the new FF organisation.

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1. As FF's accounts will prove, FF has been, extremely, fortunate to have a benefactor, who is prepared to sponsor FF by £30,000 per year for 10 years. FF has recently received the third tranche of £30,000. This money is to be regarded as 'designated', because the annual donations will be used, primarily, to pay part-time sub-contracted personnel to assist with the day-to-day task of helping the Operations Manager with organisational tasks that normal volunteers could not guarantee the time to accomplish on a regular basis. Where appropriate, it will, also, be used to purchase JFGs for schools in deprived areas, where a large part of the school's budget is used to minimise any disadvantages the school faces in educating the children.

Principal Funding Source

1. FF manufactures two types of field guns, as follows:

- Junior Field Gun, at a sales price of £750, plus £100 affiliation fee.
- Senior Field Gun, at a sales price of £2,500.

The above income is supplemented by sundry items, such as gaiters and memorabilia. It is hoped to develop a range of memorabilia to sell at major Events.

Gift Aid

1. At 31st December 2019, FF had claimable donations of £63,573, on which it received £15,671 of gift aid and relief on 7th May 2019. Under **Current Assets**, on this page, it explains that FF have been pledged £30,000 per year for 10 years. In 2018 circumstances dictated that, instead of £30,000, £60,000 (2 years worth) was donated instead. The third tranche of £30,000 has been donated in this financial year, which will bring in a further £7500 Gift Aid that will be claimed in 2021.

2. At 31st December 2019, FF had claimable donations of £230.00. A claim will be submitted in 2021, when the latter sum will be added to by 2020 donations of £30,288, making a total claim of £30,518.

Donated JFGs

1. In addition to our principal sponsor, a growing number of donors have sponsored JFG units that have been presented to schools.

Notes forming part of the Financial Statements of FF for the year ended 31st December 2020

Accounting Policies

1. The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

FF's accounting process is based on the Charity Commission's regulations governing Accrual accounting procedures.

(b) Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

Voluntary income is received by way of grants and donations and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

The value of services provided by volunteers has not been included in these accounts.

Incoming resources from charitable trading activity are accounted for when earned.

(d) Resources expended

Expenditure is recognised in accordance with FF's accounting process. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's memorabilia sales.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the fees for the 'Independent Examination' and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource.

(e) Fixed Assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life; which, in all cases, is deemed to be 5 years. Impairment reviews are carried out as and when evidence comes to light that the recoverable amount of a functional fixed asset is below its net book value due to damage, obsolescence or other relevant factors.

(f) Material Designated Funds

As detailed in the trustee's annual report a material designated fund has been received in the year. This fund has been designated by the management committee for the following purposes, as detailed within the paragraph "Future Plans" and "Current Assets" on page 5 and 7 of the annual report: "to enable FF to employ part-time staff to relieve the OM of mundane activities, leaving him more time to develop influential contacts, etc."

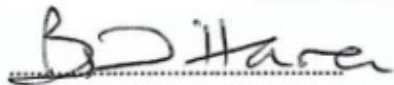
The opening balance of this fund was £30,000. The movement of this fund equated to £2,125, with a closing balance of £27,875 as at 31st December 2020.

Future Fit - Junior Field Gun
Balance Sheet
for the year ended 31st December 2020

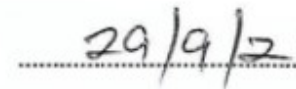
	Unrestricted 2020 £	Designated 2020 £	Total 2020 £	Unrestricted 2019 £	Designated 2019 £	Total 2019 £
Fixed Assets:						
Tangible Assets:						
Van	3,172.00	-	3,172.00	5,075.20	-	5,075.20
Trailer	660.00	-	660.00	1,056.00	-	1,056.00
			-			-
Current Assets:						
Cash at bank	69,997.12	-	69,997.12	46,656.07	-	46,656.07
			-			-
Debtors:	-	-	-	6,000.00	-	6,000.00
			-			-
Net Assets:	<u>73,829.12</u>	-	<u>73,829.12</u>	<u>58,787.27</u>	-	<u>58,787.27</u>
			-			-
Reserves:						
Excess/-Deficit to date	12,916.85	2,125.00	15,041.85	-	18,644.15	10,850.55 - 7,793.60
Starting balance	<u>58,787.27</u>	-	<u>58,787.27</u>	<u>66,580.87</u>		<u>66,580.87</u>
	<u>71,704.12</u>	<u>2,125.00</u>	<u>73,829.12</u>	<u>47,936.72</u>	<u>10,850.55</u>	<u>58,787.27</u>

These accounts, including the balance sheet, were approved by the trustees and are signed on their behalf by Brian O'Hara, Trustee, Treasurer and secretary.

Signed :



Date



Future Fit - Junior Field Gun
Summary of Financial Activities (including Income & Expenditure Account)
for the year ended 31st December 2020 and 2019

	Unrestricted Funds 2020 £	Notes	Designated Funds 2020 £	Total 2020 £	Unrestricted Funds 2019 £	Notes	Designated Funds 2019 £	Total 2019 £
Incoming resources								
Affiliation fees					1,700.00			
Voluntary Income								
Donations	287.95		30,000.00		3,182.00			
Other Income								
Gift Aid and interest					15,671.55			
Billable expenditure income	287.68							
Activities for Generating Funds								
Unit refund					-		850.00	
Sales of Junior/Senior Field Guns					10,200.00			
Total Income	575.63		30,000.00	30,575.63	29,903.55		-	29,903.55
Cost of generating funds								
Junior Field Gun production	4,154.19				8,643.76			
Senior & Junior joint costs	342.37				2,318.97			
Misc purchases/repairs	632.05				1,906.92			
Trophies/Medals	711.22				2,133.32			
Contract Services			2,125.00				7,430.00	
Advertising/promotional	725.67				573.84		3,420.55	
Vehicle expenses	1,507.23				4,795.17			
Other expenditure	5,336.05				6,474.62			
Total expenditure	13,408.78		2,125.00	15,533.78	26,846.60		10,850.55	37,697.15
Net Income/(Expenditure)				15,041.85				-7,793.60

Future Fit - Junior Field Gun

Depreciation of Fixed Assets as at 31st December 2020

	2020	2019
	£	£
Van NVB on 1st January 2020 and 2019	5,075.20	6,344.00
Depreciation at 20% of cost price	1,586.00	1,268.80
Adjustment for 2019 understated depreciation.	317.20	
NBV at period end.	3,172.00	5,075.20
Trailer NVB on 1st January 2020 and 2019	1,056.00	1,320.00
Depreciation at 20% of cost price	330.00	264.00
Adjustment for 2019 understated depreciation.	66.00	
NBV at period end.	660.00	
<u>Accumulated depreciation</u>		
At 1st January 2021 and 2020	5,748.00	3,448.80
<u>Net Book Value</u>		
At 1st January 2021 and 2020	3,832.00	6,131.20

'Future Fit - Junior Field Gun' - Expanded Comparison

	January - December 2020				January - December 2019			
	Unrestricted	Sub total	Designated	Total	Unrestricted	Sub total	Designated	Total
Incoming Income								
1143 Annual Affiliation Fee					1,700.00			
Voluntary Income								
1020 Donations	287.95		30,000.00		3,182.00			
Other Income								
Gift Aid					15,643.25			
Gift Aid interest					28.30			
1236 Billable Expenditure inc	287.68							
Activities for Generating Income								
1140 Junior Field Gun					2,550.00			
1150 Senior Field Gun					7,650.00			
1230 Refund of unit					-850.00			
Total Income		575.63	30,000.00	30,575.63		29,903.55	0.00	29,903.55
Expenditure								
Cost of generating funds								
 2000 Junior Field Guns								
2002 Barrels turned					1,567.20			
2003 Paint	117.44				737.19			
2004 Plywood	1,295.40				1,947.87			
2005 Screws (Misc)	12.00				509.28			
2006 Wood cutting	2,363.87				1,686.40			
2007 Completion					100.00			
2008 Poles					162.64			
2009 Limber parts	269.48				211.96			
2010 Axles					612.12			
2011 Aluminium campsite	96.00				1109.10			
		4154.19				8643.76		

	January - December 2020			January - December 2019		
	Unrestricted	Sub total Designated	Total	Unrestricted	Sub total Designated	Total
b/f from page 1		4154.19			8643.76	
Senior Field Guns						
2050 Senior Field Guns				240.00		
2052 Barrels turned				1,553.64		
2053 Paint				20.00		
2055 Screws (Misc)	342.37			30.13		
2057 Axles				475.20		
		<u>342.37</u>			<u>2,318.97</u>	
Miscellaneous expenses						
2075 Tools repair	10.08			29.00		
2084 Rope	37.00					
2078 Drag Ropes	375.00			937.50		
2079 Miscellaneous	209.97			660.51		
2080 Tool purchases				279.91		
		<u>632.05</u>			<u>1,906.92</u>	
Memorabilia						
2081 Medals				1,597.50		
2083 FF Clothing	454.28			65.82		
2085 Trophies	237.95			470.00		
2086 Engraving	18.99					
2087 Walkie Talies				232.20		
2088 Tent/Gazebo				209.99		
2090 Meals and entertainment				347.36		
		<u>711.22</u>			<u>2,922.87</u>	
2095 Contracted expertise			2,125.00			7,430.00
Advertising/Promotional						
2140 Advertising/Promotional	22.53			236.34		
2141 Professional Photography	90.00			187.50		
2142 Professional Photography	44.34			150.00		
2143 Website costs	350.00					
2250 Charity Dinner	218.80					3,420.55
		<u>725.67</u>			<u>573.84</u>	
c/f to page 3		6,565.50	2,125.00	16,366.36		10,850.55

	January - December 2020			January - December 2019				
	Unrestricted	Sub total	Designated	Total	Unrestricted	Sub total	Designated	Total
b/f from page 2		6565.50	2125.00	30575.63		16366.36	10850.55	27216.91
Vehicle expenses								
2169 Travel (DW fuel)	537.07				2349.69			
2190 Van insurance	259.20				390.67			
2231 Van fuel	372.91				1236.33			
2220 Van Road Tax	265.00				260.00			
2230 Van Maintenance	28.05				369.71			
2231 Auto	45.00				188.77			
		<u>1507.23</u>				<u>4795.17</u>		
Other Expenses								
2100 Account verification	390.00				390.00			
2120 Fixed Asset depreciation	1916.00				1532.80			
2120 Adjustment to 2019 figure	383.20							
2150 Rent	605.00				739.14			
2180 General insurance	1216.25				1236.54			
2240 Donation and grants	500.00				1520.00			
2245 Office/General Admin	40.00				255.60			
2246 On-line Act'g software	285.60				10.99			
		<u>5336.05</u>				<u>5685.07</u>		
Total Expenditures		<u>13408.78</u>	2125.00	<u>15533.78</u>		<u>26846.60</u>	10850.55	<u>37697.15</u>
Net Income/-Expenditure				<u>15041.85</u>				7793.60

Future Fit - Junior Field Gun Patrons



**Admiral Sir Mark Stanhope
GCB,OBE,DL**

Promoted to full Admiral in July 2004, Sir Mark served in NATO as the Commander in Chief Fleet before becoming the First Sea Lord and Chief of Naval Staff in July 2009. He retired in April 2013 and now has many charitable interests

Commodore Jamie Miller CBE RN

After 48 years dedicated service, Cdre Jamie Miller CBE RN, retired from the Royal Navy on 10 Sep 2017, as Naval Regional Commander Wales & Western England (NRCWWE).



Future Fit - Junior Field Gun Patrons



David Fitzgerald

Hugely popular and multitalented BBC Devon radio presenter and writer.

**Commodore Peter Coulson ADC,
BEng MSc MA CEng FIET RN**

Peter is a Fellow of the Institute of Engineering and Technology and an Alumnus of the Windsor Leadership Trust having completed both Emerging and Developing Strategic Leader consultations. He is chairman of ice sports for the RN Winter Sports Association and a trustee of the RNRM Stables at Bickleigh Barracks.



Lt.Cdr Stephen Carbery, CEng, MIET, RN (Retd)

3 times Command Field Gunner who, subsequently ran and trained Brickwood style crews. Now lends his extensive knowledge in a consultative capacity.

On leaving the RN Stephen was engaged as an Engineering Manager by BAE Filton, Bristol.

Future Fit - Junior Field Gun Board of Trustees



FF's distinguished Chairman

Cdr Charles Crichton, OBE, M Soc SC, RN (Ret)

Following some 47 years of service as a Seaman Officer in the Royal Navy he managed Plymouth Armed Forces Week for five years culminating in Plymouth hosting the National Armed Forces day in 2012. Actively engaged in charitable work in support of veterans and young people. He retains an abiding interest in heritage and especially the history of support to the Royal Navy at Plymouth.



David Worrall - FF Project leader and Coach

5 times Devonport Command Field Gunner. When David retired from the Royal Navy he turned his interest in antiques into a successful business. In 2012 he founded Junior Field Gun as it is practiced today by Future Fit.



Samantha Morcumb, Bed (Hons) (Design & Tech)

Schools' Liaison Officer (Acting Principal and Coach)

Sam's knowledge of the education system has been invaluable in directing policy and decision making.



Robert (Tab) Hunter, BA(Hons), FSET, CertEd, QTLS, ATS, CTEACH, MCIEA, MCCT (Chartered Teacher and Fellow of the Society of Education & Training)

Six times Devonport Command field Gunner and Captain of the world record breaking 'A' crew of 1999. Now Director of Student Journey at City College Plymouth, which is a FF sponsor.



Norman Fookes (Crossed the Bar June 21st 2021)

National Service Command Field Gunner, who broke his back during a competition run at Earls Court, was invalided out of the RN and then worked his way up from nothing to become the head of his own multi-million pound engineering company. Was a major sponsor of the Royal Tournament for several years, at the same time sponsoring Devonport Command Field Gun until its demise in 1999. Is now a Trustee and sponsor of Future Fit.



Major Alex Howard

Alex is a serving Army engineer officer, who is due to leave the service in 2021. Currently, Alex is coordinating JFG development in his home town of Portsmouth, and the surrounding area.

Future Fit - Junior Field Gun Board of Trustees Page 2

Wg Cdr Francis Reis RAFAC



Joined the RAF Air Cadets in 1973 as a cadet, becoming a Civilian Instructor in 1980, later in 1989 to Reserve Forces Commission in the RAFVR(T). My main interests as a cadet were powered flying, gliding and adventurous training, especially Ten Tors and the Duke of Edinburgh's Award Scheme. I am still a Ten Tors Scrutineer and train teams annually for this event. I'm fortunate to be able to clock up many hours flying from RAF St Mawgan in Nimrods. I now command 23 ATC squadrons across Plymouth and Cornwall and West Devon. In my civilian life I trained as a professional photographer with Plymouth Polytechnic in 1979 and went on to become Head of Marketing Operations for the University of Plymouth before leaving in 2015.

Jed Stones



Two times Command Field Gunner representing Devonport in 1993 and 1998. A serving member of the Royal Navy, working as the Chief Instructor for 47 Cdo Royal Marines Board and Search School based at HMS Raleigh. Jed has been involved with Future Fit from its inception and became a Trustee in 2019.

Nick Prynne, MSc, BSc(Hons)



After 24 successful years as an Army Electronics Engineer, Nick retrained as a Primary school teacher. He gained invaluable experience of the educational system and how children learn during his fifteen years, before retiring and joining the FF team. While not officially a trustee, Nick carries out all the duties of one. He is also the lead for the FF's Ambassadors.

Tom Luther



Tom has stepped back as a regular coach, but still likes to keep his hand in. Tom is the most successful Command Field Gun trainer, possibly, of all time, bringing the cups back to Devonport three times.

Brian O'Hara, MBA, DMS



A three times Command Field Gunner, winning silver in Tom Luther's 1978 Crew. Now helps FF as Secretary and Treasurer.

Future Fit Sponsors

Babcock International, who print our Newsletter

Bogey Knights (Army & Navy Surplus)

Brickfields Sports Centre

City College Plymouth

Clemas Trust (3 field guns)

Federation of Ex-Servicemen (Devon (1 field gun)

Ganges Association - Plymouth & Solent Division (2 field guns)

Gary Lovejoy Enterprises (film company)

Lang & Potter Marine Ltd

Mr & Mrs J McAndrew (6 field guns)

Mr Normal Fookes (2 field guns)

Need-A-Cab

Plymouth City Council

Roper James Solicitors (1 field gun)

Royal Navy - WOs & Chiefs' Mess

Salvation Army

Sea Cadets

The Federation Of Plymouth And District Ex-Services Associations

Wrays Jewellers

Ten Field Guns have been paid for or sponsored by the schools themselves.

Inter-school Tournament in pictures



Burraton Community Primary School



Brunel Primary Academy



Hooe Primary School



Widewell Primary School



Ernesettle Community School



**Pennycross Primary School
Record holders**



Shakespeare Primary School



**St Paul's Roman Catholic Primary
School**

Inter-school Tournament in pictures (Cont'd)



**Stowford Primary School
(Stowford Stars)**



**Stowford Primary School
(Stowford Supernovas)**



Widely Court Primary School



Marine Academy Primary



Weston Mill Primary School



Victoria Road Primary School



Boringdon Primary School



**Carbeile and Pennycross shaking
hands after an epic contest
during the last run.**



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Future Fit – Junior Field Gun

**On accounts for the year
ended**

31st December 2020

**Charity no
(if any)**

1177870

Set out on pages

1 to 22

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2020.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Steve Carey

Date:

05/10/2021

Name:

S H CAREY

**Relevant professional
qualification(s) or body
(if any):**

FCA (ICAEW MEMBER NO 7783796)
CTA (CIOT MEMBER NO 103177)

Address:

Unit 2, Ensign House, Parkway Ct,
Plymouth PL6 8LR

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Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Large empty rectangular box for providing details of items to be disclosed.