

SWANSEA HARRIERS ATHLETICS CLUB

England & Wales · Charity number 1177846

Details

Status Registered

Legal form CIO

Registered 2018-04-06

Register [View on the Charity Commission register](#)

Contact

Address 5 Victoria Street
Uplands
Swansea
SA2 0NE

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Website www.swanseaharriers.co.uk

Activities

Objects: FOR THE PUBLIC BENEFIT THE ADVANCEMENT OF AMATEUR SPORT BY PROMOTING ATHLETICS FOR THE BENEFIT OF THE INHABITANTS OF SWANSEA AND THE SURROUNDING AREA AND THE PROVISION OF FACILITIES FOR THE COACHING AND PERFORMANCE OF ATHLETICS FOR THE BENEFIT OF THE INHABITANTS OF SWANSEA AND THE SURROUNDING AREA WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS.

Activities: the Club provides facilities for and to promote the participation of the whole community in the sport of athletics

Classification

- **How:** Provides Services
- **What:** Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- City Of Swansea

Finances

Period end	Income	Expenditure	Assets	Employees
2024-09-30	£79,450	£72,906	-	-
2023-09-30	£59,446	£69,394	-	-
2022-09-30	£63,738	£64,677	-	-
2021-09-30	£54,950	£42,125	-	-
2020-09-30	£60,583	£48,909	-	-

Trustees

Name	Role	Appointed
Anthony Clements		2020-01-23
Arthur Robert Beresford		2024-01-25
BRIAN FOX		2020-01-23
CHRISTINE MARGARET MCCOUBREY		2020-01-23
Caroline Anne Wade		2024-01-25
Catherine Collins		2020-01-23
Dawn Elizabeth Holley		2022-01-20
Ieuan Hosgood		2025-01-23
JOSEPH BARRIE OWEN		2020-01-23
LYNNE MARIE BRIER		2020-01-23
Megan Stratton-Thomas		2025-01-23
Neal Merry		2025-01-23
THOMAS IAN GRIFFITHS		2020-01-23
WILLIAM NIGEL JONES		2022-01-20

SWANSEA HARRIERS ATHLETICS CLUB

England & Wales - Charity number 1177846

Accounts

SWANSEA HARRIERS

BALANCE SHEET AT 30th SEPTEMBER 2024

	<u>SEPTEMBER</u> <u>2023</u>	<u>SEPTEMBER</u> <u>2024</u>	<u>SEPTEMBER</u> <u>2023</u>	<u>SEPTEMBER</u> <u>2024</u>
<u>CURRENT ASSETS</u>				
Barclays Bank Training Account	7,070.30	12,102.88	150.00	150.00
Tesco Account	0.00	0.00		
Café account	8,316.58	11,654.86	95,888.20	90,958.46
Card Account	0.00	0.00		
Savings Account	31,621.70	32,089.15	-4,947.44	6,543.86
Monmouthshire B S	39,291.86	40,335.69	17.70	3,468.68
	86,300.44	96,182.58	0.00	0.00
			0.00	0.00
			90,958.46	100,971.00
Stock of Kit	4,808.02	4,938.42		
	£ 91,108.46	£ 101,121.00	£ 91,108.46	£ 101,121.00

I have prepared the above Balance Sheet and annexed Income and Expenditure Accounts from bank statements and books and information supplied by the treasurer, and certify them to be in accordance therewith.

P. Hughes

P. HUGHES - ACCOUNTANT

25th November 2024
DATE

SWANSEA HARRIERS

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2024

	SEPTEMBER 2023	SEPTEMBER 2024	EXPENDITURE	SEPTEMBER 2023	SEPTEMBER 2024
INCOME					
Membership	12,386.18	18,013.63	Management & Committee Expenses	1,582.68	973.77
Donations	3,058.92	2,500.00	AAW Registration	52.00	63.50
	15,445.10	20,513.63	Insurance	0.00	
				1,634.68	1,037.27
Competitions (Note 1)			Competitions (Note 1)		
Buses & Hotels	2,320.99	1,030.66	Team Entry Fees	3,503.00	4,902.07
			Buses & Hotels	15,385.76	8,370.19
Match Receipts, Refunds & Grants	7,707.34	8,908.26	Athletes' Expenses	2,835.65	3,339.92
Grants	500.00	750.00	Hire of Track Facilities	4,175.00	1,685.25
			Match Refreshments	0.00	0.00
			Match Expenses	2,681.62	5,338.06
	10,528.33	10,688.92		28,581.03	23,635.49
Promotions					
Sponsorship	0.00	1,335.00			
Coaching			Coaching		
Grants	500.00		Coaching	3,230.00	2,854.00
Training Fees	31,398.51	43,521.16	Hire of Track & Indoor	28,277.20	38,106.65
				31,507.20	40,960.65
	31,898.51	43,521.16			
Miscellaneous			Miscellaneous		
Easyfundraising	0.00	19.05	Purchase of Kit	549.54	
Sale of Kit	280.06		Social	468.75	1,737.50
Social	658.39	1,861.21			
EDM Hire	0.00		Miscellaneous		
Miscellaneous	0.00		Equipment	1,122.81	2,240.93
Amazon Smile	34.34			529.53	3,294.55
Transfer from Cafe & Kit account	0.00				
Interest Received - Savings Account	601.37	1,511.28			
	1,574.16	3,391.54		2,670.63	7,272.98
	59,446.10	79,450.25		64,393.54	72,906.39
				-4,947.44	6,543.86
	£ 59,446.10	£ 79,450.25		£ 59,446.10	£ 79,450.25
Excess of Expenditure over Income					

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2024

NOTE 1 COMPETITIONS

INCOME	NAL	YDL	WSL	WJL	Junior Games	C C Road Other	TOTAL
League Refunds				1,067.00		4,985.26	6,052.26
Entry Fees & Match Receipts						2,856.00	2,856.00
Bus & Hotel	1,030.66					750.00	1,030.66
Grants						1,335.00	1,335.00
Sponsorship	1,030.66	0.00	0.00	1,067.00	0.00	9,926.26	12,023.92
EXPENDITURE							
League Affiliation & Team Entry Fees	900.00	810.00				3,192.07	4,902.07
Bus & Hotel	4,588.29	1,839.54				1,942.36	8,370.19
Athletes' Expenses	1,454.46					1,885.46	3,339.92
Match Expenses	785.00					4,553.06	5,338.06
Track Hire	525.00			525.00		635.25	1,685.25
	8,252.75	2,649.54	0.00	525.00	0.00	12,208.20	23,635.49
SURPLUS / (DEFICIT)							
	-7,222.09	-2,649.54	0.00	542.00	0.00	-2,281.94	-11,611.57

NOTE 2 COACHING

FEES PAID :-	A Jenkins	2,208.00
	Coaching Refunds	646.00
	£	2,854.00

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CARD ACCOUNT FOR THE YEAR ENDED 30TH SEPTEMBER 2024

	2023	2024	EXPENDITURE	2023	2024
Training Fees	31,398.51	43,521.16	Training Fees	31,398.51	43,521.16
Membership	29.48	29.47	Membership	29.48	29.47
	3,963.97	4,995.08	Kit	3,963.97	5,017.23
	2,261.98	4,579.98	Café	2,261.98	4,557.83
Entry Fees	121.68	-	Entry Fees	121.68	-
Hotel - NAL	589.50	196.50	Hotel - NAL	589.50	196.50
Hotel - YDL	883.35	-	Hotel - YDL	883.35	-
Kit - YDL	280.06	-	Kit - YDL	280.06	-
Bus	43.14	741.78	Bus	43.14	741.78
Awards	658.39	1,601.21	Awards	658.39	1,601.21
Donation	58.92	-	Donation	58.92	-
	40,288.98	55,665.18		40,288.98	55,665.18

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEAR ENDED 30TH SEPTEMBER 2024

	<u>2023</u>	<u>2024</u>	<u>EXPENDITURE</u>	
Balance	38,897.13	39,291.86		
from Savings Account	-			
from Cafe & Kit Account	-			
Received	394.73	1,043.83	39,291.86	40,335.69
	<hr/>	<hr/>	<hr/>	<hr/>
	39,291.86	40,335.69	39,291.86	40,335.69
	<hr/>	<hr/>	<hr/>	<hr/>

SWANSEA HARRIERS ATHLETICS CLUB

England & Wales - Charity number 1177846

Accounts

SWANSEA HARRIERS

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2023

	SEPTEMBER 2022	SEPTEMBER 2023	EXPENDITURE	SEPTEMBER 2022	SEPTEMBER 2023
INCOME					
Memberships	12,913.33	12,386.18	Management & Committee Expenses	1,596.11	1,582.68
Donations	2,550.00	3,058.92	AAW Registration	1,612.50	52.00
	15,463.33	15,445.10	Insurance	0.00	1,634.68
Competitions (Note 1)			Competitions (Note 1)	3,208.61	
Buses & Hotels	1,013.64	2,320.99	Team Entry Fees	3,263.00	3,503.00
Match Receipts, Refunds & Grants	5,736.16	7,707.34	Buses & Hotels	6,252.98	15,385.76
	750.00	500.00	Athletes' Expenses	6,453.44	2,835.65
			Hire of Track Facilities	1,940.00	4,175.00
			Match Refreshments	0.00	0.00
	7,499.80	10,528.33	Match Expenses	2,152.51	2,681.62
Promotions				20,061.93	28,581.03
Sponsorship	0.00	0.00			
Coaching			Coaching	3,438.00	3,230.00
Grants	3,030.00	500.00	Coaching (Note 2)	27,094.10	28,277.20
Training Fees	29,893.82	31,398.51	Hire of Track & Indoor	30,532.10	31,507.20
	32,923.82	31,898.51			
Miscellaneous			Miscellaneous		
Easyfundraising	108.98	0.00	Purchase of Kit	0.00	549.54
Sale of Kit	0.00	280.06	Social	100.00	468.75
Social	0.00	658.39			
DM Hire	0.00	0.00	Miscellaneous Equipment	754.22	1,122.81
Miscellaneous	0.00	0.00		3,498.00	529.53
Amazon Smile	18.54	34.34			
Transfer from Cafe & Kit account	0.00	0.00			
Interest Received - Savings Account	187.86	601.37		4,352.22	2,670.63
	315.38	1,574.16			
	56,202.33	59,446.10		58,154.86	64,393.54
Excess of Expenditure over Income	£ 56,202.33	£ 59,446.10		-1,952.53	-4,947.44
				£ 56,202.33	£ 59,446.10

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30TH SEPTEMBER 2023

<u>INCOME</u>	<u>NAL</u>	<u>YDL</u>	<u>WSL</u>	<u>WJL</u>	<u>JUNIOR GAMES</u>	<u>C.C.ROAD OTHER</u>	<u>TOTAL</u>
League Refunds		622.00		739.00		4,475.36	5,836.36
Entry Fees & Match Receipts	939.50	1,381.49				1,870.98	1,870.98
Bus & Hotel	500.00						500.00
Grants							
	<u>1,439.50</u>	<u>2,003.49</u>	<u>-</u>	<u>739.00</u>	<u>-</u>	<u>6,346.34</u>	<u>10,528.33</u>
<u>EXPENDITURE</u>							
League Affiliation & Team Entry Fees	800.00	1,000.00		100.00		1,603.00	3,503.00
Bus & Hotel	8,880.99	6,064.77				440.00	15,385.76
Athletes' Expenses	1,971.10					715.40	2,686.50
Match Expenses		434.15		239.00		2,157.62	2,830.77
Track Hire		519.00		500.00		3,156.00	4,175.00
	<u>11,652.09</u>	<u>8,017.92</u>	<u>-</u>	<u>839.00</u>	<u>-</u>	<u>8,072.02</u>	<u>28,581.03</u>
<u>SURPLUS / DEFICIT</u>	<u>- 10,212.59</u>	<u>- 6,014.43</u>	<u>- -</u>	<u>100.00</u>	<u>- -</u>	<u>- 1,725.68</u>	<u>- 18,052.70</u>

NOTE 2. COACHING

FEES PAID :-	
Coaching Administrator	2,100.00
Coaching Refunds	1,130.00
	<u>3,230.00</u>

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CAFÉ & KIT ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2023

	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2023</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2023</u>
<u>INCOME</u>				
Café	2,649.93	4,222.88	1,960.90	2,311.30
Kit	4,119.25	3,984.97	5,399.60	5,399.60
		- Opening Stock	4,148.32	
		Purchases	4,187.80	2,622.88
		Less: Closing Stock	8,336.12	8,022.48
			5,399.60	4,808.02
			2,936.52	3,214.46
Rent Rebate	0.00	0.00	875.04	875.04
Electricity (Hockey)	0.00	0.00	0.00	1,707.30
Donations	17.00	17.95	0.00	100.00
		Donations-University Stadium Staff		
Miscellaneous – W A Grant	750.00	0.00	0.00	0.00
		Miscellaneous		
		Transfer to Training Account	0.00	0.00
		Transfer to Training Account W A Grant	750.00	0.00
			6,522.46	8,208.10
		Excess of Income over Expenditure	1,013.72	17.70
	£ 7,536.18	£ 8,225.80	£ 7,536.18	£ 8,225.80

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2023

	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2023</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2023</u>
Opening Balance	38,722.88	38,897.13		
Transfers from Savings Account	0.00	0.00		
Transfer from Cafe & Kit Account	0.00	0.00		
Interest Received	174.25	394.73 Closing Balance	38,897.13	39,291.86
	<u>38,897.13</u>	<u>£ 39,291.86</u>	<u>38,897.13</u>	<u>£ 39,291.86</u>

SWANSEA HARRIERS

SUMMARY OF SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2023

	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2023</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2023</u>
Opening Balance	31,401.45	31,415.06	31,415.06	
Transfers from Training Account	0.00	0.00 Transfer to Monmouthshire B S	0.00	0.00
Transfer from Tesco Account	0.00	0.00		
Interest Received	13.61	206.64 Closing Balance	31,415.06	31,621.70
	£ 31,415.06	£ 31,621.70	£ 31,415.06	£ 31,621.70

SWANSEA HARRIERS ATHLETICS CLUB

England & Wales - Charity number 1177846

Accounts

SWANSEA HARRIERS

BALANCE SHEET AT 30th SEPTEMBER 2022

	SEPTEMBER 2021	SEPTEMBER 2022		SEPTEMBER 2021	SEPTEMBER 2022
CURRENT ASSETS			CURRENT LIABILITIES		
Barclays Bank	14,759.50	12,619.11	Creditor	150.00	150.00
Training Account					
Tesco Account	0.00	0.00	GENERAL FUND		
Café account	7,944.86	7,707.30	Opening Balance	84,001.14	96,843.71
Card Account	16.70	0.00	Add :-		
Savings Account	31,401.45	31,415.06	Excess Receipts/Payments - Training	12,941.92	-1,952.53
Monmouthshire BS	38,722.88	38,897.13	Excess Receipts/Payments - Café	-116.05	1,013.72
			Excess Payments/Receipts - Tesco	0.00	0.00
			Excess Payments/Receipts - Card	16.70	-16.70
			Transfer from old bank account		0.00
Stock of Kit	92,845.39	90,638.60		96,343.71	95,888.20
	4,148.32	5,399.60			
	£ 96,993.71	£ 96,038.20		£ 96,993.71	£ 96,038.20

I have prepared the above Balance Sheet and annexed Income and Expenditure Accounts from bank statements and books and information supplied by the treasurer, and certify them to be in accordance therewith.


P. HUGHES - ACCOUNTANT

30th November 2022
 DATE

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CAFÉ & KIT ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>SEPTEMBER</u> 2021	<u>SEPTEMBER</u> 2022	<u>SEPTEMBER</u> 2021	<u>SEPTEMBER</u> 2022
INCOME				
Café	1.78	2,649.93	32.18	1,960.90
Kit	2,300.86	4,119.25	5,618.41	4,148.32
		-	294.00	4,187.80
		Opening Stock	5,912.41	8,336.12
		Purchases	4,148.32	5,399.60
		Less: Closing Stock	1,764.09	2,936.52
Rent Rebate	244.62	0.00	875.04	875.04
Electricity (Hockey)	0.00	0.00	0.00	0.00
Donations	17.00	17.00	0.00	0.00
Miscellaneous – W A Grant	750.00	750.00	9.00	0.00
		Miscellaneous	0.00	0.00
		Transfer to Training Account	750.00	750.00
		Transfer to Training Account	0.00	0.00
		W A Grant	3,430.31	6,522.46
		Excess of Income over Expenditure	-116.05	1,013.72
	<u>£ 3,314.26</u>	<u>£ 7,536.18</u>	<u>£ 3,314.26</u>	<u>£ 7,536.18</u>

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CARD ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>INCOME</u>		<u>EXPENDITURE</u>	
	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>
Training Fees	19,719.94	29,893.82	19,719.94	29,893.82
Membership	9,534.69	2,103.87	9,534.69	2,103.87
Kit	2,317.56	4,066.55	2,300.86	4,083.25
Cafe	1.78	1,090.93	1.78	1,090.93
Entry Fees		43.21		43.21
Hotel		19.64		19.64
		37,218.02		37,234.72
			Excess of Expenditure over Income	-16.70
	£ 31,573.97	£ 37,218.02	£ 31,573.97	£ 37,218.02

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2022

NOTE 1 COMPETITIONS

INCOME

	<u>MAI</u>	<u>YDI</u>	<u>WSL</u>	<u>WIL</u>	<u>Junior</u>	<u>C C Road</u>	<u>TOTAL</u>
				<u>LAI</u>	<u>Games</u>	<u>Other</u>	
League Refunds		898.00				1,236.00	2,134.00
Entry Fees & Match Receipts	199.64	814.00				3,602.16	3,602.16
Bus & Hotel	750.00						1,013.64
Grants	949.64	1,712.00	0.00	0.00	0.00	4,838.16	7,499.80
							<u>750.00</u>

EXPENDITURE

League Affiliation & Team Entry Fees	800.00	800.00	140.00			1,523.00	3,263.00
Bus & Hotel	3,000.00	3,185.00				67.98	6,252.98
Athletes' Expenses	5,860.24	226.20				367.00	6,453.44
Match Expenses	81.90	480.65				1,589.96	2,152.51
Track Hire	0.00	440.00				1,500.00	1,940.00

SURPLUS / (DEFICIT)

	9,742.14	5,131.85	140.00	0.00	0.00	5,047.94	20,061.93
	-8,792.50	-3,419.85	-140.00	0.00	0.00	-209.78	<u>-12,562.13</u>

NOTE 2 COACHING

FEES PAID :-	Coaching Administrator	2,128.00
	Coaching Refunds	1,310.00

£ 3,438.00

SWANSEA HARRIERS

SUMMARY OF SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>
Opening Balance	21,398.65	31,401.45		
Transfers from Training Account	10,000.00	0.00	0.00	0.00
Transfer from Tesco Account	0.00	0.00		
Interest Received	2.80	13.61	31,401.45	31,415.06
		Closing Balance		
	<u>£ 31,401.45</u>	<u>£ 31,415.06</u>	<u>£ 31,401.45</u>	<u>£ 31,415.06</u>

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>SEPTEMBER 2021</u>	<u>SEPTEMBER 2022</u>	<u>SEPTEMBER 2021</u>	<u>SEPTEMBER 2022</u>
Opening Balance	38,549.41	38,722.88	38,549.41	38,722.88
Transfers from Savings Account	0.00	0.00	0.00	0.00
Transfer from Cafe & Kit Account	0.00	0.00	0.00	0.00
Interest Received	173.47	174.25 Closing Balance	173.47	174.25
	38,722.88	£ 38,897.13	38,722.88	£ 38,897.13

Swansea Harriers Athletics Club

Annual Report 2022



Foreword

This year, the 60th in the club's history, has been one in which the club has been making every effort to return to normality after the disruptions of Covid. Our membership numbers are gradually returning to somewhere close to what they were after dropping by over two hundred. Unfortunately, many of our volunteers, coaches and officials have decided to call it a day causing problems in staffing coaching sessions and providing officials at matches. So, we have to strive to replace them as soon as possible. Whilst most U.K. and Area Leagues returned there was no Welsh Senior League competition and an effort to have a Welsh Junior League with a Multi Event approach failed to get off the ground. Worryingly, as yet there is no news of any Senior or Junior Welsh Leagues being organised for 2023.

The club had many outstanding team and individual performances during the year. Joe Brier, Hannah Brier, Jonathan Hopkins and Dewi Griffiths took part in The Commonwealth Games. Joe also took part in Europe and World Championships. Josh Griffiths was also a competitor at The World Championships. The club had some outstanding team results in The Welsh Cross Country and Road Relay Championships winning many medals at Senior and various Age Groups. On the track as well as winning many individual Welsh Championship Medals at all ages our Senior Team finished in 10th Place retaining their status in the National Athletics League Premier Division. Our Under20/17 Team reached The Area Final of The Youth Development League. It was good to be able to celebrate our successes with the staging once more of an Awards Evening where some awards for 2021 and 2022 were presented. 12 Club Records were broken in the year which ended on 31st December and will be recognised at a future event with the presentation of framed prints. Other ways in which the club encourages members is by the presentation to Junior Athletes of Gold Awards for those who reach a standard between AAA Grade 1 and 2, Certificates for those attaining Grades 1, 2, 3 or 4, Boxed Medals for Juniors who represent the club in 75% or more League matches as well as Trophies for best individual athletes in different age groups. A new club Competition for Senior Distance athletes has been introduced this year and has made a good start.

There are major plans for the development of the facilities at the University Playing Fields and the club has been consulted about their ideas. We look forward to seeing the future plans.

We have been fortunate in having such an excellent University Staff and we are most grateful for their help and excellent care of the grounds and buildings.

Our grateful thanks are due to the many people who have helped our club which is the largest Athletics Club in Wales and one of the largest in The U.K. Our Trustees or as they were known Committee, Coaches, Team Managers, Officials, Café Staff and the various individuals responsible for sections of the club such as The Membership Secretary and Fund Raisers. We are grateful to ex club athlete Paul Evans for sponsoring the club during the year and continuing again in 2023 in memory of his parents Gwilym and Pat Evans who were outstanding servants of Swansea Harriers and Welsh Athletics in so many ways and over

many years and are greatly missed. My very best wishes to all athletes and the volunteers who help in so many ways for an enjoyable and successful 2023.



Barrie Owen

Club President

OBITUARY

We were sad to learn in December of the death of Owen Hedges who was one of our long serving and dedicated Senior Sprint Coaches. Owen was a dedicated coach turning up to all sprint training sessions always outdoors no matter what the weather. He had his own unique sense of humour which endeared him to the many athletes he coached and watched perform at many venues over the years. He was given a Meritorious Award by Welsh Athletics for his 37 years' service. Our deepest sympathy and thoughts are with his daughter Diann and family at this sad time.

Secretary's Report 2022

As Club Secretary I am in the very fortunate position of being able to read all the other contributions to this Annual Report prior to penning my own thoughts for the year – thus giving me an opportunity to capture some of the key themes that have emerged in 2022. Firstly, the club is emerging from the impact of covid in relatively good health. The number of athlete members is growing month on month. Despite losing some significant coaches and officials, we are maintaining a coaching structure which enables our junior athletes to develop a broad-based skill and technical knowledge prior to joining the specialist sessions which are available across all athlete disciplines.

The decline in official numbers and expertise is a UK wide issue and challenge, and although we have similar challenges, when you attend junior and senior matches we deliver on our

quota of required officials, and you feel we are particularly blessed with a dedicated and expert group of officials which many other clubs do not have.

Our senior athlete track and field team continues to compete at the highest level in the UK, with a very good balance of home-grown athletes and others drawn to the club because of our premiership status or having moved to the area to study or work. It is really pleasing to see some of our recent junior athletes, such as Bronwen and Megan Stratton Thomas, and older juniors such as Joe Beresford and Tiffany Rees making such a significant contribution to the success of the senior team.

The overall volunteer base of the club, so essential to its success, remains strong as is our determination to attract more helpers across the range of activities to sustain our development.

Hopefully as a club we are also aware of our challenges and future development needs to sustain our position as the largest and most diverse club (in terms of age range and activity) in Wales.

- We need to build our junior base – particularly amongst current under 13 and under 15 boys- and a proactive relationship with schools will help this as will a re-establishment of a full range of junior and secondary school competitions.
- We need to ensure access to the club from across the Swansea region in a way that our location in the west of Swansea does not deter athletes from joining in more easterly parts of the County. Athletics remains a relatively cheap sport, partly because of its wholly volunteer base, though we will remain sensitive to the cost-of-living crisis and individual circumstances to ensure everyone is able to train and compete for the club. We will be utilising grant support this year to further subsidise our travel costs to away fixtures.
- The continued development and growth of our volunteer base in terms of team managers, officials, coaches, and other helpers is a continuous and ongoing requirement, and the engagement of the parents of our junior athletes remains the primary source of achieving this. We are also gaining more success in developing our volunteer base from our older junior athletes, some of whom have already been extremely helpful in supporting team management and in coaching our juniors and gaining coaching qualifications.

Other contributors to the annual report have highlighted the many successes achieved by our athletes this year across all age groups. A dedicated masters report is a welcome addition to this year's report.

As always, we must pay tribute to all our athletes and thank the many club members who volunteer in such a wide range of ways to sustain our success. It is always a privilege to be associated with Swansea Harriers and I know everyone is determined to ensure 2023 is further evidence that the club is fully recovering from the effects of the pandemic.

Tony Clements
Club Secretary

Senior Men's Track & Field 2022

In 2022 we saw the inaugural season of the National Athletics League proper, organised on a "National" basis, albeit the fixtures were heavily biased in favour of the Southern clubs. The Premiership consisted of 16 clubs, and we were allocated to a sub-group of 4 which included Woodford Green, Cardiff, and Southampton. The first 3 fixtures were organised on a round-robin basis with each of the other 3 groups, with the grand finals in Bedford.

The first match was in Cardiff where we finished 5th overall which was a reasonable performance considering the high standard of competition. There were some excellent performances. In the Shot, Pat Swan won the A event with a Pb of 17m60 to beat the UK No 2, Youcef Zatat, who threw 17m49. Dan Cork won the B event with a throw of 15m62. In the Pole Vault, Tom Walley cleared 5m10 to finish 2nd. Dewi Griffiths made a welcome return to the track to finish 2nd in the 5000m with a time of 14.34.62. The only disappointing feature was that we failed to cover all events in both A & B, which was not surprising given that we had not had full League competition for several years. The net result was that we finished a few points behind Cardiff on the day – this was to prove costly later in the season.

The overall quality in the 2nd match at Eton was slightly lower but the Southern team certainly benefited from "home" advantage to fill the top three positions. We were missing athletes through injury and international commitments and as result could only finish 6th for the combined team. Mitchell Lawrence put in an excellent individual performance in the Long Jump to jump 7m14 – this was his first time over 7m. There was a controversial decision to not award us the full amount of officials' points. This was despite having the required number of officials but unfortunately no designated timekeeper. This was a harsh decision and effectively lost us a place on the day..... and subsequently a place in the A final!

The third match was in Woodford and for me it was a return to where I started my athletics career many, many years before. I thought we put up an excellent combined team performance despite missing many athletes through illness. Overall, we finished 4th on the day maybe because there were only 2 Southern teams in the match. Tom Walley leapt to a lifetime best of 5m21 to win the Pole Vault ably advised by veteran, Glyn Price who was also in the competition. Kris Jones flew in from the World Orienteering Championships to win the 5000m with Guy Smith winning the B. Pat Swan once again won the Shot competition with his brother, Connor, winning the B Javelin with a throw of 52m10.

So, after three matches we were tied on 12 League points with Trafford who qualified for the A final because of having more match points. As a result, the Plate final was a bit of an anti-climax, although relegation to the Championship was still a possibility. In the final at Bedford, we once again put up a good, combined team performance to finish 4th on the day and as a result 10th in the final table to secure a place in the Premiership for another season. Individually there were some excellent performances. Osaze Aghedo won the triple jump with a leap of 14m15, and young Charlie Brown won the B 110mH in what was his first

season over the Senior hurdles. The Shot putters (Pat Swan and Dan Cork) once again came up with the goods to win their competitions.

Special thanks to Tom Walley, Glyn Price, Jack Houghton, Joe Beresford, and Pat Swan who competed in all 4 League matches. Looking forward to the 2023 season, the number of fixtures has been reduced from 4 to 3 due to a clash with Charles' coronation! As a result, it will be a straight 3 matches with no Finals weekend.



David Jones

NAL Men's Team Manager

Senior Women's Track and Field 2022

2022 was my first season as team manager for the senior women's team. It was also the first season since 2019 that we were able to return to a nationally structured National Athletics League. We competed as part of the Premiership League, which consisted of sixteen clubs organised on a round robin basis for the first three matches and then a grand final in Bedford in August. Our first three matches took us to Cardiff, Eton and Woodford.

Cardiff

The first match in Cardiff was very successful, considering the high standard of competition on the day from some of the London clubs. Practically all events were covered, and the team consisted of a very healthy mix of "home-grown" athletes who have come through the age groups with us, newer members, including Swansea University students and higher claim athletes. The sprints events were covered by Hannah Brier, Millie Fakande, Olivia Caesar, Sian Vico and Cerys Vico and the hurdles were very successfully covered by Caryl Granville (captain), Lauryn Davey and Stefani Karekla. The middle distance and longer events were covered by Bronwen Stratton Thomas, Carys Jones, Sophia Harrison, Sioned Howells and Llinos Jones. Our jumpers were Danielle Hopkins, Ellie Rose Isaac, Charlotte Champion, Caryl Granville, Carys Jones and Millie Carter and our throwers were Lauryn Davy, Danielle Hopkins, Catherine Collins, Zoe Dakin, and Chloe Jones. It was a truly excellent combined team effort on the day from the men and the women, with the women's team finishing in fourth place. Athlete of the match went to Caryl Granville for dusting off her jumping spikes and putting up a very competitive effort – great commitment and determination from our captain!

Eton

Eton was a slightly more challenging match for us as we were missing some of our athletes due to international commitments elsewhere and a few injuries. However, once again we

saw a truly committed group of female athletes pulling it together to keep us out of danger of relegation. The Southern clubs were very strong as expected and took full advantage of the match being held on their doorstep. For this match we were pleased to add the following athletes to the team, and they made an excellent contribution – Kate Roberts, Caitlyn Mapps, Tiffany Rees, Emily Collins, Macey Morris, Jemima Antoniazzi, Emily Thomas, and Emily Jenkinson. Once again, the females finished fourth overall and the way that they pulled together, covering events, fighting for the line and getting those throws and jumps in was truly inspirational. Athlete of the match was awarded to Emily Collins for covering so many events that she was unfamiliar with and being such a fantastic club athlete on the day.

Woodford

The third match at Woodford turned out to be a bit a nightmare for the senior women. There was a clash with the Welsh Schools Championships, which took out many of our Under 20 athletes, and we were also struck by Covid, injuries and other illnesses, which wiped out a lot of the team and me as team manager. However, we were very well represented by the “Magnificent Seven,” who kept us afloat, namely Millie Fakande, Stefanie Karekla, Lili Church, Tiffany Rees, Beca Roberts, Zoe Dakin and Cerys Thomas. What a team they were on the day, covering as much as they physically could between them. We finished fourth overall, thanks to the men team, who obviously saved the day with a much stronger and larger team. Thankfully, the other clubs were also significantly weaker on the day. Athlete of the match was awarded to Millie Fakande for competing in five events and still managing to achieve two personal best performances.

Bedford

We went into the final at Bedford in a fairly strong position, but the danger of relegation still loomed over us. However, an excellent combined effort between the men’s and women’s teams saw us finish fourth overall in the Plate Final and tenth overall, out of the top sixteen clubs in Britain, hence securing our place in the Premiership for 2023. Additions to the team for this match included Megan Carter Davies, Darcie Bass, Megan Stratton Thomas. Athlete of the match went to Sophia Harrison who volunteered herself for practically anything and everything to get those precious points for the team. She also came away with a few personal best performances as a reward for her efforts.

In total, 35 individual female athletes competed for the club in the National Athletes League in 2022. Whether they managed one match or all four matches, every point counted, and the club are extremely grateful to each and every one of them. Just imagine what we would be capable of achieving if we got them all out together.

Special thanks go to Dave Jones (men’s team manager) for supporting me in my first season, all the coaches who supported me and helped to put my teams together, most notably Kevin Tobin and Phil War, (Cardiff Archers), who has always pointed higher claim athletes in our direction and the athletes themselves and their supporters.

Best wishes to all as we look forward to 2023 with three straight matches and no final in Bedford. Our captain will be Caryl Granville once again, now known as Caryl Moore and our vice captains will be Olivia Caesar and Millie Fakande.



Lynne Brier NAL Senior Women's Team Manager

2022 - 2023 Cross-Country Report

The Welsh Cross-country championships were held in Pembrey Country Park last February (2022). The club had some notable successes. Our senior women won the team title at a canter with 5 in the first 10 and Caryl Edwards coming second. Our senior men were well beaten into second place with Dewi Griffiths, recovering from injury, our top placed runner.

Our junior athletes, as always, represented the club by winning individual gold medals for Ella Drew (U11G), Libby Hale (U13G). Our U17M team won team gold as did the U13G. In last month's (Nov 22) Welsh Inter-regional championships in Brecon there were wins for Ella Davies ((U20W) and Andrew Cleverly (VM35).

In March the club hosted the last fixture of the 2021/22 winter season in Singleton Park following much last-minute negotiation with the local council. Thanks to Nigel Jones for his invaluable help and all the many helpers who marshalled and set-up the course. Overall, our Gwent League teams finished: - U11B 5th. U11G 2nd. U13B 19th. U13G 3rd. U15B 12th. U15G 4th. U17M 2nd. U17W 6th. SM 9th. SW 9th.

The 2022/23 cross-country season began with the combined John H Collins Gwent League and UKA Cross-challenge in Cardiff on the 15th of October 2022. There have been two more Gwent League fixtures this winter, namely Bristol 12th of November and Pembrey on the 3rd of December. The Pembrey fixture was a combined West Wales Championship event where our senior women finished 1st (Sioned Howells), 2nd. (Gemma Tutton) and 3rd (Sofia Harrison) The U15 Girls also won all the medals with Chloe Hartley-Green, Ava Davies and Mollie Peirce, this in spite of Libby Hale not competing.

Libby had another record-breaking season winning the Welsh title, Inter-regional and the Cardiff Cross title. Chasing higher level competition Libby has continued appearing at UKA Cross Challenge events recently finishing fourth in Liverpool. Remarkable, considering she has only just moved up to the U15G age group.

Our current team positions in the Gwent League after three fixtures are: - U11B 4th U11G 17th U13B 9th U13G 4th U15B 28th U15G 1st U17M 8th. U17W 6th U20 6th. U20W 7 SM 9th SW 6th

The fourth Gwent League fixture in Margam Park on the 11th February 2023 is being hosted by Swansea Harriers. The usual team of club volunteers will be needed

The only West Glamorgan League race taken place this winter was in Gnoll Park where we had senior women and senior men winners, (Sioned Howells and Matt Harvey). The second event hosted by Tri Hard Harriers in Singleton Park was again cancelled by the council. An alternative fixture has yet to be re-arranged.

Thanks as always go to our team managers and helpers without whom we would not be able to field teams in all the age groups. Many of our team managers look after several teams and, also compete themselves.

2022/23 Team Managers

Jenny McAdie, Penny Gruffydd, Julie Hartley-Green, Kay Fox, Tony Clements, Brian Fox



Brian Fox

Cross Country Secretary

Road Running Report 2022

While we were unable to get our strongest team together for a variety of reasons, the Harriers finished a very respectable 7th of the 62 competing teams in the UK road relay championships at Sutton Park in April. Dewi Griffiths, still feeling his way back after injury, was our fastest long leg runner and Morgan Davies our quickest over the short leg, just a second quicker than teenager Finley Hines, who made a most impressive debut. Sadly, despite everybody's best efforts, we were unable to get a women's six-stage team together because of illness and injury, which was a great disappointment for the four who were very keen to go.

The Welsh road relays brought further success for the senior men and women. The men were comfortable winners ahead of Pontypridd Roadents thanks to the efforts of Marc Hobbs, Dan Rothwell, Dewi Griffiths and Jon Butler, with Dewi easily fastest of the day. There was an excellent 4th place for the B team, which featured a welcome return from America by Jac Hopkins. Matt Harvey, Guy Smith, and Jack Turner were the other team members

Our team of Sioned Howells, Kate Roberts, Ella Davies and Sophia Harrison also had an excellent win in the senior women's race. Unfortunately, the Welsh Athletics timing system failed to function accurately in this event, but the likelihood is that Kate and Sioned were third and fourth fastest of the day.

We also had success in the age-group events. There was a second place for the under-13 girls (Hannah Hartley-Green, Taylor Shelmerdine, Georgie Davies, and Ella Drew) with Taylor third fastest of the day and Georgie fourth fastest. The Under-15 girls went one better winning gold medals thanks to Millie Pierce, Libby Hale, and Ava Davies. Libby, despite being right at the bottom end in age terms was second fastest and Millie third fastest overall.

In the older age groups, the women's over-35 team took third place and there was an excellent win in the over-45s with a team comprising Diane Brownhill, Helen-Marie Davies and Rachel Allcock. Helen-Marie was comfortably fastest with Diane third fastest. There were medals also for the over-55 men's team of Ifan Lloyd, Paul Flynn and Paul Llewellyn, who finished second with Ifan, very much at the top of the age group, running second fastest time.



George Edwards

Swansea Harriers Masters 2022

Just as with all other aspects of athletics in Wales, it was difficult, if not impossible, to organise events for Masters until the lockdown restrictions were lifted. For many, a trip to England was necessary to begin competitions for the year.

In February, this included Simon Brewer, who ran for Wales in the Inter Area Cross Country at Wallsend, Tyne & Wear, finishing 7th M50.

Paul Flynn and Peter Roberts went quite a bit further – to Braga in Portugal for the European Masters Indoor and Winter Throws Championships. Paul ran the 3000, and Peter just missed a medal, finishing 4th in the M50 Discus.

March brought the British Masters Indoor Championships at Lee Valley. David Marginson and Chris Pruski returned with gold medals, Peter Roberts with silver.

The greatest efforts in March, though, were surely those of Ifan Lloyd. On the twelfth he went to Tonbridge in Kent to win the M60 title at the British Masters Cross Country Championships. The following day he turned up at Lee Valley to run the 1500 in the Inter Area match, finishing third. Your reporter would rather draw a veil over the M60 200 at that meeting but will admit to enjoying the anchor leg of the 4x200 relay!

In June, the British Masters Championships were held in Derby. Chris Pruski picked up a silver in the M65 javelin, breaking the Welsh Masters record in the process.

The following month saw the World Masters Championships in Tampere, Finland, where Glyn Price won the silver medal in the M55 pole vault.

On 20th July, Welsh Masters managed to overcome the difficulties of the lockdown-induced late start, which affected the availability of tracks and officials, what turned out to be the sole Masters League of the year was hosted at the Swansea track. Swansea Harriers who won on the night included Mike Gleeson, Matthew Gilbert, Peter Roberts, Robert Denzil Jones, and Daphne Marler.

July ended with the Inter Area match at Nuneaton. Glyn Price won the M50 pole vault and was 3rd in the high jump. Your reporter was 2nd in the M60 long jump. Peter Roberts was 2nd in the M50 shot, and David Jones 6th in the M70 equivalent. Peter was also 3rd in the discus and 5th in the hammer.

After an August break, September began with the Welsh Masters Championships at Aberdare. The list of champions from Swansea Harriers was: Wyn Roberts (M35 100), Matthew Gilbert (M40 200), Owen Davies (M45 800 & 1500), Gareth Robbins (M40 800), Diane Brownhill (W50 1500), Robin Wood (M55 long jump & triple jump), your reporter (M65 long jump), Daphne Marler (W75 long jump, triple jump & hammer), Chris Berry (M65 shot & hammer), Renate Prells (W65 weight throw, discus & hammer).

With the track season ended, attention turned to the country, and especially the British & Irish Masters Cross Country International, held in Dublin in November. Llinos Jones, Andrew Cleverly and Simon Lewis ran for Wales.

It's fair to say that after a slow start the Masters' year finished strongly. A bit like my 100 at Aberdare.



Rod Davies

Coaching 2022

My sincere thanks and gratitude to all the active volunteer coaches in Swansea Harriers for all their efforts during 2022, successfully getting the club coaching across all running, jumping and throwing disciplines on and off track going again, now that the worst of C19 is very much behind us. I am very proud of what the volunteer coaching team have achieved again this year. I'd like to thank all the club coaches for all their dedication, continued help, teamwork and cooperation and for giving up so much of their free time to come and volunteer at the club on a regular basis, your support is really appreciated and much needed.

After losing the help of a significant number of qualified volunteer coaches over 2020 & 2021, we are now in the process of trying to rebuild the number of active volunteer coaches in the club. We currently have over 60 UK Athletics qualified coaches that are volunteering each week, some once a week and some as many as four times a week as much as their own personal circumstances allow. At time of writing, we have over 550 registered athletes and this is highly likely to gradually keep increasing, therefore we will need to try to continue to recruit more volunteers to become qualified coaches and cater for this vast array of athletes.

It is a major undertaking to be able to offer coaching to excess of 550 members of all abilities and ages in every athletics discipline, with sessions being delivered 7 days a week not just on the main club nights. The club are very, very lucky to still have appropriately UKA qualified, experienced, and dedicated volunteer coaches across all event disciplines. As well as the club

being one of the largest in Wales, it also quite unique in that, the club has athletes across all age groups from U11 to Masters, competing in all running, jumping and throwing disciplines, on and off track, with athletes of all abilities. As mentioned above, our main challenge and objective during 2023 is not only to retain, but to support, develop and upskill our volunteer coaching team so that they can become more independent and have the self-confidence as well as appropriate qualifications to deliver higher quality sessions as the club rebuilds for the future.

It has been pleasing to have 2 coaches pass the UKA Coaching Assistant qualification, however only one of the coaches who were undertaking the Athletics Coach course have completed their training.

With the continued huge interest and increase in numbers of participants in the U11, U13 & U15 age groups it is essential that more parents continue to come forward to volunteer and undertake formal UKA Coaching Assistant Qualifications within the club introductory groups, in an attempt to have as effective coaching ratios as possible. As they progress along the clubs coaching structure and pathway, we can then maintain these introductory group sessions.

The club now has four long established satellite clubs for children in school year 4 and below that are too young to join the club which provide fantastic opportunities and grounding in the fundamentals of running, jumping and throwing aiding a smoother transition into the club. However, each year this has results in well over 100 primary aged children wanting to start with the club each October is what are already oversubscribed sessions.

Another continuing challenge is that there are fewer coaching assistants willing and available to step into senior coaches' shoes by establishing their own groups. However, the club hopes that more of the newer Coaching Assistants that have started with us in the last few years will have the confidence to go on and establish their own groups away from the junior introductory squads, of which several of them are more than capable of doing so.



Andrew Jenkins
Coaching Coordinator

Treasurers Report & Annual Accounts

SWANSEA HARRIERS

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

<u>INCOME</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>EXPENDITURE</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>
Membership	12,999.19	12,913.33	Management & Committee Expenses	1,572.20	1,596.11
Donations	12.50	2,550.00	AAW Registration	7,142.00	1,612.50
			Insurance	0.00	0.00
	13,011.69	15,463.33		8,714.20	3,208.61
<u>Competitions</u> (Note 1)			<u>Competitions</u> (Note 1)		
Buses & Hotels		1,013.64	Team Entry Fees	383.00	3,263.00
Match Receipts, Refunds & Grants	1,020.00	5,736.16	Buses & Hotels	0.00	6,252.98
Grants	750.00	750.00	Athletes' Expenses	2,502.36	6,453.44
			Hire of Track Facilities	1,090.00	1,940.00
			Match Refreshments	0.00	0.00
	1,770.00	7,499.80	Match Expenses	947.93	2,152.51
<u>Promotions</u>				4,923.29	20,061.93
Sponsorship	0.00	0.00			
<u>Coaching</u>			<u>Coaching</u>		
Grants	16,825.00	3,030.00	Coaching (Note 2)	2,804.00	3,438.00
Training Fees	19,719.94	29,893.82	Hire of Track & Indoor	18,953.30	27,094.10
	36,544.94	32,923.82		21,757.30	30,532.10
<u>Miscellaneous</u>			<u>Miscellaneous</u>		
Easyfundraising	112.06	108.98	Purchase of Kit	0.00	
Sale of Kit	0.00		Social	0.00	100.00
Social	0.00				
EDM Hire	0.00		Miscellaneous	1,280.04	754.22
Miscellaneous	0.00		Equipment	2,019.49	3,498.00
Amazon Smile	21.28	18.54			
Transfer from Cafe & Kit account	0.00				
Interest Received - Savings Account	176.27	187.86			
	309.61	315.38		3,299.53	4,352.22
	51,636.24	56,202.33		38,694.32	58,154.86
<u>Excess of Expenditure over Income</u>				12,941.92	-1,952.53
	£ 51,636.24	£ 56,202.33		£ 51,636.24	£ 56,202.33

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CARD ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

<u>INCOME</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>EXPENDITURE</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>
Training Fees	19,719.94	29,893.82	Training Fees	19,719.94	29,893.82
Membership	9,534.69	2,103.87	Membership	9,534.69	2,103.87
Kit	2,317.56	4,066.55	Kit	2,300.86	4,083.25
Cafe	1.78	1,090.93	Cafe	1.78	1,090.93
Entry Fees		43.21	Entry Fees		43.21
Hotel		19.64	Hotel		19.64
		37,218.02		31,557.27	37,234.72
			<u>Excess of Expenditure over Income</u>	16.70	-16.70
	£ 31,573.97	£ 37,218.02		£ 31,573.97	£ 37,218.02

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2022

NOTE 1 COMPETITIONS

INCOME	NAL	YDL	WSL	WJL LAL	Junior Games	C C Road Other	TOTAL
League Refunds		898.00				1,236.00	2,134.00
Entry Fees & Match Receipts						3,602.16	3,602.16
Bus & Hotel	199.64	814.00					1,013.64
Grants	750.00						750.00
	<u>949.64</u>	<u>1,712.00</u>	<u>0.00</u>	<u>0.00</u>	<u>0.00</u>	<u>4,838.16</u>	<u>7,499.80</u>
EXPENDITURE							
League Affiliation & Team Entry Fees	800.00	800.00	140.00			1,523.00	3,263.00
Bus & Hotel	3,000.00	3,185.00				67.98	6,252.98
Athletes' Expenses	5,860.24	226.20				367.00	6,453.44
Match Expenses	81.90	480.65				1,589.96	2,152.51
Track Hire	0.00	440.00				1,500.00	1,940.00
	<u>9,742.14</u>	<u>5,131.85</u>	<u>140.00</u>	<u>0.00</u>	<u>0.00</u>	<u>5,047.94</u>	<u>20,061.93</u>
SURPLUS / (DEFICIT)	-8,792.50	-3,419.85	-140.00	0.00	0.00	-209.78	-12,562.13

NOTE 2 COACHING

FEES PAID :-	Coaching Administrator	2,128.00
	Coaching Refunds	1,310.00
		<u>£ 3,438.00</u>



SWANSEA HARRIERS

BALANCE SHEET AT 30th SEPTEMBER 2022

	SEPTEMBER 2021	SEPTEMBER 2022		SEPTEMBER 2021	SEPTEMBER 2022
CURRENT ASSETS			CURRENT LIABILITIES		
Barclays Bank	14,759.50	12,619.11	Creditor	150.00	150.00
Training Account					
Tesco Account	0.00	0.00	GENERAL FUND		
Café account	7,944.86	7,707.30	Opening Balance	84,001.14	96,843.71
Card Account	16.70	0.00	Add :-		
Savings Account	31,401.45	31,415.06	Excess Receipts/Payments - Training	12,941.92	-1,952.53
Monmouthshire BS	38,722.88	38,897.13	Excess Receipts/Payments - Café	-116.05	1,013.72
			Excess Payments/Receipts - Tesco	0.00	0.00
			Excess Payments/Receipts - Card	16.70	-16.70
			Transfer from old bank account		0.00
Stock of Kit	92,845.39	90,638.60		96,343.71	95,888.20
	4,148.32	5,399.60			
	£ 96,993.71	£ 96,038.20		£ 96,993.71	£ 96,038.20

I have prepared the above Balance Sheet and annexed Income and Expenditure Accounts from bank statements and books and information supplied by the treasurer, and certify them to be in accordance therewith.

P. Hughes
P. HUGHES - ACCOUNTANT

30th November 2022
 DATE

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CAFÉ & KIT ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>SEPTEMBER</u> 2021	<u>SEPTEMBER</u> 2022	<u>SEPTEMBER</u> 2021	<u>SEPTEMBER</u> 2022
INCOME				
Café	1.78	2,649.93	32.18	1,960.90
Kit	2,300.86	4,119.25	5,618.41	4,148.32
		-	294.00	4,187.80
		Opening Stock	5,912.41	8,336.12
		Purchases	4,148.32	5,399.60
		Less: Closing Stock	1,764.09	2,936.52
Rent Rebate	244.62	0.00	875.04	875.04
Electricity (Hockey)	0.00	0.00	0.00	0.00
Donations	17.00	17.00	0.00	0.00
Miscellaneous – W A Grant	750.00	750.00	9.00	0.00
		Miscellaneous	0.00	0.00
		Transfer to Training Account	750.00	750.00
		Transfer to Training Account	3,430.31	6,522.46
		W A Grant	-116.05	1,013.72
		Excess of Income over Expenditure	3,314.26	7,536.18
	<u>£ 3,314.26</u>	<u>£ 7,536.18</u>	<u>£ 3,314.26</u>	<u>£ 7,536.18</u>

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CARD ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	INCOME		EXPENDITURE	
	SEPTEMBER 2021	SEPTEMBER 2022	SEPTEMBER 2021	SEPTEMBER 2022
Training Fees	19,719.94	29,893.82	19,719.94	29,893.82
Membership	9,534.69	2,103.87	9,534.69	2,103.87
Kit	2,317.56	4,066.55	2,300.86	4,083.25
Cafe	1.78	1,090.93	1.78	1,090.93
Entry Fees		43.21		43.21
Hotel		19.64		19.64
		37,218.02		37,234.72
			Excess of Expenditure over Income	-16.70
	£ 31,573.97	£ 37,218.02	£ 31,573.97	£ 37,218.02

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2022

NOTE 1 COMPETITIONS

INCOME

League Refunds
Entry Fees & Match Receipts
Bus & Hotel
Grants

	<u>MAI</u>	<u>YDL</u>	<u>WSL</u>	<u>WIL</u>	<u>Junior</u>	<u>C C Road</u>	<u>TOTAL</u>
				<u>LAI</u>	<u>Games</u>	<u>Other</u>	
	199.64	814.00				1,236.00	3,602.16
	750.00						750.00
	949.64	1,712.00	0.00	0.00	0.00	4,838.16	7,499.80

EXPENDITURE

League Affiliation & Team Entry Fees
Bus & Hotel
Athletes' Expenses
Match Expenses
Track Hire

	800.00	800.00	140.00			1,523.00	3,263.00
	3,000.00	3,185.00				67.98	6,252.98
	5,860.24	226.20				367.00	6,453.44
	81.90	480.65				1,589.96	2,152.51
	0.00	440.00				1,500.00	1,940.00
	9,742.14	5,131.85	140.00	0.00	0.00	5,047.94	20,061.93
	-8,792.50	-3,419.85	-140.00	0.00	0.00	-209.78	-12,562.13

SURPLUS / (DEFICIT)

NOTE 2 COACHING

FEES PAID :- Coaching Administrator
 Coaching Refunds

	2,128.00
	1,310.00
	<u>£ 3,438.00</u>

SWANSEA HARRIERS

SUMMARY OF SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>
Opening Balance	21,398.65	31,401.45		
Transfers from Training Account	10,000.00	0.00	0.00	0.00
Transfer from Tesco Account	0.00	0.00		
Interest Received	2.80	13.61	31,401.45	31,415.06
		Closing Balance		
	£ 31,401.45	£ 31,415.06	£ 31,401.45	£ 31,415.06

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2022

	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2022</u>
Opening Balance	38,549.41	38,722.88		
Transfers from Savings Account	0.00	0.00		
Transfer from Cafe & Kit Account	0.00	0.00		
Interest Received	173.47	174.25 Closing Balance	38,722.88	38,897.13
	<u>38,722.88</u>	<u>£ 38,897.13</u>	<u>38,722.88</u>	<u>£ 38,897.13</u>

SWANSEA HARRIERS ATHLETICS CLUB

England & Wales - Charity number 1177846

Accounts



**Swansea Harriers Athletics Club
Annual Report 2021**

President's Foreword

2021 Probably ranks as the second most difficult year in the club's history due to the problems caused by the Covid virus. However, there were many positives to report in the club's effort to return to some sort of normality.

Joe Brier's selection for The Tokyo Olympics was an achievement of which any club can feel proud. Verity Ockenden obtained The Olympic standard, but sadly did not get selected, so tough on someone who tried so hard. There were 13 Club records broken during the year with Welsh records going to young Libby Hale and Lewie Jones. There were also good club team performances of 1 first and 2 second placings in revised Track and Field Leagues which limited travel. In the Welsh Road Relays we had a fantastic day with 8 x first, 4 x second and 1 x third team positions. In the early part of the 2021-2022 John H Collins Gwent Cross Country League seasons fixtures there have been some promising results in some of the age groups. It is hoped that more of our endurance runners will take part in this the largest Cross Country League in Britain and one that the club sees as a priority for participation.

Whilst these are all positive signs it would seem that some clubs have not adapted to the Covid problems as well as we have, so standards in some competitions might be lower. It is a tribute to the many excellent volunteers that we have in our club that we have adapted so well during such a difficult period. Our grateful thanks must go to our Coaches, Officials, Team Managers, Trustees, Covid Officers and Café Staff. Also, as always the work and co-operation of our University Staff is greatly appreciated. So few words of thanks does not do justice to the efforts and work done by all these people who the club rely on so much. A special thank you to Jeff Cooze who retired after being a Team Manager for 16 years and also to Caroline Hurley who has finished after 10 years in that role.

Our Membership has decreased as has our financial income due to the effects of the epidemic. We are grateful to the City Council for the allocation of Government Covid Grants to help cover some of our lost income. Our thanks also to Sport Wales Be Active Grant for coach education costs and Local Giving for funding of equipment applications which were both successful. Also aiding our club funds has been a generous donation from ex club, Welsh and G.B. International High Jumper Paul Evans and his wife. Part of the donation will go towards the staging of an Indoor Jumps competition in memory of Paul's late father Gwilym Evans who contributed so much to the club over many years. The money is greatly appreciated.

There are many things needed for the future. Photo Finish equipment and an Outside of the track Throws Circle and Cage if we are to stage Home National League matches in the future. We are in urgent need of more match officials. How can we attract them? There has not been the usual local school matches so we are missing out on identifying and recruiting talented local athletes.

2022 will see three of our sports most important meetings take place The World Championships, The European Championships and The Commonwealth Games, the latter which will be held in Birmingham. We have seven of our club athletes being funded by Welsh Athletics as prospects for The Commonwealth Games, we wish them well in their efforts. My

very best wishes to all our club members for 2022. Hopefully we will be able to progress from last year and return to our more normal competition structure in a safe and successful way.

Barrie Owen
(Club President)

Secretary's Report 2021

The COVID pandemic has again resulted in a very challenging year for athletes and club volunteers alike, though what is clearly apparent in the various Team Manager reports and the President's foreword is how well our athletes have performed this year despite these difficulties.

13 club records have been broken (by ten athletes), eight athletes represented Wales at the senior and U20 Manchester International, which was topped by 12 athletes representing Welsh Schools at the U17 British Schools International in Derby. We had four of our juniors - Libby Hale (1500m), Amy Beynon (Pole vault), Lewie Jones (discus), and William Trott (pole vault) ranked either one or two in the UK in their event. Libby Hale (1500m) and Lewie Jones (in the Javelin) broke their age group Welsh records. Joe Brier became an Olympian (4X400 relay) and Verity Ockenden just missed out on selection after an excellent season when she was ranked 3rd in 5000m, 4th in 10000m and 5th in the 3000m in the UK.

Track and field competition returned with our seniors finishing 11th in the overall National Athletics League Premiership table and the top Welsh club, with our juniors winning both their respective Midlands Divisions in the Upper and Lower Age Groups. Our teams dominated the Welsh Road Relay Championships in Pembrey in September and are doing well in the current John Collins Gwent Cross Country League. Well done to all involved.

As highlighted by our President, much thanks must go to our many volunteers you have sustained the club throughout what has been another very challenging year. Our coaches, Covid Officers and payment volunteers have enabled training to go ahead whenever possible and our officials have been vital in ensuring local competitions have taken place.

Away from the track there have been some important developments including the development of new Safeguarding policies and associated Codes of Conduct produced by UK Athletics with the support of Welsh Athletics. Our own safeguarding policies have been updated as a consequence and our Codes of Conduct are also being amended and will be introduced as part of the membership renewal process in March. We urge everyone to be familiar with the Codes that are relevant to their involvement with the club.

We have entered into two important partnerships this year – supporting the newly formed Swansea Sanctuary Runners and the Welsh Blood Service. We will continue to look at ways we can ensure that our charitable objectives are fully met.

Over the past two years the club has demonstrated the fundamental strength of its volunteer base and provided the foundations for our athletes to continue to flourish despite the

impacts of the pandemic. As membership numbers increase and hopefully more competitions and events return the club will continue to grow and provide such an important opportunity for Swansea residents to enjoy its sport.

Tony Clements
Club Secretary

Senior Men's Track & Field 2021

In 2021, we saw the inaugural season of the new National Athletics League, albeit it was organised on a more "regional" basis due to the restrictions associated with covid. We were allocated to the Premiership West division which consisted of two other Premiership teams (i.e., Bristol & West and Cardiff) plus two teams from lower divisions (Yate & Yeovil). Scoring was done by using event scoring tables (courtesy of Prof. Bromilow). Whilst differing from the normal match scoring system, it at least allowed results to be scored against the other Premiership teams.

All four matches were in Yate which in my opinion was very unfair – not sure why there was not at least one match in Wales! Nevertheless, we had a return to some form of club competition which was welcomed.

In the first match, the overall standard was high, almost up to the standard of the old BAL/UKWL but lacking in depth. Dan Beadsley posted a fast 10.5 in the 100m behind Cardiff's Jeremiah Azu who recorded the same time. Tom Walley cleared 4m91 for a pb in the Pole Vault. One/two in Shot courtesy of our higher claim athletes – Dan Cork (17m06) and Pat Swan (16.57). Both these performances were further than the existing club record. Good early season performances by Steffan Jones in the 400 (48.19) and Jack Houghton in the 400mH (55.20). Osaze Aghedo made a welcome return to competition with a leap of 14m54 in the Triple Jump to go top of the Welsh rankings. The result was that Swansea finished a close 2nd just 4 points behind Bristol. Basically, this was down to not covering all the events in both the Men's and Women's competitions.

The overall quality in the 2nd match was slightly down but the net result was that we reversed the positions, pipping Bristol to win the match by 9 points. There were also some excellent individual performances. Pat Swan threw a massive 17m43 for a pb in the Shot - Pat threw 17m45 later in the season to top the Welsh rankings. Veteran Glyn Price jumped 3m81 to set a new M55 Welsh record for the Pole Vault. Dan Beadsley ran a new pb of 21.27 in the 200m. Other good performances included Aaron Morgan's 57m14 in the Javelin, Jack Houghton's double in the Hurdles (16.10/56.24), Steffan Jones' 400m (48.17) and Brychan Price-Davies (9.53.88 – 3k Steeplechase).

We faded quite badly in the final two matches basically because of clashes with other competitions and injuries. The disappointing feature was we failed to field athletes in a lot of events which got progressively worse as the season progressed. Nevertheless, we finished 11th (out of 16 teams) in the overall Premiership table – Cardiff were 14th. One interesting

feature was that the 6 top placed clubs were all London based and all their matches were in London. Demonstrating the benefits of local competition.

Away from the League, there were some excellent performances. Congratulations to Joe Brier on his selection for the Tokyo Olympic Games in the GB 4x400m relay. Joe had an excellent season despite the difficulties in access to training facilities. He ran faster than Peter Maitland's 200m 20.96 club record with 20.92 but unfortunately it was wind assisted and won't count. Also ran 45.84 for 400m just 2/100th slower than Dai Greene's record. One Senior club record that did fall was in the 100m – Dan Beadsley ran 10.36 to eclipse Maitland's 10.42 set way back in 1985. Will Trott set a new u17 record with 4.63 in the Pole Vault. Swansea or higher claim athletes finished top of the Welsh rankings in many other events: -

Joe Brier (200 & 400m)
Dai Greene (400mH – 51.18)
Jonny Hopkins (3k Steeplechase – 8.36.50)
Kristian Jones (10,000m – 28.23.50)
Tom Walley (5m10 – Pole Vault)
Osaze Aghedo (14m54 – Triple Jump)
Pat Swan (17m45 – Shot).

Hopefully in 2022 we can emerge from this dreadful pandemic and return to something like a normal athletics season. The plan is to go back to an eight-team format, consisting of 16 teams in the Premiership organised in a round-robin competition. For us, the first round is scheduled for Cardiff in early May..... let's hope.

David Jones
NAL Men's Team Manager

Senior Women's Track and Field 2021

2021 saw the first National Athletics League (NAL) competition but with some changes due to Covid restrictions. All 4 fixtures were held at Yate and were set into divisions by location to reduce travelling and the need for overnight accommodation.

Swansea Harriers set out well with many athletes attending to compete in the first meeting. There was a clean sweep of the sprints with Risqat Fabunmi-Alade and Caitlyn Mapps victorious in both A & B string 100m and 200m. Olivia Caesar continued the trend with a win in the A string 400m as did Caryl Granville in the 400H on her return from injury. This was looking good for the relays and Swansea Harriers was victorious in both. The field events provided some solid performances with heptathletes Jodi Beynon and Lauryn Davey at the forefront. All in all a good day for Swansea athletes finishing in second position in the competition behind the local team, Bristol.

The second fixture continued in the same form as the first with Olivia Caesar asserting her dominance in both 200m and 400m A string races and a clean sweep of the Hurdles races

with a double win for Caryl Granville in the A string and wins in the B string for Emily Collins 400H and Lauryn Davey 100H. Lauryn continued her good form with wins in the B string shot putt and javelin and a second place finish in the long jump. Swansea Harriers ended the fixture in first place.

Fixture number 3 saw the team depleted by multiple injuries but many of the athletes stepped up to help fill in the gaps and maintain our good form with another second place finish behind Bristol.

It was good to see Hannah Brier back on form winning her 100m A race in a time of 11.34 sec, just outside the Commonwealth qualifying time and unfortunately wind assisted but a fantastic start to her season. There were wins in the B races for Bronwen Stratton-Thomas 1500m and Megan Carter-Davies 3000m. Lauryn Davey showed consistency in the field events with a win in the long jump and shot putt B string, with Jamie Holland victorious in the A string shot putt. Jamie Holland was second in the discus A string with Lara Spacey in second in the B string with the event being neither athlete's main throwing event. There was also a win for Millie Carter in the pole vault, in her first appearance at the NAL as an u17 athlete.

The fourth fixture proved a struggle for all the clubs with many empty events and very few events with a full complement of athletes. However, there were victories for Caryl Granville in the 400H and a second place in the 100H, Megan Carter-Davies took the win in the 3000m and Lili Church won in the high jump in her first appearance at the NAL with a height of 1.75m.

As a whole the season was a success and provided the athletes with much needed competition. Hopefully next year the structure of the league can return to its original design.

I am incredibly proud of how the athletes stepped up and filled in events to gain points for the team. Emily Collins deserves a special mention here. Her main event is the hammer and she volunteered to participate in the 100m and the 400H both events she does little to no training for and in her first year as a senior competing at the NAL. I feel it is also worth mentioning Lauryn Davey and Jodi Beynon for their parts in the team, as heptathletes they were both eager to compete and fill as many gaps in the team as they could. All three of these athletes showed a fantastic team spirit that was recognised by myself and their team mates.

I have since resigned my post as team manager for the NAL due to personal commitments, but have truly enjoyed my time working with the athletes and Swansea Harriers. I wish the club all the best for the coming season and all future competitions.

Caroline Hurley
Team Manager

Cross-Country Report 2021

This year's cross-country season started with the combined John H Collins Gwent League and UKA Cross-challenge in Cardiff on the 16th of October. There have been two more Gwent

League fixtures this year, namely Brecon on the 14th of November and Pembrey on the 4th December. The Pembrey fixture was a combined West Wales Championship event. Considering all the interruptions during 2021 the turn-out in most age categories has been very encouraging.

The following club members have run in every Gwent League fixture to date:-

U11B Isaac McAdie, Oliver Hale

U11G Hannah-Grace Sullivan, Hannah Hartley-Green, Mia Rabaiotti, Luisa Rabaiotti

U13B Osian Morgan

U13G Libby Hale, Millie Pierce, Chloe Hartley-Green, Imogen McAdie

U15B Gavin Alexander

U15G Ava Davies, Sophie Hartley-Green, Natalie Coughlan

U17M Ben Sullivan

U17W Mai Davies, Ella Davies

SM Daniel Morgan, Alex John, Steve Smith (VM55), Owen Davies (VM45),
Gair McAdie (VM45), Simon Merrick (VM50), Tony Clements (VM70)

SW Julie Hartley-Green (VF45), Isobel Dawson (VF40), Jenny McAdie (VF45),
Tina Gabb (VF45)

Our current team positions in the Gwent League after three fixtures are: -

U11B 4th U11G 1st U13B 20th U13 1st U15B 15th U15G 5th U17M 4th U17W 4th SM 7th
SW 9th

The Welsh Inter-Regions Championships were held in Brecon on the 20th November. Again, there was a very good turn-out of Swansea athletes competing for West Wales, who finally won the Inter-Region Championship. Notable performances were Primary Girls 1st. Georgie-Bo Davies, U13G Libby Hale, 3rd. Millie Pierce, U17W 3rd. Sophia Harrison, SW 2nd Megan Carter-Davies, 3rd. Katrina Reischmann, SM 3rd. Dewi Griffiths.

There have been some noteworthy individual performances during the first half of the cross-country season, notably, Libby Hale in the U13G category who has won every Gwent League race this year as well as leading the UKA Cross-country Challenge series. Libby won the Milton Keynes round of the Cross Challenge race and then dominated the Brecon Gwent League race the following day. In Pembrey the club had a very successful day with three individual winners: - SM -Josh Griffiths U13G Libby Hale U11G Ella Drew

Only one West Glamorgan League race has taken place this winter. Tri Hard Harriers promoted an event in Singleton Park on the 28th November. Daniel Otteson was our best male finisher in 8th place with Helen-Marie Davies best placed female finisher in 4th place. In total we had 14 male competitors and 5 women. Future West Glam events for 2022 are, at this moment, uncertain.

Thanks as always go to our team managers and helpers without whom we would not be able to field teams in all the age groups. Many of our team managers look after several teams and, also compete themselves. The club has several families of runners competing, and helping, which leads to great team spirit, long may it continue.

2021/22 Team Managers

Jenny McAdie, Julie Hartley-Green, Kay Fox, Tony Clements, Gareth Davies, Brian Fox

Brian Fox,
Cross Country Secretary



Road-running report 2021

In a predictably bleak year in competitive terms, the most significant road running event in 2021 took place in a committee room, when the English Road Running Association banned Welsh and Scottish clubs competing in the six-stage and four-stage road relays held each October, plus the Young Athletes races. The writing had been on the wall for some time with ERRA having previously insisted medals would only go to English clubs with clubs from other home countries running as guests.

The reason given for this decision was that Welsh clubs had dominated these events and, in their words “hogged the headlines” in press reports to the detriment of English clubs. Their rationale was that since these were ERRA championships they should be restricted to English clubs, something never thought necessary when the AAA of England were the organisers. The argument put forward very strongly by Swansea, Cardiff and Welsh Athletics, was that the ERRA was asked to organise the championships, not take ownership of them, but our best efforts got us nowhere. There was a strong suggestion, also, that the same would apply to the April 12-stage and six-stage relays, but thankfully UK Athletics became involved and these have now been designated UK championships.

In competitive terms only one club event took place in 2021 – the Welsh road relays at Pembrey, which Swansea totally dominated, comfortably winning the senior men’s and women’s races, the women triumphing despite Caryl Edwards pulling a hamstring and having to jog/limp the last mile-and-a-half of her leg. The age groups also did exceptionally well, from the under-11s through to the over-55s. Medal winners were as follows:

Senior men 1st (Jon Butler, Morgan Davies, Matt Rees, Dewi Griffiths)

Senior women 1st (Megan Carter-Davies, Kate Roberts, Caryl Edwards, Olivia Gwynn)

Under-11 boys 1st (Thomas Maclean, Jack Martin, Isaac McAdie)

Under 11 girls 1st (Taylor Shelmerdine, Hannah Sullivan, Mia Rabaiotti)

Under-13 girls 2nd (Millie Pierce, Chloe Hartley-Green, Imogen McAdie, Tabitha Ventress-Brett)

Under-15 girls 2nd (Ava Davies, Sophie Hartley-Green, Matilda Topliss)
Under-17 women 1st (Mai Davies, Ella Davies, Tiffany Rees)
Under-17 men 1st (Tom Attwood, Charlie Harris, Aled Tumelty)
Masters 35 men 2nd (Danny Ottesen, Steve Taylor, Dan Newton)
Masters 35 women 1st (Helen Marshall, Helen-Marie Davies, Llinos Jones)
Masters 55 men 1st (Ifan Lloyd, Tom Guest, Steve Smith.)

Dewi Griffiths, Helen-Marie Davies, Ifan Lloyd and Taylor Shelmerdine were fastest in their respective races.

George Edwards
Road Running Secretary



Coaching 2021

Without doubt our second most testing year ever due to Covid 19. Having lost the support of 17 of our coaches directly or indirectly related to coronavirus during 2020, around half of these have now returned, despite the continuing challenges of C19. Many of our remaining coaches availability continues to be impacted regularly too, due to changing work commitments and isolation of themselves or immediate family members. How we have managed to keep the club coaching going with so few volunteers has been an amazing effort all round.

Thanks, and gratitude must be given to the entire coaching team for keeping the club going under the many challenges we continue to face and looks like we will be facing for some time to come. With the continued and ever-changing numerous rules and regulations to follow and try to keep on top of, from Welsh Government, Welsh Athletics and Swansea University, including registers for track and trace, risk assessments, Covid 19 specific risk assessments and the usual session planning, the coaches have yet again spent more time doing paperwork rather than coaching this year! However again not one of the coaches complained (well not too much!) and just knuckled down to deal with all the issues and limitations imposed upon us that crossed our path. Those coaches delivering sessions indoors have had the additional challenge of having to always wear face masks to adapt to. Masks not only hinder the visual communication tools the coaches use, particularly so with the younger athletes, but can also muffle their speech and create some discomfort. These coaches have lost the use of most of their facial expressions, something simple like a reassuring smile to communicate with the athletes. As a result coaches wearing masks, for the athletes might feel like when interacting

with someone with a blank facial expression that they appear emotionless, which our coaches most definitely are not!

Each year I would usually reel off a load of statistics on coaching and compliment the team on how talented they are at coaching all the running, jumping and throwing disciplines. However, once again this year the coaching team have risen to a very different challenge not only showing what capable technical coaches they are, but also how dedicated they have been towards supporting and keeping their athletes motivated to keep training through these extremely challenging times, which has been just as important for the coaches as it has been for the athletes too. I am sure all the athletes are grateful for their coaches' commitment. We are also acutely aware of how important a role coaching plays for many of our team in their day to day lives, particularly for some of those that are unable to attend coaching currently. 2022 can only get better? I am very proud of what the volunteer coaching team have achieved this year.

The number and capacity of coaching opportunities at Swansea Harriers during 2020 & 2021 have diminished compared to the last ten years, this is all due to lack of coaches and their availability directly or indirectly related to Covid 19. I estimate it will take 2 to 3 years to return to where we were prior to Covid 19 as we try to recruit, retain and train new volunteer coaches. The club are very, very lucky to still have appropriately UKA qualified, experienced and dedicated volunteer coaches across all event disciplines. As well as the club being one of the largest in Wales, it also quite unique in that, the club has athletes across all age groups from U11 to Masters, competing in all running, jumping and throwing disciplines, on and off track, with athletes of all abilities participating. For 2022 our main challenge and objective is not only to retain, but to support, develop and upskill these coaches so that they can become more independent and have the self confidence as well as appropriate qualifications to deliver higher quality sessions as the club rebuilds for the future. A silver lining of C19 is that there is now a plethora of CPD (continuing personal development) opportunities online via workshops, webinars and more for coaches of all qualifications and levels of experience.

It is a major undertaking to be able to offer coaching to excess of 500 members of all abilities and ages in every athletics discipline, with sessions being delivered 7 days a week not just on the main club nights. At the time of typing the signs are that the club membership looks like it has plateaued at around 500 affiliated athletes this year, more than 200 down on pre covid 19 membership levels. This creates further challenges to be overcome by the club, with not only the number of regular active coaches the club has, but primarily the capacity of the University facility especially in the winter months indoors in relation to Covid 19. Additionally, restrictions are continually placed on our throwers due to soccer on the infield. An external throws cage would resolve this situation instantly and would make the venue more attractive to meeting organisers with two competition cages.

The club now has four long established satellite clubs for children in school year 4 and below that are too young to join the club which provide fantastic opportunities and grounding in the fundamentals of running, jumping and throwing aiding a smoother transition into the club. However each year this has results in around 100 primary aged children wanting to start with the club each October is what are already oversubscribed sessions.

I'd like to thank all the club coaches for all their dedication, continued help, teamwork and cooperation and for giving up so much of their free time to come and volunteer at the club on a regular basis, your support is really appreciated and much needed.

The club currently has 51 UKA qualified coaches. Of those who are active, some are volunteering on a casual basis once every couple of weeks, and some who are at the track 3 or 4 times every single week. This is just about an adequate number of coaches to offer more effective coaching ratios due to the large number of members particularly in the junior sections in the club. We need to re build this to at least 70 active, regular and qualified coaches to try and maintain effective coaching and ratios.

Another continuing challenge is that there are fewer coaching assistants willing and available to step into senior coaches shoes by establishing their own groups. However the club hopes that more of the newer Coaching Assistants that have started with us in the last few years will have the confidence to go on and establish their own groups away from the junior introductory squads, of which several of them are more than capable of doing so.

It has been pleasing to have 5 coaches pass the UKA Coaching Assistant qualification in, however none of the coaches who are undertaking the Athletics Coach course are yet to complete their training, which is a concern that there are the appropriate support mechanisms internally and externally to get them through this process. With the continued huge interest and increase in numbers of participants in the U11, U13 & U15 age groups it is essential that more parents continue to come forward to volunteer and undertake formal UKA Coaching Assistant Qualifications within the club introductory groups, in an attempt to have as effective coaching ratios as possible. As they progress along the clubs coaching structure and pathway we can then maintain these introductory group sessions.

Andrew Jenkins
Coaching Coordinator

Track and Field Junior Report 2021

Unfortunately, due to the restrictions only the YDL League matches took place for juniors this year, however there were numerous open meetings, internationals and championships that athletes participated in:

Youth Development League (Upper Age Group)

Athletes in the U17/U20 age group took part in 4 fixtures held in Aberdare, Swansea, Aberdare and Newport against teams from West Wales, Cardiff, Cardiff Archers and South Wales. Due to restrictive numbers at events a shorter timetable was followed. Athletes taking part – Joseph Beresford, Owain Clarke, Charlie Harris, Morgan Willis, Ryan Price, Joshua Wilton, Oscar Dun, Joshua Kenny, Jacob Dowling, Tom Attwood, Joshua Pritchard, Evan Cole, Macsen Holland, Miles Hill, Addam Bowling, Noah Osborne, Dylan Morgan, Benjamin Sullivan, Aled Tumelty, Samuel Davies, William Trott, Harry Newton, Joseff Lewis, Oscar Goodwin-Thomas, Dafydd King, Charlie Holland, Evan Willis, Matthew Lewis, Tesfaye Shugi, Nathan Jones, Thomas Payne, George Snaith, Ashleigh Willis, Tiffany Rees, Phoebe Davies, Jamie

Holland, Chloe Simmonite, Ella Davies, Mai Davies, Emilia Evans, Chloe Jones, Lucy Harris, Emily Collins, Gabriella Garcia, Casey Grimwade, Katelyn Thomas, Megan Gwyther, Freya Morgan, Jessica Wilcock, Sarah Lyons, Millie Carter, Katie Lake, Ruby Jones, Rebekah Pratt, Stefani Karekla, Lara Spacey, Bethan Adams, Daisy Anderson and Carys Poole. Final positions: Swansea Harriers 17/1036 West Wales 14/980 Cardiff 11/947 Cardiff Archers 10/734 South Wales 8/736

Youth Development League (Lower Age Group)

Athletes in the U13/U15 age group took part in 3 fixtures held against Neath Harriers, South Wales and Cardiff in Swansea, Aberdare and Newport. Athletes taking part – Evan Morris, Jenson Morris, Steffan Higgins, Harry Collins, Fletcher Davies, Dylan Lewis, Oliver Philpott, Lewie Jones, Nathaniel Osborne, Nevin Balog, Ruari Harris, Henry Payne, Arwel Richards, Jack Sullivan, Jack Edwards, Finley Williams, Sean Strevens, Theo Santimano, Tyler Davies, Dylan Curr, Gavin Alexander, Charlie Shuall, Ben Fenwick, Carwyn Tumelty, Patriakakos Panagiotis, Declan De-Vulgt, Kellan Hueberger, Drew Dodd, Connor Moriarty, Louis Shuall, Theo Oshisanya, Seth Amanoritsewor, Osian Morgan, Woody Jelf, Ffion Clarke, Olivia Mackey, Ava Davies, Sophie Hartley-Green, Matilda Quick, Bethan Holley, Ella Thomas, Sophie Taylor, Liane Du Rouys, Ruby Jones, Lily Ford, Zoe Strevens, Carys Morgan, Efa Williams, Ava Jones, Jessica Arnold, Millie Pearce, Chloe Hartley-Green, Mandy Rushesha, Ophelia Williams, Eve Evans, Eden Williams, Martha Caldwell, Nia Purcell, Imogen Mcadie, Lauren Oshisanya, Dylan Palmer-Sweeney, Adaeze Emenogu, Miriam Brown, Cari Adams, Ella-May Thomas, Chloe Lewis, Natalie Coughlan, Amy Beynon, Seren Anderson-James, Nele Owen, Anna Patrikakou, Libby Hale, Esme Brownhill, Caitlin Morris, Alexandra Legowska, Lili Wade, Levinia Sexton, Alice Prosser and Ruby Champion. Final positions: Swansea Harriers 11/884 Cardiff 10 /799 South Wales 5/725 Neath Harriers 4/440.

Open Meetings

Throughout the season a number of open meetings took place around the UK with our athletes taking part:

Competitions held in Yeovil

Lewie Jones (Shot/Discus) Katie Lake (Discus) Lucy Harris (Discus/Javelin) Bethany Kennedy (40m) Jack Houghton (110mH/400mH) Millie Pearce (1500m) Carys Jones (Pole Vault) Ella Davies (1500m).

Competitions held in Nuneaton

Carys Poole (200m/High Jump) Steffan Jones (400m) Rhys Granville (400m) Caryl Granville (100mH/400mH) Lemarl Freckleton (100m) Hannah Brier (100m/200m) Joseph Brier (400m) Daniel Beadsley (100m)

Competitions held in Swindon

Carys Poole (300mH/Shot/Javelin) Alice Prosser (70mH/Long Jump/Javelin) Matilda Quick (75mH/Shot) Harry Collins (80mH/Long Jump) Jack Houghton (110mH) Mai Davies (3000m)

Competitions held in Loughborough

Jack Houghton (200m/400mH) Carys Poole (200m/100mH/Javelin/Long Jump/60mH/Shot/Heptathlon) Caryl Granville (400mH) Dominic Smith (3000m) Carys Jones (Pole Vault) Lauryn Davey (Heptathlon)

Competitions held in Exeter

Daniel Beadsley (100m/200m) Tiffany Rees (800m) Bronwen Stratton-Thomas (1500m) Charlotte Champion (Long Jump/Triple Jump) Libby Hale (1500m) Niamh Jones (400m) Bronwen Stratton-Thomas (1500m)

Competitions held in Cheltenham

Caryl Granville (400mH/100mH) Ava Davies (1500m) Ruby Jones (High Jump/100m) Matilda Quick (75mH/High Jump) Efa Williams (75H/Discus/Shot) Harry Collins (80mH/Long Jump) Millie Fakande (200m) Catherine Collins (Shot) Lucy Harris (Discus/Javelin) Carys Jones (100m) Lewie Jones (Javelin) Casey Grimwade (Hammer)

Walk Meetings

Shannon Thomas (3000m) Megan Stratton-Thomas (10000m)

Swansea Harriers Jumps Meetings:

Just for our club members, a couple of jumps competitions were arranged. Those that took part in the Pole Vault were William Trott, Glyn Price, Noah Osborne, Harry Newton, Dafydd King, Joseff Lewis, Jeremy Andrews, Theo Oshisanya, Charlie Shuall, Tyler Davies, Louis Shuall, Oliver Philpott, Millie Carter, Amy Beynon, Seren Anderson-James and Ruby Champion. In the Long Jump competition the following athletes took part – Dylan Morgan, Roderick Davies, Henry Payne, Theo Santimano, Drew Dodd, Sarah Lyons, Bethan Holley, Charlotte Champion, Liane Do Rouys, Sophie Taylor, Efa Williams, Caitlin Morris, Ophelia Williams, Chloe Lewis, Alice Caldwell and Daphne Marler. Athletes participating in the High Jump competition was Addam Bowling, Joseph Beresford, Samuel Davies, Connor Moriarity, Oliver Philpott, Alfie Philpott, Matilda Quick, Emily Collins, Martha Caldwell, Seren Anderson-James, Jasmin Hillman, Alice Prosser and Hannah Hartley-Green

Carmarthen Throws Meetings

Shot athletes - Oscar Dun, Nathaniel Osborne, Matilda Quick, Katie Lake and Jemimah Brown
Javelin athletes - Nathan James, Lewie Jones, Carwyn Tumelty, Chloe Jones, Lucy Harris and Carys Morgan.

Throws Competition

Lewie Jones (Discus/Shot/Javelin) Ruby Jones (Hammer) Oscar Dun (Shot) Lara Spacey (Hammer) Matilda Quick (Shot) Cassey Grimwade (Hammer/Shot) George Snaith (Javelin) and Chloe Jones (Javelin) Lucy Harris (Discus) Lauryn Davey (Shot/Javelin) Katie Lake (Discus) Rebekah Pratt (Hammer) Maccsen Holland (Javelin) Rachel Jones (Javelin)

Welsh Athletics – Open Meeting, Endurance, Jumps, Sprints, Throws

Welsh Athletics put on a number of competitions throughout the season, with the following athletes taking part – Addam Bowling (High Jump) Ben Fenwick (Hammer) Benjamin Sullivan (800m) Charlie Harris (1500m) Charlie Holland (100m/200m) Charlie Shuall (Pole Vault) Chris Pruski (100m) Christian Garcia (200m) Dafydd King (800m/Pole Vault) Daniel Beadsley (200m)

Daniel Erdei (100m) Daniel Knuckle (200m) Daniel Morgan (3000m/3000m s/c) Drew Dodd (Long Jump) Dylan Morgan (100m/Long Jump) Evan Cole (200m/100m) Evan Morris (100m) George Snaith (Javelin) Glyn Price (Pole Vault) Harley Thomas (Shot) Harrison Garcia (200m) Harry Collins (80mH) Harry Morris (100m) Harry Newton (Pole Vault) Henry Payne (100m) Ifan Lloyd (3000m) Jack Edwards (100m) Jack Houghton (400m/100m/110mH) Jacob Dowling (100m) Jeremy Andrews (100m) Joseph Beresford (High Jump) Joseph Jones (100m) Joshua Kenny (100m/200m) Joshua Pritchard (800m) Joshua Wilton (Javelin) Kelvin Tannor (100m) Lemarl Freckleton (100m) Lewie Jones (Javelin) Louis Shuall (Pole Vault) Macsen Holland (Shot/Javelin) Matthew Lewis (800m/1500m) Nathan James (Javelin) Nathan Phillips (800m) Noah Mason (100m) Noah Osborne (Pole Vault) Oliver Philpott (High Jump) Oscar Dun (Shot) Oscar Goodwin-Thomas (100m) Osian Davies (100m) Owain Clarke (200m) Promise Bonibo (100m) Ruairi Harris (100m/200m) Reuben De Vall (80mH) Rhys Granville (200m) Robin Wood (100m) Roderick Davies (100m/200m) Ryan Price (Long Jump/Triple Jump) Samuel Davies (High Jump) Steffan Higgins (800m) Steffan Jones (100m/200m) Theo Oshisanya (Pole Vault) Theo Santimano (100m/200m) Tom Attwood (1500m) William Trott (Pole Vault) Alice Prosser (Javelin) Amy Beynon (Pole Vault) Ashleigh Williams (3000m) Ava Davies (1500m) Bethan Holley (75mH/Long Jump) Caitlin Morris (100m) Cari Adams (200m) Caryl Granville (200m) Carys Dickinson (200m) Carys Jones (1500m) Carys Jones (Pole Vault) Carys Morgan (Javelin) Catherine Collins (Shot) Charlotte Campion (Long Jump) Chloe Hartley-Green (1500m) Chloe Jones (Javelin) Chloe Lewis (300m/200m) Donna Jones (200m) Ella Davies (1500m/800m) Ella-May Thomas (Long Jump) Emilia Evans (Hammer) Emily Collins (Hammer/High Jump) Emily Jones (200m) Ffion Clarke (100m/200m) Gabrielle Fakande (200m) Hannah Brier (100m) Imogen Mcadie (200m) Jamie Holland (Shot) Jessica Arnold (Javelin) Jessica Wilcock (Long Jump) Jodi Beynon (Shot/100mH/200m) Katie Lake (Discus) Lauryn Davey (Javelin/Long Jump/200m/High Jump/Shot/100mH) Liane Do Rouys (100m/High Jump) Libby Hale (800m) Lucy Harris (Discus) Macey Morris (200m) Mai Davies (800m/1500m) Martha Caldwell (100m/High Jump) Matilda Quick (High Jump) Megan Carter-Davies (3000m) Millie Bennett (100m) Millie Carter (Pole Vault) Millie Fakande (200m/100m) Millie Pierce (800m) Nele Owen (Discus) Olivia Gwynn (1500m) Olivia Mackey (High Jump/100m) Ophelia Williams (70mH) Rebekah Pratt (Hammer) Ruby Jones (Hammer) Sarah Lyons (Long Jump) Shannon Thomas (3000m Walk) Seren Anderson-James (Pole Vault) Sophia Haden (High Jump) Sophie Hartley-Green (3000m/1500m) Sophie Taylor (100m/Long Jump) Stefani Karekla (200m) Tiana Evans (Long Jump)

Welsh Schools

Millie Carter (Pole Vault) Ruby Jones (Hammer) Lucy Harris (Discus) Ella Davies (1500m) Chloe Jones (Javelin) Megan Gwyther (75mH) Emilia Evans (Hammer) Tiffany Rees (800m) Sarah Lyons (Long Jump) Mai Davies (1500m) Samuel Davies (High Jump) William Trott (Pole Vault) Tom Attwood (800m) Dafydd King (Pole Vault) Dylan Morgan (Triple Jump/200m) Joseff Lewis (Pole Vault) Joshua Kenny (200m) Aled Tumelty (1500m s/c) Joseph Beresford (High Jump) Harry Newton (Pole Vault) Macsen Holland (Javelin)

U17 UK School Games

Aled Tumelty (1500m s/c) Chloe Jones (Javelin)

U17 British Schools International

Joseph Beresford (400mH) Dylan Morgan (Triple Jump/100m/4x100m Relay) Aled Tumelty (1500m s/c) William Trott (Pole Vault) Harry Newton (Pole Vault) George Snaith (Javelin) Tiffany Rees (800m) Megan Gwyther (75mH) Millie Carter (Pole Vault) Matilda Quick (Shot/High Jump) Lucy Harrier (Discus) Chloe Jones (Javelin)

Welsh Athletics U11 Run Jump Throw

Those taken part were Aimee Besley, Jack Martin, Roux Kennedy, Millie Jayham, Tiaan Rees, Hannah Sullivan, Megan Pyke, Mia Rabaiotti, Michael Powell, Dylan Giles, Rutendo Chasweka, Ben Martin, Luisa Rabaiotti, Jack Martin, Alice Caldwell, Hannah Hartley-Green, Ellis Bennett, Georgie-Bo Davies,

Welsh Athletics U11, U13 & U15 Run Jump Throw Triathlon

Alice Caldwell, Harry Morris, Bethan Holley, Dylan Curr, Jemima Brown, Efa Williams, Dylan Giles, Ella Drew, Seth Amas, Eva Carver, Reuben De Vall, Eve Evans, Freya Birt, Harry Collins, Rutendo Chasweka, Henry Payne, Martha Caldwell, Imogen Mcadie, Jack Edwards, Roman Jackson, Thomas Davies, Matilda Quick, Natalie Coughlan, Millie Pierce, Rocco Serpa, Taylor Shelmerdine, Sean Strevens,

Loughborough International

Congratulations to the following athletes gaining Senior Welsh Vests: Carys Jones (Pole Vault) Hannah Brier (100m & 4x100m Relay) Daniel Beadsley (100m & 4x100m Relay) Joseph Brier (400m) Steffan Jones (400m) Caryl Granville (400mH).

Manchester International

Congratulations to Hannah Brier (200m) Caryl Granville (400m & 4x400m Relay) William Trott (Pole Vault) Carys Jones (Pole Vault) Oscar Dun (Shot) Jamie Holland (Shot) Thomas Payne (4x100m Relay) and Charlie Holland (4x400m Relay) who gained Welsh Vests.

Championships

Jack Houghton (400mH) Steffan Jones (400m) Lemarl Freckleton (200m) Hannah Brier (200m/100m) Caryl Granville (400mH/100mH) Thomas Payne (100m) Ruairi Harris (200m/100m) Libby Hale (800m/1500m/200m) Finley Williams (100m/200m/Long Jump) Hannah Jones (70mH/800m) Henry Payne (100m/200m/Long Jump) Adaeze Emenogu (Pole Vault/Javelin/200m) Addam Bowling (High Jump) Jodi Beynon (High Jump) Aimee Besley (75m/Long Jump) Jack Edwards (100m/Long Jump/75mH) George Snaith (Javelin) Alice Caldwell (75m/150m/Long Jump) Lauren Oshisanya (100m/Shot) Joshua Kenny (100m) Aled Price (110mH/Javelin/Long Jump) Harry Newton (Pole Vault) Carys Jones (Pole Vault) Amy Beynon (Pole Vault) Luisa Rabaiotti (150m/High Jump/Javelin) Carys Morgan (Shot) Martha Caldwell (High Jump/100m/200m) Aled Tumelty (1500m s/c) Lauryn Davey (Javelin/Long Jump) Megan Gwyther (80mH) Connor Moriarty (High Jump) Millie Carter (Pole Vault) Chloe Hartley-Green (1500m) Theo Santimano (Javelin) Ben Martin (High Jump) Rutendo Chasweka (75m/150m/800m) Lewie Jones (Shot/Javelin/Discus) Jess Arnold (100m) Lucy Harris (Discus) Ava Jones (100m/Long Jump) Millie Pierce (800m/Long Jump/200m/1500m) Jessica Wilcock (Long Jump) Ophelia Williams (High Jump/Long Jump/70mH) Kellan Heuberger (Shot/Pole Vault) Chloe Jones (Javelin) Dylan Morgan (100m/200m/Triple Jump) Rebekah Pratt (Hammer) Ellis Bennett (75m/150m/Shot) Taylor Shelmerdine (75m/150m/800m) Arwel Richards (Pole Vault/100m) Ruby Champion (Pole Vault) Stefani Karekla (200m/400mH)

Woody Jelf (75mH/High Jump/Javelin) Dylan Palmer-Sweeney (Javelin/Discus) Sarah Lyons (Long Jump) Oscar Dun (Discus/Shot) Ella Drew (150m/800m/Long Jump) Seren Jones (800m) Bethan Holley (Long Jump) Owain Clarke (400mH) Alexandra Legowska (Long Jump/Shot) Tyler Davies (Pole Vault/Long Jump) Samuel Davies (High Jump) Alfie Philpott (Long Jump) Sean Strevens (100m/Javelin/Shot) Cassey Grimwade (Hammer) Tiffany Rees (800m) William Trott (Pole Vault) Declan De-Vulgt (200m/1500m) Tom Attwood (800m) Charlie Holland (400m) Gabrielle Garcia (400mH) Thomas Davies (75m/Long Jump) Alice Nichols (200m) Ella Davies (3000m) Gwennan Lewis (Shot) Osian Davies (1500m) Theo Oshisanya (Pole Vault) Evan Cole (High Jump/100mH/100m/200m) Sophia Rees (100m) Anwen Wills-Jones (100m) Dafydd King (Pole Vault) Seren Anderson-James (Pole Vault) Jamie Holland (Shot) Ryan Price (Triple Jump) Osian Morgan (800m) Jacob Dowling (100m) Noah Osborne (Pole Vault) Joseph Beresford (400mH) Macsen Holland (Javelin) Charlie Harris (1500m) Matilda Quick (High Jump/Shot/75mH) Esme Brownhill (70mH/Javelin) Mia Rabaiotti (800m/75m) Joshua Pritchard (800m) Millie Bennett (100m/Long Jump/Javelin) Joseph Brier (200m) Michael Powell (800m/High Jump/Long Jump) Georgie-Bo Davies (800m) Matthew Lewis (1500m) Nele Owen (Hammer) Harry Morris (100m) Mandida Rushesba (70mH) Jack Martin (75m/Long Jump) Nathaniel Osborne (Shot) Benjamin Sullivan (1500m)

England Athletics U15 & U17 combined events championships incorporating the European Combined Events Heptathlon Challenge

Lauryn Davey (Heptathlon) Jodi Beynon (Heptathlon) Matilda Quick (Pentathlon)

English Schools Combined Events Championships

Carys Poole (Heptathlon)

U16 & U18 British Schools Combined Events – Welsh Schools V England V Ireland V Scotland

Matilda Quick Bethan Holley, Evan Cole and Dylan Morgan all gained Welsh Vests - congratulations

Club Records

Huge congratulations to Daniel Beadsley (100m) Dylan Morgan (200m) Libby Hale (800m/1500m) Verity Ockenden (5000m/10000m) Caryl Granville (10mH) William Trott (Pole Vault) Lewie Jones (Javelin/Discus) Chloe Jones (Javelin) Oscar Dun (Shot) and Lauryn Davey (Heptathlon) who broke the club records in 2021. Well Done!

I just wanted to thank our athletes, parents, volunteers, coaches and trustee members and track staff for their continued support. Hopefully in 2022 we will be back on the track!

Jo Wood

Track & Field Secretary

SWANSEA HARRIERS

BALANCE SHEET AT 30th SEPTEMBER 2021

	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>		<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>
<u>CURRENT ASSETS</u>			<u>CURRENT LIABILITIES</u>		
Barclays Bank	11,993.85	14,759.50	Creditor	150.00	150.00
Training Account	0.00	0.00	<u>GENERAL FUND</u>		
Tesco Account	6,590.82	7,944.86	Opening Balance	72,327.67	84,001.14
Café Account	0.00	16.70	Add :-		
Card Account	21,398.65	31,401.45	Excess Receipts/Payments - Training	21,192.53	12,941.92
Savings Account	38,549.41	38,722.88	Excess Payments/Receipts - Café	-9,053.18	-116.05
Monmouthshire B S	78,532.73	92,845.39	Excess Payments/Receipts - Tesco	-465.88	0.00
	5,618.41	4,148.32	Excess Payments/Receipts - Card	0.00	16.70
Stock of Kit	£ 84,151.14	£ 96,993.71		84,001.14	96,843.71
				£ 84,151.14	£ 96,993.71

I have prepared the above Balance Sheet and annexed Income and Expenditure Accounts from bank statements and books and information supplied by the treasurer, and certify them to be in accordance therewith.

P. Hughes

P. HUGHES - ACCOUNTANT

18th November 2021

DATE

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2021

NOTE 1 COMPETITIONS

INCOME

League Refunds
Entry Fees & Match Receipts
Bus & Hotel
Grants

	<u>UKWL</u>	<u>BAL</u>	<u>YDL</u>	<u>WSL</u>	<u>WJL</u>	<u>LAL</u>	<u>Junior Games</u>	<u>C C Road Other</u>	<u>TOTAL</u>
			1,020.00						1,020.00
									0.00
									0.00
								750.00	750.00
	0.00	0.00	1,020.00	0.00	0.00	0.00	0.00	750.00	1,770.00

EXPENDITURE

League Affiliation & Team Entry Fees
Bus & Hotel
Athletes' Expenses
Match Expenses
Track Hire

				75.00					308.00
			947.93						947.93
			880.00						1,090.00
			556.70						2,502.36
	1,945.66								4,923.29

SURPLUS / (DEFICIT)

	0.00	1,945.66	2,384.63	75.00	0.00	0.00	0.00	518.00	
	0.00	-1,945.66	-1,364.63	-75.00	0.00	0.00	0.00	232.00	-3,153.29

NOTE 2 COACHING

FEEES PAID :- Coaching Administrator
Coaching Refunds

	2,124.00
	680.00
£	2,804.00

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CAFÉ & KIT ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>2020</u>	<u>2021</u>		<u>2020</u>	<u>2021</u>
INCOME			EXPENDITURE		
Café	1,857.00	1.78	Café	826.00	32.18
Kit	2,334.67	2,300.86	Kit - Opening Stock	3,952.67	5,618.41
			Purchases	3,378.42	294.00
			Less: Closing Stock	7,331.09	5,912.41
				5,618.41	4,148.32
Rent Rebate	0.00	244.62	Rent	1,712.68	1,764.09
Electricity (Hockey)	0.00	0.00	Electricity	53.89	0.00
Donations	17.00	17.00	Donations	0.00	0.00
Miscellaneous - W A Grant	0.00	750.00	Miscellaneous	13.00	9.00
			Transfer to Training Account	10,000.00	0.00
			Transfer to Training Account W A Grant		750.00
			Excess of Income over Expenditure	13,261.85	3,430.31
				-9,053.18	-116.05
	£ 4,208.67	£ 3,314.26		£ 4,208.67	£ 3,314.26

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CARD ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>2020</u>	<u>2021</u>		<u>2020</u>	<u>2021</u>
<u>INCOME</u>			<u>EXPENDITURE</u>		
Training Fees		19,719.94	Training Fees	19,719.94	
Membership		9,534.69	Membership	9,534.69	
Kit		2,317.56	Kit	2,300.86	
Café		1.78	Café	1.78	
			Excess of Income over Expenditure	0.00	16.70
	£ 0.00	£ 31,573.97		£ 0.00	£ 31,573.97

SWANSEA HARRIERS

SUMMARY OF SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>
Opening Balance	11,384.32	21,398.65		
Transfers from Training Account	10000.00	10,000.00	0.00	0.00
Transfer from Tesco Account	0.00			
Interest Received	14.33	2.80	21,398.65	31,401.45
	£ 21,398.65	£ 31,401.45	£ 21,398.65	£ 31,401.45
		Closing Balance		

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>
Opening Balance	38,376.71	38,549.41	38,549.41	
Transfers from Savings Account	0.00	0.00		
Transfer from Cafe & Kit Account	0.00	0.00		
Interest Received	172.70	173.47	38,549.41	38,722.88
	<u>38,549.41</u>	<u>£ 38,722.88</u>	<u>38,549.41</u>	<u>£ 38,722.88</u>
		Closing Balance		

SWANSEA HARRIERS

BALANCE SHEET AT 30th SEPTEMBER 2021

	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>		<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>
<u>CURRENT ASSETS</u>			<u>CURRENT LIABILITIES</u>		
Barclays Bank	11,993.85	14,759.50	Creditor	150.00	150.00
Training Account	0.00	0.00	<u>GENERAL FUND</u>		
Tesco Account	6,590.82	7,944.86	Opening Balance	72,327.67	84,001.14
Café Account	0.00	16.70	Add :-		
Card Account	21,398.65	31,401.45	Excess Receipts/Payments - Training	21,192.53	12,941.92
Savings Account	38,549.41	38,722.88	Excess Payments/Receipts - Café	-9,053.18	-116.05
Monmouthshire B S	78,532.73	92,845.39	Excess Payments/Receipts - Tesco	-465.88	0.00
	5,618.41	4,148.32	Excess Payments/Receipts - Card	0.00	16.70
Stock of Kit	£ 84,151.14	£ 96,993.71		84,001.14	96,843.71
				£ 84,151.14	£ 96,993.71

I have prepared the above Balance Sheet and annexed Income and Expenditure Accounts from bank statements and books and information supplied by the treasurer, and certify them to be in accordance therewith.

P. Hughes

P. HUGHES - ACCOUNTANT

18th November 2021

DATE

SWANSEA HARRIERS

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30TH SEPTEMBER 2021

	INCOME		EXPENDITURE		Excess of Expenditure over Income
	2020	2021	2020	2021	
Membership	12,562.19	12,999.19			
Donations	2,100.00	12.50	Management & Committee Expenses	4,108.35	
			AAW Registration	4,844.00	
			Insurance	0.00	
Competitions (Note 1)	14,662.19	13,011.69	Competitions (Note 1)	8,952.35	8,714.20
Buses & Hotels	0.00		Team Entry Fees	2,456.50	383.00
			Buses & Hotels	428.99	0.00
Match Receipts, Refunds & Grants	1,094.00	1,020.00	Athletes' Expenses	301.33	2,502.36
Grants	0.00	750.00	Hire of Track Facilities	890.00	1,090.00
			Match Refreshments	0.00	0.00
			Match Expenses	480.92	947.93
Promotions	1,094.00	1,770.00		4,557.74	4,923.29
Sponsorship	0.00	0.00			
Coaching	10,000.00	16,825.00	Coaching (Note 2)	3,806.00	2,804.00
Grants	18,509.34	19,719.94	Hire of Track & Indoor	13,654.54	18,953.30
Training Fees	28,509.34	36,544.94		17,460.54	21,757.30
Miscellaneous			Miscellaneous		
Easy/fundraising	575.98	112.06	Purchase of Kit	120.00	
Sale of Kit	0.00	0.00	Social	1,769.85	
Social	879.50	0.00	Miscellaneous	351.90	1,280.04
EDM Hire	0.00		Equipment	1,969.01	2,019.49
Miscellaneous	0.00	21.28			
Amazon Smile	0.00				
Transfer from Cafe & Kit account	10,000.00				
Transfer from Tesco account	465.88				
Interest Received - Savings Accounts	187.03	176.27			
	12,108.39	309.61		4,210.76	3,299.53
	56,373.92	51,636.24		35,181.39	38,694.32
	56,373.92	51,636.24		21,192.53	12,941.92
				56,373.92	51,636.24

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2021

NOTE 1 COMPETITIONS

INCOME
 League Refunds
 Entry Fees & Match Receipts
 Bus & Hotel
 Grants

	<u>UKWL</u>	<u>BAL</u>	<u>YDL</u>	<u>WSL</u>	<u>WJL</u>	<u>LAL</u>	<u>Junior Games</u>	<u>C C Road Other</u>	<u>TOTAL</u>
			1,020.00						1,020.00
									0.00
									0.00
								750.00	750.00
	0.00	0.00	1,020.00	0.00	0.00	0.00	0.00	750.00	1,770.00

EXPENDITURE

League Affiliation & Team Entry Fees
 Bus & Hotel
 Athletes' Expenses
 Match Expenses
 Track Hire

			947.93	75.00					308.00
			880.00						947.93
			556.70						1,090.00
		1,945.66							2,502.36
	0.00	1,945.66	2,384.63	75.00	0.00	0.00	0.00	518.00	4,923.29

SURPLUS / (DEFICIT)

	0.00	-1,945.66	-1,364.63	-75.00	0.00	0.00	0.00	232.00	-3,153.29
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NOTE 2 COACHING

FEEES PAID :- Coaching Administrator
 Coaching Refunds

	2,124.00
	680.00
£	2,804.00

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CAFÉ & KIT ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>2020</u>	<u>2021</u>		<u>2020</u>	<u>2021</u>
INCOME			EXPENDITURE		
Café	1,857.00	1.78	Café	826.00	32.18
Kit	2,334.67	2,300.86	Kit - Opening Stock	3,952.67	5,618.41
			Purchases	3,378.42	294.00
			Less: Closing Stock	7,331.09	5,912.41
				5,618.41	4,148.32
Rent Rebate	0.00	244.62	Rent	1,712.68	1,764.09
Electricity (Hockey)	0.00	0.00	Electricity	53.89	0.00
Donations	17.00	17.00	Donations	0.00	0.00
Miscellaneous - W A Grant	0.00	750.00	Miscellaneous	13.00	9.00
			Transfer to Training Account	10,000.00	0.00
			Transfer to Training Account W A Grant		750.00
			Excess of Income over Expenditure	13,261.85	3,430.31
				-9,053.18	-116.05
	£ 4,208.67	£ 3,314.26		£ 4,208.67	£ 3,314.26

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR CARD ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>2020</u>	<u>2021</u>		<u>2020</u>	<u>2021</u>
<u>INCOME</u>			<u>EXPENDITURE</u>		
Training Fees		19,719.94	Training Fees		19,719.94
Membership		9,534.69	Membership		9,534.69
Kit		2,317.56	Kit		2,300.86
Café		1.78	Café		1.78
			Excess of Income over Expenditure	0.00	16.70
	£ 0.00	£ 31,573.97		£ 0.00	£ 31,573.97

SWANSEA HARRIERS

SUMMARY OF SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>
Opening Balance	11,384.32	21,398.65	11,384.32	21,398.65
Transfers from Training Account	10000.00	10,000.00	10,000.00	10,000.00
Transfer from Tesco Account	0.00	0.00	0.00	0.00
Interest Received	14.33	2.80	14.33	2.80
	£ 21,398.65	£ 31,401.45	£ 21,398.65	£ 31,401.45
		Closing Balance		

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2021

	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>	<u>SEPTEMBER</u> <u>2020</u>	<u>SEPTEMBER</u> <u>2021</u>
Opening Balance	38,376.71	38,549.41	38,549.41	
Transfers from Savings Account	0.00	0.00		
Transfer from Cafe & Kit Account	0.00	0.00		
Interest Received	172.70	173.47	38,549.41	38,722.88
	<u>38,549.41</u>	<u>£ 38,722.88</u>	<u>38,549.41</u>	<u>£ 38,722.88</u>
		Closing Balance		

SWANSEA HARRIERS ATHLETICS CLUB

England & Wales - Charity number 1177846

Accounts

SWANSEA HARRIERS

BALANCE SHEET AT 30th SEPTEMBER 2020

	SEPTEMBER 2019	SEPTEMBER 2020		SEPTEMBER 2019	SEPTEMBER 2020
CURRENT ASSETS			CURRENT LIABILITIES		
Barclays Bank			Creditor		
Training Account	998.35	11,993.85		150.00	150.00
Tesco Account	465.88	0.00	GENERAL FUND		
Café account	1 / 309.74	6,590.82	Opening Balance	70,900.17	72,327.67
Savings Account	11,384.32	21,398.65	Add :-		
Monmouthshire B S	38,376.71	38,549.41	Excess Receipts/Payments - Training	3,810.03	21,192.53
	68,525.00	78,532.73	Excess Payments/Receipts - Café	4,997.53	-9,053.18
	3,952.67	5,618.41	Excess Payments/Receipts - Tesco	240.00	-465.88
Stock of Kit	£ 72,477.67	£ 84,151.14	Transfer from old bank account	0.00	0.00
				72,327.67	84,001.14
				£ 72,477.67	£ 84,151.14

I have prepared the above Balance Sheet and annexed Income and Expenditure Accounts from bank statements and books and information supplied by the treasurer, and certify them to be in accordance therewith.

P. Hughes

P. HUGHES - ACCOUNTANT

10th December 2020
DATE

SWANSEA HARRIERS

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2020

	SEPTEMBER 2019	SEPTEMBER 2020	SEPTEMBER 2019	SEPTEMBER 2020
INCOME				
Memberships	30,976.39	12,562.19	1,338.35	4,108.35
Donations	1,255.00	2,100.00	15,560.00	4,844.00
Competitions	32,037.00	14,662.19	3,236.28	0.00
Buses & Hotels	3,021.00	0.00	20,134.63	8,952.35
Match Receipts, Returns & Grants	9,036.59	1,094.00	5,505.50	2,456.50
Grants	3,000.00	0.00	18,856.52	428.99
Promotions	15,057.59	1,094.00	9,384.99	301.33
Sponsorship	0.00	0.00	3,675.00	890.00
Coaching			0.00	0.00
Grants	3,705.40	10,000.00	1,859.70	480.92
Training Fees	54,285.35	18,509.34	39,291.71	4,557.74
Miscellaneous			49,652.20	17,460.54
Easyfundraising	1,907.53	575.98	5,416.00	3,806.00
Sale of Kit	0.00	0.00	44,206.20	13,654.54
Social	3,921.50	879.50		
EDM Hire	250.00	0.00		
Miscellaneous	786.00	0.00		
Transfer from Cafe & Kit account	5,000.00	10,000.00	1,044.80	351.90
Transfer from Tesco account	0.00	465.88	4,729.85	1,969.01
Interest Received - Savings Account	165.85	187.03		
	12,030.88	12,108.39	11,842.71	4,210.76
	117,111.22	56,373.92	120,971.25	35,181.39
Excess of Expenditure over Income	£ 117,111.22	£ 56,373.92	-3,810.03	21,192.53
			£ 117,111.22	£ 56,373.92

(Note 1)

(Note 2)

SWANSEA HARRIERS

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 30th SEPTEMBER 2020

NOTE 1 COMPETITIONS

INCOME
 League Refunds
 Entry Fees & Match Receipts
 Bus & Hotel
 Grants

	<u>UKWL</u>	<u>BAL</u>	<u>YDL</u>	<u>WSL</u>	<u>WJL</u>	<u>LAL</u>	<u>Junior Games</u>	<u>C C Road Other</u>	<u>TOTAL</u>
								1,094.00	1,094.00
	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
								0.00	0.00
								0.00	0.00
								1,094.00	1,094.00

EXPENDITURE

League Affiliation & Team Entry Fees
 Bus & Hotel
 Athletes' Expenses
 Match Expenses
 Track Hire

	810.00	500.00	721.50	75.00				350.00	2,456.50
			163.83	27.00				428.99	428.99
			162.07					110.50	301.33
								318.85	480.92
								890.00	890.00

SURPLUS / (DEFICIT)

	810.00	500.00	1,047.40	102.00	0.00	0.00	0.00	2,098.34	4,557.74
	-810.00	-500.00	-1,047.40	-102.00	0.00	0.00	-1,004.34		-3,463.74

NOTE 2 COACHING

FEEs PAID :- A Jenkins
 Coaching Refunds

	2,196.00
	1,610.00
	<u>£ 3,806.00</u>

SWANSEA HARRIERS

SUMMARY OF RECEIPTS AND PAYMENTS FOR TESCO ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2020

	SEPTEMBER		PAYMENTS	SEPTEMBER	
	2019	2020		2019	2020
RECEIPTS					
Tesco Vouchers	6,000.00	0.00	Tesco	5,760.00	0.00
	6,000.00	0.00	Transfer to close account	5,760.00	0.00
Excess of Expenditure over Income	£ 6,000.00	£ 0.00		240.00	-465.88
	£ 6,000.00	£ 0.00		£ 6,000.00	£ 0.00

SWANSEA HARRIERS

SUMMARY OF SAVINGS ACCOUNT FOR THE YEAR ENDED 30th SEPTEMBER 2020

	<u>EIGHTEEN MONTHS TO SEPTEMBER 2019</u>	<u>YEAR TO SEPTEMBER 2020</u>		<u>EIGHTEEN MONTHS TO SEPTEMBER 2019</u>	<u>YEAR TO SEPTEMBER 2020</u>
Opening Balance	11,227.99	11,384.32		11,384.32	21,398.65
Transfers from Training Account	122.50	10,000.00	Transfer to Monmouthshire B S	0.00	0.00
Transfer from Tesco Account	0.00			0.00	
Interest Received	33.83	14.33	Closing Balance	11,384.32	21,398.65
	£ 11,384.32	£ 21,398.65		£ 11,384.32	£ 21,398.65

SWANSEA HARRIERS

SUMMARY OF MONMOUTHSHIRE B S SAVINGS ACCOUNT FOR THE YEARS ENDED 30th SEPTEMBER 2020

	EIGHTEEN MONTHS TO SEPTEMBER 2019	YEAR TO SEPTEMBER 2020	EIGHTEEN MONTHS TO SEPTEMBER 2019	YEAR TO SEPTEMBER 2020
Opening Balance	38,244.69	38,376.71	38,376.71	38,549.41
Transfers from Savings Account	0.00	0.00	38,376.71	38,549.41
Transfer from Cafe & Kit Account	0.00	0.00		
Interest Received	132.02	172.70	38,376.71	38,549.41
	38,376.71	38,549.41	38,376.71	38,549.41
		Closing Balance		