



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date 06/06/22 Period end date 05/04/23

Charity name: The James Burke Foundation

Charity registration number: 117736

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To promote the physical and mental health of sufferers of mental health problems, throughout England, through the provision of support, education, practical advice and support to relevant projects.</p> <p>To advance the education of the general public in all areas relating to mental health problems.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We kept in mind and fully adhered to the Charity Commission's guidance on public benefit at all trustee meetings and in all activities carried out.</p> <p>The main activities were as follows:</p> <ul style="list-style-type: none">• Giving talks in a variety of settings to raise awareness.• Facilitating mental health awareness training-recruiting and supporting attendees.• Facilitating online peer support groups• One-to one support for carers, families and individuals. <p>These activities have benefitted recipients by raising their awareness of mental health issues which has enabled them to seek medical intervention at an earlier stage where needed, avoiding progression of mental health issues. Work with students is ongoing and has benefitted this community who are often away from home for the first time. The students have, with our support set up support networks to avoid any escalation</p>

		<p>circumstances. In all work full regard is paid to the equalities Act 2010.</p> <p>The community-based work undertaken has enabled us to work closely with established groups who work with minoritised communities, who statistically are more likely to come into contact with mental health services.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Confirmation that Trustees have had regard to the guidance issued by the Charity Commission on Public benefit

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p>The charity is extremely grateful to the contributions made by volunteers. This has included many hours raising funds, raising awareness within their own networks and arranging the opportunity to attend events and give talks to raise awareness of mental health issues.</p> <p>Our work, particularly within communities has been introduced by volunteers who had paved the way by making introductions.</p>
Other		

Achievements and Performance

	SORP reference
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The aftermath and trauma of Covid were still evident within communities and within workplaces, we have been able to:</p> <ul style="list-style-type: none"> • Attend 24 events to deliver awareness raising session, reaching an audience of over 630 individuals. • Follow up work from awareness raising sessions enabled us to speak to 200 individuals, offering support and signposting to professional help. • We facilitated 6 level 2/3 mental health awareness courses which gave over 160 individuals additional knowledge to support and signpost people within their own communities. • Work to build trust has enabled us to build partnerships with a range of organisations, particularly organisation's that work closely with ethnically diverse communities. This has been particularly important as members of these communities often feel marginalised and statistically are over-represented in mental health admissions. This work has meant that members of these communities have felt able to step forward to seek help and have been signposted as required. They are also acquiring skills that means that they feel able to better self-advocate. <p>Fundraising: Volunteers have played a vital role in raising funds for the charity. This has included two half marathons which raise over £2537, raffles, sales and a donation from one of the Trustees. The fundraising activity has enabled the charity to continue to deliver activities free of charge to the benefit of the public, in particular those who have no access to funds.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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set			
Investment performance against objectives	Para 1.41		
Other			

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has not run at a deficit and all funds raised have been used to further the charitable objectives. One of the main costs is rental of office space which is used to provide a private environment for one-to-one meetings. This will be reviewed in the next financial year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We do not have a reserves policy. We have no liabilities other than one months' notice required for rent.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	We have no liabilities other than one months' notice required for rent.
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Sharon Burke			
2	Ann Preston			
3	Bridget Pearson	Treasurer		
4	Sonny Nickle			
5	Paul Abraham	Secretary / bank signatory		
6	Warren Smith			
7	Gina Greenley			
8	Paul Ratcliffe	Chair		
9	Adam Forber			
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		N/A

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
N/A	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation Constitution document
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees volunteer and are elected on a 'rolling basis for a minimum period of 3 years. The chairperson is entitled to appoint trustees where there is an operational need

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		



Reference and Administrative details

Charity name	
Other name the charity uses	
Registered charity number	
Charity's principal address	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Sharon Burke	Paul Abraham
Position (eg Secretary, Chair, etc)	Trustee/Founder	Secretary

Date

1/12/23



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

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Charity No

CC16a

Receipts and payments accounts

For the period from	To	05/04/2023
06/04/2022		

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Amazon Europe	5	-	-	5	-
M.Waran	2,537	-	-	2,537	-
Paul Abraham	4,587	-	-	4,587	-
Adyen NV	978	-	-	978	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,107	-	-	8,107	-

A2 Asset and investment sales, (see table).

	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,107	-	-	8,107	-

A3 Payments

Mayfair Investments	4,980	-	-	4,980	-
Leeds City Council	608	-	-	608	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,588	-	-	5,588	-

A4 Asset and investment purchases, (see table)

	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,588	-	-	5,588	-

Net of receipts/(payments)

A5 Transfers between funds	2,519	-	-	2,519	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,519	-	-	2,519	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	12,663	-	-
	(agree balances with receipts and payments account(s))			



Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	PAUL ABRAHAM	1/12/23
	S. BURKE	1/12/23