



# Trustees' Annual Report for the period

		Period start date			Period end date		
	06	Mont	Year		05	Mont	Year
From				To			

## Section A Reference and administration details

Charity name	The James Burke Foundation
Other names charity is known by	N/A
Registered charity number (if any)	1177836
Charity's principal address	63 Old Run Road Leeds
Postcode	LS10 3AZ

### Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Sharon Burke	Founder		
Bridget Pearson	Treasurer		
Paul Ratcliffe	Chairperson		
Oliver Taylor	Treasurer		
Warren Smith			
Adam Forber			
Ann Preston			
Gina Greenley			
Paul Abraham			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

## Names and addresses of advisers (Optional

information) Type of adviser

Name

	Address	

Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Association

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by resolution passed by trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

Deliver an educational program which raises the awareness of individual well-being and mental health problems,  
Raise awareness of suicide / depression and its effects  
Create a network of 'Buddies' who can act as a listening ear and/or signpost to mainstream services.  
Support a 'loved ones' against suicide network which aims to disseminate information / provide relevant details to those bereaved or affected by suicide or mental ill health.

Undertake an annual programme of events to raise awareness and funds

The James Burke Foundation remains committed to one of its core objectives to encourage and enable as many people as possible to access training that is free at source. This is particularly pertinent to reach those individuals in super output areas of deprivation who are statistically more likely to suffer from mental ill health and a higher incidence of suicide. Working with a range of partners we promote, in in some cases deliver the following fully accredited courses:

- Wellbeing
- Mental Health awareness L1 and Level 2
- Mental Health first Aid Levels 1 to 3

Additionally, the Foundation facilitates a range of Awareness days, covering MH awareness, Stigma, keeping safe in your community.

Summary of the main activities

facilitates bespoke awareness days such as cultural awareness

mental health.

The Foundation has continued to work with a diverse range of communities and workplaces to reduce the incidence of suicide, raise awareness so that self-referral and early intervention can take place.

This work has become more urgent, and demand led post pandemic as Communities and individuals struggle to recover following isolation.

One of the trustees has achieved her advanced counselling qualification which is used to support individuals in the community.

When planning the Foundations activities for the year, the Trustees have considered the Charity Commissions guidance on public benefit, and ensuring the Foundations offer is open to all.

facilitates bespoke awareness days such as cultural awareness and mental health awareness.

**undertaken for the public benefit in relation to these objects (include within this section the declaration that trustees have had regard to the**

**guidance issued by the  
Charity Commission on public  
benefit)**

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### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Section D

Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

All trustees give of their time freely and no trustee remuneration was paid in the year. No Trustee expenses were claimed within the first year, it was agreed that the first 12 months would be a period of consolidation and growth, enabling the charities ethos and mission to become embedded with communities.

Trustees are required to disclose all relevant interests and register them with and in accordance with the Foundations policy withdraw from any area where there is a potential conflict of interest.

### Achievements this year.

The impact of the Pandemic and lockdown had an impact on the ability to attend face to face meetings and training sessions in this way.

The Foundation adapted by its increased use of social media. and on-line support groups delivering sessions to over 300. Recipients.

Joined the Leeds Anti-suicide network to give the Foundation a voice in that area to shape policy.

Accredited Cache courses have been delivered to over 90 individuals, free at source leading to certification and raising awareness, confidence and competency.

Delivered awareness sessions, including 6 mental health awareness days, to over 550 people covering:

- ☐ Mental health awareness
- ☐ Stigma - how to overcome, what is it-changing the dialogue.
- ☐ Suicide Awareness

Held 5 awareness days at a. range of community locations.

Produced an information booklet for circulation Continued to work in partnership with Leeds University, in particular the sports club who raised awareness at sports events encouraging

studen

ts to talk...

## Section D

## Achievements and performance

## Section E Financial review

**Brief statement of the charity's policy on reserves**

**Details of any funds materially in deficit**

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s) Bridget Pearson

Position (eg Secretary, Chairman, Treasurer)



Sharon Burke

Treasurer

etc

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# Receipts and payments accounts

**Charity Name**  
The James Burke Foundation

**No (if any)**  
**1177836**

# CC16a

<b>For the period from</b>	Period start date 06/04/2021	<b>To</b>	Period end date 05/04/2022
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## Section A Receipts and payments

	Unrestrict ed funds	Restrict ed funds	Endowme nt funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
	372.00	-	-	372.00	3242.00-
	5.00	-	-	5.00	
		-	-		
		-	-		-
		-	-		-
		-	-		-
		-	-		-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	452.00	-	-	452.00	3242.00-

<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	<b>452.00</b>	-	-	<b>452.00</b>	

A3 Payments					
	6231	-	-	6231	-6677-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	6231	-	-	6231	6677-

66666					
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>6231-</b>	<b>-</b>	<b>-</b>	<b>6231 -</b>	<b>-</b>
<b>Total payments</b>					

**Net of receipts/  
(payments)**

	6231	-	-	50	
	452			15917	
A5 Transfers between funds			-		
A6 Cash funds			-		
last year end	10138		-		15917
<i>Cash funds this year end</i>					
917					

Section B Statement of assets and liabilities at the end of the period


Categori es	Detail s	Unrestrict ed funds	Restrict ed funds	Endowme nt funds
B1 Cash funds	Money in account at end of year	to nearest £ 10138	to nearest £ -	to nearest £ -
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>10138</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestrict ed funds to nearest £	Restrict ed funds to nearest £	Endowmen t funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity’s own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional )	When due (optiona l)
			-	
			-	
			-	
			-	

Date of approval

Signature

Print Name

Signed by one or two  
trustees on behalf of all the  
trustees

  
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Bridget Pearson	30,01.23
Sharon Burke	30.01.23