

**Registered Charity Number: 1177774**  
**Registered Company Number: 11208210**

**YMCA NEWARK AND SHERWOOD**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

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**LEGAL AND ADMINISTRATIVE INFORMATION**

<b>Trustees</b>	Mr C Berens Mr T Cauthorn Mr D Hemming Mr G Attwood Mr M McKeever
<b>Independent Auditors</b>	UHY Hacker Young 14 Park Row Nottingham NG1 6GR
<b>Bankers</b>	HSBC UK Bank PLC East Midlands Commercial Centre Donnington Court Pegasus Business Park Derby DE74 2BU
<b>Registered Office</b>	YMCA Community & Activity Village Lord Hawke Way Newark NG24 4FH
<b>Company Registration</b>	11208210
<b>Charity Registration</b>	1177774

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## The Report of the Trustees for the year ended 31 March 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS 102) in preparing the annual report and financial statements of the charity.

### Charity Information

The full name of the charity is YMCA Newark and Sherwood. The legal registration details are :-

Date of Incorporation	15 February 2018
Charity Registration Number	1177774
Company Registration Number	11208210
Registered office	YMCA Community & Activity Village, Lord Hawke Way, Newark, NG24 4FH

A full list of Trustees can be viewed on the legal and administrative information page (page 3).

### 25-26 Strategic Purpose and Intent

Everyone deserves a fair chance to discover who they are and what they can become.

At YMCA Newark and Sherwood, part of the wider YMCA Robin Hood Group and YMCA England and Wales Federation, our work is guided by this fundamental belief and is shaped in response to the needs of our local communities.

Our strategy – shared with YMCA Robin Hood Group - centres the experiences and opportunities for children, young people and their families. The programmes and services we deliver are varied by design, in direct reflection of the varied backgrounds and challenges young people within our community face.

We believe in opportunity for all, a belief we share wholeheartedly as federated member and part of the global YMCA movement now over 180 years in the making.

These beliefs have driven a strategy for our YMCA that is based in the hope and unwavering ambition that all children and young people in our region will one day have a fair chance to life-shaping opportunities.

#### A. Local Need

The region we serve is a vibrant hub of diverse cultures, experiences, identities, needs and financial backgrounds. No two families are alike, and in some areas, this means significantly disparate access to opportunities, even between children living in neighbouring postcodes.

Many children and young people in our region are:

- Living in the 2nd most deprived region of the UK<sup>1</sup>
- One of 17,600 children affected by income deprivation<sup>1</sup>
- At risk within the lowest 20% of regions in the UK for 'precarious situations' (economic inactivity, unemployment and occupational level)<sup>2</sup>

<sup>1</sup>Ministry of Housing, Communities & Local Government (2019), 'English indices of deprivation 2019' [<https://www.gov.uk/government/statistics/english-indices-of-deprivation-2019>]

<sup>2</sup>Social Mobility Commission (2023), 'State of the Nation 2023: data about social mobility in the UK' [<https://social-mobility.data.gov.uk/>]

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## **The Report of the Trustees for the year ended 31 March 2025 (continued)**

### **B. Our North Star**

In June 2024, we and the wider group launched our North Star mission across the organisation to unite our diverse services under a shared ambition and language of positive social change for children and young people.

We work relentlessly to ensure all children and young people have the developmental relationships and close connections that help them discover who they are, develop the strengths and abilities to shape their own lives, and learn how to engage with and contribute to the world around them.

Our North Star statement weaves together the threads that are fundamental to the work we do at YMCA. No matter where a young person starts from, it promises to meet them where they are to help them build a positive future.

Throughout this year, we have worked hard to embed the North Star direction into all of our departments, empowering our staff team to deliver services driven by impact and outcomes for those we support beyond all else.

### **C. Developmental Assets and Relationships**

At the core of our North Star sits a research-backed youth development framework that guides how we structure and craft our services for young people. Insights from a decade of research from the Search Institute show that a child's likelihood of a happy, healthy future significantly increases when they are supported by the community around them to build positive personal competencies and behaviours<sup>1</sup>.

Broadly, these qualities can be categorised into External Assets (those gained from positive experiences and support systems in a child's environment), and Internal Assets (the internal values and skills that guide a child's behaviours). Within this, there are eight sub-categories, and 40 individual assets.

#### External Assets

- Support
- Empowerment
- Boundaries & expectations
- Constructive use of time

#### Internal Assets

- Commitment to learning
- Positive values
- Social competencies
- Positive identity

Supporting the assets are a set of Developmental Relationships<sup>1</sup> – characteristics of positive relationships that best support children to build their strengths and abilities:

- Express Care
- Challenge Growth
- Provide Support
- Share Power
- Expand Possibilities

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## The Report of the Trustees for the year ended 31 March 2025 (continued)

Despite the disparity of experiences amongst children and young people in our region, development of these assets can help each of them discover and fulfil their potential. Our programmes and services are crafted by design to be grounded in these principles and support all young people holistically and equitably.

Developmental Assets and Relationships are the foundation to which the ‘how’ of our North Star becomes action.

### D. Regional Research

This year, we have built on the results of our own Search Institute survey commissioned within the Newark and Sherwood area of our region in May 2023. In total, 284 young people (school year 8) were surveyed on their own attitudes and behaviours, which provided valuable insights into the strengths and gaps of support for children and young people in the local community.<sup>1</sup> Led by our own Youth Engagement Manager, our work this year includes developing programming, and a community board directly tasked with building assets in Newark and Sherwood.

<sup>1</sup>Search Institute (2024), ‘Insights’ [<https://searchinstitute.org/insights>]

### E. Our Approach

With consideration to our community’s diverse experiences, purposeful integration of the North Star mission to all our programming acts as a golden thread between the work at YMCA Newark and Sherwood and that of the wider YMCA Robin Hood Group.

To holistically support our community, our shared strategies split into two core directives.

#### 1. Respond

Dedicated provision for those whose wellbeing is at immediate risk.

This includes support for vulnerable children and young people, who require specialist services to protect their immediate safety, accompanied by longer-term pathways to independence and stability.

This is largely supported through services at YMCA Robin Hood Group such as **Supported Housing** and **Children’s Residential Services**. These provide trauma-informed intervention, support and housing for young people and children most at risk.

#### 2. Prevent

Activities with a long-term view of positive social change, through developing young people and communities.

### Children, Youth and Families

A blend of services for children and young people from ages 0-17. These services connect models of positive youth development and developmental assets and relationships to create a web of support for young people, equipping them to thrive as they get older.

### Hospitality

Centres of community connection, our hospitality venues and community spaces facilitate preventative programming from both YMCA and community partners and value-based organisations.

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## **The Report of the Trustees for the year ended 31 March 2025 (continued)**

### **Community and Activity Village**

A home to YMCA's Prevent strategy at work, the Village in Newark provides an abundance of opportunity for the whole community. Programming supports Health and Wellbeing, Training and Education, Family and Youth Work, plus Business and Hospitality.

#### **F. Our Work**

##### YMCA Community and Activity Village

YMCA Community and Activity Village in Newark has continued to grow as a hub of community life, embodying YMCA's North Star mission to provide children, young people, and families with opportunities to discover who they are, develop their strengths, and build meaningful connections. Every service and partnership within the Village is designed to nurture body, mind, and spirit through accessible, asset-building experiences, making the Village a place where individuals of all ages can thrive.

Membership growth has remained strong this year, supported by initiatives such as "bring a friend" offers, 7-day passes, new membership tiers for 5–10-year-olds, and an expanded timetable of classes. The impact is visible in the wide range of people engaging with the Village on a daily basis, from toddlers in our nursery through to grandparents in our inclusive fitness groups.

Programming continues to diversify. The relaunch of the Bike Track has seen coached sessions, including our Learn to Ride sessions for which help children aged 4-10, while the Climbing Centre remains at full capacity, with waiting lists for NICAS qualifications. Our studio programme has grown too, launching our Core and Restore classes - a Pilates-inspired class designed to build strength, balance, and flexibility - alongside the expansion of inclusive sports such as Boccia. The Children, Youth & Families team have reintroduced Creative Academy (including DJing, music production, and dance) and launched two flagship youth voice programmes – ChangeMakers (ages 11–16) and Y-Kids (ages 5–10) – directly responding to the needs of local children. Meanwhile, our GRT programme has gone from strength to strength, supporting 27 children from the Gypsy Roma Traveller community with weekly activities and trusted relationships.

The Village continues to act as a base for collaboration and community impact. Room hire remains above target, hosting everything from volunteer days and sponsorship events to corporate away days and school engagement. Externally, we are proud to welcome Macmillan Cancer Care and Every Turn (NHS Talking Therapies) into the Village, bringing vital health services to the heart of Newark. Internally, the Village remains a training ground for young people, with a comprehensive work experience programme and apprenticeship pathways in partnership with Lincoln College, supporting local young people into qualifications and employment.

The difference the Village makes is reflected in the voices of those who use it:

- "The YMCA Village has been a game changer for our family across multiple generations... it brings us all together." – Hannah, local parent and business owner
- "The YMCA is a wonderful place where I've met new people, made friends, and tried out different sports." – Michelle, Villager Member
- "The YMCA is a great place to base our family support charity... the staff here have been so supportive, friendly and helpful." – Sara, Manager, Home-Start Newark

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## **The Report of the Trustees for the year ended 31 March 2025 (continued)**

### YMCA Nursery at the Village

Now in its third year, YMCA Nursery at the Village, which is part of YMCA Robin Good Group, has continued to grow in both reputation and reach, with booked sessions increasing by 56% compared to last year. The Nursery is proud to also have won our YMCA's North Star Award, reflecting how strongly the service embodies our mission and values in practice.

This year, opportunities for our children have expanded to include activities many would not ordinarily access, such as bouldering, age-appropriate sessions with qualified coaches in the on-site Strength & Conditioning gym and learning to ride on our purpose-built cycle track. These experiences, alongside the Nursery's creative and nurturing environment, help children to grow in confidence, resilience, and readiness for life.

Family engagement continues to be central, with parents and carers welcomed into their children's learning journey. A new focus this year has been oral health, with daily tooth-brushing introduced in response to local dental health needs in Newark and Sherwood, where 20.9% of under-fives experience decay.

The Nursery is now fully staffed with a team of passionate and skilled practitioners. Staff achievements this year include one practitioner completing her Level 2 in Early Years and Childcare, six beginning their Level 2 or 3 training, and two becoming Maths Champions through the National Day Nurseries Association.

Plans are underway to launch a Forest School on site, safely and accessibly at home at the Village. Our Forest School will provide children with opportunities to explore the outdoors, solve problems, take safe risks, and work together, supporting their wellbeing, communication and language development.

Additionally, plans are in motion to support the registration of YMCA Nursery to sit as part of YMCA Newark and Sherwood by the end of financial year 2025-2026.

### YMCA Café at the Village

As a space used by almost every visitor to the Community and Activity Village, our on-site Café, delivered as part of YMCA Robin Hood Group, has become a natural hub, supporting not only YMCA's mission, but also the valuable work of our community partners.

Alongside the continued engagement with young people's cooking classes as part of YMCA membership, this year our Village hospitality team have been proud to host events for a range of positive community focused organisations. Among others Lincolnshire Air Ambulance Service, East Midlands Ambulance Service, National Trust, Google, NHS, Nottinghamshire County Council, Our Dementia Choir and many more community groups and businesses utilised our spaces and hospitality for their work. The venue also hosted the Mayoral Election and General Election hustings and debates.

An exceptional highlight was also our successful second year of hosting and providing hospitality for NottAlone Live, a two-day event during Children's Mental Health Week, which brought over 1,000 school children through our doors for workshops, activities and presentations to support their wellbeing.



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**The Report of the Trustees for the year ended 31 March 2025 (continued)**

Furthermore, the department has continued to respond to local community needs via the delivery of Meet and Eat sessions in conjunction with Age UK. This programme has been specifically developed to bring people at risk of social isolation around the table to meet others and feel connected, with food and drink being the vehicle to social interactions.

**G. Looking Forward**

Looking to 2025/26, YMCA Newark and Sherwood has set out a clear strategic plan to maximise use of the Village facilities, expand inclusive flagship programmes, and grow youth voice initiatives. Priorities include developing leadership pathways for young people, enhancing volunteer opportunities, and embedding tools such as the Developmental Assets survey to measure long-term impact.

With a focus on empowerment, inclusion, and collaboration, the YMCA Village is firmly established as a driver of wellbeing, opportunity, and community cohesion in Newark.

**Structure, Governance and Management**

*Governing document*

YMCA Newark and Sherwood is a charitable company limited by guarantee, incorporated on 15 February 2018, and was registered as a charity on 3 April 2018. The company was established under a memorandum of association which established the objects of the charitable company and is governed by its articles of association.

*Appointment of the Board of Trustees*

The Directors of YMCA Newark and Sherwood are also charity trustees for the purpose of charity law and under YMCA Newark and Sherwood's articles are known as the Board of Management.

The trustees who served during the year are noted on the charity information page at the front of the financial statements.

*Trustee induction and training*

Trustees are encouraged to attend appropriate external training courses that appertain to their role. In addition, they are expected to help YMCA Newark and Sherwood and be aware of policies and procedures that we adhere to.

*Organisation*

The Board of Management meets up to four times a year. YMCA Robin Hood Group may be called on for advice and assistance.

*Risk management*

The trustees actively review the major risks which the charity faces on a regular basis and believe that adequate systems are in place to reduce/mitigate significant operational and business risks.

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**The Report of the Trustees for the year ended 31 March 2025 (continued)****Responsibilities of the Trustees**

The Trustees are responsible for preparing the Annual Report and the Financial Statements in accordance with the Companies Act 2006, and for being satisfied that the financial statements give a true and fair view. The Trustees are also responsible for preparing financial statements in accordance with United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources including income and expenditure for the financial year. In preparing those financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities SORP (FRS102);
- Make judgments and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The trustees are responsible for maintaining adequate accounting records which show and explain the Charity's transactions with reasonable accuracy at any time, the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as we are aware:

- There is no relevant information of which the charitable company's Auditor are unaware of; and
- We have taken all the steps that we ought to have taken to make ourselves aware of any relevant audit information and to establish that the charitable company's independent examiners are aware of that information.

**Related Charities**

YMCA Newark and Sherwood works closely with YMCA Robin Hood Group who provide support services to the charity.

**Basis of preparation**

This report and the financial statements have been prepared in accordance with the special provisions of Part VII of the companies Act 2006 relating to smaller companies.

**Going Concern**

The trustees assess whether the use of going concern is appropriate ie whether there any material uncertainties related to events or conditions that may cast significant doubt on the ability of the trust to continue as a going concern. The trustees make this assessment each year in respect of a period of one year from the date of approval of the financial statements. The parent company (YMCA Robin Hood Group) has agreed support to ensure the company can meet it's commitments for at least 12 months from the balance sheet signing date.

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**The Report of the Trustees for the year ended 31 March 2025 (continued)****Principal Risks and Uncertainties**

As with many small businesses, a key focus is in minimising cash flow exposure and in spite of recent improvements in this area the topic continues to be reviewed weekly within the business, and at each Board meeting.

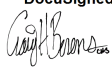
**Transactions and financial position**

The financial statements are set out on pages 15 to 25

The Statement of Financial Activities shows a deficit for the year of £897,351 (2024 - £642,196).

The reserves at the year end stand at a deficit of £2,385,258 (2024 - £1,491,317) for unrestricted funds, and a surplus of £13,176 (2024 - £16,586) for restricted funds.

This report was approved by the board and signed on their behalf by:

DocuSigned by:  
  
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**C Berens**

Group CEO

**Date:** 05-12-25



**UHY Hacker Young LLP**

14 Park Row

Nottingham NG1 6GR

## **Independent Auditor's Report to the Trustees for the year ended 31 March 2025**

### **Opinion**

We have audited the financial statements of YMCA Newark and Sherwood (the 'company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statement, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- Give a true and fair view of the state of the charitable company's affairs as at 31 March 2025, and of its incoming resources and application of resources, including income and expenditure, for the year then ended.
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAS (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statement is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the financial statements. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed we conclude that there is a material misstatement of this other information, we are required to report that fact.

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**Independent Auditor's Report to the Trustees for the year ended 31 March 2025 (continued)**

We have nothing to report in this regard.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the trustees' report and from the requirement to prepare a strategic report.

**Responsibilities of trustees**

The trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but it is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

**Independent Auditor's Report to the Trustees for the year ended 31 March 2025 (continued)**

Based on our understanding of the charitable company and the industry in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to the acts by the charitable company, which were contrary to applicable laws and regulations including fraud, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls) and determined that the principal risks were related to inflated revenue and the charitable company's net income for the year and potentially undisclosed related parties.


Audit procedures performed included:

- Review of the financial statement disclosures to underlying supporting documentation
- Enquiries of management and testing of journals and evaluating whether there was evidence of bias by the Directors that represented a risk of material misstatement due to fraud
- Enquiry of management regarding any instances of actual or potential fraud during the year.
- Assessment of fraud prevention and detection procedures within the company.
- Enquiry of management regarding actual and potential litigation and claims, or any potential breaches of laws and regulations.
- Substantive testing of revenue transactions and assessment of controls implemented by the company.
- Enquiry of management concerning any new or potentially undisclosed related parties based on reviews of accounting records.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Signed by:  
  
D7AE8FEA4F244C6...

**David Allum FCCA (Senior Statutory Auditor)**

**for and on behalf of**

**UHY Hacker Young, Statutory Auditor**

14 Park Row  
Nottingham  
NG1 6GR

10-12-25

**Date:** .....

UHY Hacker Young is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

## YMCA NEWARK AND SHERWOOD

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**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 March 2025**

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
<b>Income</b>					
Income from Charitable Activities	2	1,019,538	78,342	1,097,880	919,656
<b>Total Income</b>		<u>1,019,538</u>	<u>78,342</u>	<u>1,097,880</u>	<u>919,656</u>
<b>Expenditure</b>					
Expenditure on Charitable Activities		(1,913,479)	(81,752)	(1,995,231)	(1,561,852)
<b>Total Expenditure</b>	3	<u>(1,913,479)</u>	<u>(81,752)</u>	<u>(1,995,231)</u>	<u>(1,561,852)</u>
<b>Net (Expenditure)</b>	4	<u>(893,941)</u>	<u>(3,410)</u>	<u>(897,351)</u>	<u>(642,196)</u>
<b>Total funds brought forward</b>		(1,491,317)	16,586	(1,474,731)	(832,535)
<b>Net (Expenditure)</b>		(893,941)	(3,410)	(897,351)	(642,196)
<b>Total funds carried forward</b>	10	<u>(2,385,258)</u>	<u>13,176</u>	<u>(2,372,082)</u>	<u>(1,474,731)</u>

Income and expenditure relate to both restricted and unrestricted activities derived from continuing activities.

## YMCA NEWARK AND SHERWOOD

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**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 March 2024**

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income</b>					
Income from Charitable Activities	2	870,368	49,288	919,656	354,328
<b>Total Income</b>		<u>870,368</u>	<u>49,288</u>	<u>919,656</u>	<u>354,328</u>
<b>Expenditure</b>					
Expenditure on Charitable Activities		(1,509,763)	(52,089)	(1,561,852)	(679,329)
<b>Total Expenditure</b>	3	<u>(1,509,763)</u>	<u>(52,089)</u>	<u>(1,561,852)</u>	<u>(679,329)</u>
<b>Net (Expenditure)</b>	4	<u>(639,395)</u>	<u>(2,801)</u>	<u>(642,196)</u>	<u>(325,001)</u>
<b>Total funds brought forward</b>		(851,922)	19,387	(832,535)	(507,534)
<b>Net Income/ (Expenditure)</b>		(639,395)	(2,801)	(642,196)	(325,001)
<b>Total funds carried forward</b>	10	<u>(1,491,317)</u>	<u>16,586</u>	<u>(1,474,731)</u>	<u>(832,535)</u>

Income and expenditure relate to both restricted and unrestricted activities derived from continuing activities.



## YMCA NEWARK AND SHERWOOD

Company Number: 11208210

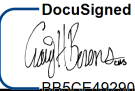
## BALANCE SHEET

for the year ended 31 March 2025

	Notes	2025		2024	
		£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	7		-		-
<b>CURRENT ASSETS</b>					
Debtors	8	271,071		151,256	
Cash at bank and in hand		<u>300,258</u>		<u>69,900</u>	
			571,329		221,156
<b>CURRENT LIABILITIES</b>					
Amounts falling due within one year	9	<u>(2,943,411)</u>		<u>(1,695,887)</u>	
			(2,943,411)		(1,695,887)
<b>TOTAL ASSETS LESS TOTAL LIABILITIES</b>			<u>(2,372,082)</u>		<u>(1,474,731)</u>
<b>FUNDS</b>					
Unrestricted revenue accumulated funds			(2,385,258)		(1,491,317)
Restricted revenue accumulated funds			13,176		16,586
<b>TOTAL FUNDS</b>	10		<u>(2,372,082)</u>		<u>(1,474,731)</u>

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime.

The financial statements were approved and authorised for issue by the Board of Trustees and signed on their behalf by:

DocuSigned by:  
  
 BB5CE492900646C...

C Berens

Group CEO

Date: 05-12-25

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**NOTES FORMING PART OF THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2025****1. ACCOUNTING POLICIES****Basis of preparation**

YMCA Newark and Sherwood is a limited company by guarantee, registered in England. The address of the registered office is given in the charity information on page 1 of these financial statements.

The charity constitutes a public entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued October 2019 (second edition), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Companies Act 2006 and UK General Accepted Practice as it applies from 1 January 2015.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £. The financial statements are prepared under the historical cost convention

**Going Concern**

The trustees assess whether the use of going concern is appropriate ie whether there any material uncertainties related to events or conditions that may cast significant doubt on the ability of the trust to continue as a going concern. The trustees make this assessment each year in respect of a period of one year from the date of approval of the financial statements. The parent company (YMCA Robin Hood Group) has agreed support to ensure the company can meet it's commitments for at least 12 months from the balance sheet signing date. YMCA Robin Hood Group has also given a parent company guarantee under Section 479A of the Companies Act 2006.

**Incoming resources**

All incoming resources are included in the Statement of Financial Activities when receipt is probable or more likely than not to be received, and the amount can be quantified with reasonable accuracy.

**Resources expended**

All expenditure is accounted for on an accruals basis, and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with use of the resources.

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**

**1. ACCOUNTING POLICIES (continued)**

**Funds**

Unrestricted funds are incoming resources receivable or generated for the objects of the charity without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets this criteria is charged to the fund, together with a fair allocation of management and support costs.

**Fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation has been provided at the following rates in order to write off the assets (less their estimated residual value) over their useful economic lives:

Fixtures and fittings              33% straight line

**Grants receivable**

Grants are included in the Statement of Financial Activities when the conditions for receiving the grant have been met.

Where performance criteria is not yet met, grant income is deferred until such time as criteria is achieved.

**Finance and operating leases**

Rentals paid under operating leases are charged to income on a straight line basis over the lease term.

**2. INCOME FROM CHARITABLE ACTIVITIES**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Unrestricted income	1,019,538	870,368
Restricted income	78,342	49,288
<b>Total income</b>	<b>1,097,880</b>	<b>919,656</b>

## YMCA NEWARK AND SHERWOOD

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)****3. TOTAL EXPENDITURE**

	<b>Unrestricted 2025 £</b>	<b>Restricted 2025 £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
<b>Activities to further objectives</b>				
Project expenses	34,823	81,752	116,575	52,089
Other expenses	1,878,656	-	1,878,656	1,509,763
<b>Total resources expended</b>	<b>1,913,479</b>	<b>81,752</b>	<b>1,995,231</b>	<b>1,561,852</b>

**4. NET INCOME AND EXPENDITURE**

Net income and expenditure is stated after charging:

	<b>2025 £</b>	<b>2024 £</b>
Operating Lease - Property rental	504,375	206,250
Independent Auditors fees	8,660	7,875

The fee above has been paid by the parent entity, YMCA Robin Hood Group.

**5. STAFF COSTS**

	<b>2025 £</b>	<b>2024 £</b>
<b>Staff employed by the charity</b>		
Salaries and wages	843,647	680,742
Employer's National Insurance	55,735	47,221
Pension costs	23,617	38,339
	<b>922,999</b>	<b>766,302</b>

	<b>2025 £</b>	<b>2024 £</b>
<b>Average employee numbers - full-time or full-time equivalents</b>		
Management and administration	61	51
	<b>61</b>	<b>51</b>

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)

5. STAFF COSTS (continued)

Key management personnel and trustees remuneration

Mr T Cauthorn (Trustee) was remunerated, under the terms of an employment contract, for his role as an executive member of the leadership team at YMCA Newark and Sherwood for the following amounts. No other trustees were remunerated for their roles.

	2025	2024
	£	£
Basic salary	78,276	53,308
Employer's National Insurance	9,540	5,065
Pension costs	7,600	4,105
	<u>95,416</u>	<u>62,478</u>

6. TAXATION

Taxation is not provided on the grounds that Part 11 of the Corporation Tax Act 2010 applies (tax exemption for charitable companies).

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings
	£
<b>Cost</b>	
As at 1 April 2024 & 31 March 2025	<u>14,901</u>
<b>Accumulated depreciation</b>	
As at 1 April 2024 & 31 March 2025	<u>14,901</u>
<b>NBV at 31 March 2025</b>	<u>-</u>
<b>NBV at 31 March 2024</b>	<u>-</u>

## YMCA NEWARK AND SHERWOOD

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)****8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade debtors	69,995	61,109
Accrued income	6,564	5,195
Prepayments	12,040	4,659
Social security and other tax debtors	50,305	-
Related party debtors	128,757	69,979
Other debtors	3,410	10,314
	<u>271,071</u>	<u>151,256</u>

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Trade creditors	15,684	19,812
Accruals	53,322	58,288
Related party creditors	2,860,168	1,574,367
Deferred income	-	15,910
Social security and other taxes	14,237	27,510
	<u>2,943,411</u>	<u>1,695,887</u>

**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)****10. ANALYSIS OF FUNDS**

	At 31 March 2023	Incoming Resources	Outgoing Resources	At 31 March 2024	Incoming Resources	Outgoing Resources	At 31 March 2025
<b>Unrestricted</b>							
General reserve	(851,922)	870,368	(1,509,763)	(1,491,317)	1,019,538	(1,913,479)	(2,385,258)
<b>Restricted</b>							
Thomas Farr Charity	5,000	-	(5,000)	-	-	-	-
Social recovery fund - Gypsy Romany Traveller	12,387	-	(1,650)	10,737	-	(10,737)	-
J N Derbyshire (Ys Girls)	2,000	-	(2,000)	-	-	-	-
Notts CC (Ys Girls)	-	-	-	-	18,731	(18,731)	-
Aldi Winter Fund (Adventure Guides)	-	-	-	-	1,000	-	1,000
Youth memberships - Camps	-	13,500	(13,500)	-	-	-	-
Nottingham Police	-	15,974	(10,125)	5,849	34,026	(39,875)	-
Fuel Poverty	-	9,814	(9,814)	-	-	-	-
Adventure Guides	-	10,000	(10,000)	-	-	-	-
29/05/1961 - 736	-	-	-	-	7,410	(7,410)	-
GWUK - 399	-	-	-	-	5,000	(5,000)	-
Barclays	-	-	-	-	500	-	500
Big sleep out	-	-	-	-	11,676	-	11,676
	19,387	49,288	(52,089)	16,586	78,343	(81,753)	13,176
<b>Total reserves</b>	<b>(832,535)</b>	<b>919,656</b>	<b>(1,561,852)</b>	<b>(1,474,731)</b>	<b>1,097,880</b>	<b>(1,995,231)</b>	<b>(2,372,082)</b>

**Restricted Reserves**

Income receivable with restrictive conditions accounted for, in accordance with latest SORP recommendations, within a restricted fund

**Nottinghamshire Police & Crime Commissioner**

Project started in March 2022 to support young people in Newark that may be affected by anti-social behaviour, to engage in positive sporting activities. Project was delivered in partnership with NSDC during hotspot times (typically weekends, evenings and over school holidays).

**Social Recovery Fund – Gypsy, Romany Traveller**

Funding through Nottinghamshire County Council to engage young people in the Gypsy, Romany Traveller community to engage in sports and health activities after school and during school holidays.

**Thomas Farr Charity**

We received two separate grants from the Thomas Farr Charity to support vulnerable young people and families in Newark.

The grant for £5,000 was to support a sports and outreach officer to work with local schools to identify young people that would benefit from an after school programme, engaging them in fun sports programmes that help them to develop healthier lifestyles. The project also helped to develop core life-skills including communication, confidence, teamworking and problem solving. There were no grants in the current period.

NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)

10. ANALYSIS OF FUNDS (continued)

GWUK

We gratefully received funding through GWUK, which enabled us to deliver targeted support to individuals and communities facing significant social and economic challenges.

Big Sleep Out

We were proud to take part in The World's Big Sleep Out again; a global campaign aimed at raising awareness and vital funds to tackle homelessness and displacement. The event united thousands of people across the world in a powerful display of solidarity, helping to fund safe shelter, support services, and advocacy efforts.

11. RELATED PARTY TRANSACTIONS

YMCA Robin Hood Group (RHG)

YMCA Newark and Sherwood operate their activities through Newark Community and Activity Village, a facility owned by YMCA Robin Hood Group, a charity under common management.

During the year, RHG has charged YMCA Newark and Sherwood a rental for this facility which totalled £504,375 (2024: £206,250). RHG provided the charity with intercompany cash of £22,800 (2024 - £145,000). RHG also charged the charity for the provision of support services, which totalled £124,992 (2024 - £93,332) and paid for expenses on behalf of the charity of £6,438 (2024 - £272,716). At the year-end, a balance of £2,860,168 (2024 - £1,574,367) was owed to YMCA Robin Hood Group.

The Zone Youth Project

At the year-end a balance of £9,797 (2024 - £9,797) was owed by The Zone Youth Project to YMCA Newark & Sherwood, a related charity through common management.

Malty Cross Ltd

Malty Cross Ltd is a charity related through common management that operates a cafe in the Newark Community and Activity Village, the facility this charity is run from. During the year, the charity charged Malty Cross Ltd £nil (2024 - £85,000) for it's share of utilities and facility management. Malty Cross Ltd also charged the charity £21,985 (2024 - £23,893) for services provided. At the year end a balance of £118,960 was owed from Malty Cross Ltd (2024 - £60,182).

12. OPERATING LEASE COMMITMENTS

At 31 March 2025, the YMCA had outstanding commitments owed to them in respect of operating leases as a lessor for future minimum lease payments under non-cancellable operating leases on rooms within the commercial property which fall receivable as follows:

	2025	2024
	£	£
Operating leases receivable		
Within one year	187,929	-
Between one and two years	118,169	-
Between two and five years	129,945	-
	436,043	-



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**NOTES FORMING PART OF THE FINANCIAL STATEMENTS (continued)**

**13. MEMBERS**

The Charity is incorporated as a company limited by guarantee having no share capital and, in accordance with the Memorandum of Association, every member is liable to contribute a sum of not more than £1 in the event of the Association being wound up. At 31 March 2025 there were 5 (2024: 5) members.