



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **01/04/2020** To **31/03/21**

Charity name: **Platform 1**

Charity registration number: **1177710**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To promote social inclusion for the public benefit by preventing people, particularly but not exclusively men aged 18 or over, within the Kirklees and surrounding area, from becoming socially excluded, relieving the needs of those people who are socially isolated or excluded and assisting them to integrate into society through the provision of facilities in which they can meet to undertake creative, physical or recreational activities, learn or pass on skills and knowledge, and support each other socially.</p> <p>For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one or more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards); or crime (either as a victim of crime or as an offender rehabilitating into society)</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Platform 1 is a 'hands on' mental health charity based in the heart of Huddersfield, offering support throughout the county.</p> <p>We work with approaching a 1000 people p.a. primarily men but increasingly with women with complex needs and from all backgrounds and experiences.</p>

		<p>We are a needs' driven organisation that listens and acts upon issues that affect so many people. These issues are not what we may regard as mental health or personality traits, but, are , we have found to quiet often to be the drivers of distress and unhappiness and that follows</p> <p>Our approach is to deal with the person and what affects them and that is making them unwell or unable to cope. We work on three levels to do this.</p> <p>Firstly, to help to avoid a crisis by looking at the concerns or issues that otherwise may escalate in a downward spiral which can lead to desperation, frustration, anger and damaging behaviours both to the individual themselves and others.</p> <p>Next, we deal with people who are in that crisis, either at the point of breakdown, mentally, physically or emotional, who may be at the point of contemplating ending their own life or self-harming, either through deliberate actions or self-neglect. We provide interventions and link directly with those agencies that might be required, such as Mental Health professionals police, hospital, etc.</p> <p>Thirdly we support the person through and beyond their immediate crisis to help them recover what they have lost in emotional and psychological term, self-esteem and self-worth, We also provide the means of recuperation and help individual realise their potential through training, peer mentoring and connection</p> <p>We encourage recovery through supportive activities, allowing reconnection at individuals own pace and within a safe and non-judgmental environment.</p> <p>Our aim is to help individuals develop interpersonal and practical skills to aid their recovery, reconnect with family, friends and the wider community and retain or find employment.</p> <p>The charity's strengths lie in offering support through three distinct paths and venues:</p> <p style="text-align: center;"><u>Crisis support</u></p> <p>A freephone Crisis telephone line open 7 days per week answered by trained staff who listen, offer advice, encourage next steps into support, and signpost where appropriate.</p>
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		<p>1:1 sessions in separate nearby venue for those who need immediate help and Crisis planning to help stabilization and self-management.</p> <p>Case study relevant to counselling</p> <p>Member 477 is a 28 year old male He was referred to Platform 1 after disengaging with the mental health services due to a diagnosis of epilepsy and severe anger issues. Finding it very difficult to relate to others and would frequently become aggressive and would display violent outbursts. This disengagement was a result of his struggle with long waiting times between appointments and feeling that his issues were not being taken seriously.</p> <p>Connect With Others Because this gentlemen had been seeing the services for quite some time and he felt that he wasn't moving on with his condition he would often display frustration which came across as aggressive behaviour towards the people trying to help him. On his first visit to Platform 1 it was self-evident that trust was of the utmost importance to this gentleman. From his first encounter with the crisis team he was listened to and allowed the time and safe space to talk and cry about his issues. He received constant one to one support because of his anger outbursts and was taught certain techniques to help him deal with them. He also had the crisis support number that he could call at any time and he used this several times to receive support at moments when his anxiety was overwhelming him and he felt out of control. Platform 1 also acknowledge that his partner would also need some support to get through this difficult time. His partner joined our women's support group where she could discuss the issues she was experiencing. This has been a great help to both parties as they are able to make sense of how their lives are changing at the moment. The gentleman was then supported to re-engage with medical professionals to get the medical treatment he needed. He is now back with the medical services, but this time he trusts their diagnosis and takes on board the treatment he is offered</p> <p>Physically Active This gentleman had been working up to his epilepsy diagnosis. His job had been quite physical. He was concerned that his strength was waning due to lack of exercise so he decided to visit a gym and build up his stamina.</p>
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		<p>He now knows his limits for working out because of his epilepsy but enjoys the social and physical side of going to the gym.</p> <p>Learning New Skills Due to the birth of a new baby boy, he has developed new skills to help him deal with the day to day activities the a small child brings. He has also learned to have empathy with others and to deal with his emotional out bursts. The couple have decided to share the daily routine with the baby and he regularly phones family and our team to ask for advice.</p> <p>Giving To Others He now spends a lot of time with his partner and his son. He has re connected with his parents and now talks openly about his journey and how he now accepts that people were not there to judge him but to help him. With support from Platform 1 he has learned to recognise when he is becoming agitated and remove himself from the situation which is causing the problem. This has allowed him to talk to others about his experiences and he now refers others to Platform 1.</p> <p>Attention To the Moment With the acceptance of his medical diagnosis, he is now more able to focus on living his life rather than just focusing on his illness. He openly talks with others about things that concern him and deals more with his anger issues. He has become more tolerant of things that used to cause him to get extremely agitated and angry and has learned when to avoid events or people who may be a trigger. His life is now taken up with both he and his partner looking after and loving their newborn child</p> <p><u>Safe Space</u></p>
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		<ul style="list-style-type: none"> • On-site welfare support within a relaxed environment of train carriages on the old platform at Huddersfield Train Station where we offer help on <ul style="list-style-type: none"> - a range of advice on housing, finances, employability and welfare issues. Staff help men deal with official documentation, telephone and physical appointments with various services they find daunting and confusing. - a coffee & chat in a safe place - activities within a Bike hub where bike maintenance and logistic skills can be learnt; Gardens with seating areas for socializing and developing horticultural skills - counselling sessions - Tuesdays is 'Women Only' Day. The site is open for Women's groups and individual sessions are available - New Multi-training carriage offering training in various areas eg Hospitality and Food Hygiene; IT; employability skills; and a café for snacks and drinks with a social area <p>Case relevant to safe space</p> <p>Chris spent his whole life fighting against discrimination and bullying. When he came to Platform 1 he had to be escorted by probation service support workers due to his previous history of violence and offending. Chris soon engaged with the others and found a safe place, no discrimination, no bullying, where no judgements are made, where people will take the time to get to know him. He has become the man who he was destined to be due to Platform 1. Chris is well liked and respected, he is friendly and helps where he can.</p>
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Outreach

- in various venues across West Yorkshire for those who need advice and pastoral care.

Case Study

Elliott joined in May. He lives in sheltered living due to his learning disability. Prior to his joining he stayed in all day, every day and was suffering greatly from depression. His sister heard about Platform 1 through word of mouth. Elliott comes four days a week to Platform 1. He uses the computers, joins in with the art and craft activities and helps out with small tasks around the site. His sister is delighted as he now has something to do with his time and a sense of belonging that she says he has never known; he has a safe place to visit and a place where he is held in high regard.

OUTCOMES

Our services provide choices and opportunities for people to create meaningful sustainable change. We are also committed to promoting the NHS 5 Ways to Wellbeing at strategic and operational levels and also in our service delivery and outcome and impact monitoring

NHS 5 ways to wellbeing	Platform 1 Services and resulting Outcomes
Learn New Skills	Practical skill development in woodwork, bike mechanics, gardening for leisure or a career. New multi-training carriage will offer various courses eg Catering, Employability, Computer servicing.
	Improved life chances and enhanced aspirations
Give to Others	Becoming a Peer supporter or volunteer
	Improved community connectedness
Connect with Other People	'Coffee and a chat' sessions

			Activities such as woodwork, bike hub, gardening where people can meet with others in a safe and relaxed environment
			<ul style="list-style-type: none"> Better quality relationships with family and friends
		Be Physically Active	On-site gardening Borrowing one of our bicycles and going for a ride Guided walks
			<ul style="list-style-type: none"> Improved physical health and wellbeing
		Pay attention to the present moment - Mindfulness	Activities such as woodwork, bike hub and gardening where people can 'tinker' and learn to relax and be more aware of themselves and their needs.
			<ul style="list-style-type: none"> Improved mental health and emotional wellbeing
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees meet every 6 weeks to discuss Charity related issues which includes any guidance issued by the Charity Commission	

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Things to note</p> <ul style="list-style-type: none"> - Growth since 2018 has been steady - Impact of Covid – we did receive some Covid funding at a % of ?? however we have a strong record of securing income to offer appropriate services - Listen to feedback of clients and this is why we have developed 3 support avenue <p>During the last year we continued to provide support notwithstanding the challenges of COVID, and our model of welcoming people to drop ins was developed to include outreach work and welfare calls to ensure people could access the support and information they needed.</p> <p>We have found ways to combine in person and virtual working and continue to embed this as a model.</p> <p>We are proud to tell you that our magnificent staff group, and our volunteers, have risen to the challenges we face</p> <p>We expect to raise our profile in the coming years and give much more help to those who are trying to rebuild their lives across West Yorkshire</p>

		<p>Achievements and Performance 2020-21</p> <p>HIGHLIGHTS</p> <p>We :</p> <ul style="list-style-type: none"> • received funding of £51080.05 to help with our work in dealing with Covid mainly from local authority emergency funding • continue to support throughout lockdown • engaged with and supported people whose had been supported elsewhere and that support was nullified by lockdown and the closure of services • instigated a more outward looking attitude • We worked with people from the entire country through telephone support • We started women's only groups • We received large numbers of referrals from statutory and commissioned services <p>People who received support.</p> <p>720 memberships of Men's Safe Space</p> <p>16 memberships of Women's Safe Space</p> <p>137 people received hardship payments of £71 per month</p> <p>277 people were supported through telephone outreach</p> <p>1,770 welfare calls were made</p> <p>6 interventions with children in schools</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	

Investment performance against objectives	Para 1.41	
Other		<p>Final Statement</p> <p>We are growing rapidly as, we believe, if we are to fulfil unmet needs for so many people are experiencing real and unsustainable pressures and stress, that we need to. Our intention is to do more of what we do, continue to develop and expand our reach in term of physical area and services. Because we care and attract to our service people who also care and want to help We are optimistic that we can</p> <p>We still struggle with funding but have managed so far because lots of people, who can help do!</p> <p>Thanks to all those who have! You know who you are!</p>

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity made a surplus of £9727.64 in the year to 31/03/2021
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Sources of Funds</p> <p>The principle sources of funds are:</p> <ol style="list-style-type: none"> 1) Contracts with local businesses /organisations 2) Grants from charitable foundations and government agencies (e.g. Kirklees Council)
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		3) Income (from the general Public) generated from items made by Platform 1 members e.g.: The sale of refurbished bicycles The sale of refurbished furniture The sale of woodwork items (planters/bird boxes etc) 4) Voluntary contributions from members of the public
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity has no investments
A description of the principal risks facing the charity	Para 1.46	Impact of Covid-19 and the general downturn in the economy with subsequent adverse effects on our ability to raise funds
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated Body
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Formal interview process by senior management and Trustees. Appointment authorised at Trustee meeting

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Platform 1
Other name the charity uses	
Registered charity number	1177710
Charity's principal address	St Georges Square Huddersfield HD1 1JF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philip Clark	Chairman		
2	Tejinder Singh Blrk	Secretary		
3	Martin Wright	Treasurer		
4	Kelle Myers	Trustee		
5	Alic Wright	Trustee		
6	Depuk Singh	Trustee		
7	Sharon Davies	Trustee		
8	Gabrielle Butler	Trustee		
9	Gideon Richards	Trustee		
10	Margaret Marchent	Trustee		
11				
12				
13				
14				
15				
16				

17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)

Bob Morse Project Manager. Gez Walsh Project Leader

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		



Section A

Independent Examiner's Report

**Report to the
trustees/directors/
members of**

Charity Name
Platform 1

**On accounts for the year
ended**

31/03/2021

Charity no.:

1177710

Company no.:

Set out on pages

(remember to include the page numbers of additional sheets)

**Responsibilities and
basis of report**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31/03/2021

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

**Independent
examiner's statement**

[

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) which gives me cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed: John L. Griffiths

Date: 12/07/21

Name: John L. Griffiths

Relevant professional qualification(s) or body (if any): F.C.M.A.

Address: Lido House,
22 New Fold
Holmfirth, West Yorkshire, HD9 2 DQ

Section B **Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

John L. Griffiths
BA (Hons.) FCMA
Accountancy Services
Lido House, 22 New Fold
Holmfirth, West Yorks. HD9 2DQ
Tel/Fax: +44 (0)1484 686387

Platform 1

Total Receipts & Payments Account for the year ended 31/3/21

	Unrestricted Funds £	Restricted Funds £	TOTAL Funds £
Receipts			
unrestricted grants income	11000	0	11000
restricted grants income		75252.82	75252.82
donations income	40774.67	0	40774.67
sales	8884.55	0	8884.55
repairs	2624.5	0	2624.5
refunds received	445.21	0	445.21
misc income	0	0	0
training income	300	0	300
services	150	0	150
projects income	0	0	0
Total receipts	<u>64178.93</u>	<u>75252.82</u>	<u>139431.75</u>
Payments			
parts	1738.53	0	1738.53
equipment	655.11	2503.08	3158.19
sundries	44.8	0	44.8
refunds given	2150	0	2150
materials	518.65	3378.66	3897.31
salaries costs	39211.79	38602.42	77814.21
ni/paye costs	8096.79	4255.57	12352.36
pension costs	4887.33	3742.55	8629.88
health and safety costs	24.95	254.89	279.84
hospitality costs	17	113.93	130.93
transport costs	2012.31	846.76	2859.07
decoration and promotion costs	10	10	20
payrole costs	439	359	798
security costs	161.48	697.65	859.13
toiletries costs	0	24.48	24.48
misc costs	1024.08	40.75	1064.83
IT costs	0	119.88	119.88
training costs	125	241.9	366.9
activity costs	223.29	600	823.29
volunteer costs	104.1	722.13	826.23
site costs	3641.22	2840.94	6482.16
communication costs	241.53	1679.27	1920.8
membership, licenses or permissions	2388.96	391.71	2780.67
insurance costs	172.62	390	562.62
Total payments	<u>67888.54</u>	<u>61815.57</u>	<u>129704.11</u>
Net Income for the period	-3709.61	13437.25	9727.64
Bank Balance 31/3/20	37,348		37348

Bank Balance 31/3/2021	<u>46,940.48</u>	<u>46,940.48</u>
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Signed on behalf of the Board

Trustee

Tejinder Birk
TEJINDER BIRK
22 - 10 - 2020

Name

Date

Trustee

Name

Date

Platform 1

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Signed on behalf of the Board

Trustee



Name

TESINDER BIRK

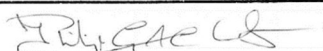
Date

22-10-2020

Trustee

Paul G A Clark

Name



Date

22-OCT-2020

Platform 1

Statement of Assets and Liabilities at 31 march 2021

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds	135.53		
Cash in Bank	<u>33,503.23</u>	<u>13437.25</u>	<u>46,940.48</u>
Total Assets	<u>33638.76</u>	<u>13437.25</u>	<u>47076.01</u>
Liabilities	<u>0</u>	<u>0</u>	<u>0</u>
Net Assets	<u>33638.76</u>	<u>13437.25</u>	<u>47076.01</u>

Signed on behalf of the Board:

Trustee



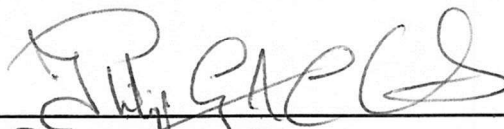
Name

TESINDER BIRK

Date

22-10-2020

Trustee



Name

PHILIP CLARK

Date

22-OCT. 2020



Section A

Independent Examiner's Report

**Report to the
trustees/directors/
members of**

Charity Name
Platform 1

**On accounts for the year
ended**

31/03/2021

Charity no.:

1177710

Company no.:

Set out on pages

(remember to include the page numbers of additional sheets)

**Responsibilities and
basis of report**

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As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

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health and safety costs	24.95	254.89	279.84
hospitality costs	17	113.93	130.93
transport costs	2012.31	846.76	2859.07
decoration and promotion costs	10	10	20
payrole costs	439	359	798
security costs	161.48	697.65	859.13
toiletries costs	0	24.48	24.48
misc costs	1024.08	40.75	1064.83
IT costs	0	119.88	119.88
training costs	125	241.9	366.9
activity costs	223.29	600	823.29
volunteer costs	104.1	722.13	826.23
site costs	3641.22	2840.94	6482.16
communication costs	241.53	1679.27	1920.8
membership, licenses or permissions	2388.96	391.71	2780.67
insurance costs	172.62	390	562.62
Total payments	<u>67888.54</u>	<u>61815.57</u>	<u>129704.11</u>
Net Income for the period	-3709.61	13437.25	9727.64
Bank Balance 31/3/20	37,348		37348

Bank Balance 31/3/2021	<u>46,940.48</u>	<u>46,940.48</u>
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Signed on behalf of the Board

Trustee

Tejinder Birk
TEJINDER BIRK
22 - 10 - 2020

Name

Date

Trustee

Name

Date

Platform 1

Total Receipts & Payments Account for the year ended 31/3/21

	Unrestricted Funds £	Restricted Funds £	TOTAL Funds £
Receipts			
unrestricted grants income	11000	0	11000
restricted grants income		75252.82	75252.82
donations income	40774.67	0	40774.67
sales	8884.55	0	8884.55
repairs	2624.5	0	2624.5
refunds received	445.21	0	445.21
misc income	0	0	0
training income	300	0	300
services	150	0	150
projects income	0	0	0
Total receipts	64178.93	75252.82	139431.75
Payments			
parts	1738.53	0	1738.53
equipment	655.11	2503.08	3158.19
sundries	44.8	0	44.8
refunds given	2150	0	2150
materials	518.65	3378.66	3897.31
salaries costs	39211.79	38602.42	77814.21
ni/paye costs	8096.79	4255.57	12352.36
pension costs	4887.33	3742.55	8629.88
health and safety costs	24.95	254.89	279.84
hospitality costs	17	113.93	130.93
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Bank Balance 31/3/20	37,348		37348

Bank Balance 31/3/2021

46,940.48

Signed on behalf of the Board

Trustee



Name

TESINDER BIRK

Date

22-10-2020

Trustee

Paul G A Clark

Name

Paul G A Clark

Date

22-OCT-2020

Platform 1

Statement of Assets and Liabilities at 31 march 2021

	Unrestricted Funds £	Restricted Funds £	Total Funds £
Cash Funds	135.53		
Cash in Bank	<u>33,503.23</u>	<u>13437.25</u>	<u>46,940.48</u>
Total Assets	<u>33638.76</u>	<u>13437.25</u>	<u>47076.01</u>
Liabilities	<u>0</u>	<u>0</u>	<u>0</u>
Net Assets	<u>33638.76</u>	<u>13437.25</u>	<u>47076.01</u>

Signed on behalf of the Board:

Trustee



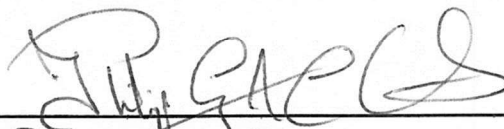
Name

TESINDER BIRK

Date

22-10-2020

Trustee



Name

Philip Clark

Date

22-OCT. 2020