

# **Dance Hastings CIO**

**Registered Charity Number 1177657**

## **Annual Accounts**

**for the period**

**22 March 2024 - 21 March 2025**

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Hastings Voluntary Action  
Jackson Hall  
Portland Place  
Hastings  
East Sussex  
TN34 1QN

## **Organisational information for Dance Hastings CIO**

**for the year ended 21 March 2025**

<b>Name of charity:</b>	Dance Hastings CIO
<b>Registered charity number:</b>	1177657
<b>Legal form:</b>	Charitable Incorporated Organisation
<b>Governing document:</b>	Constitution
<b>Address:</b>	C/o Jackson Hall Portland Place Hastings TN34 1QN
<b>Trustees:</b>	Leanne Wadey (Chair) Philippa Beagley (Treasurer) Dee Rees Charlotte Hayley-Watts Andrew Miller
<b>Bankers:</b>	Cooperative Bank, 1 Balloon Street, Manchester, M4 4BE Lloyds Bank, Blackheath London Branch
<b>Independent Examiner:</b>	Laura Dawons, Independent Examiner HVA, Jackson Hall, Portland Place, Hastings, TN34 1QN
<b>Objects:</b>	The provision of facilities for recreation and other leisure time occupation in the interests of social welfare with the object of improving the conditions of life for the persons for whom they are intended by providing dance activities and events which are accessible to all.

## **Report of the Trustees of Dance Hastings CIO**

**for the year ended 21 March 2025**

We are excited to welcome four new trustees to our team this year, and sad to say goodbye to one of our original trustees, Ruby Cox, who has moved to France. We are now a team of six who will work together to ensure the resilience of the charity and robustness of our processes.

### **Our Provision**

Our Tuesday morning class for adults with learning and physical disabilities continues to run successfully at full capacity, with between 10 and 24 participants and their carers at each session. We have moved from the Parish Rooms to the Four Courts Community Centre in Hollington, which provides a more suitable space. These sessions are supported by a dedicated team of five volunteer dance buddies, and most carers are also active participants. Participants pay £5 per session and the classes have become almost financially self-sustaining. Regular supported groups attending these classes come from The Parchment Trust and Eastview Housing. We also have 4 additional regular participants who attend with their carers.

This year we received funding from the RTR Foundation to support the delivery of two new community classes – one for adults with complex needs and severe learning and physical disabilities, and one for adults with moderate learning disabilities. We felt that this would extend our offer to satisfy a wider range of needs and to extend our capacity to run sessions for those we could not accommodate on Tuesdays. In practice we have found that separating participants with differing levels of need has not proved to be popular. The carers of participants with complex needs have told us that their participants enjoy the 'chaos' and liveliness of the mixed classes. Many of the adults with moderate learning disabilities have expressed an interest in dancing with and supporting participants in wheelchairs and with higher levels of need. After a few months of running two additional separate community classes we decided to combine them and replicate the Tuesday morning model on a Friday afternoon at The Hastings Centre. This has proved more popular and numbers are growing. Many of our Tuesday morning participants also attend the Friday afternoon class. The numbers attending this class fluctuate on a weekly basis from 0 to 16, depending on the health of participants and availability of carers. Organisations regularly attending these sessions are Eastview Housing, Martha's Trust [St Mary's House] and Abbey Lodge. The Affinity Trust has also expressed an interest but access to drivers in the afternoon is problematic so moving forward we will need to consider running an additional morning community class.

Next year we would like to develop some provision for adults with long term health conditions, and also to think about running an additional inclusive accessible community session in Bexhill, if we can access funding to subsidise the provision. Consideration has to be given to the full accessibility of the space, its size, the acoustics, toilet access for participants in large electric wheelchairs, and accessible parking. This restricts what we can afford and availability of space.

We are currently running subsidised dance sessions in 6 care homes, at £50 per session. This fee just covers the cost of a dance facilitator and not the additional office and admin costs, or costs of resources and travel. We are currently working in Newlands House on a weekly bases; Old Hastings House, Derwent House, Blair House and Bethune Court twice a month; and Cedarwood House once a month. Our team of volunteer dance buddies to support these sessions is growing, and we have 4 dance buddies who regularly support some of the sessions. Carers at some of the homes also join in and support these sessions. Our funding applications this year to enable us to offer 5 free sessions to new care homes have been unsuccessful. We will continue to fundraise so that our fees can remain affordable and we can offer free tasters.

We ran 5 dementia friendly tea dances this year, funded by Crowdfunding. They took place at St Michael's Hospice and were attended by an average of 22 elderly participants and their carers from a number of local care homes. We have a strong team of volunteer dance buddies who efficiently support these events, including the practicalities of setting up and providing friendly hospitality services alongside supporting engagement with the dancing. The tea dances are free and we ask for donations to enable us to continue to run these events. We have just received £2000 from the King Charles Community Fund, which will enable us to run 6 more events in the coming year.

### **Our Team**

We have a team of 12 regular volunteer dance buddies who ensure the success of our classes and events and playfully and empathetically support everyone to take part. One of our volunteer dance buddies has learning disabilities. She first engaged with us as a participant and demonstrated gentle awareness of and empathy for the needs of others in the class. Last year we invited her to be an advisory member of our trustees board. Some of our volunteers have long term health conditions or are elderly. We want to continue to engage with volunteers with a range of disabilities if we have the capacity to support them. The reasonable adjustments required by some volunteers do incur additional costs, particularly around the provision of transport, which we have included in all our fundraising.

In 2023 we explored how to increase our delivery capacity and to ensure robust and fair recruitment of additional dance facilitators as required. After much consideration we agreed that our aim was to increase opportunities to access inclusive and accessible dance sessions in and around Hastings, whether delivered by us or not. 6 practitioners successfully completed the online Paradance UK training funded by a grant from Sport England, and during the summer of 2024 three additional practitioners completed the training. However we were not happy with the format and delivery of the latest training and have made numerous complaints to Paradance UK, which is now being run by Communities 1<sup>st</sup>. They have offered us some free training places which we have decided not to accept. For future training we will use the People Dancing training. One dance facilitator has already completed the online People Dancing Safer Dance Practice training which is assessed as a Level 4 qualification and costs £100, and is very happy with the content and delivery. We would like all our dance facilitators and volunteers to be able to access this training, along with the training for working with aged participants and those with Parkinson's. We will be fundraising to enable this to happen. Here is a link to the training options:

<https://www.communitydance.org.uk/training-and-qualifications/professional-qualifications>

We have a team of 3 regular dance facilitators [one of whom is on a 6 month sabbatical in Brazil], and a dance buddy who is on a supported developmental journey to be able to run sessions in care homes, particularly Bethune Court which provides a very supportive community. We are interested in expanding our team to increase delivery capacity, but have realised that we are looking for specific skills and qualities in our dance facilitators and would like them to take an informal apprenticeship with us where they gain experience by supporting sessions as a dance buddy in a range of settings before running some sessions supported by our team followed by evaluative discussions to identify whether they are the 'right fit'. Next year we will be reviewing our recruitment policy and Dance facilitators JD in order to be clearer about our requirements and expectations

Our links with FE colleges have not materialised into anything tangible this year and we will need to re-engage with them next year to try to develop a partnership where we offer volunteer and training opportunities to health and social care students, and performing arts students.

As our delivery has grown admin so too have the admin and project management tasks. Next year we need to recruit a freelance admin/project management support officer to support the treasurer who is doing all project management admin and finance as a volunteer at present. Paying someone to carry out admin and project management tasks will have an impact on our fundraising, as the time taken until now has been provided for free.

### **Funding Updates**

This year we received £4500 from RTR foundation for weekly community based inclusive accessible social dance activities for adults with learning and physical disabilities. We have also received £2000 from The King Charles Community Fund to support our delivery of 6 tea dances next year.

Unfortunately our funding application to the Southern Water Goodwill Fund for ongoing costs to support our three-year business plan was not successful. We will revise our plans and try again in the April round. We had applied to the Skipton Building Society to support our work in Care homes, but at yet have had no response. We were awarded £2000 from The David Hunt Trust but were required to attend an event in order to receive the cheque, unfortunately it was short notice and none of our team was available at the time and date required, and they did not respond to our request to have an online presence.

We are waiting for a response to our application to the YAPP Foundation for funding for training and core costs. We will continue to fundraise to support our existing provision, and develop what we offer. As we grow we will also need to consider how to pay for project management and additional admin support. We will need to take into account rising costs of venue hire, travel and resources, and to increase fees paid to dance facilitators, which have remained the same for the last four years.

We express great thanks to the Sussex Community Foundation for their grant of £5000 that we received in March 2023 at the end of our previous financial year. This grant has enabled us to run our community classes this year, and to provide free taster sessions to three different care homes.

*Philippa Beagley , March 2025*

# Dance Hastings CIO

Receipts & Payments accounts

for the period

**22 March 2024** to **21 March 2025**

Previous Year			Current Year		
			Restricted funds	Unrestricted funds	Total funds
	<b><u>Receipts</u></b>	Notes			
6,769.90	Grants	1	9,500.00	-	9,500.00
4,327.40	Other income			10,709.13	10,709.13
	Bank Interest		-	21.50	21.50
<u>11,097.30</u>			<u>9,500.00</u>	<u>10,730.63</u>	<u>20,230.63</u>
	<b><u>Expenditure</u></b>				
8,345.80	Dance Facilitators		5,200.00	6,912.60	12,112.60
911.00	Volunteer Expenses		456.30	25.00	481.30
-	Resources		536.65	167.88	704.53
4,800.00	Admin		665.88	385.82	1,051.70
-	Office		696.08	-	696.08
-	Marketing		88.12	6.20	94.32
-	Travel		-	-	-
120.00	Venue Hire		1,716.00	509.50	2,225.50
606.45	Refreshments		311.12	55.08	366.20
390.01	Training		100.00	100.00	200.00
50.00	Accounting/post box		-	-	-
200.00	Misc Expenses		-	-	-
<u>15,423.26</u>	<b>TOTAL PAYMENTS</b>		<u>9,770.15</u>	<u>8,162.08</u>	<u>17,932.23</u>
(4,325.96)	Net surplus/-deficit		(270.15)	2,568.55	2,298.40
	Movement in funds		-	-	-
<u>8,654.00</u>	Fund balances b/f	22/3/24	<u>4,285.25</u>	<u>42.79</u>	<u>4,328.04</u>
<u>4,328.04</u>	Fund balances c/f	21/3/25	<u>4,015.10</u>	<u>2,611.34</u>	<u>6,626.44</u>

# Dance Hastings CIO

## Statement of Assets & Liabilities

as at

21 March 2025

						Previous year
						Total
			Restricted Income	Unrestricted Income	Total	
<b>Current assets</b>						
Current Account - Co Op	@	21/03/25	1,000.00	413.39	1,413.39	
Current Account - Lloyds	@	21/03/25	-	191.55	191.55	4,328.04
Deposit Account	@	21/03/19	3,015.10	2,006.40	5,021.50	
Cash in hand	@	21/03/25	-	-	-	
Receipts awaiting banking			-	-	-	
			4,015.10	2,611.34	6,626.44	4,328.04
<b>Current liabilities</b>						
Income not yet received			-	-	-	-
			4,015.10	2,611.34	6,626.44	4,328.04

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 1993. The trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments account and Statement of Assets and Liabilities.

Approved by the Trustees on

13.01.2026

and signed on their behalf by



Leanne Wadey (Chair)



Philippa Beagley (Treasurer)



# Dance Hastings CIO

## Notes to the Accounts

for the period ending 21 March 2025

### 1 Restricted Funds

		Income	Spent	Left
<b>Chalk Cliffe Trust</b>				
	b/fwd	£ -		
Grant received		£ -		
Spending			£ -	
Amount carried forward				<u>£ -</u>
<b>RTR</b>	b/fwd	£ -		
Grant received		£ 4,500.00		
Spending			£ 2,022.37	
Amount carried forward				<u>£ 2,477.63</u>
<b>Magic Little Grants (2019)</b>	b/fwd	£ 62.35		
Grant received		£ -		
Spending			£ -	
Amount carried forward				<u>£ 62.35</u>
<b>Sussex Community Founda</b>	b/fwd	£ 18.40		
Grant received		£ 5,000.00		
Spending			£ 4,865.41	
Amount carried forward				<u>£ 152.99</u>
<b>Crowdfunding</b>	b/fwd	£ 1,793.55		
Grant received		£ -		
			£ 1,271.67	
Amount carried forward				<u>£ 521.88</u>
<b>Chalk Cliffe 2023</b>	b/fwd	£ 2,410.95		
Grant received		£ -		
Spending			£ 1,610.70	
Amount carried forward				<u>£ 800.25</u>
<b>Total Restricted Funds</b>				<u><b>£ 4,015.10</b></u>

## **Independent Examiner's Report to the Committee of Dance Hastings CIO**

I report on the accounts of Dance Hastings CIO  
for the twelve month period ended 21 March 2025 which are set out on the previous pages.

### **Respective responsibilities of committee & examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act), and that an independent examination is needed.

It is my responsibility:

- to examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention

### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the supporting documentation presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act
  - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Laura Dawson  
Finance Manager  
Hastings Voluntary Action  
Jackson Hall, Portland Place, Hastings, TN34 1QN

Dated:

14/01/26