

Dance Hastings CIO

Registered Charity Number 1177657

Annual Accounts

for the period

22 March 2023 - 21 March 2024

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Hastings Voluntary Action
Jackson Hall
Portland Place
Hastings
East Sussex
TN34 1QN

Organisational information for Dance Hastings CIO
for the year ended 21 March 2024

Name of charity:	Dance Hastings CIO
Registered charity number:	1177657
Legal form:	Charitable Incorporated Organisation
Governing document:	Constitution
Address:	C/o Jackson Hall Portland Place Hastings TN34 1QN
Committee members:	Teresa Flower (Chair) Philippa Beagley (Treasurer) Ruby Cox (Trustee)
Bankers:	Lloyds Bank, Blackheath London Branch
Independent Examiner:	Laura Dawons, Independent Examiner HVA, Jackson Hall, Portland Place, Hastings, TN34 1QN
Objects:	The provision of facilities for recreation and other leisure time occupation in the interests of social welfare with the object of improving the conditions of life for the persons for whom they are intended by providing dance activities and events which are accessible to all.

Report of the Trustees of Dance Hastings CIO

for the year ended 21 March 2024

Our two classes for adults with learning and physical disabilities continue to run successfully with between 5 and 18 participants and their carers at each session. These sessions are supported by a dedicated team of five volunteer dance buddies, and most carers are also active participants. Participants pay £5 per session and the classes had become almost financially self-sustaining.

The community class held at Ore community centre was attended by residents from Eastview Housing on the Ridge. In May it was agreed that we would move to deliver these sessions in-house for a fee of £50 per session. This covers the facilitator fees but admin fees and office costs have to be found from elsewhere in our budget.

One of our volunteer dance buddies has learning disabilities. She first engaged with us as a participant and demonstrated gentle awareness of and empathy for the needs of others in the class. This year we have invited her to be an advisory member of our trustees board. The reasonable adjustments around providing transport for her will incur extra costs which we will include in future fundraising.

In September our community class in Hollington had to move from the Robsack Centre after 4 years there, due to FSN taking a full-time booking for the hall. We were very sad to leave this large and welcoming space and have found it impossible to find anywhere else that offers such wonderful accessible facilities at an affordable price and that is available on a regular basis. We have established ourselves at the Parish Rooms in Hollington. The space is accessible but much smaller than the Robsack hall and it has proved to be difficult to accommodate the number of participants with the wide range of needs that we accommodated at the Robsack. In order to be financially self-sustaining we need 16 participants each week, but at best the space can accommodate 12 – 14 comfortably. We have had to turn away two new settings asking to take part. We are in the process of fundraising to subsidise an additional two community classes, one for those with complex needs and one for those with moderate learning difficulties.

We have delivered 10 free sessions in three different care homes, Mais House, Amble side and Old Hastings House, with between 10 and 20 residents dancing during each session. The homes have been offered additional sessions at a reduced cost of £50 per session and Old Hastings House is now paying for two sessions a month. Again, this fee just covers the cost of a dance facilitator and not additional office and admin costs or costs of resources. These sessions are supported by one volunteer dance buddy and we

are in the process of recruiting additional dance buddies to help participants to engage more fully. Carers at the homes also join in and support these sessions.

Last year we explored how to increase our delivery capacity and to ensure robust and fair recruitment of additional dance facilitators as required. After much consideration we agreed that our aim was to increase opportunities to access inclusive and accessible dance sessions in and around Hastings, whether delivered by us or not. We decided to fundraise so that we could offer dance and community practitioners free training with Paradance UK, accompanied by support and work experience delivered by our team. By the end of March 2023 we had successfully raised £500 from South East Thriving Communities for an introductory day for up to 15 practitioners; £6,840 from Sport England to pay for up to 8 people to access the online Paradance Inclusive Dance Leadership Training and three sessions each of paid work experience; and £3040 from the Chalk Cliff Trust to enable us to offer a robust mentoring service to the Paradance trainees and to run four inclusive dance network meetings over two years.

The introductory training day took place in May 2023 and was attended by 16 local community or dance practitioners. Everyone agreed that it was a useful and engaging training and that they would be interested in being part of a local inclusive dance network.

Six practitioners went on to complete the online Inclusive Dance Teacher training delivered by Paradance UK in July 2023. Five of those practitioners have gone on to run their own sessions, including dance in care homes and supported living, disco for those with moderate learning disabilities, creative dance for wellbeing, and tik tok dance for adults in the community. We have increased our core team of dance facilitators to four. Two additional practitioners have started their Paradance UK training in March 2024, and one more is booked onto the next training.

We ran a successful Crowdfunding Campaign to enable us to run six dementia friendly social tea dances. We raised £900 which was match-funded by East Sussex County Council Wellbeing fund. We have arranged four monthly tea dances so far, to be held at the Arthur Easton Centre at St Michael's Hospice. The first tea dance will take place on April 19th 2024. We are in the process of recruiting a bespoke team of volunteer dance buddies and hospitality hosts to support these events.

We have made links with the social care course leaders at Sussex Coast College and have been invited in to talk to students and run an introductory interactive dance session to introduce them to our work. We then hope to recruit some students as volunteer dance buddies and to support them to think about how they might creatively engage with clients when they are working in the sector.

We are waiting for the results of two funding applications to subsidise additional inclusive dance sessions in the community and free blocks of sessions in five more care homes.

We hope that next year we will be able to continue to support our Paradance trainees to deliver a wide range of inclusive accessible dance sessions, and then to continue to raise funds to be able to offer and support more inclusive accessible dance in the community and residential care homes.

Philippa Beagley , March 2024

Dance Hastings CIO

Receipts & Payments accounts

for the period

22 March 2023 to **21 March 2024**

Previous Year			Current Year		
		Notes	Restricted funds	Unrestricted funds	Total funds
	<u>Receipts</u>				
7,480.00	Grants	1	6,769.90		6,769.90
2,528.75	Other income			4,327.40	4,327.40
	Bank Interest		-	-	-
<u>10,008.75</u>			<u>6,769.90</u>	<u>4,327.40</u>	<u>11,097.30</u>
	<u>Expenditure</u>				
4,081.80	Dance leaders/volunteers		5,196.15	3,149.65	8,345.80
847.50	Venue hire		321.00	590.00	911.00
-	Marketing		-	-	-
500.00	Training		4,800.00	-	4,800.00
-	Equipment		-	-	-
-	Teacher Resources		-	-	-
-	Project Management		-	-	-
-	Admin		-	120.00	120.00
96.00	Office Expenses		316.80	289.65	606.45
294.01	Insurance/PAT testing		309.01	81.00	390.01
-	Accounting/post box		50.00	-	50.00
222.78	Misc Expenses		200.00	-	200.00
<u>6,042.09</u>	TOTAL PAYMENTS		<u>11,192.96</u>	<u>4,230.30</u>	<u>15,423.26</u>
3,966.66	Net surplus/-deficit		(4,423.06)	97.10	(4,325.96)
	Movement in funds		-	-	-
<u>4,687.34</u>	Fund balances b/f	22/3/23	<u>8,708.31</u>	<u>(54.31)</u>	<u>8,654.00</u>
<u>8,654.00</u>	Fund balances c/f	21/3/24	<u>4,285.25</u>	<u>42.79</u>	<u>4,328.04</u>

21 March 2024

8,654.00

8,654.00

Philippa Beagley (Treasurer)

Dance Hastings CIO

Notes to the Accounts

for the period ending 21 March 2024

1 Restricted Funds

		Income	Spent	Left
Chalk Cliff Trust				
	b/fwd	£ 803.36		
Grant received		£ -		
Spending			£ 803.36	
Amount carried forward				<u>£ -</u>
Sport England	b/fwd	£ 6,193.75		
Grant received		£ 1,200.00		
Spending			£ 7,393.75	
Amount carried forward				<u>£ -</u>
Magic Little Grants (2019)	b/fwd	£ 506.00		
Grant received		£ 536.35		
Spending			£ 980.00	
Amount carried forward				<u>£ 62.35</u>
Sussex Community Fund	b/fwd	£ 1,205.20		
Grant received		£ -		
Spending			£ 1,186.80	
Amount carried forward				<u>£ 18.40</u>
Crowdfunding	b/fwd	£ 1,993.55		
Grant received		£ -		
			£ 200.00	
Amount carried forward				<u>£ 1,793.55</u>
Chalk Cliff Trust 2023	b/fwd	£ -		
Grant received		£ 3,040.00		
Spending			£ 629.05	
Amount carried forward				<u>£ 2,410.95</u>
Total Restricted Funds				<u>£ 4,285.25</u>

Independent Examiner's Report to the Committee of Dance Hastings CIO

I report on the accounts of Dance Hastings CIO
for the twelve month period ended 21 March 2024 which are set out on the previous pages.

Respective responsibilities of committee & examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act), and that an independent examination is needed.

It is my responsibility:

- to examine the accounts under section 145 of the Charities Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the supporting documentation presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Acthave not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Laura Dawson
Finance Manager
Hastings Voluntary Action
Jackson Hall, Portland Place, Hastings, TN34 1QN

Dated: 17/12/24 .

