

LLINOS FOUNDATION

England & Wales · Charity number 1177589

Details

Status Registered

Legal form CIO

Registered 2018-03-19

Register [View on the Charity Commission register](#)

Contact

Address 245 Swansea Road
Trebanos
Pontardawe
Swansea
SA8 4BY

Phone 07526099356

Activities

Objects: THE OBJECT OF THE CIO IS THE PROMOTION OF GOOD HEALTH AMONGST PEOPLE LIVING WITH A LONG TERM CONDITION, THEIR RELATIVES AND CARERS BY:A) THE PROVISION OF ANIMAL ASSISTED OCCUPATIONAL AND PSYCHOLOGICAL THERAPYB) EDUCATION REGARDING ANIMAL ASSISTED THERAPY FOR PEOPLE WITH LONG TERM CONDITIONS, HEALTHCARE PROFESSIONALS AND OTHER INTERESTED PARTIESC) UNDERTAKING OR SUPPORTING RESEARCH INTO THE EFFECTS OF ANIMAL ASSISTED THERAPY, DISSEMINATING THE USEFUL RESULTS AND INFORMING THE EVIDENCE BASE FOR ANIMAL ASSISTED THERAPY

Activities: The object of Llinos Foundation is to promote good health amongst people living with long term conditions, their relatives and carers by: the provision of animal assisted occupational and psychological therapy, education regarding animal assisted therapy and undertaking and supporting research into the effects of animal assisted therapy.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£0	£0	-
2024-03-31		£0	£0	-
2023-03-31		£0	£0	-
2022-03-31		£0	£0	-
2021-03-31		£0	£0	-

Trustees

Name	Role	Appointed
CLARE ANN CLARK	Chair	2018-02-22
Dr JANE HARRISON		2018-02-22
Jennifer Budgell		2018-02-22
ORLA SARAH LOWE		2018-02-22

LLINOS FOUNDATION

England & Wales - Charity number 1177589

Accounts



Trustees' Annual Report for the period

From 01.04.24

Period start date

To 31.03.25

Period end date

Charity name: Llinos Foundation

Charity registration number: 1177589

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objective of Llinos Foundation is the promotion of good health amongst people living with a long term condition, their relatives and carers by:</p> <p>A) The provision of animal assisted occupational and psychological therapy</p> <p>B) Education regarding animal assisted therapy for people with long term conditions and other interested parties</p> <p>C) Undertaking and/or supporting research into the effects of animal assisted therapy, disseminating the useful results and informing the evidence base for animal assisted therapy.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Pandora and Tonks donkey therapy programme training programme is being maintained.</p> <p>Training has also started with Lemon an Angora goat as an additional animal suitable for therapy.</p> <p>Llinos Foundation continues to explore the different opportunities in collaborating with other local charities and social enterprises on potential projects and therefore optimise the sustainability of Llinos Foundation in the long term.</p> <p>Links have been made with Occupational Therapists delivering similar interventions throughout the UK, to provide peer support and learning.</p>
Statement confirming whether the trustees have	Para 1.18	<p>The Trustees have regard to the Charity Commission's guidance on public</p>

had regard to the guidance issued by the Charity Commission on public benefit		benefit and will ensure that this is adhered to during all discussions with other charities and/or social enterprises.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>1) Training programme is being maintained with Pandora and Tonks. Lemon an Angora Goat has been included in the training programme as an alternative for potential participants who may have allergies to equines. Programme includes:</p> <p>Desensitisation of the donkeys and goat to a range of stimuli</p> <p>Leading, standing and handling interaction with a range of age groups.</p> <p>2) Ongoing review of research literature on animal assisted therapy</p> <p>3) Liaison with other charities and social enterprises to explore possible partnership/collaboration while still maintaining the primary objectives of Llinos Foundation</p> <p>4) Site visits to explore potential venues for the delivery of animal assisted therapy and sustainability of interventions.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	For this reporting period no funds have been received and the cost of looking after the donkeys has been and will continue to be borne solely by Clare Clark (Trustee)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	Llinos Foundation remains in the establishment stage and therefore not delivering any therapy at present
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Trust
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by interview and appointed by the charity trustees. Charity trustees must have the skills, knowledge and experience needed for the effective administration of the Charitable Incorporated Organisation.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Llinos Foundation
Other name the charity uses	N/A
Registered charity number	1177589
Charity's principal address	245 Swansea Road, Trebanos, Pontardawe, SA8 4BY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Clare Clark			Clare Clark
2	Jennifer Budgell			Jennifer Budgell
3	Jane Harrison			Jane Harrison
4	Orla Lowe			Orla Lowe
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

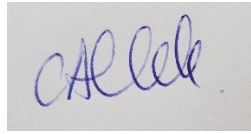
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Clare Clark

Position (eg Secretary,
Chair, etc)

Chair

Date

10.01.25

LLINOS FOUNDATION

England & Wales - Charity number 1177589

Accounts



Trustees' Annual Report for the period

From 01.04.23

Period start date

To 31.03.24

Period end date

Charity name: Llinos Foundation

Charity registration number: 1177589

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objective of Llinos Foundation is the promotion of good health amongst people living with a long term condition, their relatives and carers by:</p> <p>A) The provision of animal assisted occupational and psychological therapy</p> <p>B) Education regarding animal assisted therapy for people with long term conditions and other interested parties</p> <p>C) Undertaking and/or supporting research into the effects of animal assisted therapy, disseminating the useful results and informing the evidence base for animal assisted therapy.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Pandora and Tonks donkey therapy programme training programme has continued.</p> <p>The cost of living crisis continues to have had a significant impact on the progression of Llinos Foundation year.</p> <p>Llinos Foundation continues to explore the different opportunities in collaborating with other local charities and social enterprises on potential projects and therefore optimise the sustainability of Llinos Foundation in the long term.</p> <p>Links have been made with Occupational Therapists delivering similar interventions throughout the UK, to provide peer support and learning.</p>
Statement confirming whether the trustees have	Para 1.18	<p>The Trustees have regard to the Charity Commission's guidance on public</p>

had regard to the guidance issued by the Charity Commission on public benefit		benefit and will ensure that this is adhered to during all discussions with other charities and/or social enterprises.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	1) Training programme progressing well with Pandora and Tonks. Programme includes: Desensitisation of the donkeys to a range of stimuli Leading, standing and handling interaction with a range of age groups 2) Ongoing review of research literature on animal assisted therapy 3) Liaison with other charities and social enterprises to explore possible partnership/collaboration while still maintaining the primary objectives of Llinos Foundation 4) Site visits to explore potential venues for the delivery of animal assisted therapy and sustainability of interventions.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against	Para 1.41	
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objectives set		
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	For this reporting period no funds have been received and the cost of looking after the donkeys has been and will continue to be borne solely by Clare Clark (Trustee)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	Llinos Foundation remains in the establishment stage and therefore not delivering any therapy at present
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Trust
How is the charity constituted? (e.g unincorporated association , CIO)	Para 1.25	Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by interview and appointed by the charity trustees. Charity trustees must have the skills, knowledge and experience needed for the effective administration of the Charitable Incorporated Organisation.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Llinos Foundation
Other name the charity uses	N/A
Registered charity number	1177589
Charity's principal address	245 Swansea Road, Trebanos, Pontardawe, SA8 4BY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Clare Clark			Clare Clark
2	Jennifer Budgell			Jennifer Budgell
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

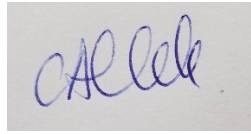
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Clare Clark

Position (eg Secretary,
Chair, etc)

Chair

Date

18.01.25

LLINOS FOUNDATION

England & Wales - Charity number 1177589

Accounts



Trustees' Annual Report for the period

From 01.04.22

Period start date

To 31.03.23

Period end date

Charity name: Llinos Foundation

Charity registration number: 1177589

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objective of Llinos Foundation is the promotion of good health amongst people living with a long term condition, their relatives and carers by:</p> <p>A) The provision of animal assisted occupational and psychological therapy</p> <p>B) Education regarding animal assisted therapy for people with long term conditions and other interested parties</p> <p>C) Undertaking and/or supporting research into the effects of animal assisted therapy, disseminating the useful results and informing the evidence base for animal assisted therapy.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The training programme for the donkeys Pandora and Tonks has continued.</p> <p>The cost of living crisis continues to have had a significant impact on the progression of Llinos Foundation this year.</p> <p>In light of this, Llinos Foundation has invested time in building up relationships with other charities and social enterprises to explore ways to collaborate on potential projects and therefore optimise the sustainability of Llinos Foundation in the long term.</p> <p>Discussions are ongoing with PhD students regarding research into the design and benefits of animal assisted therapy programmes in the future.</p>
Statement confirming whether the trustees have had regard to the guidance	Para 1.18	<p>The Trustees have regard to the Charity Commission's guidance on public benefit and will ensure that this is adhered to</p>

issued by the Charity Commission on public benefit		during all discussions with other charities and/or social enterprises.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>1) Training programme progressing well with Pandora and Tonks. Programme includes: Desensitisation of the donkeys to a range of stimuli Leading, standing and handling interaction with a range of age groups</p> <p>2) Ongoing review of research literature on animal assisted therapy</p> <p>3) Liaison with other charities and social enterprises to explore possible partnership/collaboration while still maintaining the primary objectives of Llinos Foundation</p> <p>4) Site visits to explore potential venues for the delivery of animal assisted therapy and sustainability of interventions.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	For this reporting period no funds have been received and the cost of looking after the donkeys has been and will continue to be borne solely by Clare Clark (Trustee)
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	£0
Reasons for holding zero reserves	Para 1.22	Llinos Foundation is in the establishment stage and therefore not delivering any therapy at present
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
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A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Trust
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by interview and appointed by the charity trustees. Charity trustees must have the skills, knowledge and experience needed for the effective administration of the Charitable Incorporated Organisation.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Llinos Foundation
Other name the charity uses	N/A
Registered charity number	1177589
Charity's principal address	245 Swansea Road, Trebanos, Pontardawe, SA8 4BY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Clare Clark			Clare Clark
2	Jennifer Budgell			Jennifer Budgell
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

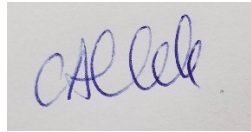
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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Clare Clark

Position (eg Secretary,
Chair, etc)

Chair

Date

27.01.24

LLINOS FOUNDATION

England & Wales - Charity number 1177589

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01.04.2020
Period end date

Period start date To 31.03.2021

Charity name: Llinos Foundation

Charity registration number: Foundation 1177589

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The objective of Llinos Foundation is the promotion of good health amongst people living with a long term condition, their relatives and carers by:</p> <p>A) The provision of animal assisted occupational and psychological therapy</p> <p>B) Education regarding animal assisted therapy for people with long term conditions and other interested parties</p> <p>C) Undertaking and/or supporting research into the effects of animal assisted therapy, disseminating the useful results and informing the evidence base for animal assisted therapy.</p>

<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Para 1.17 and 1.19</p>	<p>The COVID pandemic and fluctuating restrictions have continued to have a significant impact on the progression of Llinos Foundation this year.</p> <p>The training programme for the donkeys Pandora and Tonks has continued.</p> <p>COVID risk management in line with Government guidelines will be adhered to during therapy sessions when the situation is stable enough to carry out regular interventions.</p> <p>Llinos Foundation recognises the impact of the pandemic on small charities and continues to have discussions with other charities and social enterprises to explore ways to collaborate on potential projects.</p> <p>Discussions are ongoing with PhD students regarding research into the design and benefits of animal assisted therapy programmes in the future.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>The Trustees have regard to the Charity Commission's guidance on public benefit and will ensure that this is adhered to during all discussions with other charities and/or social enterprises.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
<p>Policy on grant making</p>	<p>Para 1.38</p>	
<p>Policy on social investment including program related investment</p>	<p>Para 1.38</p>	
<p>Contribution made by volunteers</p>	<p>Para 1.38</p>	
<p>Other</p>		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>1) Training programme progressing well with Pandora and Tonks. Programme includes: Desensitisation of the donkeys to a range of stimuli Leading, standing and handling interaction with a range of age groups while adhering to COVID guidelines</p> <p>2) Ongoing review of research literature on animal assisted therapy</p> <p>3) Consideration of COVID risk management to ensure that future therapy will comply</p> <p>4) Liaison with other charities and social enterprises to explore possible partnership/collaboration while still maintaining the primary objectives of Llinos Foundation</p> <p>5) Discussions with PhD students regarding research into the design and benefits of animal assisted therapy</p> <p>6) Site visits to explore potential venues for the delivery of animal assisted therapy</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	For this reporting period no funds have been received and the cost of looking after the donkeys has been and will continue to be borne solely by Clare Clark (Trustee)
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Additional information (optional)

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Relationship with any related parties	Para 1.51	
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Reference and Administrative details

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Other name the charity uses	N/A
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Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

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Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

--

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	Clare Clark	
	Position (eg Secretary, Chair, etc)	Chair	
	Date	20.01.2022	