



SAYiT

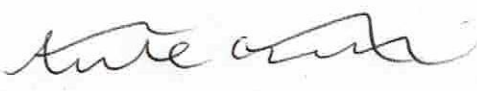
**SAYiT**  
**(Sheena Amos Youth Trust)**

**Annual Report & Financial Statements**  
**For period 1 April 2021 - 31 March 2022**

**Registered Charity Number: 1177477**

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Signed by:  
Annie Gainsborough  
Chair

**SAYiT (Sheena Amos Youth Trust)**

## **LEGAL AND ADMINISTRATIVE INFORMATION**

Full Name: SAYiT (Sheena Amos Youth Trust)

Registered Charity Number: 1177477

Principal Address: Scotia Works, Leadmill Road, Sheffield, S1 4SE

### **Trustees and Management Committee:**

Ali Bishop (Children's Commissioning Manager, Sheffield CCG) – Chair *until January 2021* & Co-chair *from January 2022 until March 2022*

Jane Fenelon (Senior Patient Partnership Coordinator, Sheffield Teaching Hospitals NHS Foundation Trust) – Vice-chair - Safeguarding lead *until March 2022*

Gill Blakey (Retired Programme Manager, Sheffield College) – Vice-chair *until March 2022*

Christopher Harvey (Head of Communications, Sheffield Museums)

Georgina Burns-O'Connell (Research Officer, British Tinnitus Association) – Co-Treasurer

Wei-Sheng Lin (Audit Associate, KPMG) – Co-Treasurer

Deborah Murdoch-Eaton (Retired Dean of Medical Education, University of Sheffield)

Dr. Jasna Magic (National LGBT+ Domestic Abuse Project Manager, Galop)

Katie Marvin (Midwifery Researcher, Sheffield Hallam University)

Joe Butler (SEND Consultancy and Training, SEND Support)

Annie Gainsborough (Project Manager, Gradconsult) – Co-chair *from January 2022* & Chair *from April 2022*

### **Staff:**

Heather Paterson – Chief Executive Officer

Nic Fearnley-Hill – Charity Manager

Oliver Harrap – Business Manager

Sophie Williams – Youth Worker

Harriet Wan-Hallam – Youth Worker

Hannah Greenslade – Youth Worker

Dylan Hadley – Youth Worker

Rum Samuel – Youth Work Assistant *until December 2021*

Iona Dixon – Admin Assistant

Evie Muir - Domestic Abuse Development Worker *until December 2021*

Elly Sinclair – Domestic Abuse Development Worker *until December 2021*

Fiona Moorcroft – Training Coordinator *from September 2021*

Alex Brailsford – Assistant Youth Worker *from March 2022*

Max Kirk - Assistant Youth Worker *from March 2022*

**Bank:** Co-operative Bank, PO Box 250, Delf House, Southway, Skelmersdale

### **Independent Examiner:**

Wells Richardson, Cannon House, Rutland Road, Sheffield, S3 8DP

Overall management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Constitution of the CIO (Charitable Incorporated Organisation). Day-to-day project activities are managed and carried out by paid staff members, paid sessional workers, volunteers and trustees.



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees report 2021-22**

#### **Structure, Governance & Management**

SAYiT was registered as a CIO in 2018 after operating as Sheena Amos Youth Trust since 1999. This report covers SAYiT's activity from 1<sup>st</sup> April 2021 to 31<sup>st</sup> March 2022.

The CIO Constitution states that the Charity shall have at least 3 Trustees, but no more than 12 at any one time. All new Trustees are required to provide the names of 2 referees prior to their appointment. Trustees are appointed following personal recommendation or individual application. Potential Trustees are required to submit a written application and undergo an interview before being accepted onto the board. A Trustee Handbook has been compiled, which will be used in the induction of future trustees and updated at regular intervals along with other handbooks. A Volunteer Handbook is also available.

At present, the full Board of Trustees meets at least 4 times a year. Subgroups are appointed by the Board of Trustees to deal with specific areas of work, e.g., employment matters. A Finance Group, consisting of the treasurers, the senior management team and the freelance finance worker, meets at regular intervals. Much of the trustees' work between meetings is conducted via email, video calls and telephone contact.

The day-to-day work of the charity is managed by the CEO and 2 part-time managers; the CEO reports to the Chair of Trustees.

During 2021-22 SAYiT employed up to 14 part-time employees at any one time and one full time. The average fulltime equivalent during this time being 8.4. All employees took part in regular supervision, annual appraisals and team meetings.

SAYiT has a comprehensive set of employment policies and guidance documents, which are assembled in Employer and Staff Handbooks. These documents are reviewed and updated at regular intervals. All have been approved for Insurance<sup>1</sup> and Employment Protection<sup>2</sup> purposes.

Enhanced Criminal Records Bureau checks are carried out on all employees, volunteers and trustees.

Trustees can claim expenses, e.g., travel, postage and stationery.

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<sup>1</sup> Employers' Insurance – Victor Third Sector Secure Insurance Policy through Ladbrook Insurance Brokers, Sheffield.

<sup>2</sup> Bulletproof Protection Plan – Employer Protection Scheme through Taylor Bracewell Employment Law, Sheffield.

**SAYiT (Sheena Amos Youth Trust)**

**Trustees' report 2021-22**

**Objectives**

The objectives of SAYiT are:

- (1) To preserve, promote and improve physical, sexual and psychological health amongst young persons aged up to 25 years, living in the City of Sheffield and surrounding areas, and in particular, but not exclusively, those young persons who are vulnerable or disadvantaged.
- (2) To advance the education of the public (including such young persons as aforesaid) in all aspects of the preservation and improvement of psychosexual health amongst young persons.



### **Public Benefit Statement**

SAYiT Trustees have been mindful of the Charity Commission's guidance on Public Benefit in their discussions about the direction the charity should take. They are confident that all the work currently being undertaken by the charity benefits the young people involved, by offering information, helping them develop new skills, allowing them to grow in confidence, empowering them to make healthy decisions and ultimately to ensure that they become active and healthy citizens. The testimonies of young people using our services confirm this.

SAYiT's projects are open to all young people in Sheffield free of charge, regardless of personal background, race, faith, disability, gender or sexuality. Workers are particularly careful to ensure that vulnerable young people from all backgrounds are given the opportunity to take part in activities. All staff, volunteers and trustees model inclusive ways of working together.

Our current main target group, LGBTQ+ young people, includes some of the most vulnerable and marginalised young people in the city. We are providing services not offered elsewhere in the city to these individuals. Groups are attracting a growing number of young people, demonstrating both the need for the groups, and the success of our workers in providing the activities which help and support the young people accessing them.

Our funders for 2021-22 have received reports on the work we have undertaken during the year, and are satisfied that we have delivered the required outcomes.

Evidence of our work to date has also convinced new funders that we will continue to deliver first-class services to LGBTQ+ young people and we have successfully secured funding to continue our work.

Our constitution allows us to work in "Sheffield and surrounding areas", so we can continue to support colleagues in South Yorkshire, either by helping to train and support local workers or by doing some of the work ourselves. This way we hope to ensure that LGBTQ+ young people can have access to excellent support wherever they live in South Yorkshire.

Please see the section of this report under "Achievements & Performance" for reports from individual projects which give examples of the way our work has delivered public benefit.



## **SAYIT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

#### **COLLABORATING ORGANISATIONS**

SAYIT adds value to the work of other agencies and service providers through joint working, partnership working and training. Those with whom SAYIT has worked during the past year include;

+Me, 9000 Lives, ADIRA, Andro and Eve, All Saints School Sheffield, Ashiana, Asylum Welcome, Barnsley Council, Barnsley Recovery Steps, Berneslai Homes, Barnsley Sexual Abuse and Rape Crisis Services, Bradfield School, Burton Street Foundation, CEASE, Centre Point, Change Grow Live, Cherry Tree Support Services, CHILYPEP, Church Temple of Fun, CRESST, DECSY, Diva, Doncaster Council, Doncaster Domestic Abuse Hub, Doncaster Foyer, Eden Films, Ethical Properties, Endorphins, Galop, Esland Homes, Haven, iBme UK, IKEA, Flourish, High Storrs School, Humankind Charity, IDAS, Irwin Mitchell Solicitors, Kelham Island Museum, Leadmill, LGBT Sheffield, Lush, Mermaids, Nacro, NHS, Nomad Sheffield, National Probation Service, Outwood Academy, Peter Abraham (Sign Language Interpreter), Porterbrook Clinic, Phoenix Women's Aid, Rdash, Riverdale Grange, Riverside, Rotherham Metropolitan Borough Council, Rothacs, Rotherham Hospice, Rotherham Rise, Rotherham Safeguarding Adults Board, REMEDI, Ritetrax, School of Sexuality, Sheffield Area Refuge and Support, Sheffield City Council, Sheffield Foyer, Sheffield Futures, Sheffield Hallam University, Sheffield Mental Health Network, Sheffield Rape and Sexual Abuse Centre, Sheffield Rainbow Laces, SOAR, Sheffield United Community Foundation, Sheffield United, Shelter, Sheffield Wednesday, Showroom, South Yorkshire Community Rehabilitation Company, South Yorkshire CRC, South Yorkshire Fire and Rescue, South Yorkshire Women's Aid, South Yorkshire Fire and Rescue, South Yorkshire Housing Association, SYEDA, South Yorkshire Police, St. Leger Homes, Strengthening Families, Stonewall, Taylor Bracewell, Together Women, TT Electronics, University of Sheffield, University of Nottingham, Voluntary Action Sheffield, West London Equality Centre, Widowed and Young, YWCA Yorkshire, Young Women's Housing Project, ZEST.



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

#### **ACHIEVEMENTS AND PERFORMANCE**

##### **Chair of the Board of Trustees Report– [April 2021 to March 2022]**

The SAYiT team have continued to work incredibly hard this year to meet the increasing needs of LGBTQ+ young people in and around Sheffield. We know that LGBTQ+ young people were disproportionately affected by COVID and continue to grapple with its longer-term impacts, especially on their mental health, as well as facing ongoing challenges as we move into a cost-of-living crisis amidst a landscape that can be increasingly hostile in relation to LGBTQ+ (particularly trans) rights. In this context, demand for our services has increased dramatically and the enduring support of SAYiT remains vital, shining a beacon of hope for some of our most marginalized young people, offering a safe space and a sense of belonging to so many across our city.

Despite these challenges, and after some significant changes to the staff team across 2021, this year has seen relative stability and growth within the SAYiT team. Heather Paterson is now well-established as our CEO, using her experience and drive to steer SAYiT's activities and reputation (locally, nationally and internationally) from strength to strength. This year, under the leadership and support of Heather - alongside Nicola Fearnley-Hill and Oliver Harrap who ably make up our senior management team - SAYiT has seen the foundation of a number of new posts – and thus team members - as we explore and consolidate a range of new areas including external training. These developments have also meant that we have outgrown Scotia Works which has been an ally and a secure base for many years, and so at the end of October 2022 we are excited to be making the move to Star House which will provide us with new neighbours in the youth work sector, as well as more space for our groups and our team to grow. Our people are where we get our strength, and the SAYiT team model every day their clear commitment to improving the lives of some of the most marginalised young people in the UK, ensuring their voices are heard and they have the chance to flourish.

The end of this year has also seen changes and developments in our Trustee Board. The departure of Ali Bishop our Chair, as well as Jane Fenelon and Gill Blakey, who between them have given so many years, a whole host of experience and enthusiasm, and an unwavering dedication to SAYiT. On a personal note, myself and the whole board have learned a huge amount from the three of them – Gill ran our new trustee training/inductions back in Autumn/Winter 2020, Ali supported me through the handover to role as Chair and Jane has continually offered a huge wealth of knowledge about the charity and its history. All Trustees - past, present and future - are truly dedicated to the Charity's success and I want to say a huge thank you to them all for their tireless work.

The hard work of the Board of Trustees together with the CEO, our charity managers, staff team and volunteers means that young LGBTQ+ people can continue to receive the support they need through our groups, counselling and peer support via innovative and creative activities. With the increasing demand for our services, and the mounting pressures the cost-of-living crisis is bringing, it is fantastic to see the Noah Lomax Fund continuing to expand, as well as the confirmation of a number of larger grants which will support us into the coming years. In this climate, we remain eternally grateful for the donations of all individuals and funders who enable our activities to continue.

I am incredibly proud of the work SAYiT does and humbled to have taken over from Ali as Chair this year. Working alongside such a dedicated team, I am confident the charity will continue to grow, providing more much-needed support to the lives of so many young LGBTQ+ people.



## **SAYIT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

Annie Gainsborough

Chair

September 2022

### **CEO's Report**

This has been another challenging year for LGBTQ+ young people and we have seen demands for our services continue to increase, both in the numbers of referrals and the level of support required. 70% of the young people attending SAYIT have additional SEND needs. As we exited the restrictions of the Covid pandemic, we are starting to see the long term impacts this has had on our young people in the disruption to their education, additional pressures to home lives and mental health impacts of the isolation and restricted access to peer support and services. Alongside this we have the ongoing cost of living crisis with increasing numbers of young people requiring hardship support.

LGBTQ+ issues have remained prominent in the media and government, with our young people seeing their existence and right to access support debated on a daily basis. Waiting lists for a first appointment with NHS Gender services are now at four years, with other mental health and statutory support services also overstretched. We have continued to see increases in anti-LGBTQ+ (and specifically anti-trans) hate crimes and legal challenges and are continuing to see the impact this is having on our young people.

In this climate, the support provided by SAYIT has never been more vital. SAYIT offers a range of groups where young people can access peer support alongside one-to-one and counselling provision to be able to support the individual needs and mental wellbeing of the young people who access our services. Our work with parents and carers, in schools and other agencies, works to improve the wider environments in which our young people experience their lives.

We have continued our partnership work with Sheffield United Community Foundation and Sheffield Rainbow Blades to address the barriers faced by young LGBTQ+ people to sports and physical activity. We have also worked to amplify the voices of LGBTQ+ young people as part of consultation project Queer Futures with the University of Nottingham and the IPCC Youth Report.

We have always recognised the importance of working in partnership with other agencies across the region and have worked closely with Sheffield Council, the city Universities, and groups and organisations across the voluntary, community, and faith sectors.

I look forward to continuing and building upon our existing relationships and networks to continue our work in future years.

We continue to operate in challenging and ever-changing times which disproportionately impact the lives of young LGBTQ+ people. However, I am confident in the strength of the charity in continuing to face these challenges and support and empower our young people. As CEO I am incredibly proud to lead such a committed team who continue to work to make a significant difference to the lives of LGBTQ+ people in the region and together building the reputation, reach, and visibility of the charity.

Heather Paterson

CEO

2022



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

#### **Fruitbowl**

Fruitbowl is a weekly group dedicated to supporting, empowering and building the confidence of LGBTQ+ youth and those that are questioning. It's a safe space to meet others with similar experiences and make friends in order for young people to build their own support networks. Fruitbowl runs out of Scotia Works which is a city centre location. Within the space there is three rooms – our main youth room where the majority of our activities take place, the atrium which is a social space where young people can chat and the snug which is a quiet, relaxing space that young people can sit in and use to decompress if they're feeling overwhelmed or had a particularly stressful week. What happens within the sessions vary from week to week but, some examples of what's gone on over the last year include:

- Zine Making
- Mindfulness and Sleep Sessions
- Escape Room
- Music Evening
- Mug Painting
- Pride Quiz
- Scavenger Hunt
- Halloween Party
- Bracelet Making
- Black History Month Quiz
- Badge Making
- Film Night
- Online Safety Session

Dylan Hadley  
Youth Worker  
2022

#### **Prism**

Prism is a support group empowering LGBTQ+ young people in Sheffield who are aged 18-25 years old. Prism offers a safe place for both group work and 1-1 support. The group runs twice a month and alternates fortnightly between remote online support and face-to-face groups.

Throughout 2021/22 SAYiT consulted with Prism young people to determine what group sessions they would like to engage in. Based on this consultation, there have been a range of different sessions at Prism including:

## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

- Games sessions
- LGBTQ+ history month
- Prom planning



- Film night (Pride themed, Black History Month themed)
- Future planning
- Christmas party
- Mermaids consultation
- Mindfulness
- Consultation with Sheffield Children's Hospital - NHS Rainbow
- Mug making
- LGBTQ+ History Timeline

Harriet Wan-Hallam  
Youth Worker  
2022

### **Projects & Campaign Work**

Alongside the youth groups Fruitbowl and Prism, we also run projects and campaigns which are open to all SAYiT young people.

The following items are events and projects the SAYiT young people got involved with during 2021-2022.

#### **Events**

- Autism event
- Rainbow Blades allies filming campaign
- World Aids Day event
- Trans Day of Remembrance (TDOR)
- International Day Against Homophobia, Biphobia and Transphobia (IDAHOBIT)

#### **Projects**

- Interviews - Young people have been involved in our recruitment process to hire youth workers
- Prom planning group
- Queer of Hearts LGBTQ+ Prom event at the Leadmill
- iBme mindfulness group
- Noah Lomax 18<sup>th</sup> birthday celebration
- Sheffield city history tour
- Endeavour canoe trip
- Rite Trax music production workshop
- Sheffield United football match trip
- Clothes swap
- SAYeaT fundraising and filming
- Swimming with Sheffield United Community Foundation
- Celebrating differences workshop- palmers school of excellence



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

#### **Guests and Speakers**

- Police conduct (IOPC) session – How police could become a safer space
- School of sexuality – Queer sexual health and consent
- University of Nottingham- LGBTQ+ Manifesto and Design Consultation
- SUCF- How sport can be more inclusive
- Rum and Bee- Celebrating queer Judaism
- NHS Rainbow – Consultation of what Sheffield Children's Hospital could do to make the hospital more inclusive
- Mermaids - Conversion therapy consultation
- Sheffield University Medical students - Introduction to anatomy 101
- Support dogs - Meet the support dogs and what they can do
- Queer panel - Older LGBTQ+ adults sharing their experiences of growing up

Sophie Williams  
Youth Worker  
2022

#### **SAYeaT**

In June 2021 we started an Aviva Campaign named SAYeaT. Our goal was to be able to create a pop-up café that is LGBTQ+ inclusive, neuro-diverse friendly and alcohol free. A promotional video was filmed by and starred some of the young people from our Fruitbowl (11-17) and Prism (18-25) groups. This can be viewed here:

<https://www.youtube.com/watch?v=dbENRkulzX0>

The café did not have its own building, instead utilising community spaces round the city. While the café is a space for everyone in the community to come to, it was staffed and facilitated by the amazing young people that are a part of SAYiT.

During this project, SAYiT's young people had the opportunity to gain employment skills, food hygiene and preparation qualifications, work experience and most importantly, confidence in positions such as customer service, food preparation and hygiene, money handling and barista training.

The café ran several times and we are now able to utilise the skills gained from the project to do it again.

#### **Working Through Change**

Working remotely throughout the COVID pandemic made us change and adapt our ways of working. Below are some of the changes we continued with once we were able to return fully to face to face work:



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

#### **Text Service**

A text service was established which enabled us to have direct contact with young people to inform them about the online groups and project which we were running. This service also provided young people a way of contacting us when needed. The service has continued to run on Wednesday and Fridays.

#### **British Sign Language / Deafness Support**

As part of SAYiT's continued efforts to be an inclusive service for everyone, we have continued with providing our youth workers with an introduction training to sign language. One of the youth workers has taken their learning further and is currently completing a sign language qualification. Now at the youth group sessions we have a BSL sign of the day.

#### **Social Media Campaigns**

We have been keeping our young people and followers across Instagram, Facebook and Twitter informed of upcoming events, what services we are offering, sharing information and advertising days of significance such as LGBTQ+ History Month, Trans Day of Remembrance, World Aids Day and International Day Against Homophobia, Biphobia and Transphobia.

During the last year SAYiT's social media following has increased significantly and we now have over 2000 followers across Facebook, Twitter and Instagram.

Oliver Harrap  
Business Manager  
September 2022

#### **Training and Education**

In September 2021 we recruited a part-time Training Coordinator to help us with the demand for LGBTQ+ training we were receiving. Previously, training was spread across the staff team.

These courses were mainly around; LGBTQ+ Awareness training and Trans Awareness training. Both these courses are CPD Accredited and suitable for up to 30 people at a time.

SAYiT has also delivered many bespoke training courses at schools, universities and workplaces across Sheffield.

We also began delivering a monthly multi-agency LGBTQ+ awareness course online, aimed at all professionals and staff teams.

Since schools reopened, SAYiT has been able to deliver education sessions and assemblies to young people at schools across the city.



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

Oliver Harrap  
Business Manager  
September 2022

#### **Volunteering**

Volunteers are given a full DBS check and induction before they start with the organisation. They are also required to supply us with two references.

We have a cap of up to 50 volunteers on the books at any one time. They support the charity in various ways, including helping out at youth groups, helping at events, administrative support in the office, social media advice and fundraising. Any volunteer working with young people receives a youth work training session.

The staff team use an online volunteer software called Better Impact to communicate with volunteers and advertise roles for which they can sign up to. Throughout the year, we kept in contact with the volunteers through newsletters and Better Impact. Volunteers also spoke at events on behalf of SAYiT and provided content and stories for our social media campaigns.

Oliver Harrap  
Business Manager  
September 2022

#### **Noah Lomax Fund**

Noah Lomax tragically died in August 2018 at the age of 15. Noah's family, alongside SAYiT, set up the Noah Lomax Fund. This has enabled us to offer SAYiT young people access to LGBTQ+ affirmative counsellors, instead of being sat on CAMHS waiting lists and we also can allow those young people in desperate need, access to a hardship fund. Those who have accessed the hardship fund have benefitted from vouchers for food and clothing, mobile phones and phone credit, travel costs and also a bike for a young person to be able to leave their home.

Oliver Harrap  
Business Manager  
September 2022

#### **LGBT+ Domestic Abuse Development Work – CALL IT OUT**

This project aimed to improve identification of abuse in the LGBT+ community and strengthen the support offered by services to LGBT+ victims and survivors of domestic abuse. This project was funded until December 2021. Unfortunately, we were unable to secure funding for this project to continue.

Over the last few years, instances of domestic abuse increased, and therefore help for LGBT+ victims was needed more than ever. The Call It Out project recognised its role by running awareness campaigns within the LGBT+ community of help available, supporting all key services (Police, Domestic and Sexual Abuse services and online/telephone counsellors) to reach out to LGBT+ victims/survivors, and providing information for friends and family members.



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' report 2021-22**

The training and consultancy work undertaken by this project with South Yorkshire services has improved access to services. The project developed an LGBT+ Inclusion Kite Mark; a quality assurance accreditation award for service providers, aiming to address some of the barriers LGBT+ people face when help-seeking.

There were two workers associated with delivering the project and also an admin worker attached.

The project managed to make a huge impact across South Yorkshire and improved the delivery of Domestic Abuse support to LGBT+ people and their families - working directly with survivors of abuse, who consistently informed the work.

Oliver Harrap  
Business Manager  
September 2022

### **Parents and Carers Group**

At SAYiT we understand that parents and carers of LGBTQ+ young people might need support too. We have a sessional worker and a volunteer associated with the project and throughout the year the group ran monthly in Sheffield city centre.

Parents and carers tell us that it is really useful for them to have somewhere safe and friendly to go to talk to other parents and carers whose young people are LGBTQ+. Even though most parents and carers are really supportive, they often worry about what is the right (or wrong) thing to say to their child in a variety of situations or how to deal with issues that arise, and they find it helpful to talk things through with others. The group members tell us what they would like the session to be around and we use feedback from our young people to inform the sessions.

Oliver Harrap  
Business Manager  
September 2022



## SAYIT (Sheena Amos Youth Trust)

### Trustees' Report 2021-22

#### Financial Review (See also the Independent Examiner's Report.)

These financial statements cover the period between 1<sup>st</sup> April 2021 and 31<sup>st</sup> March 2022. We gratefully acknowledge support from the following major funders during 2021-2022.

- Big Lottery Fund (Team Leader posts and overheads)
- BBC Children in Need (Fruitbowl and Volunteer Coordinator)
- Henry Smith Charity (senior manager posts and overheads)
- Sheffield City Council (contracts for LGBT+ and Health services)
- The Tudor Trust (CEO post and overheads)
- The Brook Trust (Domestic Abuse)

The Sheffield NHS Trust, South Yorkshire Police and Crime Commissioner and The University of Sheffield have also contributed to our funds.

#### Donations from the Public

We continued receiving donations from the public to Noah Lomax's Fund. We are particularly grateful to Noah Lomax's parents for their continuing support. This fund is currently helping to provide young people attending our projects with much-needed referrals to counselling.

#### Reserves Policy

SAYIT has a policy of maintaining sufficient unrestricted reserves, which are not committed, to meet the following needs while minimising the negative financial impact on the provision of services to young people.

- Unexpected costs such as breakdown of essential equipment, staff cover for illness, maternity leave etc. and
- Unavoidable running costs for a period of at least 6 months in the event of grant income being withdrawn.

The commitment under this policy is now estimated at **£191,984**, covering running costs for just over 6 months. Our unrestricted reserves are **£221,803** as at 31<sup>st</sup> March 2022.



## **SAYiT (Sheena Amos Youth Trust)**

### **Trustees' Report 2021-22**

#### Further Financial Review Details

Our major sources of funds thus far have been grants from both statutory as well as independent grant-making bodies.

The largest contributors remained the Big Lottery Fund, BBC Children in Need, Henry Smith Charity and the Tudor Trust.

Sheffield City Council also continued to support our work on public health and sexual health awareness.

Charities Aid Foundation contributed funds to the Noah Lomax's Fund, while the Brook Trust provided funds for our Domestic Abuse Project.

We still need to continue working on diversifying our sources of income further to include a mixture of grants, commissions, donations and other income-generating activities, to maximise the prospect of a sustainable future for SAYiT.

Our Financial Controls Policy was updated and approved at the October 2021 AGM and is to be reviewed annually.

Our Reserves Policy was updated and approved at the October 2021 AGM. It is due to be reviewed again at our October 2022 AGM in light of our continuously changing financial circumstances.

Wei-sheng Lin  
Co-Treasurer  
September 2022

Georgina Burns-O'Connell  
Co-Treasurer  
September 2022



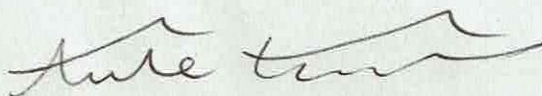
**Trustees responsibilities for the financial statements**

Charity law requires the trustees to prepare financial statements for each financial period which show the state of affairs of the charity and of net income or expenditure of the charity for that period. In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation;
- state whether applicable accounting standards of recommended practice have been followed subject to any departures disclosed and explained in the financial statements.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable the Trustees to prepare financial statements. The Trustees are responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

This report was approved by the Trustees on 10 October 2022 and is signed on their behalf by:



Annie Gainsborough  
Chair  
October 2022



## **SAYiT (Sheena Amos Youth Trust)**

### **Independent Examiner's report to the trustees of SAYiT (Sheena Amos Youth Trust)**

I report to the trustees on my examination of the accounts of the above Charity for the year ended 31 March 2022, which are set out on pages 19 to 25.

#### **Responsibilities and basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

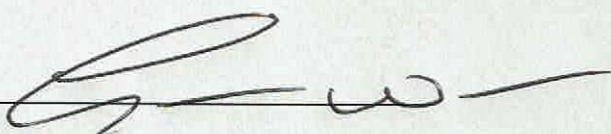
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015. I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: \_\_\_\_\_



Grant Wade BA ACA  
Chartered Accountant  
Wells Richardson  
Cannon House  
Rutland Road  
Sheffield  
S3 8DP

Date: \_\_\_\_\_

6/12/2022



**SAYiT (Sheena Amos Youth Trust)****Statement of financial activities  
for the year ended 31 March 2022**

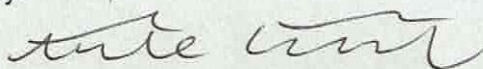
		Unrestricted fund	Restricted fund	Total 2022	Total 2021
	Notes	£	£	£	£
<b>Income from</b>	<b>1</b>				
Donations and legacies	5	75,155	186,131	261,287	404,469
Other trading activities		1,023	-	1,023	-
Income from investments		370	-	370	587
<b>Total income</b>		<u>76,548</u>	<u>186,131</u>	<u>262,680</u>	<u>405,056</u>
<b>Expenditure on</b>					
<b>Charitable activities</b>					
Wages and NI	4	31,135	221,192	252,327	258,478
Publicity		36	1,230	1,266	593
Legal and professional costs		5,267	18	5,285	7,367
Premises costs		19,078	-	19,078	18,123
Office and IT equipment		440	-	440	9,302
Training and conferences		110	3,145	3,255	5,176
Insurance		2,485	-	2,485	2,357
Office costs		464	-	464	898
Project work		2,895	41,169	44,064	36,176
Travel & subsistence		-	1,106	1,106	4,401
Other payments		-	-	-	-
<b>Governance costs</b>	<b>7</b>	<u>792</u>	<u>-</u>	<u>792</u>	<u>720</u>
<b>Total expenditure</b>		<u>62,702</u>	<u>267,860</u>	<u>330,562</u>	<u>343,590</u>
Net movements in funds		13,846	(81,728)	(67,882)	61,466
Fund Transfers	6	14,223	(14,223)		
Funds brought forward		192,094	168,865	360,959	299,494
<b>Funds carried forward</b>		<u>220,163</u>	<u>72,914</u>	<u>293,077</u>	<u>360,959</u>



**SAYIT (Sheena Amos Youth Trust)****Balance Sheet as at 31 March 2022**

	Notes	2022 £	2021 £
<b>Current Assets</b>			
Debtors	2	34,586	-
Balance at Bank and cash		259,283	361,679
<b>Total Current Assets</b>		<u>293,869</u>	<u>361,679</u>
<b>Creditors: amounts falling due within one year</b>	3	(792)	(720)
<b>Net current assets/(liabilities)</b>		<u>293,077</u>	<u>360,959</u>
<b>Total assets less current liabilities</b>		<u>293,077</u>	<u>360,959</u>
 <b>Asset transfer</b>	7	-	-
<b>Net Assets</b>		<u>293,077</u>	<u>360,959</u>
 <b>Represented By</b>			
Restricted income fund	6	72,914	168,865
Unrestricted income fund		220,163	192,094
		<u>293,077</u>	<u>360,959</u>

This report was approved by the Trustees on 10 October 2022 and is signed on their behalf by:



~~Ali Bishop~~ Annie Gainsborough  
Chair



**Notes to the Accounts**

**for the year ended 31 March 2022**

**1 Accounting Policies**

**(a) Basis of preparation**

The Financial Statements have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with FRS102 (effective from January 2015 and updated with effect from January 2019) - (the Charities SORP (FRS102)), as modified for smaller charities.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The Charity meets the definition of a public benefit entity as defined under FRS102.

**(b) Income**

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

**(c) Restricted Funds**

Restricted funds are used for specific purposes as laid down by the donor. Expenditure which meets the criteria is identified to the fund together with a fair allocation of management and support costs.

**(d) General Funds**

Unrestricted Funds are other income received or generated for the objects of the charity without further specified purpose and are available as general funds.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose

**(e) Resources expended**

Sheena Amos Youth Trust is not VAT registered.

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

**(f) Tangible Fixed Assets and Depreciation**

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost of each asset over its useful life.

**(g) Fund Accounting**

Funds held by the charity are either restricted funds or unrestricted general funds. Unrestricted funds are funds which can be used in accordance with the charitable objects at the discretion of the trustees. Restricted funds that can only be used for a particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

**(h) Financial Assets**

Debtors are recognised when receipt is certain and can be measured or estimated reliably. Cash and bank balances are measured at transaction price.

**(i) Creditors and provisions**

Creditors and provisions are recognised where has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably.

**(j) Pensions**

Sheena Amos Youth Trust are contracted to The People's Pension to provide their workplace pension scheme.

The People's Pension is a multi-employer, defined contribution occupational pension scheme that has master trust status. It's run by B&CE, a not-for-profit organisation.

The employer's contributions made to the scheme in 2022 were £15,114 (2021: £14,632) with an employer's contribution rate of 7% of total pay.



**SAYiT (Sheena Amos Youth Trust)****Notes to the accounts****for the year ended 31 March 2022****Statement of Financial Activities - prior year comparison**

		Unrestricted fund	Restricted fund	Total 2021
	Notes	£	£	£
<b>Income from</b>	<b>1</b>			
Donations and legacies	5	62,140	342,329	404,469
Other trading activities		-	-	-
Income from investments		587	-	587
<b>Total income</b>		<u>62,727</u>	<u>342,329</u>	<u>405,056</u>
<b>Expenditure on</b>				
<b>Charitable activities</b>				
Wages and NI		23,054	235,424	258,478
Publicity		-	593	593
Legal and professional costs		7,367	-	7,367
Premises costs		18,123	-	18,123
Office and IT equipment		9,302	-	9,302
Training and conferences		1,659	3,517	5,176
Insurance		2,357	-	2,357
Printing, stationery and postage		799	-	799
Telephone		99	-	99
Project work		-	36,176	36,176
Travel & subsistence		1,056	3,345	4,401
Other payments		-	-	-
<b>Governance costs</b>		<u>720</u>	<u>-</u>	<u>720</u>
<b>Total expenditure</b>		<u>64,535</u>	<u>279,056</u>	<u>343,590</u>
Net movements in funds		(1,808)	63,274	61,466
Fund Transfers		25,772	(25,772)	-
Funds brought forward		<u>168,130</u>	<u>131,363</u>	<u>299,494</u>
Funds carried forward		192,094	168,865	360,959



## SAYiT (Sheena Amos Youth Trust)

### Notes to the accounts

for the year ended 31 March 2022

	2022	2021
	£	£
<b>2 Debtors: amounts falling due within one year</b>		
Grant receivable	34,586	-
	<u>34,586</u>	<u>-</u>

### 3 Creditors: amounts falling due within one year

These are expenses that have been incurred but have not been billed or paid for during the accounting period. They are in respect of:

	2022	2021
	£	£
Accruals	792	720
	<u>792</u>	<u>720</u>

### 4 Staff costs and trustees' remuneration

	2022	2020
	£	£
Salaries	223,723	230,901
Redundancy costs	-	-
Social Security costs	13,490	12,945
Pensions	15,114	14,632
	<u>252,327</u>	<u>258,478</u>

The average number of monthly employees was 13.5 (2021: 15)

The average number of monthly full time equivalents was 8.44 (2021: 9.05)

None of the staff earned more than £60,000 pa (2021: nil)

### Trustees' remuneration

Trustees received no expenses, remuneration or benefits during the period for 2022 (2021: £nil)



**SAYIT (Sheena Amos Youth Trust)**
**Notes to the accounts**
**for the year ended 31 March 2022**
**5 Income**

Donations and legacies	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Donations and legacies include the following grants receivable:				
Big Lottery Fund	-	33,682	33,682	66,704
The Brelms Trust CIC	-	-	-	4,909
The Brooke Trust	-	-	-	30,000
Charities Aid Foundation	-	-	-	11,750
Children in Need (Fruitbowl)	-	29,996	29,996	40,420
Children in Need (Volunteer Coordinator)	-	-	-	9,994
Children in Need SEND	-	-	-	4,984
Egress software	2,500	-	2,500	-
Henry Smith	-	-	-	60,000
LGBT+ Consortium (SEND)	-	-	-	9,329
Sheffield City Council	1,000	-	1,000	-
Sheffield City Council - Counselling to Noah Lomax Trust	-	10,000	10,000	-
Sheffield City Council - Domestic Abuse	-	7,500	7,500	18,381
Sheffield City Council - Vulnerable Children	-	50,000	50,000	-
Sheffield City Council - VRU	-	-	-	20,000
Sheffield NHS Trust	-	12,000	12,000	-
Sheffield United Football Club	2,500	-	2,500	-
South Yorkshire Police Crime Commissioner	-	2,500	2,500	2,500
The Tudor Trust - Main grant	-	30,000	30,000	40,000
The Tudor Trust - Counselling	-	-	-	2,000
The Tudor Trust - Donation to Noah Lomax Fund	-	-	-	5,000
The University of Sheffield	-	-	-	7,644
<b>Contracts</b>				
Sheffield City Council - LGBT Health	26,000	-	26,000	26,000
Sheffield City Council - Intersectionalities	25,000	-	25,000	25,000
<b>Donations</b>				
	18,155	10,454	28,609	19,855
	<u>75,155</u>	<u>186,131</u>	<u>261,286</u>	<u>404,469</u>
<b>Other trading activities</b>				
Conference income	1,023	-	1,023	-
Income from investments	370	-	370	587
<b>Total income</b>	<u>76,548</u>	<u>186,131</u>	<u>262,679</u>	<u>405,056</u>

Funder	Opening balance	Income £	Expenditure £	Transfers £	Closing balance
	1-Apr-21 £				31-Mar-22 £
Big Lottery Fund (2019 - 2022)	44,029	33,682	(57,511)	(10,984)	9,216
The Brelms Trust CIC	1,634	-	(1,634)	-	-
The Brooke Trust	12,948	-	(12,948)	-	-
Charities Aid Foundation	2,440	-	(2,440)	-	-
Children in Need (Fruitbowl 2018 -21)	14,190	20,410	(31,361)	(3,239)	-
Children in Need (Fruitbowl 2022 -25)	-	9,586	(4,920)	-	4,666
Children in Need (Volunteer Coordinator)	4,674	-	(4,674)	-	-
Children in Need SEND	1,710	-	(1,710)	-	-
Henry Smith Foundation	26,827	-	(26,827)	-	-
LGBT+ Consortium (SEND)	3,687	-	(3,687)	-	-
Sheffield City Council - Domestic Abuse	25,604	7,500	(33,104)	-	-
Sheffield City Council - VRU	8,394	-	(8,394)	-	-
Sheffield City Council - Vulnerable Children	-	50,000	(24,564)	-	25,436
Sheffield NHS Trust	-	12,000	(10,270)	-	1,730
South Yorkshire Police Crime Commissioner	-	2,500	(2,500)	-	-
The University of Sheffield	7,644	-	(7,644)	-	-
The Tudor Trust - Main grant	3,333	30,000	(25,833)	-	7,500
The Tudor Trust - Counselling	1,640	-	(1,640)	-	-
<b>Donations</b>					
Noah Lomax Trust	10,108	20,454	(6,199)	-	24,363
	<u>168,863</u>	<u>186,131</u>	<u>(267,860)</u>	<u>(14,223)</u>	<u>72,914</u>

Information of funders is included in the Trustee Report Financial Review



# **SAYiT (Sheena Amos Youth Trust)**

## **Notes to the accounts**

**for the year ended 31 March 2022**

### **8 Analysis of net assets by funds**

	Unrestricted funds £	Restricted funds £	Total funds £
Current assets	186,370	72,914	259,283
Debtors	34,586	-	34,586
Current Liabilities	(792)	-	(792)
	<u>220,163</u>	<u>72,914</u>	<u>293,077</u>

### **9 Statement of cash flows**

Cashflow from operating activities	2022 £	2021 £
<b>Income from</b>		
Donations and legacies	226,701	404,469
Other trading activities	1,023	-
Income from investments	370	587
<b>Expenditure on</b>		
Charitable activities	(330,490)	(342,870)
Net cash	(102,395)	62,186
Cash brought forward	361,679	299,494
<b>Cash carried forward</b>	<b>259,283</b>	<b>361,679</b>

### **9 Going Concern**

The trustees are of the view that the charity is a going concern.

Work for funding to replace existing grants due to expire, additional new grants and contracts is ongoing.

### **10 Operating leases**

The charity has the following lease commitments under non-cancellable operating leases:

	2022 £	2021 £
Not later than one year	-	3,139
Later than one year and not later than five years	-	-
	<u>-</u>	<u>3,139</u>