



Annual General Meeting 12th October 2023

Chair's Report

The Alliance is about to transform from a purely voluntary organisation, by employing its first member of staff.

1. Lottery Bid for Part Time Post. We have been successful in our bid for a Dementia Community Coordinator and our successful candidates starts very shortly after a rigorous recruitment process! Our success will transform the charity and will be of huge significance to those on their journey with dementia and their loved ones and carers. The work on this bid has taken up considerable time but the rewards will be significant for the future.
2. Coop Local Cause. The charity has just received the excellent news that it has been chosen to be the Coop Local Cause for this year starting in October 23.
3. Cognitive Stimulation Therapy. These therapy sessions continue face to face in Tavistock Library. There is no charge for these sessions and these sessions are led by Tavistock Memory Café with support from Tavistock Library.
4. Tovertafel. The Tovertafel is installed in Tavistock Library and is successful used by the CST group and other groups.

5. Cycling Without Age West Devon and East Cornwall. A successful partnership has been developed with this charity. A trishaw is permanently based in Tavistock and trishaw rides are offered to the community, particularly to those attending Tavistock Memory Café.
6. Singing for Fun. This monthly group is back up and running in Tavistock Methodist Church, once a month for gentle fun singing to stimulate the brain.
7. Love to Move. Home Instead now provides trained Love to Move Practitioners to run these sessions at Tavistock Area Support Services, once a week. These seated exercise to music sessions are trained through the British Gymnastics Foundation and are great therapy for those with cognitive impairment, with a focus on left/right brain work. TASS have an extra trained practitioner who assists with the courses.
8. BBC Radio Devon. Lynn has a regular slot, every 3 months, on BBC Radio Devon with Fitz. Fitz and Michael Chequer (co-presenter) generously allow Lynn to continue to raise awareness of the support folk require on their journey with dementia.
9. Trustees. There has been a great deal of development of the TDA. Matt Luckham, Alex Sharpe and Anna Dodd each bring a wide and diverse range of skills to the Trustee board.

Tavistock Dementia Action Alliance Year ending 31 March 2023

Registered number : 1177430

Surplus/deficit position

Income

Donations	375	
Subscriptions	<u>225</u>	
		600

Expenditure

Insurance	<u>218</u>	
		218

Surplus		382
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Opening bank balance		2,066
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Surplus achieved		382
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Closing bank balance		2,447
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Treasurer - George White

Date approved :