

Trustees Annual and Finance Report year ended 30/09/2025

Pedal People charity no. 1177426

Registered address: 13 Aymer Rd, Brighton, BN3 4GB

Base address: Sea-container, Madeira Drive, Brighton BN2 5TH

Independent registered charity. Established September 2017

www.pedalpeople.org.uk



Accessible Cycle Rides

For elders plus all-ages living with disability or health needs

Accessible cycling offers mobility and freedom. Transformative for participants, families and carers. The power of movement outdoors expands worlds, improves health and dramatically enhances quality-of-life:

- 1 in 20 people are living with disability in Brighton*.
- Adaptive cycles are the **only** accessible outdoor activity for **82%** of our participants**
- Our supported cycle experiences, aboard adaptable 2-4 seater trikes enable people with limited or no access to outdoor activity to cycle regularly.
- Promotes health, independence, community participation and equity.
- Therapeutic and stimulating physical activity and exercise, combatting effects of sedentary living.
- Positively impacts motivation for and skills in communication and mobility.
- Reduces isolation. Passers-by interact positively, adding community connection to all.
- Aids systemic inclusion, reinforcing that disabled lives are not peripheral.



Trailblazing Brighton charity:

- Access to **25Km per ride** across own community, **year-round**. Not limited to one track or park.
- Consistent minimum **50% Women** Cycle Pilot Volunteers, Staff and Charity Board***
- Awarded the MBE for charities. Team just 3 part-time staff and 50 volunteers enable **4000 rides** a year.

We offer two different services:

1. **Elders living in Care:** Weekly set-schedule, piloted by trained Volunteer Cycle-Pilots. Participants collected from care homes by trike. Pilots trained in disability and dementia support skills.
2. **All-Ages Accessible Rides:** We train carers/friends/family to cycle-pilot these. Enables, often for first time, riding together. Adaptable, suitable for complex needs and hoist available.

* Census 2021 & 'Health Counts' 2024. Limited activity and poor health; older adults (75+), disabled adults, neurodivergent adults, those with mental or physical conditions, unpaid carers. **Pedal People anon. survey 2025. Majority live in or with care and otherwise sedentary. ***Women under-represented in cycling & cycle organisations. Participate 54% less than men {Sustrans & Cycling UK 2025}

Benefits

- Accessible, stimulating outdoor activity that improves quality of life (*including but not limited to motivation for speech, communication, movement plus mood, mobility, motor skills, sleep and appetite*).
- Improves health, wellbeing, independence and confidence
- Increases people and physical community connection and reduces isolation and loneliness

Beneficiaries

- People in/living with care, who rarely or never go outside otherwise (40Km radius of Brighton).
- Disabled people and people experiencing health challenges.
- People with Special Educational Needs.
- Carers and families.

Structure

Trustee board: 5 trustees including finance committee. Consistent minimum 50% women board and volunteer cycle pilots. www.pedalpeople.org.uk/team

Advisory group: Family members, carers and participant riders. This is their choice as an option instead of trustee. This is because all have high commitments to caring, rehabilitation and other medical appointments and a higher need to closely manage health conditions.

Staff – contracted, PAYE:

- 1: Captain, manages all aspect of the charity including rides. 32 hrs per week.
- 1: Cycle-Pilot Support, manages Volunteer Cycle-Pilot team of 44 - Elder Care Ride Service. 22 hrs p/w.
- 1: Ride Enabler, All-Ages Accessible Ride Service. 17.5 p/w.

Sessional support staff

- 1: Cycle Mechanic, 3hrs p/w.

[Total staff = Equivalent of just 2 full-time].

Participant and Volunteer led

- 50 Volunteers, mainly Elder Care Pilot team plus Ride Enablers for All-Ages Service & site maintenance.
- Ride participant feedback collected constantly, with some rides this is verbal or photos. Care home plus pilot team report options every ride. All-Ages participants respond via the auto survey sent after each ride as well as via photos. We have locked, confidential feedback boxes at both our ride bases.
- 70% of trustees are volunteer cycle pilots in our charity team.
- 1 trustee has lived experience of disability and chronic illness.
- 75% Trustees have lived experience as carers.
- 75% of staff have lived experience of health needs and caring.
- Annual care home and pilot surveys. Anonymous and results shared with all participants and team.

Achievements

- **MBE for charities – 'Kings Award for Voluntary Service'**. Awarded 2023 for life.
- Our cycles are out back-to-back and 12 months a year. All cycles community funded and fully used.

- Consistently run both our services which are open 12-months of the year.
- 42 trained and supported volunteer cycle pilots on our Elder Care Service. Consistent min. 50% women.
- 100% positive feedback (continuing the same record of this for the 7th year running) from Care providers, volunteers and ride participants in our annual anonymous, online survey. 100% care providers responded for Elder Care Service and 100% of All-Ages Accessible Service (as collected through ride booking system online).
- Established our All-Ages base in 2 sea containers on Brighton seafront and in the city centre. A first of it's kind in the UK. 1 in 20 people in Brighton are living with disabilities.

Finance report year ending 30 September 2025

The accounts for the year ended 30 September 2025 will be independently assessed.

2025 has again been a challenging year for a small charity. However, we are happy to report that through energetic and intelligent fundraising this year, Pedal People have raised the required funds for the year. We are so very grateful to the many community funds and trusts which enable the charity to provide such a valuable year-round service to both our Elder Care participants and our All-Ages Service participants.

The combination of a cost-conscious team and very detailed budgeting by the Captain and board have enabled operating costs to be kept well controlled.

There have been necessary increases in 4 areas:

- **Communications/PR** – Funding the celebration of the award of The King's Award for Voluntary Service, or the Charity MBE, required an increase in this category. However, this needs to be viewed in the context of a very successful event promoting the charity and helping to recruit potential volunteers. An individual donation was made independently that covered the full cost.
- **Employment Costs** – The move of a sessional support member of staff onto PAYE has increased the overall costs. Essential to ensure consistency of staffing and to enable the team to plan more effectively in the face of increasing service demand.
- **Cycle Maintenance** – With an aging fleet of trikes, expenditure has increased significantly in this area, as expected and planned for. As part of this replacement new batteries have been purchased for most trikes. The strategic plan covers the replacement of all trikes over the next two years.
- **Base costs:** Electricity cabling to local mains box (£1.5K). Plus rent to BHCC introduced (£8K) per year from September 2024. First time on electricity. Merged our 2 separate bases. Elder Care rides now at same base as All-Ages with long lease from BHCC. Our base remains 2 simple sea-containers without running water. The team work year-round in this leanly-resourced base, enabling limited resources to maintain our high-quality and life-changing service, providing 4000 rides per year.

The Charity continues to maintain a 3-month reserve as part of its sustainability policy and continues to include the necessary budget for future replacement of major parts on the cycles when this becomes necessary. We go into 2026 in good financial health though with the ever present need for funding and ultimately multiple-year grant funding.

Ben Coffey, Treasurer 30 September 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Pedal People
Pedal People

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Receipts and payments accounts

For the period from	Period start date 01/10/2024	To	Period end date 30/09/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Boxes	-	-	-	-	-
Donations - Care Homes	10,200	-	-	10,200	8,600
Donations - Community Fundraising	10,440	-	-	10,440	9,752
Donations - Company	3,000	-	-	3,000	1,500
Donations - In Memory	-	-	-	-	-
Donations - Individuals	11,250	-	-	11,250	8,779
Donations - All-Ages Income	5,830	-	-	5,830	4,265
Deposit Account Interest	526	-	-	526	385
Grants	74,150	5,000	-	79,150	113,970
Sub total (Gross income for AR)	115,396	5,000	-	120,396	147,251
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	115,396	5,000	-	120,396	147,251
A3 Payments					
Communications / PR	3,483	-	-	3,483	836
IT and booking system	501	-	-	501	568
Insurance	2,796	-	-	2,796	2,794
Salaries	67,785	-	-	67,785	51,802
Employment Costs	10,168	-	-	10,168	14,392
Employment Costs -Pension	5,099	-	-	5,099	3,887
Base Costs	6,658	-	-	6,658	2,546
Cycle Batteries Purchase	7,424	-	-	7,424	-
Capital Costs	1,515	-	-	1,515	-
Cycle Maintenance & Mechanic	9,789	5,000	-	14,789	9,985
Volunteer Support	2,241	-	-	2,241	919
Sessional Support	4,840	-	-	4,840	9,158
Sub total	122,299	5,000	-	127,299	96,887
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	122,299	5,000	-	127,299	96,887
Net of receipts/(payments)	(6,903)	0	-	(6,903)	50,364
A5 Transfers between funds		-	-	-	-
A6 Cash funds last year end	126,742	-	-	126,742	76,378
Cash funds this year end	119,839	-	-	119,839	126,742

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Current Account	58,928	-	-
	Metro Deposit Account	60,911	-	-
		-	-	-
	Total cash funds	119,839	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

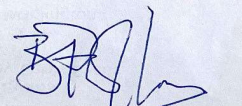
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details		Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	BEN COFFEY - TRUSTEE	15/10/2025


Section A
Independent Examiner's Report
**Report to the trustees/
members of**

Charity Name

PEDAL PEOPLE

**On accounts for the year
ended**

30 SEPTEMBER 2025

**Charity no
(if any)**

1177426

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 09 / 2025.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below *~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:
Date:

15 OCTOBER 2025

Name:

ALEX KOUPLAND

**Relevant professional
qualification(s) or body
(if any):**

FCA CTA FMAAT

Address:

CALDER & CO

30 ORANGE STREET

LONDON WC2H 7HF

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.