

Trustees Annual and Finance Report year ended 30/09/2024

Pedal People charity no. 1177426

Registered address: 53 Princes Rd, Brighton, BN2 3RH

Independent registered charity. Established September 2017

www.pedalpeople.org.uk



Accessible Cycle Rides

For elders plus all-ages living with disability or health needs

Stimulating outdoor adventures, improving quality-of-life and health

Rides enable people with limited or no access to outdoor activity to cycle regularly. The piloted rides are transformative for participants, their families and carers. For 81% participants they are their only outdoor activity*. All aboard return exhilarated. People passing rides notice the fabulous big trikes and interact positively, adding community connection to all. Cycle adventures of 5-25Km per-ride across green and blue spaces make our rides exceptional and effective.

Awarded the MBE for charities. Our small team of just 2 staff and 44 volunteers enable over 4000 rides a year, on an incredibly lean budget we fundraise for every year. All rides are highly subsidised through our fundraising, so are low or no-cost to participants.

A trailblazing Brighton charity with unique attributes:

- Access to 25Km across own community per ride, year-round. Not limited to circular track or a park.
- 'Elder Care Ride Service' plus 'All-Ages Ride Service'.
- Consistent minimum 50% Women Cycle Pilot Volunteers, Staff and Charity Board**.
- Our ethos enables 'See it to be it' with under-represented groups and encourages others to follow.

* Pedal People survey Sept. 2023. Majority participants live in or with care and are otherwise sedentary.

**Women are under-represented in cycling & cycle organisations. Women cycle half as often as men. {Cycling UK 2022}



We offer two different transformative, quality-of-life services:

1. **Elders living in Care:** Weekly set-schedule, piloted by our team of trained Volunteer Cycle-Pilots. We collect and return participants to their care home by trike. Pilots are trained in disability and dementia support skills and provided with ongoing support.
2. **All-Ages Accessible Rides:** We train carers/friends/family to cycle-pilot these. Enables, often for first time, riding together. Bookable via website. Adaptable, suitable for complex needs and hoist available.

Benefits

- Accessible, stimulating outdoor activity that improves quality of life (*including but not limited to motivation for speech, communication, movement plus mood, mobility, motor skills, sleep and appetite*).
- Improves health, wellbeing, independence and confidence
- Increases people and physical community connection and reduces isolation and loneliness

Beneficiaries

- People in/living with care, who rarely or never go outside otherwise (40Km radius of Brighton).
- Disabled people and people experiencing health challenges.
- People with Special Educational Needs.
- Carers, families, friends.

Structure

Trustee board: 5 trustees including finance committee. Consistent 50% women board plus min 50% women volunteer cycle pilots. www.pedalpeople.org.uk/team

Advisory group: Family members, carers and participant riders. This is their choice as an option instead of trustee. This is because all have high commitments to caring, rehabilitation and other medical appointments and a higher need to closely manage health conditions.

Staff – contracted, PAYE:

- 1: Captain, manages all aspect of the charity including rides. 32 hrs per week.
- 1: Cycle-Pilot Support, manages Volunteer Cycle-Pilot team of 44 - Elder Care Ride Service. 22 hrs p/w.

Sessional support staff

- 1: Sessional Support: Ride Enabler, All-Ages Accessible Ride Service. 6-13hrs p/w.
- 1: Freelance insured Cycle Mechanic, 3hrs p/w.

[Total staff = Equivalent of just 2 full-time].

Participant and Volunteer led

- 50 Volunteers, mainly Elder Care Pilot team plus Ride Enablers for All-Ages Service & site maintenance.
- Ride participant feedback collected constantly, with some rides this is verbal or photos. Care home plus pilot team report options every ride. All-Ages participants respond via the auto survey sent after each ride as well as via photos. We have locked, confidential feedback boxes at both our ride bases.
- 70% of trustees are volunteer cycle pilots in our charity team.
- 1 trustee has lived experience of disability and chronic illness.
- 75% Trustees have lived experience as carers.
- 75% of staff have lived experience of health needs and caring.
- Annual care home and pilot surveys. Anonymous and results shared with all participants and team.

Achievements

- **MBE for charities – ‘Kings Award for Voluntary Service’.** Awarded 2023 for life.
- Our cycles are out back-to-back and 12 months a year. All cycles community funded and fully used.
- Consistently run both our services which are open 12-months of the year.
- 44 trained and supported volunteer cycle pilots on our Elder Care Service. Consistent min. 50% women.
- 100% positive feedback (continuing the same record of this for the 6th year running) from Care providers, volunteers and ride participants in our annual anonymous, online survey. 100% care

providers responded for Elder Care Service and 100% of All-Ages Accessible Service (as collected through ride booking system online).

- Established our All-Ages base in 2 sea containers on Brighton seafront and in the city centre. A first of its kind in the UK. 1 in 20 people in Brighton are living with disabilities.
- We have had an average of 5 new participants per week who then attend weekly at our All-Ages Service and we have seen a year on year 15% increase of participants attending once per week year-round as well as an increase in people with long-term health challenges attending.

Finance report for year ending 30 September 2024

The accounts for the year ended 30 September 2024 have been independently assessed.

2024 has again been a challenging year for a small charity without a main grant funder. However, we are happy to report that through energetic and intelligent fundraising this year, Pedal People have raised the required funds for the year.

We are so very grateful to the many community funds and trusts which enable the charity to provide such a valuable year-round service to both our Elder Care participants and our All-Ages Service participants.

The combination of a cost-conscious team and very detailed budgeting by the Captain and board have enabled operating costs to be kept well controlled. The Charity continues to maintain a 3-month reserve as part of its sustainability policy and has included the necessary budget for future replacement of major parts on the cycles when this becomes necessary.

In the last week of this financial year, Pedal People were able to move the All-Ages Service base (established in February 2022) to a new permanent home on Brighton seafront at Black Rock. A 5-year lease was signed with Brighton and Hove Council and particular thanks go to BHCC for their continuing support for Pedal People.

We go into 2025 in good financial health though with the ever present need for funding and ultimately the requirement for long term, multiple-year grant funding.

Brian Moore, Treasurer 25/11/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Pedal People
Pedal People

1177426

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/10/2023

To

Period end date
30/09/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations - Boxes	-	-	-	-	
Donations - Care Homes	8,600	-	-	8,600	8,000
Donations - Community Fundraising	9,752	-	-	9,752	7,121
Donations - Company	1,500	-	-	1,500	5,835
Donations - In Memory	-	-	-	-	
Donations - Individuals	8,779	-	-	8,779	19,520
Donations - All-Ages Income	4,265	-	-	4,265	5,755
Deposit Account Interest	385	-	-	385	
Grants	96,970	17,000	-	113,970	51,710
Sub total (Gross income for AR)	130,251	17,000	-	147,251	97,941
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	130,251	17,000	-	147,251	97,941
A3 Payments					
Communications / PR	836	-	-	836	463
IT and booking system	568	-	-	568	1,639
Insurance	2,794	-	-	2,794	2,800
Salaries	44,802	7,000	-	51,802	46,400
Employment Costs	14,392	-	-	14,392	11,757
Employment Costs -Pension	3,887	-	-	3,887	3,636
Office Costs	2,546	-	-	2,546	3,844
Cycle Purchase	-	-	-	-	14,855
Cycle Maintenance	4,985	5,000	-	9,985	8,166
Volunteer Support	919	-	-	919	2,384
Sessional Support	9,158	-	-	9,158	11,342
All-Ages Base set up	-	-	-	-	1,967
Sub total	84,887	12,000	-	96,887	109,253
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	84,887	12,000	-	96,887	109,253
Net of receipts/(payments)	45,364	5,000	-	50,364	(11,312)
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	76,378	-	-	76,378	87,690
Cash funds this year end	121,742	5,000	-	126,742	76,378

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Current Account	66,357	-	-
	Metro Deposit Account	60,385	-	-
		-	-	-
	Total cash funds	126,742	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	BRIAN MOORE - TRUSTEE	06/12/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

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For the period from	Period start date 01/10/2023	To	Period end date 30/09/2024
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		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		BRIAN MOORE - TRUSTEE	06/12/2024	