

## Trustees Annual and Finance Report year ended 30/09/2023

**Pedal People** charity no. 1177426

Registered address: 53 Princes Rd, Brighton, BN2 3RH

Independent registered charity. Established September 2017

[www.pedalpeople.org.uk](http://www.pedalpeople.org.uk)



### Accessible Cycle Rides

Year-round wind-in-hair wellbeing

### Why we are blazing a trail and why it matters

We are all entitled to enjoy outdoor activity and be part of the everyday life of our localities. Our participants ride into and around their community, to see, to meet, to be part of local community street-life and what's going on. This is chosen and deliberate. It is inclusion. It is what drives our work. We have brilliant mental health and wellbeing outcomes for all participants, including their carers. Our work counters isolation and enables opportunity for social connection and stimulating activity.

Uniquely, we train carers and volunteers to pilot rides, enabling community connections with participants and access to seafront and green spaces throughout our city. Our charity delivers invigorating, fun, uplifting and (often only) outdoor activity via two different services:

1. **Elder Care Rides:** Elders living in care. Piloted by our Volunteer Cycle Pilot team.
2. **All-Ages Rides:** At this service we train carers, friends, family to cycle pilot. Variety of pedal/ non-pedal/ electric-assist multi-seat trikes available. Cycle out together aboard the same trike. Anyone with a disability or health challenge can book a ride direct via our website. Adaptable, accessible cycles with seat belt, swivel-out seats, arm rests. Easy-onboarding, wheelchair transfer, suitable for complex needs.

### [View gallery of our cycles in action](#)



### Unique attributes:

- 50% Women cycle pilot volunteers\* and Charity Board (\**women under-represented in cycling in UK*).
- Open 12 months a year. Seafront and city location enabling participation in /around own community.
- Participants enjoy between 6-20Km taking in parks, sea and even allotment adventuring.

### Beneficiaries

- People in/living with care, who rarely or never go outside otherwise (40Km radius of Brighton).
- Disabled people and people experiencing health challenges.
- People with Special Educational Needs.
- Carers, families, friends.

## Benefits

- Enable all ages and abilities access to stimulating and outdoor activity.
- Reduce isolation and increase independence and confidence.
- Improve health, wellbeing and quality of life e.g. Speech motivation, movement and motor skills.

## Structure

**Trustee board:** 5 trustees including finance committee. Consistent 50% women board plus min 50% women volunteer cycle pilots. [www.pedalpeople.org.uk/team](http://www.pedalpeople.org.uk/team)

**Advisory group:** Family members, carers and participant riders. Ages 21+

This is their choice as an option instead of trustee. This is because all have high commitments to caring, rehabilitation and other medical appointments and a higher need to closely manage health conditions.

## Staff

- 1 Full-time: Captain, manages all aspect of the charity including rides
- 1 Part-time: Pilot Support, manages Volunteer Cycle Pilot team of 44 who run Elder Care Ride Service.
- 1 Sessional Support: Ride Enabler– All-Ages Accessible Ride Service.
- 1 Freelance Cycle Mechanic – 3-5 hours a week.

## Participant and Volunteer led

- 50 Volunteers, mainly Elder Care Pilot team plus Ride Enablers for All-Ages Service & Maintenance.
- Ride participant feedback collected constantly, with some rides this is verbal or photos. Care home plus pilot team report options every ride.
- Accessible Cycle Hub participants respond via the auto survey sent after each ride as well as via photos.
- 80% of trustees are volunteer cycle pilots in our charity team.
- 1 trustee has lived experience of disability and chronic illness.
- 75% Trustees have lived experience as carers.
- Annual care home and pilot surveys. Anonymous and results shared with all participants and team.

## Achievements

- Nominated for the nationally competitive, prestigious **MBE for charities – ‘Kings Award for Voluntary Service’**. Results will be announced the following month to this report submission.
- Our cycles are out back-to-back and 12 months a year. All cycles community funded and fully used.
- Consistently run both our services 12-months of the year.
- 44 trained and supported volunteer cycle pilots on our Elder Care Service. Consistent min. 50% women.
- 100% positive feedback (continuing the same record of this for the 6<sup>th</sup> year running) from Care providers, volunteers and ride participants in our annual anonymous, online survey. 100% care providers responded for Elder Care Service and 100% of All-Ages Accessible Service (as collected through ride booking system online).
- Established our new All-Ages base in 2 sea containers on Brighton seafront and in the city centre. A first of it's kind in the UK. 1 in 20 people in Brighton are living with disabilities.
- We have had an average of 5 new participants per week who then attend weekly at our All-Ages Service and we have seen a year on year 15% increase of participants attending once per week year-round as well as an increase in people with long-term health challenges attending.

**Finance Report:**

10 October 2023

Accounts for the year ended 30 September 2023 have been independently assessed.

2023 has been a most challenging year financially. This is due to the combination of:

- Much greater competition amongst all charities for funding likely due to the impact of cost-of-living crisis on donations.
- Impact of price hikes on cycles and cycle parts due to Brexit.
- Charity's own increased costs associated with the full operation of the newer of our 2 services, the All-Ages Rides and their seafront base. This base has now been in operation for 18 months and we have worked very closely to our planned budgets on this service, as well our Elder Care Service still.
- First year of the final stage of our planned ride services expansion – offering more All-Ages ride slots.
- Unable to access key larger funding on a temporary lease at our base but this is due to change shortly to a much longer term one, which is also positive news.

The Charity has carefully managed funds, keeping costs to a minimum, to enable a start to the 2023/2024 year with over 6 months of operational money already in place.

As in 2022, the Charity continues to seek a main, multi-year funder in addition to those community funds and trusts for which we are so very grateful.

The Charity looks forward to a positive and progressive 2024.

**Brian Moore**

**Treasurer & Finance Committee Lead**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Pedal People  
Pedal People

1177426

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
10/1/2022

To

Period end date  
9/30/2023

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations - Boxes		-	-		25
Donations - Care Homes	8,000	-	-	8,000	8,200
Donations - Community Fundraising	7,121	-	-	7,121	5,711
Donations - Company	5,835	-	-	5,835	2,240
Donations - In Memory		-	-		1,201
Donations - Individuals	19,520	-	-	19,520	12,185
Donations - All-Ages (Hub)	5,755	-	-	5,755	4,327
Refunds					
Grants	31,770	19,940	-	51,710	115,847
<b>Sub total</b> (Gross income for AR)	<b>78,001</b>	<b>19,940</b>	<b>-</b>	<b>97,941</b>	<b>149,736</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-		
	-	-	-		-
<b>Sub total</b>		-	-		-
<b>Total receipts</b>	<b>78,001</b>	<b>19,940</b>	<b>-</b>	<b>97,941</b>	<b>149,736</b>
<b>A3 Payments</b>					
Communications / PR	463	-	-	463	578
IT and booking system	1,639	-	-	1,639	1,129
Insurance	2,800	-	-	2,800	2,655
Salaries	16,200	30,200	-	46,400	35,906
Employment Costs	11,757	-	-	11,757	11,452
Employment Costs -Pension	3,636	-	-	3,636	3,069
Office Costs	3,844	-	-	3,844	1,804
Cycle Purchase	12,515	2,340	-	14,855	13,989
Cycle Maintenance	8,166			8,166	6,483
Volunteer Support	2,384			2,384	1,251
Sessional Support	11,342	-	-	11,342	16,830
Hub Set up - One off costs	1,967	-	-	1,967	36,178
<b>Sub total</b>	<b>76,713</b>	<b>32,540</b>	<b>-</b>	<b>109,253</b>	<b>131,324</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	
	-	-	-	-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>76,713</b>	<b>32,540</b>	<b>-</b>	<b>109,253</b>	<b>131,324</b>
<b>Net of receipts/(payments)</b>	<b>1,288</b>	<b>(12,600 )</b>	<b>-</b>	<b>(11,312 )</b>	<b>18,412</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>75,090</b>	<b>12,600</b>	<b>-</b>	<b>87,690</b>	<b>69,278</b>
<b>Cash funds this year end</b>	<b>76,378</b>	<b>-</b>	<b>-</b>	<b>76,378</b>	<b>87,690</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Metro Current Account	76,378	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>76,378</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

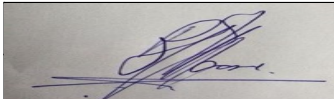
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	BRIAN MOORE - TRUSTEE	10/19/2023



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
PEDAL PEOPLE

On accounts for the year  
ended

30 SEPTEMBER 2023

Charity no  
(if any)

1177426

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 09 / 2023.

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (~~other than that disclosed below \*~~) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

Signed:

Date: 2 NOVEMBER 2023

Name:

ALEX KOUPLAND

Relevant professional  
qualification(s) or body  
(if any):

FCA CTA FMAAT

Address:

CALDER & CO

30 ORANGE STREET

LONDON WC2H 7HF

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**