

## **Pedal People**

Charity number 1177426

Registered address: 53 Princes Rd, Brighton, BN2 3RH

Pedal People is an independent registered charity launched in September 2017.

## **Trustee's Report for the year ended 30 September 2021**

### **Accessible Cycling**

Year-round wind-in-hair wellbeing

**Disabled | Elders | Health Challenges | Special Educational Needs | Ages 4-100+**

Small independent Brighton charity offering two services:

1. **Elders living in care: Weekly ride schedule.** Uplifting outdoor activity, interaction and wind in hair joy.
2. **Accessible Cycle Hub: Ages 4-100+ cycle out together on range of adaptable, multi-seat trikes.**  
We train carers/friends/family to co-pilot, so all can ride out together (often the first time this is possible for disabled and non-disabled family/friends to participate together).
  - Coming out for a cycle ride with us is often participants' only outdoor and community activity.
  - Participants enjoy 6-20Km riding through their community. Taking in parks, seafront and allotments all enjoy interaction and wind in hair wellbeing. Variety of pedal/non-pedal/electric assist/
  - Our volunteer cycle pilot team is consistently minimum 50% women, as is our charity board.
  - Rides 12 months a year, city-centre, seafront and traffic-free areas enable all to fully explore and be part of their community. Cycling distances is often easier than walking/using mobility aids for many.
  - We prioritise people who are living in areas of deprivation in our city, on benefits, low income and who do not otherwise get outside activity.

### **Benefits**

- Accessible cycling improves wellbeing, health, reduces isolation and increases independence.
- Rides are fun with smiles and waves galore.
- We see spirits lifted, people report feeling 'awake again', 'alive', 'happy', 'less anxious or depressed', healthier, fitter, improved mobility and 'sleeping better' after rides.
- All return buzzing. People really notice the fabulous, visible cycles and interact positively

### **Structure:**

**Trustee board:** 5 trustees including finance committee of min of 2. Consistent 50% women board plus min 50% women volunteer cycle pilots.

**Advisory group:** Family members, carers and participant riders. Ages 21- 60+

This is their choice as an option instead of trustee. This is because all have high commitments to caring, rehabilitation, physio and other medical appointments and a higher need to closely manage health conditions.

**Staff:** 1 Captain, manages all aspect of the charity including rides, volunteers and pilot team plus sessional and fixed term staff of 1 in this financial year.

### **User led**

- Ride participant feedback collected constantly, with some rides this is verbal or photos. Care home plus pilot team report options every ride.
- Accessible Cycle Hub participants respond via the auto survey sent after each ride as well as via photos.
- 80% of trustees are volunteer cycle pilots in our charity team.
- 1 trustee has lived experience of disability and chronic illness.
- 75% Trustees have lived experience as carers.
- Annual care home and cycle pilot surveys. Anonymous, online and results shared with all participants and team.

### **Achievements**

- Our cycles are out back-to-back and 12 months a year. All cycles community funded and fully used.
- Waitlist – this year while awaiting more expansion into all ages accessible cycling with our Accessible Cycling Hub we have a waitlist of 168.
- 30% increase in ride numbers year on year to 2020.
- 43 trained and supported volunteer cycle pilots. Consistent min. 50% women.
- 100% positive feedback via Care provider surveys on all delivery and outcomes.
- Successfully negotiated with our Council an exceptional grant to buy and site 2 sea containers as our Accessible Cycle Hub base. Opens March 2022. Visible, accessible base, prime seafront community location, enabling wider participation of all ages, families and carers of disabled people.

*'I feel back in the land of the living. Everyone waves, I love it.'* **\_Violet, 95**

*The team are always happy, always make us and the residents happy and always happy to assist! They keep everyone warm and happy!* **\_Care home Manager survey, Jan 2022**

*I look forward to this. I never go out. Everyone was so happy to see weren't they. I like seeing what everyone is up to. There's so much fresh air.'* **\_Jean, 82**

*'Just amazing! First outside exercise in 2 years since my accident.'* **\_Noah, 20. Recovering from brain injury**

*'It's the best thing I've chosen to do'. \_Tom 40, living with acquired brain injury and 24 hr home care.*

*'It's magic being on a bike together, next to each other. I can't believe how far we can go and it's great exercise for us both.' \_Mark 50, carer for Tom.*

### **Strategic development plan for this year achieved in full.**

Our key aim was to diversify our fleet and offer while still ensuring our sustainability. Due to the impact of covid being evidenced as highest for the elderly and disabled (our two participant groups) we brought forward by 1 year the development of our Accessible Cycle hub due to acute need and a waitlist of almost 200 people. The main elements this year have been:

- Funded a fixed term contract for a 'Pilot Chief' assisting on Covid recovery and increased pilot training to meet demand. This was funded by Awards for All and Sport England via Active Sussex.
- Developing our ask for 'in memory' donations.
- Developing our income from care home donations.
- Developing our income from individual donors.
- Funded 3 new highly specialised, adaptable side-by-side tandems that are active already as part of our all ages disabled cycling expansion. 2 Kindly funded by The Childwick Trust and 1 community crowdfunded with a 60% individual donation.
- Applied to National Lottery Community Fund for continued funding from 2022 with new 3-year funding application. Continued to develop other funding opportunities if Lottery bid not successful.

### **Finances**

Accounts for year ending 30 September 2021 submitted for independent assessment. The charity is in good financial health having continued to keep costs low and well managed in these very difficult operating conditions due to Covid impact on our participants and volunteer team.

National Lottery Community Fund (39.8% of income). We also thank: Paul Hamlyn Foundation, Ernest Kleinwort Trust, Mascolo Foundation, Sport England, The Childwick Trust and Lottery Awards for All.

Through successful fundraising the charity proves its sustainability looking forward. We have secured 80% funds for our next financial year and are looking to now fund the diversification and extension of our services to all ages disabled people through our developing Accessible Cycle Hub. 3 months reserves maintained together with provision for replacing major parts on the cycles as they enter their fifth year of year-round operation.

October 2021



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Pedal People

1177426

## Receipts and payments accounts

For the period from	10/1/2020	To	9/30/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Donations - Boxes	148	-	-	148
Donations - Care Homes	5,800	-	-	5,800
Donations - Community Fundraising	250	-	-	250
Donations - Company	-	-	-	-
Donations - In Memory	801	-	-	801
Donations - Individuals	22,039	-	-	22,039
Donations - Hub	471	-	-	471
Refunds	440	-	-	440
Grants	53,335	30,660	-	83,995
<b>Sub total</b> (Gross income for AR)	83,283	30,660	-	113,943
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total receipts</b>	83,283	30,660	-	113,943
<b>A3 Payments</b>				
Communications/PR	702	-	-	702
Booking System	958	-	-	958
Insurance	1,399	-	-	1,399
Salaries	13,418	28,840	-	42,258
Employment Costs	9,621	-	-	9,621
Office Costs	1,906	1,000	-	2,906
Cycle purchase	29,934	-	-	29,934
Equipment	2,579	-	-	2,579
Volunteer Support	1,945	-	-	1,945
Cycle Maintenance	251	820	-	1,071
<b>Sub total</b>	62,712	30,660	-	93,372
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	-	-	-	-
<b>Total payments</b>	62,712	30,660	-	93,372
<b>Net of receipts/(payments)</b>	20,571	-	-	20,571
<b>A5 Transfers between funds</b>	-	-	-	-
<b>A6 Cash funds last year end</b>	48,707	-	-	48,707
<b>Cash funds this year end</b>	69,278	-	-	69,278

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>	Metro Current Account	69,278	-
		-	-
		-	-
	<b>Total cash funds</b>	<b>69,278</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

Brian Moore - Trustee

**CC16a**



**Last year**

**to the nearest £**

<b>68</b>
<b>7,000</b>
<b>1,052</b>
<b>384</b>
-
<b>4,604</b>
-
<b>310</b>
<b>63,450</b>
<b>76,868</b>

-
-

<b>76,868</b>
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<b>406</b>
<b>821</b>
<b>751</b>
<b>33,740</b>
<b>7,682</b>
<b>1,702</b>
-
<b>1,504</b>
<b>1,088</b>
<b>1,635</b>
<b>49,329</b>

-

<b>49,329</b>
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<b>27,539</b>
-
<b>27,539</b>



**Endowment  
funds  
to nearest £**

-
-
-
-

OK

**Endowment  
funds  
to nearest £**

-
-
-
-
-
-

**Current value  
(optional)**

-
-
-
-
-

**Current value  
(optional)**

-
-
-
-
-
-
-
-
-

**When due  
(optional)**


**Date of  
approval**

2/7/2022



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
PEDAL PEOPLE

On accounts for the year  
ended

30 SEPTEMBER 2021

Charity no  
(if any)

1177426

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30 / 09 / 2021.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

~~The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [ ] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below~~\*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:

Date:

9 February 2022

Name:

Alex Koupland

Relevant professional  
qualification(s) or body

FCA CTA FMAAT

(if any):

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Address:

CALDER & CO
30 ORANGE STREET
LONDON WC2H 7HF

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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