



# Annual Report 2025

[www.sunderlandactionondementia.co.uk](http://www.sunderlandactionondementia.co.uk)

# Chairman's Report

The year ending 31st March 2025 we continued to provide our full range of services, to support people across the City of Sunderland who have dementia and their carers (family and friends).

We have to again thank all of our funders and supporters, who have provided financial support. These include the Ballinger Trust, Durham Freemasons Charity, The Joicey Trust, McCarthy Stone and The National Lottery.

Our staff have continued to provide the high level of service, which we offer to clients and carers. We have continued to expand our services and support to those who require our help.

We thank all of our volunteers, who gave their time to promote and help with the delivery of our services. Billy Wright has continued to support us throughout the year with his fundraising efforts. Included in this are the drivers of our transport provider, who assist on the group's days out and make them a success.

Dementia Research continues to make progress into the causes and the possible development of new drugs to alleviate the progression of Alzheimer's Disease.

Year after year the demand for our services increase and the challenge of acquiring the resources continues to be our aim.

As ever we are always hoping to increase the range of services we provide and look for new assistance that can help our clients and carers.

We continue to search for funding to enable us to provide our services and we will ensure that we will maintain the support that we offer, to our clients and carers, which we hope will help to ensure a successful outcome.

Again my fellow Directors and Trustees have continued to promoted and develop our group and my thanks must go to them and our staff for all of their hard work.

# Treasurer's Report

## INCOME

As in every year since we were formed in 2010, the generosity of individuals and organisations has played a major role in enabling us to develop and maintain our service provisions.

Overall income for this year was £65,356 well up on last year's figure of £47,544. This is due to the groups continuing efforts to obtain funding as the cost of our service provision rises.

## EXPENDITURE

The increase in expenditure of £1,407 over the previous financial year was mainly due to the increase in staff costs. Other expenditure has been maintained at a similar level to last year.

The Trustees are again grateful to all those who donated their time and money to our cause. Special thanks to the Ballinger Trust, National Lottery Awards for All, the Joicey Trust. McCarthy Stone and the Durham Freemasons Charity all who have given us their support this year.

Our thanks must also go to those who made anonymous donations and those who donated money in memory of loved ones (this totalled around £20,000).

Such support enables us to continue to provide much needed support to those affected by dementia.

We look forward to achieving new levels of service provision in the coming year and continuing to offer advice and support to dementia sufferers and their family and carers across the City of Sunderland.

## WHO WE ARE

Action on Dementia was formed in January 2010 and is a voluntary organisation with its own constitution based on democratic principles.

Our purpose is to provide support to people within the city who have dementia and also to their families and friends. We also work to promote their interests.

As an independent local group, we can guarantee that all funds raised and donations received will be used locally.

## BOARD OF TRUSTEES

Ernest Thompson (Chairman)

Maurice Surtees Errington (Secretary)

George Albert Malt (Treasurer)

## Co-opted Members

Ian Cockburn, Kathleen Martin, Malcolm Watson

## THE FOLLOWING TRUSTEES

ARE ALSO DIRECTORS OF THE COMPANY

Ernest Thompson, Maurice Surtees Errington, George Albert Malt

# Accounts

ACTION ON DEMENTIA SUNDERLAND

BALANCE SHEET

YEAR ENDED 31ST MARCH 2025

		2025	2024
<b>Fixed Assets</b>	Notes		
Tangible Assets	9	86	45
<b>Current Assets</b>			
Cash at bank and in hand		58759	41003
Debtors		0	200
<b>Total Current Assets</b>		58759	41203
<b>Current Liabilities</b>			
Creditors: Amounts falling due within one year	10	4134	5157
Deferred Income		15000	4000
<b>Total Current Liabilities</b>		19134	9157
<b>Net Current Assets</b>		39625	32046
<b>Net Assets</b>		<u>39711</u>	<u>32091</u>
<b>Funds of the Charity</b>			
Restricted funds	12	0	0
Designated funds	12	12500	9000
Unrestricted funds	12	27211	23091
<b>Total Charity Funds</b>		<u>39711</u>	<u>32091</u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st March 2025, the company was entitled to exemption from audit under section 477 Companies Act 2006, and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 11th August 2025

**Ernest Thompson**  
TRUSTEE

**Maurice Surtess Errington**  
TRUSTEE

ACTION ON DEMENTIA SUNDERLAND  
INCOME AND EXPENDITURE ACCOUNT  
YEAR ENDED 31ST MARCH 2025

APPENDIX

<b>INCOME AND EXPENDITURE</b>	<b>2025</b>	<b>2024</b>
<b>Incoming resources</b>	<b>£</b>	<b>£</b>
Donations	9916	10605
Anonymous Donations	10000	13500
Just Giving Donations	440	39
National Lottery Awards For All	6500	8000
The Ballinger Charitable Trust	16000	15000
The Joicey Trust	0	2000
Sir James Knott Trust	10000	0
Durham Freemasons	2500	0
The Masonic: Charitable Foundation	2500	0
McCarthy Stone Foundation	7500	0
Total Incoming Resources	<u>65356</u>	<u>49144</u>
<b>Resources Expended</b>		
Wages and salaries	46310	47544
Pension contributions	960	960
Outings and activities	5893	4115
Fundraising	216	216
Insurance	372	377
Staff Mileage	346	707
Accountancy	1128	1074
PAYE recording	396	360
Printing, stationery, I.T. & Advertising	1810	738
General expenses	276	223
Depreciation – Office equipment	29	15
	<u>57736</u>	<u>56329</u>
Net Movement in Funds	<u>7620</u>	<u>-7185</u>

# Development Worker's Report

It's the time of year again, when I reflect on what we have achieved and how our range of services and activities have supported people with dementia and their carers.

Firstly, I am pleased to be able to tell you that we have been successful in securing funding which will greatly assist us to continue providing our current level of services this year and the following two years.

Whilst dementia itself presents challenges to those who suffer with it and their carers/families, there are a host of other challenges both social and financial which compound the role of caring and living with dementia. We therefore strive to improve the quality of life of those with dementia and their carers through providing both practical and emotional support services, which all remain free of charge.

Over the years we have learnt that if we can help reduce social isolation and loneliness it can greatly assist people to live at home with their families for longer and reduce the need for residential/nursing care. Although there may now be more services and facilities to support people, there can never be sufficient to cover all their needs, and people need to be able to choose what is appropriate for them at the varying stages of dementia.

We are fortunate to have The Memory Protection Service in Sunderland, which is the first port of call for people who may have a memory problem. Their remit is to diagnose and sign post people with dementia and their carers to other service providers who may be able to support them either practically or offer additional information and advice.

as recently they have produced and published a useful directory specifically aimed We are therefore surprised after being in existence for fifteen years that people still do not know about us, despite widely publicizing and distributing information to various organizations including health and social.

A reminder of the services we provide: –

Our informal Friendship Group which meets at the Chesters Pub every Tuesday, offers an opportunity for people who have dementia and their carers to meet up socially over a cuppa supported by our staff, in addition to having regular organized trips out and about.

We also provide a similar support group in Washington on a monthly basis.

Our Home Visiting Service has supported many families over the years and continues to provide additional support to those at home or those who have moved on into residential/nursing care.

Whilst we may not always be able to accommodate all who would like the Home Visiting Service, we encourage people who have dementia to attend the monthly Peer Support Group. This group not only offers an opportunity for people to meet up socially with their peers but also offers a short respite break for their carers.

We pride ourselves that we have not had to discharge anyone from our range of services to date and have a very flexible approach to the way we offer support to our clients, as we appreciate every one's situation is different. The attendance of our staff at the Alexander Suite in Sunderland Royal Hospital, not only provides support to patients but also helps inform patients and their carers of our services.

We are sad to hear of the loss of Health Watch Sunderland, and hope that any replacement will be as effective, especially at services for people with dementia and their carers/families.

I would like to take this opportunity to show my appreciation and thank our staff Jean Blackburn, Steve Whitford, Theresa Davie and Adrian Blacklock for their dedication and commitment to providing such a high standard of service to our clients.

Finally, my thanks to the trustees for their ongoing support and encouragement which they have shown me over the last year.



# Thank You

Our thanks this year are again to the organisations and donors, who support our regular events, they include Anchor Housing (Nelson Close), Housing 21 (Woodridge Gardens), The Chesters Public House and our transport provider.

We must thank the funders who have continued to support the group, as well as the members of the group and general public who have made donations to the group throughout the year.

This year we held an information event at the Golf Centre in Fulwell, which proved a successful fund raiser.

The Directors and Trustees continue to work very hard to promote the work of the group during this past year.

Our excellent staff continue to work tirelessly during the year to deliver the range of services we offer. Their hard work is appreciated by the Directors, Trustees and most of all by our Clients and Carers.



Christmas Lunch



Members Celebration



Members visit Beamish



## How to Contact Us

If you would like to attend or  
find out more about our groups or  
services, please contact  
Sheelagh Dilworth - 07740 111 182

### YOU CAN EMAIL US AT:

[actionondementiasunderland@gmail.com](mailto:actionondementiasunderland@gmail.com)

### OR WRITE TO US AT:

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