

ACTION ON DEMENTIA SUNDERLAND

England & Wales · Charity number 1177401

Details

Status Registered

Legal form Charitable company

Company number [10478790](#)

Registered 2018-03-02

Register [View on the Charity Commission register](#)

Contact

Address 15 Carnegie Street
Sunderland
SR2 9RL

Phone 01915101229

Website actionondementia.sunderland.co.uk

Activities

Objects: TO PROMOTE AND PROTECT THE MENTAL AND PHYSICAL HEALTH OF SUFFERERS OF DEMENTIA AND THEIR CARERS (FAMILY CARERS) WITHIN THE CITY OF SUNDERLAND, THROUGH THE PROVISION OF SUPPORT AND INFORMATION. TO ADVANCE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO DEMENTIA.

Activities: The charity's objects are specifically restricted to the following1) to promote and protect the physical and mental health of sufferers of dementia in Sunderland, through the provision of Social and emotional support, education and practical advice and 2) to advance the Education of the General a public in all areas relating to Dementia

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Elderly/old People, The General Public/mankind

Geography

- Sunderland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£65,356	£57,736	-	-
2024-03-31	£49,144	£56,329	-	-
2023-03-31	£41,902	£53,720	-	-
2022-03-31	£40,958	£45,709	-	-
2021-03-31	£83,109	£45,637	-	-

Trustees

Name	Role	Appointed
ERNEST THOMPSON	Chair	2016-11-19
GEORGE ALBERT MALT		2019-09-09
MALCOLM GORDON WATSON		2019-09-26
MAURICE SURTEES ERRINGTON		2016-11-16
ian cockburn		2019-09-29
kathleen martin		2019-09-29

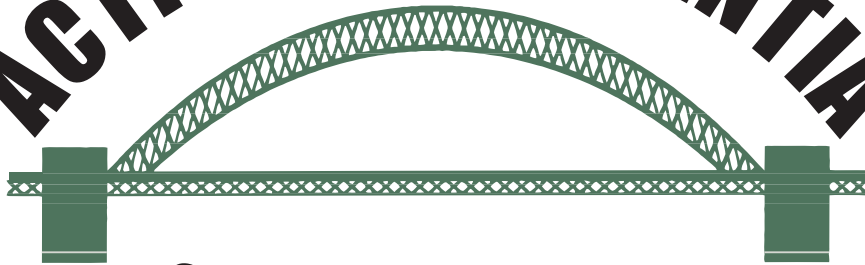
ACTION ON DEMENTIA SUNDERLAND

England & Wales - Charity number 1177401

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ACTION ON DEMENTIA



SUNDERLAND

Help for today, hope for tomorrow

Annual Report 2025

www.sunderlandactionondementia.co.uk

Chairman's Report

The year ending 31st March 2025 we continued to provide our full range of services, to support people across the City of Sunderland who have dementia and their carers (family and friends).

We have to again thank all of our funders and supporters, who have provided financial support. These include the Ballinger Trust, Durham Freemasons Charity, The Joicey Trust, McCarthy Stone and The National Lottery.

Our staff have continued to provide the high level of service, which we offer to clients and carers. We have continued to expand our services and support to those who require our help.

We thank all of our volunteers, who gave their time to promote and help with the delivery of our services. Billy Wright has continued to support us throughout the year with his fundraising efforts. Included in this are the drivers of our transport provider, who assist on the group's days out and make them a success.

Dementia Research continues to make progress into the causes and the possible development of new drugs to alleviate the progression of Alzheimer's Disease.

Year after year the demand for our services increase and the challenge of acquiring the resources continues to be our aim.

As ever we are always hoping to increase the range of services we provide and look for new assistance that can help our clients and carers.

We continue to search for funding to enable us to provide our services and we will ensure that we will maintain the support that we offer, to our clients and carers, which we hope will help to ensure a successful outcome.

Again my fellow Directors and Trustees have continued to promoted and develop our group and my thanks must go to them and our staff for all of their hard work.

Treasurer's Report

INCOME

As in every year since we were formed in 2010, the generosity of individuals and organisations has played a major role in enabling us to develop and maintain our service provisions.

Overall income for this year was £65,356 well up on last year's figure of £47,544. This is due to the groups continuing efforts to obtain funding as the cost of our service provision rises.

EXPENDITURE

The increase in expenditure of £1,407 over the previous financial year was mainly due to the increase in staff costs. Other expenditure has been maintained at a similar level to last year.

The Trustees are again grateful to all those who donated their time and money to our cause. Special thanks to the Ballinger Trust, National Lottery Awards for All, the Joicey Trust. McCarthy Stone and the Durham Freemasons Charity all who have given us their support this year.

Our thanks must also go to those who made anonymous donations and those who donated money in memory of loved ones (this totalled around £20,000).

Such support enables us to continue to provide much needed support to those affected by dementia.

We look forward to achieving new levels of service provision in the coming year and continuing to offer advice and support to dementia sufferers and their family and carers across the City of Sunderland.

WHO WE ARE

Action on Dementia was formed in January 2010 and is a voluntary organisation with its own constitution based on democratic principles.

Our purpose is to provide support to people within the city who have dementia and also to their families and friends. We also work to promote their interests.

As an independent local group, we can guarantee that all funds raised and donations received will be used locally.

BOARD OF TRUSTEES

Ernest Thompson (Chairman)

Maurice Surtees Errington (Secretary)

George Albert Malt (Treasurer)

Co-opted Members

Ian Cockburn, Kathleen Martin, Malcolm Watson

THE FOLLOWING TRUSTEES

ARE ALSO DIRECTORS OF THE COMPANY

Ernest Thompson, Maurice Surtees Errington, George Albert Malt

Accounts

ACTION ON DEMENTIA SUNDERLAND

BALANCE SHEET

YEAR ENDED 31ST MARCH 2025

		2025	2024
Fixed Assets	Notes		
Tangible Assets	9	86	45
Current Assets			
Cash at bank and in hand		58759	41003
Debtors		<u>0</u>	<u>200</u>
Total Current Assets		58759	41203
Current Liabilities			
Creditors: Amounts falling due within one year	10	4134	5157
Deferred Income		<u>15000</u>	<u>4000</u>
Total Current Liabilities		19134	9157
Net Current Assets		39625	32046
Net Assets		<u>39711</u>	<u>32091</u>
Funds of the Charity			
Restricted funds	12	0	0
Designated funds	12	12500	9000
Unrestricted funds	12	27211	23091
Total Charity Funds		<u>39711</u>	<u>32091</u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st March 2025, the company was entitled to exemption from audit under section 477 Companies Act 2006, and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 11th August 2025

Ernest Thompson
TRUSTEE

Maurice Surtess Errington
TRUSTEE

ACTION ON DEMENTIA SUNDERLAND
 INCOME AND EXPENDITURE ACCOUNT
 YEAR ENDED 31ST MARCH 2025

APPENDIX

INCOME AND EXPENDITURE	2025	2024
Incoming resources	£	£
Donations	9916	10605
Anonymous Donations	10000	13500
Just Giving Donations	440	39
National Lottery Awards For All	6500	8000
The Ballinger Charitable Trust	16000	15000
The Joicey Trust	0	2000
Sir James Knott Trust	10000	0
Durham Freemasons	2500	0
The Masonic: Charitable Foundation	2500	0
McCarthy Stone Foundation	7500	0
Total Incoming Resources	<u>65356</u>	<u>49144</u>
Resources Expended		
Wages and salaries	46310	47544
Pension contributions	960	960
Outings and activities	5893	4115
Fundraising	216	216
Insurance	372	377
Staff Mileage	346	707
Accountancy	1128	1074
PAYE recording	396	360
Printing, stationery, I.T. & Advertising	1810	738
General expenses	276	223
Depreciation - Office equipment	29	15
	<u>57736</u>	<u>56329</u>
Net Movement in Funds	<u>7620</u>	<u>-7185</u>

Development Worker's Report

It's the time of year again, when I reflect on what we have achieved and how our range of services and activities have supported people with dementia and their carers.

Firstly, I am pleased to be able to tell you that we have been successful in securing funding which will greatly assist us to continue providing our current level of services this year and the following two years.

Whilst dementia itself presents challenges to those who suffer with it and their carers/families, there are a host of other challenges both social and financial which compound the role of caring and living with dementia. We therefore strive to improve the quality of life of those with dementia and their carers through providing both practical and emotional support services, which all remain free of charge.

Over the years we have learnt that if we can help reduce social isolation and loneliness it can greatly assist people to live at home with their families for longer and reduce the need for residential/nursing care. Although there may now be more services and facilities to support people, there can never be sufficient to cover all their needs, and people need to be able to choose what is appropriate for them at the varying stages of dementia.

We are fortunate to have The Memory Protection Service in Sunderland, which is the first port of call for people who may have a memory problem. Their remit is to diagnose and sign post people with dementia and their carers to other service providers who may be able to support them either practically or offer additional information and advice.

as recently they have produced and published a useful directory specifically aimed We are therefore surprised after being in existence for fifteen years that people still do not know about us, despite widely publicizing and distributing information to various organizations including health and social.

A reminder of the services we provide: -

Our informal Friendship Group which meets at the Chesters Pub every Tuesday, offers an opportunity for people who have dementia and their carers to meet up socially over a cuppa supported by our staff, in addition to having regular organized trips out and about.

We also provide a similar support group in Washington on a monthly basis.

Our Home Visiting Service has supported many families over the years and continues to provide additional support to those at home or those who have moved on into residential/nursing care.

Whilst we may not always be able to accommodate all who would like the Home Visiting Service, we encourage people who have dementia to attend the monthly Peer Support Group. This group not only offers an opportunity for people to meet up socially with their peers but also offers a short respite break for their carers.

We pride ourselves that we have not had to discharge anyone from our range of services to date and have a very flexible approach to the way we offer support to our clients, as we appreciate every one's situation is different. The attendance of our staff at the Alexander Suite in Sunderland Royal Hospital, not only provides support to patients but also helps inform patients and their carers of our services.

We are sad to hear of the loss of Health Watch Sunderland, and hope that any replacement will be as effective, especially at services for people with dementia and their carers/families.

I would like to take this opportunity to show my appreciation and thank our staff Jean Blackburn, Steve Whitford, Theresa Davie and Adrian Blacklock for their dedication and commitment to providing such a high standard of service to our clients.

Finally, my thanks to the trustees for their ongoing support and encouragement which they have shown me over the last year.

Thank You

Our thanks this year are again to the organisations and donors, who support our regular events, they include Anchor Housing (Nelson Close), Housing 21 (Woodridge Gardens), The Chesters Public House and our transport provider.

We must thank the funders who have continued to support the group, as well as the members of the group and general public who have made donations to the group throughout the year.

This year we held an information event at the Golf Centre in Fulwell, which proved a successful fund raiser.

The Directors and Trustees continue to work very hard to promote the work of the group during this past year.

Our excellent staff continue to work tirelessly during the year to deliver the range of services we offer. Their hard work is appreciated by the Directors, Trustees and most of all by our Clients and Carers.



Christmas Lunch



Members Celebration



Members visit Beamish



How to Contact Us

If you would like to attend or
find out more about our groups or
services, please contact
Sheelagh Dilworth - 07740 111 182

YOU CAN EMAIL US AT:

actionondementiasunderland@gmail.com

OR WRITE TO US AT:

Action on Dementia Sunderland
c/o Westwaters Ltd.
34 Frederick Street,
Sunderland
SR1 1LP

www.sunderlandactionondementia.co.uk

ACTION ON DEMENTIA SUNDERLAND

England & Wales - Charity number 1177401

Accounts

ACTION ON DEMENTIA SUNDERLAND
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST MARCH 2024
COMPANY REGISTRATION NO. 10478790
CHARITY NUMBER 1177401

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REFERENCE AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31ST MARCH 2024

The Trustees present their report and financial statements for the year ended 31st March 2024.

CONSTITUTION

Action on Dementia Sunderland is a company limited by guarantee and a registered charity.

DIRECTORS AND TRUSTEES

The Trustees of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

CHARITY NAME

Action on Dementia Sunderland

COMPANY NUMBER

10478790

CHARITY NUMBER

1177401

REGISTERED OFFICE

34 Frederick Street
Sunderland
United Kingdom
SR1 1LP

BOARD OF TRUSTEES

Ernest Thompson (Chairman)
Maurice Surtees Errington (Secretary)
George Albert Malt (Treasurer)
Ian Cockburn
Kathleen Martin
Malcolm Watson

The following Trustees are also Members of the company:

Ernest Thompson
Maurice Surtees Errington

ACCOUNTANTS

Westwaters
34 Frederick Street
Sunderland
SR1 1LP

BANKERS

The Co-operative Bank

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2024

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st March 2024.

Objects of the charity

The objects of the charity are set out in the memorandum and articles of association.

Organisation and background

The charity is administered by its board of Trustees in accordance with the Articles of Association. For the year to 31st March 2024, the board was comprised of the Trustees listed at page 2.

The memorandum and articles of the charitable company were incorporated on 15th November 2016 as amended by special resolution on 6th December 2017, registration with the Charity Commission taking place on 2nd March 2018. The charitable company commenced operating on 1st October 2017 with all of the charity's operations after that date being carried out through the charitable company.

Prior to 1st October 2017 the charity's operations had been conducted through Action on Dementia Sunderland - charity number 1147346 - an unincorporated charity whose constitution was adopted on 22nd June 2011 and whose registration with the Charity Commission took place on 21st May 2012.

Aims

The charity aims to promote and protect the mental and physical health of sufferers of dementia and their carers (family carers) within the City of Sunderland through the provision of support and information. In addition to this primary objective the charity also aims to advance the education of the general public in all areas relating to dementia.

Achievements In Period

This year ended 31st March 2024 saw Action on Dementia Sunderland continue to offer our range of support services to those living with dementia and their carers (families and friends). Amongst the services and activities we provided during the year ended 31st March 2024 were support/friendship groups and trips out, a weekly home visiting/befriending service, as well as resuming support work with patients in Sunderland Royal Hospital.

The Trustees are extremely grateful to all those who donated their time and money to the charity during the year without whose continued support Action on Dementia Sunderland would be unable to carry out our charitable mission.

The charity will continue to search for funding to enable it to fulfill its charitable objects and to continue to provide much needed support to those affected by dementia. The demand for services to support people with dementia and their carers continues to increase and the challenge of acquiring the resources needed to meet that demand becomes ever more difficult.

Despite the current difficult fundraising environment in which we find ourselves, we will continue to endeavour to obtain the resources necessary to provide the services that so many of the most vulnerable members of the Sunderland community and their carers require and should expect.

ACTION ON DEMENTIA SUNDERLAND

TRUSTEES REPORT (Continued)

YEAR ENDED 31ST MARCH 2024

Trustees Responsibilities

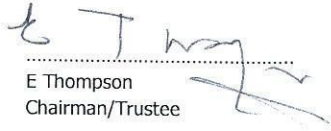
Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently;
- * observe the methods and principles in the Charities SORP (FRS 102);
- * make judgements and estimates that are reasonable and prudent;
- * prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board

30th July 2024


.....
E Thompson
Chairman/Trustee

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31ST MARCH 2024

We report on the accounts of the ACTION ON DEMENTIA SUNDERLAND for the year ended 31st March 2024, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND EXAMINERS

As the charity's Trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of Charities Act 2011 (the 2011 Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Direction given by the Charity Commission under section 145(5)b of the 2011 Act, whether any particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met;
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of accounts to be reached



WESTWATERS

30th July 2024

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST MARCH 2024

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2024 £	TOTAL FUNDS 2023
INCOMING RESOURCES						
Incoming resources from generated funds	3					
- Voluntary income		39144	0	10000	49144	41902
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Other Incoming resources		0	0	0	0	0
TOTAL INCOMING RESOURCES		39144	0	10000	49144	41902
RESOURCES EXPENDED						
Activities for generating funds	5	216	0	0	216	216
Charitable activities		45039	0	10000	55039	52478
Governance costs		1074	0	0	1074	1026
TOTAL RESOURCES EXPENDED		46329	0	10000	56329	53720
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		-7185	0	0	-7185	-11818
Transfer from unincorporated body		0	0	0	0	0
NET MOVEMENT IN FUNDS		-7185	0	0	-7185	-11818
TRANSFER BETWEEN FUNDS		0	0	0	0	0
TOTAL FUNDS BROUGHT FORWARD		30276	9000	0	39276	51094
TOTAL FUNDS CARRIED FORWARD		23091	9000	0	32091	39276

BALANCE SHEET

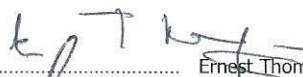
YEAR ENDED 31ST MARCH 2024

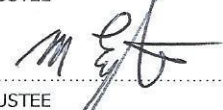
	Notes	2024	2023
Fixed Assets			
Tangible Assets	9	45	60
Current Assets			
Cash at bank and in hand		41003	46970
Debtors		<u>200</u>	<u>500</u>
Total Current Assets		<u>41203</u>	<u>47470</u>
Current Liabilities			
Creditors: Amounts falling due within one year	10	5157	8254
Deferred Income		<u>4000</u>	<u>0</u>
Total Current Liabilities		<u>9157</u>	<u>8254</u>
Net Current Assets		32046	39216
Net Assets		<u><u>32091</u></u>	<u><u>39276</u></u>
Funds of the Charity			
Restricted funds	12	0	0
Designated funds	12	9000	9000
Unrestricted funds	12	23091	30276
Total Charity Funds		<u><u>32091</u></u>	<u><u>39276</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st March 2024, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 30th July 2024


 Ernest Thompson
 TRUSTEE


 Maurice Surtees Errington
 TRUSTEE

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2024

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Employees

The average number of persons employed by Action on Dementia Sunderland during the year was 5 (2023 - 5).

3. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2024 Total	2023 Total
Donations	24144	0	24144	18652
Grants received	15000	10000	25000	23250
	<u>39144</u>	<u>10000</u>	<u>49144</u>	<u>41902</u>

4. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2024	2023
	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

5. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2024 Total	2023 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	216	0	53564	0	53780	51201
Administrative Costs	Direct	0	0	0	1115	0	1115	1157
Professional Fees	Direct	0	0	0	360	1074	1434	1362
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>216</u>	<u>0</u>	<u>55039</u>	<u>1074</u>	<u>56329</u>	<u>53720</u>

6. Net Incoming Resources for the Period

This is stated after charging:-

	2024	2023
Depreciation	15	20
Accountants Fee	1074	1026

7. Trustee Remuneration & Related Party Transactions

No members of the Management Committee received any remuneration during the year ended 31st March 2024.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

8. Taxation

As a charity Action on Dementia Sunderland is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

9. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st April 2023	292	292
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st March 2024	<u>292</u>	<u>292</u>
<u>Depreciation</u>		
At 1st April 2023	232	232
Charge for year	15	15
Disposals	0	0
At 31st March 2024	<u>247</u>	<u>247</u>
<u>Net Book Values</u>		
At 31st March 2024	<u>45</u>	<u>45</u>
At 1st April 2023	<u>60</u>	<u>60</u>

10. Creditors: Amounts Falling Due within One Year

	2024	2023
Amounts falling due within one year:		
Accruals	1224	1170
Staff wages	0	3460
PAYE	1835	1462
Expenses owed to staff	0	13
Other creditors	2098	2149
	<u>5157</u>	<u>8254</u>

11. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Tangible Fixed Assets	45	0	0	45
Current Assets	32203	9000	0	41203
Current Liabilities	-9157	0	0	-9157
Net Assets at 31st March 2024	<u>23091</u>	<u>9000</u>	<u>0</u>	<u>32091</u>

12. Movement in Funds

	At 1 April 2023	Incoming Resources	Outgoing Resources	Transfers	At 31 Mar 2024
Restricted Funds	0	10000	-10000	0	0
Total Restricted Funds	<u>0</u>	<u>10000</u>	<u>-10000</u>	<u>0</u>	<u>0</u>
Designated Funds	9000	0	0	0	9000
Total Designated Funds	<u>9000</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>9000</u>
Unrestricted Funds	30276	39144	-46329	0	23091
Total Unrestricted Funds	<u>30276</u>	<u>39144</u>	<u>-46329</u>	<u>0</u>	<u>23091</u>

13. Restricted Funds

	At 1 Apr 2023	Incoming Resources	Outgoing Resources	Transfers	At 31 Mar 2024
National Lottery Awards For All	0	8000	-8000	0	0
The Joicey Trust	0	2000	-2000	0	0
Total Restricted Funds	<u>0</u>	<u>10000</u>	<u>-10000</u>	<u>0</u>	<u>0</u>

ACTION ON DEMENTIA SUNDERLAND

APPENDIX

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST MARCH 2024

	2024 £	2023 £
INCOME AND EXPENDITURE		
Incoming resources		
Donations	10605	8860
Anonymous Donations	13500	0
Just Giving Donations	39	2898
Gentoo Donation	0	6894
National Lottery Awards For All	8000	8250
The Ballinger Charitable Trust	15000	15000
The Joicey Trust	2000	0
Total Incoming Resources	<u>49144</u>	<u>41902</u>
Resources Expended		
Wages and salaries	47544	44678
Pension contributions	960	960
Staff Training	0	240
Outings and activities	4115	3675
Fundraising	216	216
Insurance	377	316
Staff Mileage	707	770
Accountancy	1074	1026
PAYE recording	360	336
Printing, stationery & I.T.	738	1266
General expenses	223	217
Depreciation - Office equipment	15	20
	<u>56329</u>	<u>53720</u>
Net Movement in Funds	<u><u>-7185</u></u>	<u><u>-11818</u></u>

ACTION ON DEMENTIA SUNDERLAND

England & Wales - Charity number 1177401

Accounts



How to Contact Us

If you would like to attend or find out more about our groups or services, please contact Sheelagh Dilworth - 07740 111 182

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actionondementiasunderland@gmail.com

OR WRITE TO US AT:
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c/o Westwaters Ltd.
34 Frederick Street,
Sunderland
SR1 1LP

www.sunderlandactionondementia.co.uk



Annual Report 2023

www.sunderlandactionondementia.co.uk

Chairman's Report

The year ended 31st March 2023 saw Action on Dementia Sunderland largely resume its full range of operations to support people with dementia and their carers (family and friends) following the necessary curtailments caused by the Covid - 19 pandemic.

(See Development Worker Report)

Once again we were indebted to local organizations and individuals for their support which made this possible.

One particular individual fundraising highlight during the year ended 31st March 2023 was that of Allan Surtees who ran from Elland Road in Leeds to the Stadium of Light in Sunderland, a total of 97 miles, over a course of 7 days, to raise awareness that professional footballers have a four times greater risk of developing dementia. Allan, who was well supported by Sunderland AFC, raised the significant sum of £1970 for our charity

We were greatly honored to be chosen by the Gentoo Group and their staff members to be one of their Corporate Charities of the Year for the third year in succession. Despite the constraints arising from the pandemic, an exceptional amount was raised for our charity over the three years.

Dementia research, after many years of little success, has now made real progress with the development of new drugs which can slow the progression of Alzheimer's Disease. A major step forward, with hopefully more success to follow.

The demand for services to provide much needed support for those affected by dementia, increases year after year and the challenge of acquiring the resources needed to meet that demand becomes ever more acute, worsened by the general economic malaise.

The charity will continue to search for funding to enable it to continue to provide much needed support and we remain hopeful that our record of maintaining support beyond what others provide, will help to ensure a successful outcome.

Inflation will be impacting more than most on people with dementia and their families, as they bear much of the costs of their own care, which has been referred to as "a tax on dementia"

Thank You

These are some of our Supporters who have given Donations and assistance to the Group.



Andrew Tilbury of Peter Dunn and Co.



Staff of the Chester's Public House.



Allan Surtees who rang from Leeds to Sunderland, meeting the group in Thirsk during his run.



Team Jean who raise funds in memory of their Mother.



Development Worker's Report

Although this report will reflect on very strange times since my last operational report back in 2019, I am pleased to be able to report that as an organisation/charity we have so far survived the pandemic, unlike a lot of other organisations/charities and businesses who have sadly ceased to operate.

As you will have read in my Chair's report our survival has largely been due to the generosity of our donors, funders and our much appreciated supporters who have continued to support and encourage us throughout the past year.

THE YEAR has also brought sadness to some of our clients past and present who have lost loved ones to the virus and our thoughts are with them. Hopefully we are through the worst of the pandemic now and are looking forward to resuming and developing our much need services.

However throughout last year, despite having to close down all of our practical support services in line with government restrictions and to protect our vulnerable clients, we did manage to keep in regular contact with people.

Our Outreach Family Support workers and my self maintained contact by telephone with clients, who were experiencing the effects of loneliness and isolation which were exacerbated by the restrictions and having to shield OR SELF ISOLATE. It was often reported that caring for someone with dementia frequently presents with difficulties in a normal situation let alone having the added restrictions being placed upon them and WITH their loved one not understanding why this was happening. Those of our carers who had loved ones in residential/nursing care had the additional worry and concern of not being able to see them for many months and NOT KNOWING how they were coping in the circumstances.

Whilst there was a period during the LATE summer months when restrictions although not totally lifted, we were able to make an attempt to reintroduce some home visiting albeit on a very limited basis. We were also making plans to begin to operate our Lunch Club / Friendship Group at the Chesters, however as the virus spiked again and it was very near to the Christmas break, when it was announced that families would be able to meet up on a very restricted basis, we decided in line with consultation with our clients it wasn't the best time to try to have any Lunch Club meetings and again our services were closed down till further government restrictions were being reviewed and gradually lifted.

Well into this year 2021, as things have gradually been returning to some normality through the lifting of restrictions, we have gradually been resuming our practical support services, the Home Visiting/Befriending Service and our weekly Lunch Club at the Chesters Pub.

We have also had a couple of trips out to Northumberland, which were blessed by good weather, and we are in the process of planning some more.

Unfortunately over the latter months we have lost two of our staff who have now taken retirement, Sue and Les, who both provided valuable home visits and worked not only in the Lunch Club and our other Memory Cafés as well as our Peer Support Group, but also within the Alexander Suite in Sunderland Royal Hospital.

They will be greatly missed, and we wish them a happy retirement.

We have however, now appointed two new staff to our team who will in due course be attending the groups and providing some home visits.

Looking forward, we aim to increase the support offered throughout our services in line with an increased need and hopefully the success of securing the necessary funding to do so.

I would like to take this opportunity to offer my sincere thanks to our staff Jean, Steve, Les and Sue who throughout the ENTIRE pandemic have maintained their commitment and motivation to continue in what ever way possible to support our clients and uphold the work of Action on Dementia Sunderland.

Finally I would also like to offer my heart felt thanks to the Committee and Chair for their continued valuable support which they have shown towards me.

Treasurer's Report

INCOME

As in every year since we were formed in 2010, the generosity of local individuals and organisations has played a major role in enabling us to develop and maintain our service provision, making up 44.5% of our total income during the year ending 31st March.

Although, overall income at £41,902 was up slightly on last year, it did not keep pace with the increase in expenditure.

It is disappointing that some funding bodies will not consider charities that have over 50% of their annual turnover in reserve (The figure suggested by the Charity Commission) This would seem to discourage prudence and make it more difficult to do other than operate services on a year by year basis.

EXPENDITURE

The increase of £8,011 over the previous financial year, was mainly due to the increase in staffing costs of £7,014.

This was due to the fact that we operated without a full complement of staff for a number of weeks during that period. And also due to an inflation rise in line with "Living Wage" recommendations.

The other significant increase was Outings and Activities £3,675 compared to last year £2,416 made possible by the increased staffing. Likewise, the increase in Printing, Stationery and I.T., resulted from the increase in staff and service delivery.

The Trustees are extremely grateful to all those who donated their time and money to our cause. In addition to the Gentoo Group and Allan Surtees, these included The National Lottery (Awards For All) The Ballinger Charitable Trust and many individuals and groups, with particular heartfelt thanks going to those who made donations in memory of loved ones.

Such support enable us to continue to provide much needed support to those affected by dementia.

We remain optimistic that those who have supported us in the past will continue to do so and will be complemented by new individuals and organisations will join our efforts to offer comfort and support to dementia sufferers and their family carers. And that we will succeed in securing the funding we are now seeking, given our record of delivering support services, and on delivering on our funding commitments.

WHO WE ARE

Action on Dementia was formed in January 2010 and is a voluntary organisation with its own constitution based on democratic principles.

Our purpose is to provide support to people within the city who have dementia and also to their families and friends. We also work to promote their interests.

As an independent local group, we can guarantee that all funds raised and donations received will be used locally.

BOARD OF TRUSTEES

Ernest Thompson (Chairman)

Maurice Surtees Errington (Secretary)

George Albert Mail (Treasurer)

Beatrice Smith

Co-opted Members

Ian Cockburn, Kathleen Martin, Malcolm Watson

THE FOLLOWING TRUSTEES

ARE ALSO DIRECTORS OF THE COMPANY

Ernest Thompson, Maurice Surtees Errington, George Albert Malt

Accounts

ACTION ON DEMENTIA SUNDERLAND

BALANCE SHEET

YEAR ENDED 31ST MARCH 2023

	Notes	2023	2022
Fixed Assets			
Tangible Assets	8	60	80
Current Assets			
Cash at bank and in hand		46970	66822
Debtors		500	200
Total Current Assets		<u>47470</u>	<u>67022</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	8254	7758
Deferred Income		0	8250
Total Current Liabilities		<u>8254</u>	<u>16008</u>
Net Current Assets		39216	51014
Net Assets		<u><u>39276</u></u>	<u><u>51094</u></u>
Funds of the Charity			
Restricted funds	11	0	0
Designated funds	11	9000	9000
Unrestricted funds	11	30276	42094
Total Charity Funds		<u><u>39276</u></u>	<u><u>51094</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st March 2023, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 9th August 2023

..... Ernest Thompson
TRUSTEE

..... Maurice Surtees Errington
TRUSTEE

ACTION ON DEMENTIA SUNDERLAND

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST MARCH 2023

APPENDIX

	2023 £	2022 £
INCOME AND EXPENDITURE		
Incoming resources		
Donations	8860	12724
Just Giving Donations	2898	6134
Gentoo Donation	6894	11000
Job Retention Scheme Grant	0	2424
National Lottery Awards For All	0	1650
National Lottery Awards For All Deferred From Previous Years	8250	2400
Bring Joy	0	3070
Edward Gostling Foundation	0	833
Newcastle Building Society	0	723
The Ballinger Charitable Trust	15000	0
Total Incoming Resources	<u><u>41902</u></u>	<u><u>40958</u></u>
Resources Expended		
Wages and salaries	44678	37664
Pension contributions	960	960
Staff Training	240	0
Outings and activities	3675	2416
Fundraising	216	216
Insurance	316	420
Staff Mileage	770	696
Accountancy	1026	978
PAYE recording	336	484
Printing, stationery & I.T.	1266	1058
Advertising	0	556
General expenses	217	235
Depreciation - Office equipment	20	26
	<u><u>53720</u></u>	<u><u>45709</u></u>
Net Movement in Funds	<u><u>-11818</u></u>	<u><u>-4751</u></u>

ACTION ON DEMENTIA SUNDERLAND

England & Wales - Charity number 1177401

Accounts



How to Contact Us

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Annual Report 2022

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Chairman's Report

As with many other charitable organisations the year ended 31st March 2022, and beyond, saw Action on Dementia Sunderland tentatively emerge from the shadow cast by Covid 19 pandemic. We have gradually phased in activities that include a human proximity element whilst being guided by governmental and national health service advice and whilst being mindful of the paramount importance of the wellbeing of all of our stakeholders.

In terms of the services and activities we were able to offer at the end of the financial year there was a large upscale when compared to the beginning of the year and when compared with a large part of the previous year.

Whilst it is not possible to predict the future trajectory of the Covid 19 pandemic with a great degree of confidence, there are hopeful signs that the worst is behind us and a normality is returning. We are therefore offering most of our range of services and activities for those suffering with dementia and their families and carers, such as support/friendship groups, trips out, weekly Home Visiting/Befriending Service, Peer Support group for people with dementia and hopefully soon, to resume our support work within Sunderland Royal Hospital.

It remains to be seen to what extent the current cost of living increases and the country's financial uncertainties, will have on previous plans to address the "crisis" in social care. But it seems likely that what has been described as "a tax on dementia" and "an unfair health lottery" will continue for sometime yet, with the resultant additional stresses on people with dementia and their families / carers. As well as the impact on organisations such as ourselves.

Despite occasional media hype, yet another year has passed without any apparent breakthrough in dementia research, in finding new treatments, let alone a cure.

We were greatly honoured in being chosen for the third year in succession to be chosen by the staff members of the Gentoo Group, to be one of their Corporate Charities of the Year (see the financial report).

And for the second year running (literally) Allan Surtees completed a sponsored run on our behalf. This year, Allan ran the 97 miles from Leeds football ground (Elland Road) to Bob Stokoe's statue at the Stadium of Light over 7 days. Allan had set himself this challenge to mark his 60th birthday to raise awareness of dementia and funds. The significance of the run between Leeds and Sunderland, was that, of the two football teams who contested the 1973 Cup Final, many of the famous names had since developed dementia, as did Bob Stokoe, Sunderland's cup winning team manager.

Allan received a great deal of support from Sunderland Football Club, e.g. inviting him onto the pitch at half-time, and featuring Allan's effort in the match programme and on their social media platforms.

All the more disappointing that none of the media outlets in Sunderland, covered Allan's "challenge".

The charity will continue to do its utmost to meet these demands against a backdrop of ongoing austerity measures and the current cost of living crisis. The general bleak economic outlook will inevitably have an effect on small charities such as Action on Dementia Sunderland but we remain hopeful that efforts to secure the resources necessary to enable the charity to continue the needs of those impacted by dementia will prove to be successful.

Our thanks go to all who supported us financially or otherwise over the past year. These include the Ballinger Trust. Peter Dunn and Co. Westwaters, Sunderland Community Transport, VCAS and Billy Wright.

Thanks must of course also go to our development worker Sheelagh Dilworth and her team, for all of their hard work and commitment over what has been another frustrating year.

Finally my thanks to my fellow Trustees for their support to me.



Andrew Tilbury of Peter Dunn and Co.



Staff of the Chester's Public House.



Allan Surtees who rang from Leeds to Sunderland, meeting the group in Thirsk during his run.



Team Jean who raise funds in memory of their Mother.

THANK YOU

These are some of our Supporters who have given Donations and assistance to the Group.

Development Worker's Report

Another year on, to the time of writing this report, through what can only now be described as a period of slow recovery from the Covid pandemic, with the ensuing worrying and difficult times to come over the months and year ahead. As if our families/ carers and people with dementia haven't had enough troubled and traumatic times to cope with.

The impact of the current rises in cost of living, and rising energy prices places even more of a burden on families trying to cope, living with dementia.

It is all the more important that we can provide much needed and essential support to people with dementia and their families through our range of services which are all free of charge.

Throughout the past year, as people gained confidence to venture out and about again our Lunch Club/Friendship group returned to an active support group providing an opportunity for people with dementia to attend along with their carers and enjoy some socialising in a supportive environment with staff in attendance. We have also provided a number of regular trips out and about to various places which has enabled families to enjoy the summer months outdoors supported by our staff.

We have two new Outreach Family Support Workers, Theresa and Mike who joined our team last year and have been supporting our various support groups as well as our Home Visiting/Befriending Service.

It is our normal practice when someone goes into nursing/residential care for a period of respite whilst receiving the Home Visiting/Befriending Service, that we endeavour where possible to continue to support them by visiting them whilst in respite. This helps maintain the continuity of the companionship and support which they are familiar with, when they return home.

If a client moves into nursing/residential care permanently, we would normally discontinue providing the Home Visiting/Befriending Service. However we know that this can be a particularly traumatic time for both the person with dementia and their carer. In addition many could still benefit from having someone to visit them apart from their family members, as it helps maintain some outside contact with the community as well as continuing to support their family carers by sometimes accompanying them on the odd visit or just allowing them a break from visiting, another way of providing some respite.

We have begun to pilot this additional element to our Home Visiting/Befriending Service where our resources have enabled us to do so and will be seeking funding to continue, as we believe that it is crucial in supporting families through this difficult and often traumatic transitional stage of their journey with dementia.

Now that our Peer support Group has been reestablished, it has given carers an additional respite break as well as providing an opportunity for our clients with dementia to socialise and partake in group activities with their peers supported by our Outreach Family Support Workers. Whilst this group is intended for people with dementia to attend alone without their carers, we encourage carers to accompany them during their initial sessions if they are anxious or perhaps require a gradual introduction in order that they can gain confidence to eventually attend alone.

Due to more recent pressures, i.e. rising costs and shortages of services/provisions, we expect that our services will be more in demand and there will be a need to provide an ongoing flexible approach in the development and sustainability of our services.

Financial Report

EXPENDITURE

The tentative return to "normality" was reflected in increases in a number of items of expenditure.

E.g. Outings and Activities £2416 from £52,

Staff Mileage £696 from £0,

Advertising £556 from £0 and Printing, stationary

and I.T. £1058 from £580.

Although these were offset by the reduction in Wages and salaries £37,664 from £41,694, due to staff recruitment delays. Therefore, total expenditure at £45,709 was only marginally up (£72) on the previous financial year. Giving an overall deficit of £4751

INCOME

As was the case with the voluntary sector generally, the opportunities to secure grant funding were greatly reduced by the Covid situation in this period. Even so, the difference in total income as compared to the previous year, is somewhat misleading, as some funding received in that period Was intended to be used for service provision in the following financial year (Ending this March 31st)

We are most grateful to the grant funders as listed. However

once again it was largely due to the support and generosity of local organisations and individuals that we were able to maintain much of our support capability. These included Team Jean, A Tilbury and the Gentoo group (See chairs report) with a donation for 2021 of £11,000 following £8,500 the previous year.

Our grateful thanks go to all who supported us financially, in addition to grant funding bodies listed in the Income and Expenditure page

As always, a particular heartfelt thanks and condolences go to all who made donations in memory of loved ones.

Anticipated austerity measures and the current cost of living crisis and the general bleak economic outlook will inevitably have an effect on small charities such as Action on Dementia Sunderland but we remain hopeful that efforts to secure the resources necessary to enable the charity to continue to meet the needs of those impacted by dementia will prove to be successful.

WHO WE ARE

Action on Dementia was formed in January 2010 and is a voluntary organisation with its own constitution based on democratic principles.

Our purpose is to provide support to people within the city who have dementia and also to their families and friends. We also work to promote their interests.

As an independent local group, we can guarantee that all funds raised and donations received will be used locally.

BOARD OF TRUSTEES

Ernest Thompson (Chairman)

Maurice Surtees Errington (Secretary)

George Albert Mail (Treasurer)

Beatrice Smith

Co-opted Members

Ian Cockburn, Kathleen Martin, Malcolm Watson

THE FOLLOWING TRUSTEES

ARE ALSO DIRECTORS OF THE COMPANY

Ernest Thompson, Maurice Surtees Errington, George Albert Malt

Accounts

BALANCE SHEET

YEAR ENDED 31ST MARCH 2022

	Notes	2022	2021
Fixed Assets			
Tangible Assets	8	80	106
Current Assets			
Cash at bank and in hand		66822	68803
Debtors		200	1205
Total Current Assets		<u>67022</u>	<u>70008</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	7758	7243
Deferred Income		8250	7026
Total Current Liabilities		<u>16008</u>	<u>14269</u>
Net Current Assets		51014	55739
Net Assets		<u>51094</u>	<u>55845</u>
Funds of the Charity			
Restricted funds	11	0	0
Designated funds	11	9000	9000
Unrestricted funds	11	42094	46845
Total Charity Funds		<u>51094</u>	<u>55845</u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st March 2022, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 1st August 2022

..... Ernest Thompson
TRUSTEE

..... Maurice Surtees Errington
TRUSTEE

ACTION ON DEMENTIA SUNDERLAND

APPENDIX

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST MARCH 2022

	2022 £	2021 £
INCOME AND EXPENDITURE		
Incoming resources		
Donations	12724	7998
Just Giving Donations	6134	4799
Gentoo Donation	11000	8500
Job Retention Scheme Grant	2424	15312
Sir James Knott Trust	0	10000
National Lottery Covid Grant	0	11500
Garfield Weston Foundation	0	10000
Ballinger Charitable Trust	0	15000
National Lottery Awards For All	1650	0
National Lottery Awards For All Deferred From Previous Years	2400	0
Bring Joy	3070	0
Edward Gostling Foundation	833	0
Newcastle Building Society	723	0
Total Incoming Resources	<u>40958</u>	<u>83109</u>
Resources Expended		
Wages and salaries	37664	41694
Pension contributions	960	960
Outings and activities	2416	52
Fundraising	216	216
Insurance	420	421
Staff Mileage	696	0
Accountancy	978	924
PAYE recording	484	696
Printing, stationery & I.T.	1058	580
Advertising	556	0
General expenses	235	59
Depreciation - Office equipment	26	35
	<u>45709</u>	<u>45637</u>
Net Movement in Funds	<u>-4751</u>	<u>37472</u>

ACTION ON DEMENTIA SUNDERLAND

England & Wales - Charity number 1177401

Accounts

ACTION ON DEMENTIA SUNDERLAND

REPORT AND FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2021

COMPANY REGISTRATION NO. 10478790

CHARITY NUMBER 1177401

FINANCIAL STATEMENTS

YEAR ENDED 31ST MARCH 2021

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REFERENCE AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31ST MARCH 2021

The Trustees present their report and financial statements for the year ended 31st March 2021.

CONSTITUTION

Action on Dementia Sunderland is a company limited by guarantee and a registered charity.

DIRECTORS AND TRUSTEES

The Trustees of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

CHARITY NAME

Action on Dementia Sunderland

COMPANY NUMBER

10478790

CHARITY NUMBER

1177401

REGISTERED OFFICE

34 Frederick Street
Sunderland
United Kingdom
SR1 1LP

BOARD OF TRUSTEES

Ernest Thompson (Chairman)
Maurice Surtees Errington (Secretary)
George Albert Malt (Treasurer)
Beatrice Smith
Ian Cockburn
Kathleen Martin
Malcolm Watson

The following Trustees are also Members of the company:

Ernest Thompson
Maurice Surtees Errington
George Albert Malt
Beatrice Smith
Ian Cockburn
Kathleen Martin
Malcolm Watson

ACCOUNTANTS

Westwaters
34 Frederick Street
Sunderland
SR1 1LP

BANKERS

The Co-operative Bank

TRUSTEES REPORT

YEAR ENDED 31ST MARCH 2021

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st March 2021.

Objects of the charity

The objects of the charity are set out in the memorandum and articles of association.

Organisation and background

The charity is administered by its board of Trustees in accordance with the Articles of Association. For the year to 31st March 2021, the board was comprised of the Trustees listed at page 2.

The memorandum and articles of the charitable company were incorporated on 15th November 2016 as amended by special resolution on 6th December 2017, registration with the Charity Commission taking place on 2nd March 2018. The charitable company commenced operating on 1st October 2017 with all of the charity's operations after that date being carried out through the charitable company.

Prior to 1st October 2017 the charity's operations had been conducted through Action on Dementia Sunderland - charity number 1147346 - an unincorporated charity whose constitution was adopted on 22nd June 2011 and whose registration with the Charity Commission took place on 21st May 2012.

Aims

The charity aims to promote and protect the mental and physical health of sufferers of dementia and their carers (family carers) within the City of Sunderland through the provision of support and information. In addition to this primary objective the charity also aims to advance the education of the general public in all areas relating to dementia.

Achievements In Period

As with many charities and other organisations our activities have been severely curtailed due to the covid-19 pandemic, which was prevalent throughout the year ending 31st March 2021 and which is unfortunately still ongoing. In the case of Action on Dementia Sunderland this has been exacerbated due to people who use our services being advanced in years and many of whom have underlying health issues.

Due to the acute, potentially fatal impact that contracting covid-19 could have on those who use our services the only acceptable course of action on our part has been to suspend all activities that involve a human proximity element. Sadly as this covered a very large proportion of the services we provide this has had a dramatic impact on our operations. We have attempted to mitigate the negative consequences as far as possible by maintaining contact with those who rely on our services by telephonic and other means of communication that don't rely on face to face interaction. However, this is evidently a suboptimal situation and we look forward to the day when we can resume our usual services and activities in a safe and secure manner.

Future Developments

At the present time the world remains in the shadow of the covid-19 pandemic and whilst there are promising signs, particularly in relation to the vaccine rollout and its efficacy, there clearly remains a great deal of uncertainty as to what the future holds and when we can safely begin to restart our activities. When this happens will be dependant on the relevant Government legislation and advice and in addition to that will be when we are satisfied we can do so without endangering the health and wellbeing of any of our stakeholders.

We remain extremely grateful to those who have provided and continue to provide financial and other support to enable us to safely navigate the very difficult times in which we currently find ourselves. This support is absolutely essential if we are to be in a position to be ready to offer our full range of activities and support, which are very much relied upon by so many people, when circumstances allow us to do so.

ACTION ON DEMENTIA SUNDERLAND

TRUSTEES REPORT (Continued)

YEAR ENDED 31ST MARCH 2021

Trustees Responsibilities

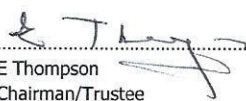
Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently;
- * observe the methods and principles in the Charities SORP (FRS 102);
- * make judgements and estimates that are reasonable and prudent;
- * prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board

13th August 2021


.....
E Thompson
Chairman/Trustee

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31ST MARCH 2021

We report on the accounts of the ACTION ON DEMENTIA SUNDERLAND for the year ended 31st March 2021, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND EXAMINERS

As the charity's Trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of Charities Act 2011 (the 2011 Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Direction given by the Charity Commission under section 145(5)b of the 2011 Act, whether any particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S REPORT

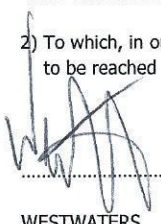
Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures and seeking explanations from you as trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently we do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met;

- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of accounts to be reached



.....

WESTWATERS

13th August 2021

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST MARCH 2021

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2021 £	TOTAL FUNDS 2020
INCOMING RESOURCES						
Incoming resources from generated funds	2					
- Voluntary income		46297	0	21500	67797	38218
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Other Incoming resources		15312	0	0	15312	0
TOTAL INCOMING RESOURCES		61609	0	21500	83109	38218
RESOURCES EXPENDED						
Activities for generating funds	4	216	0	0	216	216
Charitable activities		22997	0	21500	44497	47371
Governance costs		924	0	0	924	882
TOTAL RESOURCES EXPENDED		24137	0	21500	45637	48469
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		37472	0	0	37472	-10251
Transfer from unincorporated body		0	0	0	0	0
NET MOVEMENT IN FUNDS		37472	0	0	37472	-10251
TRANSFER BETWEEN FUNDS		0	0	0	0	0
TOTAL FUNDS BROUGHT FORWARD		9373	9000	0	18373	28624
TOTAL FUNDS CARRIED FORWARD		46845	9000	0	55845	18373

BALANCE SHEET


YEAR ENDED 31ST MARCH 2021

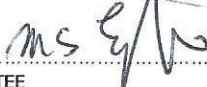
	Notes	2021	2020
Fixed Assets			
Tangible Assets	8	106	141
Current Assets			
Cash at bank and in hand		68803	47219
Debtors		<u>1205</u>	<u>63</u>
Total Current Assets		<u>70008</u>	<u>47282</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	7243	7024
Deferred Income		<u>7026</u>	<u>22026</u>
Total Current Liabilities		<u>14269</u>	<u>29050</u>
Net Current Assets		55739	18232
Net Assets		<u>55845</u>	<u>18373</u>
Funds of the Charity			
Restricted funds	11	0	0
Designated funds	11	9000	9000
Unrestricted funds	11	46845	9373
Total Charity Funds		<u>55845</u>	<u>18373</u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st March 2021, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 13th August 2021


 Ernest Thompson
 TRUSTEE


 Maurice Surtees Errington
 TRUSTEE

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage as set out in Note 4.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2021 Total	2020 Total
Donations	21297	0	21297	19630
Grants received	25000	21500	46500	18588
	<u>46297</u>	<u>21500</u>	<u>67797</u>	<u>38218</u>

3. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2021 Total	2020 Total
	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

4. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2021 Total	2020 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	216	0	42800	0	43016	46436
Administrative Costs	Direct	0	0	0	1001	0	1001	816
Professional Fees	Direct	0	0	0	696	924	1620	1217
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>216</u>	<u>0</u>	<u>44497</u>	<u>924</u>	<u>45637</u>	<u>48469</u>

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST MARCH 2021

5. Net Incoming Resources for the Period

This is stated after charging;-

	2021	2020
Depreciation	35	47
Accountants Fee	924	882

6. Trustee Remuneration & Related Party Transactions

No members of the Management Committee received any remuneration during the year ended 31st March 2021.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

7. Taxation

As a charity Action on Dementia Sunderland is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st April 2020	292	292
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st March 2021	<u>292</u>	<u>292</u>
<u>Depreciation</u>		
At 1st April 2020	151	151
Charge for year	35	35
Disposals	0	0
At 31st March 2021	<u>186</u>	<u>186</u>
<u>Net Book Values</u>		
At 31st March 2021	<u>106</u>	<u>106</u>
At 1st April 2020	<u>141</u>	<u>141</u>

9. Creditors: Amounts Falling Due within One Year

	2021	2020
Amounts falling due within one year:		
Accruals	1098	966
Staff wages	3024	3005
PAYE	1357	1204
Expenses owed to staff	0	85
Other creditors	1764	1764
	<u>7243</u>	<u>7024</u>

10. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Tangible Fixed Assets	106	0	0	106
Current Assets	61008	9000	0	70008
Current Liabilities	-14269	0	0	-14269
Net Assets at 31st March 2021	<u>46845</u>	<u>9000</u>	<u>0</u>	<u>55845</u>

11. Movement in Funds

	At 1 April 2020	Incoming Resources	Outgoing Resources	Transfers	At 31 Mar 2021
Restricted Funds	0	21500	-21500	0	0
Total Restricted Funds	<u>0</u>	<u>21500</u>	<u>-21500</u>	<u>0</u>	<u>0</u>
Designated Funds	9000	0	0	0	9000
Total Designated Funds	<u>9000</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>9000</u>
Unrestricted Funds	9373	61609	-24137	0	46845
Total Unrestricted Funds	<u>9373</u>	<u>61609</u>	<u>-24137</u>	<u>0</u>	<u>46845</u>

12. Restricted Funds

	At 1 Mar 2020	Incoming Resources	Outgoing Resources	Transfers	At 31 Mar 2021
Sir James Knott Trust	0	10000	-10000		0
National Lottery Covid Grant	0	11500	-11500		0
Total Restricted Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

ACTION ON DEMENTIA SUNDERLAND

APPENDIX

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST MARCH 2021

	2021 £	2020 £
INCOME AND EXPENDITURE		
Incoming resources		
Donations	12797	19630
Gentoo Donation	8500	0
JRS Grants	15312	0
Sir James Knott Trust	10000	0
National Lottery Covid Grant	11500	0
Garfield Weston Foundation	10000	0
Ballinger Charitable Trust	15000	0
Awards For All	0	7200
Joicey Trust	0	5000
Edward Gostling Foundation	0	4167
Newcastle Building Society	0	2221
Total Incoming Resources	<u>83109</u>	<u>38218</u>
Resources Expended		
Wages and salaries	41694	39775
Pension contributions	960	960
Outings and activities	52	3586
Fundraising	216	216
Insurance	421	407
Staff Mileage	0	1055
Accountancy	924	882
PAYE recording	696	335
Printing, stationery & I.T.	580	409
Advertising	0	567
General expenses	59	230
Depreciation - Office equipment	35	47
	<u>45637</u>	<u>48469</u>
Net Movement in Funds	<u>37472</u>	<u>-10251</u>