



Annual Report

(1st September 2023 – 31st August 2024)

Charity Details:

Registered Address: 14 Middlesbrough Road, South Bank Middlesbrough TS6 6NR

Telephone: 07307 848057

Email: info@rubiescharity.org

Website: www.rubiescharity.org

Social Media: @Rubies Charity

Registered Charity Number 1177332

Our Board of Trustees

Chair: Ruth Fox

Trustee: Caroline Singleton (Treasurer)

Trustee: Vanessa Kirby

Trustee: Janet Tuner (Safeguarding Lead)

Trustee: Tracey Brittain

Trustee: Jade Wadrop (re-appointed April 2024)

Our Aims are to support girls to:



Our Values:

- R** Respect
- U** Understand
- B** Believe
- I** Inspire
- E** Encourage
- S** Stay Safe



All projects, services and support are completely free to girls.

Celebrating Another Year of Rubies!

As an organisation, Rubies has expanded significantly – increasing our staff, the number of groups and schools we collaborate with, and the girls attending our programmes. Naturally this growth has prompted us to seek new, larger premises. While we have yet to find the perfect space, our search continues with determination.

We are extremely grateful to our funders and donors. Without their support, hundreds of girls would miss out on the essential services we provide. We also deeply appreciate our phenomenal volunteers, whose enthusiasm and commitment drive our efforts in schools and evening group sessions. Each volunteer's contributions are invaluable, and we cherish their dedication.

We look forward to seeing what the coming year has in store for us.

Ruth Fox

Schools Work

During this year we worked with 383 girls in 20 primary and secondary schools across Middlesbrough and Redcar & Cleveland.

320 Year 6/7 girls took part in our Self-Esteem courses:

- **99% of girls reported that working with Rubies had positive impact on their lives**
- **80% of girls reported an increase in Self-Esteem**
- **81% of girls reported an increase in Resilience**
- **63% reported feeling Safer**

We also launched our brand new **Empowerment Courses** with a pilot project in 6 secondary schools. The Empowerment Courses are based on a model called Philosophy for Children and are designed to support girls to develop their confidence and communications skills.

63 Year 8-10 girls took part in the pilot Empowerment programme which was funded by Comic Relief.

- 100% of girls reported that working with Rubies had a positive impact on their lives
- 91% said they appreciated the chance to talk
- 80% said they appreciated being listened to
- 100% said they would like more sessions



Gems

4 girls took part in our second gems course in the spring of 2024. They met together for 8 weeks and enjoyed food and activities to support them with self-esteem and wellbeing. There are more Gems courses planned for 2025.



GLOW Girls Groups

71 girls have attended GLOW this year!

We currently have 3 GLOW groups that meet every week in South Bank & Easterside to provide girls with the opportunity to build confidence and self-esteem.

Over the past year we've had several exclusive screenings just for us at Middlesbrough Cineworld and the FA kindly gave us tickets to watch the Lionesses v Scotland at the Stadium of Light in September 2023.



GLOW continues to go from strength to strength and we are so pleased that some girls have been attending weekly for 2 or 3 years. Every week we provide free food and a range of activities and know it is a safe place for girls to meet friends and access emotional and practical support.



Counselling Project

Thanks to on-going funding from the Lottery's Awards for All programme Liz, our CEO, has been able to provide medium / long term counselling for 7 girls this year. So far some girls have been able to access 50+ sessions, which makes our service quite different to many local providers who can only support young people for 10-12 weeks.

We also secured additional funding from the Lottery in July to employ a second counsellor in the coming year so that we can offer this free therapeutic support to a larger number of girls.



Respect ☆ Understand ☆ Believe ☆ Inspire ☆ Encourage ☆ Stay Safe

Staff Team

We now have 9 members of the staff team, with some of our volunteers also stepping up to take on paid sessional work in schools and GLOW groups during busy times.

This year Fran Hutchinson, one of our schools co-ordinators, has worked hard to complete a Diploma in Therapeutic Skills with national organisation Trauma Informed Schools. Fran has been able to implement some of her learning in schools already and we know this will also help us as we continue to develop courses in the future.



As a team we took the plunge and joined the North Sea Dip in Saltburn on 1st Jan 2024 which raised over £500. Some of us are planning to do it again in 2025!



Congratulations!

In July 2024 some of our amazing part time staff celebrated their graduation from Teesside University including:

Alisha Threadgill (Education Studies), Sarah Middleton (Psychology and Counselling) and Rachel Buckley (Childhood and Youth Studies).



Trustee Board

We were delighted to welcome Jade Wadrop back on to our Trustee Board in April 2024. Jade has been a supporter of Rubies for many years and we're glad to have the youthful perspective she brings to our board.

The past year has been challenging for us, just like many charities, in terms of resources and capacity and the trustees have been a great support to the staff team as we've worked to overcome problems with premises and the increasing complexity of girl's support needs.



Volunteers

24 wonderful women gave up their time to support Rubies in schools, GLOW girls groups and behind the scenes this year. This equates to more than 2000 hours of support! We are really thankful for all our volunteers and for their dedication and commitment to our work supporting local girls.

In May 2024 we were proud to celebrate with Abbie and Rachel, 2 of our long term volunteers as they were recognised at the Teesside University Volun-Tees awards. Rubies was also commended for the support we provide for our student volunteers.

We are always looking for new volunteers for a variety of roles - please do get in touch for more information.



In August 2023 we held a thank you event on the Teesside Princess to recognise all the time and support that our volunteers have given over the past 12 months and afternoon tea & bingo was enjoyed by all.

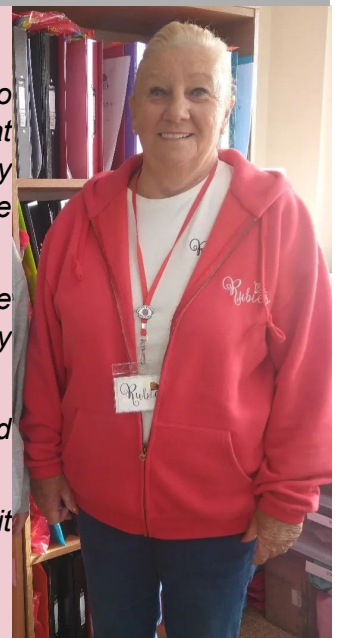
Volunteer Profile - Barbara Johnson

"I have been a volunteer at Rubies for nearly 3 years now and the ladies were so welcoming and made me feel part of the team very quickly. Working at GLOW at times has been very challenging but the ongoing results with the girls make it very worthwhile, seeing them overcome their difficulties in life and how they appreciate what we do for them.

Being part of the self-esteem courses has been amazing. To experience how the girls learn how to understand their emotions and feelings has been really inspiring. They always enjoy the activities and we have lots of fun!

Rubies gives the girls the belief that they can achieve their goals in life and recognise their worth.

Rubies has taught me how valuable the support is for these girls and I hope it continues for many years to come".



Fundraising

We were pleased to be awarded 3 year funding from Children in Need for core costs which will help us to develop our infrastructure and employ a part-time administrator.

SUPPORTED BY
BBC
**CHILDREN
IN NEED**

We would like to say thank you to the following funders for supporting our work this year:

- Awards for All (National Lottery)
- Ballinger Charitable Trust
- Comic Relief
- Greggs Foundation
- Middlesbrough Council
- People's Postcode Lottery
- Tees Foundation/Tees Million
- UK Youth
- Hays Travel Foundation
- Woodsmith Foundation
- Tesco Stronger Starts
- The Teesside Charity

We're also really grateful to:

- Our 'Fabulous 50' supporters
- Middlesbrough Rugby Club Ladies Day
- Harkin Associates
- Darlington Building Society
- Saltburn Brownies
- SNE Care Ltd
- SABIC
- Newsham & Aislaby Women's Institute
- Marton Women's Institute
- Tees Community / Hey Girl
- Zetland Lodge 561

Thank
you

Plus many churches and individual supporters for their donations, sponsored events and regular giving.





Annual Accounts

(1st September 2023 – 31st August 2024)



CHARITY COMMISSION
FOR ENGLAND AND WALES

Rubies

Receipts and payments accounts

CC16a

For the period
from

01/09/2023

To

31/08/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
<i>Grants Restricted</i>					
Greggs Foundation	-	20,000	-	20,000	77,428
Tees Valley Community Foundation	-	2,500	-	2,500	-
Comic Relief Community Fund (England)	-	5,000	-	5,000	-
Woodsmith Foundation	-	1,500	-	1,500	-
Awards For All	-	20,000	-	20,000	-
BBC Children In Need	-	22,000	-	22,000	-
The Buchanan Programme	-	5,000	-	5,000	-
The Goshen Fund	-	2,500	-	2,500	-
Hays Travel Foundation	-	5,000	-	5,000	-
Tesco Stronger Starts	-	1,000	-	1,000	-
The Teesside Charity	-	1,000	-	1,000	-
<i>Grants Unrestricted</i>					
UK Youth	27,500	-	-	27,500	42,500
UK Youth Legacy Funding	11,000	-	-	11,000	-
Ballinger Charitable Trust	15,000	-	-	15,000	-
<i>Other income</i>					
Donations	14,359	-	-	14,359	3,573
Fundraising	65	-	-	65	744
Fab50 donations	2,055	-	-	2,055	635
Gift Aid	1,017	-	-	1,017	99
Just Giving	2,357	-	-	2,357	857
Middlesbrough Lotto	88	-	-	88	356
Regular Giving	1,020	-	-	1,020	720
Income from primary schools	14,324	-	-	14,324	10,304
Girls Group Income	13	-	-	13	324
DWP	1,936	-	-	1,936	-
Sub total (Gross income for AR)	90,734	85,500	-	176,234	137,540
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	90,734	85,500	-	176,234	137,540
A3 Payments					
Admin	5,250	400	-	5,650	3,549
Accounts	470	-	-	470	412
Building and running costs	192	-	-	192	560
Counselling	905	298	-	1,203	2,072
Empowerment Courses	3	556	-	559	-
Gems	105	1,153	-	1,258	479
Girls Group South Bank	2,231	1,101	-	3,332	10,357
Girls Group Easterside	1,469	309	-	1,778	-
Girls Groups food	1,422	1,534	-	2,956	-
Glow Gifts	214	-	-	214	-
Insurance & Legal	1,725	-	-	1,725	1,341
Lease	5,860	2,415	-	8,275	7,800
Just Giving	216	-	-	216	216
Publicity & promotion	500	-	-	500	6,971
Staff costs	38,265	61,850	-	100,115	71,415
Staff training	759	1,000	-	1,759	1,137
Trustee expenses	-	-	-	-	-
Volunteer expenses	1,583	300	-	1,883	2,507
Schools courses	8,074	2,209	-	10,283	7,298
IT	1,314	567	-	1,881	2,227
Post Positive Project	9	-	-	9	46

Equipment		44		44	429
Social activities (non school)	484			484	430
	-	-	-	-	-
Sub total	71,050	73,736	-	144,786	119,246
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	71,050	73,736	-	144,786	119,246
Net of receipts/(payments)	19,684	11,764	-	31,448	18,294
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	40,879	56,424	-	97,303	-
Cash funds this year end	60,563	68,188	-	128,751	18,294

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Petty Cash Bank Total cash funds <small>(agree balances with receipts and payments account(s))</small>	378 60,185 - 60,563	- 68,188 - 68,188	- - - -
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		R. Fox	RUTH FOX	21.1.2025



Section A

Independent Examiner's Report

Report to the trustees/
members of

Rubies

On accounts for the year
ended

31/8/24

Charity no
(if any)

1177332

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 08 / 2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Debbie

Date:

28-11-24

Name:

DEBBIE LAWRIE

Relevant professional
qualification(s) or body
(if any):

AAT

Diploma in Charity Accounting (The Institute of Chartered Accountants in England and Wales)

Address:

44 Nuneaton Drive

Hemlington

TS8 9PR

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

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**On accounts for the year
ended**

31/8/24

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(if any)**

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Signed:

Deborah Lawrie

Date:

28.11.24

Name:

DEBORAH LAWRIE

**Relevant professional
qualification(s) or body
(if any):**

AAT

Diploma in Charity Accounting (The Institute of Chartered Accountants in England and Wales)

Address:

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