



Annual Report

(1st September 2022 – 31st August 2023)

Charity Details:

Registered Address: 14 Middlesbrough Road, South Bank Middlesbrough TS6 6NR
Telephone: 07307 848057
Email: info@rubiescharity.org
Website: www.rubiescharity.org
Social Media: @Rubies Charity

Registered Charity Number: 1177332

Our Board of Trustees:

Chair: Ruth Fox
Trustee: Caroline Singleton (Treasurer)
Trustee: Vanessa Kirby
Trustee: Janet Tuner (Safeguarding Lead)
Trustee: Tracey Brittain (appointed April 2023)

Our Vision:

Our Vision is to encourage girls to discover their strengths and know their true worth.

Our Values:

R Respect
U Understand
B Believe
I Inspire
E Encourage
S Stay Safe

Our Aims:

Our Aims are to support girls to:

- i) Increase Self-Esteem
- ii) Build Resilience
- iii) Stay Safe



A message from our Chair of Trustees

Rubies has continued to support girls from the Redcar & Cleveland and Middlesbrough areas over the course of this report.

The schools work and GLOW Groups continue to grow with more girls benefitting and learning that they are true Rubies! Two new GLOW groups have started during the year allowing even more girls to be involved.

On behalf of myself and the other trustees, we would like to thank Liz and the staff team for all their hard work and to the volunteers for their dedication and support. The team enjoyed a two-week wellbeing break during the summer holidays. Well-deserved and much needed!

We are always on the look-out for more volunteers – if you are interested in learning more, please give Liz a call – she'd love to talk with you.

Ruth Fox

Schools Work:

Our Vision is to encourage girls to discover their strengths and know their true worth.

Our Aims are to support girls to:

- i) Increase Self-Esteem
- ii) Build Resilience
- iii) Stay Safe

During this year we appointed a second Schools Coordinator to oversee our Self-Esteem courses. We worked with over **254** girls across Middlesbrough and Redcar & Cleveland in both primary and secondary schools

234 Year 6 girls and **20** Year 7 girls took part in our Self-Esteem courses:

98% of girls reported that working with Rubies had positive impact on their lives

78% of girls reported an increase in Self-Esteem

81% of girls reported an increase in Resilience

67% reported feeling Safer

We also secured a grant from Cleveland Police & Crime Commissioner to make an online safety film to support our 'Stay Safe' sessions and to show in schools. This was produced by Wander Films.



Counselling Pilot Project:

Thanks to funding from the Lottery's Awards for All programme Liz, our CEO, began offering a small number of free weekly counselling sessions for girls who can't access this support elsewhere. The sessions have taken place in schools and in our own room in a local community centre and girls are able to access this on a medium-long term basis. So far **5** girls have received counselling support.

Gems:



4 girls who were referred to us from the Youth Justice Service were supported through an 8-week therapeutic course focused on improving their wellbeing. All of the girls felt the course had helped their self-esteem and confidence. Our patron TV presenter Steph McGovern took time to visit them and then invited them to her Channel 4 studio for a look behind the scenes of live TV. More Gems groups are being planned for next year.

GLOW Girls Groups:

48 girls have attended GLOW this year!



Following on from the success of our first GLOW girls group, this year we launched 2 more groups in South Bank and Easterside. The groups are for girls aged 11-16 and run for 50 weeks a year. GLOW is free and offers food, activities and a chance to meet friends and get support in a safe environment.



Girls from the South Bank groups took part in arts workshops to produce installations for the Nightfall event in Middlesbrough and also held a Texas night with authentic Tex-Mex food and a visitor all the way from the USA.

Steph McGovern visited Easterside GLOW to do a spot of line dancing and girls made their own bath bombs and created Xmas wreaths. They also linked up with the National Literacy Trust to set up a great mini-library.



Several girls also took up the opportunity to meet their MP to find out what it's like to be a member of parliament and to ask questions relating to their views about growing up in Teesside.

Staff Team:

We began 2023 with a focus on staff training so that we felt more equipped to support girls with increasingly complex needs and circumstances.

As challenges with self-harm, anxiety, dis-ordered eating and low self-esteem are becoming more common, we felt it would be beneficial for staff to

become trained Youth Mental Health First Aiders and 8 staff members and volunteers completed the 3 day course in January 2023.

We also focused on training in the 'Philosophy for Children' discussion model ready for the launch of our secondary schools project next year and all staff received training in Adverse Childhood Experiences, First Aid and Safeguarding.

Liz attended the UK Youth Thriving Minds Conference at Warwick University in Feb 2023. This was a great opportunity to receive training and to find out what other organisations are doing to support young people's mental health across the country.

We employed 2 new part-time Project Workers to support with our schools work and GLOW groups.



"Since working at GLOW I've met so many incredible girls with the potential to achieve great things. GLOW has enabled me to empower girls to believe in themselves and recognise their worth in a place where this may not always be acknowledged."

Moreover, my work delivering self-esteem courses has been truly rewarding, as I can see the outstanding impact the course has for the girls. Observing the change in their ability to understand their emotions and learn about themselves has been an amazing experience. The girls engage well with the course content and share their experiences and feelings with us, which is always an honour.

Although I live in Middlesbrough and felt I was aware of the struggles people face, the circumstances I have encountered have been challenging and upsetting. Working at Rubies has opened my eyes to the challenging lives some young girls live and how our support is absolutely necessary to their overall wellbeing. Such experiences and my colleagues' expertise have enabled me to learn so much in a short period of time."

Alisha Threadgill, Project Worker

In April 2023 we launched a new website to give a more accurate picture about our work and our goals to stakeholders and families. Several of the girls from GLOW insisted on being shown in the photos for the new site as they were proud to be associated with the work of Rubies in their local communities.



We also worked with Lamplight, a charity database specialist, to design a new database to help us improve our recording and monitoring systems as we continue to grow and develop as a charity.

North East Charity Awards:

Rubies was delighted to be a finalist in the 'Best Small Charity' category at the North East Charity Awards in July. A great night was had by all staff who attended and it was good to hear about the work of other organisations across the whole North East region who are also making a huge impact in their communities.



Trustee Board:

We were delighted to welcome Tracey Brittain to the Trustee Board in April 2023. Tracey has a wealth of knowledge and experience in the voluntary and VAWG sectors and is passionate about Middlesbrough girls reaching their potential.

Volunteers:

26 wonderful women gave up their time to support Rubies in schools, GLOW girls groups and behind the scenes this year. This equates to more than 750 hours of support! We are really thankful for all our volunteers and for their dedication and commitment to our work supporting local girls.

In August 2022 we held an event to show our appreciation for our volunteers and to celebrate our 5th birthday as a registered charity.



Fundraising:

We would like to say thank you to the following funders for supporting our work this year:

Awards for All
 Ballinger Charitable Trust
 Comic Relief
 Cleveland Police & Crime Commissioner
 Darlington Building Society
 Greggs Foundation
 Middlesbrough Community Chest
 People's Postcode Lottery
 Tees Valley Community Foundation
 UK Youth
 Wates Family Enterprise Foundation
 Warbutons



Annual Accounts

(1st September 2022 – 31st August 2023)



CHARITY COMMISSION
FOR ENGLAND AND WALES

Rubies

Receipts and payments accounts

CC16a

For the period
from

01/09/2022

To

31/08/2023

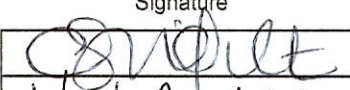
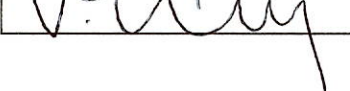
Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants Restricted		77,428	-	77,428	57,403
Grants Unrestricted	42,500	-	-	42,500	27,563
Donations	3,573	-	-	3,573	14,254
Fundraising	744	-	-	744	4,074
Income from Schools	10,304	-	-	10,304	10,490
Girls Group	324	-	-	324	154
Just Giving	857	-	-	857	906
Regular Donations	720	-	-	720	670
FAB50 donations	635	-	-	635	-
Counselling	-	-	-	-	225
Lotto	356	-	-	356	446
Gift Aid	99	-	-	99	1,168
Sub total (Gross income for AR)	60,112	77,428	-	137,540	117,353
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	60,112	77,428	-	137,540	117,353
A3 Payments					
Admin	2,948	601	-	3,549	4,321
Building & running costs	50	510	-	560	115
Insurance & Legal	1,341	-	-	1,341	1,008
Lease	7,110	690	-	7,800	6,250
Publicity & Promotion	1,971	5,000	-	6,971	50
Staff Costs	46,176	25,239	-	71,415	44,111
Staff Training	272	865	-	1,137	2,367
Turster Expenses	-	-	-	-	-
Volunteer Costs	2,110	397	-	2,507	5,083
Schools courses/workshops	7,298	-	-	7,298	6,700
IT	1,367	860	-	2,227	-
Positive Post Project	46	-	-	46	2,172
Gems	241	238	-	479	-
Equipment	429	-	-	429	-
Summer Workshops	-	-	-	-	-
Social Activities (non school)	430	-	-	430	186
Accounts	412	-	-	412	388
Counselling	-	2,072	-	2,072	41
Girls Group	4,516	5,841	-	10,357	3,740
Just Giving	216	-	-	216	198
Sub total	76,933	42,313	-	119,246	76,730
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	76,933	42,313	-	119,246	76,730
Net of receipts/(payments)	- 16,821	35,115	-	18,294	40,623
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	57,700	21,309	-	79,009	38,386
Cash funds this year end	40,879	56,424	-	97,303	79,009

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Petty Cash	362	-	-
	Bank	41,116	55,825	-
		-	-	-
	Total cash funds	41,478	55,825	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	C Singleton	21/12/23
	VANESSA KIRBY	21/12/23



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Rubies

On accounts for the year
ended

31/8/23

Charity no
(if any)

1177332

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 08 / 2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

9.11.23

Name:

DEBORAH LAWRIE

Relevant professional
qualification(s) or body
(if any):

AAT

Diploma in Charity Accounting (The Institute of Chartered Accountants in England and Wales)

Address:

44 Nuneaton Drive

Hemlington

TS8 9PR



Independent examiner's report on the accounts

Independent Examiner's Report

Rubies

31/8/23	Charity no (if any)	1177332
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Responsibilities and basis of report

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 9.11.23

Name: DEBORAH LAWRIE

Relevant professional qualification(s) or body (if any):

AAT
Diploma in Charity Accounting (The Institute of Chartered Accountants in England and Wales)

Address:	44 Nuneaton Drive
	Hemlington
	TS8 9PR

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.