



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1st	January	2020		31st	December	2020

Section A Reference and administration details

Charity name

Triple A Project (All About Autism)

Other names charity is known by

Triple A

Registered charity number (if any)

1177317

Charity's principal address

The Resource Centre

Sandgate

Penrith

Postcode

CA11 7TP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Quinn	Chair		
2	Murray Winters			
3	David Wheatcroft			
4	Julia McDonald			
5	Daniella Sheridan		Resigned 24.02.2021	
6	Jonna Healy		Resigned 25.04.2021	
7	Kenneth Ford-Powell		Appointed 11.03.2021	
8	John Craig		Appointed 11.03.2021	
9				
10				
11				
12				
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14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charity Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The promotion of social inclusion for the public benefit amongst autistic individuals and their families who are socially excluded from society, or parts of society, as a result of being autistic by:

1. raising public awareness of the issues affecting autistic individuals and their families, both generally and in relation to their social exclusion
2. provide education opportunities and information to support and enable autistic people and their families to maximise

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

educational, social, and economic opportunities

3. providing social and recreational facilities and opportunities for autistic people and their families
4. provide workshops, forums, mentoring and general support for autistic and non-autistic people

A summary of the main activities undertaken by the charity to carry out its charitable purposes for the public benefit include:

- informing public about autism by training, social media, speaking at public events, speaking at statutory meetings and film making
- establishing volunteering and personal development opportunities for autistic adults through training, design and delivery and Discovery Panels, co-facilitation of Positive Pals, focus groups and for young people with Duke of Edinburgh Award Scheme
- developing mentoring for autistic people through Navigator Programme to offer intense and bespoke support for autistic people
- Providing social and recreational opportunities for autistic people through Positive Pals

The Trustees have considered the guidance issued by the Charity Commission in respect of public benefit and confirm that they adhere to this guidance through the activities of the charity.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Over the past year Triple A supported 139 autistic participants across Navigator Programme, Positive Pals, Duke of Edinburgh Bronze Award Scheme and Discovery Panel.

Navigator Programme:

Triple A has been able to continue with the successful pioneering delivery of the Navigator Programme, which is certainly unique to the area and possibly, nationally. The navigator role is a service that offers specialist, person centred support to very vulnerable people with autism who may be isolated or have become unwittingly involved in criminal justice or been at the receiving end of a crime, for example 'cuckooing', mate crime, radicalisation, etc. Cumbria Office of Police & Crime Commissioner granted a further year of funding to continue working with criminal justice agencies via Community Fund.

Positive Pals:

Autistic individuals generally do not engage with social activities because there are challenges with communication and the environment that create barriers and situations that create fear and anxiety consequently leading to vulnerabilities. Positive Pals seeks to eradicate these barriers and create a space for autistic individuals to meet socially in a way that makes sense to them. The groups are facilitated by autistic individuals and are creating autism-friendly environments and are almost entirely made up of individuals who have been living in isolation. The Positive Pals groups have a strong focus on prevention – to enable, equip and educate individuals about their rights and responsibilities. It has been shown to reduce social isolation, improve confidence and mental wellbeing and reduce reoffending. During 2020, we had to change the way we delivered Positive Pals group due to the pandemic. We reinvented these groups online so that autistic adults had a safe place to socialise whilst being isolated at home. Many positive friendships have been formed throughout Cumbria.

Discovery Panel:

The Triple A Team has been facilitating focus groups to put together Discovery Panels. It is a series of six 3- hour workshops written by autistics, for autistics about autism – to enable the autistic individuals to learn, explore and develop strategies on how to cope and learn about their autism. This series of workshops seek to promote safer, healthier living that diverts individuals from becoming victims or unwitting perpetrators due to lack of understanding and/or social skills.

Duke of Edinburgh Bronze Award Scheme:

Our second cohort of autistic individuals completed their DofE Bronze Award despite the national lockdown. Triple A employs a Duke of Edinburgh Manager to work with our cohorts and support them through their award.

Autism Awareness Training:

The Triple A Team has delivered understanding autism training for a wide range of professionals, including trainee Doctors, health practices, housing associations, college, parents, retail establishments. This training was accredited by CPD in 2019. Due to the pandemic, training was delivered by our team virtually.

Section D

Achievements and performance

Autism Alert Card:

Originally funded by OPCC in 2017, the autism alert cards continue to be well received. Triple A are now self-funding this activity and the scheme remains to operate in partnership with Cumbria Constabulary. So far, we have created 154 cards and will soon roll this service out to those in Lancaster through Lancashire Police.

Face Mask Exemption Cards:

With wearing face masks escalating anxiety levels for autistic individuals, our team created a Face Mask Exemption Card free of charge to those in need of one. We created 43 cards.

Section E

Financial review

Brief statement of the charity's policy on reserves

RESERVE POLICY:

Trustees have set a target of three months of total operating costs, which would currently equate to approximately £33k. After defining accurate relationships between restricted and unrestricted income and expenditure, Trustees are content that we meet the target stated and are in a healthy financial position to take the charity forward.

Details of any funds materially in deficit

Further financial review details (Optional information)


You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Karen Quinn	
Position (eg Secretary, Chair, etc)	Chair	
Date	17/09/2021	



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Triple A

On accounts for the year
ended

31st Dec 2020

Charity no
(if any)

1177317

Set out on pages

1 & 2 CC16a Section A and B signed 17th Sept Ken Ford-Powell

(Remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 2 / 2020**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (~~other than that disclosed below*~~) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

18th Sept 2020

Name:

Timothy Hugh Naylor

Relevant professional
qualification(s) or body

CEng, MIMechE, MAPM, Treasurer of Charity 1127143

(if any):

Address:

Section B	Disclosure			
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name No (if any)

Receipts and payments accounts

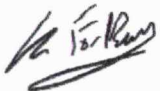
CC16a

For the period from	01.01.20	To	31.12.20
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1,412	-	-	1,412	4,015
Grants	-	177,259	-	177,259	86,000
Fundraising	-	512	-	512	-
Activities for fundraising	2,111	-	-	2,111	33,253
Bank interest	-	-	-	-	17
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	3,523	177,771	-	181,294	123,285
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,523	177,771	-	181,294	123,285
A3 Payments					
Wages & Pension	-	109,775	-	109,775	37,415
Rent & Rates	4,101	-	-	4,101	2,255
Repairs & Maintenance	-	-	-	-	730
Heat, Light & Electricity	715	-	-	715	572
Insurance	1,050	-	-	1,050	446
Telephone & Internet	924	-	-	924	785
Print, stationery, admin & Equipment	13,103	-	-	13,103	1,776
Cost of Fundraising	47	-	-	47	275
Charitable Activities	9,832	-	-	9,832	37,341
Sub total	29,772	109,775	-	139,547	81,595
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	29,772	109,775	-	139,547	81,595
Net of receipts/(payments)	- 26,249	67,996	-	41,747	41,690
A5 Transfers between funds	60,665	- 60,665	-	-	-
A6 Cash funds last year end	1,192	93,936	-	95,128	53,438
Cash funds this year end	35,608	101,267	-	136,875	95,128

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cumberland Bank Account	20,608	101,267	-
	CAF Account (Reserve account)	15,000	-	-
		-	-	-
	Total cash funds	35,608	101,267	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Ken Ford-Powell	17/09/2021
CCXX R2 accounts (SS)		2		17/09/2021