



GOOD HEALTH AFRICA

2024 ANNUAL TRUSTEES REPORT



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EDUCATION

DONALD
ROMEO
Community School

The go-getter goes until he
gets what he goes for.....

CLASS NOTES

CLEAN WATER



HEALTHY LIFESTYLE

Eat healthy
Exercise



Keep things
simple
Think
positively

Sleep well

JIGGERS PROGRAMME

COMMUNITY DEVELOPMENT

GOOD HEALTH AFRICA [GoHA] Trustees Annual Report 2025

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Background | Context

Kenya, Africa *Defeating poverty IN THE RURAL COMMUNITY of Western Kenya*

POPULATION: 57.5 million [$\uparrow 2.2\%$; ranked 7th most populated country in Africa; rated Grade D quality]

CAPITAL: Nairobi

OFFICIAL LANGUAGES: Swahili and English

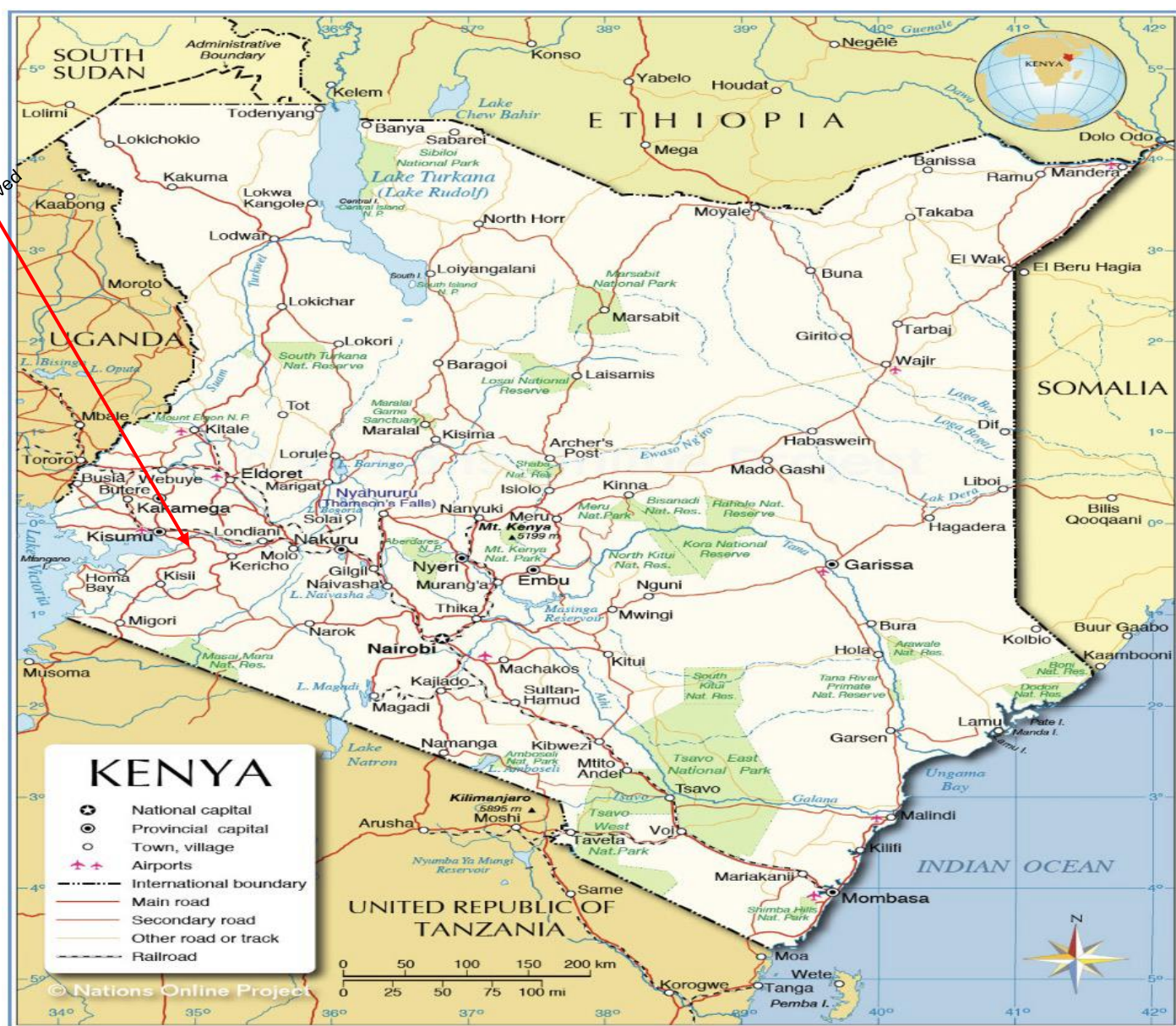
CURRENCY: Kenya Shilling (KSH)

WESTERN KENYA

POPULATION: 4.5 million

PRINCIPAL CITIES: Kakamega, Eldoret, Kisumu

LANGUAGES: Lucy's, Lou, Kalenjin, Kisia, Suba, Swahili, English



https://www.nationsonline.org/oneworld/map/kenya_map2.htm

Figure 1: Map of Kenya

British Pound to Kenyan Shilling Spot Exchange Rates for 2025 vs 2024:

EXCHANGE RATE CATEGORY	GBP _{GB} 2024	USD _{US} 2024	XCD _{MSA} 2024	vs	GBP _{GB} 2025	USD _{US} 2025	XCD _{MSA} G 2025
BEST EXCHANGE RATE	207.79 KSH on 25/01/2024	163.9849 KSH on 4/2/2024	60.6796 KSH on 4/2/2024	vs	177.8706 KSH on 11/7/2025	130.7079 KSH on 2/2/2025	48.3497 KSH on 02/2/2025
AVERAGE EXCHANGE RATE	172.1551	134.7436	49.8582	vs	170.3042	129.3073	47.8502
WORST EXCHANGE RATE	158.448 KSH on 13/4/2024	127.1304 KSH on 31/7/2024	47.0418 KSH on 13/7/2024	vs	157.5747 KSH on 18/1/2025	127.9603 KSH on 30/3/2025	47.3473 KSH on 30/3/2025

Source: <https://www.exchangerates.org.uk/GBP-KES-spot-exchange-rates-history-2024.html> <https://www.exchangerates.org.uk/GBP-KES-spot-exchange-rates-history-2025.html>

Note: Before COVID-19 pandemic £1 = ~KSH142; US\$1 = ~KSH109; EC\$1=~KSH40

The testimony of a Kenyan who had gone to school naked due to abject poverty, haunted Elizabeth Romeo so much that she went to Kenya to see conditions for herself. What she saw moved her to start a small-scale, health ministry for children in 2004, which grew into the Donald Romeo Academy, a primary school, in one of the poorest parts of Western Kenya via the Good Health for Africa company, which later changed to operate as a chartered incorporated institution (CIO) via the registered charity number **1177283**, and renamed Good Health Africa .

With the assistance of individuals and partnering organisations, we aim to make a positive impact for generations to come, as well as to produce honest citizens capable of independent thought, who are committed to family and encouraged to contribute positively to their community and nation. Participation in school choirs, after-school programs, enterprise activities, Pathfinder Clubs, etc. allow students to develop vital skills to become successful in society. Vacation Bible school and summer camps also teach skills such as entrepreneurship, financial literacy, and maths. Most of all the whole program aims to foster values such as integrity, mutual respect, solidarity and teamwork, courage, compassion, and care for the environment.

MESSAGE FROM THE CHAIR

Business as usual

On one level, 2024 was a year in which most things at DRCS (which GoHA was created to support and supervise), continued as before:

- Hundreds of Kenyan children were provided with quality academic education but were also offered the opportunity to apply their enthusiasm to harvesting a significant proportion of the produce prepared in the school kitchen.
- The school continued to reach out to the local community via its "meals on wheels" provided free of cost to elderlies around the campus; visits to the local prison offering soap for bodies, love and the Good News for souls; the participation of its choir in local events; the inclusion of neighbours and their children in spiritual exercises...
- a faithful group of individuals and churches continued (some regularly, some via one-off donations) to support GoHA not only financially, but also with their prayers and words of encouragement.

Coming of age

On another level there was recognition that what had started as a very small-scale child ministry, then a small primary school (100 children), had grown into a moderately large primary and junior secondary school with a roll of 450 pupils, and a team of 15 dedicated teachers backed up by 18 administrative and auxiliary staff.

However, with each passing year, there was increasing awareness that the school was outgrowing many of the informal arrangements that had served GoHA and DRCS well in the early years. In 2024 this reality was faced squarely; it was time to pull school governance firmly into the

Twenty-first Century. In the autumn of that year, members of the GoHA team accompanied me to Khayega to work alongside the DRCS management team, reviewing key procedures, updating hardware and software, revamping the DRCS policy Handbook, systematising Human Resources management, and more — in short, a radical administrative overhaul.

As with any major change, this was sometimes a painful and stressful exercise, generating communication problems, fatigue, and even, at times, tensions, and frayed nerves. However, by the end of this period of intensive collaboration, there was a growing appreciation by both teams that this exercise, though clearly only the first stage in a series of changes, was nonetheless also a turning point, a paradigm shift, facilitating greater accountability and transparency, and with these, more effective internal control, improved efficiency - not ends in themselves, but means to serve better the children and families God had entrusted to us.

For our desire continues to be, not merely to create an academically outstanding school where Christian virtues are taught, but also one where they are caught, in a community where, whether in classrooms or committee rooms, games or gardening, we all strive to embody and practise these principles, however imperfectly.



Sarah Jane Elizabeth Romeo
 Good Health Africa

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GOOD HEALTH AFRICA - UK

TRUSTEES' ANNUAL REPORT AND ANNUAL ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2024

Part 1

Goal Areas

Goal Area 1: EDUCATION

Every child is a go getter

***The go-getter goes until he gets what he goes for,
The go-getter works until he gets what he hopes for,
He fixes a goal and resolves when he sets it,
That the way to the prize is to go until he gets it.***

(Author Unknown)

The Go-Getter poem is one that many children of founder Elizabeth Romeo's generation in her home country of Montserrat were expected to memorise, and which made a lasting impression on learners, motivating them to persevere in the pursuit of their goals.

However, while this is a powerful motivating mnemonic device which DRCS children have been encouraged to learn and recite frequently, the GoHA-DRCS team is very conscious of the fact that it is our duty to help the children entrusted to us to think carefully, deeply, not only about what they are they are going after (the "**prize**") but also how they plan to "**get**" it.

Indeed, we agree with the declaration attributed to Theodore Roosevelt: "To educate a person in mind but not in morals is to educate a menace to society."

The following quotation, with its more positive formulation, sums up well our ambition to help DRCS students become men and women "who will not be bought or sold ... who in their inmost souls are true and honest ... who do not fear to call sin by its right name... whose conscience is as true to duty as the needle to the pole ... who will stand for the right though the heavens fall.
(Ellen G White, Education)

Goal Area 2: HEALTH FACILITIES [CLINIC, ETC.]

Every child to benefit from a healthier lifestyle

DRCS makes every endeavour to promote a wholistic approach to life, to foster a healthy balance, an integration of the mental, physical, social, emotional, relational, and spiritual aspects of life.

For instance:

- a. Participation in growing their own food provides pupils a number of synergistic benefits:
 - fresh, wholesome food
 - training in proximity agriculture
 - working in the fields along with their teachers which helps develop respect for agriculture as a noble and desirable professional option
 - health-promoting physical exercise and exposure to health-giving sun and fresh air
- b. Insistence that all pupils contribute to keeping classrooms and school grounds clean and tidy:
 - is a key part of hygiene
 - promotes civic responsibility
 - encourages respect for their environment

Goal Area 3: CLEAN WATER FOR DRINKING & HOUSEHOLD PURPOSES

Every child has access to clean water in

From its inception, the school has offered free access to water for neighbouring residents. Recognition of this community service led the authorities to carry out works on the site, rendering water collection easier and more hygienic.

However, 2024 saw the emergence in the immediate vicinity, of mining on a scale that posed a serious threat of pollution, as well as depletion of groundwater, so much so, that the water collection point created by government gradually became unusable. This is addressed in Section 3 on page 29.

Goal Area 4: DEVELOPING THE COMMUNITY FOR SUSTAINABILITY

Every child has opportunities to meet their developmental needs (spiritual,

Long term

- Creating a library accessible to the community
- Night school and Literacy programme for “cowboys” and “cowgirls”
- Pursuing an anti-jiggers programme
- Opening a primary health care clinic

Goal Area 5: LOOKING AHEAD: CURRICULUM CHANGES | CAPITAL PROJECTS

Embracing new ventures

CURRICULUM & PROGRAM CHANGES

1. Further development of Junior Secondary school implemented in January 2023
2. Literacy programme for the community inclusive of "cowboys" and "cowgirls"
3. Bags of Love for prisoners from Donald Romeo Community School in Sewing project
4. Bags of Love Back to School project for needy students
5. Eradicating jiggers in the future
6. Two-way student exchange program
7. Black history month initiative
8. Integration of the Pathfinders program with the national curriculum
9. Introduction of practical trades into the curriculum
10. Restarting remedial program for teen mothers

CAPITAL PROJECTS

- Completion of new school dormitory by 2026 / 2027, funds permitting.
- Pursuit of investments delayed or put on hold because of pandemic:
- Purchase of new van / bus
- New Kitchen
- Perimeter wall / electric fence
- Community health plan phase 1: clinic and more health-related services

SCHOOL DAY

SCHOOL DAY for students in the DORMS of Donald Romeo Community School programs started at 5AM for boarders and ended at 9:30pm.

TIME OF DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5am – 6:20am	MORNING PREPS with Teachers assisting the learners	MORNING PREPS	Teachers assisting the learners	MORNING PREPS	MORNING PREPS
7:30am – 8am	ASSEMBLY	CLASS PRAYERS [Devotions]	CLASS PRAYERS [Devotions]	Pastor led in Pastoral Program instruction	ASSEMBLY
8am – 3:20pm	NORMAL LESSONS [end of school day for lower classes]	NORMAL LESSONS [end of school day for lower classes]	NORMAL LESSONS [end of school day for lower classes]	NORMAL LESSONS [end of school day for lower classes]	NORMAL LESSONS [end of school day at 1PM for SABBATH preparation]
3:20pm – 4pm			GAMES		SABBATH Preparation
4pm – 5pm	REMEDIAL LESSONS [UPPER classes ONLY]	REMEDIAL LESSONS [UPPER classes ONLY]	REMEDIAL LESSONS [UPPER classes ONLY]	Q LESSONS [UPPER classes ONLY]	SABBATH Preparation
4pm – 5:30pm				DEBATES	SABBATH Preparation
BOARDERS					
5:30pm – 6:00pm	PERSONAL HYGIENE	PERSONAL HYGIENE	PERSONAL HYGIENE	PERSONAL HYGIENE	PERSONAL HYGIENE
6:00-6:30pm	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
6:30-6:50pm	DEVOTION	DEVOTION	DEVOTION	DEVOTION	DEVOTION
7:00-8:15pm	LESSON LEARNING	LESSON LEARNING	LESSON LEARNING	LESSON LEARNING	LESSON LEARNING
8:15pm-9:30pm	READ & REVISE NOTES	READ & REVISE NOTES	READ & REVISE NOTES	READ & REVISE NOTES	READ & REVISE NOTES

1:20PM – 1:50PM – We have Bible reading and memory verse memorisation every Thursday.

BOARDERS weekend is scheduled as follows:

6:50am – 7:20am	BREAKFAST	BREAKFAST
8am – 1pm	CHURCH	LESSONS
1pm – 2pm	LUNCH	LUNCH
2pm – 4pm	BIBLE DISCUSSION	LESSONS i.e. Junior Sec & Class 8
4pm – 6pm	REST	REST
5:30pm – 6:00pm	PERSONAL CLEANING	PERSONAL CLEANING
6:00- 6:30pm	SUPPER	SUPPER
6:30- 6:50pm	DEVOTION	DEVOTION
7:00- 8pm	LESSON	LESSON

Part 2

Strategic Report

STRATEGIC REPORT

This section of the Trustees' Annual Report provides the information required by the Charity Commission for England and Wales.

APPROACH AND AIMS

Good Health Africa UK is a registered charity that raises funds to meet its objectives regarding development work in Kenya and the United Kingdom. Good Health Africa aims to bring about positive changes now and, in the future, to individuals, families, and communities, primarily in Western Kenya. To achieve its aims, GoHA works with partners in Kenya and elsewhere.

VISION

Our vision is to invest in the Kenyan youth in our care, with a view to encouraging them to become persons of integrity, for whom the question "What can I do to make my community, my country, a better place?" will become a natural reflex.

MISSION

The Board of Directors in the United Kingdom governs Good Health Africa and raises finances to support its vision. We partner with organisations and individuals in Antigua and Barbuda, Montserrat, the United States, the United Kingdom, and France, to accomplish our goals which are mainly to provide:

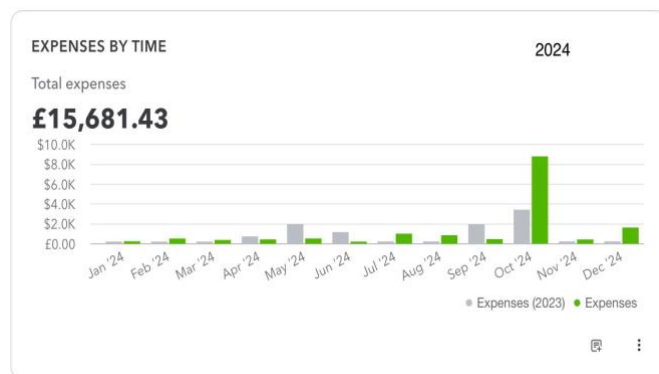
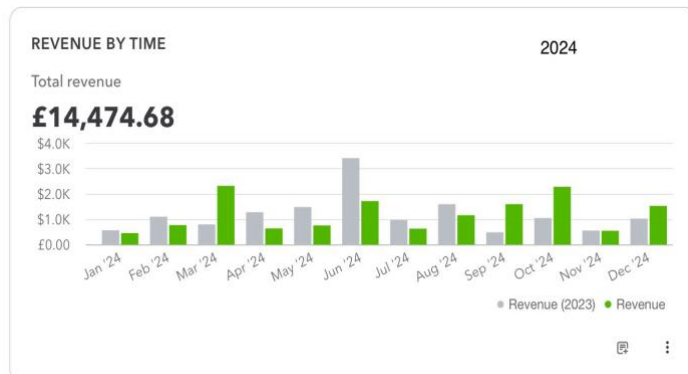
- Quality "Head, Heart and Hand" Christian Education via the [Donald Romeo Community School](#)
- Health facilities (via clinic, promotion of preventive measures etc.)
- Clean water for drinking and household purposes, in the local community,
- Developing the community for sustainability via agriculture, prison ministry, etc.

People who can benefit are children aged 4 – 15.

SUMMARY OF OUTCOMES IN 2024

1. RESOURCES TO MEET THE MISSION:

In 2024, Good Health Africa UK received donations totalling £14,474.68 (a slight ↑ by £83.68 compared to 2023) to help meet its goals.

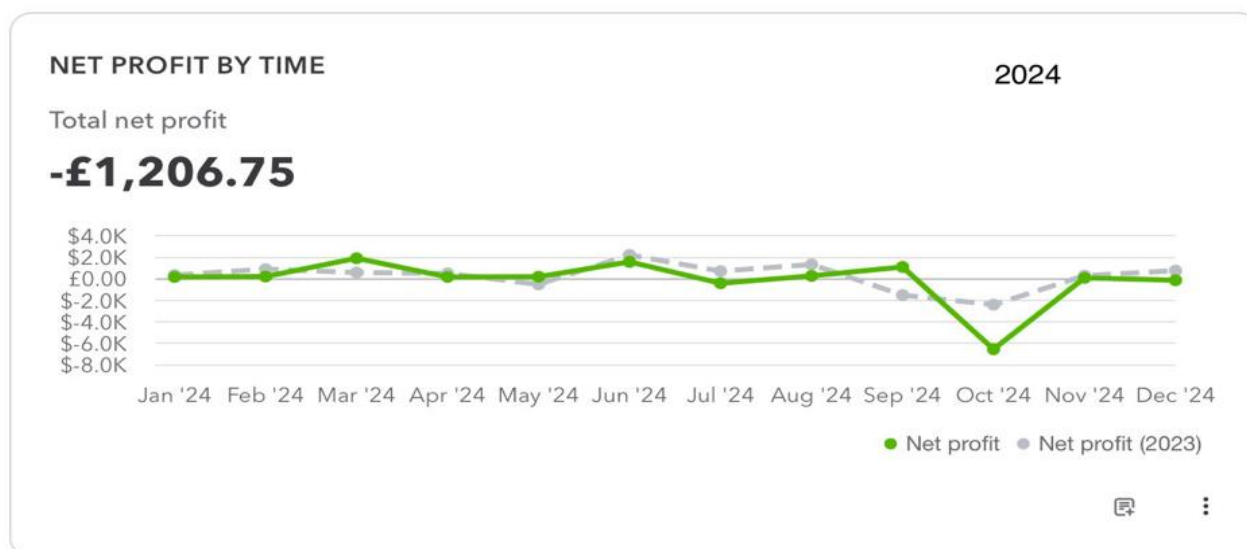


This total sum was achieved through the generous support of our many individual supporters and partners, particularly:

- Committed givers: 22 individuals, one business and one church committed to monthly contributions totalling £7,256.85 while 9 persons chose to donate on a quarterly basis (£3,556.92). Three more persons dedicated their giving than in 2023 and the combined total of £10,813.77.00 of this type of giving is particularly useful for planning. This was a significant improvement as only £5,512.95 was available for budgeting in 2023.
- Single one-off electronic donations ranging from £5 - £500 were received from 9 individuals, 1 business and 1 church totalling £962.26. Although this category of funding decreased (↓) by £197.61 from the 2023 amount of £1,159.87 at least 3 chose to become committed monthly donors.
- Fundraising efforts by GoHA were sidelined by major administrative changes to processes both for the accounting system and Human Resources policies utilised at the Donald Romeo Community School in Kenya. This sharp decline (↓) in funds is only reflected in terms of missed opportunities, as by the grace of God, the anticipated £2,875.94 was still received via committed monthly donations.
- Students at the New Bethel SDA school in Antigua (twinning school) amidst its own challenges continued its fundraising efforts - namely, the annual 'Good Health Africa Day' which yielded a generous donation of £455.00 (↑ by £117 compared to 2023) for which the project is extremely grateful.
- Business partners have been sadly lacking ever since the onset of the pandemic.

- The New Life Assembly – Hackney branch church has faithfully supported the project over the years (£3,600 annually) for which the project is truly grateful.
- Despite the island's grave economic challenges, donations from various donors on Montserrat came to £530.91. This was nonetheless a sharp decline (↓) from the £812.81 donated in 2023.
- Friends of the project in Europe graciously donated £451.23

Overall, the investment in best practice at the Donald Romeo Community School resulted in temporary loss of revenue, for Good Health Africa operations but the benefits to be derived in the future are very significant.



1. TWINNING SCHOOLS

The Hyland House Primary School found it difficult to maintain communication in 2024 as it had its own series of challenges. As indicated in previous reports, technical difficulties and conflicting timetables rendered the Reading Project and other learning exchanges not currently feasible. No other strategic learning opportunities were identified and explored to date.

Since the initial social exchange was established with the New Bethel Seventh Day Adventist School in Antigua, no other opportunity was planned. However, the school continued to sensitise its pupils and parents about supporting the Donald Romeo Community School project.

PROMOTION

Only very minor marketing campaigns were attempted via a GoFundMe & Christmas 2024 appeals. These did not receive much traction.

In addition, 2024 did not see the potential sensitisation that could have expanded via the Annual GoHA Black History month 5K Step Challenge Run/Walk.

There were no gifts left to Good Health Africa UK in wills. However, continued promotions may someday achieve that goal.

VOLUNTEERS | PARTNERSHIPS

Good Health Africa benefitted significantly from contributions of volunteers too numerous to mention and is grateful to all. The continued support of its bankers Barclays Bank PLC in 2024 was significant.

Also, the committed support of The New Life Assembly – Hackney branch under the leadership of Rev. Dr Ruthlyn Bradshaw was deeply appreciated.

Staff and students of the Antigua Seventh Day Adventist school that consistently raise funds via its annual Good Health Africa Day are key to the sustainability of the project.

ACTIVITIES AND ACHIEVEMENTS IN 2024

1. EDUCATION

ACADEMIC PERFORMANCE

SOCIAL CONTEXT

2024 KPSEA EXAMINATIONS RESULTS

DRCS Results in Percentages

National Results in Percentages

Number of learners: 39

		Exceeds Expectations	Meets Expectations	Approaches Expectations	Below Expectations	AVERAGE	ROUNDED FIGURE	RANK
1	English	8 21% 14.2	20 51% 29.0	11 28% 41.6	- 15.2	2.92	3	1
2	Kiswahili	3 8% 9.4	25 64% 35.5	9 23% 40.4	2 5% 14.8	2.74	3	2
3	Maths	1 3% 5.4	14 36% 18.1	22 56% 54.1	2 5% 22.4	2.36	2	9
4	Science and Tec	0 0% 3.3	16 41% 21.7	16 41% 52	7 18% 23.1	2.23	2	10
5	Agriculture	2 5%	21 54%	13 33%	3 8%	2.56	3	4
6	Nutrition	5 13%	15 39%	13 33%	6 15%	2.49	2	6
7	Social Studies	2 5%	22 56%	10 26%	5 13%	2.54	3	5
8	Art and Craft	1 3%	14 36%	16 41%	8 20%	2.41	2	7
9	Music	0 0%	13 33%	22 56%	4 10%	2.23	2	10
10	P.H.E	1 3%	19 48%	14 36%	5 13%	2.41	2	7
11	C.R.E	3 8%	22 56%	13 33%	1 3%	2.69	3	3

Key

- 4: Exceeds expectations
- 3: Meets expectations
- 2: Approaches expectations
- 1: Below expectations

2024 saw changes in Kenya's education system that Cabinet Secretary Julius Migos Ogamba declared a "historical turning point." The KCPE (Kenya Certificate of Primary Education), summative national exam marking the end of primary schooling since its inception in 1985, was no

more. It was replaced by the KPSEA (Kenya Primary School Education Assessment) whose declared key purpose is to monitor learner progress before entering Junior School.

According to JM Ogamba, this new assessment method should help to reduce the competitiveness usually associated with national exams. Rather, the results of the KPSEA are supposed to help educators identify areas requiring remedial intervention by schools, parents, and those guiding curriculum development and implementation.

Rather than percentages or other individual quantitative results, learners are placed in one of four categories: exceeds expectation / meets expectations / approaches expectations / below expectations. Although eleven subjects are covered by this evaluation (English, Kiswahili, Maths, Science, Agriculture, Nutrition, Social Studies, Creative Arts, Music, Physical Education, Religious Education) English, Kiswahili, Maths and Science and Technology are the only ones for which comparative national statistics have been found.

As the table on the previous page (20) shows, DRCS students performed well in English and Swahili when compared with their peers nationally. For English, 72 of DRCS students exceeded or met expectations compared to the national figure of 43.2%. In the case of Swahili, it was 72% and 44.9%, respectively. These figures place the school roughly 30% above the national average, but it is the ambition of the school to increase the number of pupils exceeding expectations.

Agriculture, Nutrition, Religious Education and Social Studies (for which no national statistics are available) saw 59%, 52%, 64%, and 61 % respectively of pupils, meeting, or exceeding expectations. Respectable outcomes but nonetheless taken by DRCS educators as a call to work towards a higher level of excellence.

Performance in Maths, and Science was however, disappointing. DRCS learners did better than the national average (39% versus 23.5% for the former and 41% versus 25% for the latter), but the fact remains that the pupils evidencing adequate competency in Maths, and Science was a minority.

These were indeed results identifying "areas requiring remedial intervention." The same may be said of Creative Arts (39%), Music (33%), and Physical Education (41%), though no comparative statistics are available for these subjects.

Lessons drawn from the 2024 KPSEA results:

A need for the further pursuit of excellence (English & Kiswahili) and concerted action to redress weaknesses, especially in Mathematics and Science.

BOOKS

The government has not changed its policy of issuing textbooks to public schools only, since it is believed that parents who send their children to private schools can afford to purchase them.

The system of recycling books from departing students is a challenge because:

- Textbooks are scarce and expensive, and those who have them usually opt to take them home to be used by their younger siblings and relatives.
- Others depend on books borrowed by parents working in government schools, and these must be returned to the respective schools at the end of the term or year.
- Some buy theirs in bookshops, but the majority cannot afford the prices.

The issue of textbooks could be improved if the school were to set aside some funds to purchase books (especially the teacher's guide) at the beginning of the school year, since they become scarce once the school year gets going.

DEBATING

The debating club had a difficult beginning. Many of our students, for whom English is a second, or even third language, experienced problems with grammar, syntax, pronunciation, etc. but under the firm guidance of their tutors, things improved very quickly,

In the year 2024, around 30 debates were staged on different topics. Through these debates, our students learnt a lot and participated with enthusiasm.

Some of the motions (topics) debated include:

- House renting is better than buying a house.
- Uniforms in school are better than mufti (civilian clothes)
- Ancient productivity is better than modern productivity
- Boarding school is better than day school.

We were also able to cover topics such as industrial pollution, drought, famine, floods, incurable contagious diseases, and many more. The discussions were very lively and productive.

Students were encouraged read more, including fiction, and to work on their pronunciation, while their teacher-coaches continued to research and

develop materials to help them along those lines, and generally boost their performance.

SAFEGUARDING

The Guiding and Counselling committee supports individuals in making an informed decision about their personal, academic, and social lives.

The Guiding and Counselling committee works with everybody (Boarders, Day scholars, and Staff members) though most counselling is done with boarders.

Boy-girl relationships among pupils in grades eight and nine nine, poor academic performance and failure to do assignments were some of the issues dealt with by the Committee.

The committee counselled with parents concerning their children, offering possible solutions - for instance, a teacher requesting a meeting at the school with parents to discuss aspects of their children's behaviour that they may not be aware of.

ENTERPRISE ACTIVITIES

It was agreed that to increase income generation in the future, a number of changes in infrastructure and organisation would need to be made, but in 2024, Enterprise activities included the following:

- **Sale of Milk**

The school cows produced milk, some of which was used in school, and the surplus sold. The revenue generated from this was Ksh 5,300.

- **Sale of Farm Produce**

This included bananas, vegetable sales, or farm asset sales. In 2024, the farm sold one cow generating an income of Ksh 27,000. This was mainly because the number of cows had increased and needed to be rationalised.

- **Sale of School Uniforms**

In 2024, the school did not manage to start selling school uniforms. However, there was still a proposal to start the activity in the future, as it could generate much-needed income.

- **The School Canteen**

The school canteen continued to be managed by the Pathfinders.

2024 Pathfinder's Financial Report

Executive summary

This report provides an overview of the Pathfinder's collection from Mandazi suppliers.

First term collections: ksh.10,800

Second term collections: ksh 9,000

Third term collections: ksh 6,400

Analysis and insights

The collections fluctuate depending on:

1. Total sales made by the supplier
2. Number of weeks per term.
3. Public holidays and weekends per term.

BOARD OF MANAGEMENT

The Board of Management (BOM), which consists of 13 members, met 4 times in 2024. Difficulties with communication, and the impact of financial constraints on some BOM recommendations, were the main challenges.

Among the achievements to which the Board contributed were: administrative stability and retention of teachers, high student enrolment, some infrastructure development (kitchen repair and the construction of a new temporary classroom).

SENIOR MANAGEMENT TEAM (SMT)

The senior management team is comprised of eight members: The main role of the SMT is to serve as a link between the administration, the Board of Management (BOM) and the GoHA team.

Other roles include:

- preparing and presenting the weekly budget for approval
- conducting preliminary employee interviews in collaboration with the BOM.
- handling cases of indiscipline among the staff members, presenting them to, and discussing them with, the BOM and GoHA team.
- making recommendations to the BOM which may be accepted or declined.

In 2024, along with its budget preparation duties, the SMT conducted preliminary interviews for teachers and non-teaching staff replacements, presenting the names to the BOM for confirmation.

PARENT TEACHER ASSOCIATION

The Parent Teacher Association (P.T.A) members met once in 2024. The members proposed that the school should have a new bus since they saw transport as the main challenge of the school.

They were also willing to step in, together with other parents, to work on ways to support the school.

PATHFINDERS

The Pathfinder Club is a youth organisation, run by the Seventh-day Adventist Church, primarily for children and teens aged 10-15. Each Pathfinder Club is led by a director, deputy directors, counsellors, and other volunteers, with units typically consisting of six to eight members.

It focuses on the cultural, social, and religious education of its members, offering activities such as camping, hiking, community service, bible

study, leadership training, and work toward honours (development of practical skills).

The club aims to help young people grow physically, mentally, socially, and spiritually, that they may develop into responsible, active members of their communities. To these ends it works to instil Christian values, promote leadership skills, and foster a sense of responsibility, teamwork, and community.

Community Involvement

Pathfinders participate in outreach activities such as helping in soup kitchens, collecting food for the needy, and volunteering in parks.

Inclusivity

While sponsored by the Adventist Church, the organisation welcomes youth from all backgrounds and faiths. 2024 July saw the beginning of the Pathfinder Club's Registration Process, in which the youth were organised by age into progressive classes: Companion, Friends, Rangers, Explorer and Guide.

After recruitment field activities such as drills and marching, were initiated, focusing on Basic drills, Fancy drills, and Fun drills, for which girls and boys from grades 7 and 8 were chosen to be leaders,

Work then began on organising the 2025 induction ceremony planned for 22 February 2025, and this took many forms:

- the preparation of uniforms
- Pathfinders started contributing as little as 10 shillings (1 pence Sterling) from their pocket money to help purchase food and equipment, as well as making a small contribution to the expenses incurred by the guest speaker of their choice.
- The upgrade of a project involving the sale of "mandazi" (a kind of local doughnut / pastry) by boosting quality and quantity, and making them more affordable to less well-off customers.
- The design of hand-made items for sale in the local Khayega market, to generate funds for the club while training the youth in entrepreneurship

Overall, 2024 was a year of strategic planning, of establishing medium- and long-term goals for the years ahead, starting with 2025.

VACATION BIBLE SCHOOL

The Vacation Bible school which is usually much appreciated had to be cancelled and was substituted with a camp-out (more details in section 4). We had thirty children boarding in school for the same with over seventy from the community attending as day scholars. All these were eventually awarded with certificates. The climax was induction and campfire.

CHOIRS

There are four choral groups:

▪ Church choir ▪ Grade nine choir ▪ Grade eight choir ▪ Grade seven choir

Apart from the joy of singing together in their lively practice sessions, DRCS school choirs comfort the bereaved, visit the sick and pray with them, and take part in Church services, including camp meetings and weekly "spiritual talent days".

SEWING

The school does not yet have a teacher assigned specifically to sewing. However, practical situations, such as a torn uniform, are used by class teachers to demonstrate basic sewing skills. Both boys and girls are involved.

SPORTS

DRCS has recently been commended by The Education Office for conforming to Government requirements for co-curricular activities within the new Competency-Based Education system.

All DRCS students are encouraged to participate fully in sports, with athletics starting as early as age 5. In 2025, the request for music and drama classes, by some learners who were not keen on, or very gifted in sports, would be considered.

In term one of 2024 we dealt with athletics, with learners competing in track races: 100m, 200m, 400m, and even 5000m. Some DRCS students managed to attain sub-county levels. Others took part in field events: javelin throw, discus throw, high jump, long jump, and swimming,

Term two saw ball games (soccer, volleyball, handball, netball), although there were some challenges, mostly due to a lack of some equipment and facilities, especially in volleyball.

There were interclass competitions for the whole school on Wednesdays at 3 p.m. Sports meets are on different levels (Cluster, Zonal, Sub-county, County, Regional) and DRCS presented teams up to sub-county level. Sports meets also provided opportunities for learners to socialise with others.

2. HEALTHY LIFESTYLE

HEALTH CARE WITHIN THE SCHOOL

Cleaning is an important part of health care within the school. The cleaners ensured the school was kept clean, with the cooperation of the students, who were asked to tidy their classrooms at the end of the day.

- To keep them clean, the cleaners also checked the toilets regularly.
- Pupils were encouraged to wash their hands often, especially after visiting the toilet and before meals.

- The annual deworming campaign was carried out as usual, in collaboration with the Health Department.

IN THE COMMUNITY

Anti-Jiggers campaign

- A study of the community revealed that many families had been infested by jiggers. These included school-age children (especially those aged 5-14), the elderly, and individuals with disabilities. Jiggers infestation was mainly associated with low incomes, poor sanitation and hygiene, drug abuse, and ignorance.
- Pupils affected by jiggers suffered from poor concentration in class, as they were distracted by painful sores on their toes, the soles of their feet and other parts of the body. In more severe cases, this included different levels of disablement. Moreover, as jiggers feed on blood, this can lead to malnutrition in some cases,
- The school therefore laid plans for a concerted campaign to fight jiggers in the community in 2025.

The activities of the committee created to run the anti-jiggers campaign included the following:

- Requesting funding from different organisations.
- Organising meetings with selected primary school teachers, local administration, and community health volunteers.
- Purchasing of medication
- Gathering and mobilising affected persons
- Treatment of infected persons
- Distribution of rubber shoes
- Holding guidance and counselling sessions for affected children and adults
- Spraying homes
- Writing a report

3. CLEAN WATER FOR DRINKING & HOUSEHOLD PURPOSES

Clean water for drinking and household

- A 3,000-litre water tank was installed in 2023, and this was still providing clean water to the school and the community in 2024. However, it became clear that a bigger tank was needed to meet the school's water needs.
- It was generally agreed that an artesian well would be a more reliable source of water for the school and community.

- The spring on D.R.C.S property that had provided water to the community for years, began to dry up due to mining activities in the area.



Figure 1: School Water Tank



Figure 3: Dried up Water Spring

4. DEVELOPING THE COMMUNITY

AGRICULTURE SELF-SUFFICIENCY

Agriculture is one of the learning areas in Kenya's competency-based education. At DRCS we actively involve the learners in this subject from grade 4.

In 2024 pupils were introduced both to the planting of crops and the rearing of livestock.

The younger children were taught to identify crops in the school shamba (garden, farm).

The school has greatly benefited from the program, as the shamba produces most of the milk, vegetables and maize used in the preparation of meals. However, production would have been higher if the school had a more reliable and plentiful supply of water, such as from an artesian well.

ANTI-JIGGERS CAMPAIGN

The photos illustrated below provide examples of the impact of jiggers on individuals within the community. It is a community-wide problem and hence expansion of the Anti-Jiggers Campaign highlighted on page 28 in section 2 entitled 'Healthy Lifestyle' is a high priority.



Figure 4: Jiggers Sufferers

CAMP MEETING

The main Camp activities were Bible study, music sessions, Family Life lessons for DRCS staff, and Life Skills lessons for students. The contributions of the guest speakers were enthusiastically received by participants of all ages.

PRISON MINISTRY

The Kakamega Prison (approximately 1,500 male inmates and just under 150 female inmates), benefited once again from a special annual visit from the school.

Representing DRCS with essential supplies were the GoHA Director, Elizabeth Romeo, GoHA Trustee | Secretary, Thelma Gage, GoHA Liaison Volunteer, Valerie Romeo and the ICT Tech/Accounts personnel, Meshack Amutabi. The donation included soap, distributed to all of the prisoners, as well as powdered milk, nappies, and glucose specifically intended for infants and toddlers within the facility. These items were procured through funds graciously contributed by well-wishers from the United Kingdom.

The visiting team was accompanied and chaperoned by Pastor Joseph Namunyu, the Chaplaincy Ministries Director of the Western Kenya Conference of the Seventh-day Adventist Church. Pastor Namunyu led the inmates in an uplifting and spiritually enriching worship service.

The prison chaplains, under the leadership of Senior Sergeant Moses Chibuyi, facilitated moments of meaningful interaction between the visitors and the inmates, as well as with the Officer in Charge of the institution.

The inmates expressed deep appreciation for the gifts, and the women proudly showcased their well-maintained vegetable garden. The women are also taught sewing, crochet, and beading. Their work is displayed and sold in an impressive craft workshop. These agricultural and craft skills reflect the positive impact of ongoing rehabilitation efforts within the facility and will no doubt prove very valuable to them on release from prison.

There did not seem to be the same opportunities for the men to learn skills to equip them for life after prison. Many men also had issues with recurring head lice for which electric shavers were requested.

In spite of their circumstances, both male and female prisoners sang heartily and listened keenly to the messages presented. The visitors felt honoured by the welcome and positive feedback received.

This partnership thus continued to embody the spirit of compassion, community, and restorative ministry, affirming the value and dignity of every individual behind bars.



2024

PRISON MINISTRY



Figure 5: Prison Ministry Visit 2024

Part 3

Financial Activities



Statement of Financial Activities

Good Health Africa

January 1-December 31, 2024

DISTRIBUTION ACCOUNT	TOTAL		
	JAN 1 - DEC 31 2024	JAN 1 - DEC 31 2023 (PY)	£ CHANGE (PY)
Income			
Donations and legacies	0	0	0
Building Fund - Student Dormitory	3,207.96	5,181.23	-1,973.27
Community Development	£30.00	£19.12	£10.88
Scholarship Fund - Student Sponsorships	1,203.41	10.00	1,193.41
Total for Community Development	£1,233.41	£29.12	£1,204.29
Education - Donald Romeo	9,743.31	6,304.58	3,438.73
Community School Donations			
Prison Ministry	0	0	0
Soap Ministry	290.00		290.00
Total for Prison Ministry	£290.00	0	£290.00
Total for Donations and legacies	£14,474.68	£11,514.93	£2,959.75
Charitable Fundraising Activities	0	0	0
Fundraising Annual 5K Walk		2,547.87	-2,547.87
Fundraising Concerts		328.07	-328.07
Total for Charitable Fundraising Activities	0	£2,875.94	-£2,875.94
Total for Income	£14,474.68	£14,390.87	£83.81
Cost of Sales			
Gross Profit	£14,474.68	£14,390.87	£83.81
Expenses			
Advertising/Promotional	90.10	184.01	-93.91
Bank charges	75.00	125.78	-50.78
Charitable Contributions to DRCS	£1,182.26	0	£1,182.26
Building Fund - Student Dormitory	1,000.00	4,570.37	-3,570.37
Community Development via GoHA Project	0	0	0
Prison Ministry	300.00		300.00
Scholarship Fund for Sponsored Students via GoHA Project	700.00		700.00
Total for Community Development via GoHA Project	£1,000.00	0	£1,000.00
Total for Charitable Contributions to DRCS	£3,182.26	£4,570.37	-£1,388.11
Computer & Software Costs	1,006.29	189.99	816.30
Other Professional Services	4,500.00	2,265.00	2,235.00
Phone Costs	571.25	474.62	96.63
Travel and Accommodation	£4,841.84	0	£4,841.84
Travel and Subsistence	1,414.69	755.17	659.52
Travel		1,692.00	-1,692.00
Total for Travel and Accommodation	£6,256.53	£2,447.17	£3,809.36
Dues and Subscriptions		180.00	-180.00
Insurances		23.15	-23.15
Purchases			
Raising funds		526.49	-526.49
Total for Expenses	£15,681.43	£10,986.58	£4,694.85
Net Operating Income	-£1,206.75	£3,404.29	-£4,611.04
Other Income			
Other Expenses			
Net Other Income	0	0	0
Net Income	-£1,206.75	£3,404.29	-£4,611.04

Statement of Financial Position

Good Health Africa

As of December 31, 2024

DISTRIBUTION ACCOUNT	TOTAL		
	AS OF DECEMBER 31, 2024	AS OF DECEMBER 31, 2023 (PY)	£ CHANGE (PY)
Called up share capital not paid			
Fixed Asset			
Tangible assets			
Motor Vehicles Cost			
Total for Tangible assets	0	0	0
Non-current Assets			
Total for Fixed Asset	0	0	0
Cash at bank and in hand			
CURRENT A/C - Good Health Africa	386.64	1,806.53	-1,419.89
Total for Cash at bank and in hand	£386.64	£1,806.53	-£1,419.89
Debtors			
Debtors Accounts Receivable			
Total for Debtors	0	0	0
Current Assets			
NET CURRENT ASSETS	£386.64	£1,806.53	-£1,419.89
Prepayments and accrued income			
Creditors: amounts falling due within one year			
Trade Creditors			
Creditors Accounts Payable		213.14	-213.14
Total for Trade Creditors	0	£213.14	-£213.14
Credit Cards			
Current Liabilities			
Total for Creditors: amounts falling due within one year	0	£213.14	-£213.14
NET CURRENT ASSETS (LIABILITIES)	£386.64	£1,593.39	-£1,206.75
TOTAL ASSETS LESS CURRENT LIABILITIES	£386.64	£1,593.39	-£1,206.75
Creditors: amounts falling due after more than one year			
Provision for liabilities and charges			
Accruals and deferred income			
TOTAL NET ASSETS (LIABILITIES)	£386.64	£1,593.39	-£1,206.75
Capital and Reserves			
Called up share capital			
Retained Earnings	1,093.34	-2,310.95	3,404.29
Net Income	-1,206.75	3,404.29	-4,611.04
Opening Balance Equity	500.05	500.05	
Total for Capital and Reserves	£386.64	£1,593.39	-£1,206.75
NET CURRENT ASSETS (LIABILITIES)	£1,593.39	£ -1,810.90	£3,404.29
TOTAL ASSETS LESS CURRENT LIA...	£1,593.39	£ -1,810.90	£3,404.29
TOTAL NET ASSETS (LIABILITIES)	£1,593.39	£ -1,810.90	£3,404.29
▼ Charity funds			
Opening Balance Equity	500.05	500.05	0.00
Retained Earnings	-2,310.95	-6,427.40	4,116.45
Surplus/(Deficit)	3,404.29	4,116.45	-712.16
Total Charity funds	£1,593.39	£ -1,810.90	£3,404.29



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