



Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2023
for
Sunflowers Suicide Support

Stanbridge Accountancy Services Limited
9 Wheatstone Court
Waterwells Business Park
Davy Way
Gloucester
Gloucestershire
GL2 2AQ

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for the Year Ended 31 March 2023

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Sunflowers Suicide Support

Report of the Trustees for the Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

Statement on Public Benefit

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

Grant making

The Charity is not a grant making charity and does not invite grant applications.

Volunteers

The Charity have a team of volunteers that have assisted in the operations of the Charity. During this period, volunteer roles have included administrative support, coordinating sunshine boxes, coordinating support packs, cleaning of our offices, support at our bereavement events and peer facilitation of our bereavement groups. We also have a team of volunteers as part of the fundraising committee who plan and deliver all of the Sunflowers led fundraising events.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The total donations received during the period totalled £103,604 with the remaining income being generated from the fees from events and talks £29,640, bequests of £42,321 and £954 bank interest. Grants received in the year totalled £36,210. The expenditure totalled £175,085 resulting in the excess of receipts over payments of £37,641 (2022: £30,515). The Charity has not claimed any gift aid on donations during the period other than through CAF Donate and Just Giving.

FINANCIAL REVIEW

Principal funding sources

The Charity's principal source of funds has been from donations made by individuals, bequests, and through events such as presentations and quiz events. These will continue to be the primary sources of funding. During the period the Charity received grants from The Barnwood Trust of £20,000 to cover liaison support and counselling. In addition to this, the Charity received installment of their funding from The National Lottery which totalled £15,606.

Funds were also raised during the year from the annual Chase the Sun event, and the Charity was able to return to hosting the Sunset Ball following the Covid-19 pandemic, which limited this to a virtual event.

Investment policy and objectives

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

We are in a period of growth and therefore we will continue to see an increase in investing funds in the operations of the Charity to develop infrastructure and manpower in accordance with the increasing demand we continue to see.

Reserves policy

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

Summary of the financial year

2022/23 was a significant year for Sunflowers both in terms of the demands on the charity and also the ability of the charity to increase scale of fundraising in order to meet these demands. This is demonstrated by the fact that total income and endowments posted a 54% increase to £212,729. This funding was made up principally of increase in grants with significant contributions from both the National Lottery and the Barnwood Trust. This overall increase in endowments and donations was met with an associated increase in expenditure of 63% to £175,088. The net impact of this was to leave the charity in surplus / profit for the year to the tune of £37,641 for the full year.

As such the total funds carried forward rose from £168,968 at year end 2022 to £206,609 at year end 2023. With £3,028 categorised as restricted funds this brings the total reserves of the charity up to £203,581. While these reserves are currently higher than is targeted by the reserves policy which is to aim for 6 months of expenditure as the reserves, there is an expectation the reserves will reduce over the coming months given that the charity is increasing the workforce and we anticipate costs rising ahead of income in the near term, before a targeted flattening out of that imbalance with the goal of running a stable reserve in line with target. Given increased expected costs, Sunflowers will need to secure further funding over the coming years in order to be able to continue to provide the crucial services that we aim to do. We are confident that with the continued support of the grant giving bodies and the strong fundraising base that Sunflowers has achieved that the charity will be able to achieve this goal.

FUTURE PLANS

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

Sunflowers Suicide Support

Report of the Trustees for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, and is an incorporated charity. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

Recruitment and appointment of new trustees

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

Organisational structure

There are currently seven trustees and approximately thirty charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by the trustees, management team, and also periodically by some of the volunteers.

Induction and training of new trustees

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1177266

Principal address

The Cygnet
Bonds Mill
Stonehouse
Gloucestershire
GL10 3RF

Trustees

Ms K Turner
Mr G Foxley (resigned 6.4.22)
Mr H J Sagar
Mr P Broad
Ms M Crook
Mr E Jennings
Mr I Taylor
Ms A duCros

Independent Examiner

Mr D C I Woodger FCCA
Stanbridge Accountancy Services Limited
9 Wheatstone Court
Waterwells Business Park
Davy Way
Gloucester
Gloucestershire
GL2 2AQ

Sunflowers Suicide Support

Report of the Trustees
for the Year Ended 31 March 2023

Approved by order of the board of trustees on 22 Sep 2023 and signed on its behalf by:


.....
Mr H J Sagar - Trustee

Independent Examiner's Report to the Trustees of
Sunflowers Suicide Support

Independent examiner's report to the trustees of Sunflowers Suicide Support

I report to the charity trustees on my examination of the accounts of Sunflowers Suicide Support (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

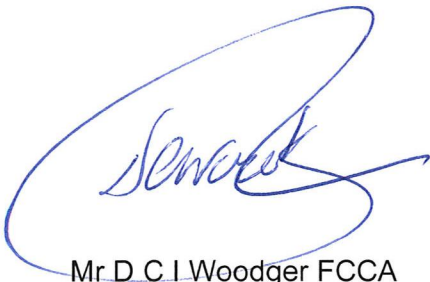
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D C I Woodger FCCA

Stanbridge Accountancy Services Limited
9 Wheatstone Court
Waterwells Business Park
Davy Way
Gloucester
Gloucestershire
GL2 2AQ

Date: 22 September 2023

Sunflowers Suicide Support

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		134,294	66,468	200,762	129,779
Other trading activities	2	11,013	-	11,013	8,282
Investment income	3	<u>954</u>	<u>-</u>	<u>954</u>	<u>5</u>
Total		<u>146,261</u>	<u>66,468</u>	<u>212,729</u>	<u>138,066</u>
EXPENDITURE ON					
Raising funds		10,720	8,341	19,061	21,026
Charitable activities					
General activities		<u>83,515</u>	<u>72,512</u>	<u>156,027</u>	<u>86,525</u>
Total		<u>94,235</u>	<u>80,853</u>	<u>175,088</u>	<u>107,551</u>
NET INCOME/(EXPENDITURE)		52,026	(14,385)	37,641	30,515
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	<u>138,453</u>
TOTAL FUNDS CARRIED FORWARD		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>

The notes form part of these financial statements

Sunflowers Suicide Support

Balance Sheet
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
CURRENT ASSETS					
Debtors	6	11,540	-	11,540	5,800
Cash at bank and in hand		<u>192,066</u>	<u>3,028</u>	<u>195,094</u>	<u>163,902</u>
		203,606	3,028	206,634	169,702
CREDITORS					
Amounts falling due within one year	7	(25)	-	(25)	(734)
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
NET CURRENT ASSETS					
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
NET ASSETS					
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
FUNDS					
Unrestricted funds	8			203,581	151,555
Restricted funds				<u>3,028</u>	<u>17,413</u>
TOTAL FUNDS					
				<u>206,609</u>	<u>168,968</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 22 September 2023 and were signed on its behalf by:



Mr H J Sagar - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

2. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Events and presentations	<u>11,013</u>	<u>8,282</u>

3. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	<u>954</u>	<u>5</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	73,901	55,878	129,779
Other trading activities	8,282	-	8,282
Investment income	<u>5</u>	<u>-</u>	<u>5</u>
Total	<u>82,188</u>	<u>55,878</u>	<u>138,066</u>
EXPENDITURE ON			
Raising funds	-	21,026	21,026
Charitable activities			
General activities	<u>39,879</u>	<u>46,646</u>	<u>86,525</u>
Total	<u>39,879</u>	<u>67,672</u>	<u>107,551</u>
NET INCOME/(EXPENDITURE)	42,309	(11,794)	30,515
RECONCILIATION OF FUNDS			
Total funds brought forward	109,246	29,207	138,453

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>151,555</u>	<u>17,413</u>	<u>168,968</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade debtors	9,250	5,800
Prepayments	<u>2,290</u>	<u>-</u>
	<u>11,540</u>	<u>5,800</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade creditors	25	-
Taxation and social security	<u>-</u>	<u>734</u>
	<u>25</u>	<u>734</u>

8. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	151,555	52,026	203,581
Restricted funds			
General restricted grants	17,413	(14,385)	3,028
TOTAL FUNDS	<u>168,968</u>	<u>37,641</u>	<u>206,609</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,261	(94,235)	52,026
Restricted funds			
General restricted grants	66,468	(80,853)	(14,385)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>212,729</u>	<u>(175,088)</u>	<u>37,641</u>

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	109,246	42,309	151,555
Restricted funds			
General restricted grants	29,207	(11,794)	17,413
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>138,453</u>	<u>30,515</u>	<u>168,968</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	82,188	(39,879)	42,309
Restricted funds			
General restricted grants	55,878	(67,672)	(11,794)
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TOTAL FUNDS	<u>138,066</u>	<u>(107,551)</u>	<u>30,515</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	109,246	94,335	203,581
Restricted funds			
General restricted grants	29,207	(26,179)	3,028
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>138,453</u>	<u>68,156</u>	<u>206,609</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	228,449	(134,114)	94,335
Restricted funds			
General restricted grants	122,346	(148,525)	(26,179)
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>350,795</u>	<u>(282,639)</u>	<u>68,156</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

Sunflowers Suicide Support

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	103,604	66,309
Training fees	18,627	7,591
Grants	36,210	55,879
Bequests	<u>42,321</u>	<u>-</u>
	200,762	129,779
Other trading activities		
Events and presentations	11,013	8,282
Investment income		
Deposit account interest	<u>954</u>	<u>5</u>
Total incoming resources	212,729	138,066
EXPENDITURE		
Raising donations and legacies		
Grief support costs	19,061	21,026
Charitable activities		
Wages	98,560	40,596
Social security	2,017	2,473
Pensions	1,721	834
Insurance	784	734
Light and heat	380	650
Telephone	3,902	782
Postage and stationery	1,732	559
Advertising	1,414	1,389
Sundries	1,287	2,778
Computer costs and website	1,672	8,068
Bank charges	281	96
Training and conferences	2,857	1,885
Event costs	11,240	4,305
ASIST	12,581	8,747
Mileage	1,731	1,661
Sunshine box and SOS pack	1,178	554
Family liaison meeting costs	<u>1,200</u>	<u>368</u>
	144,537	76,479

This page does not form part of the statutory financial statements

Sunflowers Suicide Support

Detailed Statement of Financial Activities
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
Support costs		
Other		
Rent	7,699	7,920
Governance costs		
Accountancy and legal fees	1,764	1,740
Legal and professional fees	<u>2,027</u>	<u>386</u>
	<u>3,791</u>	<u>2,126</u>
Total resources expended	<u>175,088</u>	<u>107,551</u>
Net income	<u>37,641</u>	<u>30,515</u>

