

# SUNFLOWERS SUICIDE SUPPORT

England & Wales · Charity number 1177266

## Details

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Other names	SUNFLOWERS
Status	Registered
Legal form	CIO
Registered	2018-02-21
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Waterside House Bonds Mill Stonehouse Gloucestershire GL10 3RF
Phone	01453 826990
Email	<a href="mailto:info@sunflowerssuicidesupport.org.uk">info@sunflowerssuicidesupport.org.uk</a>
Website	<a href="http://sunflowerssuicidesupport.org.uk/">http://sunflowerssuicidesupport.org.uk/</a>

## Activities

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**Objects:** 1. TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS OF PEOPLE BEREAVED BY SUICIDE AND THOSE AT RISK OF SUICIDE BY PROVISION OF COUNSELLING AND SUPPORT. 2. TO ADVANCE THE EDUCATION OF THE PUBLIC IN ALL AREAS RELATING TO SUICIDE AND SUICIDE BEREAVEMENT, IN PARTICULAR BUT NOT EXCLUSIVELY AMONG HEALTH PROFESSIONALS AND THOSE WHO WORK WITH PEOPLE BEREAVED BY SUICIDE OR AT RISK OF SUICIDE. 3. TO MEET THE NEEDS AND BREAK THE ISOLATION OF THOSE BEREAVED BY THE SUICIDE OF A CLOSE RELATIVE OR FRIEND, BY OFFERING A SAFE CONFIDENTIAL ENVIRONMENT IN WHICH BEREAVED PEOPLE CAN SHARE THEIR EXPERIENCES AND FEELINGS, CONSEQUENTLY GIVING AND GAINING SUPPORT FROM EACH OTHER. TO PROMOTE GREATER AWARENESS FOR PROFESSIONALS TO HELP THEM RECOGNISE THE SPECIFIC SUPPORT REQUIRED FOR THOSE BEREAVED BY SUICIDE.

**Activities:** We exist to reduce the number of people who take their own lives in Gloucestershire. Will aim to raise awareness of the stigma that surrounds mental health. We aim to highlight and help others identify suicide indicators. We endeavour to equip individuals and the community with the skills to recognise and respond to suicidal behaviour.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** The General Public/mankind

## Geography

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£403,409	£385,698	-	-
2024-03-31	£310,045	£276,795	-	-
2023-03-31	£212,729	£175,088	-	-
2022-03-31	£139,000	£107,055	-	-
2021-03-31	£122,634	£57,189	-	-

## Trustees

Name	Role	Appointed
<b>Abdul Aziz Mulla</b>	Chair	2024-02-16
Ian Alec Enrico Taylor		2022-02-19
Mary Hutton CBE		2026-01-16
Samantha Neath		2024-02-12
Wendy Jane Morris		2026-04-07

**SUNFLOWERS SUICIDE SUPPORT**

England & Wales - Charity number 1177266

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2025  
for  
Sunflowers Suicide Support

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Sunflowers Suicide Support

Contents of the Financial Statements  
for the Year Ended 31 March 2025

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## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2025

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

##### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

##### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

##### **Volunteers**

The Charity have a team of volunteers that have assisted in the operations of the Charity. During this period, volunteer roles have included administrative support, coordinating sunshine boxes, coordinating support packs, cleaning of our offices, support at our bereavement events and peer facilitation of our bereavement groups. We also have a team of volunteers as part of the fundraising committee who plan and deliver all of the Sunflowers led fundraising events.

#### **ACHIEVEMENTS AND PERFORMANCE**

##### **Charitable activities**

The total donations received during the period totalled £120,581 with the remaining income being generated from the fees from events and talks £83,854 and grants of £192,179. The expenditure totalled £385,698 resulting in the excess of receipts over payments of £17,711 (2024: £33,250). The Charity has not claimed any gift aid on donations during the period other than through CAF Donate and Just Giving.

## **FINANCIAL REVIEW**

### **Principal funding sources**

Sunflowers Suicide Support has had a successful financial year, achieving notable growth in both income and service delivery. The charity's principal sources of income remain diverse, including individual and corporate donations, restricted grants, and income generated from internal fundraising activities, training sessions and community events. This funding diversity aligns with our strategic objective to protect the charity's future sustainability by reducing reliance on any single income stream.

During the financial year 2024/25, Sunflowers Suicide Support received restricted income from the Barnwood Trust, Stroud Hospital League of Friends, and the National Government Suicide Prevention Fund. We also received a second instalment from the National Lottery Community Fund, and additional income from the Awards for All programme.

Our fundraising events, including Chase the Sun, Wing Walk, Soul Night, and The Greatest Sunflower Ball, generated over £63,000. This reflects a significant increase in event income and highlights the strength of community engagement with our cause.

### **Investment policy and objectives**

The charity aims to balance accessibility with prudent financial stewardship. Most funds during 2024/25 were held in an instant-access charity savings account to ensure availability of liquid assets and generate maximum bank interest income. To optimise returns while managing risk, a portion of our funds will be transferred to a Charity Notice account in 2025/26. This move will allow us to secure higher interest rates while spreading risk across multiple financial institutions.

The Charity is in a period of growth and therefore will continue to see an increase in investing funds in the operations of the Charity to develop infrastructure and manpower in accordance with the increasing demand it continues to see.

## **FINANCIAL REVIEW**

### **Reserves policy**

Sunflowers Suicide Support holds unrestricted reserves to ensure financial stability, protect core services, and support sustainable growth. The charity's policy is to maintain reserves within a prudent range that reflects both operational needs and strategic ambitions.

The Trustees have set a reserves target equivalent to between three and six months' core running costs (currently £112,000-£224,000). This range is designed to provide a safety net in the event of unexpected income loss, while allowing sufficient time to implement recovery strategies.

A proportion of reserves had been and continue to be designated for strategic initiatives aimed at enhancing the charity's long-term capacity. Investments include improvements to IT systems and safeguarding processes, expansion of fundraising capabilities, relocation to new offices to meet service demand, and staff development. These initiatives are difficult to fund through grants and demonstrate Sunflowers' commitment to using reserves to strengthen infrastructure and sustain service delivery.

As of the year-end, the charity holds £170,000 in unrestricted reserves. This is within the target range and reflects the Trustees' confidence in the charity's diversified funding base and financial resilience. The reserves are not considered excessive and are reviewed quarterly to ensure alignment with risk, operating costs, and growth plans.

The Trustees consider the current level of reserves to be appropriate and responsible, supporting both the immediate continuity of services and the charity's future development. This approach ensures that Sunflowers remains resilient, adaptable, and capable of meeting the growing need for suicide prevention and bereavement support across the region.

### **Summary of the financial year**

In 2024/25, Sunflowers experienced significant financial and service growth. Total income increased by 28% to £403,409, driven by growth in individual donations, grant funding, event income, and bank interest.

This increase in income was met with a 37% increase in expenditure (£385,698), reflecting strategic investment in staffing, infrastructure, and service delivery in response to increased demand. A modest surplus of £17,711 was achieved.

Our year-end reserves of £239,859, of which £170,000 are unrestricted, demonstrate a sound financial position. A portion of these reserves is already allocated to core development work as outlined in our strategic plan. While the charity has grown, the Trustees remain mindful of rising costs-particularly staff salaries-and the need for sustained income to maintain this positive trajectory.

We continue to actively fundraise to meet the 2025/26 funding requirement of £447,000, with a focus on core services and programme delivery. The Trustees are confident that our strong performance, robust reserves policy, and detailed funding strategy will reassure current and prospective supporters of Sunflowers' capacity to deliver high-impact, financially sustainable services.

## **FUTURE PLANS**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document, and is an incorporated charity. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

### **Recruitment and appointment of new trustees**

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

### **Organisational structure**

There are currently six trustees and approximately thirty charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by the trustees, management team, and also periodically by some of the volunteers.

### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Charity number**

1177266

### **Principal address**

Waterside House  
Bonds Mill  
Stonehouse  
Gloucestershire  
GL10 3RF

### **Trustees**

Mr P Broad  
Mr I Taylor  
Mrs S Neath  
Mrs K P Haughton  
Mr A Mulla  
Mr G R Smith (appointed 3.12.24)

Sunflowers Suicide Support

Report of the Trustees  
for the Year Ended 31 March 2025

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Approved by order of the board of trustees on 22 September 2025 and signed on its behalf by:



.....  
Mr A Mulla - Trustee

Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support

**Independent examiner's report to the trustees of Sunflowers Suicide Support**

I report to the charity trustees on my examination of the accounts of Sunflowers Suicide Support (the Trust) for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

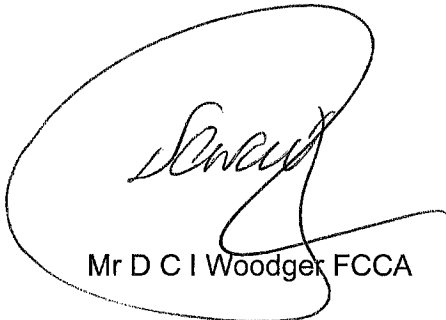
**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D C I Woodger FCCA

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Date: 22 September 2025

Sunflowers Suicide Support

Statement of Financial Activities  
for the Year Ended 31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		140,086	192,179	332,265	283,096
Other trading activities	2	64,349	-	64,349	26,950
Investment income	3	<u>6,795</u>	<u>-</u>	<u>6,795</u>	<u>5,100</u>
<b>Total</b>		<u>211,230</u>	<u>192,179</u>	<u>403,409</u>	<u>315,146</u>
<b>EXPENDITURE ON</b>					
Raising funds		15,907	-	15,907	9,770
<b>Charitable activities</b>					
General activities		<u>188,873</u>	<u>180,918</u>	<u>369,791</u>	<u>272,126</u>
<b>Total</b>		<u>204,780</u>	<u>180,918</u>	<u>385,698</u>	<u>281,896</u>
<b>NET INCOME</b>		6,450	11,261	17,711	33,250
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>164,642</u>	<u>75,217</u>	<u>239,859</u>	<u>206,609</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>171,092</u>	<u>86,478</u>	<u>257,570</u>	<u>239,859</u>

The notes form part of these financial statements

Sunflowers Suicide Support

Balance Sheet  
31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	31.3.25 Total funds £	31.3.24 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	6	26,686	-	26,686	49,732
Cash at bank and in hand		<u>152,048</u>	<u>86,478</u>	<u>238,526</u>	<u>214,999</u>
		178,734	86,478	265,212	264,731
<b>CREDITORS</b>					
Amounts falling due within one year	7	(7,642)	-	(7,642)	(24,872)
		<u>171,092</u>	<u>86,478</u>	<u>257,570</u>	<u>239,859</u>
<b>NET CURRENT ASSETS</b>					
		<u>171,092</u>	<u>86,478</u>	<u>257,570</u>	<u>239,859</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>171,092</u>	<u>86,478</u>	<u>257,570</u>	<u>239,859</u>
<b>NET ASSETS</b>					
		<u>171,092</u>	<u>86,478</u>	<u>257,570</u>	<u>239,859</u>
<b>FUNDS</b>					
Unrestricted funds	8			171,092	164,642
Restricted funds				<u>86,478</u>	<u>75,217</u>
<b>TOTAL FUNDS</b>					
				<u>257,570</u>	<u>239,859</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 22 September 2025 and were signed on its behalf by:



.....  
Mr A Mulla - Trustee

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2025

**2. OTHER TRADING ACTIVITIES**

	31.3.25	31.3.24
	£	£
Events and presentations	63,271	26,340
Merchandise sales	<u>1,078</u>	<u>610</u>
	<u>64,349</u>	<u>26,950</u>

**3. INVESTMENT INCOME**

	31.3.25	31.3.24
	£	£
Interest receivable - trading	<u>6,795</u>	<u>5,100</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	122,846	160,250	283,096
Other trading activities	26,950	-	26,950
Investment income	<u>5,100</u>	<u>-</u>	<u>5,100</u>
<b>Total</b>	<u>154,896</u>	<u>160,250</u>	<u>315,146</u>
<b>EXPENDITURE ON</b>			
Raising funds	9,770	-	9,770
<b>Charitable activities</b>			
General activities	<u>184,065</u>	<u>88,061</u>	<u>272,126</u>
<b>Total</b>	<u>193,835</u>	<u>88,061</u>	<u>281,896</u>
<b>NET INCOME/(EXPENDITURE)</b>	(38,939)	72,189	33,250
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	203,581	3,028	206,609

5. **COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted fund £	Total funds £
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>164,642</u>	<u>75,217</u>	<u>239,859</u>

6. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25	31.3.24
	£	£
Trade debtors	3,100	9,280
Prepayments	<u>23,586</u>	<u>40,452</u>
	<u>26,686</u>	<u>49,732</u>

7. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.25	31.3.24
	£	£
Trade creditors	-	1,058
Taxation and social security	5,210	3,700
Other creditors	<u>2,432</u>	<u>20,114</u>
	<u>7,642</u>	<u>24,872</u>

8. **MOVEMENT IN FUNDS**

	At 1.4.24 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	164,642	6,450	171,092
<b>Restricted funds</b>			
General restricted grants	75,217	11,261	86,478
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>	<u>239,859</u>	<u>17,711</u>	<u>257,570</u>

**8. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	211,230	(204,780)	6,450
<b>Restricted funds</b>			
General restricted grants	192,179	(180,918)	11,261
	<u>403,409</u>	<u>(385,698)</u>	<u>17,711</u>
<b>TOTAL FUNDS</b>			

**Comparatives for movement in funds**

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	203,581	(38,939)	164,642
<b>Restricted funds</b>			
General restricted grants	3,028	72,189	75,217
	<u>206,609</u>	<u>33,250</u>	<u>239,859</u>
<b>TOTAL FUNDS</b>			

**8. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	154,896	(193,835)	(38,939)
<b>Restricted funds</b>			
General restricted grants	160,250	(88,061)	72,189
	<u>315,146</u>	<u>(281,896)</u>	<u>33,250</u>
<b>TOTAL FUNDS</b>	<u>315,146</u>	<u>(281,896)</u>	<u>33,250</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	At 31.3.25 £
<b>Unrestricted funds</b>			
General fund	203,581	(32,489)	171,092
<b>Restricted funds</b>			
General restricted grants	3,028	83,450	86,478
	<u>206,609</u>	<u>50,961</u>	<u>257,570</u>
<b>TOTAL FUNDS</b>	<u>206,609</u>	<u>50,961</u>	<u>257,570</u>

**8. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	366,126	(398,615)	(32,489)
<b>Restricted funds</b>			
General restricted grants	352,429	(268,979)	83,450
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>718,555</u>	<u>(667,594)</u>	<u>50,961</u>

**9. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2025.

## Sunflowers Suicide Support

### Detailed Statement of Financial Activities for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	120,581	203,448
Training fees	19,505	28,030
Grants	<u>192,179</u>	<u>51,618</u>
	332,265	283,096
<b>Other trading activities</b>		
Events and presentations	63,271	26,340
Merchandise sales	<u>1,078</u>	<u>610</u>
	64,349	26,950
<b>Investment income</b>		
Interest receivable - trading	<u>6,795</u>	<u>5,100</u>
<b>Total incoming resources</b>	403,409	315,146
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Fundraising costs	15,907	9,770
<b>Charitable activities</b>		
Wages	239,321	166,601
Insurance	1,966	1,234
Light and heat	2,704	389
Telephone and internet	1,309	2,141
Postage and stationery	2,091	4,214
Advertising	4,213	135
Computer costs and website	10,578	5,696
Bank charges	191	162
Training provision and staff training	24,669	24,360
Event costs	7,632	4,837
Mileage	4,282	1,080
Sunshine box and SOS pack	1,259	1,016
Family liaison meeting costs	10	696
Evaluation support	2,754	390
Youth work	4,709	-
Grief support costs	<u>26,710</u>	<u>28,170</u>
	334,398	241,121

This page does not form part of the statutory financial statements

Sunflowers Suicide Support

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2025

	31.3.25 £	31.3.24 £
<b>Support costs</b>		
<b>Management</b>		
Sundries	52	-
<b>Other</b>		
Rent	28,780	16,312
<b>Governance costs</b>		
Accountancy and legal fees	2,152	1,546
Legal and professional fees	<u>4,409</u>	<u>13,147</u>
	<u>6,561</u>	<u>14,693</u>
Total resources expended	<u>385,698</u>	<u>281,896</u>
<b>Net income</b>	<u>17,711</u>	<u>33,250</u>

This page does not form part of the statutory financial statements

**SUNFLOWERS SUICIDE SUPPORT**

England & Wales - Charity number 1177266

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# Accounts

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REGISTERED CHARITY NUMBER: 1177266



Report of the Trustees and

Unaudited Financial Statements for the Year Ended 31 March 2024

for

Sunflowers Suicide Support

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Sunflowers Suicide Support

Contents of the Financial Statements  
for the Year Ended 31 March 2024

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## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

##### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

##### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

##### **Volunteers**

The Charity have a team of volunteers that have assisted in the operations of the Charity. During this period, volunteer roles have included administrative support, coordinating sunshine boxes, coordinating support packs, cleaning of our offices, support at our bereavement events and peer facilitation of our bereavement groups. We also have a team of volunteers as part of the fundraising committee who plan and deliver all of the Sunflowers led fundraising events.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The total donations received during the period totalled £250,397 with the remaining income being generated from the fees from events and talks £28,030 and grants of £31,618. The expenditure totalled £276,795 resulting in the excess of receipts over payments of £33,250 (2023: £37,641). The Charity has not claimed any gift aid on donations during the period other than through CAF Donate and Just Giving.

## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2024

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

The Charity's principal source of funds has been from donations made by individuals, bequests, and through events such as presentations and quiz events. Our fundraising strategy for the next financial year aims to ensure that funding income comes from varied income streams, including individuals, bequests, events and grants. During the period the Charity received grants from The Barnwood Trust of £20,000 to cover liaison support and counselling. In addition to this, the Charity received another instalment of their funding from The National Lottery which totalled £66,078 and a grant from the Suicide Prevention Fund of £31,618.

Funds were also raised during the year from the annual Chase the Sun event, and the Sunset Ball.

##### **Investment policy and objectives**

At present the Charity does not have any funds in equities or other assets. The Charity has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required. During 2024 a decision was made to restrict £44,000 of these free reserves to support the objectives of the Charity.

The Charity is in a period of growth and therefore will continue to see an increase in investing funds in the operations of the Charity to develop infrastructure and manpower in accordance with the increasing demand it continues to see.

##### **Reserves policy**

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

##### **Summary of the financial year**

2023/24 was another significant year for Sunflowers both in terms of the demands on the charity, and also the ability of the charity to increase scale of fundraising in order to meet these demands. This is demonstrated by the fact that total income and endowments posted a 31% increase to £310,045. This funding was made up principally of increase in grants with significant contributions from The National Lottery, Suicide Prevention Fund, and the Barnwood Trust. This overall increase in endowments and donations was met with an associated increase in expenditure of 37% to £276,795. The net impact of this was to leave the charity in surplus / profit for the year to the tune of £33,250 for the full year.

As such the total funds carried forward rose from £206,609 at year end 2023 to £239,859 at year end 2024. With £75,217 categorised as restricted funds this brings the total reserves of the charity up to £164,642. While these reserves are currently higher than is targeted by the reserves policy which is to aim for 6 months of expenditure as the reserves, there is an expectation the reserves will reduce over the coming months given that the charity is increasing the workforce and we anticipate costs rising ahead of income in the near term, before a targeted flattening out of that imbalance with the goal of running a stable reserve in line with target. The continued expansion of the charity workforce has necessitated a move from the current premises, which the charity has simply outgrown. The search for new premises is currently underway, and a budget for the move has been agreed between the trustees and senior management team.

Given increased expected costs, Sunflowers will need to secure further funding over the coming years in order to be able to continue to provide the crucial services that we aim to do. We are confident that with the continued support of the grant giving bodies and the strong fundraising base that Sunflowers has achieved that the charity will be able to achieve this goal.

## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2024

#### **FUTURE PLANS**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document and is an incorporated charity. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

##### **Recruitment and appointment of new trustees**

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

##### **Organisational structure**

There are currently five trustees and approximately thirty charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by the trustees, management team, and also periodically by some of the volunteers.

##### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1177266

##### **Principal address**

The Cygnet  
Bonds Mill  
Stonehouse  
Gloucestershire  
GL10 3RF

##### **Trustees**

Ms K Turner (resigned 23.3.24)  
Mr H J Sagar (resigned 28.1.24)  
Mr P Broad  
Ms M Crook (resigned 2.1.24)  
Mr E Jennings (resigned 20.9.23)  
Mr I Taylor  
Ms A duCros (resigned 2.1.24)  
Mrs S Neath (appointed 12.2.24)  
Mrs K P Haughton (appointed 22.1.24)  
Mr A Mulla (appointed 16.2.24)

Sunflowers Suicide Support

Report of the Trustees  
for the Year Ended 31 March 2024

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Independent Examiner**

Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Approved by order of the board of trustees on 18.09.24..... and signed on its behalf by:

  
.....  
Mr A Mulla - Trustee

Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support

**Independent examiner's report to the trustees of Sunflowers Suicide Support**

I report to the charity trustees on my examination of the accounts of Sunflowers Suicide Support (the Trust) for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

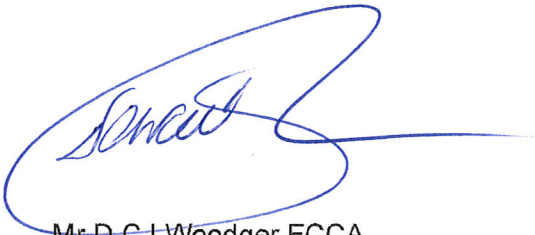
**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D C I Woodger FCCA

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Date: 18.09.24.....

Sunflowers Suicide Support

Statement of Financial Activities  
for the Year Ended 31 March 2024

	Notes	Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		123,456	160,249	283,705	200,762
Other trading activities	2	26,340	-	26,340	11,013
Investment income	3	-	-	-	954
<b>Total</b>		<u>149,796</u>	<u>160,249</u>	<u>310,045</u>	<u>212,729</u>
<b>EXPENDITURE ON</b>					
Raising funds		3,855	19,215	23,070	19,061
<b>Charitable activities</b>					
General activities		<u>184,880</u>	<u>68,845</u>	<u>253,725</u>	<u>156,027</u>
<b>Total</b>		<u>188,735</u>	<u>88,060</u>	<u>276,795</u>	<u>175,088</u>
<b>NET INCOME/(EXPENDITURE)</b>		(38,939)	72,189	33,250	37,641
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>164,642</u>	<u>75,217</u>	<u>239,859</u>	<u>206,609</u>

The notes form part of these financial statements

Sunflowers Suicide Support

Balance Sheet  
31 March 2024

	Notes	Unrestricted fund £	Restricted fund £	31.3.24 Total funds £	31.3.23 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	6	49,732	-	49,732	11,540
Cash at bank and in hand		<u>139,782</u>	<u>75,217</u>	<u>214,999</u>	<u>195,094</u>
		189,514	75,217	264,731	206,634
<b>CREDITORS</b>					
Amounts falling due within one year	7	(24,872)	-	(24,872)	(25)
<b>NET CURRENT ASSETS</b>		<u>164,642</u>	<u>75,217</u>	<u>239,859</u>	<u>206,609</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>164,642</u>	<u>75,217</u>	<u>239,859</u>	<u>206,609</u>
<b>NET ASSETS</b>		<u>164,642</u>	<u>75,217</u>	<u>239,859</u>	<u>206,609</u>
<b>FUNDS</b>	8				
Unrestricted funds				164,642	203,581
Restricted funds				<u>75,217</u>	<u>3,028</u>
<b>TOTAL FUNDS</b>				<u>239,859</u>	<u>206,609</u>

The financial statements were approved by the Board of Trustees and authorised for issue on  
...18.09.24..... and were signed on its behalf by:



.....  
Mr A Mulla - Trustee

The notes form part of these financial statements

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## Sunflowers Suicide Support

### Notes to the Financial Statements - continued for the Year Ended 31 March 2024

#### **2. OTHER TRADING ACTIVITIES**

	31.3.24	31.3.23
	£	£
Events and presentations	<u>26,340</u>	<u>11,013</u>

#### **3. INVESTMENT INCOME**

	31.3.24	31.3.23
	£	£
Deposit account interest	<u>-</u>	<u>954</u>

#### **4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

#### **5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	134,294	66,468	200,762
Other trading activities	11,013	-	11,013
Investment income	<u>954</u>	<u>-</u>	<u>954</u>
<b>Total</b>	<u>146,261</u>	<u>66,468</u>	<u>212,729</u>
<b>EXPENDITURE ON</b>			
Raising funds	10,720	8,341	19,061
<b>Charitable activities</b>			
General activities	<u>83,515</u>	<u>72,512</u>	<u>156,027</u>
<b>Total</b>	<u>94,235</u>	<u>80,853</u>	<u>175,088</u>
<b>NET INCOME/(EXPENDITURE)</b>	52,026	(14,385)	37,641
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	151,555	17,413	168,968

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted fund £	Restricted fund £	Total funds £
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>203,581</u>	<u>3,028</u>	<u>206,609</u>

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade debtors	9,280	9,250
Prepayments	<u>40,452</u>	<u>2,290</u>
	<u>49,732</u>	<u>11,540</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.24	31.3.23
	£	£
Trade creditors	1,058	25
Taxation and social security	3,700	-
Other creditors	<u>20,114</u>	<u>-</u>
	<u>24,872</u>	<u>25</u>

8. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	203,581	(38,939)	164,642
<b>Restricted funds</b>			
General restricted grants	3,028	72,189	75,217
<b>TOTAL FUNDS</b>	<u>206,609</u>	<u>33,250</u>	<u>239,859</u>

Sunflowers Suicide Support

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**8. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	149,796	(188,735)	(38,939)
<b>Restricted funds</b>			
General restricted grants	160,249	(88,060)	72,189
<b>TOTAL FUNDS</b>	<u>310,045</u>	<u>(276,795)</u>	<u>33,250</u>

**Comparatives for movement in funds**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	151,555	52,026	203,581
<b>Restricted funds</b>			
General restricted grants	17,413	(14,385)	3,028
<b>TOTAL FUNDS</b>	<u>168,968</u>	<u>37,641</u>	<u>206,609</u>

Sunflowers Suicide Support

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**8. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	146,261	(94,235)	52,026
<b>Restricted funds</b>			
General restricted grants	66,468	(80,853)	(14,385)
<b>TOTAL FUNDS</b>	<u>212,729</u>	<u>(175,088)</u>	<u>37,641</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
<b>Unrestricted funds</b>			
General fund	151,555	13,087	164,642
<b>Restricted funds</b>			
General restricted grants	17,413	57,804	75,217
<b>TOTAL FUNDS</b>	<u>168,968</u>	<u>70,891</u>	<u>239,859</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2024

**8. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	296,057	(282,970)	13,087
<b>Restricted funds</b>			
General restricted grants	226,717	(168,913)	57,804
<b>TOTAL FUNDS</b>	<u>522,774</u>	<u>(451,883)</u>	<u>70,891</u>

**9. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2024.

## Sunflowers Suicide Support

### Detailed Statement of Financial Activities for the Year Ended 31 March 2024

	31.3.24 £	31.3.23 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	224,058	103,604
Training fees	28,029	18,627
Grants	31,618	36,210
Bequests	-	42,321
	<u>283,705</u>	<u>200,762</u>
<b>Other trading activities</b>		
Events and presentations	26,340	11,013
<b>Investment income</b>		
Deposit account interest	-	954
<b>Total incoming resources</b>	<u>310,045</u>	<u>212,729</u>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Grief support costs	28,170	19,061
<b>Other trading activities</b>		
Exceptional items	(5,100)	-
<b>Charitable activities</b>		
Wages	166,601	98,560
Social security	-	2,017
Pensions	-	1,721
Insurance	1,234	784
Light and heat	389	380
Telephone	-	3,902
Postage and stationery	6,354	1,732
Advertising	135	1,414
Sundries	-	1,287
Computer costs and website	5,696	1,672
Bank charges	162	281
Training and conferences	8,537	2,857
Event costs	14,607	11,240
ASIST	15,453	12,581
Mileage	1,080	1,731
Sunshine box and SOS pack	1,016	1,178
Carried forward	<u>221,264</u>	<u>143,337</u>

This page does not form part of the statutory financial statements

Sunflowers Suicide Support

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2024

	31.3.24	31.3.23
	£	£
<b>Charitable activities</b>		
Brought forward	221,264	143,337
Family liaison meeting costs	696	1,200
Evaluation support	390	-
Suicide First Aid (SFA) costs	<u>370</u>	<u>-</u>
	222,720	144,537
<b>Support costs</b>		
<b>Other</b>		
Rent	16,312	7,699
<b>Governance costs</b>		
Accountancy and legal fees	1,546	1,764
Legal and professional fees	<u>13,147</u>	<u>2,027</u>
	<u>14,693</u>	<u>3,791</u>
Total resources expended	<u>276,795</u>	<u>175,088</u>
<b>Net income</b>	<u>33,250</u>	<u>37,641</u>

This page does not form part of the statutory financial statements



**SUNFLOWERS SUICIDE SUPPORT**

England & Wales - Charity number 1177266

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2023  
for  
Sunflowers Suicide Support

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Sunflowers Suicide Support

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for the Year Ended 31 March 2023

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## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

##### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

##### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

##### **Volunteers**

The Charity have a team of volunteers that have assisted in the operations of the Charity. During this period, volunteer roles have included administrative support, coordinating sunshine boxes, coordinating support packs, cleaning of our offices, support at our bereavement events and peer facilitation of our bereavement groups. We also have a team of volunteers as part of the fundraising committee who plan and deliver all of the Sunflowers led fundraising events.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The total donations received during the period totalled £103,604 with the remaining income being generated from the fees from events and talks £29,640, bequests of £42,321 and £954 bank interest. Grants received in the year totalled £36,210. The expenditure totalled £175,085 resulting in the excess of receipts over payments of £37,641 (2022: £30,515). The Charity has not claimed any gift aid on donations during the period other than through CAF Donate and Just Giving.

## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2023

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

The Charity's principal source of funds has been from donations made by individuals, bequests, and through events such as presentations and quiz events. These will continue to be the primary sources of funding. During the period the Charity received grants from The Barnwood Trust of £20,000 to cover liaison support and counselling. In addition to this, the Charity received installment of their funding from The National Lottery which totalled £15,606.

Funds were also raised during the year from the annual Chase the Sun event, and the Charity was able to return to hosting the Sunset Ball following the Covid-19 pandemic, which limited this to a virtual event.

##### **Investment policy and objectives**

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

We are in a period of growth and therefore we will continue to see an increase in investing funds in the operations of the Charity to develop infrastructure and manpower in accordance with the increasing demand we continue to see.

##### **Reserves policy**

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

##### **Summary of the financial year**

2022/23 was a significant year for Sunflowers both in terms of the demands on the charity and also the ability of the charity to increase scale of fundraising in order to meet these demands. This is demonstrated by the fact that total income and endowments posted a 54% increase to £212,729. This funding was made up principally of increase in grants with significant contributions from both the National Lottery and the Barnwood Trust. This overall increase in endowments and donations was met with an associated increase in expenditure of 63% to £175,088. The net impact of this was to leave the charity in surplus / profit for the year to the tune of £37,641 for the full year.

As such the total funds carried forward rose from £168,968 at year end 2022 to £206,609 at year end 2023. With £3,028 categorised as restricted funds this brings the total reserves of the charity up to £203,581. While these reserves are currently higher than is targeted by the reserves policy which is to aim for 6 months of expenditure as the reserves, there is an expectation the reserves will reduce over the coming months given that the charity is increasing the workforce and we anticipate costs rising ahead of income in the near term, before a targeted flattening out of that imbalance with the goal of running a stable reserve in line with target. Given increased expected costs, Sunflowers will need to secure further funding over the coming years in order to be able to continue to provide the crucial services that we aim to do. We are confident that with the continued support of the grant giving bodies and the strong fundraising base that Sunflowers has achieved that the charity will be able to achieve this goal.

#### **FUTURE PLANS**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2023

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, and is an incorporated charity. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

##### **Recruitment and appointment of new trustees**

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

##### **Organisational structure**

There are currently seven trustees and approximately thirty charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by the trustees, management team, and also periodically by some of the volunteers.

##### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1177266

##### **Principal address**

The Cygnet  
Bonds Mill  
Stonehouse  
Gloucestershire  
GL10 3RF

##### **Trustees**

Ms K Turner  
Mr G Foxley (resigned 6.4.22)  
Mr H J Sagar  
Mr P Broad  
Ms M Crook  
Mr E Jennings  
Mr I Taylor  
Ms A duCros

##### **Independent Examiner**

Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Sunflowers Suicide Support

Report of the Trustees  
for the Year Ended 31 March 2023

Approved by order of the board of trustees on 22 Sep 2023 and signed on its behalf by:



.....  
Mr H J Sagar - Trustee

Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support

**Independent examiner's report to the trustees of Sunflowers Suicide Support**

I report to the charity trustees on my examination of the accounts of Sunflowers Suicide Support (the Trust) for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

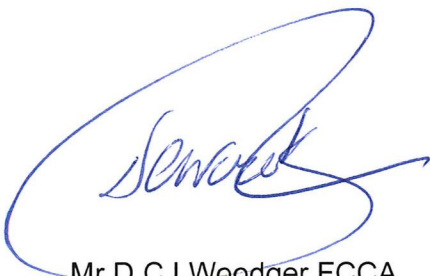
I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D C I Woodger FCCA

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Date: ...22...September...2023

Sunflowers Suicide Support

Statement of Financial Activities  
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		134,294	66,468	200,762	129,779
Other trading activities	2	11,013	-	11,013	8,282
Investment income	3	<u>954</u>	<u>-</u>	<u>954</u>	<u>5</u>
<b>Total</b>		<u>146,261</u>	<u>66,468</u>	<u>212,729</u>	<u>138,066</u>
<b>EXPENDITURE ON</b>					
Raising funds		10,720	8,341	19,061	21,026
<b>Charitable activities</b>					
General activities		<u>83,515</u>	<u>72,512</u>	<u>156,027</u>	<u>86,525</u>
<b>Total</b>		<u>94,235</u>	<u>80,853</u>	<u>175,088</u>	<u>107,551</u>
<b>NET INCOME/(EXPENDITURE)</b>		52,026	(14,385)	37,641	30,515
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	<u>138,453</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>

The notes form part of these financial statements

Sunflowers Suicide Support

Balance Sheet  
31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
<b>CURRENT ASSETS</b>					
Debtors	6	11,540	-	11,540	5,800
Cash at bank and in hand		<u>192,066</u>	<u>3,028</u>	<u>195,094</u>	<u>163,902</u>
		203,606	3,028	206,634	169,702
<b>CREDITORS</b>					
Amounts falling due within one year	7	(25)	-	(25)	(734)
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
<b>NET CURRENT ASSETS</b>					
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
<b>NET ASSETS</b>					
		<u>203,581</u>	<u>3,028</u>	<u>206,609</u>	<u>168,968</u>
<b>FUNDS</b>					
Unrestricted funds	8			203,581	151,555
Restricted funds				<u>3,028</u>	<u>17,413</u>
<b>TOTAL FUNDS</b>					
				<u>206,609</u>	<u>168,968</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 22 September 2023 and were signed on its behalf by:



.....  
Mr H J Sagar - Trustee

## **1. ACCOUNTING POLICIES**

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## Sunflowers Suicide Support

### Notes to the Financial Statements - continued for the Year Ended 31 March 2023

#### 2. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Events and presentations	<u>11,013</u>	<u>8,282</u>

#### 3. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Deposit account interest	<u>954</u>	<u>5</u>

#### 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

##### **Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

#### 5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	73,901	55,878	129,779
Other trading activities	8,282	-	8,282
Investment income	<u>5</u>	<u>-</u>	<u>5</u>
<b>Total</b>	<u>82,188</u>	<u>55,878</u>	<u>138,066</u>
<b>EXPENDITURE ON</b>			
Raising funds	-	21,026	21,026
<b>Charitable activities</b>			
General activities	<u>39,879</u>	<u>46,646</u>	<u>86,525</u>
<b>Total</b>	<u>39,879</u>	<u>67,672</u>	<u>107,551</u>
<b>NET INCOME/(EXPENDITURE)</b>	42,309	(11,794)	30,515
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	109,246	29,207	138,453

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>151,555</u>	<u>17,413</u>	<u>168,968</u>

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade debtors	9,250	5,800
Prepayments	<u>2,290</u>	<u>-</u>
	<u>11,540</u>	<u>5,800</u>

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.23 £	31.3.22 £
Trade creditors	25	-
Taxation and social security	<u>-</u>	<u>734</u>
	<u>25</u>	<u>734</u>

**8. MOVEMENT IN FUNDS**

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	151,555	52,026	203,581
<b>Restricted funds</b>			
General restricted grants	17,413	(14,385)	3,028
<b>TOTAL FUNDS</b>	<u>168,968</u>	<u>37,641</u>	<u>206,609</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**8. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	146,261	(94,235)	52,026
<b>Restricted funds</b>			
General restricted grants	66,468	(80,853)	(14,385)
	<u>212,729</u>	<u>(175,088)</u>	<u>37,641</u>
<b>TOTAL FUNDS</b>			

**Comparatives for movement in funds**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	109,246	42,309	151,555
<b>Restricted funds</b>			
General restricted grants	29,207	(11,794)	17,413
	<u>138,453</u>	<u>30,515</u>	<u>168,968</u>
<b>TOTAL FUNDS</b>			

Sunflowers Suicide Support

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023

**8. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	82,188	(39,879)	42,309
<b>Restricted funds</b>			
General restricted grants	55,878	(67,672)	(11,794)
	<u>138,066</u>	<u>(107,551)</u>	<u>30,515</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
<b>Unrestricted funds</b>			
General fund	109,246	94,335	203,581
<b>Restricted funds</b>			
General restricted grants	29,207	(26,179)	3,028
	<u>138,453</u>	<u>68,156</u>	<u>206,609</u>

## Sunflowers Suicide Support

### Notes to the Financial Statements - continued for the Year Ended 31 March 2023

#### **8. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	228,449	(134,114)	94,335
<b>Restricted funds</b>			
General restricted grants	122,346	(148,525)	(26,179)
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>350,795</u>	<u>(282,639)</u>	<u>68,156</u>

#### **9. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2023.

Sunflowers Suicide Support

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	103,604	66,309
Training fees	18,627	7,591
Grants	36,210	55,879
Bequests	42,321	-
	<u>200,762</u>	<u>129,779</u>
<b>Other trading activities</b>		
Events and presentations	11,013	8,282
<b>Investment income</b>		
Deposit account interest	<u>954</u>	<u>5</u>
<b>Total incoming resources</b>	<b>212,729</b>	<b>138,066</b>
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Grief support costs	19,061	21,026
<b>Charitable activities</b>		
Wages	98,560	40,596
Social security	2,017	2,473
Pensions	1,721	834
Insurance	784	734
Light and heat	380	650
Telephone	3,902	782
Postage and stationery	1,732	559
Advertising	1,414	1,389
Sundries	1,287	2,778
Computer costs and website	1,672	8,068
Bank charges	281	96
Training and conferences	2,857	1,885
Event costs	11,240	4,305
ASIST	12,581	8,747
Mileage	1,731	1,661
Sunshine box and SOS pack	1,178	554
Family liaison meeting costs	<u>1,200</u>	<u>368</u>
	<b>144,537</b>	<b>76,479</b>

This page does not form part of the statutory financial statements

Sunflowers Suicide Support

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2023

	31.3.23 £	31.3.22 £
<b>Support costs</b>		
<b>Other</b>		
Rent	7,699	7,920
<b>Governance costs</b>		
Accountancy and legal fees	1,764	1,740
Legal and professional fees	<u>2,027</u>	<u>386</u>
	<u>3,791</u>	<u>2,126</u>
Total resources expended	<u>175,088</u>	<u>107,551</u>
<b>Net income</b>	<u><u>37,641</u></u>	<u><u>30,515</u></u>



**SUNFLOWERS SUICIDE SUPPORT**

England & Wales - Charity number 1177266

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2022  
for  
Sunflowers Suicide Support

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Sunflowers Suicide Support

Contents of the Financial Statements  
for the Year Ended 31 March 2022

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Statement of Financial Activities	5
Balance Sheet	6
Notes to the Financial Statements	7 to 8
Detailed Statement of Financial Activities	9

## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

##### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

##### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

##### **Volunteers**

The Charity have a team of volunteers that have assisted in the operations of the Charity. During this period, volunteer roles have included administrative support, coordinating sunshine boxes, coordinating support packs, cleaning of our offices, support at our bereavement events and peer facilitation of our bereavement groups. We also have a team of volunteers as part of the fundraising committee who plan and deliver all of the Sunflowers led fundraising events.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The total donations received during the period totalled £66,309 with the remaining income being generated from the fees from events and talks £15,875 and £5 bank interest. Grants received in the year totalled £55,879. The expenditure totalled £107,551 resulting in the excess of receipts over payments of £30,515 (2021: £65,445). The Charity has not claimed any gift aid on donations during the period other than through CAF Donate and Just Giving.

#### **FINANCIAL REVIEW**

##### **Principal funding sources**

The Charity's principal source of funds has been from donations made by individuals and through events such as presentations and quiz events. These will continue to be the primary sources of funding. During the period the Charity received grants from The Suicide Prevention Fund of £18,023 to cover liaison support and counselling, Stroud District Council's Art Bid of £3,950 to cover art, and the Morrisons Fund of £3,000. In addition to this, the Charity received their third instalment of their funding from The National Lottery which totalled £30,906.

Funds were also raised during the year from the annual Chase the Sun event, and the Charity was able to return to hosting the Sunset Ball following the Covid-19 pandemic, which limited this to a virtual event.

## **FINANCIAL REVIEW**

### **Investment policy and objectives**

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

We are in a period of growth and therefore we will continue to see an increase in investing funds in the operations of the Charity to develop infrastructure and manpower in accordance with the increasing demand we continue to see.

### **Reserves policy**

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

## **FUTURE PLANS**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing document**

The charity is controlled by its governing document and is an incorporated charity. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

### **Recruitment and appointment of new trustees**

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

### **Organisational structure**

There are currently seven trustees and approximately thirty charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by both trustees, management team and volunteers.

### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

### **Registered Charity number**

1177266

### **Principal address**

The Cygnet  
Bonds Mill  
Stonehouse  
Gloucestershire  
GL10 3RF

**Trustees**

Ms K Turner  
Mrs S Bullingham (resigned 6.4.21)  
Mr N M Gardiner-Clark (resigned 6.4.21)  
Mr M Gardiner-Clark (resigned 6.4.21)  
Mr G Foxley (deceased 6.10.21)  
Mr H J Sagar  
Mr P Broad  
Ms M Crook  
Mr E Jennings (appointed 6.4.21)  
Mr I Taylor (appointed 6.4.21)  
Ms A duCros (appointed 6.4.21)

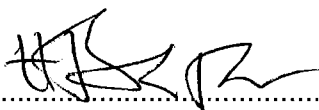
**REFERENCE AND ADMINISTRATIVE DETAILS****Independent Examiner**

Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

**COVID-19 IMPACT ON ACTIVITIES**

These accounts cover the period to 31 March 2022 and the charity had made significant changes in the way it operated in order to comply with the government restrictions in relation to the global pandemic. The COVID-19 pandemic and the reaction to it has caused numerous operational issues including the ability to fund raise, services offered being affected, having to transfer to online support, as well as cancellation of fundraising events.

Approved by order of the board of trustees on 6 September 2022  
and signed on its behalf by:



.....  
Mr H J Sagar - Trustee

Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support

**Independent examiner's report to the trustees of Sunflowers Suicide Support**

I report to the charity trustees on my examination of the accounts of Sunflowers Suicide Support (the Trust) for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

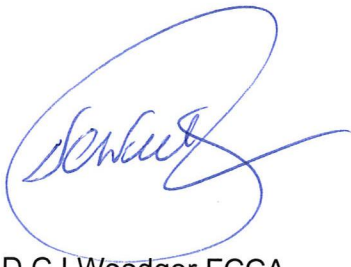
I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Date: 6 September 2022

Sunflowers Suicide Support

Statement of Financial Activities  
for the Year Ended 31 March 2022

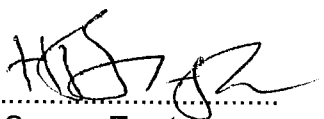
	Notes	Unrestricted fund £	fund £	Restricted Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>				
Donations and legacies		73,901	55,878	129,779
Other trading activities	2	8,282	-	8,282
Investment income	3	<u>5</u>	<u>-</u>	<u>5</u>
<b>Total</b>		82,188	55,878	138,066
 <b>EXPENDITURE ON</b>				
Raising funds		-	21,026	21,026
<b>Charitable activities</b>				
General activities		39,879	46,646	86,525
		<u>          </u>	<u>          </u>	<u>          </u>
<b>Total</b>		39,879	67,672	107,551
		<u>          </u>	<u>          </u>	<u>          </u>
<b>NET INCOME/(EXPENDITURE)</b>		42,309	(11,794)	30,515
 <b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward		109,246	29,207	138,453
		<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>

Sunflowers Suicide Support

Balance Sheet  
31 March 2022

	Notes	Unrestricted fund £	fund £	Restricted funds £	Total
<b>CURRENT ASSETS</b>					
Debtors	5	5,800	-	5,800	
Cash at bank and in hand		<u>146,489</u>	<u>17,413</u>	<u>163,902</u>	
		152,289	17,413	169,702	
<b>CREDITORS</b>					
Amounts falling due within one year	6	(734)	-	(734)	
		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	
<b>NET CURRENT ASSETS</b>					
		151,555	17,413	168,968	
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	
<b>NET ASSETS</b>					
		<u>151,555</u>	<u>17,413</u>	<u>168,968</u>	
<b>FUNDS</b>					
Unrestricted funds	7			151,555	
Restricted funds				<u>17,413</u>	
<b>TOTAL FUNDS</b>					
				<u>168,968</u>	

The financial statements were approved by the Board of Trustees and authorised for issue on 6 Sep 2022 and were signed on its behalf by:



.....  
Mr H J Sagar - Trustee

## 1. ACCOUNTING POLICIES

### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### **Taxation**

The charity is exempt from tax on its charitable activities.

### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

## 2. OTHER TRADING ACTIVITIES

Events and presentations	£ <u>8,282</u>
--------------------------	-------------------

## 3. INVESTMENT INCOME

Deposit account interest	£ <u>5</u>
--------------------------	---------------

## 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2022.

**5. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Trade debtors	£ <u>5,800</u>
---------------	-------------------

**6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

Taxation and social security	£ <u>734</u>
------------------------------	-----------------

**7. MOVEMENT IN FUNDS**

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
<b>Unrestricted funds</b>			
General fund	109,246	42,309	151,555
<b>Restricted funds</b>			
General restricted grants	29,207	(11,794)	17,413
	<u>138,453</u>	<u>30,515</u>	<u>168,968</u>
<b>TOTAL FUNDS</b>			

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	82,188	(39,879)	42,309
<b>Restricted funds</b>			
General restricted grants	55,878	(67,672)	(11,794)
	<u>138,066</u>	<u>(107,551)</u>	<u>30,515</u>
<b>TOTAL FUNDS</b>			

**8. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2022.

## Sunflowers Suicide Support

### Detailed Statement of Financial Activities for the Year Ended 31 March 2022

£

#### **INCOME AND ENDOWMENTS**

##### **Donations and legacies**

Donations	66,309
Training fees	7,591
Grants	<u>55,879</u>
	129,779

##### **Other trading activities**

Events and presentations	8,282
--------------------------	-------

##### **Investment income**

Deposit account interest	<u>5</u>
--------------------------	----------

<b>Total incoming resources</b>	138,066
---------------------------------	---------

#### **EXPENDITURE**

##### **Raising donations and legacies**

Grief support costs	21,026
---------------------	--------

##### **Charitable activities**

Wages	40,596
Social security	2,473
Pensions	834
Insurance	734
Light and heat	650
Telephone	782
Postage and stationery	559
Advertising	1,389
Sundries	2,778
Computer costs and website	8,068
Bank charges	96
Training and conferences	1,885
Event costs	4,305
ASIST	8,747
Mileage	1,661
Sunshine box and SOS pack	554
Family liaison meeting costs	<u>368</u>
	76,479

##### **Support costs**

###### **Other**

Rent	7,920
------	-------

###### **Governance costs**

Accountancy and legal fees	1,740
Legal and professional fees	386

This page does not form part of the statutory financial statements

	<u>2,126</u>
Total resources expended	<u>107,551</u>
<b>Net income</b>	<u><u>30,515</u></u>

**SUNFLOWERS SUICIDE SUPPORT**

England & Wales - Charity number 1177266

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# Accounts

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Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 March 2021  
for  
Sunflowers Suicide Support

Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Sunflowers Suicide Support

Contents of the Financial Statements  
for the Year Ended 31 March 2021

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Notes to the Financial Statements	7 to 10
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## Sunflowers Suicide Support

### Report of the Trustees for the Year Ended 31 March 2021

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1177266

##### **Principal address**

The Counting House  
Suite 4  
Bonds Mill  
Stonehouse  
Gloucestershire  
GL10 3RF

##### **Trustees**

Mrs J Watkins	- resigned 30.9.20
Ms K Turner	
Mrs S Bullingham	- resigned 6.4.21
Ms J M Kille	- resigned 1.5.20
Mr N M Gardiner-Clark	- resigned 6.4.21
Mr M Gardiner-Clark	- resigned 6.4.21
Mr G Foxley	
Mr H J Sagar	
Mr P Broad	- appointed 20.3.21
Ms M Crook	- appointed 9.3.21

##### **Independent examiner**

Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The Charity is constituted as a Charitable Incorporated Organisation (CIO) and is governed by a constitution. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21 February 2018.

##### **Recruitment and appointment of new trustees**

New trustees' appointments are shown under the trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the background of the Charity, operation framework, and its objectives.

### **Organisational structure**

There are currently five trustees and a growing team of volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by both trustees, the Charity Manager and invited volunteers.

### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees acknowledge their responsibility to assess and mitigate the major risks to which the charity is exposed. The trustees have conducted a review of the major risks to which the charity is exposed and, where appropriate, systems or procedures have been established to mitigate those risks. Internal control risks are minimised by the implementation of procedures for authorisation of transactions.

## **OBJECTIVES AND ACTIVITIES**

### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

### **Volunteers**

The Charity's team of volunteers have significantly increased over the year. They are working together as a supportive team and some have commented on the positive impact this has had on their own wellbeing. Many tasks within the charity are now being done by volunteers in conjunction with the paid worker. This has included preparing for the fundraising and awareness events such as the tree bombing at Christmas. Administrative tasks and preparation of support packs, SOS boxes and Newsletter. Assisting the treasurer in the day to day running of the accounts. Upkeep of the memorial garden. Some volunteers have specific skills that the charity has been able to draw upon such as knowledge of safeguarding. The charity is in the throes of developing a befriender scheme.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The total donations received during the period totalled £59,236 with the remaining income being generated from the fees from events and talks £7,319 and £9 bank interest. The expenditure totalled £57,189 resulting in the excess of receipts over payments of £65,445 (2020: £40,241). The Charity has claimed any gift aid on donations during the period through fundraising platforms CAF donate, Just Giving and Virgin.

**FINANCIAL REVIEW**

**Reserves policy**

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

**Principal funding sources**

The Charity's principal source of funds has been from donations made by individuals and through events such as presentations and quiz events. These will continue to be the primary sources of funding. During the period the Charity received grants from The County of Gloucestershire £9,370 and The Barnwood Trust £7,500 for online counselling. The Stroud League of Friends made a £3,000 grant to be used for the Stroud district. In addition to this, the Charity received their second instalment of their funding from The National Lottery which totalled £30,300. Notgrove and The Gloucestershire Community Fund also made grants of £3,000 and £2,900 respectively for Covid-19 Emergency Support.

Funds were also raised during the year from the annual Chase the Sun event, and the Charity held a virtual ball because of the restrictions in place due to the global Covid-19 pandemic.

**Investment policy and objectives**

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

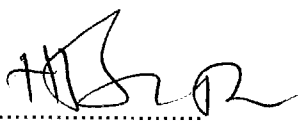
**GOING CONCERN**

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

**COVID-19 IMPACT ON ACTIVITIES**

These accounts cover the period to 31 March 2021 and the charity had made significant changes in the way it operated in order to comply with the government restrictions in relation to the global pandemic. The COVID-19 pandemic and the reaction to it has caused numerous operational issues including the ability to fund raise, services offered being affected, having to transfer to online support, as well as cancellation of fundraising events.

Approved by order of the board of trustees on ..... and signed on its behalf by:

 20/8/2021

.....  
Mr H J Sagar - Trustee

Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support

I report on the accounts for the year ended 31 March 2021, which are set out on pages five to ten.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ('the Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe:

1. that accounting records were not kept as required by section 130 of the Act; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the accounting requirements of the Act; or
4. that there is further information needed for a proper understanding of the accounts.

**Independent examiner's statement**

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.



Mr D C I Woodger FCCA  
Stanbridge Accountancy Services Limited  
9 Wheatstone Court  
Waterwells Business Park  
Davy Way  
Gloucester  
Gloucestershire  
GL2 2AQ

Date: 20 August 2021.....

Sunflowers Suicide Support

Statement of Financial Activities  
for the Year Ended 31 March 2021

		Unrestricted fund	Restricted fund	31.3.21 Total funds	31.3.20 Total funds
	Not es	£	£	£	£
<b>INCOMING RESOURCES</b>					
<b>Incoming resources from generated funds</b>					
Voluntary income		60,839	56,072	116,911	85,187
Activities for generating funds	2	5,714	-	5,714	11,038
Investment income	3	<u>9</u>	<u>-</u>	<u>9</u>	<u>5</u>
<b>Total incoming resources</b>		66,562	56,072	122,634	96,230
<b>RESOURCES EXPENDED</b>					
<b>Costs of generating funds</b>					
Grief support costs		3,242	7,079	10,321	3,871
<b>Charitable activities</b>					
General activities		<u>13,534</u>	<u>33,334</u>	<u>46,868</u>	<u>52,118</u>
<b>Total resources expended</b>		16,776	40,413	57,189	55,989
<b>NET INCOMING RESOURCES</b>		49,786	15,659	65,445	40,241
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		60,676	13,548	74,224	33,983
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>110,462</u>	<u>29,207</u>	<u>139,669</u>	<u>74,224</u>

The notes form part of these financial statements

Sunflowers Suicide Support

Balance Sheet  
At 31 March 2021

		Unrestricted fund	Restricted fund	31.3.21 Total funds	31.3.20 Total funds
	Notes	£	£	£	£
<b>CURRENT ASSETS</b>					
Debtors	6	1,217	-	1,217	-
Cash at bank and in hand		<u>109,245</u>	<u>29,207</u>	<u>138,452</u>	<u>74,224</u>
		110,462	29,207	139,669	74,224
<b>NET CURRENT ASSETS</b>					
		<u>110,462</u>	<u>29,207</u>	<u>139,669</u>	<u>74,224</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		<u>110,462</u>	<u>29,207</u>	<u>139,669</u>	<u>74,224</u>
<b>NET ASSETS</b>					
		<u>110,462</u>	<u>29,207</u>	<u>139,669</u>	<u>74,224</u>
<b>FUNDS</b>					
Unrestricted funds	7			110,462	60,676
Restricted funds				<u>29,207</u>	<u>13,548</u>
<b>TOTAL FUNDS</b>					
				<u>139,669</u>	<u>74,224</u>

The financial statements were approved by the Board of Trustees on .....  
and were signed on its behalf by:

.....  
Mr H J Sagar -Trustee

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 2011 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

**2. ACTIVITIES FOR GENERATING FUNDS**

	31.3.21	31.3.20
	£	£
Events and presentations	5,714	10,951
Charity logo bracelet sale	<u>-</u>	<u>87</u>
	<u>5,714</u>	<u>11,038</u>

**3. INVESTMENT INCOME**

	31.3.21	31.3.20
	£	£
Deposit account interest	<u>9</u>	<u>5</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2021

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2021 nor for the year ended 31 March 2020.

**5. STAFF COSTS**

	31.3.21	31.3.20
	£	£
Wages and salaries	23,546	11,337
Social security costs	1,805	619
Other pension costs	<u>468</u>	<u>148</u>
	<u>25,819</u>	<u>12,104</u>

The average monthly number of employees during the year was as follows:

31.3.21	31.3.20
<u>-</u>	<u>-</u>

No employees received emoluments in excess of £60,000.

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.21	31.3.20
	£	£
Trade debtors	<u>1,217</u>	<u>-</u>

**7. MOVEMENT IN FUNDS**

	At 1.4.20	Net movement in funds	At 31.3.21
	£	£	£
<b>Unrestricted funds</b>			
General fund	60,676	49,786	110,462
<b>Restricted funds</b>			
General restricted grants	13,548	15,659	29,207
	<u>74,224</u>	<u>65,445</u>	<u>139,669</u>
<b>TOTAL FUNDS</b>	<u>74,224</u>	<u>65,445</u>	<u>139,669</u>

**7. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	66,562	(16,776)	49,786
<b>Restricted funds</b>			
General restricted grants	56,072	(40,413)	15,659
<b>TOTAL FUNDS</b>	<u>122,634</u>	<u>(57,189)</u>	<u>65,445</u>

**Comparatives for movement in funds**

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted Funds</b>			
General fund	34,329	26,347	60,676
<b>Restricted Funds</b>			
General restricted grants	(346)	13,894	13,548
<b>TOTAL FUNDS</b>	<u>33,983</u>	<u>40,241</u>	<u>74,224</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	71,647	(45,300)	26,347
<b>Restricted funds</b>			
General restricted grants	24,583	(10,689)	13,894
<b>TOTAL FUNDS</b>	<u>96,230</u>	<u>(55,989)</u>	<u>40,241</u>

**7. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	At 31.3.21 £
<b>Unrestricted funds</b>			
General fund	34,329	76,133	110,462
<b>Restricted funds</b>			
General restricted grants	<u>(346)</u>	<u>29,553</u>	<u>29,207</u>
<b>TOTAL FUNDS</b>	<u>33,983</u>	<u>105,686</u>	<u>139,669</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	138,209	(62,076)	76,133
<b>Restricted funds</b>			
General restricted grants	<u>80,655</u>	<u>(51,102)</u>	<u>29,553</u>
<b>TOTAL FUNDS</b>	<u>218,864</u>	<u>(113,178)</u>	<u>105,686</u>

Sunflowers Suicide Support

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>INCOMING RESOURCES</b>		
<b>Voluntary income</b>		
Donations	59,236	41,979
Training fees	1,605	18,625
Grants	<u>56,070</u>	<u>24,583</u>
	116,911	85,187
<b>Activities for generating funds</b>		
Events and presentations	5,714	10,951
Charity logo bracelet sale	<u>-</u>	<u>87</u>
	5,714	11,038
<b>Investment income</b>		
Deposit account interest	<u>9</u>	<u>5</u>
<b>Total incoming resources</b>	122,634	96,230
<b>RESOURCES EXPENDED</b>		
<b>Costs of generating voluntary income</b>		
Grief support costs	10,321	3,871
<b>Charitable activities</b>		
Wages	23,546	11,337
Social security	1,805	619
Pensions	468	148
Insurance	581	563
Light and heat	416	346
Telephone	338	616
Postage and stationery	1,122	352
Advertising	1,838	1,363
Sundries	766	40
Computer costs and website	957	925
Bank charges	69	103
Training and conferences	836	960
Event costs	1,593	3,868
ASIST	1,899	16,181
Mileage	257	990
Sunshine box and SOS pack	234	187
Digital hearing equipment	-	3,305
Family liaison meeting costs	<u>264</u>	<u>675</u>
	36,989	42,578
<b>Support costs</b>		

This page does not form part of the statutory financial statements

Sunflowers Suicide Support

Detailed Statement of Financial Activities  
for the Year Ended 31 March 2021

	31.3.21 £	31.3.20 £
<b>Information technology</b>		
Repairs and renewals	-	274
<b>Other</b>		
Rent	5,425	7,118
<b>Other 4</b>		
Accountancy and legal fees	2,900	1,140
Legal and professional fees	<u>1,554</u>	<u>1,008</u>
	<u>4,454</u>	<u>2,148</u>
<b>Total resources expended</b>	57,189	55,989
	<hr/>	<hr/>
<b>Net income</b>	<u>65,445</u>	<u>40,241</u>

This page does not form part of the statutory financial statements