

2020/2021



Annual Report of Child & Parenting Support Oxon (ChiPS)

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1 Reference and Administrative Information

Child & Parenting Support Oxfordshire (ChiPS) is a charity (Charitable Incorporated Organisation or CIO) registered in England Charity Number 1177247

Registered Office:

11 Oxford Road, Woodstock, OX20 1UN

The Board of Trustees:

Michael TEELING (Chair, from 2018 to present)

Caitlin MORRISON (from 2018 to present)

Kathy PETO (from 2018 to present)

Nicola SELWAY (from 2018 to present)

Business and Finance Contact:

Cait Morrison, Trustee & Secretary

Charity Programme Contact:

Paula Evans, Programme Facilitator and Co-ordinator

Bankers:

Arbuthnot Latham & Co Ltd

+44 (0)20 7012 2500

Arbuthnot House, 7 Wilson Street, London EC2M 2SN

2 The Report of the Trustees

Overview

Child & Parenting Support Oxfordshire (ChiPS) was established to continue provision of whole-family parenting programmes for young school-aged or pre-school children and their parents/carers for the benefit of people in Oxfordshire. The Covid-19 pandemic raised many challenges to delivering the programme to families. However, despite being a very small organisation, innovation and commitment resulted in a limited programme being delivered via covid-safe in-school delivery and utilising video-conferencing when necessary. A further innovation was the use of time during school closures and restrictions to create a bespoke parenting programme for another organisation supporting very vulnerable families.

Carrying Out the CIO's Purposes for the Public Benefit

Research* demonstrates that outcomes for children are improved when parents are also learning parallel skills as part of an evidence-based therapeutic programme. In the current economic and social landscape demand in Oxfordshire is high for this type of intervention, but there is a severe shortage of funded provision. ChiPS currently delivers the Webster-Stratton Programme, which is a set of evidence-based therapeutic learning courses, which have been developed to prevent and treat behaviour problems in young children. This programme, along with other 'gold-standard'

programmes, is proven to improve outcomes in vulnerable families and children, and was selected as a Blueprints for Violence Prevention programme in the USA in 2001 because it was shown to reduce risk factors for subsequent violence and crime. The Programme has also been shown to promote protective factors such as positive parenting and teaching focused on strengthening children's social and emotional competence and school readiness. Importantly, our own research has found that parents indicate significant positive improvement in their parenting and their relationships with their children following consistent participation in one of these programmes. These positive effects were indicated at the end of the Programme, and for several years afterwards, and provides the motivation for the trustees and delivery team at ChiPS to continue to offer provision to families in Oxfordshire on a charitable basis.

During this reporting period, three families were supported, who had eight children total, and five of whom attended the programme. These numbers were restricted by the school. The usual number of families attending the programme would be 10. One programme was delivered during this reporting period, due to the disruptive effect of the pandemic on schools.

How the Activities of the Charity are Carried Out

ChiPS delivers a whole-family therapeutic parenting and behavioural programme, coordinated and delivered by a trained, experienced group work facilitator. Previous programme settings have been local schools, Children's Centres and Social Care hubs. In partnership with a programme setting, we produce leaflets advertising and explaining the programme to families. We also liaise with the

setting about referrals. As is safe and appropriate to each family, we conduct drop-in sessions at the setting to engage families, explain the programme and make sure it is right for them. We coordinate and attend planning and supervision meetings before, during and after the programme, and prepare materials, making sure everyone involved has the right tools for the job

Children's Group

Where appropriate, we recruit, train and support DSB checked volunteers, who may be students on placements from Social Care and Nursing courses, or parents with experience of the programme, to support in the children's group and ensure safe adult:child ratios with the setting. We provide manuals to support staff, handouts for families, and we also provide programme materials and interactive elements to support and motivate children's learning, including the Dinosaur School puppets, rewards, small gifts and certificates. A detailed report is produced after the Programme for each child and family, and for their school and referrer, detailing the newly acquired skills in support of long lasting outcomes and as a reminder of all we learnt together. In partnership with the setting, we evaluate the Programme using validated, standardised pre- and post-course questionnaires, and can also conduct other course participant evaluations if required by the referrer by agreement.

Parent/Carers' Group

Two facilitators are needed for the parent/carers group. We recommend that at least one facilitator should come from the setting, to increase sustainability and to embed skills and practice in the setting.

Developing the reach of the benefit: Providing a Parenting Skills Programme to Another Organisation Working with Vulnerable Families

The Charity was commissioned by a regional organisation working in sexual offender rehabilitation to create a bespoke parenting programme. The programme was to be delivered by trained facilitators, with appropriate skills and experience to engage and deliver to the target families with the aim of replacing cycles of damaging and dangerous relationship behaviours with healthy and sustainable ones. The programme was built on what we know works well with vulnerable and struggling parents in group work settings, using some well known best-practice methods.

Monitoring Outcomes to Ensure Charitable Purposes and Benefits are Met

i) Formalised Feedback We will continue to use the system successfully implemented by the originating charitable organisation, Oxfordshire Parenting Forum. ChiPS will use statistically validated self-assessment questionnaires from parents/carers before, during and after attendance on the programme. Data will be regularly gathered from these to produce management reports for the trustees. Reports on each child's progress will be produced for the referrers. There will be a regular feedback loop between the programme deliverers and the referrers during each programme, and the deliverer will report back to trustees at appropriate intervals. The trustees will use these inputs, as well as feedback from referrers on outcomes, to ensure the charity is meeting the needs of beneficiaries and meeting the charitable purposes as stated.

ii) Supervision of Facilitators This should take place at least twice during the year, to ensure best practice and to maintain the integrity of the evidence based programme. This can be provided by an appropriate supervisor appointed by the Charity or by the setting, to be negotiated, depending on expertise available.

Deciding who benefits

The programme and related support given by the organisation continues to be offered free to attendees, who are currently referred by the state school providing funding and resources and the venue for the delivery of the programme. In the continuing very difficult funding climate, schools can fund only a portion of the costs of delivering the programme, and the rest of the cost is covered by ChiPS. The team would like to be able to accept other referrals, for example both the local NHS trust and social workers have asked to make referrals during the period, but none could offer any contribution at all to the cost, and therefore at that time those referrals could not be taken. In these instances the advice given to parents/carers is to approach their school to request a programme is delivered in their setting.

Managing risk of harm

The Covid-19 pandemic presented not only health risks but also changing working conditions in schools. The operational team of three found that the operating conditions in school for delivering both the children's programme and the parent/carers' programme were both challenging and, at times, unsuitable for delivering the programme in the way it had been delivered pre-pandemic. It was

simply not possible to conduct the programme in line with long-established and prescribed delivery practices.

Once most restrictions were lifted and the programme was commissioned locally, it became apparent that there was particular difficulty in the lack of usual teaching and support staff involvement in delivering the programme, which led to a diminished level of contact and relationship-building with staff in the school. One consequence of this was that there was no one from the school staff present, as there usually is, during the children's programme, meaning there was not an on-hand source of information about the Covid situation within the school, covid protocols the school was implementing to handle the pandemic, as well as provide their intimate understanding of the attending children's needs and behaviours. This group contained only a small number of children, the risk assessment carried out showed the required high levels of safety, and there were no incidences of harm caused. In addition, two team members attended a Covid-19 Safeworking Course and passing on findings to the rest of the team.

The school was asked to provide their working risk assessment document to the ChiPS team, to enable them to adapt it to the programme and the delivery location in the school. Safety concerns identified by the programme leader relating the external classroom location provided for the programme were reported to the head of school and suitable adjustments to arrangements agreed with them. One of these concerns was a parent attending a session of the programme and unexpectedly bringing her baby with her due to childcare issues. The mother was emotionally vulnerable and on balance the programme leader viewed it in her best interests to be allowed to remain for that session, however, the situation was potentially problematic and the matter was raised with the school and with the parent, and a restriction put in place on bringing the baby again. The second safety concern was raised by the

programme leader who recognised that the fire safety protocol stipulated by the school was not practical in the external classroom provided, and a safer alternative was suggested and agreed with the school.

In the heightened tensions of the pandemic and the resultant difficult operating conditions for schools, and the stress and ill health being experienced by already-vulnerable referred parents/carers and children, the team coped with the operational difficulties and delivered personally-tailored support to attendees. However, it was stressful for the individual members of the team working in these changeable and sometimes challenging conditions, when all were coping with the same difficult conditions at home and with family members and dependents. The trustee overseeing operations and the programme coordinator reviewed the period in great depth to establish the lessons that needed to be learnt and practices updated and strengthened to reflect the current situation.

Finance and Annual Accounts

The Charity's income is not above £25,000, and the accounts are not therefore independently examined or audited.

The trustees have reviewed the accounts of the Charity for this reporting period, and present them with this report to the Charities Commission.

Notes:

*Lisa Bunting (2004) Parenting Programmes: The Best Available Evidence, Child Care in Practice, 10:4, 327-343, DOI: 10.1080/1357527042000285510

Note regarding the accounts: Salary costs for the Charity are currently met by the private company account of one of the trustees. Other staff costs are met by income of the Charity.

Report by the Trustees:

Michael Teeling, Trustee, Chair

Cait Morrison, Trustee, Secretary

Kathy Peto, Trustee

Nicola Selway, Trustee

Signed on behalf of the trustees by



CAITLIN MORRISON, TRUSTEE

26 May 2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name

Child & Parenting Support Oxfordshire

Number

1177247

CC16a


Receipts and payments accounts

For the period from	Period start date 01/08/2020	To	Period end date 31/07/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Income from Parenting Programme	1,000	-	-	1,000	-
Funding for staff costs	11,255	-	-	11,255	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,255	-	-	12,255	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,255	-	-	12,255	-
A3 Payments					
Salaries	11,255	-	-	11,255	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	11,255	-	-	11,255	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	11,255	-	-	11,255	-
Net of receipts/(payments)	1,000	-	-	1,000	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,000	-	-	1,000	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Income from Parenting Programme	1,000	-	-
		-	-	-
		-	-	-
	Total cash funds	1,000	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Funding for staff costs	11,255	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Salaries		11,255	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Caitlin Morrison	25/05/2022	

Profit & Loss

Child & Parenting Support Oxon

Accounting Year 2020/21

	Debit	Credit
Turnover		1,000
Sales		1,000
<i>add Other Income</i>		11,255
Grant Income		11,255
<i>less Staff Costs</i>	11,255	
Salaries	11,255	
Operating Profit		£1,000
<i>less Drawings</i>		£0
<i>less Profit & Loss journal entries</i>		£0
Retained Profit this period:		£1,000
Retained Profit brought forward:		£0
Distributable Reserves / Retained Profit carried forward:		£1,000

Balance Sheet

Child & Parenting Support Oxon

As at 31 July 2021

	£	£
Capital Assets		
Net Book Value	£0	
Current Assets	1,000	
Bank Account: Business Current Account	1,000	
Net Current Assets	£1,000	
Total Assets	£1,000	
Owner's Equity:		
Retained Profit		1,000
Total Owner's Equity		£1,000