



## Friends Of Fulwell Annual return 21/22

We would like to say a massive thank you for the support you have shown. FOF aims to help the local residents of Fulwell come together by giving local people the support to address local priorities and issues. The project aims to:

- Increase the number of activities for young people
- Develop new volunteer groups to enable more volunteer opportunities and give better support to volunteers.
- Help support groups in funding bids and attracting funding.
- Improve people's health both physically and mentally
- Reach out to the most vulnerable in the Fulwell ward including the socially isolated.
- Improve the local environment including Cut Throat Dene, local beaches and green space in the Fulwell ward.

### **Report 21/22:**

#### **Community support**

Covid has not gone away unfortunately and its long term devastating impact is there for all to see. People's health has deteriorated so much and no one sees it more than ourselves when we do our doorstep visits. We now have people who sadly are pretty much housebound with our doorstep visits from us and volunteers the only time they receive any company. In June sadly we lost another one of our beneficiaries that would be seven in total since our covid support started. We attended Bills funeral as over the past two years we had come quite close, its always sad to see but we are thankful we were there for him and I am sure he would have been also. We have a new community cook who helps with food in school holidays and also every now and then will bake scones and cakes which we will deliver to those people who are housebound. The smiles on their faces tell us everything we need to know.



### **Environment**

We held several litterpicks around the Seaburn Dene area. We estimate that we must have taken over 200 bags of litter away from the area over the past years, but unfortunately the problem persists and we continue to work with our partners to make a difference. We have arranged a couple of corporate days of volunteering with the help of the Sunderland Voluntary Alliance which has been really helpful.

In addition to the litter picking we also had a day Himalayan Balsam weed pulling which was great fun. Himalayan Balsam is an invasive species and a threat to our natural environment, we removed nine bags of weeds from our dene. In addition to this we also spent two days reestablishing the planters on Searoad thanks to the support from Fulwell Library and volunteers.

### **Volunteers**

We continue to work with volunteers by giving people various voluntary opportunities. We find that attracting young people to volunteering is great and quite easy and we have enormous success. However we are finding it quite difficult to manage older generations. People promise you the world then invariably tend not to turn up. My gut feeling is that people have so many pressures at home such as health and financial pressures both for themselves and their wider families. We do still get support from volunteers but asking someone to take a lead in a project is very difficult and it often leads to projects being returned to us to manage which stretches our resources to the limit so much so it is often overwhelming.

### **Young people**

We have expanded our youth provision in the Fulwell ward by establishing a new mini youth club which has been very warmly received and proving a hit. The club runs every Thursday evening 17:00-18:30 with a detailed variety of activities designed by young people. They have cooked, play sports, arts and crafts and most importantly had fun. In addition to this we also ran holiday programs over the Easter period and May Half term both fully attended and a real success. The holiday provision for young people is particular important as more parents struggle financially. It gives families the opportunity for their children to be provided with healthy activities during the school holidays.

In addition to the activities for young people ages 4-11 we continue to provide our drop in youth sessions for youngsters aged 11+ we provide goals and safe space for young space for young people to come and play and it is really brilliant to see, especially when you see the young people picking up their own litter and returning the goals undamaged. There is a lot of respect. Unfortunately there is still a minority who do cause some anti-social behavior and on some nights there can be literally hundreds of young people down the fields of Monkwearmouth, we continue to work with the school and police to manage this situation. Its a difficult one as often its not the young people themselves but it is the troublemakers



that it attracts when large crowds gather young people can be exploited and become vulnerable.

### **Funding**

We were successful in getting support from the local authority this was a series of payments for Covid Community Support with the total being £8,875.00 this money was used to support workers and volunteers in our community to continue support people through shopping, prescription pick ups, food parcels and extra support through the winter periods as in food hampers and signposting people to advice and support. Through the covid crisis we have become very much a central hub.

Review of the charity's financial position at the end of the period	<b>We had an income of £10,008 and outgoings of £16,773</b>
Statement explaining the policy for holding reserves stating why they are held	<b>At the end of year we had £15195,01 in the bank held in reserve which included £5,000 restricted reserves (awards for all project) We had spent half of the awards for all grant</b>
Amount of reserves held	<b>£15,195.01</b>

**Names of the charity trustees who manage the charity**

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Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Stephen Douglas Mckenzie			
Lynn Hutcheon			
Adrienne Dickson			

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

S Mckenzie  
L. Hutcheon  
A.Dickson

**Friends of Fulwell**

Charity number 1177228

Financial accounts and reports

for the year ended

31st March 2022

## **Friends of Fulwell Information**

### **Trustees**

Stephen Douglass McKenzie

Adrienne Dickson

Lynn Hutcheon

### **Charity Information**

Charity Number - 1177228

CIO Foundation Date - 19th February 2018

### **Charity Address**

Monkwearmouth Academy

Torver Crescent

Sunderland

SR6 8LG

### **Employee with total benefits over £60,000**

None

### **Financial Summary**

Total Income £10008

Total Expenditure £16773

Government Grants included in income £8875

**Friends of Fulwell**  
**Balance Sheet**  
**as at 31st March 2022**

	Notes	2022 £	2021 £
<b>Current assets</b>			
Bank/building society balances		15,195.01	21,960.01
		<u>15,195.01</u>	<u>21,960.01</u>
<b>Current liabilities</b>			
Other liabilities		-	-
		<u>0.00</u>	<u>0.00</u>
<b>Net Assets</b>		15,195.01	21,960.01
 <b>Net Charity Assets</b>			
		<u>15,195.01</u>	<u>21,960.01</u>
 <b>Charity Reserves</b>			
Balance at start of period		21,960.01	1,863.67
Prior year adjustments	2	-	0.00
Excess income		<u>-6,765.00</u>	<u>20,096.34</u>
Total fund reserves	1	<u>15,195.01</u>	<u>21,960.01</u>

**Friends of Fulwell**  
**Income and Expenditure Statement**  
**Year Ended 31st March 2021**

**1 Profit and loss account analysis**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Income</b>		
Charitable Donations Received	1,100.01	1,310.92
Grant Income	0.00	227.39
Lottery Grant	0.00	10,000.00
Covid Community Support	8,875.00	13,225.00
Amazon Smile	33.27	22.15
	<b><u>10,008.28</u></b>	<b><u>24,785.46</u></b>
<b>Expenditure</b>		
General Community Project Costs	381.28	2,482.79
Workers costs	16,162.00	2,000.00
Tavel costs		9.98
Donations	230.00	196.35
	<b><u>16,773.28</u></b>	<b><u>4,689.12</u></b>
 Excess income over expenditure	 <b><u>-6,765.00</u></b>	 <b><u>20,096.34</u></b>



**Friends of Fulwell**  
**Notes to the Accounts**  
**as at 31st March 2021**

**2 Reserve funds**

	<b>As At</b>	<b>Excess</b>	<b>Reserves</b>	<b>As At</b>
	<b>01/04/2021</b>	<b>Income</b>	<b>movements</b>	<b>31/03/2021</b>
Unrestricted funds	100.00	-6,765.00	6,765.00	100.00
Allocated funds	11,860.01	0.00	-1,765.00	10,095.01
Restricted funds	10,000.00	0.00	-5,000.00	5,000.00
	<u>21,960.01</u>	<u>-6,765.00</u>	<u>-</u>	<u>15,195.01</u>