

The Tim Cogley Cardiac Screening Foundation

Unaudited Accounts

31 March 2024



GARDINER RUSSELL ACCOUNTING
Chartered Accountants & Taxation Specialists

The Tim Cogley Cardiac Screening Foundation
Report and accounts
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The Tim Cogley Cardiac Screening Foundation Company Information

Trustees

M F Cogley
S M Cogley
R S Carter
D L Jones
J Molby
A Parkins
J McLaughlin
J Dixon

Independent Examiner

Gardiner Russell Accounting Limited
1st Floor, 2 Castle Buildings
147 - 149 Telegraph Road
Heswall
Wirral
CH60 7SE

Principal Address

4 Anthony's Way
Wirral
CH60 0BP

Registered number

CE013295

The Tim Cogley Cardiac Screening Foundation
Trustees report
for the year ended 31 March 2024

The trustees present their report and accounts for the period ended 31 March 2024.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Structure, governance and management

The charity was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley
S M Cogley
R S Carter
D L Jones
J Molby
A Parkins
J McLaughlin
J Dixon

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Objectives and activities

The object of the CIO is to protect the health of young adults on Merseyside, in particular by:

- 1 Promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions;

And

- 2 Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits

The Trustees are delighted to report that the Foundation has made further remarkable progress in the year ending 31 March, 2024. With its partner, Radox Health, 4701 men and women in the target age group, 18-39, have since screening commenced in November, 2018, benefited from the preventative ac health programme that detects those at greater risk of a cardiac event in the ensuing 10 years. That figure includes in the 12 month period 873 young men and 544 young women in an age group that would not routinely have been screened by the NHS for early signs of coronary heart disease (CHD/CVD). During the period , final arrangements were agreed to commence regular screening at Chester Racecourse, securing an easily accessible location for clients living or working in the Chester and West Cheshire area. Since the November 2018 outset, those found to be at greater risk of CVD now total 111 men and 1 woman (her life-saving story is recorded in a earlier report), the male figure showing a consistent 4% of male screenings.

The Trustees agreed to broaden awareness of its work, in accordance with Object 2, by advertising the Foundation's work through a modest programme of endorsement on shirts of a number of clubs and schools within the target area. This is anticipated to return even higher levels of demand for screening in 2024/25 and successive years.

The Trustees remain confident in undertaking their screening for CHD risk that they are complying with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

Achievements and performance

The Foundation received continued generous funding support through its regular charity events, namely the Legends (i.e. former Soccer Stars including, Jan Molby , Michael Thomas, Paul Ince, Lee Martin and John Barnes) Cricket Match at The Neston Club, Parkgate; the Annual Memorial Golf Event at Heswall Golf Club, both events in early September; the Jan Molby Christmas Sportsman's Lunch and the late December Heswall Crawl wonderfully supported for refreshments by the local hostelryes! In excess of £15,000 was raised at each of these events. Trustees' appreciation and thanks are extended again to the numerous local and regional businesses for their generous sponsorship of these events. A further £4000 was raised at the November 4 Centenary Dinner held at Liverpool's Titanic Hotel in celebration of the incredible longevity of the Liverpool Old Boys Amateur League (LOBAL) where the Chair, a former player himself in the 1960s, was a guest speaker alongside Peter Reid (ex England, Everton and Manchester City Player & Manager) and legendary Liverpool Star , Razor Ruddock. Following the dramatic heart attack and miraculous recovery from cardiac arrest of a LOBAL team captain a few months earlier, each spoke very strongly in support of the Foundation. The Trustees also wish to offer their thanks to the many individuals who regularly support the charity's events and work programme, either through one-off donations, monthly direct debits or generous giving of their time in the fund-raising events.

Overall, the Trustees can therefore report a highly successful year in delivering its charitable objects and would wish to record their appreciation and deeply felt thanks to all the Foundation's patrons, supporters and fund-raisers for maintaining and sustaining important life-saving work in such challenging circumstances.

Financial review

As a result of its activities, fundraising and donations, the charity held a surplus of £24,163 for the period.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

M F Cogley
Trustee

Dated: 16 October 2024

The Tim Cogley Cardiac Screening Foundation

Independent Examiners' report to the board of trustees of The Tim Cogley Cardiac Screening Foundation for the year ended 31 March 2024

I report on the accounts of the for the period ended 31 March 2024 , which are set out on pages 1-6

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;
- have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited
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Heswall
Wirral
CH60 7SE

16 October 2024

The Tim Cogley Cardiac Screening Foundation
Profit and Loss Account
for the year ended 31 March 2024

	2024 £	2023 £
Incoming resources from generated funds	93,768	74,519
Other income	10,363	471
Total incoming resources	<u>104,131</u>	<u>74,990</u>
Resources expended		
Costs of generating funds	26,114	17,364
Net incoming resources	<u>78,017</u>	<u>57,626</u>
Charitable activities		
Grants to Radox Health	50,700	32,280
Sponsorship	2,941	-
Governance costs	213	337
Total resources expended	<u>53,854</u>	<u>32,617</u>
Net income for the year	24,163	25,009
Fund balance at 1 April 2023	120,745	95,736
Fund balance at 31 March 2024	<u>144,908</u>	<u>120,745</u>

The Tim Cogley Cardiac Screening Foundation
Registered number: CE013295
Balance Sheet
as at 31 March 2024

	2024 £	2023 £
Current assets	<u>145,088</u>	<u>120,925</u>
Net current assets	<u>145,088</u>	<u>120,925</u>
Total assets less current liabilities	<u>145,088</u>	<u>120,925</u>
Accruals and deferred income	<u>(180)</u>	<u>(180)</u>
Net assets	<u>144,908</u>	<u>120,745</u>
 Capital and reserves	 <u>144,908</u>	 <u>120,745</u>

M F Cogley
Trustee
Approved by the board of Trustees on 16 October 2024

The Tim Cogley Cardiac Screening Foundation
Notes to the accounts
for the year ended 31 March 2024

Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

Trustees

None of the trustees (or any persons connected with them) received any remuneration during the period, and no expenses were reimbursed.

Employees

There were no employees during the year

The Tim Cogley Cardiac Screening Foundation
Detailed profit and loss account items
for the year ended 31 March 2024

This schedule does not form part of the statutory accounts

	2024	2023
	£	£
Incoming resources from generated funds		
Donations and gifts	<u>93,768</u>	<u>74,519</u>
Other income		
HMRC Gift Aid	8,733	-
Interest receivable	<u>1,630</u>	<u>471</u>
	<u>10,363</u>	<u>471</u>
Resourcees expended		
Costs of generating funds		
Fundraising	<u>26,114</u>	<u>17,364</u>
Charitable Activities		
Grants to Radox Health	50,700	32,280
Sponsorship	<u>2,941</u>	<u>-</u>
	<u>53,641</u>	<u>32,280</u>
Other charges		
Governance costs		
Stationery and printing	-	157
Accountancy fees	-	180
Insurance	<u>213</u>	<u>-</u>
	<u>213</u>	<u>337</u>
	<u>213</u>	<u>337</u>

The Tim Cogley Cardiac Screening Foundation
Detailed balance sheet items
as at 31 March 2024

This schedule does not form part of the statutory accounts and should NOT be sent to HMRC

	2024 £	2023 £
Current assets		
Cash at bank and in hand	<u>145,088</u>	<u>120,925</u>
Accruals and deferred income		
Accruals	<u>180</u>	<u>180</u>
Capital and reserves		
Profit and loss account	<u>144,908</u>	<u>120,745</u>
Profit and loss account		
Brought forward	120,745	95,736
Profit	<u>24,163</u>	<u>25,009</u>
	<u>144,908</u>	<u>120,745</u>