

**THE TIM COGLEY CARDIAC SCREENING FOUNDATION  
TRUSTEES' REPORT AND UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2021**

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins

**Charity number**

1177213

**Principal address**

4 Anthony's Way  
Wirral  
CH60 0BP

**Independent examiner**

Gardiner Russell Accounting Limited  
First Floor  
2 Castle Buildings  
147-149 Telegraph Road  
Heswall  
CH60 7SE

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# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

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# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 MARCH 2021*

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The trustees present their report and accounts for the year ended 31 March 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the 's [governing document], the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

#### **Structure, governance and management**

The was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Objectives and activities**

The object of the CIO is to preserve and protect the health of young adults on Merseyside, in particular by:

1. Promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions;

And

2. Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits.

Due to the impact of Covid-19 it was only possible to hold one fundraising event during the year, the Daniel Leonard marathon of marathons and no other collections although the charity has continued to receive generous support from donors. Funds that have been raised will be used to fund a number of free screening events, provided by Radox Health, around Merseyside encouraging young adults to partake of free health checks to identify coronary heart disease. These screenings have also had to be postponed during the year due to Covid-19.

In setting out our objectives and planning our activities, the Trustees have complied with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2021**

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### **Achievements and performance**

The Tim Cogley Cardiac Screening Foundation is committed to offering to 18-39 year old men and women across Merseyside opportunities for health screening to identify risk of coronary heart disease, a service not currently provided by the NHS on a routine basis. The protocol, devised by Dr. Jeremy Cogley, was the subject of consultation with, and was warmly welcomed by, local clinicians. The programme, delivered in partnership with Radox Health, has been described as making a significant, if not unique, contribution to preventative health measures. An online report is provided shortly after the screening, with any significant findings in a format acceptable to GPs for follow-up action or intervention. As noted in the Trustees' Report for 2019-2020, the Screening Programme had to be suspended in mid-March/2020 as Radox Health, the Foundation partners in delivering the screening process, were obliged to comply with the new measures introduced because of Covid 19. As a result, the programme was effectively suspended for the whole of 2020-2021, with only a very limited number of screening being able to be undertaken at the Radox Health Clinic in Liverpool City Centre, bringing the overall total screened by the end of this period to approximately 1500, of whom 830 were men with 32 of them being found to have risk scores that identified them at greater risk of a cardiac event in the following 10 years and clearly warranting early discussion with their GP. Within this period the first young woman was found to be at risk with the revelation in autumn 2020 of the life-saving kidney removal from young mother, Stephanie Lynch. Steph asked that we publish online her remarkable account of how the Foundation screening led to identification of a previously unknown life-threatening condition. Her account was published on the Foundation website in November 2020 – a very moving story!

The Programme has continued to be generously funded by individual, group, business donations and charitable grants, and proceeds from the sole major fund-raising event to be undertaken during the year. Former Royal Marine and friend of Tim, Daniel Leonard planned to run within a 45 day or so period consecutive marathons from John o' Groats to Land's End, interspersed with climbs of the 3 National Peaks. Having magnificently completed the Scottish stage, including Ben Nevis climb during October, Covid restrictions led to our decision to require he (very reluctantly) should not continue. He had already raised about £13,000 for screenings!! Huge thanks and appreciation to the very extensive list of backers and donors who made this possible for Danny and who gave so generously of their time and money.

The Trustees again wish to place on record their appreciation and thanks to Revolution4/Whitfield Business Hub for their continuing and very generous support in maintaining and managing the Foundation Website; also to all the Patrons and friends for their encouragement and help throughout a very challenging year. Particular thanks are extended to Jayne Dixon for her tireless organising of events and a very personal thanks to fellow Trustees, Rob Carter and Daisy Jones, Tony Parkins and Jan Molby and to Sheila for her enduring patience and support.

### **Financial review**

As a result of its activities, fundraising and donations, the Foundation held a surplus of £64,934 (2020: £47,140) for the period. The surplus will therefore continue to contribute to further screening phases.

### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

**M F Cogley**

Trustee

Dated: 14 October 2021

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF THE TIM COGLEY CARDIAC SCREENING FOUNDATION

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I report on the accounts of the for the year ended 31 March 2021, which are set out on pages 4 to 7.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited

Chartered Accountants  
First Floor  
2 Castle Buildings  
147-149 Telegraph Road  
Heswall  
CH60 7SE

Dated: 14 October 2021

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	2021 £	2020 £
<b><u>Incoming resources from generated funds</u></b>			
Donations and legacies	2	18,393	43,155
Investment income	3	15	45
		<u>18,408</u>	<u>43,200</u>
Incoming resources from charitable activities	4	-	26,320
Other incoming resources	5	516	250
		<u>18,924</u>	<u>69,770</u>
<b>Total incoming resources</b>			
<b><u>Resources expended</u></b>	6		
<b>Costs of generating funds</b>			
Costs of generating donations and legacies		950	10,832
		<u>950</u>	<u>10,832</u>
<b>Net incoming resources available</b>		17,974	58,938
<b>Charitable activities</b>			
Grants to Radox Health		-	33,000
		<u>-</u>	<u>33,000</u>
Governance costs		180	246
		<u>180</u>	<u>246</u>
<b>Total resources expended</b>		1,130	44,078
		<u>1,130</u>	<u>44,078</u>
<b>Net income for the year/ Net movement in funds</b>		17,794	25,692
Fund balances at 1 April 2020		47,140	21,448
		<u>47,140</u>	<u>21,448</u>
<b>Fund balances at 31 March 2021</b>		64,934	47,140
		<u>64,934</u>	<u>47,140</u>

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## BALANCE SHEET

**AS AT 31 MARCH 2021**

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	Notes	2021 £	£	2020 £	£
<b>Current assets</b>					
Cash at bank and in hand		<b>64,934</b>		47,140	
		<u>          </u>		<u>          </u>	
<b>Total assets less current liabilities</b>			<b>64,934</b>		47,140
			<u>          </u>		<u>          </u>
<b>Income funds</b>					
Unrestricted funds			<b>64,934</b>		47,140
			<u>          </u>		<u>          </u>
			<b>64,934</b>		47,140
			<u>          </u>		<u>          </u>

The accounts were approved by the Trustees on 14 October 2021

M F Cogley  
**Trustee**



# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## NOTES TO THE ACCOUNTS

**FOR THE YEAR ENDED 31 MARCH 2021**

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### **1 Accounting policies**

#### **1.1 Basis of preparation**

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

### **2 Donations and legacies**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Donations and gifts	<b>18,393</b>	43,155
	<u><u>          </u></u>	<u><u>          </u></u>

### **3 Investment income**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Interest receivable	<b>15</b>	45
	<u><u>          </u></u>	<u><u>          </u></u>

### **4 Incoming resources from charitable activities**

	<b>Total</b>	<b>Total</b>
	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Fundraising events	-	26,320
	<u><u>          </u></u>	<u><u>          </u></u>

### **5 Other incoming resources**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Other income	<b>516</b>	250
	<u><u>          </u></u>	<u><u>          </u></u>

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## NOTES TO THE ACCOUNTS (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2021**

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### 6 Total resources expended

	2021 £	2020 £
<b>Costs of generating funds</b>		
Costs of generating donations and legacies	950	10,832
<b>Charitable activities</b>		
<u>Grants to Radox Health</u>		
Grant funding of activities	-	33,000
<b>Governance costs</b>	180	246
	<u>1,130</u>	<u>44,078</u>

### 7 Grants payable

	2021 £	2020 £
Grants to Radox Health	-	33,000
	<u>-</u>	<u>33,000</u>

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, and no expenses were reimbursed.

### 9 Employees

There were no employees during the year.