

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

England & Wales · Charity number 1177213

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2018-02-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 4 Anthonys Way  
Wirral  
CH60 0BP

**Phone** 07712648479

**Website** [www.timcogleyfoundation.com](http://www.timcogleyfoundation.com)

## Activities

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**Objects:** THE OBJECT OF THE CIO IS TO PRESERVE THE HEALTH OF YOUNG ADULTS IN MERSEYSIDE, CHESTER & WEST CHESHIRE, IN PARTICULAR BY:1.PROMOTING AND FACILITATING CARDIOVASCULAR SCREENING OF YOUNG ADULTS IN MERSEYSIDE, CHESTER & WEST CHESHIRE SO AS TO REDUCE EARLY DEATH RATES FROM PREVIOUSLY UNKNOWN OR UNDETECTED DANGEROUS MEDICAL CONDITIONS; AND2. PROMOTING THE GENERAL PUBLIC'S UNDERSTANDING AND AWARENESS OF CORONARY HEART SCREENING OF YOUNG ADULTS AND ITS POTENTIAL BENEFITS.

**Activities:** To preserve and protect the health of young adults on Merseyside by: - promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions; and,- promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, The General Public/mankind

## Geography

- Halton
- Knowsley
- Liverpool City
- Sefton
- St Helens
- Wirral

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£95,801	£87,384	-	-
2024-03-31	£104,131	£79,968	-	-
2023-03-31	£74,990	£49,981	-	-
2022-03-31	£57,329	£26,528	-	-
2021-03-31	£18,924	£1,130	-	-

## Trustees

Name	Role	Appointed
<b>MARTIN FRANCIS COGLEY</b>	Chair	2018-01-26
Anthony Parkins		2019-09-25
Daisy Louise Jones		2021-10-11
Jan Molby		2021-10-11
Jayne Dixon		2021-10-11
Justine McLaughlin		2021-10-11
Louise Casey		2026-02-09
Robert Scott Carter		2021-10-11
<b>SHEILA MARY COGLEY</b>		2021-10-11

**THE TIM COGLEY CARDIAC SCREENING FOUNDATION**

England & Wales - Charity number 1177213

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# Accounts

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Registered number  
CE013295

The Tim Cogley Cardiac Screening Foundation

Unaudited Accounts

31 March 2025

**GRA** | GARDINER  
RUSSELL  
ACCOUNTING

CHARTERED ACCOUNTANTS & TAXATION SPECIALISTS

**The Tim Cogley Cardiac Screening Foundation  
Report and accounts  
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## **The Tim Cogley Cardiac Screening Foundation Company Information**

### **Trustees**

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J B Dixon

### **Independent Examiner**

Gardiner Russell Accounting Limited  
238a Telegraph Road  
Heswall  
Wirral  
Merseyside  
CH60 0AL

### **Principal Address**

4 Anthony's Way  
Wirral  
CH60 0BP

### **Registered number**

CE013295

## **The Tim Cogley Cardiac Screening Foundation Trustees report for the year ended 31 March 2025**

The trustees present their report and accounts for the period ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

### **Structure, governance and management**

The charity was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J Dixon

The trustees have assessed the risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

### **Objectives and activities**

The object of the CIO is to protect the health of young adults on Merseyside, Chester and West Cheshire, in particular by:

- 1 Promoting and facilitating cardiovascular screening of young adults in Merseyside, Chester and West Cheshire so as to reduce early death rates from previously unknown or undetected medical

And

- 2 Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits

As another very encouraging year was drawing to a conclusion the Trustees were looking forward to being offered early feedback from the Chair on the reception, he and the Foundation received at the imminent 2025 Grand National that continued under the principal sponsorship of its partners, Radox Health. At the beginning of March, the Founder and CEO of Radox, Dr. Peter FitzGerald had written to Frank Cogley inviting him as Foundation Chair to address the 500 Radox guests in the Golden Miller Suite, Earl of Derby Stand prior to the start of the days' racing on Saturday, 5 April. Trustees were delighted at the honour accorded the Foundation to have a rare opportunity to outline to an anticipated influential gathering Tim's Story and his abiding legacy in the charity's work. This invitation followed on from the attendance at Ladies Day, 2024 by Trustees Jayne Dixon & Frank Cogley that led to further good contacts being made. All were agreed on his speedy acceptance of the invitation that they believed was a recognition of the unique impact of a partnership between public, private and charity sectors. The Chair also accepted opportunities to address executives from 'Pro Liverpool' and the Aim Clinic at Hoylake.

Cardiac screenings had continued apace during the year, both successfully at the Liverpool Clinic, which was the offering appointments on each weekday, and at an expanding range of off-site locations as the year progressed. During the 12 months a further 900 (520 men/380 women) 18–39-year-olds were screened, resulting in 24 of the men being recommended to request GP follow-up, a consistent 3.7 % being identified as 'being at greater risk'. Since November 2018, the commencement of the programme, a total of 6000 men & women) had been screened with blood tests revealing them to be at greater risk of a cardiac event in the ensuing 10 years.

Trustees also continued the vigorous campaign of promoting the Foundation's second objective of raising awareness of CHD risk and extending the critical message of preventative health measures. This is achieved through the widening number of schools and sports clubs prominently displaying the TCCSF logo on their shirts, readily visible to both the players, family and supporters. There has been very promising feedback from an initiative that is due to be offered to clubs in the Knowsley and Speke areas where screening take-up has been less strong than that in other Merseyside areas.

With the support of Matthew Patrick, M.P. and Region Mayor, Steve Rotherham, an acknowledgement of an updating letter to the Secretary of State for Health, Wes Streeting, has been received from the latter's office in the form of a reply from the latter's Permanent Under Secretary of State. The reply only refers to Government 'intentions' within the next 4/5 years to review the starting age for NHS provided cardiac health screening beneath the current 40-year-old trigger. Change only comes about slowly, but at least there has been, at the third time of asking, a development at 'high level'!

The Trustees remain confident in undertaking their screening for CHD risk that they are complying with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

### **Achievements and performance**

Over the year, the Foundation received continued generous funding through personal donations, charitable grants and support from business and companies. Particular thanks are extended to Mr. Paul Maguire who has regularly supported with monthly donations the charity since its inception. Thanks are also extended to The Harry Beswick and Hyde Breweries for their supportive events.

Unfortunately, the Legends' Cricket Match was rained off, but a splendid gathering was richly entertained by Jan Molby and Patron John Barnes doing a 'double act' for after lunch entertainment: all left, eventually, thoroughly refreshed and very happy! The Annual Memorial Golf Event at Heswall Golf Club resumed in September raising a five-figure sum, with a further five-figure sum raised at the Jan Molby Christmas Sportsmen's Lunch. The resumed annual Heswall Christmas Event was also very generously supported by local hostelrys and their patrons.

Overall, the Trustees can therefore report a highly successful year in delivering its charitable objects and would wish to record their appreciation and deeply felt thanks to all the Foundation's patrons, supporters and fund-raisers for maintaining and sustaining important life-saving work in such challenging circumstances.

### **Financial review**

As a result of its activities, fundraising and donations, the charity held a surplus of £8,777 for the period.

### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

M F Cogley  
Trustee  
Dated: 26/09/2025

## **The Tim Cogley Cardiac Screening Foundation**

### **Independent Examiners' report to the board of trustees of The Tim Cogley Cardiac Screening Foundation for the year ended 31 March 2025**

I report on the accounts of the for the period ended 31 March 2024 , which are set out on pages 1-6

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;
- have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited  
Chartered Accountants  
238a Telegraph Road  
Heswall  
Wirral  
Merseyside  
CH60 0AL

26 September 2025

**The Tim Cogley Cardiac Screening Foundation  
Profit and Loss Account  
for the year ended 31 March 2025**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>	92,703	93,768
Other income	3,098	10,363
<b>Total incoming resources</b>	<u>95,801</u>	<u>104,131</u>
<b>Resources expended</b>		
Costs of generating funds	36,669	26,114
Net incoming resources	<u>59,132</u>	<u>78,017</u>
<b>Charitable activities</b>		
Grants to Radox Health	49,000	50,700
Sponsorship	1,142	2,941
Governance costs	573	213
<b>Total resources expended</b>	<u>50,715</u>	<u>53,854</u>
<b>Net income for the year</b>	8,417	24,163
<b>Fund balance at 1 April 2024</b>	144,908	120,745
<b>Fund balance at 31 March 2025</b>	<u><u>153,325</u></u>	<u><u>144,908</u></u>

**The Tim Cogley Cardiac Screening Foundation**  
**Registered number: CE013295**  
**Balance Sheet**  
**as at 31 March 2025**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Current assets	<u>153,866</u>	<u>145,088</u>
Net current assets	<u>153,866</u>	<u>145,088</u>
Total assets less current liabilities	<u>153,866</u>	<u>145,088</u>
Accruals and deferred income	<u>(540)</u>	<u>(180)</u>
<b>Net assets</b>	<u><b>153,326</b></u>	<u><b>144,908</b></u>
<b>Capital and reserves</b>	<u><b>153,325</b></u>	<u><b>144,908</b></u>

M F Cogley  
Trustee  
Approved by the board of Trustees on 26 September 2025

**The Tim Cogley Cardiac Screening Foundation  
Notes to the accounts  
for the year ended 31 March 2025**

**Accounting policies**

**Basis of preparation**

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

**Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the period, and no expenses were reimbursed.

**Employees**

There were no employees during the year

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed profit and loss account items**  
**for the year ended 31 March 2025**

*This schedule does not form part of the statutory accounts*

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>		
Donations and gifts	<u>92,703</u>	<u>93,768</u>
<b>Other income</b>		
HMRC Gift Aid	-	8,733
Interest receivable	<u>3,098</u>	<u>1,630</u>
	<u>3,098</u>	<u>10,363</u>
<b>Resourcees expended</b>		
<b>Costs of generating funds</b>		
Fundraising	<u>36,669</u>	<u>26,114</u>
<b>Charitable Activities</b>		
Grants to Radox Health	49,000	50,700
Sponsorship	<u>1,142</u>	<u>2,941</u>
	<u>50,142</u>	<u>53,641</u>
<b>Other charges</b>		
Governance costs		
Accountancy fees	360	-
Insurance	<u>213</u>	<u>213</u>
	<u>573</u>	<u>213</u>
	<u>573</u>	<u>213</u>

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed balance sheet items**  
**as at 31 March 2025**

*This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
<b>Current assets</b>		
Cash at bank and in hand	<u>153,866</u>	<u>145,088</u>
<b>Accruals and deferred income</b>		
Accruals	<u>540</u>	<u>180</u>
<b>Capital and reserves</b>		
Profit and loss account	<u>153,325</u>	<u>144,908</u>
<b>Profit and loss account</b>		
Brought forward	144,908	120,745
Profit	<u>8,417</u>	<u>24,163</u>
	<u>153,325</u>	<u>144,908</u>

**THE TIM COGLEY CARDIAC SCREENING FOUNDATION**

England & Wales - Charity number 1177213

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# Accounts

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Registered number  
CE013295

The Tim Cogley Cardiac Screening Foundation

Unaudited Accounts

31 March 2024



**GARDINER RUSSELL ACCOUNTING**  
Chartered Accountants & Taxation Specialists

**The Tim Cogley Cardiac Screening Foundation  
Report and accounts  
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## **The Tim Cogley Cardiac Screening Foundation Company Information**

### **Trustees**

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J Dixon

### **Independent Examiner**

Gardiner Russell Accounting Limited  
1st Floor, 2 Castle Buildings  
147 - 149 Telegraph Road  
Heswall  
Wirral  
CH60 7SE

### **Principal Address**

4 Anthony's Way  
Wirral  
CH60 0BP

### **Registered number**

CE013295

## **The Tim Cogley Cardiac Screening Foundation Trustees report for the year ended 31 March 2024**

The trustees present their report and accounts for the period ended 31 March 2024.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

### **Structure, governance and management**

The charity was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J Dixon

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### **Objectives and activities**

The object of the CIO is to protect the health of young adults on Merseyside, in particular by:

- 1 Promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions;

And

- 2 Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits

The Trustees are delighted to report that the Foundation has made further remarkable progress in the year ending 31 March, 2024. With its partner, Radox Health, 4701 men and women in the target age group, 18-39, have since screening commenced in November, 2018, benefited from the preventative ac health programme that detects those at greater risk of a cardiac event in the ensuing 10 years. That figure includes in the 12 month period 873 young men and 544 young women in an age group that would not routinely have been screened by the NHS for early signs of coronary heart disease (CHD/CVD). During the period, final arrangements were agreed to commence regular screening at Chester Racecourse, securing an easily accessible location for clients living or working in the Chester and West Cheshire area. Since the November 2018 outset, those found to be at greater risk of CVD now total 111 men and 1 woman (her life-saving story is recorded in a earlier report), the male figure showing a consistent 4% of male screenings.

The Trustees agreed to broaden awareness of its work, in accordance with Object 2, by advertising the Foundation's work through a modest programme of endorsement on shirts of a number of clubs and schools within the target area. This is anticipated to return even higher levels of demand for screening in 2024/25 and successive years.

The Trustees remain confident in undertaking their screening for CHD risk that they are complying with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

### **Achievements and performance**

The Foundation received continued generous funding support through its regular charity events, namely the Legends (i.e. former Soccer Stars including, Jan Molby , Michael Thomas, Paul Ince, Lee Martin and John Barnes) Cricket Match at The Neston Club, Parkgate; the Annual Memorial Golf Event at Heswall Golf Club, both events in early September; the Jan Molby Christmas Sportsman's Lunch and the late December Heswall Crawl wonderfully supported for refreshments by the local hostelryes! In excess of £15,000 was raised at each of these events. Trustees' appreciation and thanks are extended again to the numerous local and regional businesses for their generous sponsorship of these events. A further £4000 was raised at the November 4 Centenary Dinner held at Liverpool's Titanic Hotel in celebration of the incredible longevity of the Liverpool Old Boys Amateur League ( LOBAL) where the Chair, a former player himself in the 1960s, was a guest speaker alongside Peter Reid ( ex England, Everton and Manchester City Player & Manager) and legendary Liverpool Star , Razor Ruddock. Following the dramatic heart attack and miraculous recovery from cardiac arrest of a LOBAL team captain a few months earlier, each spoke very strongly in support of the Foundation. The Trustees also wish to offer their thanks to the many individuals who regularly support the charity's events and work programme, either through one-off donations, monthly direct debits or generous giving of their time in the fund-raising events.

Overall, the Trustees can therefore report a highly successful year in delivering its charitable objects and would wish to record their appreciation and deeply felt thanks to all the Foundation's patrons, supporters and fund-raisers for maintaining and sustaining important life-saving work in such challenging circumstances.

### **Financial review**

As a result of its activities, fundraising and donations, the charity held a surplus of £24,163 for the period.

### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

M F Cogley  
Trustee

Dated: 16 October 2024

## **The Tim Cogley Cardiac Screening Foundation**

### **Independent Examiners' report to the board of trustees of The Tim Cogley Cardiac Screening Foundation for the year ended 31 March 2024**

I report on the accounts of the for the period ended 31 March 2024 , which are set out on pages 1-6

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;
- have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited  
Chartered Accountants  
1st Floor, 2 Castle Buildings  
147 - 149 Telegraph Road  
Heswall  
Wirral  
CH60 7SE

16 October 2024

**The Tim Cogley Cardiac Screening Foundation  
Profit and Loss Account  
for the year ended 31 March 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>	93,768	74,519
Other income	10,363	471
<b>Total incoming resources</b>	<u>104,131</u>	<u>74,990</u>
<b>Resources expended</b>		
Costs of generating funds	26,114	17,364
Net incoming resources	<u>78,017</u>	<u>57,626</u>
<b>Charitable activities</b>		
Grants to Radox Health	50,700	32,280
Sponsorship	2,941	-
Governance costs	213	337
<b>Total resources expended</b>	<u>53,854</u>	<u>32,617</u>
<b>Net income for the year</b>	24,163	25,009
<b>Fund balance at 1 April 2023</b>	120,745	95,736
<b>Fund balance at 31 March 2024</b>	<u><u>144,908</u></u>	<u><u>120,745</u></u>

**The Tim Cogley Cardiac Screening Foundation**  
**Registered number: CE013295**  
**Balance Sheet**  
**as at 31 March 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Current assets	<u>145,088</u>	<u>120,925</u>
Net current assets	<u>145,088</u>	<u>120,925</u>
Total assets less current liabilities	<u>145,088</u>	<u>120,925</u>
Accruals and deferred income	<u>(180)</u>	<u>(180)</u>
<b>Net assets</b>	<u><b>144,908</b></u>	<u><b>120,745</b></u>
<b>Capital and reserves</b>	<u><b>144,908</b></u>	<u><b>120,745</b></u>

M F Cogley  
Trustee  
Approved by the board of Trustees on 16 October 2024

**The Tim Cogley Cardiac Screening Foundation**  
**Notes to the accounts**  
**for the year ended 31 March 2024**

**Accounting policies**

**Basis of preparation**

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

**Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the period, and no expenses were reimbursed.

**Employees**

There were no employees during the year

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed profit and loss account items**  
**for the year ended 31 March 2024**

*This schedule does not form part of the statutory accounts*

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>		
Donations and gifts	<u>93,768</u>	<u>74,519</u>
<b>Other income</b>		
HMRC Gift Aid	8,733	-
Interest receivable	<u>1,630</u>	<u>471</u>
	<u>10,363</u>	<u>471</u>
<b>Resourcees expended</b>		
<b>Costs of generating funds</b>		
Fundraising	<u>26,114</u>	<u>17,364</u>
<b>Charitable Activities</b>		
Grants to Radox Health	50,700	32,280
Sponsorship	<u>2,941</u>	<u>-</u>
	<u>53,641</u>	<u>32,280</u>
<b>Other charges</b>		
Governance costs		
Stationery and printing	-	157
Accountancy fees	-	180
Insurance	<u>213</u>	<u>-</u>
	<u>213</u>	<u>337</u>
	<u>213</u>	<u>337</u>

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed balance sheet items**  
**as at 31 March 2024**

*This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Current assets</b>		
Cash at bank and in hand	<u>145,088</u>	<u>120,925</u>
<b>Accruals and deferred income</b>		
Accruals	<u>180</u>	<u>180</u>
<b>Capital and reserves</b>		
Profit and loss account	<u>144,908</u>	<u>120,745</u>
<b>Profit and loss account</b>		
Brought forward	120,745	95,736
Profit	<u>24,163</u>	<u>25,009</u>
	<u>144,908</u>	<u>120,745</u>

**THE TIM COGLEY CARDIAC SCREENING FOUNDATION**

England & Wales - Charity number 1177213

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# Accounts

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Registered number  
CE013295

The Tim Cogley Cardiac Screening Foundation

Unaudited Accounts

31 March 2023



**GARDINER RUSSELL ACCOUNTING**  
Chartered Accountants & Taxation Specialists

**The Tim Cogley Cardiac Screening Foundation**  
**Report and accounts**  
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**The Tim Cogley Cardiac Screening Foundation  
Company Information**

**Trustees**

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J Dixon

**Independent Examiner**

Gardiner Russell Accounting Limited  
1st Floor, 2 Castle Buildings  
147 - 149 Telegraph Road  
Heswall  
Wirral  
CH60 7SE

**Principal Address**

4 Anthony's Way  
Wirral  
CH60 0BP

**Registered number**

CE013295

**The Tim Cogley Cardiac Screening Foundation**  
**Trustees report**  
**for the year ended 31 March 2023**

The trustees present their report and accounts for the period ended 31 March 2023.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

**Structure, governance and management**

The charity was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins (resigned 30 September 2022)  
J McLaughlin  
J Dixon

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

**Objectives and activities**

The object of the CIO is to protect the health of young adults on Merseyside, in particular by:

- 1 Promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions;

And

- 2 Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits

The Foundation continued its remarkable recovery from the Covid 19 impact, expanding its important contribution to preventative health measures for young men and women between the ages of 18 & 39 across Merseyside, Chester and West Cheshire. The target area had been extended, logically and with Charity Commission approval, to cover the latter, neighbouring area. The Trustees are pleased to report that, despite an understandable initially slow workplace recovery across the City region and some necessary restrictions on deployment of the Radox Health mobile unit, cardiac screenings continued successfully at the Liverpool Clinic throughout most months of the year. A further 1043 (619 men / 424 women) 18-39 year olds were screened, resulting in 37 of the men being recommended to request GP follow-up. At the end of the reporting year, a total of 3101 (1771 \*men & 1328 women) had been screened with approximately 4.75% of men (82) recommended to request GP follow-up i.e their blood tests revealed them to be at greater risk of a cardiac event in the ensuing 10 years. That percentage has remained broadly constant over the four and a half years of the Foundation's cardiac screening programme. Analysed results of the women's CHD risk screening remain at the one young woman whose life was saved by the resultant kidney removal and whose personal story is to be found on the Foundation website. \* the small discrepancy of 2 in the figures is attributable to their not fully meeting the pre-screening conditions.

The Trustees remain confident in undertaking their screening for CHD risk that they are complying with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

### **Achievements and performance**

During the year The Foundation added to their growing number of Patrons the former Liverpool and Everton player, Steve McMahon. He joins Tom Atkinson, Caroline Donnelly, Paul Ince, Kevin Keegan, Barry McKay, Mandy Molby, Dame Lorna Muirhead, Canon Professor Kenneth Newport, Sam Quek, Graeme Sharp and Michael Thomas : they bring considerable further expertise and range of skills in support of the the governing board. Their backing and furthering of the Foundation objects and work is fully welcomed and appreciated by the Trustees.

Over the year, the Foundation received continued generous funding through personal donations, charitable grants and support from business and companies. Particular thanks are extended to Mr. Paul Maguire; Professor Michael Parr; Mr. Tim Parr; Inner Wheel Club, West Wirral; Windsors of Wallasey; the family and friends of the late Mr. Geoff Renton donated the proceeds of his funeral collection. For a third year, Radox Health staff donated a four figure sum raised by their Christmas Charity events.

The Annual Memorial Golf Event at Heswall Golf Club in September was again a great success, raising a five figure sum, with a further five figure sum raised at the Jan Molby Christmas Sportsmen's Lunch. The resumed annual Heswall Christmas Event was also very generously supported by local hostelrys and their patrons.

Overall, the Trustees can therefore report a highly successful year in delivering its charitable objects and would wish to record their appreciation and deeply felt thanks to all the Foundation's patrons, supporters and fund-raisers for maintaining and sustaining important life-saving work in such challenging circumstances.

### **Financial review**

As a result of its activities, fundraising and donations, the charity held a surplus of £25,009 for the period.

### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

M F Cogley

Trustee

Dated: 1 November 2023

## **The Tim Cogley Cardiac Screening Foundation**

### **Independent Examiners' report to the board of trustees of The Tim Cogley Cardiac Screening Foundation for the year ended 31 March 2023**

I report on the accounts of the for the period ended 31 March 2023 , which are set out on pages 1-6

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;
- have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited  
Chartered Accountants  
1st Floor, 2 Castle Buildings  
147 - 149 Telegraph Road  
Heswall  
Wirral  
CH60 7SE

1 November 2023

**The Tim Cogley Cardiac Screening Foundation  
Profit and Loss Account  
for the year ended 31 March 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>	74,519	52,613
Other income	471	4,716
<b>Total incoming resources</b>	<u>74,990</u>	<u>57,329</u>
<b>Resources expended</b>		
Costs of generating funds	17,364	8,206
Net incoming resources	<u>57,626</u>	<u>49,123</u>
<b>Charitable activities</b>		
Grants to randox Health	32,280	18,000
Governance costs	337	322
<b>Total resources expended</b>	<u>32,617</u>	<u>18,322</u>
<b>Net income for the year</b>	25,009	30,801
<b>Fund balance at 1 April 2021</b>	95,736	64,934
<b>Fund balance at 31 March 2022</b>	<u><u>120,745</u></u>	<u><u>95,735</u></u>

**The Tim Cogley Cardiac Screening Foundation**  
**Registered number: CE013295**  
**Balance Sheet**  
**as at 31 March 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Current assets	<u>120,925</u>	<u>95,916</u>
Net current assets	<u>120,925</u>	<u>95,916</u>
Total assets less current liabilities	120,925	95,916
Accruals and deferred income	<u>(180)</u>	<u>(180)</u>
<b>Net assets</b>	<u>120,745</u>	<u>95,736</u>
<b>Capital and reserves</b>	<u>120,745</u>	<u>95,735</u>

M F Cogley  
Trustee  
Approved by the board of Trustees on 1 November 2023

**The Tim Cogley Cardiac Screening Foundation**  
**Notes to the accounts**  
**for the year ended 31 March 2023**

**Accounting policies**

**Basis of preparation**

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

**Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the period, and no expenses were reimbursed.

**Employees**

There were no employees during the year

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed profit and loss account items**  
**for the year ended 31 March 2023**

*This schedule does not form part of the statutory accounts*

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>		
Donations and gifts	<u>74,519</u>	<u>52,613</u>
<b>Other income</b>		
HMRC Gift Aid	-	4,703
Interest receivable	<u>471</u>	<u>13</u>
	<u>471</u>	<u>4,716</u>
<b>Resourcees expended</b>		
<b>Costs of generating funds</b>		
Fundraising	<u>17,364</u>	<u>8,206</u>
<b>Charitable Activities</b>		
Grants to Radox Health	<u>32,280</u>	<u>18,000</u>
<b>Other charges</b>		
Governance costs		
Stationery and printing	157	142
Accountancy fees	<u>180</u>	<u>180</u>
	<u>337</u>	<u>322</u>
	<u>337</u>	<u>322</u>

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed balance sheet items**  
**as at 31 March 2023**

*This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	<b>2023</b>	<b>2022</b>
	£	£
<b>Current assets</b>		
Cash at bank and in hand	<u>120,925</u>	<u>95,916</u>
<b>Accruals and deferred income</b>		
Accruals	<u>180</u>	<u>180</u>
<b>Capital and reserves</b>		
Profit and loss account	<u>120,745</u>	<u>95,735</u>
<b>Profit and loss account</b>		
Brought forward	95,736	64,934
Profit	<u>25,009</u>	<u>30,801</u>
	<u>120,745</u>	<u>95,735</u>

**THE TIM COGLEY CARDIAC SCREENING FOUNDATION**

England & Wales - Charity number 1177213

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# Accounts

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Registered number  
CE013295

The Tim Cogley Cardiac Screening Foundation

Unaudited Accounts

31 March 2022



**GARDINER RUSSELL ACCOUNTING**  
Chartered Accountants & Taxation Specialists

**The Tim Cogley Cardiac Screening Foundation**  
**Report and accounts**  
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**The Tim Cogley Cardiac Screening Foundation  
Company Information**

**Trustees**

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J Dixon

**Accountants**

Gardiner Russell Accounting Limited  
1st Floor, 2 Castle Buildings  
147 - 149 Telegraph Road  
Heswall  
Wirral  
CH60 7SE

**Principal Address**

4 Anthony's Way  
Wirral  
CH60 0BP

**Registered number**

CE013295

**The Tim Cogley Cardiac Screening Foundation  
Trustees report  
for the year ended 31 March 2022**

The trustees present their report and accounts for the period ended 31 March 2022.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

**Structure, governance and management**

The charity was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins  
J McLaughlin  
J Dixon

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

**Objectives and activities**

The object of the CIO is to protect the health of young adults on Merseyside, in particular by:

- 1 Promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions;

And

- 2 Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits

Covid 19 continued to have an impact on the Foundation's work. However, the Trustees are pleased to report that, despite necessary restrictions on deployment of the Radox Health mobile unit, cardiac screenings continued successfully at the Liverpool Clinic throughout most months of the year. A further 697 (411 men / 286 women) 18-39 year olds were screened, resulting in 24 of the men being recommended to request GP follow-up. At the end of the reporting year, a total of 1998 (1112 men & 886 women) had been screened with approximately 4.8% of men recommended to request GP follow-up i.e their blood tests revealed them to be at greater risk of a cardiac event in the ensuing 10 years. That percentage has remained broadly constant over the three and a half years of the Foundation's cardiac screening programme.

The Trustees remain confident in undertaking their screening for CHD risk that they are complying with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

In setting out our objectives and planning our activities, the Trustees have complied with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

### **Achievements and performance**

During the year The Trustees added to their numbers Jayne Dixon and Justine McLaughlin, both of whom had very generously given their time as Patrons since the charity's founding : they bring considerable further expertise and range of skills to the governing board. A further, notable addition to an already impressive group of Patrons was made when Kevin Keegan learned of the Foundation's work and readily accepted the invitation to become a patron.

Over the year, the Foundation received continued generous funding through personal donations, charitable grants and support from business and companies. Particular thanks are extended to Mr. Paul Maguire, Mr. Tim Parr; to Cecil Lodge, to Jaguar Land Rover and Quicksilver Limited. The family and friends of the late Mrs. Pat Parr (aunt of Tim Cogley) donated the proceeds of her funeral collection. For a second year, Radox Health staff donated a four figure sum raised by their Christmas Charity events.

The Annual Memorial Golf Event at Heswall Golf Club resumed in September raising a five figure sum, with a further five figure sum raised at the Jan Molby Christmas Sportsmen's Lunch. The resumed annual Heswall Christmas Event was also very generously supported by local hostelrys and their patrons.

Overall, the Trustees can therefore report a highly successful year in delivering its charitable objects and would wish to record their appreciation and deeply felt thanks to all the Foundation's patrons, supporters and fund-raisers for maintaining and sustaining important life-saving work in such challenging circumstances.

### **Financial review**

As a result of its activities, fundraising and donations, the charity held a surplus of £30,801 for the period.

### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

M F Cogley

Trustee

Dated: 8 November 2022

## **The Tim Cogley Cardiac Screening Foundation**

### **Independent Examiners' report to the board of trustees of The Tim Cogley Cardiac Screening Foundation for the year ended 31 March 2022**

I report on the accounts of the for the period ended 31 March 2022 , which are set out on pages 1-6

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;
- have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited  
Chartered Accountants  
1st Floor, 2 Castle Buildings  
147 - 149 Telegraph Road  
Heswall  
Wirral  
CH60 7SE

8 November 2022

**The Tim Cogley Cardiac Screening Foundation  
Profit and Loss Account  
for the year ended 31 March 2022**

	<b>2022</b> £	<b>2021</b> £
<b>Incoming resources from generated funds</b>	52,613	18,393
Other income	4,716	531
<b>Total incoming resources</b>	<u>57,329</u>	<u>18,924</u>
<b>Resources expended</b>		
Costs of generating funds	8,206	950
Net incoming resources	<u>49,123</u>	<u>17,974</u>
<b>Charitable activities</b>		
Grants to randox Health	18,000	-
Governance costs	322	180
<b>Total resources expended</b>	<u>18,322</u>	<u>180</u>
<b>Net income for the year</b>	30,801	17,794
<b>Fund balance at 1 April 2021</b>	64,934	47,140
<b>Fund balance at 31 March 2022</b>	<u><u>95,735</u></u>	<u><u>64,934</u></u>

**The Tim Cogley Cardiac Screening Foundation**  
**Registered number: CE013295**  
**Balance Sheet**  
**as at 31 March 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Current assets	<u>95,916</u>	<u>64,934</u>
Net current assets	<u>95,916</u>	<u>64,934</u>
Total assets less current liabilities	95,916	64,934
Accruals and deferred income	<u>(180)</u>	<u>-</u>
<b>Net assets</b>	<b><u>95,736</u></b>	<b><u>64,934</u></b>
<b>Capital and reserves</b>	<b><u>95,735</u></b>	<b><u>64,934</u></b>

M F Cogley  
Trustee  
Approved by the board of Trustees on 8 November 2022

**The Tim Cogley Cardiac Screening Foundation**  
**Notes to the accounts**  
**for the year ended 31 March 2022**

**Accounting policies**

**Basis of preparation**

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

**Trustees**

None of the trustees (or any persons connected with them) received any remuneration during the period, and no expenses were reimbursed.

**Employees**

There were no employees during the year

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed profit and loss account items**  
**for the year ended 31 March 2022**

*This schedule does not form part of the statutory accounts*

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Incoming resources from generated funds</b>		
Donations and gifts	<u>52,613</u>	<u>18,393</u>
<b>Other income</b>		
HMRC Gift Aid	4,703	516
Interest receivable	<u>13</u>	<u>15</u>
	<u>4,716</u>	<u>531</u>
<b>Resourcees expended</b>		
<b>Costs of generating funds</b>		
Fundraising	<u>8,206</u>	<u>950</u>
<b>Charitable Activities</b>		
Grants to Radox Health	<u>18,000</u>	<u>-</u>
<b>Other charges</b>		
Governance costs		
Stationery and printing	142	-
Accountancy fees	<u>180</u>	<u>180</u>
	<u>322</u>	<u>180</u>
	<u>322</u>	<u>180</u>

**The Tim Cogley Cardiac Screening Foundation**  
**Detailed balance sheet items**  
**as at 31 March 2022**

*This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	<b>2022</b>	<b>2021</b>
	£	£
<b>Current assets</b>		
Cash at bank and in hand	<u>95,916</u>	<u>64,934</u>
<b>Accruals and deferred income</b>		
Accruals	<u>180</u>	<u>-</u>
<b>Capital and reserves</b>		
Profit and loss account	<u>95,735</u>	<u>64,934</u>
<b>Profit and loss account</b>		
Brought forward	64,934	47,140
Profit	<u>30,801</u>	<u>17,794</u>
	<u>95,735</u>	<u>64,934</u>

**THE TIM COGLEY CARDIAC SCREENING FOUNDATION**

England & Wales - Charity number 1177213

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# Accounts

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**THE TIM COGLEY CARDIAC SCREENING FOUNDATION  
TRUSTEES' REPORT AND UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2021**

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## LEGAL AND ADMINISTRATIVE INFORMATION

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**Trustees**

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins

**Charity number**

1177213

**Principal address**

4 Anthonys Way  
Wirral  
CH60 0BP

**Independent examiner**

Gardiner Russell Accounting Limited  
First Floor  
2 Castle Buildings  
147-149 Telegraph Road  
Heswall  
CH60 7SE

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# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

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# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## TRUSTEES' REPORT

**FOR THE YEAR ENDED 31 MARCH 2021**

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The trustees present their report and accounts for the year ended 31 March 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the 's [governing document], the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

### **Structure, governance and management**

The was established by Constitution as a Charitable Incorporated Organisation on 26 January 2018 and was registered as a charity on 19 February 2018, charity number 1177213.

The trustees who served during the year were:

M F Cogley  
S M Cogley  
R S Carter  
D L Jones  
J Molby  
A Parkins

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### **Objectives and activities**

The object of the CIO is to preserve and protect the health of young adults on Merseyside, in particular by:

1. Promoting and facilitating cardiovascular screening of young adults in Merseyside so as to reduce early death rates from previously unknown or undetected medical conditions;

And

2. Promoting the general public's understanding and awareness of coronary heart screening of young adults and its potential benefits.

Due to the impact of Covid-19 it was only possible to hold one fundraising event during the year, the Daniel Leonard marathon of marathons and no other collections although the charity has continued to receive generous support from donors. Funds that have been raised will be used to fund a number of free screening events, provided by Radox Health, around Merseyside encouraging young adults to partake of free health checks to identify coronary heart disease. These screenings have also had to be postponed during the year due to Covid-19.

In setting out our objectives and planning our activities, the Trustees have complied with the duty under the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission.

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2021**

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### **Achievements and performance**

The Tim Cogley Cardiac Screening Foundation is committed to offering to 18-39 year old men and women across Merseyside opportunities for health screening to identify risk of coronary heart disease, a service not currently provided by the NHS on a routine basis. The protocol, devised by Dr. Jeremy Cogley, was the subject of consultation with, and was warmly welcomed by, local clinicians. The programme, delivered in partnership with Radox Health, has been described as making a significant, if not unique, contribution to preventative health measures. An online report is provided shortly after the screening, with any significant findings in a format acceptable to GPs for follow-up action or intervention. As noted in the Trustees' Report for 2019-2020, the Screening Programme had to be suspended in mid-March/2020 as Radox Health, the Foundation partners in delivering the screening process, were obliged to comply with the new measures introduced because of Covid 19. As a result, the programme was effectively suspended for the whole of 2020-2021, with only a very limited number of screening being able to be undertaken at the Radox Health Clinic in Liverpool City Centre, bringing the overall total screened by the end of this period to approximately 1500, of whom 830 were men with 32 of them being found to have risk scores that identified them at greater risk of a cardiac event in the following 10 years and clearly warranting early discussion with their GP. Within this period the first young woman was found to be at risk with the revelation in autumn 2020 of the life-saving kidney removal from young mother, Stephanie Lynch. Steph asked that we publish online her remarkable account of how the Foundation screening led to identification of a previously unknown life-threatening condition. Her account was published on the Foundation website in November 2020 – a very moving story!

The Programme has continued to be generously funded by individual, group, business donations and charitable grants, and proceeds from the sole major fund-raising event to be undertaken during the year. Former Royal Marine and friend of Tim, Daniel Leonard planned to run within a 45 day or so period consecutive marathons from John o' Groats to Land's End, interspersed with climbs of the 3 National Peaks. Having magnificently completed the Scottish stage, including Ben Nevis climb ding October, Covid restrictions led to our decision to require he (very reluctantly) should not continue. He had already raised about £13,000 for screenings!! Huge thanks and appreciation to the very extensive list of backers and donors who made this possible for Danny and who gave so generously of their time and money.

The Trustees again wish to place on record their appreciation and thanks to Revolution4/Whitfield Business Hub for their continuing and very generous support in maintaining and managing the Foundation Website; also to all the Patrons and friends for their encouragement and help throughout a very challenging year. Particular thanks are extended to Jayne Dixon for her tireless organising of events and a very personal thanks to fellow Trustees, Rob Carter and Daisy Jones, Tony Parkins and Jan Molby and to Sheila for her enduring patience and support.

### **Financial review**

As a result of its activities, fundraising and donations, the Foundation held a surplus of £64,934 (2020: £47,140) for the period. The surplus will therefore continue to contribute to further screening phases.

### **Reserves policy**

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to no less than twelve month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

On behalf of the board of trustees

**M F Cogley**

Trustee

Dated: 14 October 2021

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF THE TIM COGLEY CARDIAC SCREENING FOUNDATION

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I report on the accounts of the for the year ended 31 March 2021, which are set out on pages 4 to 7.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- (i) examine the accounts under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
  - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
  - (ii) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act;have not been met; or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Gardiner Russell Accounting Limited

Chartered Accountants  
First Floor  
2 Castle Buildings  
147-149 Telegraph Road  
Heswall  
CH60 7SE

Dated: 14 October 2021

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

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	Notes	2021 £	2020 £
<b><u>Incoming resources from generated funds</u></b>			
Donations and legacies	2	18,393	43,155
Investment income	3	15	45
		<hr/>	<hr/>
		18,408	43,200
Incoming resources from charitable activities	4	-	26,320
Other incoming resources	5	516	250
		<hr/>	<hr/>
<b>Total incoming resources</b>		<b>18,924</b>	<b>69,770</b>
		<hr/>	<hr/>
<b><u>Resources expended</u></b>	6		
<b>Costs of generating funds</b>			
Costs of generating donations and legacies		950	10,832
		<hr/>	<hr/>
<b>Net incoming resources available</b>		<b>17,974</b>	<b>58,938</b>
<b>Charitable activities</b>			
Grants to Radox Health		-	33,000
		<hr/>	<hr/>
Governance costs		180	246
		<hr/>	<hr/>
<b>Total resources expended</b>		<b>1,130</b>	<b>44,078</b>
		<hr/>	<hr/>
<b>Net income for the year/ Net movement in funds</b>		<b>17,794</b>	<b>25,692</b>
Fund balances at 1 April 2020		47,140	21,448
		<hr/>	<hr/>
<b>Fund balances at 31 March 2021</b>		<b>64,934</b>	<b>47,140</b>
		<hr/>	<hr/>

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## BALANCE SHEET

AS AT 31 MARCH 2021

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	Notes	2021 £	£	2020 £	£
<b>Current assets</b>					
Cash at bank and in hand		<u>64,934</u>		<u>47,140</u>	
<b>Total assets less current liabilities</b>			<u><u>64,934</u></u>		<u><u>47,140</u></u>
<b>Income funds</b>					
Unrestricted funds			<u><u>64,934</u></u>		<u><u>47,140</u></u>
			<u><u>64,934</u></u>		<u><u>47,140</u></u>

The accounts were approved by the Trustees on 14 October 2021

M F Cogley  
Trustee

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## NOTES TO THE ACCOUNTS

### FOR THE YEAR ENDED 31 MARCH 2021

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#### 1 Accounting policies

##### 1.1 Basis of preparation

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005 and the Charities Act 2011.

#### 2 Donations and legacies

	<b>2021</b>	2020
	£	£
Donations and gifts	<b>18,393</b>	43,155
	<u>          </u>	<u>          </u>

#### 3 Investment income

	<b>2021</b>	2020
	£	£
Interest receivable	<b>15</b>	45
	<u>          </u>	<u>          </u>

#### 4 Incoming resources from charitable activities

	<b>Total</b>	Total
	<b>2021</b>	2020
	£	£
Fundraising events	-	26,320
	<u>          </u>	<u>          </u>

#### 5 Other incoming resources

	<b>2021</b>	2020
	£	£
Other income	<b>516</b>	250
	<u>          </u>	<u>          </u>

# THE TIM COGLEY CARDIAC SCREENING FOUNDATION

## NOTES TO THE ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

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### 6 Total resources expended

	2021	2020
	£	£
<b>Costs of generating funds</b>		
Costs of generating donations and legacies	950	10,832
<b>Charitable activities</b>		
<u>Grants to Radox Health</u>		
Grant funding of activities	-	33,000
<b>Governance costs</b>	180	246
	<u>1,130</u>	<u>44,078</u>

### 7 Grants payable

	2021	2020
	£	£
Grants to Radox Health	-	33,000
	<u>-</u>	<u>33,000</u>

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, and no expenses were reimbursed.

### 9 Employees

There were no employees during the year.