



Mums In Need®

CONFRONTING COERCIVE CONTROL

ANNUAL REPORT

And Financial Statements for the Year
Ended 31 August 2025



☎ 0800 852 7414

✉ Enquiries@mumsinneed.com



www.mumsinneed.com

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Our Story So Far

About Mums In Need

Mums In Need (MIN) is a Sheffield-based registered charity that works on confronting coercive control. We support mums in Sheffield and the wider South Yorkshire area who have left an abusive relationship with the other parent of their child(ren) and are looking for help and guidance to rebuild their lives.

MIN's services are tailored to the individual on a case-by-case basis, and can include 1:1 caseworker support, legal advice, counselling, wellbeing sessions, and peer support groups.

Our vital services provide practical guidance and emotional support to help our mums feel more confident and in control of their situation, to gain an understanding of exactly what they can do to help themselves and their children, and empower them with the skills and confidence to move forward with their lives.

Empowering Mums Facing
Post-Separation Abuse



Message From The Chair



The Need for Mums In Need

Mums In Need (MIN) addresses the increasing need for support for mothers facing domestic and post-separation abuse. MIN bridges the gap in specialised services, providing legal, psychological, and financial aid to help these mothers achieve independence for themselves and their children.

This Year's Highlights

- **Board Development** – We welcomed a new Secretary to the Board, strengthening governance and oversight.
- **Expanding Our Patron Team** – We now have four high-profile Patrons —Legally Nik, Sam the Solo Mum, Amy Goff, and Francesca Amber — who help amplify our mission through their networks, strengthening the team and increasing our reach.
- **Lived Experience Ambassadors** – Our four ambassadors with lived experience contribute to guest speaking, specialist training delivery, copywriting, content creation, and community outreach. Their work has enhanced MIN's presence both in-person and online.
- **MIN App Launch** – Launched the MIN App, streamlining communication between staff, caseworkers, and our mums, improving efficiency and responsiveness.
- **Free Downloadable Resources** – Introduced downloadable resources covering key topics for women facing post-separation abuse, enabling us to reach more people, regardless of location.
- **Media Impact** – Our team featured on BBC Radio Sheffield discussing *Write to Be Heard*, a project using writing to help mums process lived experiences and raise awareness of coercive control and post-separation abuse. The project will conclude with a published anthology.
- **Governance Milestone** – Successfully held our first AGM, marking an important step in organisational transparency and accountability.

This Year's Challenges

This year has presented several challenges for Mums In Need, which have tested our resilience and provided valuable learning opportunities.

■ **Training Engagement** – Our training programme saw lower uptake than expected due to an unfocused marketing approach. We have learned from this and have since refined our strategy to better reach and engage our target audience.

■ **Staff Bereavements and Team Resilience** – Following bereavements within the team, staff faced further personal losses this year. We are deeply grateful for their resilience, dedication, and continued commitment to supporting our mums.

■ **Funding Pressures** – Funding opportunities, including major grants, declined this year. Despite this, we continued to meet rising demand as domestic and post-separation abuse remained high.

■ **Introduction of a New Customer Relationship Management system**– This initially caused challenges, but the team adapted quickly. The system is now fully operational, improving efficiency and communication across the organisation.

From the Chair

I'd like to thank our staff, trustees, volunteers, ambassadors, and everyone who gives their time and expertise. Through challenging times, our team has shown remarkable resilience, taking on new responsibilities with dedication.

We are equally grateful to our supporters and funders, this work simply wouldn't be possible without you. Your commitment enables us to continue standing by mums facing post-separation abuse with strength.

Heather Chapman

Heather Chapman
Chair of Trustees



Mission and Values

Our Mission:

To empower mothers who have experienced coercive control and post-separation abuse by providing comprehensive support, advocating for societal change, and fostering a safe and inclusive environment.

Our Values:

Compassion: We approach our work with empathy and understanding, recognizing the unique challenges faced by mothers who have experienced abuse.

Respect: We treat all individuals with dignity and respect, valuing their experiences and perspectives.

Empowerment: We strive to equip mothers with the knowledge, skills, and resources they need to rebuild their lives and regain their independence.

Safe Space: We create a welcoming and supportive environment where mothers can share their experiences without fear of judgment or stigma.

Beliefs:

Putting mums and families first: The needs and wellbeing of mothers and their families are our primary focus.

Responding to individual needs: We tailor our support to meet the specific needs and circumstances of each mother.

Supporting mums' rights and well-being: We advocate for policies and practices that protect the rights of mothers and promote their overall wellbeing.

Creating a safe space for sharing: We foster a supportive and inclusive environment where mothers can share their experiences openly and honestly.

Valuing all our supporters: We appreciate the contributions of our corporate partners, donors, volunteers, and staff, recognising their vital role in our mission.

Fostering a positive team environment: We cultivate a positive and collaborative team culture that is committed to our shared goals.

Reference and Administration Details

Charity Name and Number

Mums In Need, 1177170

Registered Office

36 Wake Road, Sheffield, S7 1HG

Accountants

Oakleigh Accounting
Knowle House, 4 Norfolk Park Rad,
SHEFFIELD, S2 3QE

Bankers

Co-Operative Bank

Trustees

- H Chapman, Chair
- J Goodinson, Vice Chair
- B Smith, Treasurer
- A Adshead, Trustee
- A Connold, Trustee
- K Parsons, Trustee
- N Castle, Trustee
- R Simpson, Trustee
- S , Secretary (Appointed 16th July 2026)

Key Management

- L Riley, Founder & CEO
- K Epworth, Operations Manager

Team Information

- | | | |
|----------------------------|-------------------------|------------------|
| ■ 1 x Casework Coordinator | ■ 1 x Finance Lead | ■ 5 x Volunteers |
| ■ 2 x Caseworkers | ■ 1 x Media & Marketing | ■ 4 x Patrons |
| ■ 1 x Administrator | ■ 4 x Ambassadors | |

Trustee Report

■ Year Ended 31st August 2025

“Our five-year vision is becoming a reality, and it's inspiring to see the difference we're making”



The Trustees present their annual report together with the financial statements of the Charity for the 1 September 2024 to 31 August 2025.

Mums In Need provides practical guidance, emotional support to mums who have left abusive partners and continue to be subjected to post-separation abuse and ongoing coercive control by empowering them with skills and confidence to move forward with their lives. By its very existence we are able to support women in Sheffield and South Yorkshire to feel stronger and develop confidence in themselves in situations of emotional abuse.

During the accounting period 1 September 2024 to 31 August 2025 Mums In Need delivered services to 109 women. It's registered office is 36 Wake Road, Sheffield, S7 1HG.

■ Objectives and Activities

The objectives of the charity are to empower mothers who have experienced coercive control and post-separation abuse by providing comprehensive support, including practical guidance, emotional support, and advocacy for societal change, fostering a safe and inclusive environment where mothers can rebuild their lives and regain their independence.



Strategies for Achieving Objectives

Mums In Need provides practical guidance and emotional support to mums who have left abusive partners and continue to be subjected to post-separation abuse and coercive control by empowering them with skills and confidence to move forward with their lives.

Activities Undertaken to Achieve Objectives

Mums In Need's services are delivered via a 1:1 caseworker and are tailored to the individual on a case-by-case basis.

Our caseworkers tailor support to each mum's individual needs, offering a range of services including:

Casework Support: Practical guidance and hands-on support, empowering mums to rebuild their lives and move forward with confidence.

Legal Advice: Guidance on legal matters related to separation and the family court.

Financial Support: Assistance with budgeting, debt management, and other financial challenges.

Counselling Services: One-on-one therapy sessions to address emotional and psychological trauma.

Emotional Wellbeing Sessions: Group sessions focused on coping strategies and stress management.

Peer Support Sessions: Opportunities to connect with other mums facing similar experiences.

Art Therapy Sessions: Creative expression to explore emotions and build resilience.

Free Family Days Out: Fun activities to support the whole family and foster positive relationships.

“
You've been a lifeline during this incredibly difficult time.
Thank you for everything.
”

Main Activities Undertaken to Further the Charity's Purposes for the Public Benefit

Mums In Need is here to support mothers who have left abusive relationships by increasing their resilience, confidence and mental wellbeing by providing practical guidance and emotional support. This service is open to mothers of 18 and over in the South Yorkshire area.

The casework team has a great deal of experience, knowledge and understanding of emotional abuse in relationships. The charity's support helps mums feel more confident and in control of their situation and gain an understanding of what they can do to help themselves and their children.

Supporting abused women can have a direct impact on breaking the cycle of abuse in communities. If provided with help to understand their rights and engage with services, they can become powerful agents of change and leaders in their networks with the strength to challenge abuse and make demands of service providers.

■ Main Achievements of the Charity

■ Strengthened Leadership and Team Structure - Extending the Operations Manager's hours enabled the CEO to focus on strategic priorities while giving the team increased structure, support, and job stability.

■ Record Community Fundraising - Achieved a record amount in community fundraising through consistent social media engagement, increased visibility, and the launch of downloadable resources, helping us reach more women outside our local area.

■ Awareness and Storytelling - Produced a film showcasing real-life stories of our mums, set to launch next year, to raise awareness and illustrate the impact of our services.

■ Wellbeing Outcomes - WEMWBS data indicates positive impact for many of the women we support. For those experiencing lower mental wellbeing, ongoing support is maintained until they are ready to transition out of the service.



Feedback



Emma's Story:

Emma first contacted Mums In Need after a decade of domestic abuse.

Although separated for two years, co-parenting with her abusive ex-partner continued to impact her and her child's wellbeing, causing fear, anxiety, and difficulty setting boundaries.

Her ex-partner had exercised financial control, leaving her without child maintenance and forcing her to quit her job during pregnancy. He continues to manipulate, make unreasonable demands, and undermine her confidence, often in front of their child. Court proceedings failed to address the abuse adequately, compounding her trauma.

With the support of Mums In Need, Emma has rebuilt her confidence, returned to full-time work, and established boundaries to protect herself and her child. She reflects:

"I've gone through the worst of it and am coming out in the sunshine on the other side... MIN has given me the strength, courage, and determination to choose my own path."



Feedback



Gemma's Story:

Gemma is a mum of two and contacted Mums In Need after a tumultuous relationship marked by controlling behaviour, addiction, and emotional abuse. Following separation, she faced ongoing challenges with her children's wellbeing, her ex-partner's manipulative behaviour, legal battles over their home, and child contact issues.

During the relationship, she experienced financial abuse, lack of support, and escalating emotional abuse, compounded by the COVID-19 lockdown. After separation, her ex continued to manipulate, obstruct legal proceedings, and undermine her confidence.

Social care involvement helped, but high-risk services eventually ended, leaving her without support, until she accessed Mums In Need.

With guidance and practical support from her caseworker, she rebuilt her confidence, managed legal and contact issues, and created positive experiences for her children. She reflects:

"Mums In Need helped me manage what felt impossible, from trauma support to practical guidance, allowing me to reclaim my life and start building safe, happy memories for my children."

WEMWBS

Warwick-Edinburgh Mental Wellbeing Scale

Mums In Need have recently embedded the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) into our casework process to track the mental health and wellbeing of our service users, who we call 'Mins'.

The WEMWBS is a valuable tool that enables us to better understand each mum's wellbeing journey. By monitoring progress over time, we can ensure that our support is responsive and tailored to their needs.

Mins complete the scale after their initial consultation and again before each three-month support review. This data allows us to measure the impact of our services on mental health using a standardised scoring system, providing clear evidence of the difference our support makes.



STATISTICS

At The Time Of Joining Our Support Service

Data collected from 88 mums using our service.

Mental Health Overview

52%

Probable Clinical Depression

25%

Possible Mild Depression

Wellbeing Overview

56%

Low Wellbeing

0%

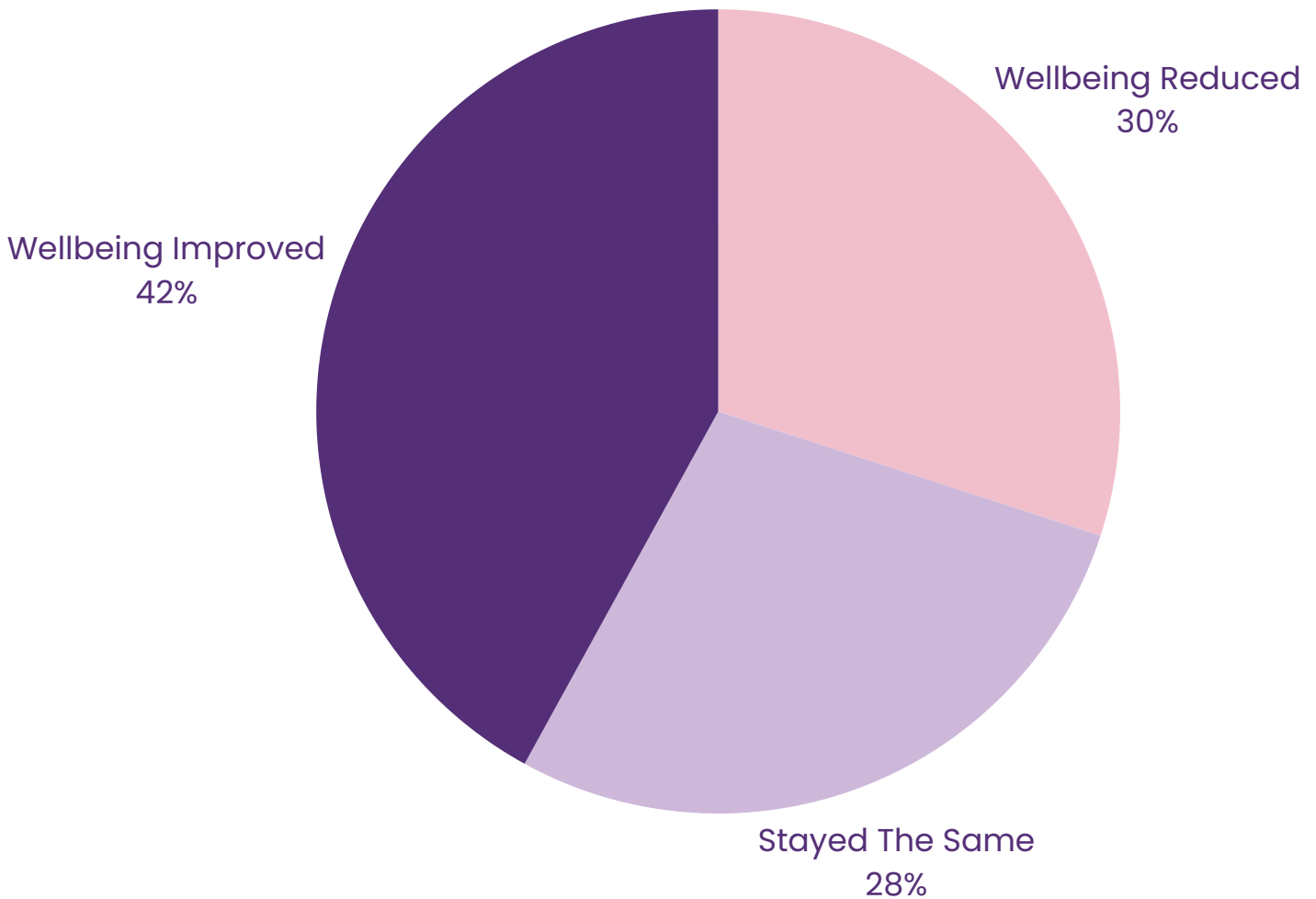
High Wellbeing



STATISTICS

Mental Wellbeing of Mums Since Joining Our Support Service

Data collected from 50 mums using our service across two reporting periods (a period of three months).



These percentages are in line with what we would expect to see.

We expect Mins to spend on average 12-15 months with Mums In Need. Their discharge is determined by an improvement in their situation and wellbeing, so it's no surprise that this should be evident in the data.

Due to the nature of our work, we expect that some of our Mins will navigate difficult situations connected to post-separation abuse, and this may impact their wellbeing during their time with us.



Financial Review

This Year Mums In Need Raised

£180,165

Grants: £113,942

We are incredibly grateful to the foundations whose generous grants have supported Mums In Need's vital work. These grants have not only allowed us to continue providing essential services to mums in need, but also to expand our reach and help even more mums across the UK.



Community Fundraising and Other Income: £66,024

Corporate Support:

We are incredibly grateful to the businesses who have chosen Mums In Need as their Charity of the Year or become regular sponsors of our fundraising initiatives. Their ongoing commitment provides us with a reliable source of income, allowing us to be less reliant on grants and focus on delivering vital services to mums in need.



Individual and Group Support:

We are particularly grateful for the donations and fundraising we receive throughout the year. This includes generous one-time gifts, regular contributions, and the incredible efforts of individual fundraisers. Every act of kindness, big or small, makes a difference. If you've contributed in any way – thank you! You are truly amazing.

Going Concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

Reserves Policy

The Trustees have set a Reserves Policy which requires that:

- Reserves are built at a level which ensures that 3 months of MIN's core activity could continue during a period of unforeseen difficulty.
- Reserves are built at a level to allow for a positive cashflow.
- Reserves are maintained in a readily-available form.

Structure, Governance and Management

Mums In Need currently has 8 trustees. The charity is in the process of recruiting more trustees.

Trustees

■ H Chapman, Chair

■ J Goodinson, Vice Chair

■ B Smith, Treasurer

■ S Roberts, Secretary

■ R Simpson, Trustee

■ A Adshead, Trustee

■ A Connold, Trustee

■ K Parsons, Trustee

■ N Castle, Trustee

Constitution

Mums In Need is a registered charity, number 1177170, and is constituted under a Trust deed.

Methods of Appointment or Election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the Charities SORP (FRS 102);
- Make judgements and accounting estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 14th November 2025 and signed on their behalf by:

Heather Chapman

H Chapman
Chair of Trustees



INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 AUGUST 2025

■ Independent Examiner's Report to the Trustees of Mums In Need ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 August 2025.

■ Responsibilities and Basis of Report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.



■ Independent Examiner's Statement

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed: *S. Nicholson*

Samantha Nicholson

Dated: 9 February 2026

on behalf of Oakleigh Accounting

Knowle House, 4 Norfolk Park Road, SHEFFIELD, S2 3QE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 AUGUST 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Income from:					
Donations and Legacies		68,835	–	68,835	64,322
Grants		–	100,536	100,536	80,030
Investments		192	–	192	185
Other Income		10,567	–	10,567	–
Total Income		79,594	100,536	180,130	144,537
Expenditure on:					
Raising Funds		11,645	–	11,645	1,150
Charitable Activities		64,486	122,689	187,175	161,440
Total Expenditure	4	76,131	122,689	198,820	162,590
Net Movement in Funds		3,463	(22,153)	(18,690)	(18,053)
Reconciliation of Funds:					
Total Funds Brought Forward		14,421	43,565	57,986	76,039
Net Movement in Funds		3,463	(22,153)	(18,690)	33,624
Total Funds Carried Forward		17,884	21,412	39,296	57,986

The Statement of Financial Activities includes all gains and losses recognised in the year.
The notes on pages 23–31 form part of these financial statements.

BALANCE SHEET

FOR THE YEAR ENDED 31 AUGUST 2025

	Notes	2025 £	2024 £
Fixed Assets			
Tangible Assets	8	691	522
Current Assets			
Debtors	9	360	4,926
Cash at Bank & In Hand		40,790	55,484
Total		41,150	60,410
Creditors Amounts Falling Due Within One Year	10	(2,545)	(2,946)
Net Current Assets		38,605	57,464
Total Net Assets		39,296	57,986
Charity Funds			
Restricted Funds	11	17,884	43,565
Unrestricted Funds	11	21,412	14,421
Total Funds Carried Forward		39,296	57,986

The financial statements were approved and authorised for issue by the Trustees on 9.02.26 January 2026 and signed on their behalf by:



Ben Smith
Treasurer

The notes on pages 23–31 form part of these financial statements.



Mums In Need[®]
CONFRONTING COERCIVE CONTROL

NOTES FOR ANNUAL REPORT

And Financial Statements for the Year
Ended 31 August 2025

01 General Information

Mums in Need is a Charity registered in England and Wales. It has a registered charity number 1177170. Charity administration details can be found on the reference page of these financial statements. The charity's aims and activities are explained in the trustees' report. It's principal office is 36 Wake Road, Sheffield, S7 1HG.

02 Accounting Policies

2.1 Basis of Preparation

The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements are presented in Sterling (£)

2.2 Going Concern

After reviewing the charity's budgets, forecasts and cash flow projections, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Accordingly, the financial statements have been prepared on a going concern basis.

2.3 Incoming resources

Donations and grants received are allocated between restricted and unrestricted funds and between the difference types of incoming resources according to their nature. Grants for revenue expenditure and capital expenditure are recognised in the statement of financial activities on a receivable basis.

Other incoming resources, including investment income, are recognised in the statement of financial activities on a receivable basis.

02 Accounting Policies: Continued

2.3 Expenditure

Resources expended are recognised in the period in which they are incurred and include irrecoverable VAT. Expenditure is allocated to the appropriate headings in the Statement of Financial Activities according to the purpose for which the costs are incurred.

Charitable activities include costs incurred directly in the delivery of the charity's objectives and services, together with an appropriate allocation of support costs. Governance costs comprise those costs incurred in the governance of the charity and its assets, including compliance with constitutional and statutory requirements and the oversight of the charity by the trustees.

2.4 Interest Receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

02 Accounting Policies: Continued

2.6 Tangible Fixed Assets and Depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following bases:

Fixtures and Fittings – 4 years straight line

Office Equipment – 4 years straight line

Computer Equipment – 3 years straight line

2.7 Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.8 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.8 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

03 Critical Accounting Estimates and Areas of Judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

(i) Depreciation of Tangible Fixed Assets

The annual depreciation charge is sensitive to changes in the estimated useful lives and residual values of related assets. These are re-assessed annually and amended when necessary to reflect the latest estimates, which are based on technological advancement and the physical consideration of the assets. The depreciation rates used are detailed above and the depreciation charge is shown within the notes to the accounts. The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

04 Expenditure on Charitable Activities

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Charitable activities	-	20,406	20,406	1,150
IT Costs	3,807	1,434	5,241	4,113
Wages	46,975	87,639	134,614	117,972
Social Security & Pension	3,037	6,308	9,345	4,973
Sundries	303	-	303	2,558
Advertising	1,235	6,307	7,542	3,570
Insurance	731	-	731	861
Telephone	2,113	-	2,113	2,736
Postage and Stationery	239	9	248	580
Accountancy Fees	2,100	-	2,100	2,720
Consultancy	216	-	216	8,359
Professional Fees	1,328	-	1,328	9,116
Legal Costs	1,305	-	1,305	-
Depreciation	347	42	389	209
Staff Training & Welfare	199	287	486	2,302
Travel Cost	464	257	721	1,371
Subscription	87	-	87	-
Total 2025	64,486	122,689	187,175	139,759
Total 2024	72,126	90,464	162,590	

05 Independent Examiner's Remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £1,000 (2024 -£2,200).

06 Staff Costs

	Total 2025 £	Total 2024 £
Wages and Salaries	134,614	117,972
Social Security Costs	2,273	4,973
Pension	7,072	-
Staff Training	-	-
Staff Welfare	486	-
Total	144,445	122,945

The average number of persons employed by the Charity during the year was as follows:

	2025	2024
Employees (No.)	8	7

No employee received remuneration amounting to more than £60,000 in either year.

07 Trustees' Remuneration and Expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL). During the year ended 31 August 2025, no Trustee expenses have been incurred (2024 - £NIL).

08 Tangible Fixed Assets

	Fixtures & Fittings £	Office Equipment £	Computer Equipment £	Total £
Cost				
At start of year	221	592	2,059	2,872
Additions	-	-	558	558
At end of year	221	592	2,617	3,430
Depreciation				
At start of year	92	199	2,059	2,350
Charge for the Year	55	148	186	389
At end of year	147	347	2,245	2,739
Net Book Value				
At End of year	74	245	372	691
At start of year	129	393	-	522

09 Debtors

	2025 £	2024 £
Due Within One Year		
Other Debtors	0	2,884
Prepayments and Accrued Income	360	2,042
Total	360	4,926

10 Creditors: Amounts Falling Due Within One Year

	2025 £	2024 £
PAYE	-	-
Pension Payable	1,545	746
Accruals and Deferred Income	1,000	2,200
Total	2,545	2,946

11 Statement of Funds - Current Year

	Balance at start of year £	Income £	Expenditure £	Transfers in/out £	Balance at end of year £
Unrestricted Funds					
General Funds – All Funds	14,421	79,594	(76,131)	–	17,884
Restricted Funds					
Aviva	3,711	–	3,711	–	–
New Awards 24/25	20,000	–	15,433	–	4,567
Garfield Weston	–	20,000	20,000	–	–
Lived Experience (Lottery)	642	–	642	–	–
Paypal	241	–	241	–	–
The Charles & Elsie Skyes Trust	–	5,000	5000	–	–
Reserve	12,256	–	12,256	–	–
Sheffield Town Trust	2,701	–	2,294	–	408
Society of the Holy Child Jesus	–	15,000	15,000	–	–
Harry Bottom Trust	–	3,000	3,000	–	–
The Brelms Trust	–	6,000	6,000	–	–
The Liz & Terry Bramall Foundation	–	5,000	5,000	–	–
National Lottery RC	4,014	41,943	29,519	–	16,437
James Neill Trust	–	2,093	2,093	–	–
7stars Foundation	–	2,500	2,500	–	–
Restricted Total	43,565	100,536	(122,689)	–	21,412
Total	57,986	180,130	(198,820)	–	39,296

11 Statement of Funds - Prior Year

	Balance at start of year £	Income £	Expenditure £	Transfers in/out £	Balance at end of year
Unrestricted Funds					
General Funds - All Funds	1,321	85,226	(72,126)	-	14,421
Restricted Funds					
Aviva	5,980	3,931	(6,200)	-	3,711
New Awards 24/25	7,166	20,000	(7,166)	-	20,000
Garfield Weston	347	15,000	(15,347)	-	-
Lived Experience (Lottery)	1,258	-	(616)	-	642
Paypal	46	195	-	-	241
Postcode Neighbourhood Trust	21,525	-	(21,525)	-	-
Reserve	12,071	185	-	-	12,256
Sheffield Town Trust	4,560	-	(1,859)	-	2,701
Society of the Holy Child Jesus	17,732	-	(17,732)	-	-
SYPCC	304	5,000	(5,304)	-	-
The Brelms Trust	729	-	(729)	-	-
Talbot	3,000	-	(3,000)	-	-
National Lottery RC	-	15,000	(10,986)	-	4,014
Restricted Total	74,718	59,311	(90,464)	-	43,565
Total	76,039	144,537	(162,590)	-	57,986

The Charity has performed several transfers between funds in the prior year. This was to correct historical differences between the allocation of funds.

12 Analysis of Net Assets Between Funds Current Year

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £
Tangible Fixed Assets	475	216	691
Current Assets	19,954	21,196	41,150
Creditors Due Within One Year	(2,545)	-	(2,545)
Total	17,884	21,412	39,296

Analysis of Net Assets Between Funds Prior Year

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Tangible Fixed Assets	264	258	522
Current Assets	17,103	43,307	60,410
Creditors Due Within One Year	(2,946)	-	(2,946)
Total	14,421	43,565	57,986

13 Pension Commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £7,072 (2024 - £4,439). Amounts totaling £1,545 (2024 - £746) were payable to the fund at the balance sheet date and are included in creditors.

14 Related Party Transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 August 2025.

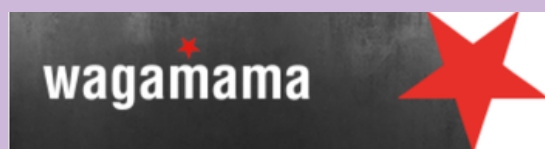
THANK YOU

We'd like to thank all of our supporters in 2024/2025!

As well as: Individual Supporters, Staff, Trustees, Ambassadors, Champions and Patrons, we'd like to thank the following:



Society of the Holy Child Jesus
Actions Not Words



Finally, we're incredibly grateful to the strong mums who choose to seek support from us. Your bravery in facing post-separation abuse inspires us. Knowing you trust us to help you grow and move forward after abuse motivates us to do more. Thank you!