



Mums In Need

CONFRONTING COERCIVE CONTROL

ANNUAL REPORT

And Financial Statements for the Year
Ended 31 August 2024



 0800 852 7414

 Enquiries@mumsinneed.com



www.mumsinneed.com

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Our Story So Far

About Mums In Need

Mums In Need (MIN) is a Sheffield-based registered charity that works on confronting coercive control. We support mums in Sheffield and the wider South Yorkshire area who have left an abusive relationship with the other parent of their child(ren) and are looking for help and guidance to rebuild their lives.

MIN's services are tailored to the individual on a case-by-case basis, and can include 1:1 caseworker support, legal advice, counselling, wellbeing sessions, and peer support groups.

Our vital services provide practical guidance and emotional support to help our mums feel more confident and in control of their situation, to gain an understanding of exactly what they can do to help themselves and their children, and empower them with the skills and confidence to move forward with their lives.

Empowering Mums Facing
Post-Separation Abuse



Message From The Chair



The Need for Mums In Need

Mums In Need (MIN) addresses the increasing need for support for mothers facing domestic and post-separation abuse. MIN bridges the gap in specialised services, providing legal, psychological, and financial aid to help these mothers achieve independence for themselves and their children.

This Year's Highlights

Mums In Need has grown significantly this year and we have a stable, strong, motivated staff team, allowing us to expand our services.

■ We've expanded our team to eight part-time staff, including a CEO, Operations Manager, Social Media Lead, Finance Lead, two Caseworkers, a Casework Coordinator, and an Administrator. This growth allows us to support more women facing post-separation abuse.

■ The successful launch and delivery of our specialised training program targeting family law professionals, aimed at enhancing their understanding and support for the women we assist. We hope this will contribute significantly.

■ One of our trustees, Annie published an impactful letter in [The Guardian](#), drawing widespread attention to our cause.

■ We're thrilled to welcome Legally Nik as our new Patron and plan to expand our Patron program to further strengthen our advocacy and support network.

■ A new CRM system is being developed with the view to streamline the communications between staff, caseworkers and Min's.

■ Our first AGM will also be held in December 2024.

This Year's Challenges

This year has presented considerable challenges for our organisation.

Firstly, we were impacted by an extremely short notice to vacate our premises. A call for assistance was answered and we now are the proud occupants of a new address. These offices are more suited to the organisation as we continue to grow.

Secondly, funding sources have decreased this year. Our income has dropped from £173,383 last year to £144,537. This is partly due to a late grant received in the previous financial year, which temporarily boosted our income that year and delayed income for the next year.

Despite this lack of funding, we've continued to meet the growing demand for our services, as instances of domestic abuse and post-separation abuse persist.

A Quote from the Chair

I want to express my gratitude to all our Staff, Trustees, Volunteers, Ambassadors & Patrons for their loyalty, dedication, and unwavering support. Their resilience and passion have enabled us to navigate through challenging times and continue our work with determination.

Together, we have faced adversity and emerged stronger, a testament to the strength of our team spirit and shared values. Thank you for your continued support and commitment to our mission.

Heather Chapman

Heather Chapman
Chair of Trustees



Mission and Values

Our Mission:

To empower mothers who have experienced coercive control and post-separation abuse by providing comprehensive support, advocating for societal change, and fostering a safe and inclusive environment.

Our Values:

Compassion: We approach our work with empathy and understanding, recognizing the unique challenges faced by mothers who have experienced abuse.

Respect: We treat all individuals with dignity and respect, valuing their experiences and perspectives.

Empowerment: We strive to equip mothers with the knowledge, skills, and resources they need to rebuild their lives and regain their independence.

Safe Space: We create a welcoming and supportive environment where mothers can share their experiences without fear of judgment or stigma.

Beliefs:

Putting mums and families first: The needs and wellbeing of mothers and their families are our primary focus.

Responding to individual needs: We tailor our support to meet the specific needs and circumstances of each mother.

Supporting mums' rights and well-being: We advocate for policies and practices that protect the rights of mothers and promote their overall wellbeing.

Creating a safe space for sharing: We foster a supportive and inclusive environment where mothers can share their experiences openly and honestly.

Valuing all our supporters: We appreciate the contributions of our corporate partners, donors, volunteers, and staff, recognising their vital role in our mission.

Fostering a positive team environment: We cultivate a positive and collaborative team culture that is committed to our shared goals.

Reference and Administration Details

Charity Name and Number

Mums In Need, 1177170

Registered Office

36 Wake Road, Sheffield, S7 1HG

Accountants

Shorts Chartered Accountants
2 Ashgate Road, Chesterfield
Derbyshire, S40 4AA

Bankers

Co-Operative Bank

Trustees

- H Chapman, Chair
- J Goodinson, Vice Chair
- B Smith, Treasurer
- A Adshead, Trustee
- A Connold, Trustee
- K Parsons, Trustee
- N Castle, Trustee
- R Simpson (née Mazumder), Trustee (appointed Jan 2024)

Key Management

- L Riley, Founder & CEO
- K Epworth, Operations Manager

Team Information

- | | | |
|----------------------------|-------------------------|------------------|
| ■ 1 x Casework Coordinator | ■ 1 x Finance Lead | ■ 5 x Volunteers |
| ■ 2 x Caseworkers | ■ 1 x Media & Marketing | ■ 1 x Patron |
| ■ 1 x Administrator | ■ 4 x Ambassadors | |

Trustee Report

■ Year Ended 31st August 2024

“Our five-year vision is becoming a reality, and it's inspiring to see the difference we're making”



The Trustees present their annual report together with the financial statements of the Charity for the 1 September 2023 to 31 August 2024.

Mums In Need provides practical guidance, emotional support to mums who have left abusive partners and continue to be subjected to post-separation abuse and ongoing coercive control by empowering them with skills and confidence to move forward with their lives. By its very existence we are able to support women in Sheffield and South Yorkshire to feel stronger and develop confidence in themselves in situations of emotional abuse.

During the accounting period 1 September 2023 to 31 August 2024 Mums In Need delivered services to 105 women. It's principle office is 36 Wake Road, Sheffield, S7 1HG.

■ Objectives and Activities

The objectives of the charity is to empower mothers who have experienced coercive control and post-separation abuse by providing comprehensive support, including practical guidance, emotional support, and advocacy for societal change, fostering a safe and inclusive environment where mothers can rebuild their lives and regain their independence.



Strategies for Achieving Objectives

Mums In Need provides practical guidance and emotional support to mums who have left abusive partners and continue to be subjected to post-separation abuse and coercive control by empowering them with skills and confidence to move forward with their lives.

Activities Undertaken to Achieve Objectives

Mums In Need's services are delivered via a 1:1 caseworker and are tailored to the individual on a case-by-case basis.

Our caseworkers tailor support to each mum's individual needs, offering a range of services including:

Legal Advice: Guidance on legal matters related to separation and the family court.

Financial Support: Assistance with budgeting, debt management, and other financial challenges.

Counselling Services: One-on-one therapy sessions to address emotional and psychological trauma.

Emotional Wellbeing Sessions: Group sessions focused on coping strategies and stress management.

Peer Support Sessions: Opportunities to connect with other mums facing similar experiences.

Art Therapy Sessions: Creative expression to explore emotions and build resilience.

Therapeutic Horticultural Sessions: Engaging in gardening activities to promote well-being.

Holistic Therapy Sessions: Alternative therapies like massage or acupuncture for relaxation and healing.

Free Family Days Out: Fun activities to support the whole family and foster positive relationships.

“
You've been a lifeline during this incredibly difficult time.
Thank you for everything.
”

Main Activities Undertaken to Further the Charity's Purposes for the Public Benefit

Mums In Need is here to support mothers who have left abusive relationships by increasing their resilience, confidence and mental well-being by providing practical guidance and emotional support. This service is open to mothers of 18 and over in the South Yorkshire area.

The casework team has a great deal of experience, knowledge and understanding of emotional abuse in relationships. The charity's support helps mums feel more confident and in control of their situation and gain an understanding of what they can do to help themselves and their children.

Supporting abused women can have a direct impact on breaking the cycle of abuse in communities. If provided with help to understand their rights and engage with services, they can become powerful agents of change and leaders in their networks with the strength to challenge abuse and make demands of service providers.

■ Main Achievements of the Charity

■ We have expanded our staff team by a Casework Coordinator, and an Administrator which has allowed us to onboard more women. During the reporting period Mums In Need helped 105 women, who are mothers to 189 children.

■ A significant achievement for MIN has been the successful launch and delivery of our specialised training program targeting family law professionals, aimed at enhancing their understanding and support for the women we assist. We hope this will contribute to the coffers.

■ We have been working on producing a film to showcase the real life stories of some of our mums, which will be instrumental in raising awareness and illustrating the real-life impact of our services on the lives of our MINs.

■ We now have a team of four Ambassadors who do incredible work in the community to raise awareness and showcase Mums In Need.



Feedback



Tracey's Story:

I was lost and consumed by grief of a relationship that wasn't real. You helped me come to terms with what I'd actually experienced to slowly piece by piece believe in me again, build my confidence, give me reassurances and hope to learn how to manage the post-separation abuse.

You listened, you guided me through the darkest of days when sometimes I didn't have the strength to get through the day.

You started to lift the fog to give me the strength through counselling, weekly phone calls, referrals to food banks, expert advice on all matters from courts systems, specialist agencies and even supported with funding my solicitor when I felt like all money avenues had dried up and I'd lost all confidence and hope in professions and the legal system.

You gave me so much I couldn't give myself including to self love! I really don't know how I would got where I am now without MIN. They have provided me with the tools to survive. A specialism that's filled the gaps that no other agencies can fill or begin to understand how cohesive controlling and psychological abuses so subtle can exist!



Feedback



Julie's Story:

Julie experienced a harrowing journey of domestic abuse that spanned physical, emotional, sexual, and financial realms. Her once supportive partner became increasingly controlling and violent, trapping her in a cycle of fear and isolation.

Despite seeking help from authorities, Julie faced significant challenges navigating the legal system. The judge in her case dismissed her claims, adding to her emotional distress.

Julie has demonstrated remarkable resilience in overcoming the challenges of housing, employment, and childcare. She has also actively sought support from various organisations, including Mums In Need, which has been instrumental in her recovery.

Mums In Need provided Julie with the emotional support and resources she needed to navigate the complexities of leaving an abusive relationship. The organization's focus on emotional abuse validated her experiences and empowered her to advocate for herself and her children.

One of the most significant challenges Julie has faced is dealing with the family court system. Despite the criminal justice system acknowledging the abuse, the family court often overlooks it, insisting on co-parenting arrangements. This has led to ongoing difficulties and emotional turmoil.

Julie has questioned the necessity of maintaining contact with her abuser, emphasizing the need for protective measures and mediation. She believes that survivors of abuse should not be forced to continue contact with their abusers, especially when it causes significant distress and trauma.

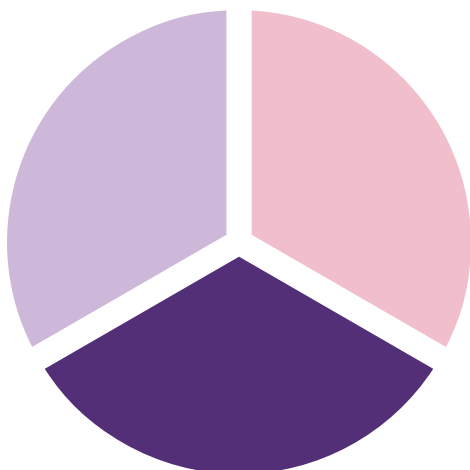
WEMWBS

Warwick-Edinburgh Mental Wellbeing Scale

Mums In Need have recently implemented the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) into our casework process to track Mins' (the name we give to our service users) mental health and the impact of our services and support.

The WEMWBS is a powerful tool that helps us understand our mums' mental health journey. By tracking their progress, we can ensure they receive the best possible support.

Our Mins complete the scale after their initial consultation and before each three-month support review. This data helps us to measure the impact of our services on min mental health using a standardised scoring system.



Data records are currently incomplete due to the introduction of a new system mid-year. We will implement this system fully for the next financial year, and will complete statistics at that time.

Financial Review

■ This Year Mums In Need Raised

£144,537

■ Grants: £90,431

We are incredibly grateful to the foundations whose generous grants have supported Mums In Need's vital work. These grants have not only allowed us to continue providing essential services to mums in need, but also to expand our reach and help even more mums across the UK.



■ Community Fundraising and Other Income: £54,106

Corporate Support:

We are incredibly grateful to the businesses who have chosen Mums In Need as their Charity of the Year or become regular sponsors of our fundraising initiatives. Their ongoing commitment provides us with a reliable source of income, allowing us to be less reliant on grants and focus on delivering vital services to mums in need.



Individual and Group Support:

We are particularly grateful for the donations and fundraising we receive throughout the year. This includes generous one-time gifts, regular contributions, and the incredible efforts of individual fundraisers. Every act of kindness, big or small, makes a difference. If you've contributed in any way – thank you! You are truly amazing.

■ Going Concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

■ Reserves Policy

The Trustees have set a Reserves Policy which requires that:

- Reserves are built at a level which ensures that 3 months of MIN's core activity could continue during a period of unforeseen difficulty.
- Reserves are built at a level to allow for a positive cashflow.
- Reserves are maintained in a readily-available form.

■ Structure, Governance and Management

Mums In Need currently has 8 trustees. This is a decrease of one since the last financial period and the last trustee report. The charity is in the process of recruiting more trustees.

Trustees

- | | |
|---|----------------------|
| ■ H Chapman, Chair | ■ A Adshead, Trustee |
| ■ J Goodinson, Vice Chair | ■ A Connold, Trustee |
| ■ B Smith, Treasurer | ■ K Parsons, Trustee |
| ■ R Simpson, Trustee (appointed Jan 2024) | ■ N Castle, Trustee |

■ Constitution

Mums In Need is a registered charity, number 1177170, and is constituted under a Trust deed.

■ Methods of Appointment or Election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

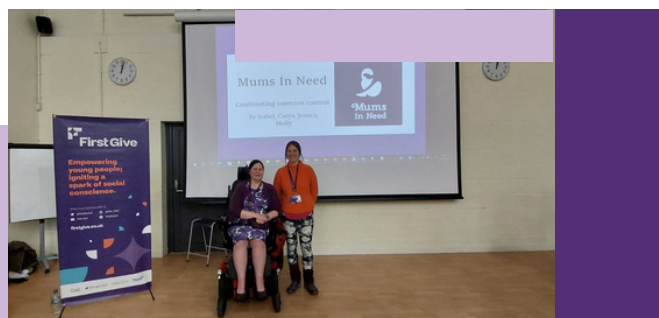
- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the Charities SORP (FRS 102);
- Make judgements and accounting estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 14th November 2024 and signed on their behalf by:

Heather Chapman

H Chapman
Chair of Trustees



INDEPENDENT EXAMINER'S REPORT

FOR THE YEAR ENDED 31 AUGUST 2024

■ Independent Examiner's Report to the Trustees of Mums In Need ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 August 2024.

■ Responsibilities and Basis of Report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.



Independent Examiner's Statement

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent Examiner's Report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed:

Howard Freeman

H K Freeman

Dated:

27.11.2024

on behalf of Shorts Chartered Accountants
2 Ashgate Road, Chesterfield, Derbyshire, S40 4AA

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 AUGUST 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Income from:					
Donations and Legacies		60,196	4,126	64,322	61,933
Charitable Activities		25,030	55,000	80,030	111,382
Investments		–	185	185	68
Total Income		85,226	59,311	144,537	173,383
Expenditure on:					
Raising Funds		50	1,100	1,150	5,742
Charitable Activities		72,076	89,364	161,440	134,017
Total Expenditure	4	72,126	90,464	162,590	139,759
Net Movement in Funds		13,100	(31,153)	(18,053)	33,624
Reconciliation of Funds:					
Total Funds Brought Forward		1,321	74,718	76,039	42,415
Net Movement in Funds		13,100	(31,153)	(18,053)	33,624
Total Funds Carried Forward		14,421	43,565	57,986	76,039

The Statement of Financial Activities includes all gains and losses recognised in the year.
The notes on pages 21-29 form part of these financial statements.

BALANCE SHEET

FOR THE YEAR ENDED 31 AUGUST 2024

	Notes	2024 £	2023 £
Fixed Assets			
Tangible Assets	8	522	396
Current Assets			
Debtors	9	4,926	2,092
Cash at Bank & In Hand		55,484	76,059
Total		60,410	78,151
Creditors Amounts Falling Due Within One Year	10	(2,946)	(2,508)
Net Current Assets		57,464	75,643
Total Net Assets		57,986	76,039
Charity Funds			
Restricted Funds	11	43,565	74,718
Unrestricted Funds	11	14,421	1,321
Total Funds Carried Forward		57,986	76,039

The financial statements were approved and authorised for issue by the Trustees on 27th November 2024 and signed on their behalf by:



Ben Smith
Treasurer

The notes on pages 21-29 form part of these financial statements.



Mums In Need

CONFRONTING COERCIVE CONTROL

NOTES FOR ANNUAL REPORT

And Financial Statements for the Year
Ended 31 August 2024

01 General Information

Mums in Need is a Charity registered in England and Wales. It has a registered charity number 1177170. Charity administration details can be found on the reference page of these financial statements. The charity's aims and activities are explained in the trustees' report. It's principal office is 36 Wake Road, Sheffield, S7 1HG.

02 Accounting Policies

2.1 Basis of Preparation of Financial Statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Mums in Need meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Basis of Preparation of Financial Statements

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

02 Accounting Policies: Continued

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest Receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

02 Accounting Policies: Continued

2.6 Tangible Fixed Assets and Depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following bases:

Fixtures and Fittings – 3 years straight line

Office Equipment – 3 years straight line

Computer Equipment – 3 years straight line

2.7 Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.8 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.8 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

03 Critical Accounting Estimates and Areas of Judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

(i) Depreciation of Tangible Fixed Assets

The annual depreciation charge is sensitive to changes in the estimated useful lives and residual values of related assets. These are re-assessed annually and amended when necessary to reflect the latest estimates, which are based on technological advancement and the physical consideration of the assets. The depreciation rates used are detailed above and the depreciation charge is shown within the notes to the accounts. The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. There are no estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

04 Expenditure on Charitable Activities

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Purchases	50	1,100	1,150	5,742
Software Licences	4,113	-	4,113	3,613
Wages	33,888	84,084	117,972	87,654
Social Security	4,973	-	4,973	5,978
Sundries	2,558	-	2,558	2,703
Advertising	3,570	-	3,570	4,101
Insurance	861	-	861	828
Telephone	2,736	-	2,736	1,452
Postage and Stationery	580	-	580	557
Accountancy Fees	2,720	-	2,720	2,000
Consultancy	5,595	2,764	8,359	10,790
Professional Fees	6,642	2,474	9,116	4,253
Interest Payable	-	-	-	1
Depreciation	167	42	209	424
Staff Training	2,302	-	2,302	8,018
Travel Cost	1,371	-	1,371	1,645
Total 2024	72,126	90,464	162,590	139,759
Total 2023	54,548	85,211	139,759	106,330

05 Independent Examiner's Remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £2,200 (2023 -£2,000).

06 Staff Costs

	Total 2024 £	Total 2023 £
Wages and Salaries	117,972	87,654
Social Security Costs	4,973	5,978
Total	122,945	93,632

The average number of persons employed by the Charity during the year was as follows:

	2024	2023
Employees (No.)	7	6

No employee received remuneration amounting to more than £60,000 in either year.

07 Trustees' Remuneration and Expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL). During the year ended 31 August 2024, no Trustee expenses have been incurred (2023 - £NIL).

08 Tangible Fixed Assets

	Fixtures & Fittings £	Office Equipment £	Computer Equipment £	Total £
Cost				
At 1 September 2023	221	257	2,059	2,537
Additions	-	335	-	335
At 31 August 2024	221	592	2,059	2,872
Depreciation				
At 1 September 2023	18	64	2,059	2,141
Charge for the Year	74	135	-	209
At 31 August 2024	92	199	2,059	2,350
Net Book Value				
At 31 August 2024	129	393	-	522
At 31 August 2023	203	193	-	396

09 Debtors

	2024 £	2023 £
Due Within One Year		
Other Debtors	2,884	-
Prepayments and Accrued Income	2,042	2,092
Total	4,926	2,092

10 Creditors: Amounts Falling Due Within One Year

	2024 £	2023 £
Pension Payable	746	508
Accruals and Deferred Income	2,200	2,000
Total	2,946	2,508

11 Statement of Funds - Current Year

	Balance at 1 Sept 2023 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 Aug 2024 £
Unrestricted Funds					
General Funds – All Funds	1,321	85,226	(72,126)	–	14,421
Restricted Funds					
Aviva	5,980	3,931	(6,200)	–	3,711
New Awards 24/25	7,166	20,000	(7,166)	–	20,000
Garfield Weston	347	15,000	(15,347)	–	–
Lived Experience (Lottery)	1,258	–	(616)	–	642
Paypal	46	195	–	–	241
Postcode Neighbourhood Trust	21,525	–	(21,525)	–	–
Reserve	12,071	185	–	–	12,256
Sheffield Town Trust	4,560	–	(1,859)	–	2,701
Society of the Holy Child Jesus	17,732	–	(17,732)	–	–
SYPPC	304	5,000	(5,304)	–	–
The Brelms Trust	729	–	(729)	–	–
Talbot	3,000	–	(3,000)	–	–
National Lottery RC	–	15,000	(10,986)	–	4,014
Restricted Total	74,718	59,311	(90,464)	–	43,565
Total	76,039	144,537	(162,590)	–	57,986

11 Statement of Funds - Prior Year

	Balance at 1 Sept 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 Aug 2023 £
Unrestricted: Total	198	52,595	(54,548)	3,076	1,321
Restricted Funds					
Aviva	-	9,290	(3,310)	-	5,980
New Awards 24/25	-	10,000	(2,834)	-	7,166
Garfield Weston	-	15,000	(14,653)	-	347
Lived Experience (Lottery)	7,097	27,357	(40,133)	6,937	1,258
Paypal	-	48	(12)	10	46
Postcode Neighbourhood Trust	-	21,525	-	-	21,525
Reserve	-	68	-	12,003	12,071
Sheffield Town Trust	5,565	3,500	(3,055)	(1,450)	4,560
Society of the Holy Child Jesus	-	20,000	(2,268)	-	17,732
SYGCC	16,329	5,000	(4,696)	(16,329)	304
The Brelms Trust	1,546	5,000	(5,468)	(349)	729
Talbot	4,320	3,000	-	(4,320)	3,000
Sheffield City Council	7,360	-	(7,782)	422	-
Tramlines Trust	-	1,000	(1,000)	-	-
Restricted Total	42,217	120,788	(85,211)	(3,076)	74,718
Total	42,415	173,383	(139,759)	-	76,039

The Charity has performed several transfers between funds in the prior year. This was to correct historical differences between the allocation of funds.

12 Analysis of Net Assets Between Funds Current Year

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £
Tangible Fixed Assets	264	258	522
Current Assets	17,103	43,307	60,410
Creditors Due Within One Year	(2,946)	-	(2,946)
Total	14,421	43,565	57,986

Analysis of Net Assets Between Funds Prior Year

	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
Tangible Fixed Assets	396	-	396
Current Assets	3,083	75,068	78,151
Creditors Due Within One Year	(2,158)	(350)	(2,508)
Total	1,321	74,718	76,039

13 Pension Commitments

The Charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the Charity in an independently administered fund. The pension cost charge represents contributions payable by the Charity to the fund and amounted to £4,439 (2023 - £1,952). Amounts totalling £746 (2023 - £508) were payable to the fund at the balance sheet date and are included in creditors.

14 Related Party Transactions

The Charity has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the Charity at 31 August 2024.

THANK YOU

We'd like to thank all of our supporters in 2023/2024!

As well as: Individual Supporters, Staff, Trustees, Ambassadors, Champions and Patrons, we'd like to thank the following:



Finally, we're incredibly grateful to the strong mums who choose to seek support from us. Your bravery in facing post-separation abuse inspires us. Knowing you trust us to help you grow and move forward after abuse motivates us to do more. Thank you!