



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	10	2019		30	09	2020

Section A Reference and administration details

Charity name

CAY Health Foundation

Other names charity is known by

Charlotte Adjoa Yeboah Health Foundation

Registered charity number (if any)

1177163

Charity's principal address

92 Bensham Grove

Thornton Heath

Surrey

Postcode

CR7 8DB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mary Oduro	Trustee		
2	Marian Bruce-Appiah	Trustee		
3	Comfort Eshun	Chair		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Trust

Trustee selection methods
(eg. appointed by, elected by)

Appointed Chair

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To advance health including the prevention or relief of sickness disease or human suffering, as well as promotion of healthy life styles in London and beyond.

Activities were shelved due to the covid-19 pandemic.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

N/A

Section E Financial review

Brief statement of the charity's policy on reserves

All reserves must be held in the charities main bank account.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Comfort Eshun

Full name(s) Comfort Eshun

Position (eg Secretary, Chair, etc) Chair

Date 27/08/2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
CAY Health Foundation

No (if any)
1177163

Receipts and payments accounts

For the period from	Period start date 10/1/2019	To	Period end date 9/30/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Refund from Bankers	20	-	-	20
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	20	-	-	20
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	20	-	-	20
A3 Payments				
Telephone	7	-	-	7
Bank Charges	5	-	-	5
Telephone	6	-	-	6
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	18	-	-	18
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	18	-	-	18
Net of receipts/(payments)	2	-	-	2
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	2	-	-	2

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets			-
			-
			-
			-
			-
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name
		C Eshun	Comfort Eshun

CC16a



Last year
to the nearest £

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**Endowment
funds
to nearest £**

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OK

**Endowment
funds
to nearest £**

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**Current value
(optional)**

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-
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**Current value
(optional)**

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-

**When due
(optional)**

**Date of
approval**

8/27/2021