

Saints Community Development Foundation Limited

Charity number 1177030

A Company limited by guarantee number 10095295



Annual Report and Financial Statements

for the year ended 31 March 2024



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Greater Merseyside Community
Accountancy Service

Saints Community Development Foundation Limited

Annual Report and Financial Statements for the year ended 31 March 2024

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Prepared by the Greater Merseyside Community Accountancy Service

Reference and Administrative Details

Saints Community Development Foundation Limited

Charity number 1177030

A Company limited by guarantee number 10095295

The directors of the company for the purposes of company law, are pleased to present their report and financial statements for the year ended 31 March 2024.

Name	Position	Dates
Eric Chisnall		
Anne-Marie Nicholl		
Joseph Nicholl		
Ian Wellens		
Sally Yeoman		

Method of appointment

The directors may appoint any person who is qualified and willing to act to be a director.

Registered address

The Totally Wicked Stadium
Mcmanus Drive
St Helens
Merseyside
WA9 3AL

Bankers

Barclays Bank plc
Hardshaw Street
St Helens
Merseyside
WA10 1QZ

Governing document

The organisation is a company limited by guarantee (registered in England and Wales, No. 10095295) incorporated on 31st March 2016 as amended 10th November 2017. Registered with the Charity Commission for England and Wales on 6th February 2018 registered number 1177030

The company was established under a Memorandum of Association which established the objects and powers of the company and is governed by its Articles of Association.

Objects of the organisation

To promote community participation in healthy recreation by providing facilities for the playing of rugby league and other sports ('facilities' means land, buildings, equipment and organising sports activities).

To provide and assist in providing facilities for sport, recreation or other leisure time occupation of such persons who have need for such facilities by reason of their age, ethnicity, disability, poverty or social and economic circumstances or for the public at large in the interest of social welfare and with the object of improving their conditions of life.

To advance the education of children, young people and adults through such means as the trustees think fit in accordance with the law of the charity.

Principal Activity

For the benefit of the public generally and in particular the inhabitants of St Helens and Merseyside and the surrounding areas.

Accountant

on behalf of:

Greater Merseyside Community Accountancy Service

Beacon Building
College Street
St Helens
WA10 1TF

Saints Community Development Foundation Limited



Achievements and Performance

Another year of establishing our relationships coupled with new ventures.

Our school's delivery is always of high priority with this year's delivery taking on a very diverse range of messages.

The collaboration between partners has been something we have been striving to better ourselves on. This has begun to bear fruit with the power of the brand spearheading the momentum of the programmes.

Schools' engagement is key to a lot of our messages and programmes. From our own Rugby League delivery / provision to our partners messages. Our partners St Helens Public Health use the Foundation as a vehicle to drive home some very important lifestyle and life choice messages.

Torus Foundation and CAMHS chose to collaborate with the Foundation to deliver a resilience programme to secondary schools, with the Mather Family Trust sponsoring a mental health programme to primary school children.

Primary school Rugby League taster sessions and tournaments have been a successful avenue for the foundation with participation in our tournaments especially strong.



The Wargrave Touch RL Primary festival (past player LMS presenting the medals)

Saints Community Development Foundation Limited

High Schools Rugby League competitions

This year saw continued support for our schools' competitions from then Saints Past Players association. Their support of the foundation is unwavering with on the day attendance from the association a welcome addition to each final.

Our St Helens cup saw 52 teams compete across different age groups within their year categories and genders. The finals held at the Totally Wicked Stadium.



Action from one of the Girls Cup Finals



Action from one of the Boy's Cup Finals



The Foundation proudly hosting schools' finals. Player of the match picks up her award

Saints Community Development Foundation Limited

School visits



Tommy Makinson

The first team squad helped our partners and the foundation to get some important messages over to our Primary school pupils during this year. Here we have Tommy Makinson after a recent mental health / coping strategy session.



Ben Davies

Ben Davies attends a local Primary school to help deliver a mental health awareness session. With Tee Ritson is in attendance to deliver our wellbeing messages to another local primary school.



Tee Ritson

Not forgetting our Rugby league and in particular our Saints in the community message about getting active and playing sport. All 52 primary schools were offered this facility.



Saints Foundation staff deliver safe landing and falling techniques in one of our Primary schools.

Saints Community Development Foundation Limited

World Book Day

7th March saw world book day, and on this week, we worked with the club to send 28 players to 44 Primary Schools in St Helens to engage and share their favourite books with the pupils of the primary school. The week was summarised with a trip to Allanson Street Primary school, the link below showcases the trip to Allanson Street

Saints visit over 40 schools to celebrate World Book Day | St.Helens R.F.C. (saintsrffc.com)



Morgan Knowles World Book Day



George Delaney World Book Day



Agnatius Paasi, James Roby and Joe Batchelor World Book Day

Saints Community Development Foundation Limited

Rugby Camps

We delivered 18 RL Camps which provided over 700 opportunities for rugby league development across the town to those 16 and under both boys and girls. These also saw some of our first girls only camps be delivered of the back of growing success from our women's team and the demand increasing for women and girls' rugby league in our community.

Specialised camps were delivered by our staff including ex first team players Gary Wheeler and Matty Smith passing on their knowledge in regard to kicking strategies and game sense.



James Roby opens for a camp at our training venue Cowley.



Girls' rugby camp with Saints and England players Jodie Cunningham and Katie Mottershead assisting our Foundation staff.

Saints Community Development Foundation Limited

Partnerships

Torus and CAMHS

In partnership with Torus Foundation and CAMHS we delivered a project called 'Getting Social'. The aim of getting social was to help build resilience in those ages 11-16 in high schools in St Helens, this was to try and tackle the ever-increasing waiting list for CAMHS services. Through this project we delivered to 24 different pupils across 2 High Schools in St Helens and the data from this project is as follows.

CYP saw a 53% increase in managing their feelings and emotions

53% of CYP felt they had a healthier lifestyle after completing the programme

69% felt they had better relationships with their friends, family and other relationships/

46% felt they were able to manage their time better.

61% felt in increase in Self-esteem.

St Helens MBC & Public Health

Building Foundations.



BUILDING FOUNDATIONS
SUPPORTING COMMUNITIES THROUGH SPORT

JOINED BY JOE BATCHELOR!

- **Every Wednesday**
- **Venue:** Totally Wicked Stadium
- **Time:** 6:30PM - 8PM
- **FREE**

Our **MEN'S** Building Foundations programme runs for 7 weeks, and aims to help you improve your Mental & Physical Health!

Build a resilient lifestyle, help breakdown barriers surrounding mental health, & much more with our Building Foundations programme!

Sign up here



SCDF@SAINTSRLFC.COM



BUILDING FOUNDATIONS
SUPPORTING COMMUNITIES THROUGH SPORT

FREE FITNESS PROGRAMME

- **Every Monday**
- **Venue:** Totally Wicked Stadium
- **Time:** 6PM - 7:30PM
- **FREE**

Our **WOMEN'S** Building Foundations programme runs for 7 weeks, and aims to help you improve your Mental & Physical Health!

Build a resilient lifestyle, help breakdown barriers surrounding mental health, & much more with our Building Foundations programme!

Sign up here



SCDF@SAINTSRLFC.COM

Our 'Building Foundations' programme completed a total of 38 people over 2 cohorts of delivery, this equated to 16 Men and 22 Women.

The data that came from this programme shows that:

76% of those that completed the programme had an increase in confidence

89% increased their physical activity levels

68% felt more optimistic from completing the programme

As 'Building Foundations' is a programme that looks at improving peoples physical and mental health, the above data shows how aligned the programme is achieving these outcomes.

Saints Community Development Foundation Limited

HAF

Our HAF camps were delivered over Easter, Summer and Winter which saw over 86 Hours over 43 Sessions delivered across St Helens to families who needed supported. This equated to over 1000 meals provided to families and children in St Helens who would normally struggle during this period.



Alex Walmsley at Easter HAF camp



Sione Mata'utia dancing at a HAF camp.



A great day's entertainment at this Easter HAF programme in partnership with St Helens Council.

Saints Community Development Foundation Limited

RFL Projects

Rugbee's

Our Rugby's programme was to increase the number of participations in girls ages 6-11 years of age. Our Rugby's programme ran out of Portico Vine and saw 20+ girls attend over the course of the programme. Some of these girls went on to join our community clubs. The programme also presented opportunities for the girls such as walking out as mascots for the women's team and being able to train at half time of a men's fixture.



Rugby's sessions with Saints and England starts Jodie Cunningham, Tara Jones and Katie Mottershead (Foundation Ambassador)

LDRL

Our LDRL programme continued to be a success with 40+ players registered to our team and training weekly out of Thatto Heath Crusaders ground. Competing at several different festivals including a magic weekend fixture.



Our LDRL Team ready for action



Taking time out of training.

Saints Community Development Foundation Limited

D-Sport

In partnership with St Helens Council's Sports Development Team and Merseyside Police, we delivered a programme which was aimed at providing diversionary activity around Boundary Road in St Helens as data showed high levels of anti-social behaviour in this area. We delivered 7 weeks of rugby league activities out of Queens Park Leisure Centre to help tackle this issue from which the programme saw 10+ CYP attend the sessions over the weeks.

YPDAAT Leadership Programme

Our Leadership programme in partnership with YPDAAT was to help inspire youths that were at risk of getting involved in county line activity to make better choices in their lives. These young people weren't engaging with mainstream education and struggling with life choices. We delivered a 3-day leadership programme to 8 young people. Off the back of attend the programme 3 of these were re-engaging with mainstream education and 1 has been continuously volunteering with our match day activities.

Inclusion

Our inclusive adult fitness class in partnership with Community Integrated Care has also been well received and very much looked forward to, it provides not only light fun exercise for the participants but also some much-needed respite for the carers. We have seen more than 300 people through the doors this year, although a lot are repeat visits we still have new walk up on any given day which is rewarding.

Now with over 50 members (starting from 3) our Early onset dementia group are very much established in our monthly programme of events. Again, this facility provides fun, games alongside any information required to come to terms with this disease alongside much needed carer respite.



SCDF Staff delivering inclusive fitness. In it Together programme for early onset Dementia Sufferers.

Our Inclusive Cheer group received a boost this year with the finding of a sponsor. The deal will help increase the number of activities we can deliver alongside providing costumes and props to use in our performances.

Saints Community Development Foundation Limited



Inclusive cheer group performing at one of our home games.

Dance and Cheer

Our Dance and Cheer programme keep going from strength to strength. This year has seen a 15% increase in attendance at our night time sessions. Alongside this we have introduced a wider variety of sessions to entice an even more diverse range of attendees.

The A Star angels who are the pinnacle of our Dance and cheer programme, are really showing their worth with some outstanding routines. These routines play a massive part in the clubs match day experience and have the juniors keeping coming back to classes in the hope they can one day emulate their idols. These routines are now being requested throughout the sporting world which is helping spread our footprint and help raise awareness of our growing reputation in the dance and cheer world.



Saints Community Development Foundation Limited

Gameday experience

This year has seen the Foundation and the club work even harder to get people to the stadium earlier. Enticing them with player appearances and activities and opportunities. AS a youngster the opportunity to play on the Saints pitch at the Totally Wicked stadium is quite an experience, this year we have seen over 300 players from our community clubs given this opportunity.



Junior players from our community clubs enjoying the Saints gameday experience.

Also, as part of our gameday experience we give school children the opportunity to perform on the pitch a routine they had learned from our Community Coaches during school hours. At the Wigan game over 100 children performed a mass dance prior to kick off which was warmly received by both sets of fans.



Our Gameday volunteer workforce has steadily grown this season to 22. This allows volunteers to cone out the half time games whilst our staff referees. Also, we have introduced bigger flags in front of our fans which are waved so enthusiastically by a band of volunteers. With the increase in activity comes the planning with our staff stepping up tremendously. Once planned the buy in from both the coaches from the community clubs alongside our volunteers and staff shows what respect and teamwork can achieve.

Saints Community Development Foundation Limited



St Helens RFC Gameday experience in conjunction with Saints Community Development Foundation.

Saints Community Development Foundation Limited

Other outstanding achievements.



St Helens MIND and the Foundation paired up for a mass walk to Warrington to raise both funds and awareness.



Reminiscence Café upped attendance by 10%. Our Veterans get surprise visit from the Army RL

St Helens RFC and SCDF

Without a doubt the most important thing is the relationship between the club St Helens RFC, the Foundation and our Community. We are in the best position that we have been in over ten years. Our delivery, our joined-up approach, our matchday experiences are all in a much better place.

Thanks must go to ST Helens RFC. Chairman, CEO, Directors and staff. All SCDF staff for their continued hard work and support. All our volunteer base, which without who it would not be possible. Then even more importantly our community who support us all in everything we do through thick and thin on and off the pitch.

Saints Community Development Foundation Limited

Financial Review

The deficit of the company for the year amounted to (£117,611) (Surplus £15,523 ~ 2023)

Saints Community Development Foundation Ltd are committed to responsible fundraising practice and regular monitoring. Our reserves policy incorporates the recommended approach for small charities such as: Risk of unseen emergencies. Risk of unseen operational costs. Uncertainty over future income. Planned spending commitments that cannot be met by future income alone. An amount to cover short term deficiencies in cash budgets. Our Reserves policy and position is reviewed annually and on an ongoing basis.

Risk Management

The directors actively review the major strategic, business and operational risks that the company faces on a regular basis and acknowledge that the key risks would relate to reduction in income.

Statement of Directors' responsibilities

Company law requires the directors to prepare financial accounts for each year which give a true and fair view of the state of affairs of the company and of the incoming resources and application of resources, including the income and expenditure of the company for that period. In preparing those financial statements, the directors are required to:

select suitable accounting policies and apply them consistently;

make judgements and estimates that are reasonable and prudent;

state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.

prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business;

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board on 28th November 2024 and signed on behalf of the directors by:



Eric Chisnall
Director

Independent Examiner's report to the trustees of Saints Community Development Foundation Limited

I report on the accounts of the charity for the year ended 31st March 2024 set out on pages 18 to 24

Respective responsibilities of the Trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- ☐ examine the accounts under section 145 of the 2011 Act;
- ☐ to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- ☐ state whether particular matters have come to my attention.

Basis of Independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

- ☐ to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- ☐ to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Jane Williams
MAAT
Greater Merseyside Community Accountancy Service
St Maries
Lugsdale Road
Widnes
WA8 6DB

28th November 2024

Saints Community Development Foundation Limited
Statement of Financial Activities
(Including Income & Expenditure Account)
for the year ended 31 March 2024

	Notes	2024 Total funds £	2023 Total funds £
Income from:			
Income from activities	(4)	456,583	318,744
Total incoming resources		<u>456,583</u>	<u>318,744</u>
Resources expended			
Administrative expenses	(5)	574,194	303,221
Net incoming / (outgoing) resources		(117,611)	15,523
Reconciliation of funds			
Total funds as at 1 April 2023		115,919	100,396
Total funds as at 31 March 2024		<u>(1,692)</u>	<u>115,919</u>

The above statement includes all gains and losses recognised during the year.
All activities are regarded as continuing.
The Notes on pages 21 to 24 form an integral part of these accounts.

Saints Community Development Foundation Limited

Charity number 1177030

A Company limited by guarantee number 10095295

Balance sheet

as at 31 March 2024

	2024 Total £	2023 Total £
Current Assets		
Debtors and prepayments	(6) -	-
Cash at bank and in hand	(7) 50,603	115,919
Total current assets	<u>50,603</u>	<u>115,919</u>
Current liabilities:		
amounts falling due within one year		
Creditors (due within one year)	(8) 52,295	-
Total current liabilities	<u>52,295</u>	<u>-</u>
Net Assets	<u>(1,692)</u>	<u>115,919</u>
Total Funds	<u>(1,692)</u>	<u>115,919</u>

The directors of the company confirm that for the year ended 31 March 2024

- the company was entitled to exemption from audit under section 477 of the Companies Act 2006, and
- the directors have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act

the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

The notes on pages 21 to 24 form an integral part of these accounts.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the directors on 28th November 2024 and signed on their behalf by:



Joseph Nicholl
Director

Saints Community Development Foundation Limited
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 March 2024

	2024 Total £	2023 Total £
Cash flows from operating activities:		
Net income/(expenditure) per SOFA	(117,611)	15,523
Investment income	-	-
(Increase)/decrease in debtors	(6)	-
Increase/(decrease) in creditors	(8)	(210)
	<u>(117,611)</u>	<u>15,313</u>
Cash flows from investing activities		
Investment income	-	-
	<u>-</u>	<u>-</u>
Net increase/(decrease) in cash:	(117,611)	15,313
Total cash as at 1 April 2023	<u>115,919</u>	<u>100,606</u>
Total cash as at 31 March 2024	<u>(1,692)</u>	<u>115,919</u>

The notes on pages 21 to 24 form an integral part of these accounts.

Saints Community Development Foundation Limited
Notes to the accounts
for the year ended 31 March 2024

1 Basis of preparation

These accounts (financial statements) have been prepared under the historical cost convention,

- 1.1 with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- (a) The Companies Act 2006
- (b) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: FRS 102

- 1.2 The directors consider that there are not material uncertainties about the company's ability to continue as a going concern.

2 Accounting Policies

2.1 Fund accounting

- (a) Unrestricted funds are those that can be expended at the discretion of the directors in the furtherance of the objects of the company.
- (b) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.
- (c) The purposes of the funds are shown in Note 7a.

2.2 Income

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the company becomes entitled to the income; receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure, the income and related expenditure are reported gross in the SoFA.
- (c) Bank interest is recognised when credited to the account.
- (d) Income, which is subject to conditions that the company has yet to fulfil, or which is specifically for use in a future accounting period, is treated as deferred income.

2.3 Expenditure and liabilities

- (a) Expenditure is recognised on the accruals basis.
- (b) The company is not registered for VAT, thus all costs are shown inclusive of VAT charged.
- (c) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources.

Saints Community Development Foundation Limited
Notes to the accounts
for the year ended 31 March 2024

2.4 Tangible Fixed Assets

(a) Tangible fixed assets are capitalised if they can be used for more than one year and cost at least £1,000. They are valued at cost or, if gifted, at their value on receipt.

Rates of depreciation

Equipment: 20% straight line basis to nil

2.5 Debtors

(a) Debtors are recognised at the settlement amount due.

(b) Prepayments are valued at the amount prepaid.

2.6 Cash

(a) Cash comprises bank deposits repayable on demand and any short-term highly liquid investments with a maturity date of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Creditors

(a) Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount.

(b) Accrued charges are normally valued at their settlement amount.

2.8 Taxation

Except in the case of charitable grants, corporation tax may arise on the ordinary activities of the company

3 Transactions with directors and related parties

No directors received any remuneration or expenses during the accounting period.

Saints Community Development Foundation Limited
Notes to the accounts
for the year ended 31 March 2024

4 Incoming resources

	2024 Total funds £	2023 Total funds £
Income from activities		
St Helens Council	153,500	131,413
The Rugby Football League	20,710	38,250
Rugby Football League Together Fund	5,968	-
Qualitech	5,500	-
Torus Foundation	58,802	-
The National Lottery Community Fund	19,200	-
Awards for All Veterans to Work Project	8,516	-
VOLA Consortium	-	453
Network Space	-	7,500
Community Foundation	5,000	10,000
National Heritage	-	10,000
Merseycare NHS	-	20,000
Schools Delivery Programme	39,780	28,812
Summer Camps	19,293	43,775
Events & fundraising	11,558	3,760
Weekly Programmes	42,549	-
Miscellaneous Income	13	24,781
Facilities Hire	22,488	-
Donations	43,706	-
	<u>456,583</u>	<u>318,744</u>

5 Expenditure

Administrative expenses

Salaries and NICs	450,666	229,134
Sponsorship	300	4,440
Insurance	2,544	-
Project expenses & resources	93,183	40,211
Vehicle Expenses	15,289	8,228
Premises and Room Hire costs	7,800	19,660
Telecoms, IT Costs	2,676	515
Legal & Professional fees	35	-
Accountancy	450	-
Bank charges	1,251	1,033
Total resources expended	<u>574,194</u>	<u>303,221</u>

6 Debtors and prepayments

	£	£
Debtors	-	-
Prepayments	-	-
	<u>-</u>	<u>-</u>

7 Cash at bank and in hand

	£	£
Cash at bank and in hand	50,603	115,919
	<u>50,603</u>	<u>115,919</u>

8 Creditors and accruals

	£	£
Creditors	51,845	-
Accruals	450	-
	<u>52,295</u>	<u>-</u>

Saints Community Development Foundation Limited
Notes to the financial statements
for the year ended 31 March 2024

9 Comparative income and expenditure

	2024 £	2023 £
Income from:		
Income		
Bank interest	456,583	318,744
Total incoming resources	<u>456,583</u>	<u>318,744</u>
Expenditure on:		
Administrative expenses	<u>574,194</u>	<u>303,221</u>
Net incoming / (outgoing) resources	(117,611)	15,523
Net movement in funds	(117,611)	15,523
Reconciliation of funds		
Total funds as at 1 April 2023	<u>115,919</u>	<u>100,396</u>
Total funds as at 31 March 2024	<u>(1,692)</u>	<u>115,919</u>