

Saints Community Development Foundation Limited

Charity number 1177030

A Company limited by guarantee number 10095295

Annual Report and Financial Statements

for the year ended 31 March 2023



Greater Merseyside Community
Accountancy Service

Saints Community Development Foundation Limited

Annual Report and Financial Statements for the year ended 31 March 2023

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Prepared by the Greater Merseyside Community Accountancy Service

Reference and Administrative Details

Saints Community Development Foundation Limited

Charity number 1177030

A Company limited by guarantee number 10095295

The directors of the company for the purposes of company law, are pleased to present their report and financial statements for the year ended 31 March 2023.

| Name | Position | Dates |
|--------------------|-----------------|--------------|
| Eric Chisnall | | |
| Anne-Marie Nicholl | | |
| Joseph Nicholl | | |
| Ian Wellens | | |
| Sally Yeoman | | |

Method of appointment

The directors may appoint any person who is qualified and willing to act to be a director

Registered address

The Totally Wicked Stadium
Mcmanus Drive
St Helens
Merseyside
WA9 3AL

Bankers

Barclays Bank plc
Hardshaw Street
St Helens
Merseyside
WA10 1QZ

Governing document

The organisation is a company limited by guarantee (registered in England and Wales, No. 10095295) incorporated on 31st March 2016 as amended 10th November 2017. Registered with the Charity Commission for England and Wales on 6th February 2018 registered number 1177030

The company was established under a Memorandum of Association which established the objects and powers of the company and is governed by its Articles of Association.

Objects of the organisation

To promote community participation in healthy recreation by providing facilities for the playing of rugby league and other sports ('facilities' means land, buildings, equipment and organising sports activities).

To provide and assist in providing facilities for sport, recreation or other leisure time occupation of such persons who have need for such facilities by reason of their age, ethnicity, disability, poverty or social and economic circumstances or for the public at large in the interest of social welfare and with the object of improving their conditions of life.

To advance the education of children, young people and adults through such means as the trustees think fit in accordance with the law of the charity.

Principal Activity

For the benefit of the public generally and in particular the inhabitants of St Helens and Merseyside and the surrounding areas.

Accountant

on behalf of:

Greater Merseyside Community Accountancy Service

Beacon Building
College Street
St Helens
WA10 1TF

Saints Community Development Foundation Limited

Achievements and Performance.

This year saw a real step forward for our established programmes as well as our new ventures.

Through our high standards of delivery, The Foundation's reputation is continuing to thrive which is leading to a growing list of partnerships within the community. Our improved monitoring processes have given us more concise feedback in finer detail than ever before. With this, we can now articulate the impact of our delivery and share this to our stakeholders. This allows us to continuously better what we deliver and identify areas for improvement. This will benefit user experience and our ability to deliver quality programmes.

An example of our impact can be seen within our Armed Forces group – The Veterans of the Foundation have recorded that 66% of attendees are from areas of high deprivation within our community, this is the cohort of people we are looking to support, as it is this cohort that are at risk of inequalities. They fed back that our Breakfast Club on a Thursday morning helped with socialisation which has helped tackle isolation within the group. Other benefits reported back from the group included: Improved mental health, improved their outlook and made them feel better within themselves. Quotes such as "Everyone is very helpful" and "The staff are very polite and helpful, always there to lend a hand". An interesting quote we received "Accommodation is tight" which is good in the sense the group is expanding, However, this also gives us some work on expansion and maintaining user quality for our Veterans going forward.



The Veterans with Brad Billsborough and the club's silverware

The Veterans Hub at the Shining Lights Centre



The Veterans Breakfast club



Saints Community Development Foundation Limited

This year also saw the conclusion of the 'Veterans in Bloom' project where we were awarded a grant from the Covenant fund for our Veterans. The award helped us assist in several ways to engage a diverse range of veteran volunteers.

Our first target was to secure an allotment to allow us to become self-sufficient to supply our planned Memorial Garden with flowers and shrubs for the years to come. This brought out our green fingered veterans who helped get our allotment into shape and ready for our new arrival. The allotment means that there is a longer-term commitment needed by the Veterans to keep it maintained whilst the Memorial Garden was under construction. It cannot be stated enough how much partnership working went on to achieve the outcomes of our Veterans in Bloom so recognition must go to the St Helens

Council, The Friends of St Helens Cemetery and of course the Covenant fund.



The Volunteers for the Allotment enjoying a well earned break.



Clearing the pathways
Erecting and clearing out the Polly Tunnel

Action shot of our workforce.



The Volunteers for the Allotment

Saints Community Development Foundation Limited

On 3rd September 2022 was the opening ceremony of the Veterans of the Foundation's memorial Garden at the St Helens Cemetery attended by dignitaries from all over Merseyside and surrounding areas.

Pictures below:

(Top Right) The opening ceremony service of the Memorial Garden.

(Bottom Left) Our Monument to the fallen. (Bottom Right) Our monument guarded by two mesh soldiers.

As the dust settled and the people went away, the last phase of the Veterans in Bloom programme came into play. The commitment to maintain both the memorial and the allotment which is the longest commitment. We have a Friday group who visit the cemetery who not only clear and clean the memorial but clear the graves of the soldiers resting in the cemetery. Annually they go around and place a poppy on each grave to remember their comrades, and as the younger veterans will tell this is a new place to sit reflect and remember the fallen from later conflicts. We believe the commitment to maintain the allotment and memorial is safe in our veterans' hands. We have also left a quiet place for everyone to have time to reflect and /or just sit and embrace the monument and all it represents.



Saints Community Development Foundation Limited

Cheer and Dance

This year also saw us expand our Cheer and Dance group the Saints Angels. We believe our troop to be a very diverse group and this year has taken us to greater heights. It is highly publicised that opportunities in St Helens and surrounding areas are hard to find so we have opened our timetables to get as many classes to cover as many areas of dance and cheer as we can fit in. One of the areas that has really taken off is our Inclusive Cheer group, who have really bonded and have found it to be more than just a hobby but a club. A Club where carers can get a little respite happy in the fact that their children are learning in a safe and fun environment.



Lucy along with one of our inclusive cheer dancers.



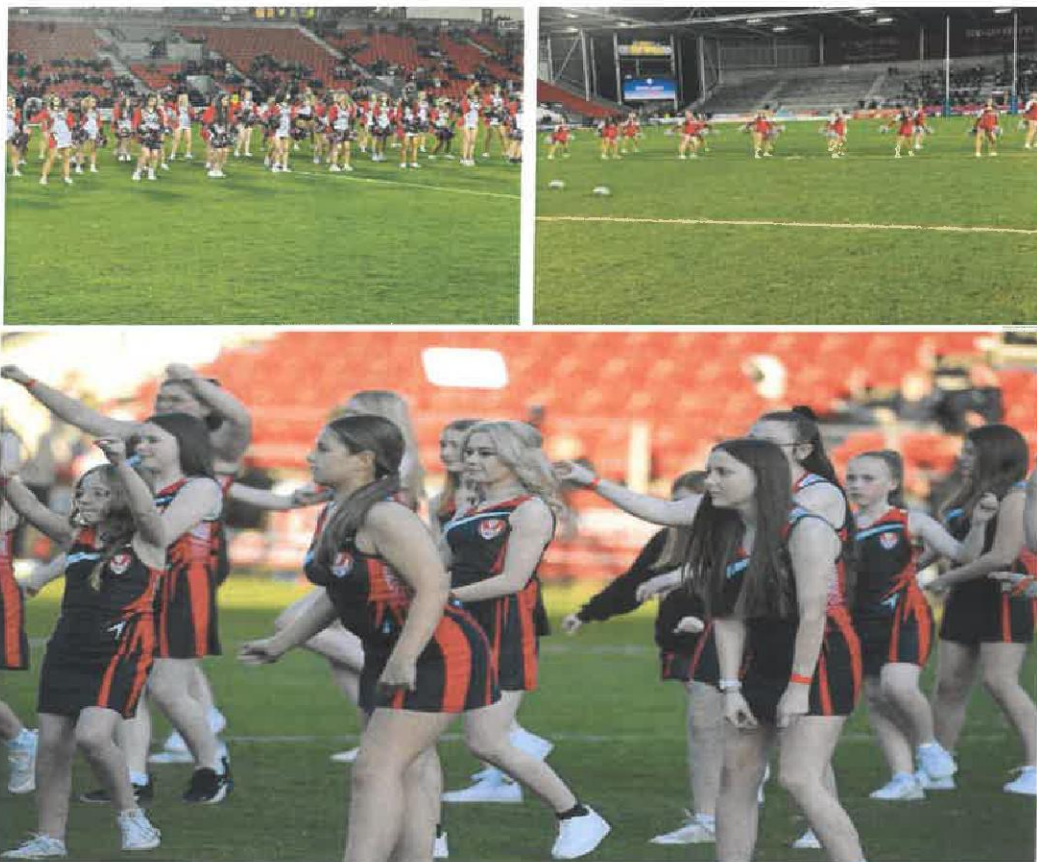
Match day with some of our A-star Angels dancing with mini angels



Our Junior Angels performing on a match day.

Saints Community Development Foundation Limited

The feedback from the groups has also been very positive with 77% of the parents rating the programme at 100%. Like the data presented with the veterans, Our Inclusive cheer group is accessing those in the most deprived areas with 55% of the members coming from those areas of deprivation. Parents fed back to us that their children are increasing their confidence levels, gaining self-esteem, and making friends. This itself decreasing isolation and anxiety within the groups. 88% of the parents rated our coaches at 100%. The coaches were feeding back a better level of coordination and balance again with a rise in self-confidence. We are very conscious that we need to give a clear pathway for the children to go as far down as their commitment etc. requires. Our elite dance group the "A" Star Angels perform on match day and are very much a part of the gameday entertainment and attraction. We have sideline dancers who themselves want to progress to become an "A" Star Angel and our junior squads are geared up to bechich can only bode well for our community.re, we have a route for all be it recreational or an ambition.



(Above pictures)

(Top left) Our Elite A Star Angels perform on match night.

(Top Right) Our sideliners performing a routine on match night. (Bottom) Our junior squad performing a routine on match day.

Saints Community Development Foundation Limited

St Helens RFC and the Foundation have continued to work closely together to maintain a high level of experience for our community.

Here are some of the events / functions attended by the first team women's and men's players. It goes without saying that the buy in from the players and coaches plays a major part in our success.



**Christmas visit
James Roby and
Tarah Jones**



**Men's
Mental
health and
Fitness
programme
Joe
Batchelor**



**HAF
Programme
visit Conrad,
LMS and Jake
Wingfield**

Saints Community Development Foundation Limited



School from St Helens
attending first team open
training session at TW Stadium



Girls schools Finals at TW
Stadium Jodie
Cunningham



Morgan Knowles and Matty
Smith at RL Development
camps

Schools Projects

Our partnership with the schools in our community are raising awareness in several ways. St Helens is high in some of the rankings that we as a town are quite rightly not so proud of. In order to tackle this our partnerships with organisations are vital in getting the messages out there that can make a difference. Here are a few of our campaigns successfully run this year.



Ketamine Awareness with the first team squad and St Helens Council

Saints Community Development Foundation Limited

Violence reduction through sport with Think fast academy and SCDF

County Lines and Gang awareness with Merseyside Police



Schools Mental Health Workshops and Schools Mental Health Assemblies.

Saints Community Development Foundation Limited

Mental Health programmes

With the growing success of our Reminiscence Café, We managed to obtain a sponsor, which has helped fund the programme and ensure its existence. Thanks must go to the Qualitech company for not only believing in our programmes but for financially backing us in these times. Their sponsorship covers the In It Together programme for young onset dementia sufferers which evolved as our Reminiscence café grew. Again, the support of the club and it's Players Association plays a massive part of the success of the Café, giving people triggers to set them off chatting about things dear to their hearts. Part of the Café is to look after the carers also having guests speak to them separately to alleviate any worries or fears. Also, the groups have their own WhatsApp group so as people as constantly available if anyone feels isolated or a struggling with any phase of the illness away from the café. We are proud to have this as one of our flagship programmes and proud to say we have led the way with others following suit, which can only bode well for our community.

Pictures Below:

(Top Left) The members enjoy a video of old St Helens town.

(Top Right) Our staff making sure everyone is OK

(Bottom Left) A Bit of chair exercise to enjoy and keep active (Bottom Right) Interview with Club legend Eric Chisnall.



Saints Community Development Foundation Limited



Mental health and wellbeing training for all at the TW Stadium

Schools / Community RL

Then comes our ongoing commitment to the Club and the people of our community to give every child the opportunity to play our sport and provide links and opportunities to progress as far down the pathway that their want, ability and dedication can take them.

This year saw the inaugural girls' school's finals to be played at the TW Stadium. Coupled with the clubs' players association sponsoring the St Helens schools' competitions we have made gigantic strides. We have put in place a girl's academy with the first team and U19s academy already in place. This has helped keep the transition to a minimum but also to stem the haemorrhaging of players to other professional clubs which keep our children in our community clubs. The support of our Women players has again shown the solidarity that exists between the club and foundation, both players and staff alike.

Saints Community Development Foundation Limited



Winners of one of the girls St Helens Schools Cup Final



Winners of one of the boys St Helens schools Cup finals.



Players association present cheque to Foundation for Sponsorship of St Helens schools cup competitions

Our LDRL team has grown in numbers again this year, and in addition to the playing side the volunteer side has grown. Quite a few parents have caught the volunteering bug which helps the infrastructure of the team and the day to day running of the squad much easier. Our thanks go out to all our volunteers who take the time to make a difference in our own community, Thanks a million.

Saints Community Development Foundation Limited



Above pictures

(Top Left) Our LDRL side showing off their new training wear.

(Bottom)

LDRL playing at St James Park Newcastle at Magic weekend.

(Top Right) Action shot

Although in some respects this year has been challenging, when you see the rewards of the effort, we have had a great year. Our volunteering numbers have risen, and our staff have progressed and adapted according to demand. I believe our team has a lot more flexibility within it at present which has allowed us to branch out and take on fresh challenges. Our community will always throw up some demands that as yet we have not encountered and if we keep an open mind and work alongside our partners we are quite up to making our community stronger through sport.

Data Protection

Saints Community Development Foundation Ltd comply with the data protection act requirements and will always protect members and visitors' data.

Saints Community Development Foundation Limited

Financial Review

The surplus of the company for the year amounted to £15,523 (Deficit (£8,260) ~ 2022)

Saints Community Development Foundation Ltd are committed to responsible fundraising practice and regular monitoring. Our reserves policy incorporates the recommended approach for small charities such as: Risk of unseen emergencies. Risk of unseen operational costs. Uncertainty over future income. Planned spending commitments that cannot be met by future income alone. An amount to cover short term deficiencies in cash budgets. Our Reserves policy and position is reviewed annually and on an ongoing basis.

Risk Management

The directors actively review the major strategic, business and operational risks that the company faces on a regular basis and acknowledge that the key risks would relate to reduction in income.

Statement of Directors' responsibilities

Company law requires the directors to prepare financial accounts for each year which give a true and fair view of the state of affairs of the company and of the incoming resources and application of resources, including the income and expenditure of the company for that period. In preparing those financial statements, the directors are required to:

select suitable accounting policies and apply them consistently;

make judgements and estimates that are reasonable and prudent;

state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.

prepare the financial statements on a going concern basis unless it is inappropriate to presume that the company will continue in business;

The directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Board on 20th November 2023 and signed on behalf of the directors by:

Eric Chisnall
Director



Independent Examiner's report to the trustees of Saints Community Foundation Limited

I report on the accounts of the charity for the year ended 31st March 2023 set out on pages 17 to 23

Respective responsibilities of the Trustees and examiner

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- ☐ examine the accounts under section 145 of the 2011 Act;
- ☐ to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- ☐ state whether particular matters have come to my attention.

Basis of Independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

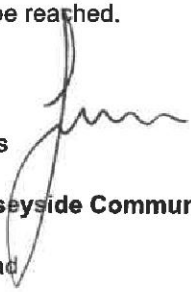
In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

- ☐ to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- ☐ to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Jane Williams
MAAT
Greater Merseyside Community Accountancy Service
St Maries
Lugsdale Road
Widnes
WA8 6DB

20th November 2023

Saints Community Development Foundation Limited
Statement of Financial Activities
(Including Income & Expenditure Account)
for the year ended 31 March 2023

| | Notes | 2023 Total funds £ | 2022 Total funds £ |
|--|-------|-----------------------------|-----------------------------|
| Income from: | | | |
| Income from activities | (4) | 318,744 | 332,646 |
| Total incoming resources | | <u>318,744</u> | <u>332,646</u> |
| Resources expended | | | |
| Administrative expenses | (5) | 303,221 | 340,906 |
| Net incoming / (outgoing) resources | | 15,523 | (8,260) |
| Reconciliation of funds | | | |
| Total funds as at 1 April 2022 | | <u>100,396</u> | <u>108,656</u> |
| Total funds as at 31 March 2023 | | <u>115,919</u> | <u>100,396</u> |

The above statement includes all gains and losses recognised during the year.
All activities are regarded as continuing.
The Notes on pages 20 to 23 form an integral part of these accounts.

Saints Community Development Foundation Limited

Charity number 1177030

A Company limited by guarantee number 10095295

Balance sheet

as at 31 March 2023

| | 2023 Total £ | 2022 Total £ |
|--|--------------------|--------------------|
| Current Assets | | |
| Debtors and prepayments | (6) - | - |
| Cash at bank and in hand | (7) 115,919 | 100,606 |
| Total current assets | <u>115,919</u> | <u>100,606</u> |
| Current liabilities: | | |
| amounts falling due within one year | | |
| Creditors (due within one year) | (8) - | 210 |
| Total current liabilities | <u>-</u> | <u>210</u> |
| Net Assets | <u>115,919</u> | <u>100,396</u> |
| Total Funds | <u>115,919</u> | <u>100,396</u> |

The directors of the company confirm that for the year ended 31 March 2023

- the company was entitled to exemption from audit under section 477 of the Companies Act 2006, and
- the directors have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Act

the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

The notes on pages 20 to 23 form an integral part of these accounts.

These accounts, which have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies, were approved by the directors on 20th November 2023 and signed on their behalf by:


Joseph Nicholl
Director

Saints Community Development Foundation Limited
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 March 2023

| | 2023 | 2022 |
|--|----------------|----------------|
| | Total | Total |
| | £ | £ |
| Cash flows from operating activities: | | |
| Net income/(expenditure) per SOFA | 15,523 | (8,260) |
| Investment income | - | - |
| (Increase)/decrease in debtors | (6) | - |
| Increase/(decrease) in creditors | (8) | - |
| | <u>15,313</u> | <u>(8,260)</u> |
| Cash flows from investing activities | | |
| Investment income | <u>-</u> | <u>-</u> |
| Net increase/(decrease) in cash: | 15,313 | (8,260) |
| Total cash as at 1 April 2022 | <u>100,606</u> | <u>108,866</u> |
| Total cash as at 31 March 2023 | <u>115,919</u> | <u>100,606</u> |

The notes on pages 20 to 23 form an integral part of these accounts.

Saints Community Development Foundation Limited

Notes to the accounts

for the year ended 31 March 2023

1 Basis of preparation

These accounts (financial statements) have been prepared under the historical cost convention,

- 1.1** with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- (a) The Companies Act 2006
- (b) The Financial Reporting Standard applicable in the UK and the Republic of Ireland: FRS 102

- 1.2** The directors consider that there are not material uncertainties about the company's ability to continue as a going concern.

2 Accounting Policies

2.1 Fund accounting

- (a) Unrestricted funds are those that can be expended at the discretion of the directors in the furtherance of the objects of the company.
- (b) Restricted funds are those that may only be used for specific purposes. Restrictions arise when specified by the donor, or when funds are raised for specific purposes.
- (c) The purposes of the funds are shown in Note 7a.

2.2 Income

- (a) Income is recognised and included in the Statement of Financial Activities (SOFA) when the company becomes entitled to the income; receipt is probable; and the monetary value can be measured with sufficient reliability.
- (b) Where income has related expenditure, the income and related expenditure are reported gross in the SoFA.
- (c) Bank interest is recognised when credited to the account.
- (d) Income, which is subject to conditions that the company has yet to fulfil, or which is specifically for use in a future accounting period, is treated as deferred income.

2.3 Expenditure and liabilities

- (a) Expenditure is recognised on the accruals basis.
- (b) The company is not registered for VAT, thus all costs are shown inclusive of VAT charged.
- (c) Liabilities are recognised as soon as there is a legal or constructive obligation to pay out resources.

Saints Community Development Foundation Limited

Notes to the accounts

for the year ended 31 March 2023

2.4 Tangible Fixed Assets

(a) Tangible fixed assets are capitalised if they can be used for more than one year and cost at least £1,000. They are valued at cost or, if gifted, at their value on receipt.

Rates of depreciation

Equipment: 20% straight line basis to nil

2.5 Debtors

(a) Debtors are recognised at the settlement amount due.

(b) Prepayments are valued at the amount prepaid.

2.6 Cash

(a) Cash comprises bank deposits repayable on demand and any short-term highly liquid investments with a maturity date of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Creditors

(a) Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount.

(b) Accrued charges are normally valued at their settlement amount.

2.8 Taxation

Except in the case of charitable grants, corporation tax may arise on the ordinary activities of the company

3 Transactions with directors and related parties

No directors received any remuneration or expenses during the accounting period.

Saints Community Development Foundation Limited

Notes to the accounts

for the year ended 31 March 2023

| 4 Incoming resources | 2023 | 2022 |
|---|----------------|----------------|
| | Total | Total |
| | funds | funds |
| | £ | £ |
| Income from activities | | |
| 5 Boroughs Partnership | - | 25,000 |
| St Helens Council | 131,413 | 103,958 |
| The Rugby Football League | 38,250 | 77,019 |
| Rugby League Cares | - | 17,500 |
| Halton & St Helens VCA | - | 6,950 |
| Workers Educational Trust | - | 10,270 |
| Maximum Edge | - | 960 |
| Merseyside Sports Partnership | - | 1,885 |
| Torus Foundation | - | 3,355 |
| Cheshire Community Fund: Assura Grant | - | 5,000 |
| Awards for All Veterans to Work Project | - | 10,000 |
| Armed forces Covenant | 453 | 8,612 |
| Network Space | 7,500 | - |
| Community Foundation | 10,000 | - |
| National Heritage | 10,000 | - |
| MerseyCare NHS | 20,000 | - |
| Business Free Programme Sponsorship | - | 5,000 |
| Schools Delivery Programme | 28,812 | 15,947 |
| Summer Camps | 43,775 | 25,533 |
| Events & fundraising | 3,760 | 4,425 |
| Miscellaneous Income | 24,781 | 7,385 |
| Donations | - | 3,848 |
| | 318,744 | 332,646 |

5 Expenditure

Administrative expenses

| | | |
|---------------------------------|----------------|----------------|
| Salaries and NICs | 229,135 | 209,901 |
| Sponsorship | 4,440 | 600 |
| Training | - | 3,046 |
| Project expenses & resources | 40,211 | 72,981 |
| Vehicle Expenses | 8,228 | 10,438 |
| Premises and Room Hire costs | 19,660 | 40,526 |
| Telecoms, IT Costs | 515 | 821 |
| Legal & Professional fees | - | 1,285 |
| Accountancy | - | 225 |
| Bank charges | 1,033 | 1,082 |
| Total resources expended | 303,221 | 340,906 |

6 Debtors and prepayments

| | £ | £ |
|-------------|----------|----------|
| Debtors | - | - |
| Prepayments | - | - |
| | - | - |

7 Cash at bank and in hand

| | £ | £ |
|--------------------------|----------------|----------------|
| Cash at bank and in hand | 115,919 | 100,606 |
| | 115,919 | 100,606 |

8 Creditors and accruals

| | £ | £ |
|-----------|----------|------------|
| Creditors | - | - |
| Accruals | - | 210 |
| | - | 210 |

Saints Community Development Foundation Limited
Notes to the financial statements
for the year ended 31 March 2023

9 Comparative income and expenditure

| | 2023 £ | 2022 £ |
|--|----------------|----------------|
| Income from: | | |
| Income | 318,744 | 332,646 |
| Bank interest | - | - |
| Total incoming resources | <u>318,744</u> | <u>332,646</u> |
| Expenditure on: | | |
| Administrative expenses | <u>303,221</u> | <u>340,906</u> |
| Net incoming / (outgoing) resources | 15,523 | (8,260) |
| Net movement in funds | 15,523 | (8,260) |
| Reconciliation of funds | | |
| Total funds as at 1 April 2022 | <u>100,396</u> | <u>108,656</u> |
| Total funds as at 31 March 2023 | <u>115,919</u> | <u>100,396</u> |