

THE NATASHAS PROJECT

England & Wales · Charity number 1176994

Details

Other names NATASHAS

Status Registered

Legal form CIO

Registered 2018-02-05

Register [View on the Charity Commission register](#)

Contact

Address 2 Fensomes Close
Hemel Hempstead
HP2 5DH

Phone 07795514824

Email info@thenatashasproject.co.uk

Website www.thenatashasproject.co.uk

Activities

Objects: TO PROMOTE HUMAN RIGHTS (AS SET OUT IN THE UNIVERSAL DECLARATION OF HUMAN RIGHTS AND SUBSEQUENT UNITED NATIONS CONVENTIONS AND DECLARATIONS) THROUGHOUT THE WORLD PARTICULARLY, BUT NOT EXCLUSIVELY, THROUGH THE PRESENTATION OF PUBLICLY ACCESSIBLE, HIGH QUALITY PERFORMANCES AND WORKSHOPS OF DANCE AND OTHER ARTS FORMS. FURTHER THE CIO MAY PROMOTE HUMAN RIGHTS BY ALL OR ANY OF THE FOLLOWING MEANS:•MONITORING ABUSES OF HUMAN RIGHTS;•OBTAINING REDRESS FOR THE VICTIMS OF HUMAN RIGHTS ABUSE;•RELIEVING NEED AMONG THE VICTIMS OF HUMAN RIGHTS ABUSE;•RESEARCH INTO HUMAN RIGHTS ISSUES;•PROVIDING TECHNICAL ADVICE TO GOVERNMENT AND OTHERS ON HUMAN RIGHTS MATTERS;•CONTRIBUTING TO THE SOUND ADMINISTRATION OF HUMAN RIGHTS LAW;•COMMENTING ON PROPOSED HUMAN RIGHTS LEGISLATION;•RAISING AWARENESS OF HUMAN RIGHTS ISSUES;•PROMOTING PUBLIC SUPPORT FOR HUMAN RIGHTS;•PROMOTING RESPECT FOR HUMAN RIGHTS AMONG INDIVIDUALS AND CORPORATIONS;•INTERNATIONAL ADVOCACY OF HUMAN RIGHTS;•ELIMINATING INFRINGEMENTS OF HUMAN RIGHTS.IN FURTHERANCE OF THAT OBJECT BUT NOT OTHERWISE, THE TRUSTEES SHALL HAVE POWER TO ENGAGE IN POLITICAL ACTIVITY PROVIDED THAT THE TRUSTEES ARE SATISFIED THAT THE PROPOSED ACTIVITIES WILL FURTHER THE PURPOSES OF THE CHARITY TO AN EXTENT JUSTIFIED BY THE RESOURCES COMMITTED AND THE ACTIVITY IS NOT THE DOMINANT MEANS BY WHICH THE CHARITY CARRIED OUT ITS OBJECTS.THE NATASHAS PROJECT WAS FOUNDED AS A PRACTICAL EXPRESSION OF THE LOVE OF JESUS CHRIST. WE GLADLY WORK WITH PEOPLE OF ALL FAITHS AND NONE.

Activities: The Natashas Project is an international contemporary dance/physical theatre company founded in 2013. Its aim is to use dance to inform and equip the public about Human Trafficking and Modern Day Slavery and support survivors through creative means.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Religious Activities, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£60,287	£52,537	-	-
2024-02-29	£25,583	£31,503	-	-
2023-02-28	£15,561	£11,446	-	-
2022-02-28	£18,375	£23,054	-	-
2021-02-28	£12,355	£8,966	-	-

Trustees

Name	Role	Appointed
Timothy Scott Batliwala-Withers	Chair	2022-02-01
SOPHIE DENICE SMYTH		2017-09-20
Sharon Sexton		2024-05-15

THE NATASHAS PROJECT

England & Wales - Charity number 1176994

Accounts

Registered Charity No 1176994

The Natashas Project

Annual Report and Financial Statements For the year ended 28 February 2025

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THE NATASHAS PROJECT

ANNUAL REPORT

For the year ended 28 February 2025

Legal and Administrative Information

The Natashas Project (TNP) was founded in 2013. It has been a registered charity, number 1176994, since 5 February 2018 and the address for correspondence is 2 Fensomes Close, Hemel Hempstead, Hertfordshire HP2 5DH or e-mail info@thenatashaproject.co.uk. Its governing document is its Constitution.

Objects/Principal Activities

Vision:

Dancing in and For Freedom

Mission:

We use dance as a powerful tool to address the impact of modern slavery. Our interactive dance experiences connect hearts, restore hope and inspire change. We do it for survivors and the children of tomorrow, because we believe in a future where everybody lives in freedom, and people dance only for joy

We currently work out this mission in three ways:-

Performance Productions: TNP gives professional dance productions that raise awareness through informing audiences on the effects and realities of modern slavery. The performances aim to instigate and empower change, by taking audiences through a journey of lost innocence, 21st century slavery, and how this injustice still affects every single society throughout the world today and what people can do to make a difference.

Education workshops: TNP has audience tailored workshops that have been created to inform, equip and inspire students and participants to take ownership of instances of human trafficking in their own communities and engage in conversations about safe relationships.

Restorative dance workshops for Survivors: The third branch works with survivors of modern slavery and human trafficking, through its Restorative Dance Workshops. These are fun, creative workshops which aim to develop confidence, self-esteem, physical fitness and ownership of survivors' bodies.

Organisation

TNP is governed by the Board of Trustees which is responsible for all aspects of the organisation that affect this UK-based Charity.

During the year ended 28 February 2025, the Board of Trustees was made up as follows:

Tim Withers – Chair (appointed August 2024)
Sophie Smyth – Secretary
Sharon Green – Trustee
Sharon Sexton – Treasurer (appointed May 2024)
Jim Treherne – Chair (resigned August 2024)

The Trustees may appoint new trustees throughout the year. They are all volunteers.

TNP's bankers are Natwest Bank.

THE NATASHAS PROJECT

Review of Activities

Restorative branch: TNP continued to provide tailor-made dance workshops to support survivors of human trafficking and modern slavery. Grants were received from the National Lottery and Souter Charitable Trust totalling £21,975 to fund these Restorative workshops. A grant was also received from Stewardship Services to fund an Operations Manager.

Financial Review

The overall result for the year was a surplus of £7,750 compared with a deficit of £5,920 the previous year.

Reserves

TNP aims to maintain funds of at least £2,000 so that it is able to enter into contracts to hire performance venues and commit to other expenditure for the following year.

Risk Management

The Board of Trustees has examined the principal areas of the Charity's operations and considered what major risks may arise in each of these areas. In the opinion of the Board of Trustees, the Charity has established resources and review systems which, under normal conditions, should allow the risks identified by them to be mitigated to an acceptable level in its day to day operations.

The Charity has appropriate risk mitigation measures in place including policies and training on the following:

Working with vulnerable groups - particularly survivors of human trafficking
First Aid

The Charity ensures all volunteers and staff have up to date DBS checks prior to working with children or vulnerable adults

Policies

TNP has the following policies to govern its operational activities and these are reviewed on an agreed timeline, either annual or bi-annual. They are:

- Finance
- Health & Safety
- Recruitment
- Equal Opportunities
- Safeguarding
- Risk Management
- Data Protection and Privacy

Future prospects

TNP will continue to provide support to survivors of modern slavery. Workshops will be for women, men, youth and children of the survivors.

TNP will be reviving previous productions, from before the pandemic.

TNP will be exploring reaching out to for Primary Schools audiences for the first time, ensuring all safeguarding is in place to reach this new age bracket.

I declare, in my capacity of Charity Trustee, that:

- the Trustees have approved the report above; and
- have authorised me to sign it on their behalf

Tim Withers, Chair 7 October 2025



THE NATASHAS PROJECT

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 28 February 2025

	Notes	2025			2024		
		Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
		£	£	£	£	£	£
Incoming resources from:							
Grant income		46,975		46,975	10,500		10,500
Donations and fundraising			12,132	12,132	500	14,508	15,008
Charitable Activities		1,180		1,180		75	75
Total income		48,155	12,132	60,287	11,000	14,583	25,583
Expenditures on:							
Fees	3	35,127	12,200	47,327	16,283	11,408	27,691
Other costs	5	3,828	1,383	5,210	1,600	2,212	3,812
Total expenditures		38,955	13,582	52,537	17,883	13,620	31,503
Net income		9,200	(1,450)	7,750	(6,883)	963	(5,920)
Accumulated Funds brought forward		3,113	3,533	6,646	9,996	2,570	12,566
Transfer from UF to RF		-	-	-	-	-	-
Accumulated Funds carried forward		12,313	2,083	14,396	3,113	3,533	6,646

THE NATASHAS PROJECT

BALANCE SHEET as at 28 February
2025

	Notes	2025 £	2024 £
CURRENT ASSETS			
Cash at bank and in hand		<u>14,701</u>	<u>6,646</u>
		14,701	6,646
Creditors: amounts falling due			
within one year	6	<u>(305)</u>	<u>0</u>
Net Current Assets		<u>14,396</u>	<u>6,646</u>
REPRESENTED BY			
Restricted Funds	7	12,313	3,113
Unrestricted Funds		<u>2,083</u>	<u>3,533</u>
TOTAL FUNDS		<u>14,396</u>	<u>6,646</u>

Tim Withers, Chair 7 October 2025



THE NATASHAS PROJECT

NOTES TO THE ACCOUNTS for the year ended 28 February 2025

1. Accounting policies

Basis of preparation

These accounts have been prepared under the historic cost convention and in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including:

- a) FRS102 1A, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" as applies to small companies;
- b) The 2015 Charities Statement of Recommended Practice.

Incoming resources

- a) Grant income is accounted for on receipt, but taken to restricted funds until all their terms and conditions of receipt are met.
- b) Donations from individuals and organisations and from fundraising events are accounted for when received.
- c) Charitable activities, which includes income from performances at venues, are accounted for when received.

Expenditure

Resources expended are accounted for on a cash basis, inclusive of irrecoverable VAT.

Fund accounting

Unrestricted funds are funds which can be used, in accordance with the charitable objects, at the discretion of the Trustees.

Restricted funds are funds which can only be used for particular purposes within the objects of TNP. Restrictions arise when specified by the donor or when funds are raised for particular purposes. The nature and purpose of each restricted fund is set out in note 7.

Tangible fixed assets

Items below £750 are not capitalised. TNP has no tangible fixed assets.

2. Trustees expenses

No member of the Board of Trustees or any person connected with them has received or is due to receive any remuneration for the year directly or indirectly from TNP funds.

3. Fees

Fees include payments to teachers, choreographers, stage managers, consultants and dancers net of statutory maternity pay received and staff employment costs.

4. Staff Costs

	Notes	2025	2024
		£	£
Gross Salaries		25,939	15,162
Employers NI		2,130	531
Employers Pension		<u>895</u>	<u>383</u>
Total Staff Costs		<u>28,964</u>	<u>16,076</u>

THE NATASHAS PROJECT

In the period under review there were two part-time employees (2024: one).

No-one was paid more than £60,000

The Charity considers the Charity Director and the Operations Manager together with the Trustees to be its key management personnel.

5. Other costs

Other costs include travel costs for performers, costumes, equipment, studio hire, training and development, advertising, insurance and office expenses

6. Creditors: amounts falling due within one year

Taxation and social security £305

7. Restricted funds

	Balance at 29 February 2024 £	Income £	Expenditure £	Balance at 28 February 2025 £
Anchor Foundation	2,613		(2,613)	0
Individual donation	500		(500)	0
a) Stewardship		25,000	(14,583)	10,417
b) The National Lottery		18,975	(18,975)	0
c) Souter Charitable Trust		3,000	(1,399)	1,601
d) Other Restricted Funds		1,180	(885)	295
	<u>3,113</u>	<u>48,155</u>	<u>(38,955)</u>	<u>12,313</u>

a) A grant was received to fund the Operations Manager position.

b) A grant was received for Restorative workshops.

c) A grant was received for Restorative workshops.

d) Several organisations that donated between £60 and £160 to help fund specific Restorative workshops.

8. Related party transactions

Total donations given to the Charity during the 12 month period by Trustees, key management personnel and persons connected to them were £4600 (prior year: £1100).

THE NATASHAS PROJECT

Independent examiner's report to the trustees of The Natashas Project (Charity No.1176994)

I report to the trustees on my examination of the accounts of the above charity for the year ended 28 February 2025

Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kevin Lowen
FCCA
Woodley
Reading


8/10/25

THE NATASHAS PROJECT

England & Wales - Charity number 1176994

Accounts

Registered Charity No 1176994

The Natashas Project

Annual Report and Financial Statements For the year ended 29 February 2024

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THE NATASHAS PROJECT

ANNUAL REPORT

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We currently work out this mission in three ways:-

Performance Productions: TNP gives professional dance productions that raise awareness through informing audiences on the effects and realities of modern slavery. The performances aim to instigate and empower change, by taking audiences through a journey of lost innocence, 21st century slavery, and how this injustice still affects every single society throughout the world today and what people can do to make a difference.

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Restorative dance workshops for Survivors: The third branch works with survivors of modern slavery and human trafficking, through its Restorative Dance Workshops. These are fun, creative workshops which aim to develop confidence, self-esteem, physical fitness and ownership of survivors' bodies.

Organisation

TNP is governed by the Board of Trustees which is responsible for all aspects of the organisation that affect this UK-based Charity.

As at the year ended 29 February 2024, the Board of Trustees was made up as follows:

Jim Treherne - Chair/Treasurer
Sophie Smyth - Secretary
Tim Withers - Trustee
Sharon Green - Trustee

The Trustees may appoint new trustees throughout the year. They are all volunteers.

Kevin Lowen resigned as Treasurer on 15 September 2023

TNP's bankers are Natwest Bank.

THE NATASHAS PROJECT

Review of Activities

Restorative branch: TNP continued to provide tailor-made dance workshops to support survivors of human trafficking and modern slavery. Grants were received from Westhill Endowment and, Anchor Foundation totalling £10,500 to fund these Restorative workshops. A fundraising evening held in October 2023 raised over £6,800.

Financial Review

The overall result for the year was a deficit of £5,920 compared with a surplus of £4,115 the previous year.

Reserves

TNP aims to maintain funds of at least £2,000 so that it is able to enter into contracts to hire performance venues and commit to other expenditure for the following year.

Risk Management

The Board of Trustees has examined the principal areas of the Charity's operations and considered what major risks may arise in each of these areas. In the opinion of the Board of Trustees, the Charity has established resources and review systems which, under normal conditions, should allow the risks identified by them to be mitigated to an acceptable level in its day to day operations.

The Charity has appropriate risk mitigation measures in place including policies and training on the following:

Working with vulnerable groups - particularly survivors of human trafficking
First Aid

The Charity ensures all volunteers and staff have up to date DBS checks prior to working with children or vulnerable adults

Policies

TNP has the following policies to govern its operational activities and these are reviewed on an agreed timeline, either annual or bi-annual. They are:

- Finance
- Health & Safety
- Recruitment
- Equal Opportunities
- Safeguarding
- Risk Management
- Data Protection and Privacy

Future prospects

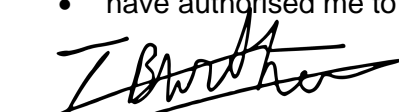
TNP will continue to provide support to survivors of modern slavery. Workshops will be for women, men, youth and children of the survivors.

TNP will be reviving previous productions, from before the pandemic.

TNP will be exploring reaching out to for Primary Schools audiences for the first time, ensuring all safeguarding is in place to reach this new age bracket.

I declare, in my capacity of Charity Trustee, that:

- the Trustees have approved the report above; and
- have authorised me to sign it on their behalf



Tim Withers Chair 30 September 2024

THE NATASHAS PROJECT

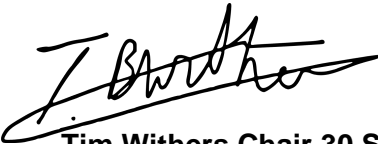
STATEMENT OF FINANCIAL ACTIVITIES for the year ended 29 February 2024

	Notes	Restricted Funds	Unrestricted Funds	2024 Total Funds	Restricted Funds	Unrestricted Funds	2023 Total Funds
		£	£	£	£	£	£
Incoming resources from:							
Grant income		10,500		10,500	12,496		12,496
Donations and fundraising		500	14,508	15,008		2,814	2,814
Charitable activities			75	75		251	251
Total income		11,000	14,583	25,583	12,496	3,065	15,561
Expenditure on:							
Fees	3	16,283	11,408	27,691	6,779	2,587	9,366
Other costs	4	1,600	2,212	3,812	1,394	686	2,080
Total expenditure		17,883	13,620	31,503	8,173	3,273	11,446
Net income		(6,883)	963	(5,920)	4,323	(208)	4,115
Accumulated Funds brought forward		9,996	2,570	12,566	2,673	5,778	8,451
Transfer from UF to RF		0	0	0	3,000	(3,000)	0
Accumulated Funds carried forward		3,113	3,533	6,646	9,996	2,570	12,566

THE NATASHAS PROJECT

BALANCE SHEET as at 29 February 2024

	Note	2024 £	2023 £
CURRENT ASSETS			
Cash at bank and in hand		6,646	12,566
		<u>6,646</u>	<u>12,566</u>
REPRESENTED BY			
Restricted Funds	5	3,113	9,996
Unrestricted Funds		3,533	2,570
TOTAL FUNDS		<u>6,646</u>	<u>12,566</u>



Tim Withers Chair 30 September 2024

THE NATASHAS PROJECT

NOTES TO THE ACCOUNTS for the year ended 29 February 2024

1. Accounting policies

Basis of preparation

These accounts have been prepared under the historic cost convention and in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including:

- a) FRS102 1A, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" as applies to small companies;
- b) The 2015 Charities Statement of Recommended Practice.

Incoming resources

- a) Grant income is accounted for on receipt, but taken to restricted funds until all their terms and conditions of receipt are met.
- b) Donations from individuals and organisations and from fundraising events are accounted for when received.
- c) Charitable activities, which includes income from performances at venues, are accounted for when received.

Expenditure

Resources expended are accounted for on a cash basis, inclusive of irrecoverable VAT.

Fund accounting

Unrestricted funds are funds which can be used, in accordance with the charitable objects, at the discretion of the Trustees.

Restricted funds are funds which can only be used for particular purposes within the objects of TNP. Restrictions arise when specified by the donor or when funds are raised for particular purposes. The nature and purpose of each restricted fund is set out in note 5.

Tangible fixed assets

Items below £750 are not capitalised. TNP has no tangible fixed assets.

2. Trustees expenses

No member of the Board of Trustees or any person connected with them has received or is due to receive any remuneration for the year directly or indirectly from TNP funds.

3. Fees

Fees include payments to teachers, choreographers, stage managers, consultants and dancers net of statutory maternity pay received. In the year there was one part-time employee (prior year: one).

4. Other costs

Other costs include travel costs for performers, costumes, equipment, studio hire, training and development, advertising, insurance and office expenses

THE NATASHAS PROJECT

5. Restricted funds

	Balance at 28 February 2023 £	Income £	Expenditure £	Balance at 29 February 2024 £
The National Lottery	9,996		(9,996)	0
a) Westhill Endowment		6,500	(6,500)	0
b) Anchor Foundation		4,000	(1,387)	2,613
c) Individual donation		500		500
	<u>9,996</u>	<u>11,000</u>	<u>(17,883)</u>	<u>3,113</u>

a) A grant was received in two instalments on 24/4/23 and 1/8/23 totalling £6,500 for Restorative workshops

b) A grant was received on 8/12/23 for £4,000 for Restorative workshops

c) A donation of £500 was received on 29/2/24 for Ipads

THE NATASHAS PROJECT

Independent examiner's report to the trustees of The Natashas Project (Charity No.1176994)

I report to the trustees on my examination of the accounts of the above charity for the year ended 29 February 2024.


Respective responsibilities of trustees and examiner

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

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the accounts did not accord with the accounting records, or
the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached


Kevin Lowen
FCCA
Woodley
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THE NATASHAS PROJECT

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Objects/Principal Activities

The objects of the Charity is to use dance and performance to inform and equip the public about Human Trafficking and Modern Slavery and support survivors through the use of creative arts.

Its three branches are:-

Performance: TNP gives professional dance productions that raise awareness through informing audiences on the effects and realities of modern slavery. The performances aim to instigate and empower change, by taking audiences through a journey of lost innocence, 21st century slavery, and how this injustice still affects every single society throughout the world today.

Education: TNP has audience tailored workshops that have been created to inform, equip and inspire students and engage in conversations about safe relationships.

Restorative: The third branch works with survivors of modern slavery and human trafficking, through its Restorative Dance Workshops. These are fun, creative workshops which aim to develop confidence, self-esteem, physical fitness and ownership of survivors' bodies. The workshops use a broad range of music genres, to encourage amateur musicians, in order to promote appreciation of music by the public.

All branches of TNP signpost the audience to services and organisations in their local areas, where they can either contribute to anti trafficking and anti-slavery activities, or access more information on the subject.

Organisation

TNP is governed by the Board of Trustees which is responsible for all aspects of the organisation that affect this UK-based Charity.

As at the year ended 28 February 2023, the Board of Trustees was made up as follows:

Jim Treherne - Chair
Sophie Smyth - Secretary
Kevin Lowen - Treasurer
Timothy Withers – Trustee
Sharon Green - Trustee

The Trustees may appoint new trustees throughout the year. They are all volunteers.

Sharon Green was appointed as a Trustee on 1 January 2023

TNP's bankers are Natwest Bank.

THE NATASHAS PROJECT

Review of Activities

Restorative branch: TNP continued to provide tailor-made dance workshops to support survivors of human trafficking and modern slavery. A fifth lottery grant for £9,996 was received during the year.

Financial Review

The overall result for the year was a surplus of £4,115 compared with a deficit of £4,679 the previous year.

Reserves

TNP aims to maintain funds of at least £2,000 so that it is able to enter into contracts to hire performance venues and commit to other expenditure for the following year.

Risk Management

The Board of Trustees has examined the principal areas of the Charity's operations and considered what major risks may arise in each of these areas. In the opinion of the Board of Trustees, the Charity has established resources and review systems which, under normal conditions, should allow the risks identified by them to be mitigated to an acceptable level in its day to day operations.

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- Finance
- Health & Safety
- Recruitment
- Equal Opportunities
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- Risk Management
- Data Protection and Privacy

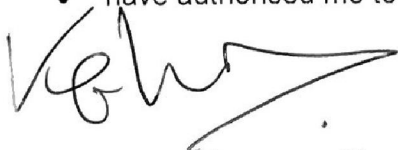
Future prospects

TNP will continue to provide support to women and victims of trafficking via workshops.

TNP will be exploring activities under the Education Branch for Primary Schools.

I declare, in my capacity of Charity Trustee, that:

- the Trustees have approved the report above; and
- have authorised me to sign it on their behalf



Kevin Lowen Treasurer/Trustee 7 September 2023

THE NATASHAS PROJECT

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 28 February 2023

	Notes	2023			2022		
		Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
		£	£	£	£	£	£
Incoming resources from:							
Grant income		12,496		12,496	10,000		10,000
Donations and fundraising			2,814	2,814		8,044	8,044
Charitable activities			251	251		331	331
Total income		12,496	3,065	15,561	10,000	8,375	18,375
Expenditure on:							
Fees	3	6,779	2,587	9,366	14,187	5,859	20,046
Other costs	4	1,394	686	2,080	2,210	798	3,008
Total expenditure		8,173	3,273	11,446	16,397	6,657	23,054
Net income		4,323	(208)	4,115	(6,397)	1,718	(4,679)
Accumulated Funds brought forward		2,673	5,778	8,451	9,070	4,060	13,130
Transfer from UF to RF		3,000	(3,000)	0			0
Accumulated Funds carried forward		9,996	2,570	12,566	2,673	5,778	8,451

THE NATASHAS PROJECT

BALANCE SHEET as at 28 February 2023

	Note	2023 £	2022 £
CURRENT ASSETS			
Cash at bank and in hand		12,566	8,451
		<u>12,566</u>	<u>8,451</u>
REPRESENTED BY			
Restricted Funds	5	9,996	2,673
Unrestricted Funds		2,570	5,778
TOTAL FUNDS		<u>12,566</u>	<u>8,451</u>



Kevin Lowen Treasurer/Trustee 7 September 2023

THE NATASHAS PROJECT

NOTES TO THE ACCOUNTS for the year ended 28 February 2023

1. Accounting policies

Basis of preparation

These accounts have been prepared under the historic cost convention and in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including:

- a) FRS102 1A, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" as applies to small companies;
- b) The 2015 Charities Statement of Recommended Practice.

Incoming resources

- a) Grant income is accounted for on receipt, but taken to restricted funds until all their terms and conditions of receipt are met.
- b) Donations from individuals and organisations and from fundraising events are accounted for when received.
- c) Charitable activities, which includes income from performances at venues, are accounted for when received.

Expenditure

Resources expended are accounted for on a cash basis, inclusive of irrecoverable VAT.

Fund accounting

Unrestricted funds are funds which can be used, in accordance with the charitable objects, at the discretion of the Trustees.

Restricted funds are funds which can only be used for particular purposes within the objects of TNP. Restrictions arise when specified by the donor or when funds are raised for particular purposes. The nature and purpose of each restricted fund is set out in note 5.

Tangible fixed assets

Items below £750 are not capitalised. TNP has no tangible fixed assets.

2. Trustees expenses

No member of the Board of Trustees or any person connected with them has received or is due to receive any remuneration for the year directly or indirectly from TNP funds.

3. Fees

Fees include payments to teachers, choreographers, stage managers, consultants and dancers net of statutory maternity pay received. In the year there was one part-time employee (prior year: one).

4. Other costs

Other costs include travel costs for performers, costumes, equipment, studio hire, training and development, advertising, insurance and office expenses

THE NATASHAS PROJECT

5. Restricted funds

Restricted Funds 2022/23

	Balance at 28 February 2022 £	Income £	Transfer from UR	Expenditure £	Balance at 28 February 2023 £
The National Lottery	2,673		3,000	(5,673)	0
a) The National Lottery		9,996		0	9,996
b) Souter Trust		2,000		(2,000)	0
c) Magic Circle		500		(500)	0
	<u>2,673</u>	<u>12,496</u>	<u>3,000</u>	<u>(8,173)</u>	<u>9,996</u>

a) A fifth grant was received on 10/2/23 for £9,996 for Restorative workshops

b) A grant was received on 6/1/23 for £2,000 for manager fees

c) A grant was received on 5/8/22 for £500 for manager fees

6. Related party transactions

Total donations given to the Charity during the 12 month period by Trustees, key management personnel and persons connected to them were £600 (prior year: £4,437).

THE NATASHAS PROJECT

England & Wales - Charity number 1176994

Accounts

Registered Charity No 1176994

The Natashas Project

Annual Report and Financial Statements For the year ended 28 February 2022

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THE NATASHAS PROJECT

ANNUAL REPORT

For the year ended 28 February 2022

Legal and Administrative Information

The Natashas Project (TNP) was founded in 2013. It has been a registered charity, number 1176994, since 5 February 2018 and the address for correspondence is 2 Fensomes Close, Hemel Hempstead, Hertfordshire HP2 5DH or e-mail info@thenatashaproject.co.uk. Its governing document is its Constitution.

Objects/Principal Activities

The objects of the Charity is to use dance and performance to inform and equip the public about Human Trafficking and Modern Slavery and support survivors through the use of creative arts.

Its three branches are:-

Performance: TNP gives professional dance productions that raise awareness through informing audiences on the effects and realities of modern slavery. The performances aim to instigate and empower change, by taking audiences through a journey of lost innocence, 21st century slavery, and how this injustice still affects every single society throughout the world today.

Education: TNP has audience tailored workshops that have been created to inform, equip and inspire students and participants to take ownership of instances of human trafficking in their own communities and engage in conversations about safe relationships.

Restorative: The third branch works with survivors of modern slavery and human trafficking, through its Restorative Dance Workshops. These are fun, creative workshops which aim to develop confidence, self-esteem, physical fitness and ownership of survivors' bodies. The workshops use a broad range of music genres, to encourage amateur musicians, in order to promote appreciation of music by the public.

All branches of TNP signpost the audience to services and organisations in their local areas, where they can either contribute to anti trafficking and anti-slavery activities, or access more information on the subject.

Organisation

TNP is governed by the Board of Trustees which is responsible for all aspects of the organisation that affect this UK-based Charity.

As at the year ended 28 February 2022, the Board of Trustees was made up as follows:

Jim Treherne - Chair
Sophie Smyth - Secretary
Kevin Lowen - Treasurer
Timothy Withers - Trustee

The Trustees may appoint new trustees throughout the year. They are all volunteers.

Hannah Parker Beldeau resigned as Trustee on 1 March 2021

Rebecca Kinahan resigned as Chair on 25 October 2021

Jim Treherne was appointed as a Trustee on 1 September 2021 and Chair on 25 October 2021

Quinton Lake resigned as Trustee on 5 January 2022

Timothy Withers was appointed as a Trustee on 1 February 2022

TNP's bankers are Natwest Bank.

Review of Activities

Restorative branch: TNP commenced the year reaching survivors online but reverted to Face-to-Face workshops as post-COVID restrictions allowed. A fourth lottery grant for £10,000 was received during the year.

Financial Review

The overall result for the year was a deficit of £4,679 compared with a surplus of £3,389 the previous year.

Reserves

TNP aims to maintain funds of at least £2,000 so that it is able to enter into contracts to hire performance venues and commit to other expenditure for the following year.

Risk Management

The Board of Trustees has examined the principal areas of the Charity's operations and considered what major risks may arise in each of these areas. In the opinion of the Board of Trustees, the Charity has established resources and review systems which, under normal conditions, should allow the risks identified by them to be mitigated to an acceptable level in its day to day operations.

The Charity has appropriate risk mitigation measures in place including policies and training on the following:

Working with vulnerable groups - particularly survivors of human trafficking
First Aid

The Charity ensures all volunteers and staff have up to date DBS checks prior to working with children or vulnerable adults

Future prospects

TNP will continue to provide support to women and victims of trafficking via workshops in and around London, Swindon, Bristol and Manchester.

TNP will be exploring activities under the Education Branch for Primary Schools and to explore opportunities for the showcasing of "On Demand", in the latter half of 2022/23.

I declare, in my capacity of Charity Trustee, that:

- the Trustees have approved the report above; and
- have authorised me to sign it on their behalf



Kevin Lowen Treasurer/Trustee 7 September 2022

THE NATASHAS PROJECT

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 28 February 2022

		2022			2021		
	Notes	Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
		£	£	£	£	£	£
Incoming resources from:							
Grant income		10,000	0	10,000	10,000	0	10,000
Donations and fundraising			8,044	8,044		1,985	1,985
Charitable activities			331	331		370	370
Total income		10,000	8,375	18,375	10,000	2,355	12,355
Expenditure on:							
Fees	3	14,187	5,859	20,046	5,681	1,748	7,429
Other costs	4	2,210	798	3,008	1,129	408	1,537
Total expenditure		16,397	6,657	23,054	6,810	2,156	8,966
Net income		(6,397)	1,718	(4,679)	3,190	199	3,389
Accumulated Funds brought forward		9,070	4,060	13,130	5,880	3,861	9,741
Accumulated Funds carried forward		2,673	5,778	8,451	9,070	4,060	13,130

THE NATASHAS PROJECT

BALANCE SHEET as at 28 February 2022

	Note	2022 £	2021 £
CURRENT ASSETS			
Cash at bank and in hand		8,451	13,130
		<u>8,451</u>	<u>13,130</u>
REPRESENTED BY			
Restricted Funds	5	2,673	9,070
Unrestricted Funds		5,778	4,060
TOTAL FUNDS		<u>8,451</u>	<u>13,130</u>



Kevin Lowen Treasurer/Trustee 7 September 2022

THE NATASHAS PROJECT

NOTES TO THE ACCOUNTS for the year ended 28 February 2022

1. Accounting policies

Basis of preparation

These accounts have been prepared under the historic cost convention and in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including:

- a) FRS102 1A, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" as applies to small companies;
- b) The 2015 Charities Statement of Recommended Practice.

Incoming

- a) Grant income is accounted for on receipt, but taken to restricted funds until all their terms and conditions of receipt are met.
- b) Donations from individuals and organisations and from fundraising events are accounted for when received.
- c) Charitable activities, which includes income from performances at venues, are accounted for when received.

Expenditure

Resources expended are accounted for on a cash basis, inclusive of irrecoverable VAT.

Fund accounting

Unrestricted funds are funds which can be used, in accordance with the charitable objects, at the discretion of the Trustees.

Restricted funds are funds which can only be used for particular purposes within the objects of TNP. Restrictions arise when specified by the donor or when funds are raised for particular purposes. The nature and purpose of each restricted fund is set out in note 5.

Tangible fixed assets

Items below £750 are not capitalised. During the year ended 28 February 2021 TNP had no tangible fixed assets.

2. Trustees expenses

No member of the Board of Trustees or any person connected with them has received or is due to receive any remuneration for the year directly or indirectly from TNP funds.

3. Fees

Fees include payments to teachers, choreographers, stage managers, consultants and dancers. Some consultants were paid a fee which was directed to a money purchase pension scheme of their choosing.

4. Other costs

Other costs include travel costs for performers, costumes, equipment, studio hire, training and development, advertising, insurance and office expenses

THE NATASHAS PROJECT

5. Restricted funds

Restrictive Funds 2021/22

	Balance at 28 February 2021 £	Income £	Expenditure £	Balance at 28 February 2022 £
a) The National Lottery	9,070	10,000	(16,397)	2,673

a) The National Lottery

A fourth grant was received on 21/1/22 for £10,000 for Restorative workshops

6. Related party transactions

Total donations given to the Charity during the 12 month period by Trustees, key management personnel and persons connected to them were £4,437 (year ended 28 February 2021: £1,660).

THE NATASHAS PROJECT

England & Wales - Charity number 1176994

Accounts

Registered Charity No 1176994

The Natashas Project

Annual Report and Financial Statements For the year ended 28 February 2021

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THE NATASHAS PROJECT

ANNUAL REPORT

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Education: TNP has audience tailored workshops that have been created to inform, equip and inspire students and participants to take ownership of instances of human trafficking in their own communities and engage in conversations about safe relationships.

Restorative: The third branch works with survivors of modern slavery and human trafficking, through its Restorative Dance Workshops. These are fun, creative workshops which aim to develop confidence, self-esteem, physical fitness and ownership of survivors' bodies. The workshops use a broad range of music genres, to encourage amateur musicians, in order to promote appreciation of music by the public.

All branches of TNP signpost the audience to services and organisations in their local areas, where they can either contribute to anti trafficking and anti-slavery activities, or access more information on the subject.

Organisation

TNP is governed by the Board of Trustees which is responsible for all aspects of the organisation that affect this UK-based Charity.

During the year ended 28 February 2021 the Board of Trustees was made up as follows:

Rebecca Kinahan – Chair
Sophie Smyth - Secretary
Hannah Parker Beldeau – Trustee
Quintin Lake – Trustee
Kevin Lowen – Treasurer

The Trustees may appoint new trustees throughout the year. They are all volunteers.

TNP's bankers are Natwest Bank.

THE NATASHAS PROJECT

Review of Activities

Restorative branch: Owing to COVID TNP focussed on adapting the delivery model of restorative workshops to reach survivors online. A third lottery grant for £10,000 was received during the year.

Financial Review

The overall result for the year was a profit of £3,389 compared with a deficit of £1,128 the previous year.

Reserves

TNP aims to maintain funds of at least £2,000 so that it is able to enter into contracts to hire performance venues and commit to other expenditure for the following year.

Risk Management

The Board of Trustees has examined the principle areas of the Charity's operations and considered what major risks may arise in each of these areas. In the opinion of the Board of Trustees, the Charity has established resources and review systems which, under normal conditions, should allow the risks identified by them to be mitigated to an acceptable level in its day to day operations.

The Charity has appropriate risk mitigation measures in place including policies and training on the following:

Working with vulnerable groups - particularly survivors of human trafficking
First Aid

The Charity ensures all volunteers and staff have up to date DBS checks prior to working with children or vulnerable adults

Future prospects

TNP will continue to provide support to women remotely using online platforms, but revert to providing face-to-face workshops as soon as COVID19 restrictions allow.

TNP will continue to explore opportunities for the showcasing of "On Demand", depending on the impact of COVID 19 on public gatherings.

TNP will be exploring activities under the Education Branch for Primary Schools in the latter half of 2021/22 depending on the impact of COVID 19.

I declare, in my capacity of Charity Trustee, that:

- the Trustees have approved the report above; and
- have authorised me to sign it on their behalf

Kevin Lowen 21/06/21

THE NATASHAS PROJECT

STATEMENT OF FINANCIAL ACTIVITIES for the year ended 28 February 2021

	Notes	2021			2020		
		Restricted Funds	Unrestricted Funds	Total Funds	Restricted Funds	Unrestricted Funds	Total Funds
		£	£	£	£	£	£
Incoming resources from:							
Grant income		10,000	0	10,000	11,487	0	11,487
Donations and fundraising			1,985	1,985		7,777	7,777
Charitable activities			370	370	2,504	1,200	3,704
Total income		10,000	2,355	12,355	13,991	8,977	22,968
Expenditure on:							
Fees	3	5,681	1,748	7,429	12,464	7,435	19,899
Other costs	4	1,129	408	1,537	2,873	1,324	4,197
Total expenditure		6,810	2,156	8,966	15,337	8,759	24,096
Net income		3,190	199	3,389	(1,346)	218	(1,128)
Accumulated Funds brought forward		5,880	3,861	9,741	7,226	3,643	10,869
Accumulated Funds carried forward		9,070	4,060	13,130	5,880	3,861	9,741

THE NATASHAS PROJECT

BALANCE SHEET as at 28 February 2021

	Note	2021	2020
		£	£
CURRENT ASSETS			
Cash at bank and in hand		<u>13,130</u>	<u>9,741</u>
		<u>13,130</u>	<u>9,741</u>
REPRESENTED BY			
Restricted Funds	5	9,070	5,880
Unrestricted Funds		<u>4,060</u>	<u>3,861</u>
TOTAL FUNDS		<u>13,130</u>	<u>9,741</u>

Kevin Lowen Trustee 21/06/21

THE NATASHAS PROJECT

NOTES TO THE ACCOUNTS for the year ended 28 February 2021

1. Accounting policies

Basis of preparation

These accounts have been prepared under the historic cost convention and in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) including:

- a) FRS102 1A, "The Financial Reporting Standard applicable in the UK and Republic of Ireland" as applies to small companies;
- b) The 2015 Charities Statement of Recommended Practice.

Incoming

- a) Grant income is accounted for on receipt, but taken to restricted funds until all their terms and conditions of receipt are met.
- b) Donations from individuals and organisations and from fundraising events are accounted for when received.
- c) Charitable activities, which includes income from performances at venues, are accounted for when received.

Expenditure

Resources expended are accounted for on a cash basis, inclusive of irrecoverable VAT.

Fund accounting

Unrestricted funds are funds which can be used, in accordance with the charitable objects, at the discretion of the Trustees.

Restricted funds are funds which can only be used for particular purposes within the objects of TNP. Restrictions arise when specified by the donor or when funds are raised for particular purposes. The nature and purpose of each restricted fund is set out in note 5.

Tangible fixed assets

Items below £750 are not capitalised. During the year ended 28 February 2021 TNP had no tangible fixed assets.

2. Trustees expenses

No member of the Board of Trustees or any person connected with them has received or is due to receive any remuneration for the year directly or indirectly from TNP funds.

3. Fees

Fees include payments to teachers, choreographers, stage managers, consultants and dancers. Some consultants were paid a fee which was directed to a money purchase pension scheme of their choosing.

4. Other costs

Other costs include travel costs for performers, costumes, equipment, studio hire, training and development, advertising, insurance and office expenses

THE NATASHAS PROJECT

THE NATASHAS PROJECT

5. Restricted funds

	Balance at 29 February 2020 £	Income £	Expenditure £	Balance at 28 February 2021 £
a) The National Lottery	5,880	10,000	(6,873)	9,007

a) The National Lottery

A third grant was received on 6/1/21 for £10,000 for Restorative workshops