



# OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2021/22: Pandemic recovery



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# Administrative information

**Registered name**    Oxfordshire Breastfeeding Support

**Registered address** 11 Brunstock Beck  
Didcot  
OX11 7YG

**Email** team@oxbreastfeedingsupport.org

**Registered charity no.** 1176948

## Trustees

Dr Ilana Levene (Chair)  
Louise Ellis ACA (Treasurer)  
Dr Juliet Rayment (Strategy)  
Sev Gunes-Lasnet (Fundraising)  
Danielle Beaumont-Orr (Safeguarding & Team Liaison)  
Dr Rain Irshad (appointed September 2021)  
Khatsha Ali (appointed September 2021)  
Anna Hodges (appointed September 2021)  
Wanja Knighton (resigned May 2021)

## Contracted clinical facilitators

Jayne Joyce (resigned April 2022)  
Lisa Mansour  
Charlotte Gilman  
Julie Gallegos  
Cathy Berry

## Non-clinical contractors (management and administration)

Jayne Joyce (Project Lead; resigned April 2022)  
Kawther Alfasi (Operations Lead; from April 2022 Interim Project Lead)  
Catriana McKie (Digital Lead)  
Charlotte Gilman (Fundraising)  
Lisa Mansour (Equality, Diversity and Inclusion; from April 2022 Interim clinical Lead)  
Hannah Dingwall-Jones (Administration)

# Introduction from the Chair of Trustees

Welcome to our 2021/2022 annual report!

Oxfordshire Breastfeeding Support has been on an incredible journey of growth and momentum since we registered as a charity in 2016. This year we continue to grow in our influence, financial diversity and ambitions.

We were expecting the year to bring challenges of a return to hybrid and physical working after a year of predominantly virtual breastfeeding support, and we have taken up this challenge, continuing to learn how to use the best parts of old and new as you'll see in these pages.

We didn't expect a different challenge coming at the end of the year - that our wonderful Project Lead, Jayne Joyce, would be offered the chance of a lifetime to become one of a small team of international authors for a new edition of La Leche League International's flagship book *The Art of Breastfeeding*. We are so grateful for Jayne's unending and inspirational commitment to OBS, and our previous incarnation OBCG, and wish her all our congratulations and good wishes for her new position, which she started in the new financial year. Thanks so much to Kawther Alfasi for stepping up to become interim Project Lead and to Lisa Mansour as interim Clinical Lead after Jayne's departure. OBS is particularly proud that Cathy Berry, who has been a wonderful OBS volunteer peer supporter for a long time, was able to take over Jayne's clinical work, as she has worked hard to be certified as an Association of Breastfeeding Mothers (ABM) breastfeeding counsellor. Welcome also to Hannah Dingwall-Jones, who was initially appointed as a temporary administrator, taking over Kawther's previous role. They have all shown such hard work, good sense and commitment to OBS, ably supported by the rest of our wonderful team.

I took over as Chair of Trustees this year from Juliet Rayment, who remained my wing-woman, much relied upon as we navigated the year's challenges. Thanks to all my wonderful Trustees who started or finished the financial year with OBS - Louise, Juliet, Sev, Danielle, Wanja, Rain, Khatsha and Anna. A group of dynamic and passionate women who strive to help OBS deliver our charitable purpose in the most effective and efficient way (despite all having extremely busy lives and young children). As always we are on the lookout for new trustees as people move on, so do get in touch if you're interested in the role.

Here's to the next phase of the journey!

Ilana Levene, Chair of Trustees, April 2022



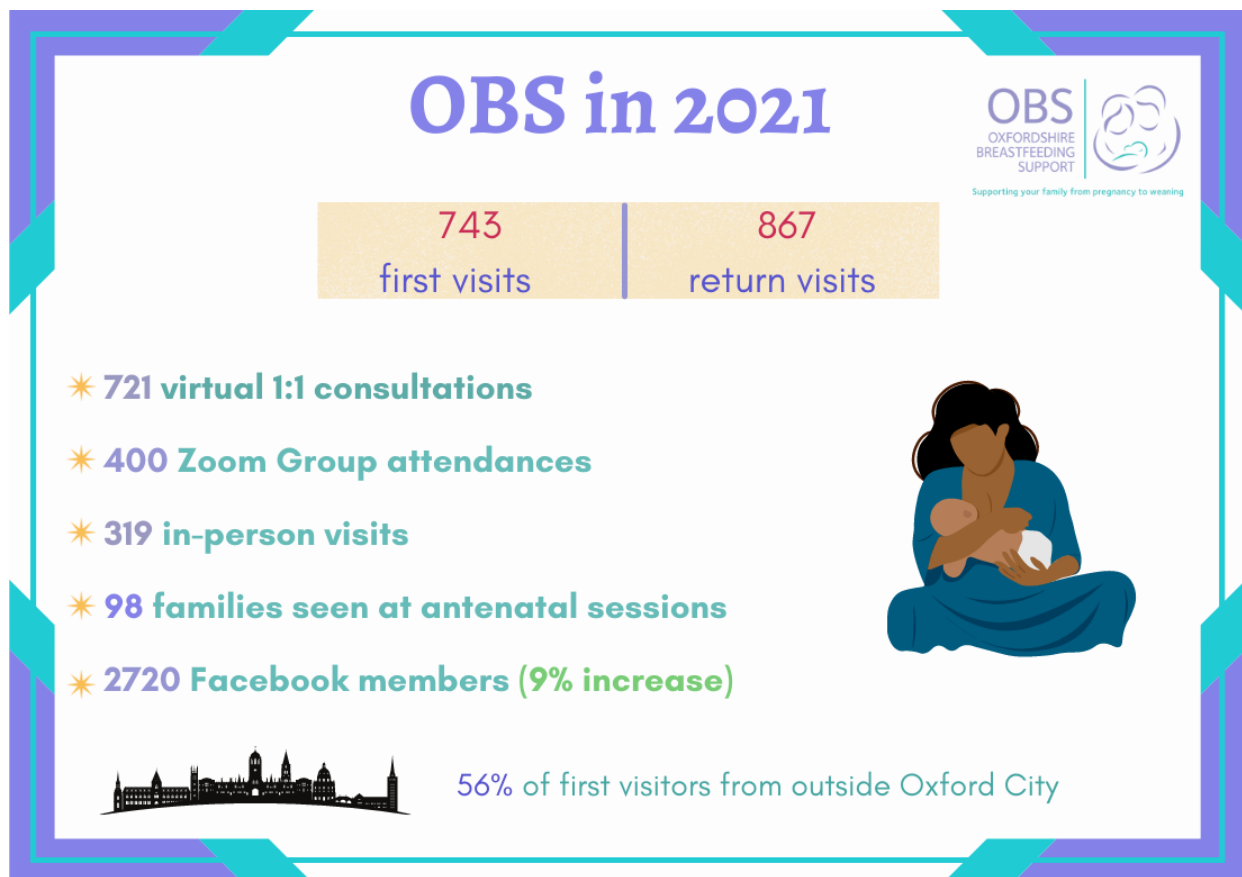


## Aims and objectives

At OBS we believe that breastfeeding, and breastmilk, are deeply important. Our mission is to “increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.
- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.”

## Achievements and performance



## In person sessions

Just over 16 months after we closed all our drop-in sessions and switched to 100% virtual working to prepare for the pandemic, we reopened our first in-person sessions. We trialled two per week in July - at Donnington and Didcot - and opened two more in September, in Barton and Kidlington. The venues were chosen based on our 2021 Impact Assessment, which stressed accessibility, parking and good transport links as key factors for our service users.



We are pleased to continue our partnership with Didcot Baby Monday, while our session at Barton Neighbourhood Centre runs alongside a lively toddler group, which provides a welcoming social space for families.

It felt both deeply familiar and a little strange to be back in the room with parents again. Masks were required and capacity was limited, yet the special magic of being in the room and connecting families together can still work. It was wonderful to see our volunteer peer supporters in action, listening and affirming with their characteristic empathy, and to have student and healthcare observers at our sessions once again. Our new booking system - [Calendly](#) - has also enhanced the quality of our service, enabling families to describe their feeding issue and to request any needed adjustments, such as privacy screens, a quieter environment, pronouns or other words they would like us to use.



*Cathy, OBS volunteer and cover facilitator, supporting families at Donnington Doorstep*

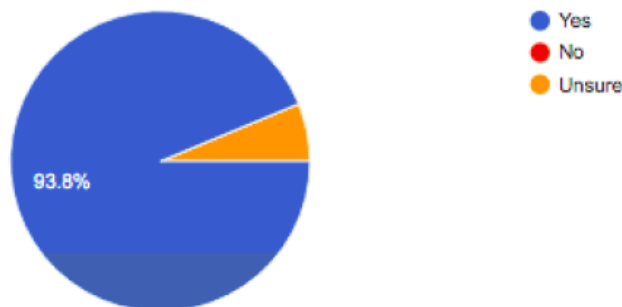
*"I imagine people probably don't get in contact so much unless there is something wrong so I wanted to make sure you know how helpful you are to women and their babies. I don't want to sound dramatic but you honestly changed my life! You literally had the biggest impact on my life and mood over and above all of the other services I have experienced since becoming pregnant so I am so grateful."*

**Katherine, May 2021**

In October we surveyed service users to find out what they thought of our new-look, bookable in-person sessions. We sent our survey by email to every family who had attended an in-person session since we restarted them on July 2nd. **111** surveys were sent out. **32** responses were returned. **80%** of attendees said our service fully or partially helped resolve their feeding problem .

Would you recommend OBS in-person sessions to a family member or friend who needs help with feeding?

32 responses



We also received constructive feedback on ways in which we could improve our service. Based on this, we made a number of modifications:

- Splitting sessions into two timed 1-hour slots, and booking half the families separately for each hour
- More comfortable seating at Kidlington
- A longer session at Donnington Doorstep
- More focus on encouraging the social dimension of our sessions



## Virtual 1:1 consultations

The biggest learning and innovation from virtual working is how effective Zoom consultations can be. We love how they enable us to give 1:1 time to families, and to increase access to families who would struggle to come in person due to distance, mobility, transport, caring responsibilities and other barriers. We have started to offer some consultations at the weekends/in evenings, which enables women to attend with their partner for language and emotional support. Online consultations also provide us with much-needed flexibility and resilience: sessions that are cancelled for any reasons, such as sickness or Covid-19 absences, can be converted to 1:1 slots. Fortunately, we have only had to do this a handful of times.



*"Every time I wanted to give up, I talked to Lisa. It really helped that I always got a response within hours of sending in a request for one-on-one support. Talking to Lisa gave me goals and made me focus on trying new things, instead of how miserable I was. And then, a little after eight weeks, I woke up one day to realise that breastfeeding no longer hurt at all. It was definitely gradual, but I was surprised to find that none of my feeding sessions were painful anymore. I could look at my daughter and enjoy this time with her."*

**Majd, August 2021**

*"I just wanted to say a huge THANK YOU to Jane Joyce for her help last week. She spent time with me, my son Otis and his nanny Olivia to help us work out a plan for my return to work as Otis was refusing to take a bottle. Jayne was so kind and helpful and totally put my mind at ease. It was my first day in the office today and following Jayne's advice I breastfed right up to the last minute and was totally chilled....I have Jayne to thank for such a peaceful start to the next phase of my feeding journey with Otis. Thank you!"*

**Lucy Dixon, December 2021**





## OBS Zoom Group

Our OBS Zoom Group changed focus, in response to the reopening of in-person sessions and 15 months of experimenting to find out “what works” at each stage of the pandemic. The frequency of OBS Group reduced from weekly to fortnightly last summer, after the easing of Covid restrictions.

From September it has run monthly, offering two parallel learning and discussion groups on “hot topics” related to breastfeeding, such as normal infant sleep, returning to work and starting complementary foods. We no longer offer feeding support within the group; this need can be met more effectively via in-person sessions and virtual consultations. This has reduced the level of facilitator input, diverting costs to providing more 1:1 consultations. Each session is co-led by a facilitator and our trusted, longstanding volunteer health visitor (and Holistic Sleep Coach) Vanessa Campion.

Group Breakout Rooms		
Thursdays 12:30pm - 1:30pm		
Date	Topic 1	Topic 2
Oct 21st	Normal newborn sleep	Return to work - with Deepa Santhosh
Nov 18th	Sleep 6-12 months	The unhappy breastfed baby - crying, allergy, reflux
Dec 16th	Normal newborn sleep	Starting complementary foods

Register at  
[calendly.com/oxbreastfeeding](https://calendly.com/oxbreastfeeding)  
Donate to OBS at <https://localgiving.org/donation/obs>  
Registered Charity 1110666



Welcome to this  
OBS Group session on

Starting  
Complementary Foods



We have produced presentations for each OBS group topic, which lends these sessions consistency, and the ability to be delivered by new facilitators in future.

*“Dear Team! I wish to thank you for the amazing session today. It was really helpful and I have heard so many great information. I hope I will be able to attend on another great session soon.”*

Eva, March 2022

## Antenatal breastfeeding education sessions

We have continued to offer monthly antenatal education sessions on Zoom. Attendance figures are higher than pre-pandemic levels: sessions take place in the daytime, and we frequently see people attending from their workplaces, including partners and other supporters. We also offer bespoke antenatal consultations for mothers for service users with previous feeding trauma and/or risk factors for complex feeding problems. Antenatal service users are invited to join our private Facebook group, and are also welcome to attend our in-person sessions to chat with facilitators, volunteers and other families.

*"I found the resources that were signposted really helpful. It was also useful to get to know the people delivering the session so that when I had to come back for support immediately after having the baby I felt much more confident to speak to the facilitators even though I was stressed and exhausted."*

**OBS service user, March 2022**

## Facebook

Our private, closely-moderated Facebook group is a supportive, friendly environment in which mothers can seek feeding support, from other parents, OBS peer supporters and our specialist facilitator team. We are continuing to experiment with its format, channelling it as an avenue for social connectedness between families as well as for providing evidence-based information.

We have introduced regular 'buddy thread' Facebook posts, in which we invite members to 'post connection requests below and link up by PM'. We have seen the following connections made:

- Portuguese, Dutch , Spanish, Hungarian & French speakers
- Two-mum families
- Chatting about returning to work
- Breastfeeding toddlers & sleep

With the support of our volunteers, we also held a Facebook Live Q&A in May 2021 on breastfeeding and the Covid-19 vaccine. Our volunteers included a consultant midwife and consultant doctor.

Other social media platforms have helped us to stay engaged with our service users and supporters.



Regular social media posting on Facebook and Twitter.

Increased presence on Instagram



Sharing video clips of 'what to expect' at our sessions

Emails to our list

## Facebook Live Q&A Breastfeeding & Covid Vaccination

Mon 31 May  
8:30-9pm  
On our private  
group

**OBS**  
OXFORDSHIRE  
BREASTFEEDING  
SUPPORT



## OBS Volunteers

We have continued to encourage growth in the skillsets of our existing volunteers, and to successfully train new volunteer peer supporters via the ABM Peer Supporter course. Volunteers are integral to our work at every level: they are a friendly, welcoming face at our sessions, providing support and reassurance, and normalising infant behaviour. Their scope is diverse: some regularly commit to in-person sessions; others respond to queries and concerns with evidence-based information on Facebook, or provide tech support during our busy online Zoom groups.

*"I really enjoy being part of the support system that OBS offers to families wherever they are on their breastfeeding journey. I love meeting the different families and find that my experience and knowledge comes in useful at times. Not only is it great to see how families benefit from the assistance and encouragement they get from OBS but I too benefit from being part of a friendly and kind community of volunteers and facilitators of the OBS team."*

**Vanessa, Volunteer Health Visitor**





**Our peer supporters have given:**

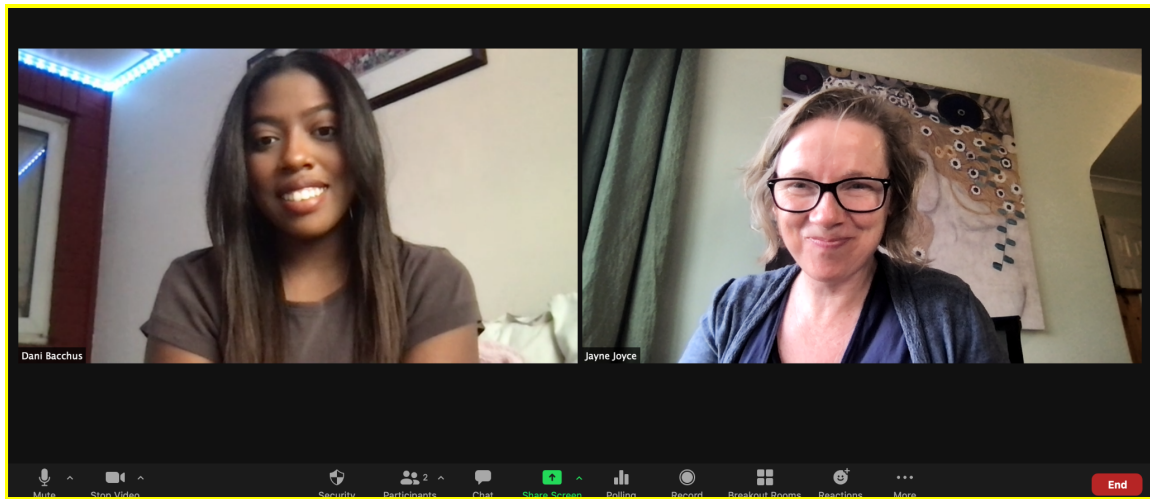
- > **400 hours** to online and in-person groups
- > **2000 hours** to the Facebook group

- We have successfully inducted 7 new volunteers (6 ABM-trained peer supporters, 1 student midwife)
- 1 of our teenage FNP (Family Nurse Partnership) clients completed the ABM course
- 1 of our Peer Supporters is working at OUH as a maternity support worker
- 1 Peer Supporter is training as a Breastfeeding Counsellor
- 2 of our peer supporters - Meg and Cathy - became Breastfeeding Counsellors, and the latter started working as an OBS cover facilitator
- Sam, Peer Supporter, continues to operate our important low-cost pump loan service. We loaned 63 times in the year 2021-22.
- Vanessa, our volunteer health visitor, supported us in producing [information leaflets on normal infant sleep](#).



## For students and health professionals

We are delighted to have restarted observations for students and healthcare professionals at our in-person sessions, enabling them to increase their breastfeeding knowledge and competences. We also offered observations of our online Zoom groups, antenatal sessions and online 1:1 consultations. Observers can book to observe our in-person sessions via Calendly, and sign up to a WhatsApp group to be notified of last-minute, online observation opportunities.



*Dani B, student midwife, ready to observe a 1:1 consultation*

*“Observing OBS has been so useful as a student midwife, especially during the pandemic. The team have provided so many opportunities for us to observe, which has been great for increasing knowledge and skills. OBS is a truly amazing service that Oxford is very lucky to have! I will continue to recommend this service to women I care for.”*

**Amy, 3rd year student midwife, Oxford Brookes University**

Other opportunities offered for the development of breastfeeding support skills included:

- 2 hours of training for GP trainees
- 1 whole day skills teaching and 1 whole day skills assessment for student midwives
- 2 sessions jointly for Brookes midwifery students & the medical school, on normal birth and infant feeding: a recently launched initiative. A 3rd one takes place in April.
- Providing consultations for and/or sharing resources with staff from a number of healthcare providers and voluntary organisations.



We presented our service to the HV service practitioners' Breakfast Club and the HV Teen Champions meeting, which was well-attended by Health Visitors from all over Oxfordshire. We have continued to participate in the Countywide Breastfeeding Strategy Group, which revised the Oxfordshire guidelines on faltering growth.

Sharing best practices is critical to continuous improvement, both of our own services and those with which we collaborate. In the preceding year...



## Widening access

We have taken incremental but important steps towards making adjustments for service users with specific accessibility needs, and ensuring that everyone feels supported at our sessions. In response to our learning from the '[Peer to Peer Equality, Diversity and Inclusion Series](#)', facilitated by the Oxford Hub, we created a 'back door' to our booking systems, inviting people to give us their phone number for a callback from the Operations team if they need help with making a booking. Over the phone, we can also fill in our forms with families if necessary.

We have purchased a privacy screen and obtained access to private feeding spaces at our in-person sessions, in order to meet the needs of mothers who feel uncomfortable feeding in front of other people, and the needs of those who benefit from minimal background noise in their sensory environment.



Following feedback from service users on how their own mothers and female relatives served as their feeding champions, we have adapted our messaging to make it clear that **all** feeding supporters are welcome at our sessions.



Deepa Santhosh, current Masters in Midwifery student and former infant feeding lead for an NHS trust, began working with our team as a Guest Facilitator at some OBS Zoom Group sessions and provided her first OBS 1:1 Zoom consultation with a family in Hindi. We look forward to working with her more closely in the coming year, and to reaching diverse communities through her skills, experience, and proficiency in five languages.

OBS co-sponsored Black Breastfeeding Week 2021 in August. We also contacted two of Oxford's largest majority Black churches - Word Foundation Christian Ministries and New Life Covenant Church - who are happy to share information about our services with families in their community.

## Family Nurse Partnership

Our work with Family Nurse Partnership has expanded, offering joint virtual antenatal conversations and flexible postnatal feeding support to teenage mothers via text, WhatsApp, and virtual consultations. **Over the last year, we saw 27 new FNP clients, compared to 15 in the preceding 12 months.** We also arranged our first home visit with an FNP nurse, and offered support via Facebook PM for a young mother with mental health and domestic abuse issues with social care involvement.



## Supporting research

We have continued to support good research by disseminating surveys online, including research by an Oxford Brookes Midwifery students' Master's dissertation on baby sleep location, developed in response to a suggestion from the OBS team. Our volunteers also participated in a focus group with a local obstetrician who is designing a research project on inequality in health outcomes for women after birth.

We directly supported Kath Townsend, MSc student in Public Health with UWE Bristol, with her research on 'Mothers' perceptions of video calls for breastfeeding support during the Covid-19 pandemic'.

All study participants were recruited from our service users.

In December 2021, Kath's findings revealed a generally very high level of satisfaction with video consultations.



## OBS in the news



In August, our Project Lead was interviewed on local radio station Jack FM 11.08.21 talking about [research that is being done on expressing milk for premature babies](#) (a project that is led by our Chair Ilana at the University of Oxford).

## All about our service users

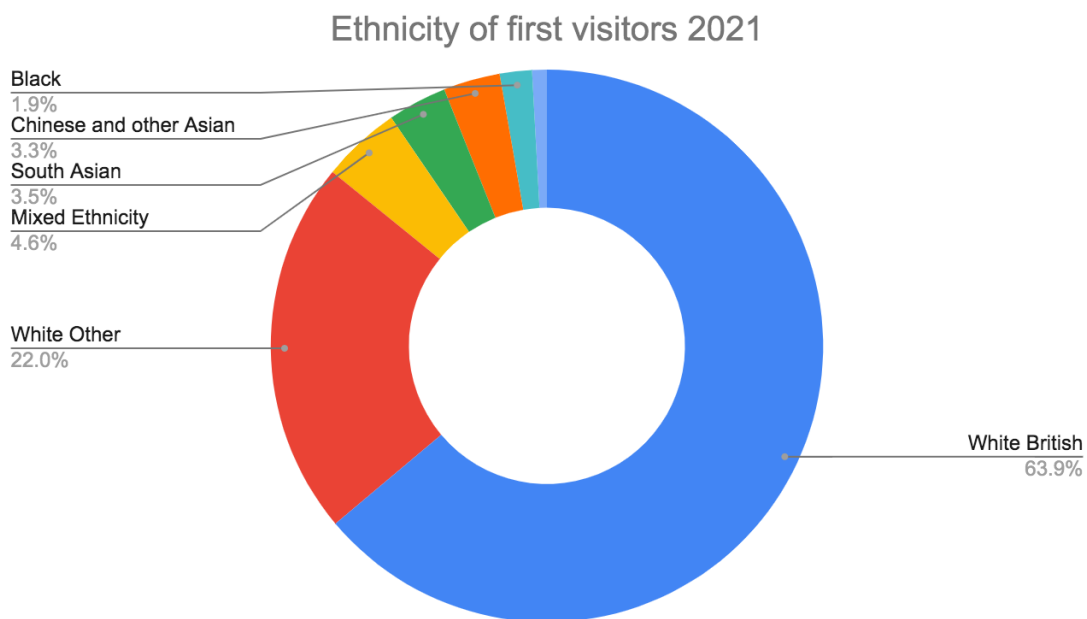
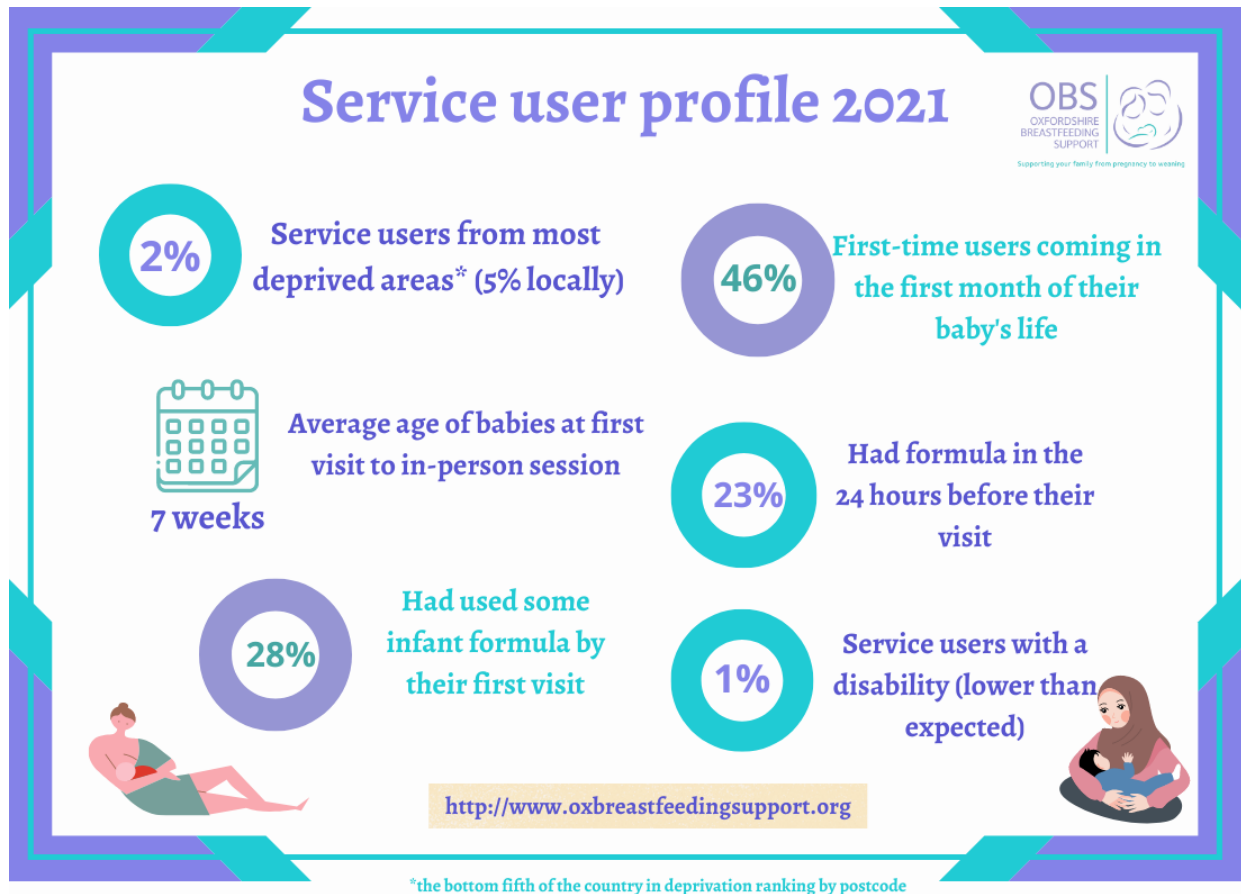
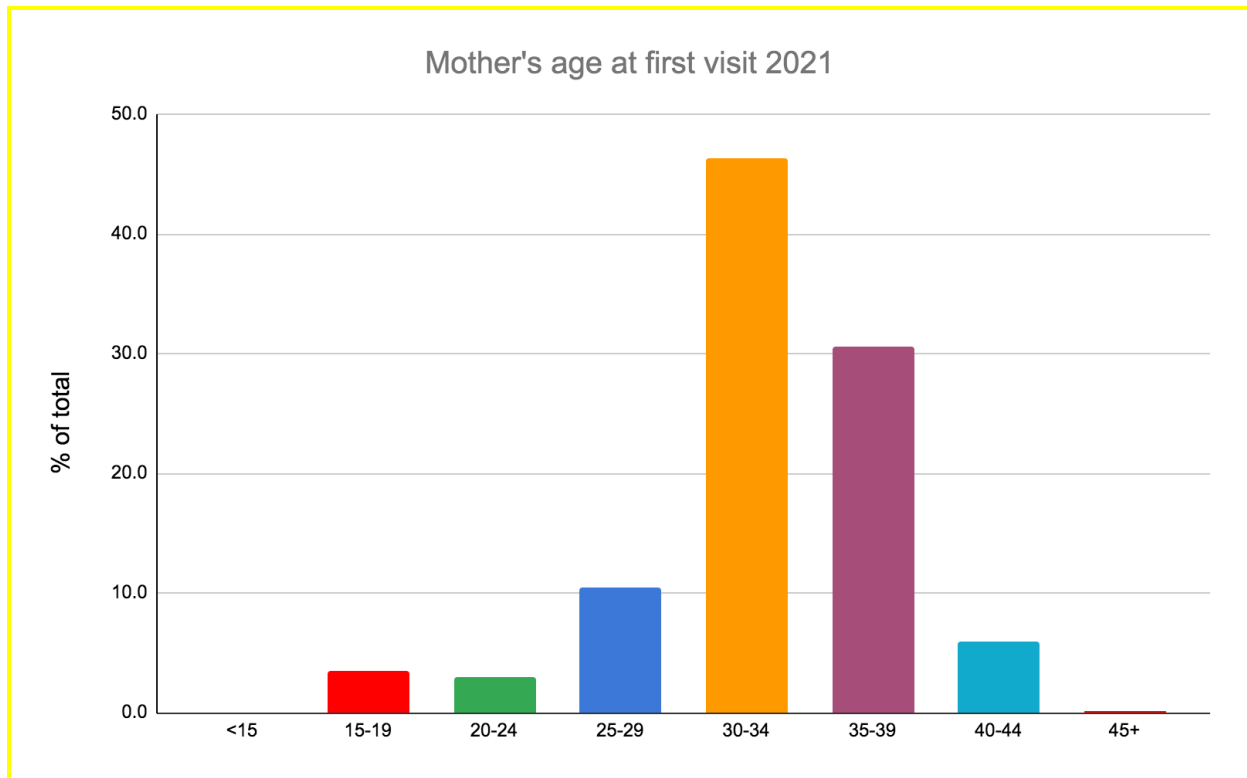


Figure 2: Ethnicity of first time visitors 2021



**Figure 3: Age of first visitors 2021**

We are seeing a dramatic increase in provision of breastfeeding support to teenage mothers through our collaboration with the Family Nurse Partnership.

*'I feel very privileged to be working with our young service users. They are more difficult to access and don't arrive through our normal channels so we have made this work possible by developing a strong working relationship with the Oxfordshire Family Nurse Partnership. We work flexibly with clients depending on their needs, offering support through WhatsApp, home visits, facebook, phone calls, zoom, and at our in-person sessions. Working closely with health professionals and offering flexible support to these more vulnerable clients has meant that we have been able to give them feeding support that they deserve.'*

**Charlotte Gilman, OBS Facilitator and FNP lead**

People came to see us for many reasons: most commonly pain, infant behaviour and antenatal preparation. 11% of people came to us for help with sleep, primarily by attending one of our Zoom groups, which is similar to last year (12%). The number of families with suspected tongue tie was the same as last year (6%).



## Financial report

Following on from 2019/2020 when we were focusing on obtaining emergency funding to enable us to redesign our service provision to operate solely online, the 2021/22 financial year saw OBS move back to a more stable financial footing.

Our Lottery grant entered the third year of funding, reducing to £29k (2019/20 £35k) as planned. This income was used primarily to fund Didcot and Barton sessions. The planned expenditure on a new location, Banbury, was reallocated to providing ongoing 1:1 virtual and group support as we transitioned to running a sustainable, hybrid model of support.

In the next financial year the element of our income provided by the Lottery grant will reduce further. We are fortunate to receive a significant level of donor income, but will seek to build other sources of grant funding in order to supplement this. The implementation of an employment structure and further work on equity and diversity will mean that significant levels of expenditure will be incurred in the next financial year, to ensure an appropriate structure for the organisation as it grows in the future.

[View the full 2021/22 accounts on our website.](#)

During 2021/22 a deficit of £642 was recorded (2020/21 surplus £9,705) due to a lower level of grant income being received than in the previous year. This is in line with our budgeted expectations for the year, where we aimed to run at a break even position.

Income for the year was £74,429 (2020/21 £88,213).

Included in this figure is £29k of Lottery grant funding and £30k of donation income. This donation income was unrestricted and we were able to use this funding to meet the running costs of our core face to face sessions and to contribute towards the management overheads of running the organisation.

Expenses during the year were £75,071 (prior year £78,506).

In the prior year £15k was spent on COVID response and during 2021/22 this reduced to £5k as the set up costs for virtual sessions had already been incurred. Expenditure during 2021/22 on project management time was higher than in the prior year, as the organisation is investing in the recruitment of new team members and trustees, and in increasing and diversifying the number of and type of sessions provided, from 1:1 virtual support and group Zoom presentations, to work with other service users such as the FNP.



Other running costs which relate to insurance, fees and consumables have remained broadly in line with the prior year.

A [reserves policy](#) has been agreed by the Trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

## Donors

- Two anonymous, long standing, individual donors
- Matched payroll giving scheme
- Lottery funding: £29,000
- OCF COVID response £4,590
- The Funding Network £2,900
- Oxford City Council - £130 towards the provision of tablets and all our other generous donors and supporters



**Louise Ellis, ACA, OBS Treasurer**

## Risk management

A major risk in the next financial year centres on the deterioration of the economic health of the UK and the rise in the cost of living, which could impact OBS' ability to fundraise. There is a risk that our generous individual donors will be less able to support us, which could lead to a decline in our financial reserves. As our financial turnover grows there is also a risk that we will not be able to maintain the same level of fundraising, and that our management staff will exceed their capacity. To mitigate these risks, we have ambitions to hire a dedicated fundraiser in 2022/2023 to ensure that our increased financial reach is sustainable and to help us achieve even more of our strategic plans.

As our service grows there is a risk that we will have insufficient volunteers to meet service needs. Our volunteer base is predominantly made up of women with young children, who are often also working professionally. As a result, there is a continued risk of burnout and rapid turnover because of the multiple demands our volunteers face in their personal and professional lives. We aim to mitigate this risk by expanding our volunteering programme, and recruiting general volunteers who can support us with the social, logistical and administrative dimensions of running in-person sessions.

The departure of our Project Lead presents new challenges - and in turn, opportunities - to build the capacity of our management team, to develop new, sustainable processes and ways of working, and to maintain a strong and cohesive organisational culture.

Previously identified risks such as safeguarding incidents remain on our radar. Our safeguarding policy is reviewed annually, and all staff and volunteers are trained in safeguarding, and provided with regular supervision and support. As our sessions remain bookable-only for the time, we are also aware that we may be discussing more complex breastfeeding cases, and seeing more babies with medical problems. We need to ensure that we are identifying these and referring them appropriately. We will continue to develop relationships with local Health Visiting teams and GPs in order to link up care in more complex cases.

## Looking towards 2022-23

The next financial year will bring changes in our organisational structures as we take on the responsibilities of an employer rather than contracting with self-employed staff. OBS

recognises that case law has been changing with reference to self-employed people, to give more protection to those working in the gig economy. Therefore we need to ensure our team has the employment rights they are entitled to. We will be investing in HR support and running consultations to balance the needs of our team and the financial resources of the charity.


The coming year also brings with it the first open recruitment round for clinical facilitators that OBS has ever run, bringing our commitment to equal opportunities to the fore. With equity in mind we have been integrating various initiatives into our recruitment policy, such as automatic interviews for people with disabilities who fulfil essential criteria and blinded application forms.

In 2022/2023 we will be working towards securing a grant specifically for an Equity, Diversity and Inclusion (E, D & I) officer. This is because we know that E, D & I needs to be the foundation for all that we do. We won't succeed in making OBS welcoming to all and diverse in its reach unless we invest significant resources into finding out the needs of the whole community and working to deliver, hopefully collaboratively, on those needs.

With all these demands and ambitions, we also need to focus on valuing our team and volunteers, who have always delivered our core services so sensitively and caringly. They have responded to every challenge the last few years has thrown at us, despite stress and hardship, and we wouldn't be here without them.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature(s) 

Full name(s) Ilana Levene

Position: Chair of Trustees

# Independent Examiner's Report to the Trustees of Oxfordshire Breastfeeding Support

I report to the trustees on my examination of the accounts of the Oxfordshire Breastfeeding Support (The Charitable Incorporated Organisation, or CIO) for the year ended 31 March 2022.

## **Responsibilities and basis of report**

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Charlotte Morley

Relevant professional qualification or membership of professional bodies (if any):

Address: 6 Percy Road, Exeter, EX2 8JY

Date: 3 November 2022

Oxfordshire Breastfeeding Support			Charity No (if any)	1176948
Annual accounts for the period				
Period start date	01.04.2021	To	Period end date	31.03.2022


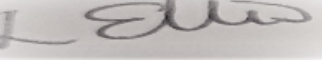
## Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
<b>Incoming resources (Note 3)</b>						
<b>Income and endowments from:</b>						
Donations and legacies	S01	37,446	33,590	-	71,036	85,719
Charitable activities	S02	1,195	-	-	1,195	1,050
Other trading activities	S03	2,198	-	-	2,198	1,444
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
<b>Total</b>	S07	40,839	33,590	-	74,429	88,213
<b>Resources expended (Note 6)</b>						
<b>Expenditure on:</b>						
Raising funds	S08	3,200	-	-	3,200	2,592
Charitable activities	S09	35,075	30,714	-	65,789	70,572
Separate material item of expense	S10	-	-	-	-	-
Other	S11	4,247	1,835	-	6,082	5,338
<b>Total</b>	S12	42,522	32,549	-	75,071	78,502
<b>Net income/(expenditure) before investment gains/(losses)</b>						
	S13	- 1,683	1,041	-	- 642	9,711
Net gains/(losses) on investments	S14	-	-	-	-	-
<b>Net income/(expenditure)</b>	S15	- 1,683	1,041	-	- 642	9,711
<b>Extraordinary items</b>	S16	-	-	-	-	-
<b>Transfers between funds</b>	S17	-	-	-	-	-
<b>Other recognised gains/(losses):</b>						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
<b>Net movement in funds</b>	S20	- 1,683	1,041	-	- 642	9,711
<b>Reconciliation of funds:</b>						
Total funds brought forward	S21	46,708	-	-	46,708	36,997
<b>Total funds carried forward</b>	S22	45,025	1,041	-	46,066	46,708

## Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
<b>Fixed assets</b>							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
<b>Total fixed assets</b>		B05	-	-	-	-	-
<b>Current assets</b>							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	1,235	-	-	1,235	509
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	61,369	1,041	-	62,410	70,647
<b>Total current assets</b>		B10	62,604	1,041	-	63,645	71,156
<b>Creditors: amounts falling due within one year</b>		(Note 20)					
		B11	17,579	-	-	17,579	24,448
<b>Net current assets/(liabilities)</b>		B12	45,025	1,041	-	46,066	46,708
<b>Total assets less current liabilities</b>		B13	45,025	1,041	-	46,066	46,708
<b>Creditors: amounts falling due after one year</b>		(Note 20)					
		B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
<b>Total net assets or liabilities</b>		B16	45,025	1,041	-	46,066	46,708
<b>Funds of the Charity</b>							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	1,041	-	1,041	-
Unrestricted funds		B19	45,025	-	-	45,025	46,708
Revaluation reserve		B20	-	-	-	-	-
<b>Total funds</b>		B21	45,025	1,041	-	46,066	46,708

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Juliet Rayment	11/3/2022
	Louise Ellis	11/3/2022

## Note 1 Basis of preparation

***This section should be completed by all charities.***

## 1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with\* 

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 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with\* 

ü
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 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.\*

ü
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\* -Tick as appropriate

## 1.2 Going concern

***If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:***

An explanation as to those factors that support the conclusion that the charity is a going concern;

***The charity is holding around 7 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding agreed for the next 2 years so the Trustess consider the charity to be a going concern***

Disclosure of any uncertainties that make the going concern assumption doubtful;

***Not applicable***

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

***Not applicable***

## 1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes\* 

ü
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No\* 

ü
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\* -Tick as appropriate

***Please disclose:***

<b><i>(i) the nature of the change in accounting policy;</i></b>	
<b><i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i></b>	

<b>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</b>	
---	--

#### 1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* - Tick as appropriate
No*	<input type="checkbox"/>	

**Please disclose:**

<b>(i) the nature of any changes;</b>	
<b>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</b>	
<b>(iii) where practicable, the effect of the change in one or more future periods.</b>	

#### 1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* - Tick as appropriate
No*	<input type="checkbox"/>	

**Please disclose:**

<b>(i) the nature of the prior period error;</b>	
<b>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</b>	
<b>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</b>	



## Note 2

## Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

## 2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Not applicable , no changes to accounting policies

### Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
<i>Adjustments:</i>		

Fund balance as restated

### Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period
	£
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	

Previous period net income/(expenditure) as restated

## Note 2 Accounting policies

### 2.2 INCOME

*This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.*

<b>Recognition of income</b>	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> <li>the charity becomes entitled to the resources;</li> <li>it is more likely than not that the trustees will receive the resources; and</li> <li>the monetary value can be measured with sufficient reliability.</li> </ul>
<b>Offsetting</b>	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.
<b>Grants and donations</b>	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).
<b>Legacies</b>	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).  Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.
<b>Government grants</b>	The charity has received government grants in the reporting period
<b>Tax reclaims on donations and gifts</b>	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.
<b>Contractual income and performance related grants</b>	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.
<b>Donated goods</b>	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.  The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.  Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.  Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.  Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.
<b>Donated services and facilities</b>	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.  Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.
<b>Support costs</b>	The charity has incurred expenditure on support costs.
<b>Volunteer help</b>	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Income from interest, royalties and dividends</b>	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.
<b>Income from membership subscriptions</b>	<p>Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.</p> <p>Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.</p>
<b>Settlement of insurance claims</b>	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.
<b>Investment gains and losses</b>	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.

## 2.3 EXPENDITURE AND LIABILITIES

<b>Liability recognition</b>	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
<b>Governance and support costs</b>	<p>Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.</p> <p>Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.</p>
<b>Grants with performance conditions</b>	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.
<b>Grants payable without performance conditions</b>	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.
<b>Redundancy cost</b>	The charity made no redundancy payments during the reporting period.
<b>Deferred income</b>	No material item of deferred income has been included in the accounts.
<b>Creditors</b>	The charity has creditors which are measured at settlement amounts less any trade discounts
<b>Provisions for liabilities</b>	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
<b>Basic financial instruments</b>	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.

## 2.4 ASSETS

<b>Tangible fixed assets for use by charity</b>	<p>These are capitalised if they can be used for more than one year, and cost at least</p> <p>They are valued at cost.</p> <p>The depreciation rates and methods used are disclosed in note 9.2.</p>	
<b>Intangible fixed assets</b>	<p>The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5</p> <p>They are valued at cost.</p>	
<b>Heritage assets</b>	<p>The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.</p> <p>They are valued at cost.</p>	

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

Yes	No	N/a
ü	ü	ü

**Investments**

Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.

Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Stocks and work in progress**

Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.

Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Debtors**

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Current asset investments**

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**POLICIES ADOPTED  
ADDITIONAL TO OR  
DIFFERENT FROM  
THOSE ABOVE**

## Note 3

## Analysis of income

Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	36,946	-	-	36,946	26,604
	Gift Aid	500	-	-	500	470
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	33,590	-	33,590	58,645
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
<b>Total</b>		<b>37,446</b>	<b>33,590</b>	<b>-</b>	<b>71,036</b>	<b>85,719</b>
Charitable activities:		-	-	-	-	-
	Breast pump hire	1,195	-	-	1,195	1,050
		-	-	-	-	-
	Other	-	-	-	-	-
<b>Total</b>		<b>1,195</b>	<b>-</b>	<b>-</b>	<b>1,195</b>	<b>1,050</b>
Other trading activities:	Fundraising	1,890	-	-	1,890	1,444
	Teaching income	308	-	-	308	-
		-	-	-	-	-
	Other	-	-	-	-	-
<b>Total</b>		<b>2,198</b>	<b>-</b>	<b>-</b>	<b>2,198</b>	<b>1,444</b>
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
<b>Total</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
<b>Total</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
<b>Total</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>TOTAL INCOME</b>		<b>40,839</b>	<b>33,590</b>	<b>-</b>	<b>74,429</b>	<b>88,213</b>

## Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

OCF COVID response grant £4,590; National Lottery grant £29,000

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

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Within the income items above the following items are material:  
(please disclose the nature, amount and any prior year amounts)

--

Note 4

Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

*Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.*

Not applicable

*Please give details of other forms of government assistance from which the charity has directly benefited.*

Not applicable

**Note 5 Donated goods, facilities and services**

Seconded staff  
Use of property  
Other

This year £	Last year £
-	-
-	-
-	-
-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise, peer supporters help with ensuring appropriate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also organise fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme. During the year some sessions were delivered virtually via Zoom and peer supporters attended group sessions to help with welcome and discussion; lead break out rooms on specific topics; and helped with support given on Facebook groups



## Note 6

## Analysis of expenditure

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
<b>Analysis</b>					
<b>Expenditure on raising funds:</b>					
Incurred seeking donations	1,600	-	-	1,600	2,592
Incurred seeking legacies	-	-	-	-	-
Incurred seeking grants	1,600	-	-	1,600	-
Operating membership schemes and social lotteries	-	-	-	-	-
Staging fundraising events	-	-	-	-	-
Fundraising agents	-	-	-	-	-
Operating charity shops	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
Advertising, marketing, direct mail and publicity	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-
Database development costs	-	-	-	-	-
Other trading activities	-	-	-	-	-
Investment management costs:	-	-	-	-	-
Portfolio management costs	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-
Investment administration costs	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-
	-	-	-	-	-
<b>Total expenditure on raising funds</b>	<b>3,200</b>	<b>-</b>	<b>-</b>	<b>3,200</b>	<b>2,592</b>
<b>Expenditure on charitable activities</b>					
Facilitator session fees	17,343	19,920	-	37,263	40,368
Facilitator project running costs	16,565	10,153	-	26,718	27,023
Antenatal and peer support sessions	1,167	641	-	1,808	3,181
	-	-	-	-	-
<b>Total expenditure on charitable activities</b>	<b>35,075</b>	<b>30,714</b>	<b>-</b>	<b>65,789</b>	<b>70,572</b>
<b>Separate material item of expense</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

## Other

Insurance	190	68	-	258	258
Equipment	1	29	-	30	868
Administration	4,056	1,738	-	5,794	4,218
Volunteer expenses	-	-	-	-	-
Trustee expenses	-	-	-	-	-
<b>Total other expenditure</b>	<b>4,247</b>	<b>1,835</b>	<b>-</b>	<b>6,082</b>	<b>5,344</b>

## TOTAL EXPENDITURE

42,522	32,549	-	75,071	78,508
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## Other information:

### Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Total prior year
	£	£	£	£	£
Sessions	Drop ins and online support	63981	5780	69761	72631
Training	Antenatal sessions and peer support training	1808	302	2110	3279
Other					
<b>Total</b>		<b>65789</b>	<b>6082</b>	<b>71871</b>	<b>75910</b>

Prior year expenditure on charitable activities can be analysed as follows:

Charitable activities last year were split between grant funding £70,566 and support costs £5,344

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Material items of expenditure are facilitator direct session costs and project management costs. 2021/22 £56,867 (2020/21 £67,391)

## Note 7 Extraordinary items

*Please explain the nature of each extraordinary item occurring in the period.*

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

**Section C** **Notes to the accounts**

**Note 8** **Funds received as agent**

**8.1** Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

**8.2** Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

**Note 9 Support Costs**

*Please complete this note if the charity has analysed its expenses using activity categories and has support costs.*

Support cost (examples)	Raising funds	Drop in sessions/online support	Peer support/Antenatal		Grand total	Basis of allocation (Describe method)
	£	£	£	£	£	
Governance	-	-		-	-	
Insurance	-	245	13	-	258	Time spent
Website and other fees	-	4,595	255	-	4,850	Time spent
	-	-		-	-	
Other	-	922	52	-	974	Time spent
<b>Total</b>	-	5,762	320	-	6,082	

*Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.*

The organisation has identified its support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activity sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

**Note 10** Details of certain items of expenditure**10.1 Fees for examination of the accounts**

*Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).*

**Independent examiner's fees**

**Assurance services other than audit or independent examination**

**Tax advisory fees**

**Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner**

This year £	Last year £
0	0
0	0
0	0
0	0

**Note 11**                      **Paid employees**

*Please complete this note if the charity has any employees.*

**11.1 Staff Costs**

	<b>This year £</b>	<b>Last year £</b>
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)	-	-
Other employee benefits	-	-
<b>Total staff costs</b>	<b>-</b>	<b>-</b>

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

*Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.*

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

None noted

<b>Band</b>	<b>Number of employees</b>
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

No employees. No payments made to Trustees for services.

**11.2 Average head count in the year**

The parts of the charity in which the employees work

	<b>This year Number</b>	<b>Last year Number</b>
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
<b>Total</b>	<b>-</b>	<b>-</b>

**11.3 Ex-gratia payments to employees and others (excluding trustees)**

*Please complete if an ex-gratia payment is made.*

**Please explain the nature of the payment**

None

**Please state the legal authority or reason for making the payment**

n/a

**Please state the amount of the payment (or value of any waiver of a right to an asset)**

n/a

#### **11.4 Redundancy payments**

***Please complete if any redundancy or termination payment is made in the period.***

**Total amount of payment**

None

**The nature of the payment (cash, asset etc.)**

n/a

**The extent of redundancy funding at the balance sheet date**

n/a

**Please state the accounting policy for any redundancy or termination payments**

n/a



**Note 12** Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

**12.1** Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

**12.2** Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity

**12.3** Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan

**Note 13 Grantmaking**

*Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.*

*Not applicable*

**13.1 Analysis of grants paid (included in cost of charitable activities)**

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
			£	£
Activity or project 1				
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
<b>Total</b>	-	-	-	-

*Please enter "Nil" if the charity does not identify and/or allocate support costs.*

**13.2 Grants made to institutions**

*My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.*

Yes

*Please provide details of charity's URL.*

No

*Provide details below*

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
<b>Total grants to institutions in reporting period</b>		-
<b>Other unanalysed grants</b>		-
<b>TOTAL GRANTS PAID</b>		-

**Note 14 Tangible fixed assets**

*Please complete this note if the charity has any tangible fixed assets n/a*

**14.1 Cost or valuation**

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

**14.2 Depreciation and impairments**

<b>**Basis</b>	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
<b>** Rate</b>						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	-	-

**14.3 Net book value**

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

**14.4 Impairment**

*Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.*

#### 14.5 Revaluation

***If an accounting policy of revaluation is adopted, please provide:***

***the effective date of the revaluation***

--

***the name of independent valuer, if applicable***

--

***the methods applied and significant assumptions***

--

***the carrying amount that would have been recognised had the assets been carried under the cost model.***

--

#### 14.6 Other disclosures

***(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.***

--

***(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.***

--

***(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.***

--

*\* The "transfers" row is for movements between fixed asset categories.*

*\*\* Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB*

**Note 15 Intangible assets***Please complete this note if the charity has any intangible assets n/a***15.1 Cost or valuation**

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

**15.2 Amortisation and impairments**

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

**15.3 Net book value**

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

#### 15.4 Accounting policy

**Please disclose the accounting policy for intangible fixed assets including:**

**Reasons for choosing amortisation rates**

**Policies for the recognition of any capital development**


#### 15.5 Impairment

**Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.**

--

#### 15.6 Revaluation

**If an accounting policy of revaluation is adopted, please provide:**

**the effective date of the revaluation**

**the name of independent valuer, if applicable**

**the methods applied**

**the carrying amount that would have been recognised had the assets been carried under the cost model.**


#### 15.7 Other disclosures

**(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.**

**(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.**

**(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.**

**(iv) State the amount of research and development expenditure recognised as expenditure in the year.**

**(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.**


**(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.**

--

*\* The "transfers" row is for movements between fixed asset categories.*

*\*\* Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

**Note 16** Heritage assets n/a*Please complete this note if the charity has heritage assets***16.1 General disclosures for all charities holding heritage assets**

(i) Explain the nature and scale of heritage assets held.

(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

**16.2 Cost or valuation**

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

**16.3 Depreciation and impairments**

<b>**Basis</b>						Straight Line ("SL") or Reducing Balance ("RB")
<b>** Rate</b>						

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

**16.4 Net book value**

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

**16.5 Impairment***Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.*



## 16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

*the effective date of the revaluation*

*the name of independent valuer, if applicable*

*qualifications of independent valuer*

*the methods applied and significant assumptions*

*any significant limitations on the valuation*


## 16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

Carrying amount at the beginning of the period

Additions

Disposals

Depreciation/impairment

Revaluation

Carrying amount at the end of period

At valuation Group A	At cost Group B	Total
£	£	£
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

## 16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.


## 16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
<b>Purchases</b>					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
<b>Donations</b>					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
<b>Total additions</b>	-	-	-	-	-
<b>Charge for impairment</b>					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
<b>Total charge for impairment</b>	-	-	-	-	-
<b>Disposals</b>					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
<b>Total disposals</b>	-	-	-	-	-

## Note 17 Investment assets

n/a

Please complete this note if the charity has any investment assets.

## 17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

\*Please specify additions resulting from acquisitions through business combinations, if any.

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

## Analysis of investments

Cash or cash equivalents

Listed investments

Investment properties

Social investments

Other investments

Total

Grand total (Fair value at year end+Cost less impairment)

Fair value at year end	Cost less impairment
£	£
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

**17.3 If your charity holds investment properties, please complete the following note:**

- (i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity
- (ii) Name or independent valuer, if applicable, and relevant qualifications
- (iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds
- (iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements


**17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.**

**Analysis of current asset investments**

Cash or cash equivalents  
Listed investments  
Investment properties  
Social investments  
Other investments  
Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

**17.5 Guarantees**

Please provide details and amount of any guarantee made to or on behalf of a third party

Name of the entity or entities benefitting from those guarantees

Please explain how the guarantee furthers the charity's aims


**17.6 Concessionary loans**

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £
<b>Total</b>	

**Amount of concessionary loans received** (*Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

<i>Description</i>	<b>This year £</b>
<b>Total</b>	
Terms and conditions eg interest rate, security provided	
Value of any concessionary loans which have been committed but not taken up at the reporting date	
Amounts payable within 1 year	
Amounts payable after more than 1 year	
Amounts receivable within 1 year	
Amounts receivable after more than 1 year	

## 17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.


**Section C****Notes to the accounts****(cont)****Note 18****Stocks****n/a***Please complete this note if the charity holds any stock items***18.1 Please state the carrying amount of stock and work in progress analysed between activities.**

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
<b>Charitable activities:</b>					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
<b>Other trading activities:</b>					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
<b>Other:</b>					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
<b>Total this year</b>	-	-	-	-	-
<b>Total previous year</b>	-	-	-	-	-

**18.2 Please specify the carrying amount of any stocks pledged as security for liabilities**

--

**Note 19**                      **Debtors and prepayments**  
*Please complete this note if the charity has any debtors or prepayments.*

**19.1**    **Analysis of debtors**

Trade debtors  
Prepayments and accrued income  
Other debtors

**Total**

This year	Last year
£	£
-	-
735.0	39.0
500.0	470.0
1,235.0	509.0

*Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.*

**19.2**    **Analysis of debtors recoverable in more than 1 year (included in debtors above)**

Trade debtors  
Prepayments and accrued income  
Other debtors

This year	Last year
£	£
-	-
-	-
-	-
-	-
<b>Total</b>	<b>-</b>

**Note 20 Creditors and accruals**

*Please complete this note if the charity has any creditors or accruals.*

**20.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	17,579	24,448	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
<b>Total</b>	<b>17,579</b>	<b>24,448</b>	<b>-</b>	<b>-</b>

**20.2 Deferred income**

*Please complete this note if the charity has deferred income.*

*Please explain the reasons why income is deferred.*

*Donation income received in March 2019 with condition that expenditure would only take place from 2019/2020 onwards was released to income during the current year*

**Movement in deferred income account**

	This year £	Last year £
Balance at the start of the reporting period	24,448	17,513
Amounts added in current period	17,579	24,448
Amounts released to income from previous periods	- 24,448	- 17,513
Balance at the end of the reporting period	17,579	24,448



**Note 21 Provisions for liabilities and charges**

*Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.*

**21.1 Please provide:**

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;
- an indication of the uncertainties about the amount or timing of those outflows; and
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

Not applicable

**21.2 Movements in recognised provisions and funding commitment during the period**

- Balance at the start of the reporting period
- Amounts added in current period
- Amounts charged against the provision in the current period
- Unused amounts reversed during the period
- Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

**21.3** For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

**21.4** Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

**Note 22 Other disclosures for debtors, creditors and other basic financial instruments**

**22.1** Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

**22.2** If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.

*Not applicable*

**Note 23 Contingent liabilities and contingent assets** n/a

**23.1 Contingent liabilities**

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

**23.2 Contingent assets**

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

**23.4 Other disclosures for contingent assets and/or liabilities**

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibilty of any reimbursement	
Where it is not practical to make one or more of these disclosures, please state this fact	

**Note 24**                      **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)

Short term deposits

Cash at bank and on hand

Other

**Total**

<b>This year £</b>	<b>Last year £</b>
-	-
-	-
62,410	70,647
-	-
62,410	70,647

Note 25	Fair value of assets and liabilities	n/a
---------	--------------------------------------	-----

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

## Note 26

## Events after the end of the reporting period

n/a

*Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.*

Please provide details of the nature of the event

Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

Note 27

Charity funds

## 27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

\* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID on going costs	R	Ongoing COVID expense for hybrid model	-	4,590	- 4,590	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	29,000	- 27,959	-	-	1,041
General fund	U	unrestricted	46,709	40,839	- 42,523	-	-	45,025
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			46,709	74,429	- 75,072	-	-	46,066

Note 27 Charity funds (cont)

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

\* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID response	R	Additional COVID expenses	-	5,390	- 5,390	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	35,132	- 35,132	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	5,400	- 5,400	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	- 2,250	-	-	-
Lottery COVID response	R	Additional COVID expenses	-	9,903	- 9,903	-	-	-
Mid Counties	R	Peer Support training	-	570	- 570	-	-	-
Localgiving	R	Additional COVID expenses	-	1,451	- 1,451	-	-	-
General fund	U	unrestricted	37,001	28,117	- 18,409	-	-	46,709
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			37,001	88,213	- 78,505	-	-	46,709



Note 27

Charity funds (cont)

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

**Note 28 Transactions with trustees and related parties**

*If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.*

**28.1 Trustee remuneration and benefits**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

None

*In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.*

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

*Please give details of why remuneration or other employment benefits were paid.*

Not applicable

*Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.*

Not applicable

**28.2 Trustees' expenses**

*If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".*

No trustee expenses have been incurred (True or False)

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify): Training	0	51
<b>TOTAL</b>	0	51

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

0

28.3 Transaction(s) with related parties

*Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.*

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

*For any related party, please provide details of any guarantees given or received.*

**Note 29****Additional Disclosures**

**The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.**

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of its charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has been awarded some long term grant funding, most notably £114k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants.

The charity operates a mixture of face to face booked breastfeeding groups alongside one to one and group online support. The Trustees believe it is reasonable to hold enough reserves to enable the organisation to change the mix of face to face and online operations at short notice. Also with the charity moving from a self employed contractor organisation to employing staff the Trustees believe that it is prudent to hold enough reserves to provide a buffer for any unexpected employment costs, emergency expenses and potential redundancy costs, as well as to ensure that funds are available in a timely manner to continue to maintain our level and nature of service provision.

The charity is now holding an increasing number of sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider it reasonable to hold between 6 and 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £45k which represents about 7 months of expenditure, along with an additional £10k of deferred grant income which has been earmarked for future activities.