OXFORDSHIRE BREASTFEEDING SUPPORT

England & Wales · Charity number 1176948

Details

Status	Registered
Legal form	CIO
Registered	2018-02-01
Register	View on the Charity Commission register

Contact

Address	2 Wytham Street Oxford OX1 4SU
Phone	07775660001
Email	team@oxbreastfeedingsupport.org
Website	www.oxbreastfeedingsupport.org

Activities

Objects: THE OBJECT OF THE CIO IS THE ADVANCEMENT OF HEALTH, FOR THE PUBLIC BENEFIT, THROUGH THE PROVISION OF INFORMATION, HELP AND SUPPORT FOR FAMILIES IN AND AROUND OXFORDSHIRE TO BREASTFEED FOR AS LONG AS THEY WISH.

Activities: OBS aims to increase breastfeeding, provision of breast milk and responsivefeeding for babies in Oxfordshire by:Educating and empowering Oxfordshire families to define and achievetheir feeding goals.Taking a lead role in developing an integrated network of breastfeedingsupport throughout Oxfordshire, so that all parents can access skilled,timely, local breastfeeding help.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Oxfordshire

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Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£64,286	£60,372	-	-
2024-03-31	£78,307	£70,249	-	-
2023-03-31	£77,851	£79,325	-	-
2022-03-31	£74,429	£75,071	-	-
2021-03-31	£88,213	£75,914	-	-

Trustees

Name	Role	Appointed
Alison Mary Lawrance		2025-01-12
Dr Francesca Holt		2025-01-12
Eleanor Grace Rowling		2026-01-12
Ilze Malan		2025-01-12
Kristi Laine Johnson		2025-01-12
Laura Prentice		2022-05-01
Marion Olivia Durand		2026-01-12
Zoe Claire Townsend		2023-03-11

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OXFORDSHIRE BREASTFEEDING SUPPORT

England & Wales - Charity number 1176948

Accounts

OBS
OXFORDSHIRE
BREASTFEEDING
SUPPORT

OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2024/25

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Introduction from the Board of Trustees

The year 2024/25 has been a period of significant transition and renewed focus for Oxfordshire Breastfeeding Support (OBS). Following the end of the five-year grant from the National Lottery Community Fund, our primary focus has been on ensuring the sustainability and continued resilience of our services, particularly as the cost of living crisis continued to impact families. This has meant a concentrated effort on fundraising, reinforcing our team, and invigorating our community relationships.

We have welcomed a number of new trustees to the board, bringing fresh perspectives and expertise that will be instrumental in guiding our strategic direction. Their arrival, alongside the expansion of our facilitator team with the addition of experienced cover facilitators, marks a period of stability and growth for OBS. Some of the most welcome news of the year was the recruitment of our own Hannah Dingwall-Jones into the newly created role of Operations Manager. Service-users and donors may well have interacted with Hannah in her previous role of Administrator and will recognise her wonderful organisation and heartfelt commitment to the charity. Appointed in February 2025, Hannah has already proven herself adept at providing leadership and expertise to the charity; with her firm hand on the controls we look forward to a strengthening of OBS in 2025/26.

The Board of Trustees would like to take this opportunity to proudly thank our staff and volunteers for their commitment to OBS. Without you we couldn't do any of what we do to support our families. As we look ahead, we are confident that the foundations laid this year will enable us to continue providing consistent and high-quality breastfeeding support to families across Oxfordshire for years to come.

Zoe Townsend

Interim Chair of Trustees

Administrative Information

- **Registered Name:** Oxfordshire Breastfeeding Support
- **Registered Address:** 2 Wytham Street, Oxford, OX1 4SU
- **Email:** team@oxbreastfeedingsupport.org
- **Registered charity no.**: 1176948

Trustees

- Laura Prentice - Deputy Chair
- Dr Ashvina Segaran - Secretary and Safeguarding (March 2024 - December 2024)
- Hannah Marshall - Fundraising
- Zoe Townsend - Team Liaison and interim Chair
- **New Trustees (joined January 2025):**
    - Dr Francesca Holt - Safeguarding (January 2025 - March 2025)
    - Kristi Johnson - Communications
    - Ali Lawrance - Strategy & Impact
    - Ilze Malan - Treasurer

- Dr Rain Irshad - Equality Diversity and Inclusion (left November 2024)
- Khatsha Ali - External Communications (left September 2024)

Non-clinical Staff

- Hannah Torrence – Clinical Director
- Catriana McKie - Systems and Safeguarding Lead
- Hannah Dingwall-Jones - Operations Manager

Clinical Facilitators

- Lisa Mansour (also EDI Lead)
- Charlotte Gilman
- Cathy Berry

Cover Facilitators:

- Kathryn Goldsby-West (joined September 2024)
- Julie Gallegos (rejoined February 2025)

Aims and Objectives

At OBS we believe that breastfeeding, and breastmilk, are deeply important. Our mission is to increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.

- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.

Overview of OBS 2024/25

The 2024/25 financial year was defined by a strong emphasis on internal and external sustainability. Following the conclusion of our major grant funding, we embarked on a year of consolidation and strategic refocussing. This was a continuation of the work started in the previous year, where we adjusted the balance of our services to increase our face-to-face provision in areas of need. Key initiatives included the recruitment of new trustees to strengthen our governance, welcoming cover facilitators to our team, and shifting key in-person session venues to better serve our community. We also focused on enhancing our existing services, including providing specialised training for our team and volunteers.

OBS supported families across Oxfordshire with:

- 596 first visits, 509 return visits:
    - 932 in person visits in 235 sessions
    - 52 individual online consultations
    - 71 families seen at antenatal sessions
    - 45 contacts with 30 Family Nurse Partnership families

- In person sessions run in five locations in Oxfordshire every week: Barton, Kidlington, East Oxford, The Leys/Littlemore, and Didcot, reaching 460 unique families over 932 visits in the year.

- Monthly virtual Preparing to Breastfeed antenatal breastfeeding education sessions, supporting 71 families.

- Moderated Facebook group with 3,500 members (1,740 active), who are supported by a dedicated breastfeeding specialist responding to posts, and by volunteer peer supporters.

- One to one remote consultations online with 52 sessions provided in 2024-25.

"The support offered at OBS is unmatched, and without OBS I would not be breastfeeding right now. It is an integral service and one that has contributed significantly to the positive outlook I know have with regards to feeding. I couldn't have done it without them and I know that with their support, the rates of breastfeeding will continue to increase with more knowledge shared."

- Anonymous service user, January 2025

There have been several areas where we have developed the shape of our service:

- The shape of our session in the Blackbird and Greater Leys area has expanded, thanks to funding from Well Together, and in 2024 the session began to run on alternate weeks between Windale School in Blackbird Leys and John Henry Newman School in Littlemore, providing a mix of bookable slots and drop in spaces for local families.

- New members of our team, including:
    - new Trustees, including Trustees for Safeguarding and Strategy.
    - a new Operations Manager
    - new Cover Facilitators to allow us to more flexibly run sessions during staff holiday or absence.

- An ongoing commitment to increasing the accessibility of our sessions.

Achievements and Performance

This year's achievements were driven by a commitment to resilience and community engagement.

- **Venue Transitions:** Successfully moved two long-running in-person sessions to new, accessible venues, ensuring continuity of service for families in Didcot and East Oxford.
- **Data Reporting:** Aligned our data analysis and reporting to match our financial year, providing a clearer and more cohesive picture of our operations.
- **Strategic Leadership:** Our Systems and Safeguarding Lead, Catriana McKie, chaired two meetings of the County Wide Strategy Group, fostering greater collaboration across the county.
- **Community Partnerships:** We continued to build strong local partnerships. Notably, our Kidlington session venue provider, the Kidlington Hub, relaunched as Kidlinks, and we have been working closely with them to support families in their community.
- **Widening Access:** In a continued effort to make our services more accessible, the OBS team and a number of our volunteers completed courses and sessions on supporting autistic families.

Key Events and Milestones

- **April 2024:** The end of five years of vital funding from the National Lottery Community Fund.
- **June 2024:** The Didcot session was successfully moved from the SOHA building to the Didcot Library.
- **July 2024:** The East Oxford session venue changed from Comper School to the Old Schoolhouse.
- **August 2024:** Hosted a volunteer picnic to celebrate and thank our dedicated volunteers.

- **December 2024:** An in-person volunteer session was held at Barton, focusing on listening skills.

In Person Sessions

Our in-person drop-in sessions remain the cornerstone of our service, providing immediate, face-to-face support. In the previous year, these sessions reached 596 unique families over 1,105 visits, demonstrating their significant impact. This year, we navigated venue changes smoothly in Didcot and East Oxford, maintaining our service delivery without interruption. These sessions continue to be a vital space for families to receive clinical advice and peer support.

Our current in-person sessions are held: on Tuesdays at the Barton Community Centre; on Wednesdays, at Kidlinks, Kidlington; on Thursdays at the Old Schoolhouse East Oxford; and on Fridays at Didcot Library.

This year we were delighted to open additional Thursday sessions expanding on our previous groundwork in The Leys area. Following receipt of dedicated funding we are now able to offer sessions alternating between Blackbird Leys and Littlemore. The Leys has some of the lowest breastfeeding initiation rates in Oxfordshire and we're thrilled to be able to build on our earlier work in the area as well as expand into the under-served area of Littlemore. The sessions have become well-established and welcome families each week. We continue to work closely with other local groups including Oxford Hub Parent Power, AFiUK, Early Lives, Equal Start, Peeple, Ivy Midwives, Health Visitors, and GPs.

"I just wanted to say thank you so much for your support, advice and kindness at the Kidlington session last Wednesday. I had been so worried about my baby refusing milk and speaking to you was so reassuring."

- *Anonymous service user, September 2024*

Virtual 1 to 1 Consultations

Virtual consultations have continued to be an essential tool for providing accessible support, especially for those unable to attend in-person sessions due to geographical or logistical barriers. Our team of facilitators continues to offer confidential and tailored advice via video calls. In 2024, we provided **52 one-to-one remote consultations**.

Of families who booked 1:1 virtual appointments, 25% did not have a session local to them, but were able to access OBS services online. 20% had a health condition that made it difficult for them to access an in person session. 15% had caring responsibilities for older children, and a further 15% did not have transportation to reach a session. While we have been offering fewer 1:1 sessions as demand for them has lessened in the years following the pandemic, they form a crucial part of our services, ensuring that they remain accessible to families who would otherwise not be able to receive support from us.

"Thank you so much for your support, I actually felt listened to and supported."

- *Jen Campbell, service user, May 2024*

Facebook Group

The OBS Facebook Group continues to be a vibrant and active community. With **3,500 members** (and approximately 1,740 active in the previous year), it provides a valuable platform for peer support and shared experiences, complementing our professional services.

The other breastfeeding mums were a great community.

- *Facebook group member*

It's a life line especially when you can't leave the house.

- *Facebook group member*

Collaboration and Partnerships

We continue to strengthen our relationships with local organisations. This year, all our facilitators completed the LGCB course on **Supporting Autistic Families to Breastfeed**, demonstrating our commitment to widening access and ensuring our team is equipped with the skills to support a diverse range of families.

Our work with the Family Nurse Partnership continued in 2024/25, providing breastfeeding support to 35 parents under 19 in person and by telephone, video call, and online messaging. A session was also run for the FNP nurses, drawing on our popular Breastfeeding Grief and Loss sessions, about how to support clients who had not been able to breastfeed as they had anticipated.

Our collaborations with health professionals and researchers continued in 2024/25 and we welcomed 19 observers at our sessions. These include health visitors, child health workers alongside nursing and midwifery students from Oxford Brookes University. These visits and observations are informative and enriching for both the health professional and OBS.

"I just wanted to extend my sincere thanks for the opportunity to spend time with your team and observe Cathy during my recent visit. It was a genuinely valuable and informative experience, and I really appreciated the warm welcome.

It was inspiring to see the care, knowledge, and dedication that goes into the support you offer to families. Cathy was fantastic her approach was compassionate, insightful, and clearly impactful for the family she worked with.

It was wonderful to witness the positive difference your service is making in the community."

- *Emy Ashby, Community Public Health Nurse*

OBS Volunteers

Our volunteers are the heart of OBS, and this year we prioritised their development and well-being. We held a series of volunteer supervision sessions allowing the volunteers to engage together as a community while updating their skills and knowledge. In April a former peer supporter joined us to collaborate on a session focused on supporting autistic people to breastfeed. This was based on the LGCB course all facilitators have completed ensuring this knowledge is spread as widely as possible across the organisation. Following a general supervision session in September, the December group was led by our Systems and Safeguarding Lead, Cat McKie, and focused on listening skills and how volunteers could support each other during our in-person breastfeeding sessions.

Volunteer supervision
Theme: Supporting Autistic service users at sessions and online
29th April at 12.30, online
With guest Anna Lawrence
OWL
LCGB ONGOING WEB LEARNING
Supporting Autistic People to Breastfeed
Dr Aimee Grant
OBS
OXFORDSHIRE BREASTFEEDING SUPPORT
Registered Charity 1176948

Fundraising

With the conclusion of our lottery funding, fundraising became a critical focus. We are proud to have had a successful fundraising year, which included a particularly successful campaign in the **Big Give Women & Girls** match fund raising £10,228. These efforts are essential to our long-term sustainability and enable us to continue our vital work for free.

OBS continues to benefit from the generosity of its supporters. Over the course of the year, we raised almost £8,000 via **Local Giving**, with an additional £1,500 in Gift Aid. Over £2,000 was raised with card donations at the sessions. Furthermore, we secured several significant donations from individuals which have been crucial in helping us meet our operating costs and expand our service offerings, including an anonymous donor who provided match funding for two seasonal campaigns over the winter, raising nearly £2,000.

In April the Family Choir club held what has now become an annual concert and raised £370 each for OBS and for another local charity SSNAP.

Financial Report

Financial Review

This year OBS brought in an income of £64,286 (2024: £78,307) and spent £60,372 (2024: £70,249), leaving the charity with a small surplus in funds at the end of the period. This was mainly due to the charity's income generation plan to build other sources of income.

This financial period saw OBS receive £7,500 from the Oxfordshire Community and Voluntary Action (OCVA) and Community First Oxfordshire (CFO) on behalf of Buckinghamshire, Oxfordshire, and Berkshire West Integrated Care Board (BOB ICB) for our 'Feeding Your Baby' sessions in the Leys and Littlemore.

Oxford County Council Cost of Living Grant also continued to fund the Kidlington and Donnington face to face sessions as well as helping us provide further online support sessions. The charity also received £355 from the Oxford City Council Community Impact Fund to support our work.

OBS would also like to thank all the wonderful supporters, whose generosity helped the charity increase its unrestricted income to £52,069 through the donations received.

Reserves Policy Statement

The OBS Board of Trustees reviews the charity's reserves policy annually to ensure we maintain appropriate funding to continue our activities without disruption. We review both restricted and unrestricted reserves at each meeting. As our funding comes primarily from uncertain sources—individual donations, grants, and fundraising—holding reserves allows us time to plan for changes, such as reducing services or seeking new funding, should our income be affected by wider economic conditions.

We operate a mix of in-person breastfeeding groups and one-to-one and group online support. The trustees believe it is reasonable to hold enough reserves to allow us to maintain a significant number of in-person sessions. This is particularly important now that we employ staff including all principal session facilitators. Maintaining reserves provides a buffer for unexpected employment costs and ensures we have the funds to continue our service provision without interruption.

In order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the trustees consider it reasonable to hold between 6 and 12 months of expenditure in reserve.

Unrestricted reserves at the end of the year were £54,665 which represents nearly 11 months of expenditure.

Risk Management

OBS remains committed to effective risk management to ensure the safety and security of our service users, staff, and volunteers. Our mission to increase breastfeeding, provision of breastmilk, and responsive feeding for babies in Oxfordshire requires careful and proactive risk management to ensure the stability and continuity of our work. As a small charity with limited resources, even minor risks can significantly impact our ability to serve our community. The Board of Trustees and the OBS Team work hard to identify and address any risks. This commitment helps us protect our charity's future, our reputation, and most importantly, the families we serve.

As with many small charities, the major risk to OBS is financial. Our reliance on a small number of funding sources, including grants and donations, can make us vulnerable to economic downturns or changes in donor priorities. To address this, we continue to diversify our income streams by actively pursuing multiple grants, individual donations, and community fundraising initiatives. We also maintain a robust reserves policy to ensure the continuity of essential services during financial challenges. We have recruited to the previously vacant post of Treasurer Trustee to further strengthen our financial oversight. We thank other trustees, the charity's Operations Manager and the bookkeeper who all took on additional responsibilities to safeguard OBS's finances.

We have also focused on managing clinical risk in light of the sustained increase in both demand and the clinical complexity of our service users' needs. To continue providing high-quality care with our limited staff and volunteers, we have prioritised sessions that offer the greatest benefit, focusing our capacity where it can have the biggest impact. Our safeguarding and systems leads regularly review and update our policies to maintain a secure and supportive service environment.

These safeguards enable OBS to create a secure and supportive service environment, helping us continue our mission of promoting breastfeeding and responsive feeding for families across Oxfordshire.

Looking Towards 2025/26

As we look ahead, we are well-positioned for the future. The foundational work of 2024/25 has strengthened our organisation, from our governance and personnel to our fundraising capabilities. Our focus for 2025/26 will be on building on this foundation to further develop our services and expand the number of families we can reach. We will continue to seek new funding opportunities, cultivate strong community partnerships, and explore new ways to serve a broader cross-section of Oxfordshire families.

With input from a variety of stakeholders, we plan to develop a blueprint for our service in both the near and medium term. We hope this vision will include:

- Reintroducing a social component to our in-person sessions, which we have not been able to do safely since the start of the pandemic due to the level of clinical need, and facilitator and volunteer capacity
- Evaluating our breastfeeding grief and trauma sessions and exploring further services and sessions with a focus on mental health
- Exploring opportunities for additional sessions in partnership with other local groups in underserved areas of the county
- Exploring further opportunities to work in collaboration with local NHS services
- Exploring training, partnerships and future recruitment to better represent and serve minority populations in our community

With a dedicated and revitalised team and board of trustees, we are confident that OBS will continue to thrive and support families for years to come.

Oxfordshire Breastfeeding Support
Registered Charity: 1176948

Financial statements for the year ending 31st March 2025

Reference and Administrative Details

The Trustees present the financial statements of Oxfordshire Breastfeeding Support for the year ended 31st March 2025.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the financial Statements of the Charity.

Charity's Principal Address:	Oxfordshire Breastfeeding Support
	2 Wytham Street
	Oxford
	OX1 4SU
Trustees	Dr Ashvina Segaran
	Hannah Marshall
	Laura Prentice
	Dr Francesca Holt
	Alison Lawrance
	Zoe Townsend
	Kristi Johnson
	Ilze Malan
Bookkeeper	Positive Community Finance Ltd
	7 Scholars Rise
	Stokenchurch
	Buckinghamshire
	HP14 3FL

Structure, Governance and Management

The charity was incorporated as a charitable incorporated organisation (CIO) on 1st February 2018 and is governed by a Foundation Constitution.

Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Financial Review

This year OBS brought in an income of £64,286 (2024: £78,307) and spent £60,372 (2024: £70,249), leaving the charity with a small surplus in funds at the end of the period. This was mainly due to the charity's income generation plan to build other sources of income.

This financial period saw OBS receive £7,500 from the Oxfordshire Community and Voluntary Action (OCVA) and Community First Oxfordshire (CFO) on behalf of Buckinghamshire, Oxfordshire, and Berkshire West Integrated Care Board (BOB ICB) for our 'Feeding Your Baby' sessions in the Leys and Littlemore.

Oxford County Council Cost of Living Grant also continued to fund the Kidlington and Donnington face to face sessions as well as helping us provide further online support sessions. The charity also received £355 from the Oxford City Council Community Impact Fund to support our work.

OBS would also like to thank all the wonderful supporters, whose generosity helped the charity increase its unrestricted income to £52,069 through the donations received.

Reserves Policy Statement

The reserves policy has been agreed by the trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

OBS reviews the level of reserves held both restricted and unrestricted at each trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of its charitable activities. The nature of these income streams is that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions, holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding.

As the charity was awarded some long term grant funding most notably 114K over five years from the National Lottery, this has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants. The charity operates a mixture of face to face booked breastfeeding groups alongside one to one and group online support. The trustees believe it is reasonable to hold enough reserves to enable the organisation to transition towards a larger proportion of face to face session compared with online operations.

The charity continues to move from a self-employed contractor organisation to employing staff. The trustees believe that it is prudent to hold enough reserves to provide a buffer for any unexpected employment costs, emergency expenses or potential redundancy costs, as well as to ensure that funds are available in a timely manner to continue to maintain our levels and nature of service provision.

In order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the trustees consider it reasonable to hold between 6 and 9 months of expenditure in reserve.

Unrestricted reserves at the end of the year were £54,665 which represents nearly 11 months of expenditure.

OXFORDSHIRE BREASTFEEDING SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD ENDING 31 MARCH 2025

	Notes	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Incoming resources	**2**				
Donations and legacies		52,419	9,604	62,023	76,894
Charitable activities		500	-	500	272
Other trading activities		1,434	-	1,434	998
Investments		329	-	329	143
Other		-	-	-	-
Total Incoming resources		54,682	9,604	64,286	78,307
Resources expended	**3**				
Raising funds		-	-	-	261
Charitable activities		46,628	6,384	53,012	65,622
Other		5,176	2,184	7,360	4,366
Total Resources Expended		51,804	8,568	60,372	70,249
Net income/(expenditure)		2,878	1,036	3,914	8,058
Reconciliation of funds					
Total funds brought forward		51,787	864	52,651	44,593
Transfers between funds		-	-	-	-
Total funds carried forward		54,665	1,900	56,565	52,651

The Statement of financial activities includes all gains and losses in the year.

All incoming resources expended derive from continuing activities.

OXFORDSHIRE BREASTFEEDING SUPPORT

BALANCE SHEET
AS AT 31 MARCH 2025

	Notes			Total Funds 2025 £	Total Funds 2024 £
Current Assets					
Debtors	**7**			1,653	373
Cash at bank and in hand				89,492	60,728
Total current assets				91,145	61,101
Liabilities					
Creditors: amounts falling due within one year	**8**			34,580	8,450
Net current assets/(liabilities)				56,565	52,651
Total assets less current liabilities				56,565	52,651
Total net assets or liabilities				56,565	52,651
Funds of the Charity					
Restricted income funds	**9**	-	1,900	1,900	864
Unrestricted funds		54,665	-	54,665	51,787
Total funds		54,665	1,900	56,565	52,651

Approved by the board of Trustees on 12 January 2026 and signed on its behalf by:

Zoe Townsend; Trustee Zoe Townsend
Printed Name & Role:

Ilze Malan; Trustee
Printed Name & Role:

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2025

1 Accounting Policies

General information and basis of preparation

The charity is a Charitable Incorporated Organisation (CIO), incorporated in England and Wales. The address of the registered office is given in the charity information on page 2 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Fund Accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in the furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific funds. The aim and use of each of the restricted funds is set out in the notes to the financial statements.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably.

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2025

1 Accounting Policies (Continued)

Liabilities

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted. Debt instruments are subsequently measured at amortised cost.

Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Judgement and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2025

2 Analysis of Income	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Donations and Legacies				
Donations and gifts	52,069	-	52,069	44,141
Grants	350	9,604	9,954	32,753
	52,419	9,604	62,023	76,894
Charitable Activity				
Breast Pump Hire	500	-	500	272
	500	-	500	272
Other Trading Activities				
Fundraising	1,434	-	1,434	998
	1,434	-	1,434	998
Income From investments				
Bank Interest	329	-	329	143
	329	-	329	143
Total Income	54,682	9,604	64,286	78,307

Restricted Grants received in the period

- £7,500 from OCVA & CFO Well Together Fund
- £1,749 from the Oxford County Council Cost of Living Fund
- £355 From the Oxford City Council Community Impact Fund

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2025

3 Analysis of Expenditure

	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Raising Funds				
Seeking Donations & Grants	-	-	-	261
	-	-	-	261
Charitable Activity				
Facilitator Project Running Costs	25,696	2,024	27,720	30,810
Facilitator Session Costs	20,932	4,360	25,292	34,282
Antenatal & Peer Support Sessions	-	-	-	530
	46,628	6,384	53,012	65,622
Other				
Support Costs	5,176	2,184	7,360	4,366
	5,176	2,184	7,360	4,366
Total Expenditure	51,804	8,568	60,372	70,249

4 Support Costs

	Insurance £	Website and Other Fees £	Other Costs £	Total £
Raising Funds	-	-	-	-
Drop In Sessions & Online Support	258	3,048	4,054	7,360
Antenatal & Peer Support Sessions	-	-	-	-
Total	258	3,048	4,054	7,360

The charity has identified its support costs and allocated them between the main activities undertaken based on an estimate of time allocated per month to the different activity sessions. There were no governance support costs incurred in the period as the charity's management related to time spent solely by the trustees.

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2025

5 Staff Costs

	Total 2025 £	Total 2024 £
Salaries and wages	50,329	46,524
Social security Costs	920	-
Pension costs	305	344
	51,554	46,868

No employee received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The total amount paid to key management personnel for their services during the year was £5,032 (2024: £17,690)

Average Head court for the year (full time equivalent)

	2025 Staff numbers	2024 Staff Numbers
Charitable Activity	1.33	1.15
Total	1.33	1.15

6 Net incoming resources for the year

This is stated after charging:

	Total 2025 £	Total 2024 £
Independent Examination	-	390
Other Accountancy Services	-	-
	-	390

7 Debtors

	Total 2025 £	Total 2024 £
Trade Debtors	-	-
Prepayments	-	-
Other Debtors	1,653	373
	1,653	373

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2024

8 Creditors

	Total 2025 £	Total 2024 £
Trade Creditors	624	1,418
Other Taxes and Social Security	731	(1,423)
Accruals and deferred Income	28,800	4.516
Other Creditors	4,425	3,939
	34,580	8,450

9 Restricted Funds

	Opening Balance £	Incoming Funds £	Outgoing Funds £	Transfers £	Closing Balance £
Lottery Grant Fund	864	-	864	-	-
Cost of Living Grant 2	-	1,749	1,749	-	-
Community Impact Fund	-	355	355	-	-
Well Together Fund	-	7,500	5,600	-	1,900
	864	9,604	8,568	-	1,900

10 Trustee Remuneration and Benefits

No trustee received any remuneration or benefit during the year (2024: £nil).

Trustee expenses

No trustee received any expenses during the year (2024: £nil).

11 Other Related party transactions

There were no related party transactions in the reporting period.

CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

[redacted]

Report to the trustees	OXFORDSHIRE BREASTFEEDING SUPPORT		
On accounts for the year ended	31st March 2025	**Charity no**	1176948
Set out on pages			

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2025

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	[signature]	**Date:**	18/12/2025
Name:	Kate Victoria Bartlett		
Relevant professional qualification(s) or body	FCA (ICAEW)		
Address:	22 Field Close		
	Kidlington		

Oxford, OX2 7JN

OXFORDSHIRE BREASTFEEDING SUPPORT

England & Wales - Charity number 1176948

Accounts

OBS
OXFORDSHIRE
BREASTFEEDING
SUPPORT

OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2023/24

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Administrative Information

Registered Name
Oxfordshire Breastfeeding Support

Registered Address
2 Wytham Street,
Oxford
OX1 4SU

Email: team@oxbreastfeedingsupport.org
Registered charity no. 1176948

Trustees
Laura Prentice - Deputy Chair
Dr Ashvina Segaran - Secretary and Safeguarding
Hannah Marshall - Fundraising
Zoe Townsend - Team Liaison
Dr Rain Irshad - Equality Diversity and Inclusion
Khatsha Ali - External Communications

Louise Ellis ACA (Left November 2023)
Dr Juliet Rayment (Left October 2023)

Non-clinical Staff
Karin Chandler – Charity Director (left November 2023)
Hannah Torrence – Clinical Director (joined April 2023)
Catriana McKie - Systems and Safeguarding Lead
Hannah Dingwall-Jones - Administration

Clinical Facilitators
Lisa Mansour (also EDI Lead)
Charlotte Gilman
Cathy Berry
Ruth Viella
Julie Gallegos (left September 2023)

Introduction from the Board of Trustees

Change and development continued for Oxfordshire Breastfeeding Support (OBS) in 2023-2024. We have successfully moved towards employing staff, rather than solely relying on contractor relationships. Additionally our Charity Director left in November, and this departure has coincided with a closer focus on our core services in their current form.

Despite these changes to the structure of our organisation, we have continued to offer consistent and high-quality breastfeeding support, and are continuing to adjust the balance of our services depending on community need. The cost of living crisis continued to have a significant impact on families across Oxfordshire and as pandemic restrictions and uncertainties have receded, the needs and expectations of our service users have changed.

While we continue to develop more social models for sessions, we are also mindful that we are currently supporting a high level of clinical need that many of the families presenting at our sessions are experiencing. Families have come to us with much more complex breastfeeding concerns than before the pandemic. It is therefore taking us longer to work out how to re-introduce the social element of our work.

Overall, 2024 has been a year of laying new foundations for providing consistent and high-quality breastfeeding support in Oxfordshire and reaching a wider section of our community through a combination of social and in person sessions.

Ashvina Segaran, on behalf of the Board of Trustees
Secretary of the Board of Trustees of Oxfordshire Breastfeeding Support

Aims and Objectives

At OBS we believe that breastfeeding, and breastmilk, are deeply important. Our mission is to increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.

- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.

A facilitator's bag at a session with a doll and knitted boobs

Overview of OBS 2023-24

OBS has continued to offer consistent and high-quality breastfeeding support with :

- 592 first visits, 670 return visits
    - 985 in person visits in 210 sessions
    - 146 individual online consultations
    - 21 Virtual Group visits
    - 53 families seen at antenatal sessions
    - 56 contacts with 29 Family Nurse Partnership families

- In person sessions run in five locations in Oxfordshire every week, including the new session in the Blackbird and Greater Leys, reaching 440 unique families over 985 visits in the year.

- Monthly virtual Preparing to Breastfeed antenatal breastfeeding education sessions, supporting 53 families.

- Moderated Facebook group with 3,200 members (1,400 active) who are supported by a dedicated breastfeeding specialist responding to posts, and by volunteers peer supporters

- One to one remote consultations online with 146 sessions provided in 2023-24

There have been several key areas where our work has developed this year:

- We have continued to adjust the balance of our services depending on community need, with more emphasis on providing face to face sessions in areas of need and targeting our remaining online provision.

- A new in person support session, targeted to an area of specific need in the Blackbird and Greater Leys area, beginning in October 2023.

- Changes to the shape of the organisation, including leadership and staff employment.

- A focus on increasing the accessibility of our sessions.

Overall, 2023 has been a year of laying new foundations for providing consistent and high-quality breastfeeding support in a post-pandemic Oxfordshire and reaching a wider section of our community.

> *"OBS saved my breastfeeding journey. Without them, I would have given up. Thanks to their amazing support, I went on to breastfeed for 2 years."*
>
> - *Alessandra, OBS Service User*

Achievements and Performance

In April 2023, OBS received the Little Ankle Biters award for **Best Local Charity**, a momentous achievement for our team. Cathy, one of our facilitators, was interviewed by *That TV*, helping to bring further attention to our cause.

A royal stamp of approval!

In April 2023, Pat Smith was selected as one of the **Royal Voluntary Service's (RVS) 500 Coronation Champions**. The entry standard was very high and they received almost 5,000 nominations. For Pat to be selected was a huge validation and recognition of all she has given OBS over the years.

In Person Sessions

Throughout 2023-24, OBS continued to provide vital in person breastfeeding support across Oxfordshire. We held weekly sessions at **Barton**, **Donnington**, **Kidlington** and **Donnington Doorstep.** The **Donnington Doorstep** session was relocated to Comper Foundation School in September 2023, and was renamed **the East Oxford session**. These sessions continued to be well attended throughout the year.

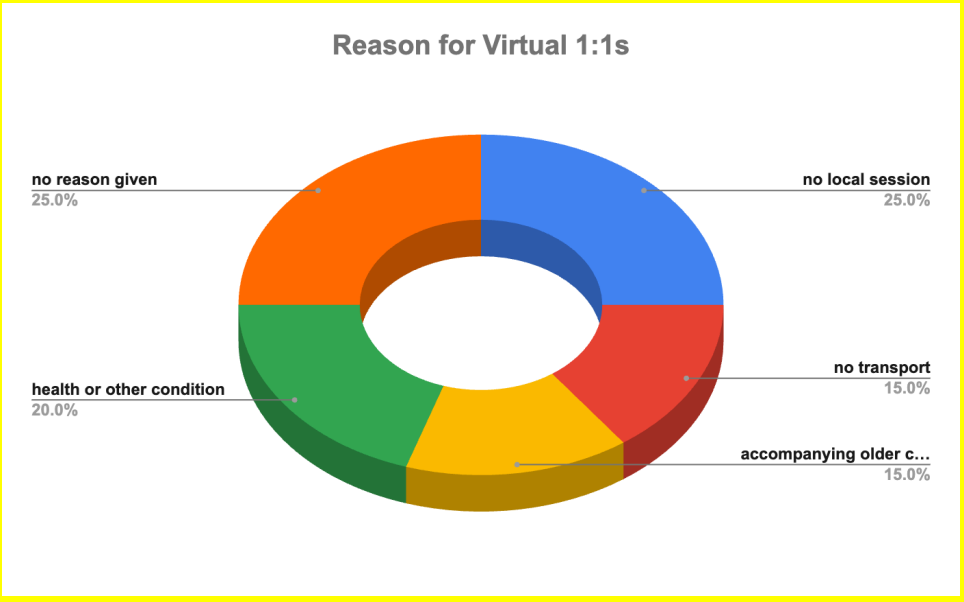
In addition, facilitator Lisa continued her groundwork in The Leys area, which received funding in July 2023. The subsequent introduction of **The Leys drop in session** in October 2023, a departure from our usual booking model, was a notable addition to our outreach efforts. This drop in session for families living in Blackbird Leys and Greater Leys is based at the Oxford Hub, Windale Primary school in The Leys, supported by funding from the Blackbird Leys Community Fund. The Leys are amongst the 20% most deprived areas in England and families living there experience multiple levels of deprivation. It has some of the lowest breastfeeding initiation rates in Oxfordshire.

As this is an historically underserved area with multiple levels of deprivation and marginalisation, it has understandably taken time to build community trust and buy in to our and other services. Getting the session off the ground involved significant networking and connection building with local health services and support organisations to establish OBS as a presence in the community that families felt comfortable reaching out to for support. The session now regularly welcomes families each week and continues to work closely with other local groups including Oxford Hub Parent Power, AFiUK, Early Lives, Equal Start, Peeple, Ivy Midwives, Health Visitors and GPs.

The worktop at our new Leys venue, Windale School, with session equipment and supplies

Virtual 1 to 1 Consultations

Virtual consultations remained a critical component of our service, particularly for those unable to attend in person. As part of the reorganisation of services in the summer of 2023, we started collecting data on reasons for accessing the virtual consultations. Initial numbers indicated that having no local session and having health or other conditions that would prevent them from attending an in person session were the biggest reasons for accessing virtual support, followed by transport issues and other caring responsibilities.



Reasons given for accessing virtual 1 to 1 support after changes to the service in 2023

Facebook Group

Our private Facebook group continues to be widely used and is a resource for parents seeking breastfeeding support online. Service users value the ability to post anonymously if they so choose, which is one of the few settings in which this is possible. We know that this is valuable as many families face many barriers to breastfeeding, including cultural stigma, meaning that anonymity can help them access support they would otherwise feel unavailable to them. Our archived topic threads on breastfeeding issues remain popular and are regularly searched and referred to, with Facilitators adding new information as needed.

From September 2023-September 2024 we have had 1,933 active members, with a total membership of 3.3k. This year we have responded to 253 posts, which have generated 1,724 comments on the group.

Some quotes from our Facebook group this year:

> *"I would recommend going to an in person obs session if you can, they are so helpful at helping you figure it all out."*
>
> *"Thank you very much for the reassurance and resources"*
>
> *"This group was so helpful with my daughter"*
>
> *"Thank you, this is really helpful. I really appreciate you taking the time to go through this in so much detail."*
>
> *"A massive thank you to everyone who commented on my post below…You really gave me the confidence to do this without feeling guilty. Thank you again."*

We also use our Facebook group to raise awareness around new research and initiatives in lactation, such as highlighting the Spectrum Lactation project, diverse image library of the lactating breast, Black Breastfeeding Week, and updates to guidance on breastfeeding specific issues more generally.

Collaboration with the Family Nurse Partnership

We also continued to collaborate with the **Family Nurse Partnership** (FNP) to run specialist individualised support sessions for teen parents, between the age of 14-19 years, antenatal and postnatally.

One of our facilitators presented at the local FNP AGM on the theme being the Cost of Living Crisis which is hugely impacting many families due to the rising cost of formula and the fact that it is not reliably found in food banks. We have found that many young families are motivated to breastfeed as it is free, and we are working hard to inform them in our informal, tailor-made online "Preparing to Breastfeed" chats on what to expect in the first few days and weeks with breastfeeding to get them off to the best start.

The difficulty that many parents find - and particularly our younger clients - is that breastfeeding is so different from formula feeding. We provide 24 hour support via WhatsApp to our clients so that they can get timely and instant support and online antenatal chats about what to expect in the first few weeks. In 2023-24, we offered 49 instances of support by WhatsApp, 8 by phone, and 14 by 1:1 video calls.

While first contacts in 2023-24 were roughly 60% private message, 25% video and 11% phone, follow-up contacts were 75% PM, 14% video and 11% phone. After that initial video/voice contact, many FNP clients were comfortable following up by private message. Many more were comfortable getting support this way from the start. Some

We have also delivered some face to face antenatal support. Our facilitator met with an FNP nurse and two school age clients in Costa Coffee in Bicester and we did a lovely session on preparing to breastfeed. The facilitator had a knitted boob and doll in her

bag just in case it might be helpful to do some demonstrations of positioning and attachment but wasn't sure if it would be too embarrassing to take them out but they were more than happy to and everyone had a go at modelling breastfeeding with lots of giggling about it too! They have both gone on to successfully breastfeed.

Breastfeeding Grief and Trauma sessions

A new initiative launched this year, our **Breastfeeding Grief and Trauma (BFG&T)** sessions, has been a resounding success. These sessions, which took place across Barton, Kidlington, and Didcot, as well as online, provided a safe and supportive space for parents to process their emotions around breastfeeding challenges. Our online session proved to be particularly popular as many of the parents joining these sessions were not able to attend sessions during the working day.

These session received very positive feedback:

> *"[The session was a] space where I felt held, where I did not feel judged, where it was "comforting" to see that I was not the only one who struggled (and sometimes still struggles)."*
>
> - *Becky*
>
> *"My feelings felt validated. I felt I had been dismissed as 'hormonal' by family and friends (not unkindly), so was relieved to see my thoughts and feelings reflected in the session. Felt like a big step towards acceptance and healing. Resources for future pregnancies / babies were helpful...I will seek support if I have any more babies to*

understand what went wrong the first time and to establish breastfeeding. I'm unsure who could diagnose / if a diagnosis is possible, but know where to start now."

- *Anonymous service user*

"I felt less alone in my grief and more ready forgive myself"

- *Anonymous service user*

Ending of OBS Group Sessions

After three years of offering online OBS Group sessions, we made the difficult decision to discontinue these in June 2023. These sessions had supported nearly 950 people since their inception at the start of the pandemic, providing vital breastfeeding advice. However, with the return of face-to-face support, demand for the virtual group waned, and we decided to focus on in person clinical support going forward.

OBS Volunteers

We brought on four new volunteers during 2023, who are all former service users. One of these volunteers is at our Didcot session, her local knowledge and connections have been hugely beneficial in supporting the families that attend. Another is a host volunteer at the East Oxford session.

We have changed our volunteer programme to include host volunteers that aren't specially trained in feeding but are able to welcome families to the session and give them tea and talk to them more generally. This is helping us to make the sessions feel more sociable again and we are noticing that families have started to make friends, swapping numbers and meeting up outside of our sessions for more support.

This has also allowed our facilitators and peer supporters to focus on providing support and guidance to the families attending the sessions, especially in light of the greatly increased clinical need amongst our users. The introduction of host volunteers has also helped us to diversify our volunteer base.

Supporting Students, Health Professionals and Research

We also welcomed 71 observers at our session: 8 online and 63 in person. These observers are primarily drawn from midwifery and nursing students at Oxford Brookes, but also include health visitors, child health workers, and potential volunteers.

Observers 23-24	Total
Barton	23
Kidlington	15
Donnington/East Oxford	8
Didcot	17
Preparing to Breastfeed	4
OBS Group	4
Total	71

Widening Access

OBS has continued to expand the accessibility of its services. The Team and a number of our volunteers completed a Deaf Awareness course and an Introduction to British Sign Language course to allow us to confidently support D/deaf and hard of hearing service users.

A screenshot of the British Sign Language for Beginners course the team did in 2023

All facilitators have completed the LGCB course on Supporting Autistic families to Breastfeed by Dr Amy Grant. Volunteers are also encouraged to do the training and a volunteer session on the topic was held just after the period of this report, facilitated by Anna Lawrence (a previous OBS volunteer) from Oxford Neurodivergent Education.

Personnel and Trustee Changes

This year saw several significant changes in our personnel and trustee team:

- **Hannah Torrance** joined as Clinical Director in April 2023, bringing with her extensive experience in the UNICEF Baby Friendly Initiative.
- **Julie Gallegos** left in September 2023, after many years of invaluable service as a Facilitator and team member.
- **Karin Chandler**, our Charity Director, departed in November 2023, after guiding OBS through a period of growth and change.
- **Lee Mathers**, our bookkeeper was welcomed on board helping with the lengthy process of reconciling finances and developing post-Lottery budget
- **Dr Juliet Rayment and Louise Ellis** , both founding trustees, stepped down in late 2023, after seven years with OBS.

Trustees Juliet Rayment and Louise Ellis, who have been with us since before we became our own charity in 2018, celebrate their retirement in January 2024

Fundraising

Our fundraising efforts were bolstered by the participation of service users and volunteers in various activities. In October,our Facilitator **Charlotte ran the Bournemouth Half Marathon**, raising £756.25, while one of our service users **Ed ran the Oxford Half Marathon**, raising £1,262.51.

OBS team members & trustees cheering on Ed running the Oxford Half Marathon in October 2023

These community-led initiatives, alongside the **Big Give Campaign**, which raised £1,706.75 in December, exemplify the widespread support we receive from individuals and organisations alike.

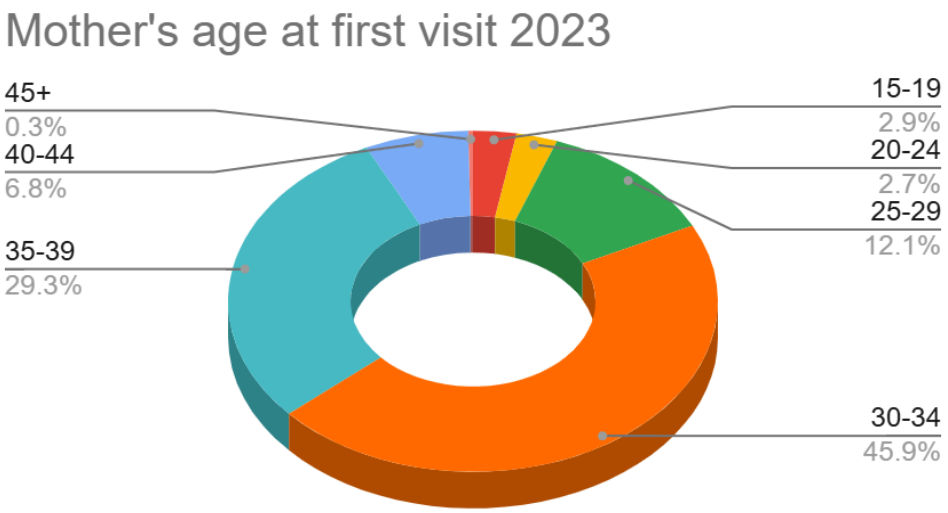
OBS continues to benefit from the generosity of its supporters. Over the course of the year, we raised almost £7,000 via **Local Giving**, with an additional £1,200 in Gift Aid. Furthermore, we secured several significant donations from individuals which have been crucial in helping us meet our operating costs and expand our service offerings.

In March the Family Choir club held a concert in Abingdon and raised £300 each for OBS and for another local charity SSNAP.

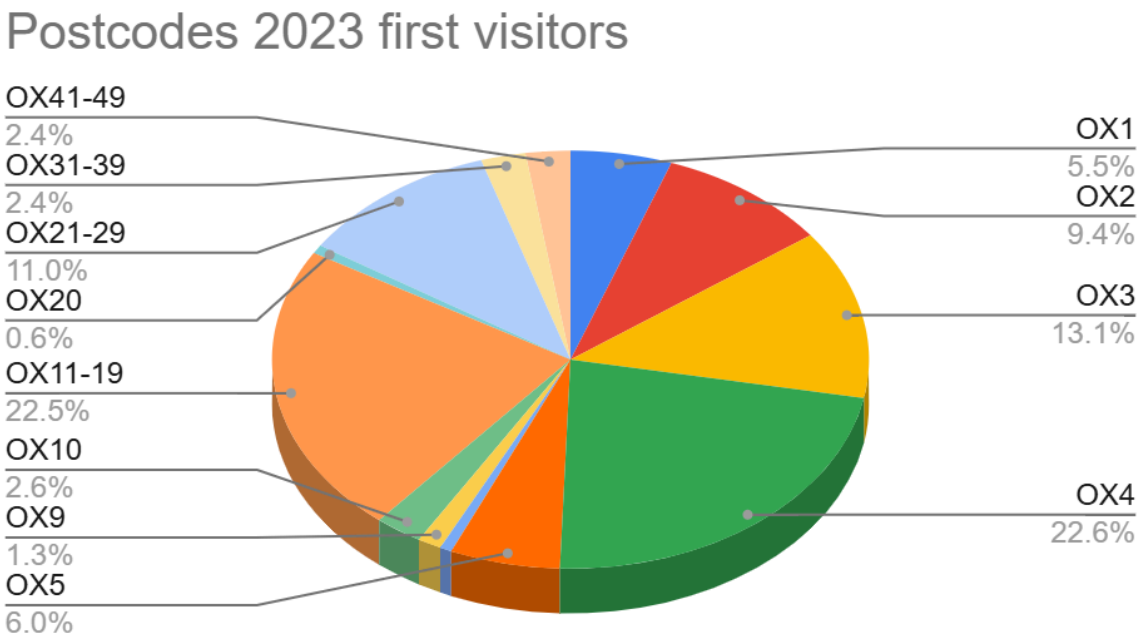
OBS trustee Ashivna Segaran (right) at the Family Choir Club concert in March 2024

About our Service Users

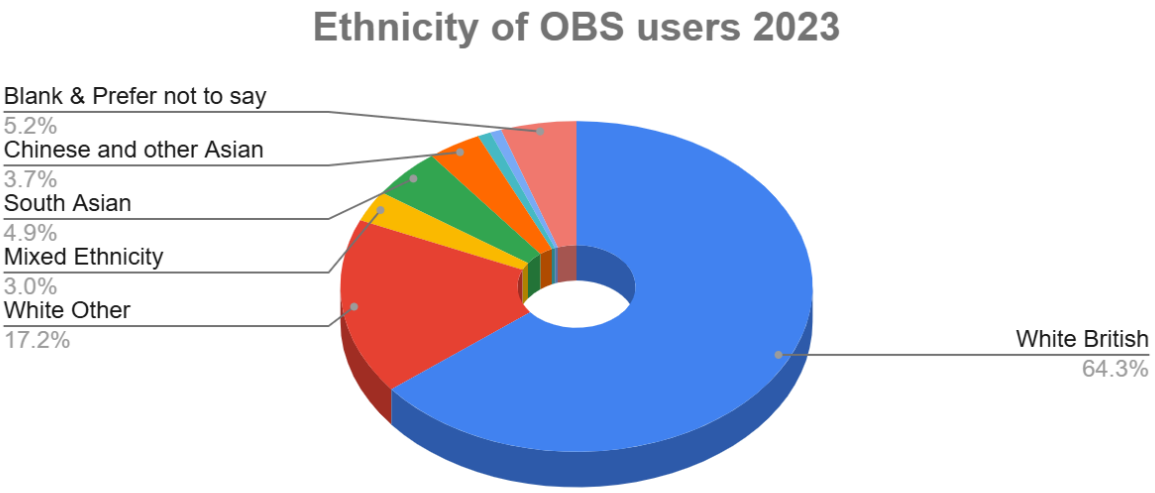
Service User Profile 2023-24



Mother's age at first visit in 2023-24

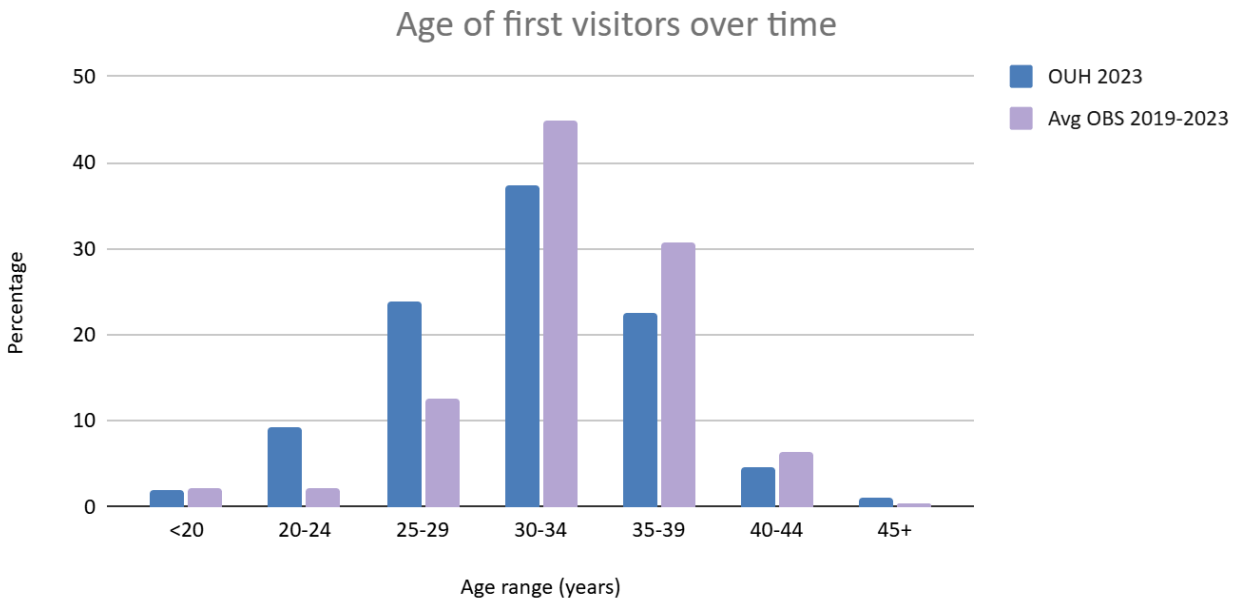


Postcodes of first time visitors, showing about half come from central Oxford and the rest from surrounding areas



Ethnicity of OBS service users in 2023-24

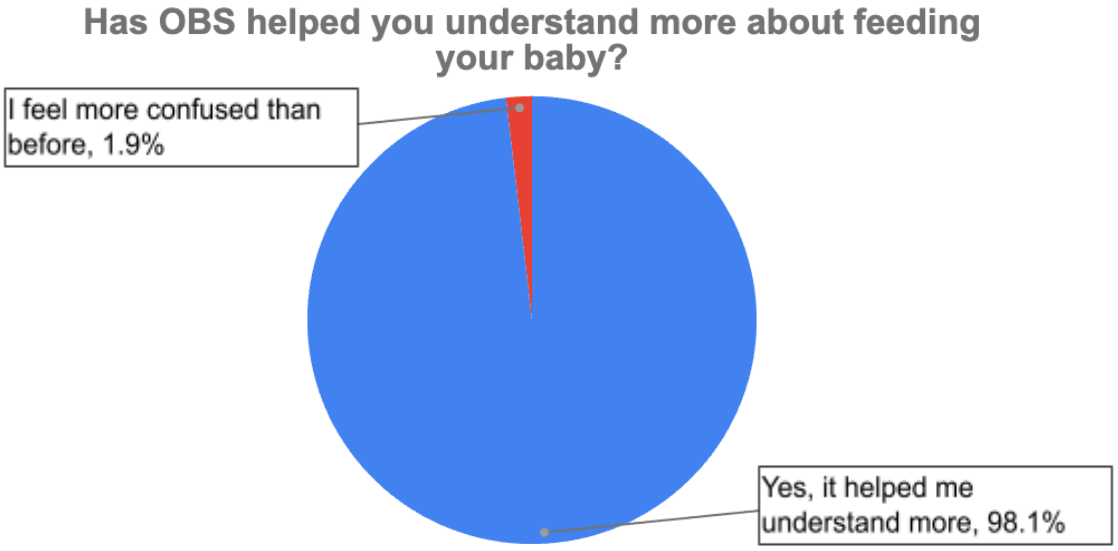
Age of first visitors to OBS over time (2019 - 2023) compared against the average for the local NHS hospital trust in 2023. Below shows how we stack up against the local community over the last few years. The development of the FNP programmes continues to engage younger mothers with OBS.



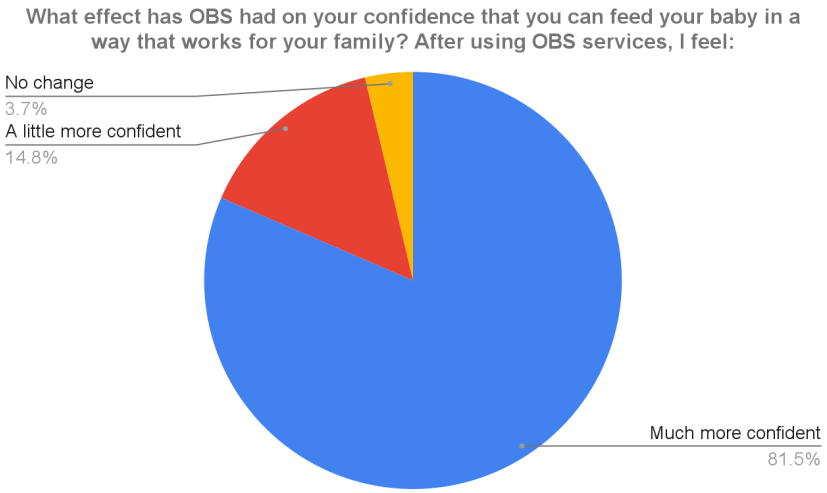
Mother's age at first visit to OBS in 2023-24 compared with the OBS average from 2019-23

Impact Survey

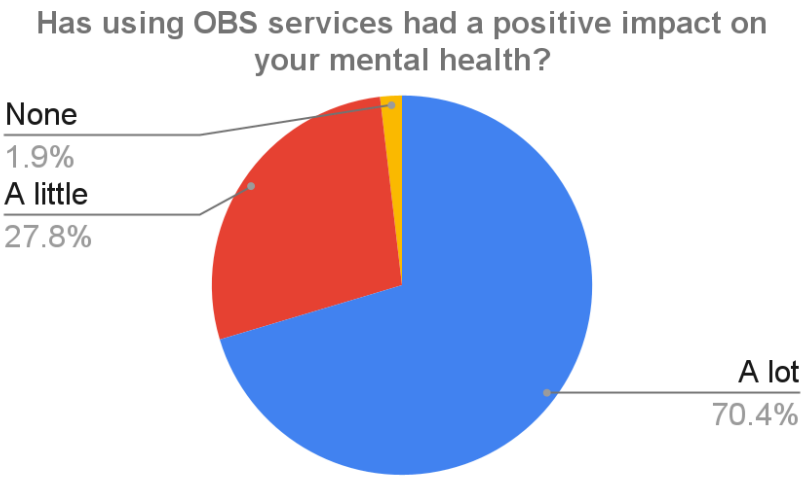
In August and September of 2023, we conducted an anonymous satisfaction survey of those who used our services between July 2022 and July 2023. The results showed that our service users are overwhelmingly happy with our services and feel well supported to continue breastfeeding:



Percentage of service users who report feeling better able to understand feeding their baby



Effect of OBS on service user's confidence to feed their baby in a way that works for them



Positive effect of OBS on service user's mental health

Some anonymous feedback from survey respondents:

"I have been hugely impressed with the support I received from OBS. The volunteers and consultants are so knowledgeable and empathetic. Their advice was always very practical and tailored to my needs. But I think what I have appreciated most of all is the moral support and encouragement, especially in those early days. Walking into an OBS session with a newborn was like being given a warm hug at a time when I was really struggling. Thank you!"

"OBS has empowered me with a wealth of knowledge and the help I have received has enabled me to continue to breastfeed in the face of difficulties, when I would doubtless have stopped otherwise."

"You provided a safe space for me, my partner and daughter when we were struggling in the early days. You spotted we were having a tough time and invited us back weekly for support not only with feeding but a place we felt safe and cared for. It helped build our confidence as new parents. Thank you so much!"

"OBS saved my breastfeeding journey without a doubt and provided the best support I've received after a very difficult start. The support was expert and efficient - extremely effective but also delivered very thoughtfully with kindness and compassion. My partner and I are incredibly grateful to you and I recommend your services to every new parent I meet. Thank you for what you do! "

Financial Report

Financial Review

This year OBS brought in an income of £78,307 (22/23, £77,851) and spent £70,249 (22/23, £79,325), leaving the charity with a small surplus in funds at the end of the period. This was mainly due to the charity's income generation plan to build other sources of income. The lottery grant entered its fifth and final year. The charity used the final £21k to continue to fund the Didcot face to face sessions as well as some of the online services. At the end of the grant, the charity carried over £864 to be used for the continuing online services. This financial period saw OBS receive £8,850 from the Oxford County Council Cost of Living Funds which went towards funding the Kidlington and Donnington face to face sessions and helped provide further online support sessions. The charity also received £2,562 from the Oxford Hub Fund to help the charity offer face to face sessions in Blackbird Leys and £1,000 from the Pye Settlement Trust to fund the venue hire costs for the Didcot Sessions. The migration of the freelance workers to employees has been successful with only those providing cover left to be onboarded. OBS would also like to thank all the wonderful supporters, who's generosity helped the charity increase its unrestricted income to £44,141 through the donations received.

Find the full 2023-24 accounts here.

Reserves Policy Statement

The reserves policy has been agreed by the trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption. OBS reviews the level of reserves held both restricted and unrestricted at each trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of its charitable activities. The nature of these income streams is that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions, holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. As the charity was awarded some long term grant funding most notably 114K over five years from the National Lottery, this has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants.

The charity operates a mixture of face to face booked breastfeeding groups alongside one to one and group online support. The trustees believe it is reasonable to hold enough reserves to enable the organisation to transition towards a larger proportion of face to face sessions compared with online operations. The charity continues to move from a self-employed contractor organisation to employing staff. The trustees believe that it is prudent to hold enough reserves to provide a buffer for any

unexpected employment costs, emergency expenses or potential redundancy costs, as well as to ensure that funds are available in a timely manner to continue to maintain our levels and nature of service provision.

In order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the trustees consider it reasonable to hold between 6 and 9 months of expenditure in reserve.

Unrestricted reserves at the end of the year were £51,787 which represents nearly nine months of expenditure.

Lee Mathers MCIOF (Cert), MIAB

Charity Development Specialist & Independent Examiner

Positive Community Finance Ltd

Risk Management

Our mission to increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire requires careful and proactive risk management to ensure the stability and continuity of our work. As a small charity, we recognize that our resources are limited and that even minor risks can significantly impact our ability to serve our community. The board of trustees and management team are committed to identifying, evaluating, and mitigating risks to safeguard our charity's future, reputation, and the welfare of those we serve.

The major risk to OBS, as with many other small charities, is financial. Reliance on a small number of funding sources, including grants and donations, can make the charity vulnerable to economic downturns or changes in donor priorities. To reduce financial risk, we continue to diversify our income streams, actively pursuing multiple grants, individual donations, and community fundraising initiatives. We also maintain a reserves policy to ensure continuity of essential services in the face of financial challenges. We have also widened the team who have financial oversight, by hiring a bookkeeper, and delegating more responsibility to the team.

Finally, since the pandemic, we have found that OBS is in high demand from service users, and the needs of the users have increased in clinical need. To ensure we continue to deliver high quality care to our service users, we have prioritised the sessions that will benefit our users the most, especially considering our limited operational capacity as a small organisation with a limited staff and volunteer base

Through these safeguards, OBS is dedicated to maintaining a secure, supportive, and effective service environment, continuing our mission to promote breastfeeding and responsive feeding for Oxfordshire families.

Looking Towards 2024/25

The last year has seen big changes at OBS. We completed the switch from self-employment to employment contracts for the team, we started a new session in Blackbird and Greater Leys, we ran a long-anticipated new series of breastfeeding grief and trauma sessions, and we saw the departure of two very long-standing trustees and our new director.

These, along with the end of the National Lottery Community Fund's generous grant, mean that 2024/25 will be focused on: sustaining our current services; fundraising; reinvigorating our relationships with our volunteers and local community organisations; continuing to examine and reflect on how to better serve a greater cross-section of our community.

As we look ahead to the coming year, we will continue to work on increasing our sustainability both in terms of team and trustee capacity, and in terms of fundraising income. This will allow us more freedom to develop social drop in capacity at our in person sessions and to continue expanding our reach within the community. With the planned recruitment of new trustees and staff, we are confident that OBS will continue to thrive and support even more families across Oxfordshire.

Oxfordshire Breastfeeding Support
Registered Charity: 1176948

Financial statements for the year ending 31st March 2024

Reference and Administrative Details

The Trustees present the financial statements of Oxfordshire Breastfeeding Support for the year ended 31st March 2024.

The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" (FRS102) in preparing the financial Statements of the Charity.

Charity's Principal Address:	Oxfordshire Breastfeeding Support
	2 Wytham Street
	Oxford
	OX1 4SU
Trustees	Dr Ashvina Segaran
	Hannah Marshall
	Laura Prentice
	Ranah Irshad
	Khatsha Ali
	Zoe Townsend
Bookkeeper	Positive Community Finance Ltd
	7 Scholars Rise
	Stokenchurch
	Buckinghamshire
	HP14 3FL

Structure, Governance and Management

The charity was incorporated as a charitable incorporated organisation (CIO) on 1st February 2018 and is governed by a Foundation Constitution.

Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Financial Review

This year OBS brought in an income of £78,307 (22/23, £77,851) and spent £70,249 (22/23, £79,325), leaving the charity with a small surplus in funds at the end of the period. This was mainly due to the charity's income generation plan to build other sources of income.

The lottery grant entered it's fifth and final year. The charity used the final £21k to continue to fund the Didcot face to face sessions as well as some of the online services. At the end of the grant, the charity carried over £864 to be used for the continuing online services.

This financial period saw OBS receive £8,850 from the Oxford County Council Cost of Living Funds which went towards funding the Kidlington and Donnington face to face sessions and helped provide further online support sessions. The charity also received £2,562 from the Oxford Hub Fund to help the charity offer face to face sessions in Blackbird Leys and £1,000 from the Pye Settlement Trust to fund the venue hire costs for the Didcot Sessions.

The migration of the freelance workers to employees has been successful with only those providing cover left to be onboarded. OBS would also like to thank all the wonderful supporters, whose generosity helped the charity increase its unrestricted income to £44,141 through the donations received.

Reserves Policy Statement

The reserves policy has been agreed by the trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

OBS reviews the level of reserves held both restricted and unrestricted at each trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of its charitable activities. The nature of these income streams is that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions, holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding.

As the charity was awarded some long term grant funding most notably 114K over five years from the National Lottery, this has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants. The charity operates a mixture of face to face booked breastfeeding groups alongside one to one and group online support. The trustees believe it is reasonable to hold enough reserves to enable the organisation to transition towards a larger proportion of face to face session compared with online operations.

The charity continues to move from a self-employed contractor organisation to employing staff. The trustees believe that it is prudent to hold enough reserves to provide a buffer for any unexpected employment costs, emergency expenses or potential redundancy costs, as well as to ensure that funds are available in a timely manner to continue to maintain our levels and nature of service provision.

In order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the trustees consider it reasonable to hold between 6 and 9 months of expenditure in reserve.

Unrestricted reserves at the end of the year were £51,787 which represents nearly nine months of expenditure.

Independent examiner's report to the trustees of Oxfordshire Breastfeeding Support

I report to the trustees on my examination of the accounts of Oxfordshire Breastfeeding Support ("OBS") for the year ended 31/03/2024.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of OBS's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect,:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lucy Stupples MAAT

1 November 2024

OXFORDSHIRE BREASTFEEDING SUPPORT

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD ENDING 31 MARCH 2024

	Notes	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Incoming resources	**2**				
Donations and legacies		44,141	32,753	76,894	75,140
Charitable activities		272	-	272	635
Other trading activities		998	-	998	2,038
Investments		143	-	143	38
Other		-	-	-	-
Total Incoming resources		45,554	32,753	78,307	77,851
Resources expended	**3**				
Raising funds		261	-	261	2,993
Charitable activities		32,861	32,761	65,622	68,062
Other		3,897	469	4,366	8,270
Total Resources Expended		37,019	33,230	70,249	79,325
Net income/(expenditure)		8,535	(477)	8,058	(1,474)
Reconciliation of funds					
Total funds brought forward		43,252	1,341	44,593	46,067
Transfers between funds		-	-	-	-
Total funds carried forward		51,787	864	52,651	44,593

The Statement of financial activities includes all gains and losses in the year.

All incoming resources expended derive from continuing activities.

OXFORDSHIRE BREASTFEEDING SUPPORT

BALANCE SHEET
AS AT 31 MARCH 2024

	Notes			Total Funds 2024 £	Total Funds 2023 £
Current Assets					
Debtors	7			373	863
Cash at bank and in hand				60,728	57,247
Total current assets				61,101	58,110
Liabilities					
Creditors: amounts falling due within one year	8			8,450	13,517
Net current assets/(liabilities)				52,651	44,593
Total assets less current liabilities				52,651	44,593
Total net assets or liabilities				52,651	44,593
Funds of the Charity					
Restricted income funds	9	-	864	864	1,341
Unrestricted funds		51,787	-	51,787	43,252
Total funds		51,787	864	52,651	44,593

Approved by the board of Trustees on 11/11/24 and signed on its behalf by:

LAURA PRENTICE, DEPUTY CHAIR

Printed Name & Role:

Printed Name & Role:

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2024

1 Accounting Policies

General information and basis of preparation

The charity is a Charitable Incorporated Organisation (CIO), incorporated in England and Wales. The address of the registered office is given in the charity information on page 2 of these financial statements.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (as updated through Update Bulletin 1 published on 2 February 2016), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Fund Accounting

Unrestricted funds are funds which are available for use at the discretion of the Trustees in the furtherance of the general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific funds. The aim and use of each of the restricted funds is set out in the notes to the financial statements.

Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Resources Expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required, and the amount of the obligation can be measured reliably.

1 Accounting Policies (Continued)

Liabilities

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Governance and Support Costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.
Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted. Debt instruments are subsequently measured at amortised cost.

Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Judgement and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2024

2 Analysis of Income	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Donations and Legacies				
Donations and gifts	44,141	-	44,141	38,332
Grants	-	32,753	32,753	36,808
	44,141	32,753	76,894	75,140
Charitable Activity				
Breast Pump Hire	272	-	272	635
	272	-	272	635
Other Trading Activities				
Fundraising	998	-	998	2,038
	998	-	998	2,038
Income From investments				
Bank Interest	143	-	143	38
	143	-	143	38
Total Income	45,554	32,753	78,307	77,851

Restricted Grants received in the period

- £20,342 from the National Lottery Community Fund
- £8,850 from the Oxford County Council Cost of Living Fund
- £2,562 From the Oxford Hub Fund
- £1,000 from the Pye Settlement Trust

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDING 31 MARCH 2024

3 Analysis of Expenditure

	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Raising Funds				
Seeking Donations & Grants	261	-	261	2,993
	261	-	261	2,993
Charitable Activity				
Facilitator Project Running Costs	19,681	11,129	30,810	27,587
Facilitator Session Costs	12,650	21,632	34,282	38,945
Antenatal & Peer Support Sessions	530	-	530	1,530
	32,861	32,761	65,622	76,062
Other				
Support Costs	3,897	469	4,366	8,270
	3.897	469	4,366	8,270
Total Expenditure	37,019	33,230	70,249	79,325

4 Support Costs

	Insurance £	Website and Other Fees £	Other Costs £	Total £
Raising Funds	-	-	-	-
Drop In Sessions & Online Support	256	2,662	1,414	4,332
Antenatal & Peer Support Sessions	2	21	11	34
Total	258	2,683	1,425	4,366

The charity has identified its support costs and allocated them between the two main activities undertaken based on an estimate of time allocated per month to the different activity sessions. There were no governance support costs incurred in the period as the charity's management related to time spent solely by the trustees.

OXFORDSHIRE BREASTFEEDING SUPPORT

NOTES TO THE FINANCIAL STATEMENTS
FOR THE PERIOD ENDING 31 MARCH 2024

5 Staff Costs

	Total 2024 £	Total 2023 £
Salaries and wages	46,524	8,303
Social security Costs	-	-
Pension costs	344	112
	46,868	8,415

No employee received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The total amount paid to key management personnel for their services during the year was £17,690 (2022/2023 £4,600)

Average Head court for the year (full time equivalent)	2024 Staff numbers	2023 Staff Numbers
Charitable Activity	1.15	3
Total	1.15	3

6 Net incoming resources for the year

This is stated after charging:

	Total 2024 £	Total 2023 £
Independent Examination	390	-
Other Accountancy Services	-	-
	390	0

7 Debtors

	Total 2024 £	Total 2023 £
Trade Debtors	-	-
Prepayments	-	702
Other Debtors	373	161
	373	863

8 Creditors

	Total 2024 £	Total 2023 £
Trade Creditors	1,418	-
Other Taxes and Social Security	(1,423)	-
Accruals and deferred Income	4,516	13,517
Other Creditors	3,939	
	8,450	13,517

9 Restricted Funds

	Opening Balance £	Incoming Funds £	Outgoing Funds £	Transfers £	Closing Balance £
Cost of Living Grant 1	-	4,740	4,740	-	-
Lottery Grant Fund	1,341	20,341	20,818	-	864
Cost of Living Grant 2	-	4,110	4,110	-	-
Oxford Hub Fund	-	2,562	2,562	-	-
Pye Settlement Trust	-	1,000	1,000	-	-
	1,341	32,753	33,230	-	864

10 Trustee Remuneration and Benefits

No trustee received any remuneration or benefit during the year (2023: £nil).

Trustee expenses

No trustee received any expenses during the year (2023: £63).

11 Other Related party transactions

There were no related party transactions in the reporting period.

OXFORDSHIRE BREASTFEEDING SUPPORT

England & Wales - Charity number 1176948

Accounts

OBS
OXFORDSHIRE
BREASTFEEDING
SUPPORT

OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2022/23

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Administrative Information

Registered Name
Oxfordshire Breastfeeding Support

Registered Address
2 Wytham Street,
Oxford
OX1 4SU

Email: team@oxbreastfeedingsupport.org
Registered charity no. 1176948

Trustees
Louise Ellis ACA - Treasurer
Laura Prentice - Deputy Chair
Dr Ashvina Segaran - Secretary and Safeguarding
Dr Juliet Rayment - Strategy
Hannah Marshall - Fundraising
Zoe Townsend - Team Liaison
Dr Rain Irshad - Equality Diversity and Inclusion
Khatsha Ali - External Communications
Anna Hodges (resigned April 2022)
Danielle Beaumont-Orr (resigned May 2022)
Sev Gunes-Lasnet (resigned August 2022)
Dr Ilana Levene (resigned November 2022)

Non-clinical Staff
Karin Chandler – Charity Director (joined December 2022)
Hannah Torrence – Clinical Director (joined April 2023)
Catriana McKie - Systems and Safeguarding Lead
Hannah Dingwall-Jones - Administration

Clinical Facilitators
Lisa Mansour (also EDI Lead)
Charlotte Gilman
Julie Gallegos
Cathy Berry
Ruth Viella

Non-clinical Contractors (management and administration)
Jayne Joyce (Project Lead; resigned April 2022)
Kawther Alfasi (Operations Lead, and Interim Project Lead April 2022 – November 2022; resigned November 2022)

Introduction from the Board of Trustees

This year marked significant changes at OBS, in both the staff and trustee team. Kawther Alfasi served as the Interim Project Lead from March to December 2022 and played a vital role in securing more grant funding for the charity. Her efforts left a lasting legacy.

Subsequently, we welcomed Karin Chandler as our first-ever Director in December 2022. Karin brings a range of experience in public sector and charity management, alongside prior roles as a breastfeeding counsellor and doula.

This year we also welcomed Laura Prentice, Ashvina Segaran, Hannah Marshall and Zoe Townsend as trustees and bid farewell to four others, Anna Hodges, Danielle Beaumont-Orr, Sev Gunes-Lasnet, and Ilana Levene. Ilana was our out-going Chair of Trustees and has been involved in OBS and Baby Cafe before it, for the last seven years and we thank her for all her valuable contributions over this period. Needless to say these are big losses, but the change has brought new ideas and energy to the charity which we look forward to developing in 2023/2024.

We have been working hard towards the creation of new systems and structures which will help provide stability to OBS. We have started to work towards employing staff, rather than solely relying on contractor relationships, and are focussing on new avenues for funding and fundraising to prepare for the end of our National Lottery Community Fund grant, which ends in March 2024. Over the next year we are also planning a transition to a social, drop in model of delivery at our in-person sessions. We're eagerly looking forward to witnessing how it all unfolds over time!

Juliet Rayment, on behalf of the Board of Trustees

Aims and Objectives

At OBS we believe that breastfeeding, and breastmilk, are deeply important. Our mission is to increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.

- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.

Achievements and Performance

OBS in 2022

- 809 first visits, 828 return visits
    - 900 in-person visits
    - 506 online consultations
    - 147 Zoom group attendances
    - 79 families seen at antenatal sessions
    - 50% of first visitors from outside Oxford city (classed as OX1, OX2, OX3 and OX4)

*"If you do live near Oxfordshire and want any help or support with breastfeeding, relactating, inducing lactation or anything similar at any stage of your journey, Oxfordshire Breastfeeding Support (group) and its page Oxfordshire Breastfeeding Support offer a wealth of information, trained lactation specialists, and literally thousands of supportive mothers who have collectively tried every combination of pumping, breastfeeding, bottle feeding combination and formula feeding, the staff *WON'T* make you feel guilty for bottle feeding or weaning or anything of the sort (I combination fed my firstborn breast and formula - as do hundreds of thousands of women, they were massively supportive) - they will give you the unbiased information and support you need to make decisions YOU want to make."*

Bex, Service User

In-person Sessions

In-person weekly support sessions in Barton, Donnington, Didcot and Kidlington, continued to be well-attended throughout 2022/23. We are pleased to continue our partnership at Barton Neighbourhood Centre and with Donnington Doorstep Family Centre.

Our partnership with Didcot Baby Monday ended and we entered into a new partnership with Didcot Community Partnership (DCP), changing our venue to the Soha housing building near Didcot train station.

In Kidlington we work in partnership with Kidlington Community Hub (KCH) to provide co-ordinated support for families. KCH say of the partnership with OBS:

> *"The KCH provides a variety of family-focused support groups for the local community, and as a part of our programme we have had the privilege to work closely with OBS. Over the past year our partnership has enabled us to frequently signpost between the two charities, reaching more families and increasing our capacity to support those in need. Not only have we been able to work together effectively but we have also developed a good relationship with the local Health Visiting team, who have worked alongside us at sessions to deliver a more comprehensive level of support. Overall we are seeing less isolation, more positive breastfeeding outcomes, and improved maternal mental health."*

Our Donnington session has been piloting a collaboration with the Enhanced Health Visiting (EHV) Service. This has enabled swift OBS referrals for reasons such as faltering growth, tongue-tie, severe mental health issues and safeguarding concerns, and return EHV referrals for additional feeding and social support. Following a post-Covid risk assessment we started to turn Donnington into a more social space for families - putting out baby mats and toys, bringing in additional volunteers to facilitate social interaction between families, and encouraging service users who no longer need extensive feeding support to return the following week(s) without having to book in again. This cautious return to a social space informed our plans to return to a social drop-in model for in-person sessions which we expect to realise in the 2023/24 year.

Our in-person sessions have also generated new fundraising income. In November tablets and card readers were delivered to each facilitator to take to in-person sessions to collect donations. Each tablet is named for a local breastfeeding support legend: Chloe Fisher, Sally Inch and Julie Osbourne. At the first outing at the Kidlington session £25 was immediately donated and volunteer Rachel Rea reported that "the parents were loving the machine at the Kidlington session yesterday!"

"I just wanted to say a huge thank you to the OBS team. I visited a Didcot session back when my little one was a few weeks old as I was having awful problems feeding, was in horrendous pain and at a real low point. I saw a lady called Lisa who couldn't have been more supportive. She made me feel so at ease, showed me such patience and kindness and, in the end, just let me have a big cry while she shared some really supportive words of advice. She was also the person who identified that my son was tongue tied and that this was the cause of the feeding problems I'd been having. If I hadn't gone to the session, I think I'd have given up trying to feed and I can't thank her and the general support from the OBS teams enough. I feel very grateful that such things are available to people as I certainly hadn't anticipated how difficult and emotive breastfeeding could be. Thank you!"

Anonymous Service User

Virtual 1:1 Consultations

We continued to offer virtual zoom sessions for 1:1 support and for parent's unable to attend an in-person session. In May we launched the use of Cliniko, a telehealth platform for virtual 1:1 consultations. The aim is to improve accessibility for families and streamline services. Initial feedback from families and facilitators is positive. The number of attendees at virtual 1:1 consultations has decreased from the 2021 high as in-person attendance grows.

> *"The online 1:1 session I had on day 3 with my newborn was invaluable. I was being provided with expert advice and reassurance at my convenience, in my own home. The social interaction of groups is so important but the online 1:1s can offer so much in reaching the very vulnerable in the early stages of motherhood and recovery."*
>
> **Cordie, Service User**

OBS Zoom Group

Our monthly zoom group has continued to run offering two parallel learning and discussion groups on "hot topics" related to breastfeeding, such as normal infant sleep, returning to work and starting complementary foods. Each session is co-led by a Facilitator and a Volunteer.

In September a leaflet titled How to help your baby's sleep (age 6 months or older) written by volunteer health visitor Vanessa and edited/formatted by OBS was distributed to attendees of our online OBS Zoom group and added to the Resources for Parents section of our website.

How to help your baby's sleep

(age 6 months or older)

by Vanessa Campion
Health Visitor and OBS Volunteer

Establishing good sleep hygiene

Sleep hygiene is about establishing daily routines and practices that can make sleep more likely to occur. The bedroom environment is also an important part of sleep hygiene.

WHY IS THIS A GOOD IDEA?

What goes on during the day - as well as at bedtime - can help encourage your baby's developing sleeping patterns.

Sometimes it is all that is needed if a parent feels their child's sleep is more disrupted than normal.

As we transition back to a social drop-in in-person model for breastfeeding support we have begun conversations about the continuation of the online group and the purpose it serves. In early 2023 we took the decision to discontinue the monthly group.

Antenatal Breastfeeding Education Sessions

We have continued to offer monthly antenatal education sessions on Zoom. Attendance figures are higher than pre-pandemic levels: sessions take place in the daytime, and we frequently see people attending from their workplaces, including partners and other supporters. We also offer bespoke antenatal consultations for mothers for service users with previous feeding trauma and/or risk factors for complex feeding problems. Antenatal service users are invited to join our private Facebook group, and are also welcome to attend our in-person sessions to chat with facilitators, volunteers and other families.

In January 2023 we refreshed and renewed our teaching resources for the antenatal education session ensuring they fully represent current practice and offer the best guidance to pregnant women and their families.

> *"It was also useful to get to know the people delivering the session so that when I had to come back for support immediately after having the baby I felt much more confident to speak to the facilitators even though I was stressed and exhausted."*
>
> **Anonymous Service User**

Facebook

Our private, closely-moderated Facebook group is a supportive, friendly environment in which mothers can seek feeding support, from other parents, OBS peer supporters and our specialist facilitator team. We are continuing to experiment with its format, channelling it as an avenue for social connectedness between families as well as for providing evidence-based information.

> *"The Facebook group bolstered my mental health as a sometimes pretty scared first time mum. Just being able to scroll through other peoples' posts and replies made me aware, at anytime of day or night, that I was not alone. Once I'd plucked up the courage to post, the solidarity I found from facilitators, volunteers and other group members gave me so much strength, validating my decision to feed responsively and always reminding me that my adored, sleep-resisting baby is 'normal' and that I'm not doing things totally wrong!"*
>
> **Jozie Shirreen, Facebook Service User**

Other social media platforms have helped us to stay engaged with our service users and supporters.

- Regular social media posting on Facebook and Twitter.
- Increased presence on Instagram and LinkedIn
- Sharing video clips of 'what to expect' at our sessions
- Emails to our list

OBS Volunteers

We have continued to encourage growth in the skillsets of our existing volunteers, and to successfully train new volunteer peer supporters via the ABM Peer Supporter course. In 2022/23 we fully revised our volunteering policy and recruitment policy bringing greater clarity for this vital role for OBS. Volunteers are integral to our work at every level: they are a friendly, welcoming face at our sessions, providing support and reassurance, and normalising infant behaviour.

Given the importance of volunteers to OBS we have begun exploring the possibility of bringing training back 'in-house' as was the case pre-pandemic. This would bring benefits of providing bespoke training designed to meet the OBS service while also ensuring consistency of knowledge and approach. Discussions and preparations for this will continue throughout 2023/24.

We are incredibly proud of our OBS volunteers and thrilled that two of our long-standing, committed volunteers received external recognition. In May 2022 Sam Shiell won the OCVA (Oxfordshire Community & Voluntary Action) volunteer of the year award. Sam collected her award at a ceremony on 1st of June attended by Sam and OBS Interim Project Lead Kawther Alfasi.

We were also delighted to welcome our second FNP mother to join us as a volunteer this year.

Supporting Students, Health Professionals and Research

We have continued to offer observations for students and healthcare professionals at our in-person sessions, enabling them to increase their breastfeeding knowledge and competences. We also offered observations of our online Zoom groups, antenatal sessions and online 1:1 consultations.

2022 Observations	
observers registered	123
one-to-ones	10
Antenatal	2
Group	3
Didcot	1
Barton	14
Kidlington	9
Donnington	12
Total in-person	36
Total observations	51
Number who did 1 observation	32
Number who did 2 observations	3
Number who did 3 observations	2
Number who did 4 observations	2
Unique observers	39
Return observers (=>2)	7
Sessions booked but DNA	5

In October Facilitator Charlotte Gilmour, attended the 'System Changers Lunch' organised by the Oxford Hub, seeking to understand the needs and concerns of the Blackbird Leys community, and how they can best be served. Important insights gleaned into the process of embedding services into communities instead of top-down imposition. This work will help drive our ambitions to widen the availability of OBS support throughout Oxfordshire.

Collaborations and Partnerships

We have continued to participate in the Countywide Breastfeeding Strategy Group, which revised the Oxfordshire guidelines on faltering growth. Sharing best practices is critical to continuous improvement, both of our own services and those with which we collaborate.

In September we continued our partnership work with Motherkind Cafe with a session on breastfeeding grief and trauma, led by Facilitator Lisa Mansour.

"The breastfeeding grief and trauma Motherkind session we ran in September felt like important work. There were 8 attendees including a pregnant mother. Most came with complex feelings about breastfeeding/m and lactation, all left feeling heard and a little lighter. We talked about what went (or might go) wrong, what might have helped, shared information about how lactation works and listened without judgement to everyone's feelings about their own experiences. We were able to offer follow up online 1:1 support to those who could benefit and made recommendations for other services for some.

Although it can be tough to talk about feelings of loss and perceived failure to breastfeed it is a very important part of what we do at OBS: to meet mothers and other parents where they are, really listen and help them understand that they did not fail, but rather that they were failed by a chronic lack of appropriate infant feeding support in our society.

We hope to offer this session again soon."

Lisa, OBS Facilitator

Other collaborations for the development of breastfeeding support skills and family support have included:

- meeting with OX4 Early Years Alliance attended by Lisa Mansour and Kawther Alfasi
- OCF webinar on cost of living crisis in Oxford attended by Charlotte Gilmour
- Discussions with Good Food Oxfordshire about participating in a focus group on Healthy Start Vouchers.
- Bicester New Mums network event
- Signal sessions/focus groups at Donnington Doorstep. This was a fantastic opportunity to speak to current OX4 service users informally in the context of understanding their needs and the needs of local families in the area.

Widening Access and Family Nurse Partnership

Our work with Family Nurse Partnership (FNP) continues to evolve and expand offering joint virtual antenatal conversations and flexible postnatal feeding support to teenage mothers via text, WhatsApp, and virtual consultations.

> *"OBS has made me more confident about feeding my baby"*
>
> **FNP Client**

Our Black Breastfeeding Week campaign in August focused on amplifying voices and raising awareness of health inequalities for Black and Black-mixed women and birthing people.

We also published an inspiring case study by service user Lucy Dixon, who spoke about the complex way in which her African background shaped her attitudes towards motherhood and breastfeeding.

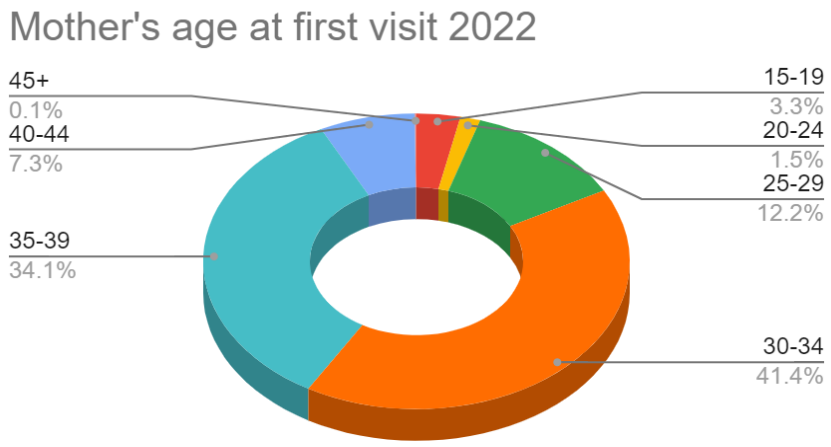
We continue to focus on issues of accessibility and privacy for sessions and practical measures have included rearranging furniture and purchasing an additional screen at Kidlington

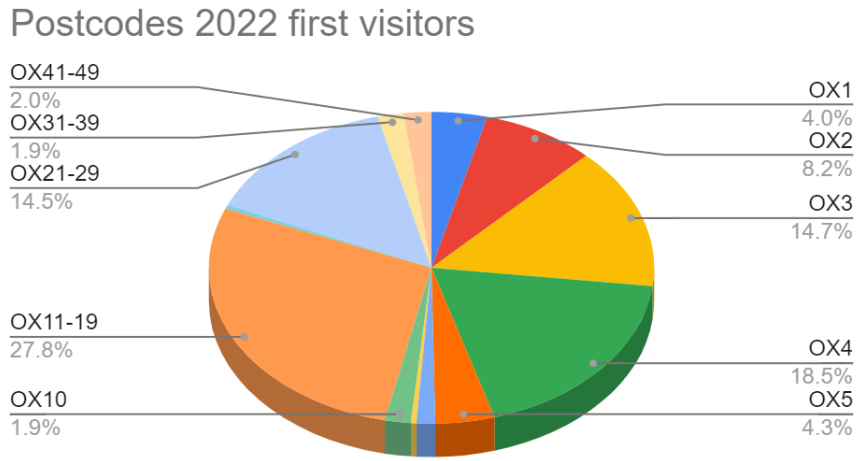
Fundraising

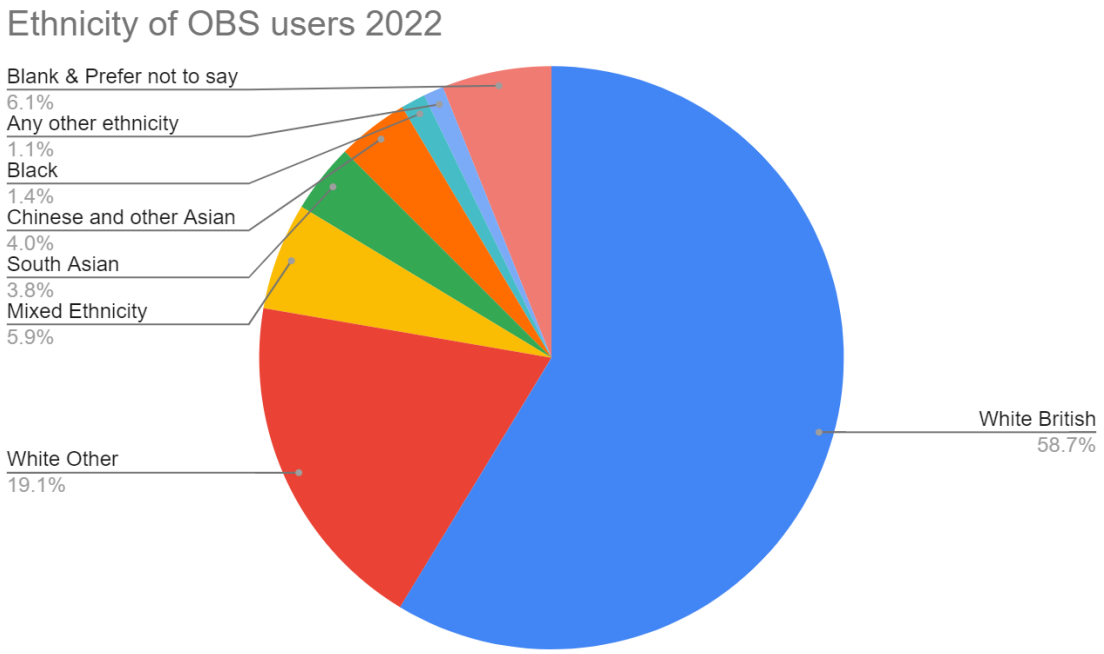
In December we launched our first Big Give fundraising campaign and successfully raised £5,095 from the OBS community. The event climaxed with a Winter Party in December at Donnington Doorstep, bringing together staff, volunteers, service users, trustees, health care professionals and other supporters.

About our Service Users

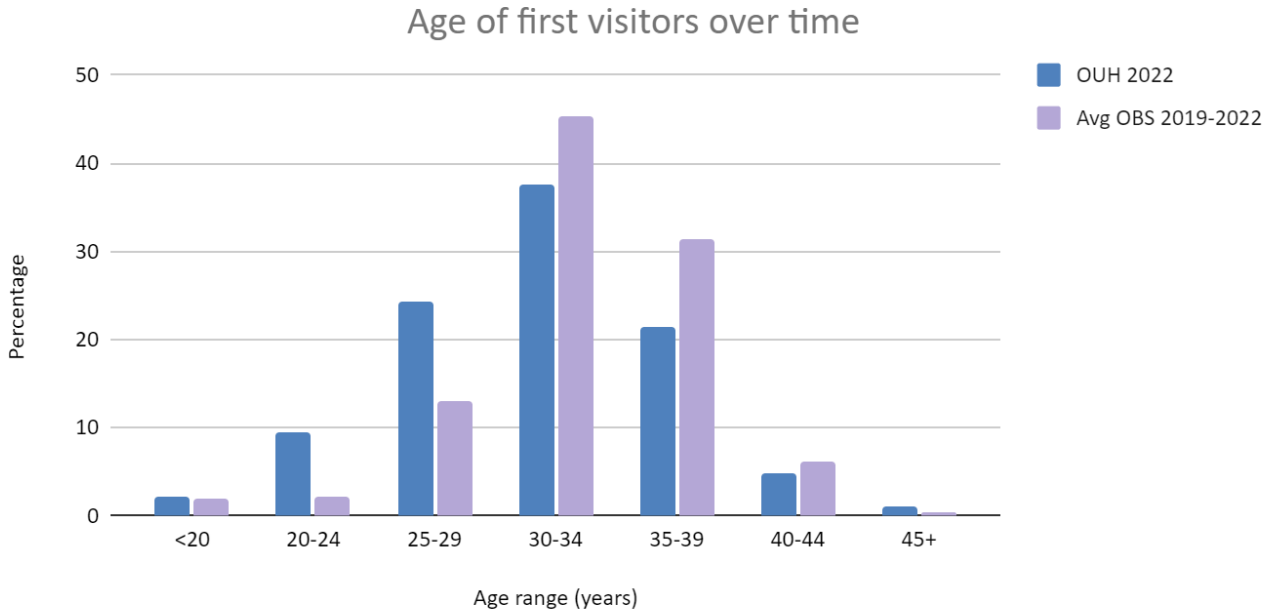
Service User Profile 2022







Age of first visitors to OBS over time (2019 - 2022) compared against the average for the local NHS hospital trust in 2022. Below shows how we stack up against the local community over the last few years. The development of the FNP programmes continues to engage younger mothers with OBS.



Financial Report

This year saw OBS once again with a small deficit in funding as the organisation navigated its way out of funding targeted at meeting the needs of the pandemic and back to a more stable grant and donation income position.

Our Lottery grant entered the fourth year of funding and reduced to £21k (2021/22 £29k), and this was used primarily to fund Didcot and online sessions. The planned expenditure on a new location, Banbury, continued to be reallocated to providing ongoing 1:1 virtual and group support as we transitioned our way out of the pandemic response. It is envisaged that during 23/24 new drop in sessions will open with a corresponding drop in 1:1 online support, which will become targeted towards vulnerable families.

In the next financial year the element of our income provided by the Lottery grant will reduce further, with this funding source due to end on 31st March 2024. We are looking to build other sources of grant funding to supplement the significant level of donor income that we are fortunate to receive.

Find the full 2022/23 accounts here.

During 2022/23 a deficit of £1,474 was recorded (2021/22 deficit £642) with income and expenditure incurred being very similar for the prior year. We had budgeted for a higher deficit, but expenditure was lower than expected as the full employment model was delayed due to negotiations over contract terms. By the end of 2024, all work for OBS will be undertaken by employees of the organisation rather than being contracted to self employed freelancers.

Income for the year was £77,851 (2021/22 £74,429).

Included in this figure is £21k of Lottery grant funding and £37k of donation income. The donation income was unrestricted and we were able to use this funding to meet the running costs of our core face to face sessions and to contribute towards the management overheads of running the organisation.

Expenses during the year were £79,325 (2021/22 £75,071).

The costs of running the organisation remained broadly comparable from the prior year, with some increases in project management costs and fees and expenses. These arose from the change in using employees in the project management and

administration roles as opposed to freelance contractors. In 2023/24 all session facilitators are expected to become employees.

A reserves policy has been agreed by the Trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

Donors

Unrestricted income has been generously donated by:

- Two anonymous, long standing, individual donors
- Matched payroll giving scheme
- Regular giving by supporters through LocalGiving , Paypal and at in-person sessions

Restricted donations have been received from:

- Lottery funding: £21,000
- Local Giving Magic Little Grants £500
- Doris Field Charitable Trust £500
- OCF Cost of Living Grant £2,370
- OCF Contain Grant £8,438

and all our other generous donors and supporters

Louise Ellis, ACA, OBS Treasurer

Risk Management

The major risk to OBS, as with many other small charities, is financial. The ending of our current National Lottery funding in March 2024 provides a particular challenge. To address this, we recruited a trustee with experience in charity fundraising in 2022 and a Director.

As highlighted in the last annual report the capacity of our volunteers remains a risk to OBS, particularly as demand for the service grows. We have strengthened our volunteering policy, code of conduct and volunteer recruitment processes in an effort to mitigate some of this risk. There has been a significant turnover of trustees within the last year which also highlights the risk of lack of volunteering capacity. Our trustees are predominantly women with young children who also work professionally and it can be difficult to manage competing demands on time. Before the end of 2023 we plan to recruit for three additional trustees to help manage workloads and provide further continuity.

Safeguarding risks remain uppermost in our minds and we have updated and reviewed our safeguarding policy and procedures. These have been further strengthened by the appointment of our new Designated Safeguarding Lead, Catriana McKie and Safeguarding Trustee Dr Ashvina Segaran.

Looking Towards 2023/24

We look forward with enthusiasm to the upcoming year and the planned return to a drop-in social model to our in-person sessions. We will also finalise the move of our facilitators from contractors to employees recognising fully the vital and irreplaceable role they play in OBS.

CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	Oxfordshire Breastfeeding Support		
On accounts for the year ended	31st March 2023	**Charity no (if any)**	1176948
Set out on pages	1 to 34		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2023

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	Pargeter	**Date:**	24/9/23
Name:	Colin David Pargeter		
Relevant professional qualification(s) or body (if any):	ICAEW		
Address:	10 Blewitt Court, Littlemore, Oxford. OX4 4PB		

CHARITY COMMISSION FOR ENGLAND AND WALES

Oxfordshire Breastfeeding Support			Charity No (if any)	1176948
Annual accounts for the period				
Period start date	01.04.2022	To	Period end date	31.03.2023

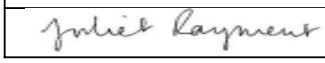
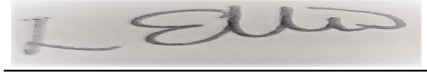
Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	42,332	32,808	-	75,140	71,036
Charitable activities	S02	635	-	-	635	1,195
Other trading activities	S03	2,038	-	-	2,038	2,198
Investments	S04	38	-		38	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	45,043	32,808	-	77,851	74,429
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	2,993	-	-	2,993	3,200
Charitable activities	S09	38,092	29,970	-	68,062	65,789
Separate material item of expense	S10	-	-	-	-	-
Other	S11	5,732	2,538	-	8,270	6,082
Total	S12	46,817	32,508	-	79,325	75,071
Net income/(expenditure) before investment gains/(losses)	S13	- 1,774	300	-	- 1,474	- 642
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 1,774	300	-	- 1,474	- 642
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 1,774	300	-	- 1,474	- 642
Reconciliation of funds:						
Total funds brought forward	S21	45,025	1,041	-	46,066	46,708
Total funds carried forward	S22	43,251	1,341	-	44,592	46,066

Section B Balance sheet

	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	863	-	-	863	1,235
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	50,466	6,781	-	57,247	62,410
Total current assets	B10	51,329	6,781	-	58,110	63,645
Creditors: amounts falling due within one year (Note 20)	B11	8,077	5,440	-	13,517	17,579
Net current assets/(liabilities)	B12	43,252	1,341	-	44,593	46,066
Total assets less current liabilities	B13	43,252	1,341	-	44,593	46,066
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	43,252	1,341	-	44,593	46,066
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	1,341	-	1,341	1,041
Unrestricted funds	B19	43,251	-	-	43,251	45,025
Revaluation reserve	B20	-	-	-	-	
Total funds	B21	43,251	1,341	-	44,592	46,066

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Juliet Rayment	17/7/2023
	Louise Ellis	17/7/2023

Section C Notes to the accounts

Note 1 **Basis of preparation**

***This section should be completed by all charities**.*

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	**ü**	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	ü	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	**ü**

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***The charity is holding around 7 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding and donations agreed until 23/24 so the Trustess consider the charity to be a going concern***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	**ü**	* -Tick as appropriate
No*	ü	

Please disclose:

(i) the nature of the change in accounting policy;	
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	**ü**	* -Tick as appropriate
No*	ü	

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	**ü**	* -Tick as appropriate
No*	ü	

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy	**Not applicable , no changes to accounting policies**

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: · the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and · the monetary value can be measured with sufficient reliability.	ü	ü	ü
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	ü	ü	ü
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	ü	ü	ü
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	ü	ü	ü
	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	ü	ü	ü
Government grants	The charity has received government grants in the reporting period	ü	**ü**	ü
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	ü	ü	ü
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	ü	ü	ü
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	ü	ü	ü
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	ü	ü	ü
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	ü	ü	ü
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	ü	ü	ü
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	ü	ü	ü
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	ü	ü	ü
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	ü	ü	ü
Support costs	The charity has incurred expenditure on support costs.	ü	ü	ü
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	ü	ü	ü

		Yes	No	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	ü	ü	ü
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	ü	ü	ü
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	ü	ü	ü
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	ü	ü	ü
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	ü	ü	ü

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	ü	ü	ü
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	ü	ü	ü
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	ü	ü	ü
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	ü	ü	ü
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	ü	ü	ü
Redundancy cost	The charity made no redundancy payments during the reporting period.	ü	ü	ü
Deferred income	No material item of deferred income has been included in the accounts.	ü	ü	ü
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	ü	ü	ü
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	ü	ü	ü
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	ü	ü	ü

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	ü	ü	ü
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	ü	ü	ü
	They are valued at cost.	ü	ü	ü
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	ü	ü	ü
	They are valued at cost.	ü	ü	ü

		Yes	No	N/a
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	ü	ü	ü
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	ü	ü	ü
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	ü	ü	ü
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	ü	ü	ü
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	ü	ü	ü
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	ü	ü	ü
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	ü	ü	ü
	They are valued at fair value except where they qualify as basic financial instruments.	ü	ü	ü

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	37,332	1,000	-	38,332	36,946
	Gift Aid		-	-	-	500
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	5,000	31,808	-	36,808	33,590
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	42,332	32,808	-	75,140	71,036
Charitable activities:		-	-	-	-	-
	Breast pump hire	635	-	-	635	1,195
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	635	-	-	635	1,195
Other trading activities:	Fundraising	2,038	-	-	2,038	1,890
	Teaching income	-	-	-	-	308
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	2,038	-	-	2,038	2,198
Income from investments:	Interest income	38	-	-	38	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	38	-	-	38	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		45,043	32,808	-	77,851	74,429

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

National Lottery grant £21,000 OCF Contain grant £8,438, Cost of Living Grant £2,370 , Doris Field Charitable Trust £500, Localgiving Magic Little Grants £500

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

N/A

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Anonomous donations from 2 different anonomous donors totalling £17,000

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Not applicable

Please give details of other forms of government assistance from which the charity has directly benefited.

Not applicable

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise , peer supporters help with ensuring appropiate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also orgainse fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme. During the year some sessions were delivered virtually via Zoom and peer supporters attended group sessions to help with welcome and discussion; lead break out rooms on specific topics; and helped with support given on Facebook groups

Note 6 Analysis of expenditure

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	833	-	-	833	1,600
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	2,160	-	-	2,160	1,600
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fudraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities	-	-	-	-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	2,993	-	-	2,993	3,200
Expenditure on charitable activities	Facilitator session fees	21,268	17,677	-	38,945	37,263
	Facilitator project running costs	15,294	12,293	-	27,587	26,718
	Antenatal and peer support sessions	1,530	-	-	1,530	1,808
		-		-	-	-
	Total expenditure on charitable activities	38,092	29,970	-	68,062	65,789
Separate material item of expense		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-

Other

Insurance	102	156	-	258	258
Equipment	-	-	-	-	30
Administration	5,599	2,349	-	7,948	5,794
Volunteer expenses	-	-	-	-	-
Trustee expenses	31	33	-	64	-
Total other expenditure	5,732	2,538	-	8,270	6,082

TOTAL EXPENDITURE	46,817	32,508	-	79,325	75,071

Other information:

Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	*Total prior year*
	£	£	£	£	£
Sessions	Drop ins and online support	66702	7856	74558	69761
Training	Antenatal sessions and peer support training	1360	414	1774	2110
Other					
Total		68062	8270	76332	71871

Prior year expenditure on charitable activities can be analysed as follows:	Charitable activites last year were split between grant funding £65,789 and support costs £6,082
Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)	Material items of expenditure are facilitator direct session costs and project management costs £66,533 (2021/22 £63,981)

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extrordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
	Total	-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please discose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C Notes to the accounts

Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Drop in sessions/online support £	Peer support/Antenatal £	£	Grand total £	Basis of allocation (Describe method)
Governance	-	-		-	-	
Insurance	-	245	13	-	258	Time spent
Website and other fees	-	6,982	367	-	7,349	Time spent
	-	-		-	-	
Other	-	629	34	-	663	Time spent
Total	-	7,856	414	-	8,270	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

The organisation has identified its support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activitiy sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	0	0
Assurance services other than audit or independent examination	0	0
Tax advisory fees	0	0
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	0	0

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	8,303	-
Social security costs	-	-
Pension costs (defined contribution scheme)	112	-
Other employee benefits	-	-
Total staff costs	8,415	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

Total amount paid to senior management for services to charity during the year was £4,600 (2021/22 £nil)

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	3	-
Governance	-	-
Other	-	-
Total	3	-

11.3 Ex-gratia payments to employees and others (excluding trustees)
Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	None
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

11.4 Redundancy payments
Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	None
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense	not applicable
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that altough the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

Not applicable ***not applicable***

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	**-**	**-**	**-**	**-**

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	***Yes***	***Please provide details of charity's URL.***
	No	***Provide details below***

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		**-**
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets n/a

14.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of the year	-	-	-	-	-	

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB*

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets n/a

15.1 Cost or valuation

	Research & development £	Patents and trademarks £	Other £	Total £
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates	
Policies for the recognition of any capital development	

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.	
(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.	
(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.	
(iv) State the amount of research and development expenditure recognised as expenditure in the year.	
(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.	
(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.	

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Note 16 Heritage assets n/a

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.	
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.	

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**						Straight Line ("SL") or Reducing Balance ("RBB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of year	-	-	-	-	-	

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
qualifications of independent valuer	
the methods applied and significant assumptions	
any significant limitations on the valuation	

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A £	At cost Group B £	Total £
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recoignised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.	
(ii) Describe the significance and nature of heritage assets.	
(iii) Disclose information that is helpful in assessing the value of heritage assets.	
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.	

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	**-**	**-**	**-**	**-**	**-**
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	**-**	**-**	**-**	**-**	**-**
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	**-**	**-**	**-**	**-**	**-**

Note 17 **Investment assets** **n/a**

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

***Please specify additions resulting from acquisitions through business combinations, if any.**

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowlegable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity	
(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	

(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments	**This year**	**Last year**
	£	**£**
	-	-
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party	
Name of the entity or entities benefitting from those guarantees	
Please explain how the guarantee furthers the charity's aims	

17.6 Concessionary loans

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obsure significant information*).

Description	**This year £**	**Last year £**
Total		

Amount of concessionary loans received *(Multiple loans received may be disclosed in aggregate provided that such aggregation does not obsure significant information).*

Description	**This year £**	**Last year £**
Total		

Terms and conditions eg interest rate, security provided	
Value of any concessionary loans which have been committed but not taken up at the reporting date	
Amounts payable within 1 year	
Amounts payable after more than 1 year	
Amounts receivable within 1 year	
Amounts receivable after more than 1 year	

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.	
For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.	
Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.	

Note 18 Stocks

n/a

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	702.0	735.0
Other debtors	161.0	500.0
Total	863.0	1,235.0

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
	-	-
Total	-	-

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	13,517	17,579	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	13,517	17,579	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Donation and grant income received in March 2022 with condition that expenditure would only take place to fund activities from 2022/23 onwards was released to income during the current year

Movement in deferred income account	This year £	Last year £
Balance at the start of the reporting period	10,000	17,513
Amounts added in current period	5,440	10,000
Amounts released to income from previous periods	- 10,000	- 17,513
Balance at the end of the reporting period	5,440	10,000

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;	***Not applicable***
- an indication of the uncertainties about the amount or timing of those outflows; and	
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.	

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).	
21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.	

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.	***Not applicable***
22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.	

Note 23 Contingent liabilities and contingent assets n/a

23.1 Contingent liabilities

Where the charity has contingent liabililities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibilty of any reimbursement	
Where it is not practical to make one or more of these disclosures, please state this fact	

Note 24 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	57,247	62,410
Other	-	-
Total	57,247	62,410

Note 25 Fair value of assets and liabilities n/a

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

Note 26 Events after the end of the reporting period n/a

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event	
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made	

Note 27 Charity funds

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Local Giving Magic Little Grants	R	To fund online 1:1 and group sessions	-	500	- 500	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	1,041	21,000	- 20,700	-	-	1,341
Doris Field Charitable Trust	R	To fund subscriptions	-	500	- 500	-	-	-
OCF Cost of Living Grant	R	To fund 9 months of Kidlington sessions	-	2,370	- 2,370	-	-	-
OCF Contain grant	R	To fund 6 months Donnigton sessions	-	8,438	- 8,438	-	-	-
General fund	U	unrestricted	45,025	45,043	- 46,817	-	-	43,251
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	46,066	77,851	- 79,325	-	-	44,592

Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID on going costs	R	Ongoing COVID expense for hybrid model	-	4,590	- 4,590	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	29,000	- 27,959	-	-	1,041
General fund	U	unrestricted	46,708	40,839	- 42,522	-	-	45,025
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	46,708	74,429	- 75,071	-	-	46,066

Note 27 **Charity funds (cont)**

not applicable

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)	**None**

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

Please give details of why remuneration or other employment benefits were paid.	Not applicable
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	Not applicable

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify): Training	63	0
TOTAL	63	0

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	1

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)	***TRUE***

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	

For any related party, please provide details of any guarantees given or received.	

Note 29 Additional Disclosures

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of it's charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has been awarded some long term grant funding, most notably £114k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants.
The charity operates a mixture of face to face booked breastfeeding groups alongside one to one and group online support. The Trustees believe it is reasonable to hold enough reserves to enable the organisation to transition towards a larger proportion of face to face sessions compared with online operations. The charity continues to move from a self employed contractor organisation to employing staff. The Trustees believe that it is prudent to hold enough reserves to provide a buffer for any unexpected employment costs, emergency expenses and potential redundancy costs, as well as to ensure that funds are available in a timely manner to continue to maintain our level and nature of service provision.
The charity is planning on holding an increasing number of sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider it reasonable to hold between 6 and 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £43k which represents about 7 months of expenditure, along with an additional £5k of deferred grant income which has been earmarked for future activities.

OXFORDSHIRE BREASTFEEDING SUPPORT

England & Wales - Charity number 1176948

Accounts

OBS
OXFORDSHIRE
BREASTFEEDING
SUPPORT

Supporting your family from pregnancy to weaning

OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2021/22: Pandemic recovery

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Administrative information

Registered name Oxfordshire Breastfeeding Support

Registered address 11 Brunstock Beck
Didcot
OX11 7YG

Email team@oxbreastfeedingsupport.org
Registered charity no. 1176948

Trustees

Dr Ilana Levene (Chair)
Louise Ellis ACA (Treasurer)
Dr Juliet Rayment (Strategy)
Sev Gunes-Lasnet (Fundraising)
Danielle Beaumont-Orr (Safeguarding & Team Liaison)
Dr Rain Irshad (appointed September 2021)
Khatsha Ali (appointed September 2021)
Anna Hodges (appointed September 2021)
Wanja Knighton (resigned May 2021)

Contracted clinical facilitators

Jayne Joyce (resigned April 2022)
Lisa Mansour
Charlotte Gilman
Julie Gallegos
Cathy Berry

Non-clinical contractors (management and administration)

Jayne Joyce (Project Lead; resigned April 2022)
Kawther Alfasi (Operations Lead; from April 2022 Interim Project Lead)
Catriana McKie (Digital Lead)
Charlotte Gilman (Fundraising)
Lisa Mansour (Equality, Diversity and Inclusion; from April 2022 Interim clinical Lead)
Hannah Dingwall-Jones (Administration)

Introduction from the Chair of Trustees

Welcome to our 2021/2022 annual report!

Oxfordshire Breastfeeding Support has been on an incredible journey of growth and momentum since we registered as a charity in 2016. This year we continue to grow in our influence, financial diversity and ambitions.

We were expecting the year to bring challenges of a return to hybrid and physical working after a year of predominantly virtual breastfeeding support, and we have taken up this challenge, continuing to learn how to use the best parts of old and new as you'll see in these pages.

We didn't expect a different challenge coming at the end of the year - that our wonderful Project Lead, Jayne Joyce, would be offered the chance of a lifetime to become one of a small team of international authors for a new edition of La Leche League International's flagship book *The Art of Breastfeeding*. We are so grateful for Jayne's unending and inspirational commitment to OBS, and our previous incarnation OBCG, and wish her all our congratulations and good wishes for her new position, which she started in the new financial year. Thanks so much to Kawther Alfasi for stepping up to become interim Project Lead and to Lisa Mansour as interim Clinical Lead after Jayne's departure. OBS is particularly proud that Cathy Berry, who has been a wonderful OBS volunteer peer supporter for a long time, was able to take over Jayne's clinical work, as she has worked hard to be certified as an Association of Breastfeeding Mothers (ABM) breastfeeding counsellor. Welcome also to Hannah Dingwall-Jones, who was initially appointed as a temporary administrator, taking over Kawther's previous role. They have all shown such hard work, good sense and commitment to OBS, ably supported by the rest of our wonderful team.

I took over as Chair of Trustees this year from Juliet Rayment, who remained my wing-woman, much relied upon as we navigated the year's challenges. Thanks to all my wonderful Trustees who started or finished the financial year with OBS - Louise, Juliet, Sev, Danielle, Wanja, Rain, Khatsha and Anna. A group of dynamic and passionate women who strive to help OBS deliver our charitable purpose in the most effective and efficient way (despite all having extremely busy lives and young children). As always we are on the lookout for new trustees as people move on, so do get in touch if you're interested in the role.

Here's to the next phase of the journey!

Ilana Levene, Chair of Trustees, April 2022

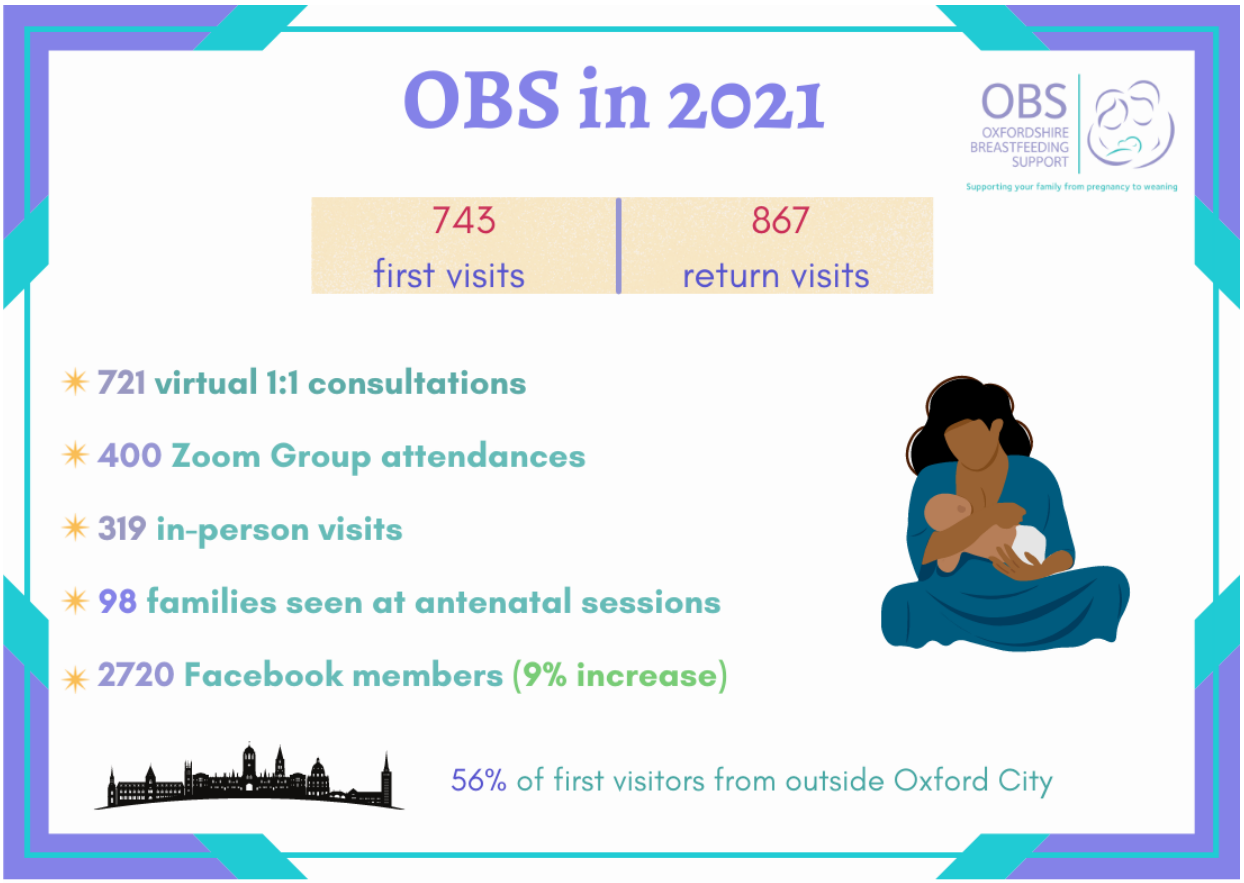
Aims and objectives

At OBS we believe that breastfeeding, and breastmilk, are deeply important. Our mission is to “increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.

- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.”

Achievements and performance



"I wanted to say a huge thank you to the team for all the help you've given me. I did one of the antenatal Zoom workshops, had email contact, looked at the Facebook group, had 1:1 sessions with Jayne and Lisa and have seen Charlotte at the Botley Bridges group and all of it has been absolutely super.

My daughter has just turned 1 and I'm so pleased to say that I managed to breastfeed her the whole of this time, despite the many challenges I found. Being a first time mum and doing it all during lockdown was very tough but it was made more manageable by knowing that help was out there and it was really great help and advice, never feeling that I had a stupid question."

Victoria, August 2021

In person sessions

Just over 16 months after we closed all our drop-in sessions and switched to 100% virtual working to prepare for the pandemic, we reopened our first in-person sessions. We trialled two per week in July - at Donnington and Didcot - and opened two more in September, in Barton and Kidlington. The venues were chosen based on our 2021 Impact Assessment, which stressed accessibility, parking and good transport links as key factors for our service users.

We are pleased to continue our partnership with Didcot Baby Monday, while our session at Barton Neighbourhood Centre runs alongside a lively toddler group, which provides a welcoming social space for families.

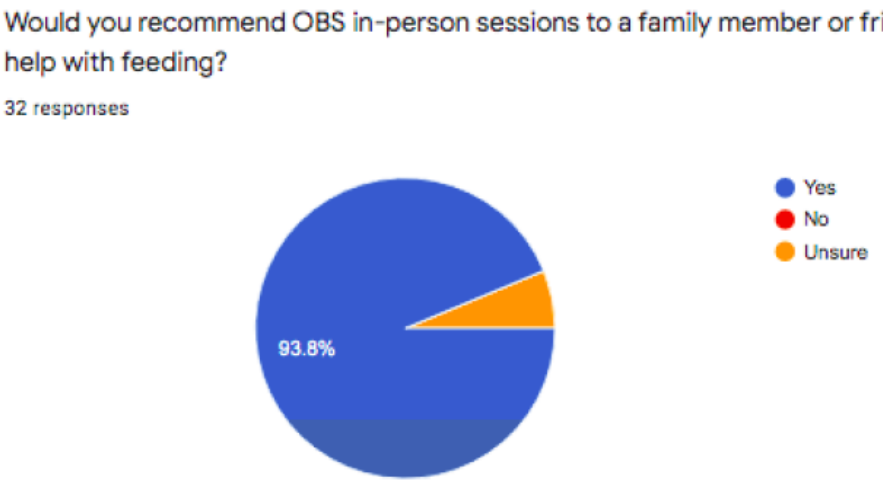
It felt both deeply familiar and a little strange to be back in the room with parents again. Masks were required and capacity was limited, yet the special magic of being in the room and connecting families together can still work. It was wonderful to see our volunteer peer supporters in action, listening and affirming with their characteristic empathy, and to have student and healthcare observers at our sessions once again. Our new booking system - Calendly - has also enhanced the quality of our service, enabling families to describe their feeding issue and to request any needed adjustments, such as privacy screens, a quieter environment, pronouns or other words they would like us to use.

Cathy, OBS volunteer and cover facilitator, supporting families at Donnington Doorstep

"I imagine people probably don't get in contact so much unless there is something wrong so I wanted to make sure you know how helpful you are to women and their babies. I don't want to sound dramatic but you honestly changed my life! You literally had the biggest impact on my life and mood over and above all of the other services I have experienced since becoming pregnant so I am so grateful."

Katherine, May 2021

In October we surveyed service users to find out what they thought of our new-look, bookable in-person sessions. We sent our survey by email to every family who had attended an in-person session since we restarted them on July 2nd. **111** surveys were sent out. **32** responses were returned. **80%** of attendees said our service fully or partially helped resolve their feeding problem .



We also received constructive feedback on ways in which we could improve our service. Based on this, we made a number of modifications:

- Splitting sessions into two timed 1-hour slots, and booking half the families separately for each hour
- More comfortable seating at Kidlington
- A longer session at Donnington Doorstep
- More focus on encouraging the social dimension of our sessions

Virtual 1:1 consultations

The biggest learning and innovation from virtual working is how effective Zoom consultations can be. We love how they enable us to give 1:1 time to families, and to increase access to families who would struggle to come in person due to distance, mobility, transport, caring responsibilities and other barriers. We have started to offer some consultations at the weekends/in evenings, which enables women to attend with their partner for language and emotional support. Online consultations also provide us with much-need flexibility and resilience: sessions that are cancelled for any reasons, such as sickness or Covid-19 absences, can be converted to 1:1 slots. Fortunately, we have only had to do this a handful of times.

"Every time I wanted to give up, I talked to Lisa. It really helped that I always got a response within hours of sending in a request for one-on-one support. Talking to Lisa gave me goals and made me focus on trying new things, instead of how miserable I was. And then, a little after eight weeks, I woke up one day to realise that breastfeeding no longer hurt at all. It was definitely gradual, but I was surprised to find that none of my feeding sessions were painful anymore. I could look at my daughter and enjoy this time with her. "

Majd, August 2021

"I just wanted to say a huge THANK YOU to Jane Joyce for her help last week. She spent time with me, my son Otis and his nanny Olivia to help us work out a plan for my return to work as Otis was refusing to take a bottle. Jayne was so kind and helpful and totally put my mind at ease. It was my first day in the office today and following Jayne's advice I breastfed right up to the last minute and was totally chilled….I have Jayne to thank for such a peaceful start to the next phase of my feeding journey with Otis. Thank you!"

Lucy Dixon, December 2021

OBS Zoom Group

Our OBS Zoom Group changed focus, in response to the reopening of in-person sessions and 15 months of experimenting to find out "what works" at each stage of the pandemic. The frequency of OBS Group reduced from weekly to fortnightly last summer, after the easing of Covid restrictions.

From September it has run monthly, offering two parallel learning and discussion groups on "hot topics" related to breastfeeding, such as normal infant sleep, returning to work and starting complementary foods. We no longer offer feeding support within the group; this need can be met more effectively via in-person sessions and virtual consultations. This has reduced the level of facilitator input, diverting costs to providing more 1:1 consultations. Each session is co-led by a facilitator and our trusted, longstanded volunteer health visitor (and Holistic Sleep Coach) Vanessa Campion.

We have produced presentations for each OBS group topic, which lends these sessions consistency, and the ability to be delivered by new facilitators in future.

"Dear Team! I wish to thank you for the amazing sesion today. It was really helpful and I have heard so many great information. I hope I will be able to attend on another great session soon."

Eva, March 2022

Antenatal breastfeeding education sessions

We have continued to offer monthly antenatal education sessions on Zoom. Attendance figures are higher than pre-pandemic levels: sessions take place in the daytime, and we frequently see people attending from their workplaces, including partners and other supporters. We also offer bespoke antenatal consultations for mothers for service users with previous feeding trauma and/or risk factors for complex feeding problems. Antenatal service users are invited to join our private Facebook group, and are also welcome to attend our in-person sessions to chat with facilitators, volunteers and other families.

> *"I found the resources that were signposted really helpful. It was also useful to get to know the people delivering the session so that when I had to come back for support immediately after having the baby I felt much more confident to speak to the facilitators even though I was stressed and exhausted."*
>
> **OBS service user, March 2022**

Facebook

Our private, closely-moderated Facebook group is a supportive, friendly environment in which mothers can seek feeding support, from other parents, OBS peer supporters and our specialist facilitator team. We are continuing to experiment with its format, channelling it as an avenue for social connectedness between families as well as for providing evidence-based information.

We have introduced regular 'buddy thread' Facebook posts, in which we invite members to *'post connection requests below and link up by PM'*. We have seen the following connections made:

- Portuguese, Dutch , Spanish, Hungarian & French speakers
- Two-mum families
- Chatting about returning to work
- Breastfeeding toddlers & sleep

With the support of our volunteers, we also held a Facebook Live Q&A in May 2021 on breastfeeding and the Covid-19 vaccine. Our volunteers included a consultant midwife and consultant doctor.

Other social media platforms have helped us to stay engaged with our service users and supporters.

Regular social media posting on Facebook and Twitter.

Increased presence on Instagram

Sharing video clips of 'what to expect' at our sessions

Emails to our list

OBS Volunteers

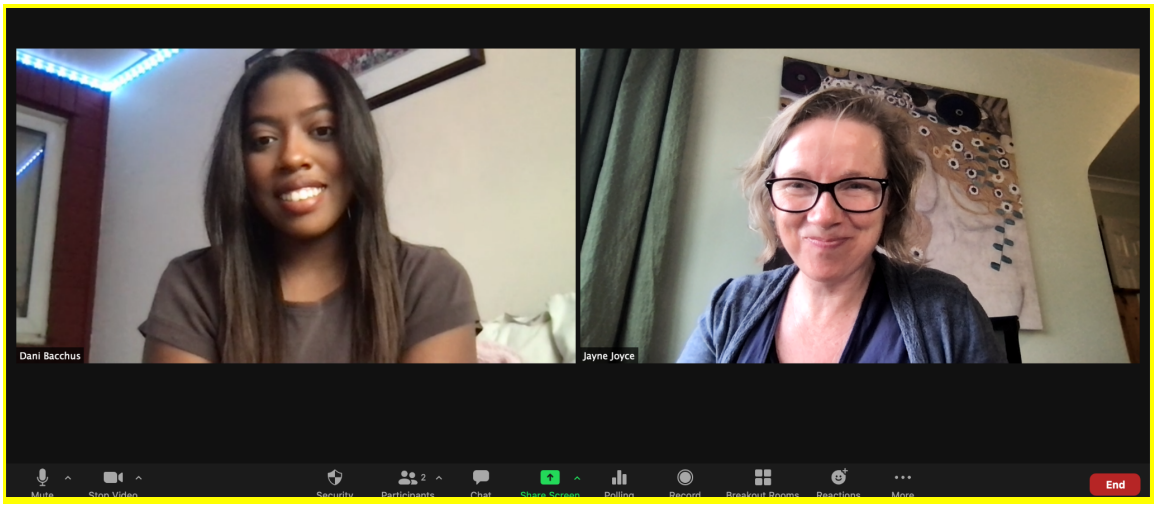
We have continued to encourage growth in the skillsets of our existing volunteers, and to successfully train new volunteer peer supporters via the ABM Peer Supporter course. Volunteers are integral to our work at every level: they are a friendly, welcoming face at our sessions, providing support and reassurance, and normalising infant behaviour. Their scope is diverse: some regularly commit to in-person sessions; others respond to queries and concerns with evidence-based information on Facebook, or provide tech support during our busy online Zoom groups.

> *"I really enjoy being part of the support system that OBS offers to families wherever they are on their breastfeeding journey. I love meeting the different families and find that my experience and knowledge comes in useful at times. Not only is it great to see how families benefit from the assistance and encouragement they get from OBS but I too benefit from being part of a friendly and kind community of volunteers and facilitators of the OBS team."*
>
> **Vanessa, Volunteer Health Visitor**

- We have successfully inducted 7 new volunteers (6 ABM-trained peer supporters, 1 student midwife)
- 1 of our teenage FNP (Family Nurse Partnership) clients completed the ABM course
- 1 of our Peer Supporters is working at OUH as a maternity support worker
- 1 Peer Supporter is training as a Breastfeeding Counsellor
- 2 of our peer supporters - Meg and Cathy - became Breastfeeding Counsellors, and the latter started working as an OBS cover facilitator
- Sam, Peer Supporter, continues to operate our important low-cost pump loan service. We loaned 63 times in the year 2021-22.
- Vanessa, our volunteer health visitor, supported us in producing [information leaflets on normal infant sleep](#).

For students and health professionals

We are delighted to have restarted observations for students and healthcare professionals at our in-person sessions, enabling them to increase their breastfeeding knowledge and competences. We also offered observations of our online Zoom groups, antenatal sessions and online 1:1 consultations. Observers can book to observe our in-person sessions via Calendly, and sign up to a WhatsApp group to be notified of last-minute, online observation opportunities.



Dani B, student midwife, ready to observe a 1:1 consultation

"Observing OBS has been so useful as a student midwife, especially during the pandemic. The team have provided so many opportunities for us to observe, which has been great for increasing knowledge and skills. OBS is a truly amazing service that Oxford is very lucky to have! I will continue to recommend this service to women I care for."

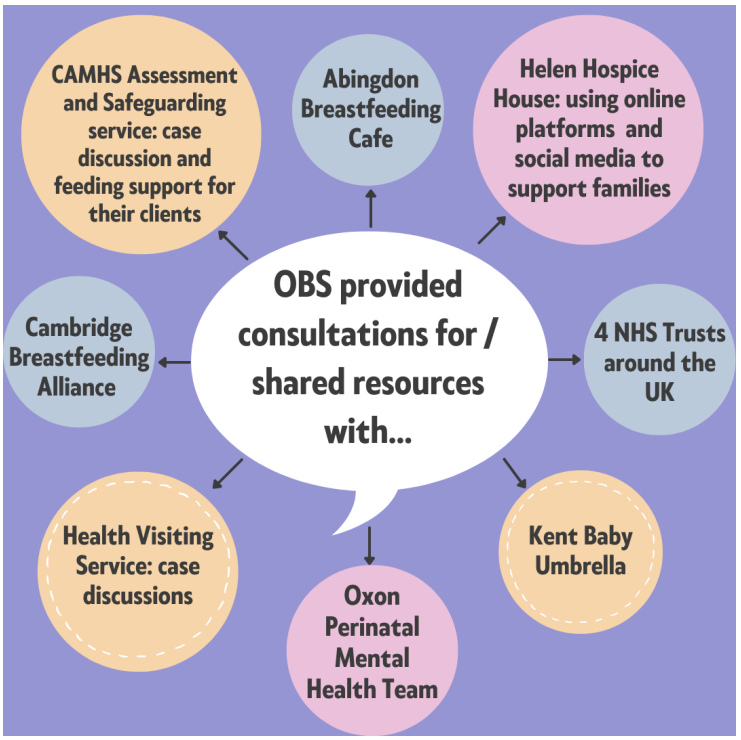
Amy, 3rd year student midwife, Oxford Brookes University

Other opportunities offered for the development of breastfeeding support skills included:

- 2 hours of training for GP trainees
- 1 whole day skills teaching and 1 whole day skills assessment for student midwives
- 2 sessions jointly for Brookes midwifery students & the medical school, on normal birth and infant feeding: a recently launched initiative. A 3rd one takes place in April.
- Providing consultations for and/or sharing resources with staff from a number of healthcare providers and voluntary organisations.

We presented our service to the HV service practitioners' Breakfast Club and the HV Teen Champions meeting, which was well-attended by Health Visitors from all over Oxfordshire. We have continued to participate in the Countywide Breastfeeding Strategy Group, which revised the Oxfordshire guidelines on faltering growth.

Sharing best practices is critical to continuous improvement, both of our own services and those with which we collaborate. In the preceding year…



Widening access

We have taken incremental but important steps towards making adjustments for service users with specific accessibility needs, and ensuring that everyone feels supported at our sessions. In response to our learning from the '[Peer to Peer Equality, Diversity and Inclusion Series]', facilitated by the Oxford Hub, we created a 'back door' to our booking systems, inviting people to give us their phone number for a callback from the Operations team if they need help with making a booking. Over the phone, we can also fill in our forms with families if necessary.

We have purchased a privacy screen and obtained access to private feeding spaces at our in-person sessions, in order to meet the needs of mothers who feel uncomfortable feeding in front of other people, and the needs of those who benefit from minimal background noise in their sensory environment.

Following feedback from service users on how their own mothers and female relatives served as their feeding champions, we have adapted our messaging to make it clear that **all** feeding supporters are welcome at our sessions.

Deepa Santhosh, current Masters in Midwifery student and former infant feeding lead for an NHS trust, began working with our team as a Guest Facilitator at some OBS Zoom Group sessions and provided her first OBS 1:1 Zoom consultation with a family in Hindi. We look forward to working with her more closely in the coming year, and to reaching diverse communities through her skills, experience, and proficiency in five languages.

OBS co-sponsored Black Breastfeeding Week 2021 in August. We also contacted two of Oxford's largest majority Black churches - Word Foundation Christian Ministries and New Life Covenant Church - who are happy to share information about our services with families in their community.

Family Nurse Partnership

Our work with Family Nurse Partnership has expanded, offering joint virtual antenatal conversations and flexible postnatal feeding support to teenage mothers via text, WhatsApp, and virtual consultations. ***Over the last year, we saw 27 new FNP clients, compared to 15 in the preceding 12 months.*** We also arranged our first home visit with an FNP nurse, and offered support via Facebook PM for a young mother with mental health and domestic abuse issues with social care involvement.

Supporting research

We have continued to support good research by disseminating surveys online, including research by an Oxford Brookes Midwifery students' Master's dissertation on baby sleep location, developed in response to a suggestion from the OBS team. Our volunteers also participated in a focus group with a local obstetrician who is designing a research project on inequality in health outcomes for women after birth.

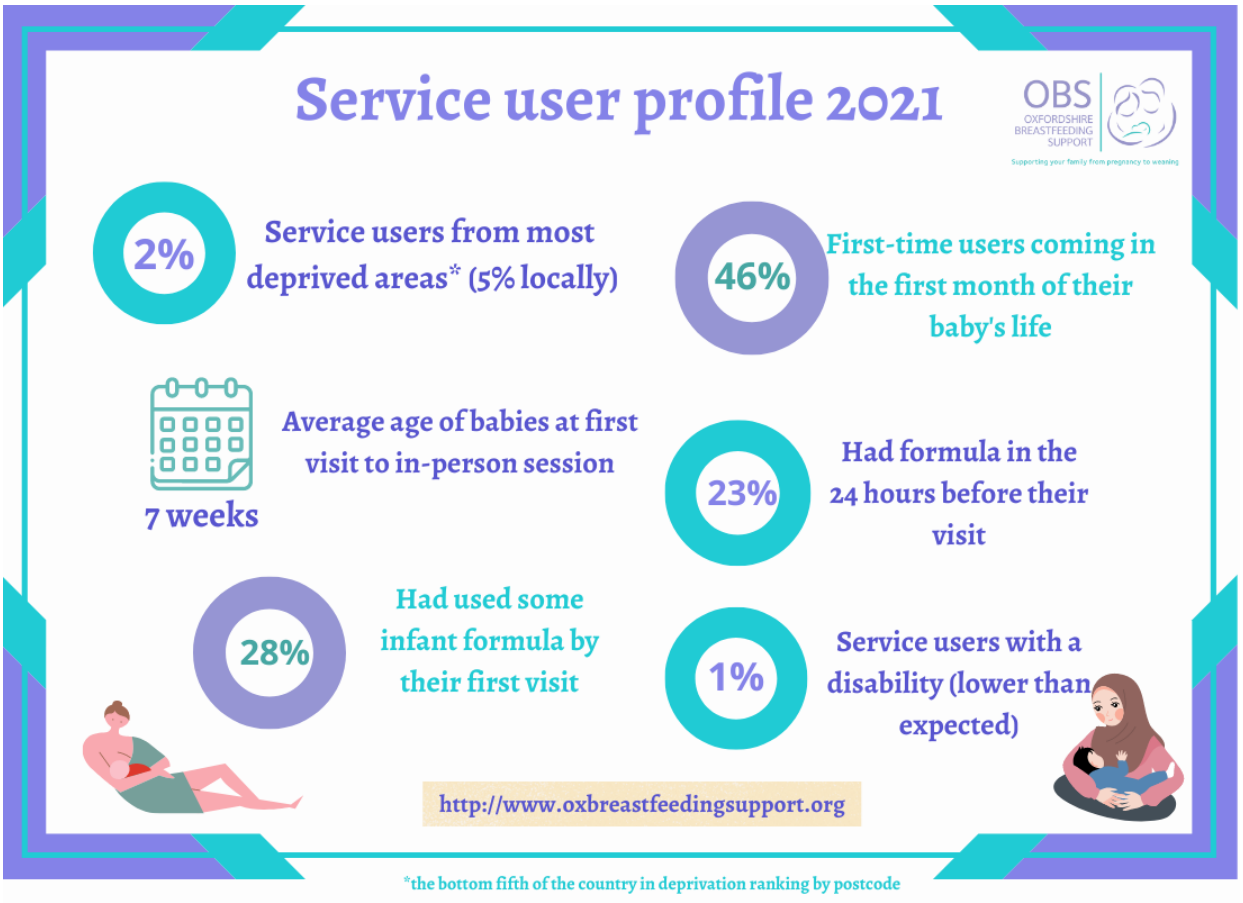
We directly supported Kath Townsend, MSc student in Public Health with UWE Bristol, with her research on 'Mothers' perceptions of video calls for breastfeeding support during the Covid-19 pandemic'.

All study participants were recruited from our service users. In December 2021, Kath's findings revealed a generally very high level of satisfaction with video consultations.

OBS in the news

In August, our Project Lead was interviewed on local radio station Jack FM 11.08.21 talking about research that is being done on expressing milk for premature babies (a project that is led by our Chair Ilana at the University of Oxford).

All about our service users



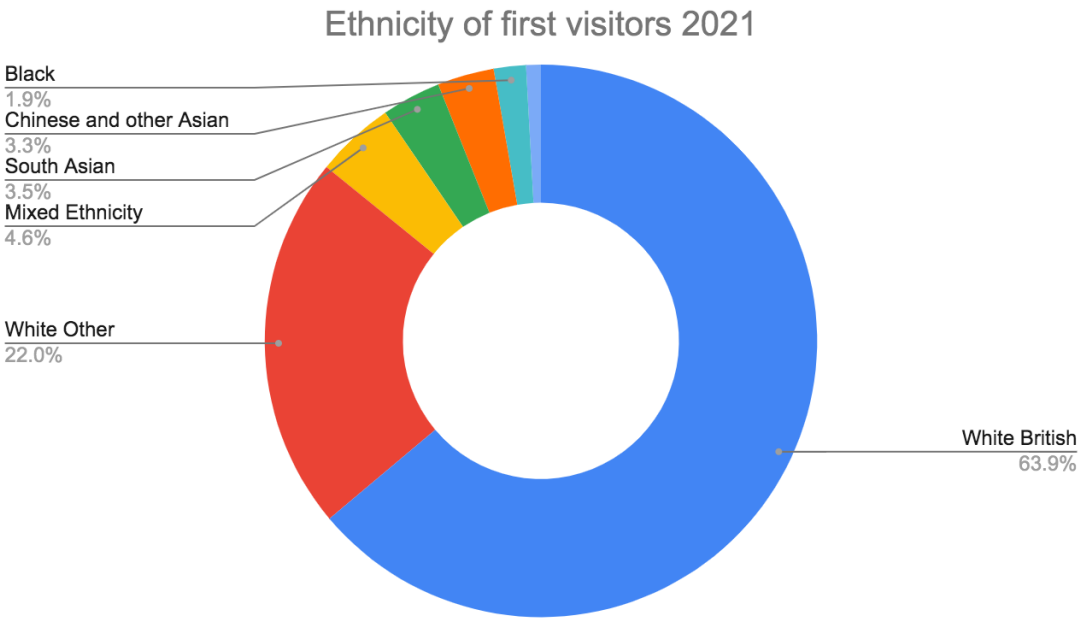


Figure 2: Ethnicity of first time visitors 2021

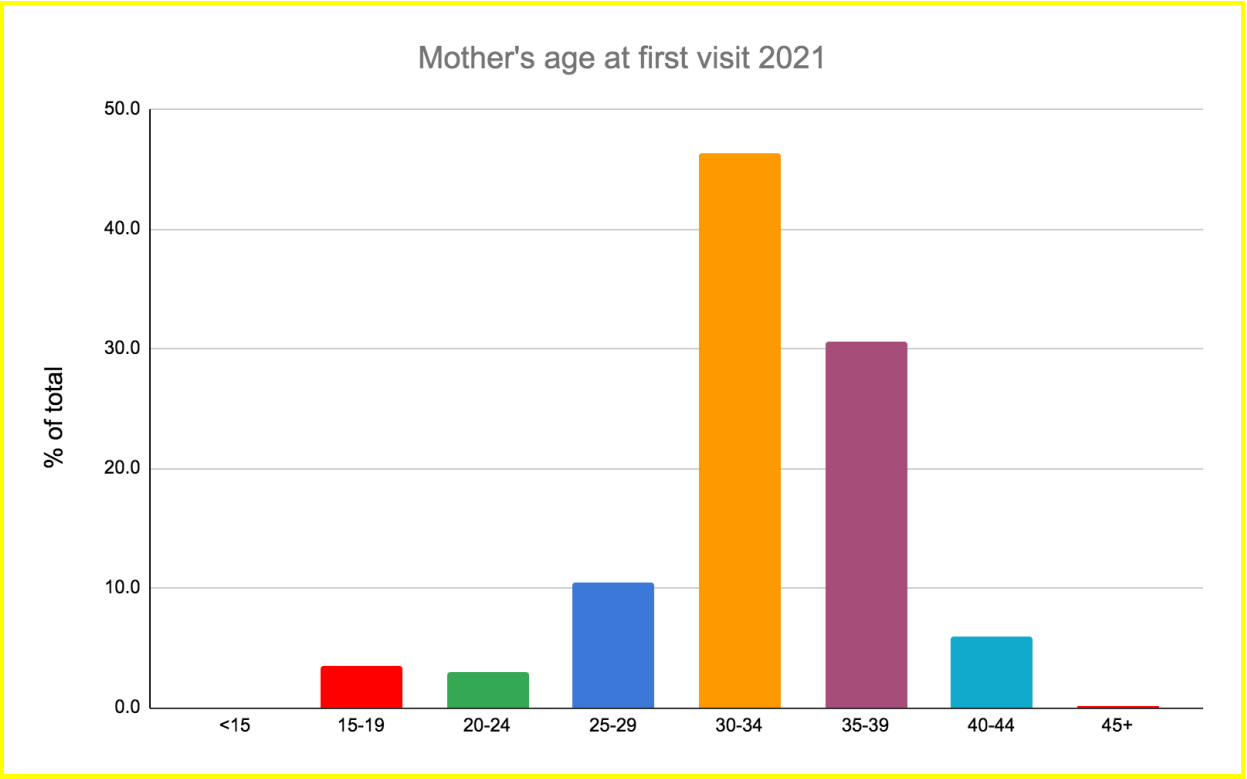


Figure 3: Age of first visitors 2021

We are seeing a dramatic increase in provision of breastfeeding support to teenage mothers through our collaboration with the Family Nurse Partnership.

> *'I feel very privileged to be working with our young service users. They are more difficult to access and don't arrive through our normal channels so we have made this work possible by developing a strong working relationship with the Oxfordshire Family Nurse Partnership. We work flexibly with clients depending on their needs, offering support through WhatApp, home visits, facebook, phone calls, zoom, and at our in-person sessions. Working closely with health professionals and offering flexible support to these more vulnerable clients has meant that we have been able to give them feeding support that they deserve."*
>
> **Charlotte Gilman, OBS Facilitator and FNP lead**

People came to see us for many reasons: most commonly pain, infant behaviour and antenatal preparation. 11% of people came to us for help with sleep, primarily by attending one of our Zoom groups, which is similar to last year (12%). The number of families with suspected tongue tie was the same as last year (6%).

Financial report

Following on from 2019/2020 when we were focusing on obtaining emergency funding to enable us to redesign our service provision to operate solely online, the 2021/22 financial year saw OBS move back to a more stable financial footing.

Our Lottery grant entered the third year of funding, reducing to £29k (2019/20 £35k) as planned. This income was used primarily to fund Didcot and Barton sessions. The planned expenditure on a new location, Banbury, was reallocated to providing ongoing 1:1 virtual and group support as we transitioned to running a sustainable, hybrid model of support.

In the next financial year the element of our income provided by the Lottery grant will reduce further. We are fortunate to receive a significant level of donor income, but will seek to build other sources of grant funding in order to supplement this. The implementation of an employment structure and further work on equity and diversity will mean that significant levels of expenditure will be incurred in the next financial year, to ensure an appropriate structure for the organisation as it grows in the future.

View the full 2021/22 accounts on our website.

During 2021/22 a deficit of £642 was recorded (2020/21 surplus £9,705) due to a lower level of grant income being received than in the previous year. This is in line with our budgeted expectations for the year, where we aimed to run at a break even position.

Income for the year was £74,429 (2020/21 £88,213).

Included in this figure is £29k of Lottery grant funding and £30k of donation income. This donation income was unrestricted and we were able to use this funding to meet the running costs of our core face to face sessions and to contribute towards the management overheads of running the organisation.

Expenses during the year were £75,071 (prior year £78,506).

In the prior year £15k was spent on COVID response and during 2021/22 this reduced to £5k as the set up costs for virtual sessions had already been incurred. Expenditure during 2021/22 on project management time was higher than in the prior year, as the organisation is investing in the recruitment of new team members and trustees, and in increasing and diversifying the number of and type of sessions provided, from 1:1 virtual support and group Zoom presentations, to work with other service users such as the FNP.

Other running costs which relate to insurance, fees and consumables have remained broadly in line with the prior year.

A reserves policy has been agreed by the Trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

Donors

- Two anonymous, long standing, individual donors
- Matched payroll giving scheme
- Lottery funding: £29,000
- OCF COVID response £4,590
- The Funding Network £2,900
- Oxford City Council - £130 towards the provision of tablets

and all our other generous donors and supporters

Louise Ellis, ACA, OBS Treasurer

Risk management

A major risk in the next financial year centres on the deterioration of the economic health of the UK and the rise in the cost of living, which could impact OBS' ability to fundraise. There is a risk that our generous individual donors will be less able to support us, which could lead to a decline in our financial reserves. As our financial turnover grows there is also a risk that we will not be able to maintain the same level of fundraising, and that our management staff will exceed their capacity. To mitigate these risks, we have ambitions to hire a dedicated fundraiser in 2022/2023 to ensure that our increased financial reach is sustainable and to help us achieve even more of our strategic plans.

As our service grows there is a risk that we will have insufficient volunteers to meet service needs. Our volunteer base is predominantly made up of women with young children, who are often also working professionally. As a result, there is a continued risk of burnout and rapid turnover because of the multiple demands our volunteers face in their personal and professional lives. We aim to mitigate this risk by expanding our volunteering programme, and recruiting general volunteers who can support us with the social, logistical and administrative dimensions of running in-person sessions.

The departure of our Project Lead presents new challenges - and in turn, opportunities - to build the capacity of our management team, to develop new, sustainable processes and ways of working, and to maintain a strong and cohesive organisational culture.

Previously identified risks such as safeguarding incidents remain on our radar. Our safeguarding policy is reviewed annually, and all staff and volunteers are trained in safeguarding, and provided with regular supervision and support. As our sessions remain bookable-only for the time, we are also aware that we may be discussing more complex breastfeeding cases, and seeing more babies with medical problems. We need to ensure that we are identifying these and referring them appropriately. We will continue to develop relationships with local Health Visiting teams and GPs in order to link up care in more complex cases.

Looking towards 2022-23

The next financial year will bring changes in our organisational structures as we take on the responsibilities of an employer rather than contracting with self-employed staff. OBS

recognises that case law has been changing with reference to self-employed people, to give more protection to those working in the gig economy. Therefore we need to ensure our team has the employment rights they are entitled to. We will be investing in HR support and running consultations to balance the needs of our team and the financial resources of the charity.

The coming year also brings with it the first open recruitment round for clinical facilitators that OBS has ever run, bringing our commitment to equal opportunities to the fore. With equity in mind we have been integrating various initiatives into our recruitment policy, such as automatic interviews for people with disabilities who fulfil essential criteria and blinded application forms.

In 2022/2023 we will be working towards securing a grant specifically for an Equity, Diversity and Inclusion (E, D & I) officer. This is because we know that E, D & I needs to be the foundation for all that we do. We won't succeed in making OBS welcoming to all and diverse in its reach unless we invest significant resources into finding out the needs of the whole community and working to deliver, hopefully collaboratively, on those needs.

With all these demands and ambitions, we also need to focus on valuing our team and volunteers, who have always delivered our core services so sensitively and caringly. They have responded to every challenge the last few years has thrown at us, despite stress and hardship, and we wouldn't be here without them.

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees:

Signature(s)

Full name(s) Ilana Levene

Position: Chair of Trustees

Independent Examiner's Report to the Trustees of Oxfordshire Breastfeeding Support

I report to the trustees on my examination of the accounts of the Oxfordshire Breastfeeding Support (The Charitable Incorporated Organisation, or CIO) for the year ended 31 March 2022.

Responsibilities and basis of report
As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: Charlotte Morley
Relevant professional qualification or membership of professional bodies (if any):
Address: 6 Percy Road, Exeter, EX2 8JY
Date: 3 November 2022

CHARITY COMMISSION FOR ENGLAND AND WALES

Oxfordshire Breastfeeding Support			Charity No (if any)	1176948
Annual accounts for the period				
Period start date	**01.04.2021**	**To**	Period end date	31.03.2022

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	37,446	33,590	-	71,036	85,719
Charitable activities	S02	1,195	-	-	1,195	1,050
Other trading activities	S03	2,198	-	-	2,198	1,444
Investments	S04	-	-		-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	40,839	33,590	-	74,429	88,213
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	3,200	-	-	3,200	2,592
Charitable activities	S09	35,075	30,714	-	65,789	70,572
Separate material item of expense	S10	-	-	-	-	-
Other	S11	4,247	1,835	-	6,082	5,338
Total	S12	42,522	32,549	-	75,071	78,502
Net income/(expenditure) before investment gains/(losses)	S13	- 1,683	1,041	-	- 642	9,711
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 1,683	1,041	-	- 642	9,711
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 1,683	1,041	-	- 642	9,711
Reconciliation of funds:						
Total funds brought forward	S21	46,708	-	-	46,708	36,997
Total funds carried forward	S22	45,025	1,041	-	46,066	46,708

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Section B Balance sheet

		Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets			F01	F02	F03	F04	F05
Intangible assets	**(Note 15)**	B01	-	-	-	-	-
Tangible assets	**(Note 14)**	B02	-	-	-	-	-
Heritage assets	**(Note 16)**	B03	-	-	-	-	-
Investments	**(Note 17)**	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	**(Note 18)**	B06	-	-	-	-	-
Debtors	**(Note 19)**	B07	1,235	-	-	1,235	509
Investments	**(Note 17.4)**	B08	-	-	-	-	-
Cash at bank and in hand	**(Note 24)**	B09	61,369	1,041	-	62,410	70,647
Total current assets		B10	62,604	1,041	-	63,645	71,156
Creditors: amounts falling due within one year	**(Note 20)**	B11	17,579	-	-	17,579	24,448
Net current assets/(liabilities)		B12	45,025	1,041	-	46,066	46,708
Total assets less current liabilities		B13	45,025	1,041	-	46,066	46,708
Creditors: amounts falling due after one year	**(Note 20)**	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	45,025	1,041	-	46,066	46,708
Funds of the Charity							
Endowment funds	**(Note 27)**	B17	-	-	-	-	-
Restricted income funds	**(Note 27)**	B18	-	1,041	-	1,041	-
Unrestricted funds		B19	45,025	-	-	45,025	46,708
Revaluation reserve		B20	-	-	-	-	
Total funds		B21	45,025	1,041	-	46,066	46,708

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
Juliet Rayment	Juliet Rayment	11/3/2022
L Ellis	Louise Ellis	11/3/2022

Section C Notes to the accounts

Note 1 **Basis of preparation**

***This section should be completed by all charities**.*

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	**ü**	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	ü	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	**ü**

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***The charity is holding around 7 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding agreed for the next 2 years so the Trustess consider the charity to be a going concern***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	**ü**	* -Tick as appropriate
No*	ü	

Please disclose:

(i) the nature of the change in accounting policy;	
(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	

(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	**ü**	* -Tick as appropriate
No*	ü	

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	**ü**	* -Tick as appropriate
No*	ü	

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy	**Not applicable , no changes to accounting policies**

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: · the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and · the monetary value can be measured with sufficient reliability.	ü		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	ü		
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	ü		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	ü		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			ü
Government grants	The charity has received government grants in the reporting period			ü
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	ü		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			ü
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.			ü
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			ü
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			ü
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			ü
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			ü
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			ü
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			ü
Support costs	The charity has incurred expenditure on support costs.	ü		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	ü		

		Yes	No	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	ü	ü	ü
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	ü	ü	ü
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	ü	ü	ü
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	ü	ü	ü
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	ü	ü	ü

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	ü	ü	ü
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	ü	ü	ü
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	ü	ü	ü
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	ü	ü	ü
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	ü	ü	ü
Redundancy cost	The charity made no redundancy payments during the reporting period.	ü	ü	ü
Deferred income	No material item of deferred income has been included in the accounts.	ü	ü	ü
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	ü	ü	ü
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	ü	ü	ü
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	ü	ü	ü

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	ü	ü	ü
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	ü	ü	ü
	They are valued at cost.	ü	ü	ü
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	ü	ü	ü
	They are valued at cost.	ü	ü	ü

		Yes	No	N/a
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	ü	ü	ü
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	ü	ü	ü
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	ü	ü	ü
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	ü	ü	ü
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	ü	ü	ü
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	ü	ü	ü
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	ü	ü	ü
	They are valued at fair value except where they qualify as basic financial instruments.	ü	ü	ü

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	36,946	-	-	36,946	26,604
	Gift Aid	500	-	-	500	470
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	33,590	-	33,590	58,645
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	37,446	33,590	-	71,036	85,719
Charitable activities:		-	-	-	-	-
	Breast pump hire	1,195	-	-	1,195	1,050
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,195	-	-	1,195	1,050
Other trading activities:	Fundraising	1,890	-	-	1,890	1,444
	Teaching income	308	-	-	308	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	2,198	-	-	2,198	1,444
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		40,839	33,590	-	74,429	88,213

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

OCF COVID response grant £4,590; National Lottery grant £29,000

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.	
Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)	

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Not applicable

Please give details of other forms of government assistance from which the charity has directly benefited.

Not applicable

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise , peer supporters help with ensuring appropiate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also orgainse fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme. During the year some sessions were delivered virtually via Zoom and peer supporters attended group sessions to help with welcome and discussion; lead break out rooms on specific topics; and helped with support given on Facebook groups

Note 6 Analysis of expenditure

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	1,600	-	-	1,600	2,592
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants	1,600	-	-	1,600	-
	Operating membership schemes and social lotteries	-	-	-	-	-
	Staging fundraising events	-	-	-	-	-
	Fudraising agents	-	-	-	-	-
	Operating charity shops	-	-	-	-	-
	Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities	-	-	-	-	-
	Investment management costs:	-	-	-	-	-
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	3,200	-	-	3,200	2,592
Expenditure on charitable activities	Facilitator session fees	17,343	19,920	-	37,263	40,368
	Facilitator project running costs	16,565	10,153	-	26,718	27,023
	Antenatal and peer support sessions	1,167	641	-	1,808	3,181
		-		-	-	-
	Total expenditure on charitable activities	35,075	30,714	-	65,789	70,572
Separate material item of expense		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-

Other

Insurance	190	68	-	258	258
Equipment	1	29	-	30	868
Administration	4,056	1,738	-	5,794	4,218
Volunteer expenses	-	-	-	-	-
Trustee expenses	-	-	-	-	-
Total other expenditure	4,247	1,835	-	6,082	5,344

TOTAL EXPENDITURE	42,522	32,549	-	75,071	78,508

Other information:

Analysis of expenditure on charitable activities

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	*Total prior year*
	£	£	£	£	£
Sessions	Drop ins and online support	63981	5780	69761	72631
Training	Antenatal sessions and peer support training	1808	302	2110	3279
Other					
Total		65789	6082	71871	75910

Prior year expenditure on charitable activities can be analysed as follows:

Charitable activites last year were split between grant funding £70,566 and support costs £5,344

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Material items of expenditure are facilitator direct session costs and project management costs. 2021/22 £56,867 (2020/21 £67,391)

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extrordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

		Amount received		Amount paid out		Balance held at period end	
Description/name of party	Related party (Yes or No)	This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
	Total	-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please discose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C Notes to the accounts

Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Drop in sessions/online support £	Peer support/Antenatal £	£	Grand total £	Basis of allocation (Describe method)
Governance	-	-		-	-	
Insurance	-	245	13	-	258	Time spent
Website and other fees	-	4,595	255	-	4,850	Time spent
	-	-		-	-	
Other	-	922	52	-	974	Time spent
Total	-	5,762	320	-	6,082	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

The organisation has identified it's support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activitiy sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	0	0
Assurance services other than audit or independent examination	0	0
Tax advisory fees	0	0
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	0	0

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)	-	-
Other employee benefits	-	-
Total staff costs	-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

None noted

Band	Number of employees
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

No employees. No payments made to Trustees for services.

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	None
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

11.4 Redundancy payments
Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	None
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense	
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that altough the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

Not applicable

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	**-**	**-**	**-**	**-**

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	***Yes***	***Please provide details of charity's URL.***
	No	***Provide details below***

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		**-**
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets n/a

14.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of the year	-	-	-	-	-	

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB*

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets n/a

15.1 Cost or valuation

	Research & development £	Patents and trademarks £	Other £	Total £
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates	
Policies for the recognition of any capital development	

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.	
(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.	
(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.	
(iv) State the amount of research and development expenditure recognised as expenditure in the year.	
(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.	

(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

** The "transfers" row is for movements between fixed asset categories.*
*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Note 16 Heritage assets n/a

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.	
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.	

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**						Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of year	-	-	-	-	-	

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
qualifications of independent valuer	
the methods applied and significant assumptions	
any significant limitations on the valuation	

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A £	At cost Group B £	Total £
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recoignised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.	
(ii) Describe the significance and nature of heritage assets.	
(iii) Disclose information that is helpful in assessing the value of heritage assets.	
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.	

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	**-**	**-**	**-**	**-**	**-**
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	**-**	**-**	**-**	**-**	**-**
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	**-**	**-**	**-**	**-**	**-**

Note 17 Investment assets

n/a

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

***Please specify additions resulting from acquisitions through business combinations, if any.**

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowlegable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity	
(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments	**This year**	**Last year**
	£	**£**
	-	-
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party	
Name of the entity or entities benefitting from those guarantees	
Please explain how the guarantee furthers the charity's aims	

17.6 Concessionary loans

	Description	**This year £**
Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obsure significant information*).		
	Total	

	Description	This year £
Amount of concessionary loans received ***(Multiple loans received may be disclosed in aggregate provided that such aggregation does not obsure significant information).***		
	Total	

Terms and conditions eg interest rate, security provided	
Value of any concessionary loans which have been committed but not taken up at the reporting date	
Amounts payable within 1 year	
Amounts payable after more than 1 year	
Amounts receivable within 1 year	
Amounts receivable after more than 1 year	

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.	
For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.	
Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.	

Note 18 Stocks

n/a

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	735.0	39.0
Other debtors	500.0	470.0
Total	1,235.0	509.0

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
	-	-
Total	-	-

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	17,579	24,448	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	17,579	24,448	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Donation income received in March 2019 with condition that expenditure would only take place from 2019/2020 onwards was released to income during the current year

Movement in deferred income account	This year £	Last year £
Balance at the start of the reporting period	24,448	17,513
Amounts added in current period	17,579	24,448
Amounts released to income from previous periods	- 24,448	- 17,513
Balance at the end of the reporting period	17,579	24,448

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;	***Not applicable***
- an indication of the uncertainties about the amount or timing of those outflows; and	
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.	

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).	
21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.	

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.	***Not applicable***
22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.	

Note 23 Contingent liabilities and contingent assets n/a

23.1 Contingent liabilities

Where the charity has contingent liabililities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibilty of any reimbursement	
Where it is not practical to make one or more of these disclosures, please state this fact	

Note 24 Cash at bank and in hand

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	62,410	70,647
Other	-	-
Total	62,410	70,647

Note 25 Fair value of assets and liabilities n/a

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

Note 26 Events after the end of the reporting period n/a

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event	
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made	

Note 27 Charity funds

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID on going costs	R	Ongoing COVID expense for hybrid model	-	4,590	- 4,590	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	29,000	- 27,959	-	-	1,041
General fund	U	unrestricted	46,709	40,839	- 42,523	-	-	45,025
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	46,709	74,429	- 75,072	-	-	46,066

Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID response	R	Additional COVID expenses	-	5,390	- 5,390	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	35,132	- 35,132	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	5,400	- 5,400	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	- 2,250	-	-	-
Lottery COVID response	R	Additional COVID expenses	-	9,903	- 9,903	-	-	-
Mid Counties	R	Peer Support training	-	570	- 570	-	-	-
Localgiving	R	Additional COVID expenses	-	1,451	- 1,451	-	-	-
General fund	U	unrestricted	37,001	28,117	- 18,409	-	-	46,709
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	37,001	88,213	- 78,505	-	-	46,709

Note 27 Charity funds (cont)

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)	**None**

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

Please give details of why remuneration or other employment benefits were paid.	Not applicable
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	Not applicable

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify): Training	0	51
TOTAL	0	51

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	0

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)	***TRUE***

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	
For any related party, please provide details of any guarantees given or received.	

Section C	Notes to the accounts	(cont)

Note 29 Additional Disclosures

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of it's charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has been awarded some long term grant funding, most notably £114k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants.
The charity operates a mixture of face to face booked breastfeeding groups alongside one to one and group online support. The Trustees believe it is reasonable to hold enough reserves to enable the organisation to change the mix of face to face and online operations at short notice. Also with the charity moving from a self employed contractor organisation to employing staff the Trustees believe that it is prudent to hold enough reserves to provide a buffer for any unexpected employment costs, emergency expenses and potential redundancy costs, as well as to ensure that funds are available in a timely manner to continue to maintain our level and nature of service provision.
The charity is now holding an increasing number of sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider in reasonable to hold between 6 and 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £45k which represents about 7 months of expenditure, along with an additional £10k of deferred grant income which has been earmarked for future activities.

OXFORDSHIRE BREASTFEEDING SUPPORT

England & Wales - Charity number 1176948

Accounts

OBS
OXFORDSHIRE
BREASTFEEDING
SUPPORT

Supporting your family from pregnancy to weaning

OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2020/21: Pandemic response

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Administrative information

Registered name Oxfordshire Breastfeeding Support

Registered address 21 Complins Close, Oxford, OX2 6PZ

Email team@oxbreastfeedingsupport.org

Registered charity no. 1176948

Trustees

Dr Juliet Rayment (Chair of trustees)
Dr Ilana Levene (Deputy Chair of trustees)
Louise Ellis ACA (Treasurer)
Elizabeth Horwell
Wanja Knighton
Sev Gunes-Lasnet
Danielle Beaumont-Orr (Secretary)

Contracted facilitators

Jayne Joyce (Project Lead)
Lisa Mansour
Charlotte Gilman
Catriana McKie
Julie Gallegos
Emily Tammam

Introduction from the Chair of Trustees

As for everyone, 2020 did not turn out how we expected. We started 2020 celebrating our new grant from the National Lottery Community Fund and then faced a pandemic which drastically disrupted the support available to new mothers.

We are tremendously proud of the way we have been able to completely transform our operations, our care model and our ways of working. As a consequence we have been able to continue delivering breastfeeding support to even more of the county than we did before the pandemic. We have achieved all this without once meeting face to face!

In response to the rise of the Black Lives Matter movement in the Summer, we kickstarted our action to improve support for *all* families, beyond our original plan for 2020 to help make the biggest impact on supporting our communities during the pandemic and into the future.

This year we welcomed Danielle Beaumont-Orr as a Trustee and Kawther Alfasi as our Operations Lead. We are looking forward to reopening our face to face services during 2021. This is an exciting time for OBS - we have embraced many aspects of our new way of working and the next year offers us a chance to reassess how and where we work, to offer families in Oxfordshire the support they need.

Juliet Rayment

Juliet Rayment, Chair of Trustees, April 2021

Aims and objectives

OBS aims to increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.

- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.

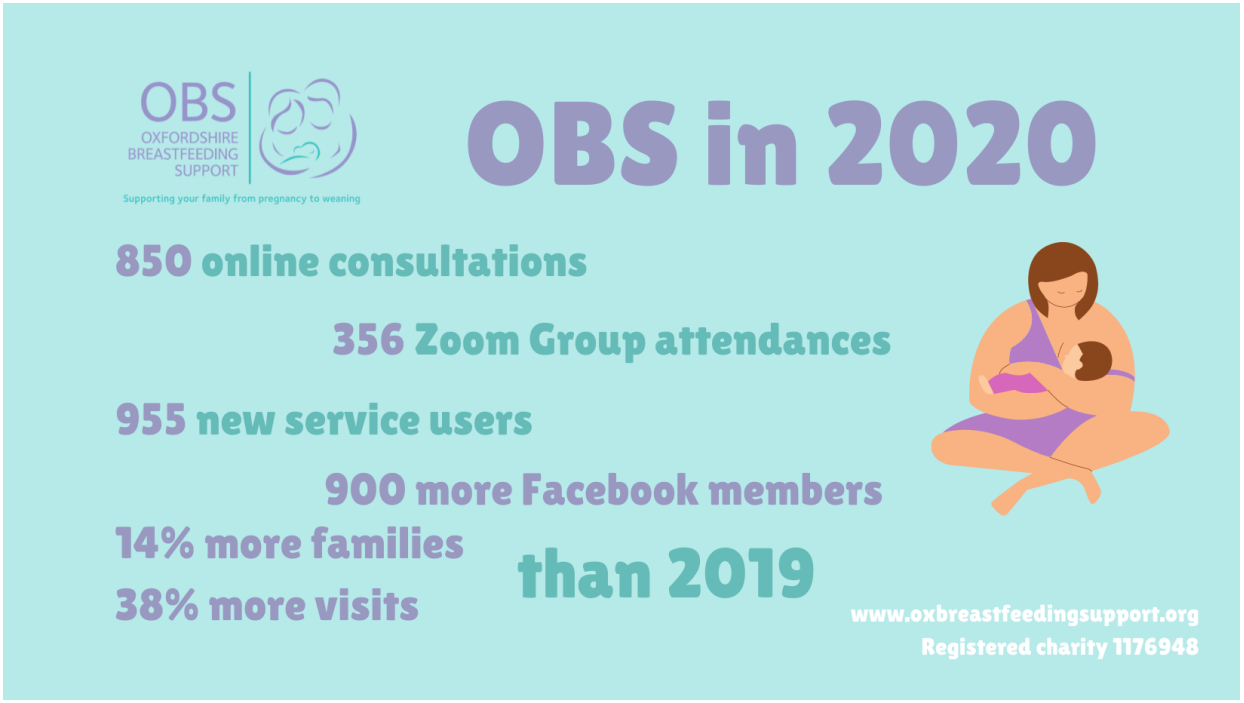
The services we delivered prior to the Covid-19 pandemic to achieve this mission are listed here.

Achievements and performance

Drop-in breastfeeding support sessions: 2020 Plan B!

At the start of 2020, we had big plans for developing new partnerships, opportunities to engage new communities and to open new face to face sessions. Then at the start of March we quickly embarked on '2020 Plan B' because of the Covid-19 pandemic. On March 16th we suspended all our face-to-face work and diverted all funding from our six drop-in sessions to 1:1 consultations by Zoom or telephone.

> "*During lockdown, at home, I was able to access 1:1 support from a smiling OBS face. She gave me encouragement that I was doing the right things, along with expert advice, tips and reassurance that it *would* get better. The true value is that nearly 6 months later, I still see that morning's zoom call as a turning point in our feeding journey. It did get better.*" (Rebecca, Sept 2020)



We were delighted to partner with Didcot Baby Monday and Botley Bridges to offer support to 198 people at their new Zoom groups. Then in June 2020, we launched our **own OBS Zoom Group** and we have been very pleased at the positive response. Our group combines skilled feeding support with social support rooms hosted by volunteers, and breakout rooms on topics such as sleep and complementary foods. 96% of users who responded to our 2021 Impact Survey felt welcome at the online group.

"Just wanted to thank the team for organizing the Sleep session today. Found it extremely helpful and highly recommend it to all mommies!"

(Yasmine El Masri, March 2021)

Virtual breastfeeding support group

New

New

Thursdays ★ 12:30 - 1:30pm on Zoom

OBS
OXFORDSHIRE
BREASTFEEDING
SUPPORT

★ OBS Group ★

Register at bit.ly/OBSgroup

Registered Charity 1176948

Antenatal breastfeeding education sessions

A closed, closely moderated Facebook breastfeeding support group

Our Facebook group increased rapidly in size and activity from the start of the pandemic, from 1600 members to 2500.

We received additional funding to support the rapid increase in our online workload. Our peer supporter volunteers stepped up to take more responsibility on Facebook, including producing information threads about issues such as sleep.

Jayne, Project Lead, wrote an article for the AIMS (Association for Improvements in the Maternity Services) magazine about supporting breastfeeding on Facebook.

94% of users who responded to our 2021 Impact Survey found the Facebook group helpful. They found searching special information threads and previous posts particularly useful. The Facebook group is a deep vein of expertise through experience for anyone to use.

> "*The Facebook group bolstered my mental health as a sometimes pretty scared first time mum. Just being able to scroll through other peoples' posts and replies made me aware, at any time of day or night, that I was not alone*". (Jozie, Facebook group member, Sept 2020)

Other social media platforms have helped us to stay engaged with our service users throughout the pandemic.

Facebook Live broadcasts (April to August)

Facebook "Happy Hours".

Live Q&As incorporating our volunteers.

Regular social media posting on Facebook, Instagram and Twitter,

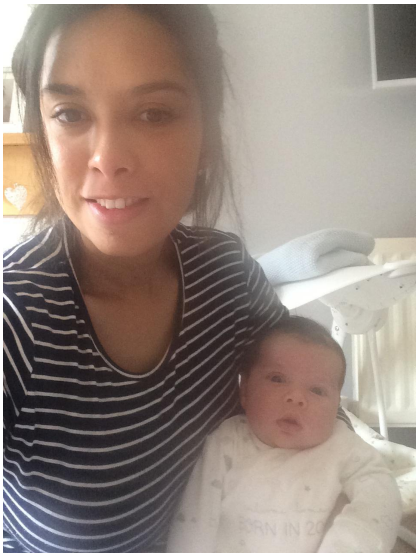
Emails to our list

A podcast for Black Breastfeeding Week (August 2020), and

more to mark Disability History Month.

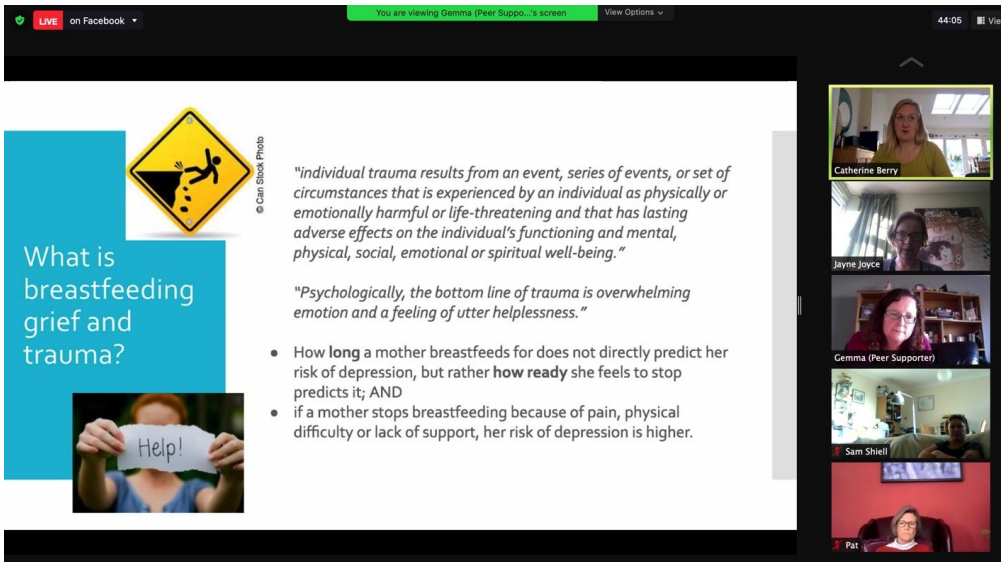
Low-cost loan of breast pumps

We continued our breast pump loan service, run by volunteer Sam Sheill, throughout the pandemic. We loaned 56 times in the year 2020-21, using some of our Lottery funding to increase our stock of pumps in order to meet the new demand.



Peer supporter training

Our peer supporters have taken on more roles and responsibilities since the start of 2020, helping to shape and improve our services. Online meetings have allowed them to connect with each other in a way that wasn't always feasible when volunteering at different drop in sessions. The peer supporters have also taken opportunities in their termly supervision sessions to develop each others' skills, and knowledge of areas like breastfeeding grief and trauma.



OBS peer supporters Cathy & Gemma leading a Zoom training session for our volunteers, Dec 2020

Three new peer supporters, plus two midwives, an IBCLC/neonatal nurse, have joined our volunteers this year and all have been involved in Facebook and the OBS Group.

> "All the peer supporters have such helpful, positive, encouraging, respectful responses." (Facebook group member)

Madi, a graduate student, is our first volunteer working beyond direct breastfeeding support and she now helps us with social media.

Skills development for volunteers & health professionals

Several of our peer supporters are extending their breastfeeding support skills through additional training through the Association of Breastfeeding Mothers and La Leche League. We are delighted that one of our peer supporters has taken on a new paid role as a Maternity Support Worker.

Observation placements

Our relationships with local universities and health visitors have grown during this year. Virtual working has provided many more opportunities for student midwives to observe our practice and observations have increased a third from the previous year. OBS facilitators were also invited to speak at two virtual midwifery feeding study days at Oxford Brookes University.

Health Visiting service staff have observed in several different settings and consulted OBS facilitators on issues such feeding beyond a year and how to identify online resources for parents with specific needs.

Coordination and advocacy at a strategic level

OBS reconvened the Oxfordshire Countywide Breastfeeding Strategy group and has initiated a revision of the joint 2016 guideline on faltering growth. OBS has brought a GP service user onto the strategy group, which is a major new strength.

We have worked with Abingdon Baby Cafe to support their transition to online working - for example supporting them to set up their own Zoom group, with production of publicity materials, creating a basic online data collection system and training their team to use it.

As a key partner in Oxfordshire Baby Friendly Alliance, OBS was very pleased to hear about the progress that Oxford University Hospitals (OUH) NHS Trust have made towards both Maternity and Neonatal Stage 3 accreditation.

OBS has also recruited milk donors for the OUH milk bank, collected images and videos for a maternity infant feeding team video project and attended the Oxfordshire Children & Young People's Forum.

Widening access to breastfeeding support

Supporting Black communities
In response to calls from the Black Lives Matter movement to act on disparities in health outcomes for Black families, we have brought forward much of the work we had planned for the next few years to improve access to our services for Black families and others who might otherwise feel OBS was not for them.

As an urgent response, we contacted all local healthcare professionals encouraging proactive, early referral to feeding support for families experiencing racism. We have worked to further increase the diversity of our facilitators, and think carefully about the language and images we use in our social media and our website.

Our first Black Breastfeeding Week campaign in August saw us platform stories from four local breastfeeding mothers

OBS facilitator Lisa Mansour has taken on the role of OBS Equality, Diversion & Inclusion Lead and she wrote about her personal journey to becoming a Lactation Consultant

> *"...sometimes with nothing more than bold determination (I was a single mother, had no higher education, earned a low wage and am the daughter of an exiled refugee Egyptian father). The system itself is very much skewed towards those with more money and education than I had."*

Black Breastfeeding Week also saw the production of our first OBS podcast by Trustees Wanja Knighton and Juliet Rayment. We followed that up with a Disability History Month campaign later in 2020.

Our new EDI Working Group includes service users and professionals representing a range of underserved communities including parents with disabilities, neurodiverse parents, and Muslim women. Group member Dr Marie Tidball made some short videos for our new YouTube channel about her experience of breastfeeding as a parent with physical disabilities. This working group has suggested key areas to focus on, including representation (in terms of facilitators, volunteers and images) and disability supportive technology. They were particularly excited to hear that OBS trustees Wanja Knighton and Ilana Levene have helped to found a national collaboration called Spectrum, which is working to set up an open access library of images of the lactating breast in diverse skin tones.

The Family Nurse Partnership

One of the most exciting consequences of the pandemic has been a new programme of work with young parents who are supported by Family Nurse Partnership. We have worked with 7 FNP families so far, initially for an antenatal consultation, usually with

their nurses. We then provide flexible postnatal support via WhatsApp, Zoom etc. We are expecting this work to expand during 2021-2.

> *"With help from OBS and Charlotte I have been able to breastfeed [my son], I have been supported fully and will continue to breastfeed. An amazing charity helping me with something beautiful."* (FNP service user, Dec 2020)
> "*I just wanted to say thank you for such a lovely call! [My client] felt so relaxed with you and she said she feels so much more confident now she knows how to ask for help when the baby comes. We really appreciate the work your team does*".
> (FNP nurse, June 2020)

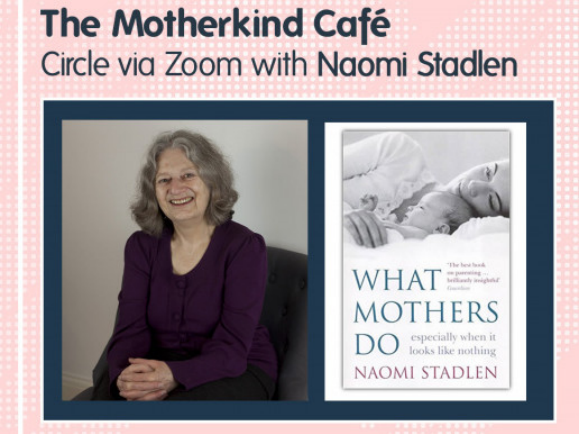
We have continued to use Language Line and have found other flexible solutions for service users' communication needs, for example connecting families with breastfeeding counsellors who speak their first language, and providing email support for a deaf parent who doesn't use BSL.

LGBT Service Users

OBS service users from the **LGBT community** introduced OBS to The LGBT Mummies' Tribe, a grassroots organisation that supports LGBT parents and advocates for better care from health professionals and other services. We introduced LGBTMT to La Leche League GB who are going to co-produce resources on feeding for LGBT families.

Project Lead Jayne meeting with Laura-Rose Thoroughgood, founder of LGBT Mummies Tribe, Nov 2020

The MotherKind Cafe



This year we connected MotherKind postnatal mental health support group with bestselling author and psychotherapist (and breastfeeding counsellor) Noami Stadlen. Naomi led an online discussion for MotherKind. OBS continued to support the MotherKind team with strategy after they secured their first grant funding.

Our partnership has restarted in 2021 with two joint MotherKind/OBS virtual sessions for families on "feeding grief and loss". This is a topic on which our facilitators and volunteers have received training during this year and we plan to do more joint sessions with MotherKind.

> *"It has been a really positive connection, and one that I hope has benefitted mothers to feel less isolated, and stigmatised for seeking support with their mental health after having a baby".* (Emily, Coordinator, MotherKind Cafe)

Supporting research

We have continued to support good research by disseminating surveys online. A Midwifery Masters student at Oxford Brookes University has carried out a project on infant sleep location, which was originally suggested by one of our facilitator team.

All about our service users

Since the start of the pandemic, we have seen an increase in the number of families coming to us and from a far greater area. OBS service users now come from across the county (Figure 1) and unlike in previous years, only 44% of users came from Oxford city this year, a large drop from 84% in 2019.

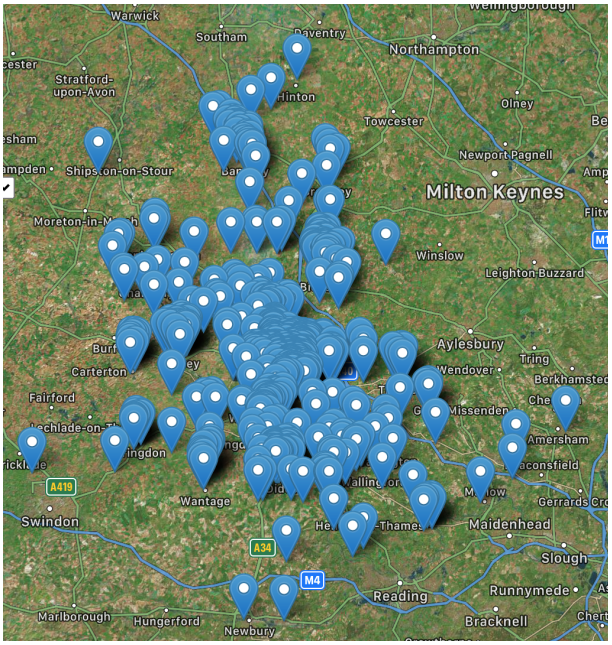
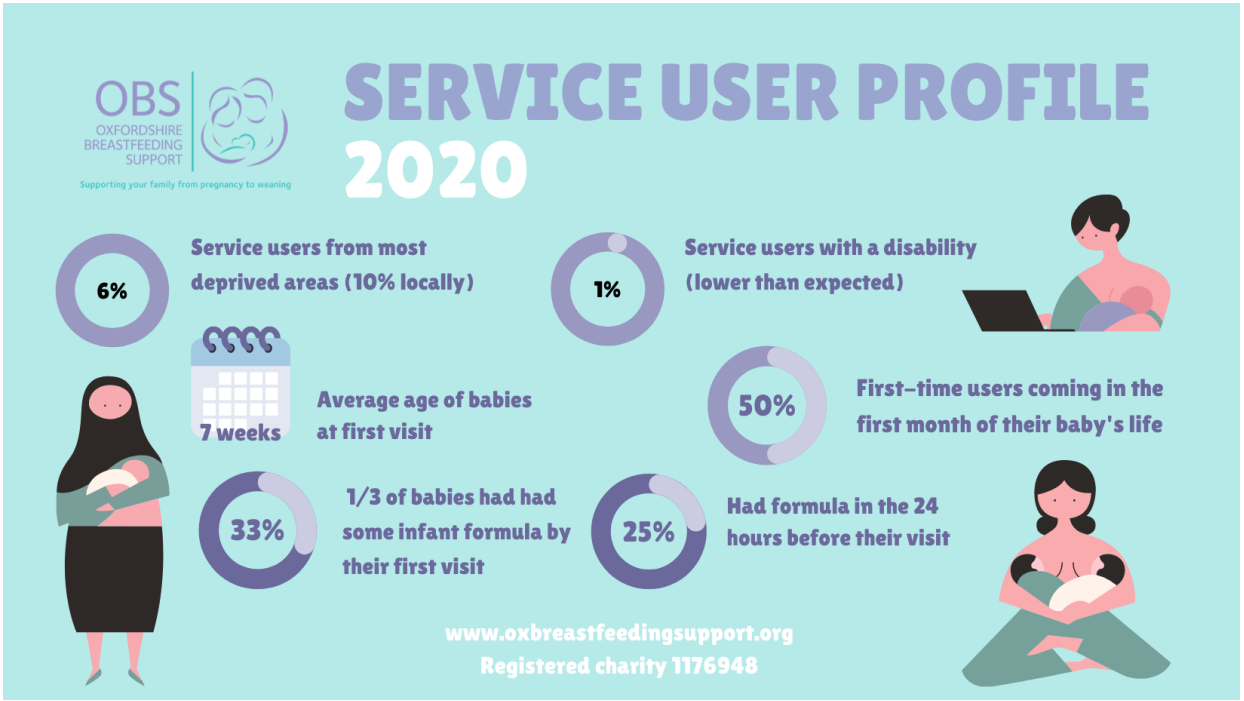


Figure 1: OBS first visitor postcodes in 2020.



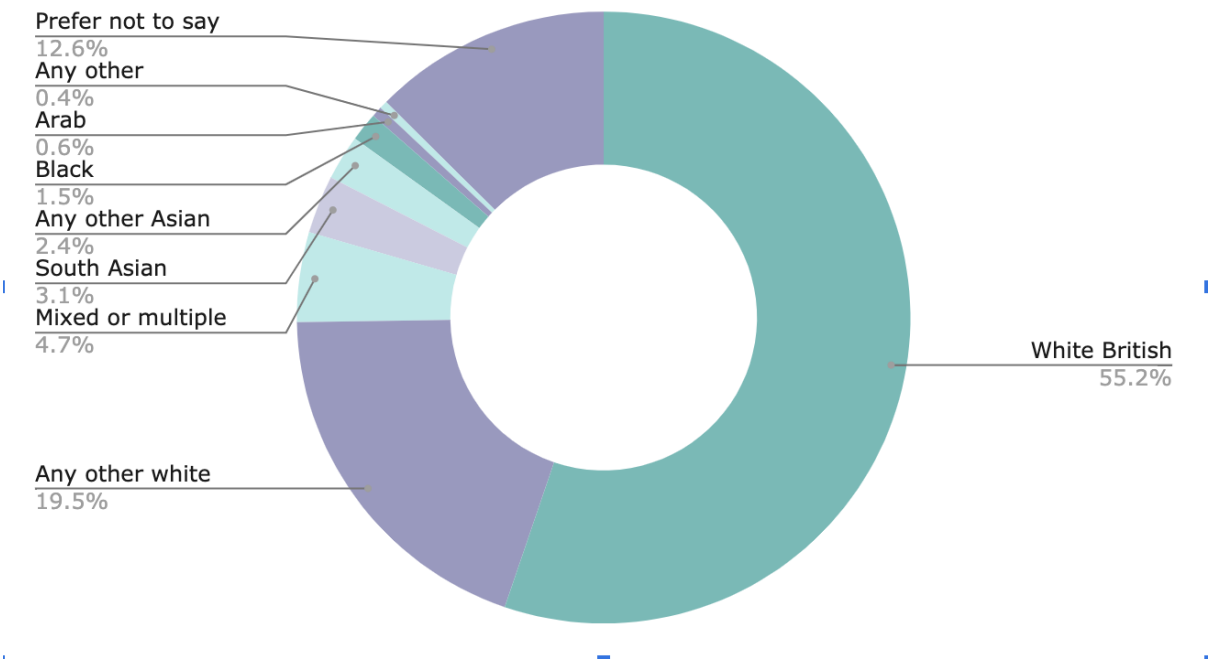


Figure 2: Ethnicity of first time visitors 2020

We are now seeing more younger women, with a greater parity between the age of OBS users and the age of women who are booking their pregnancy locally ('OUH' in figure 3).

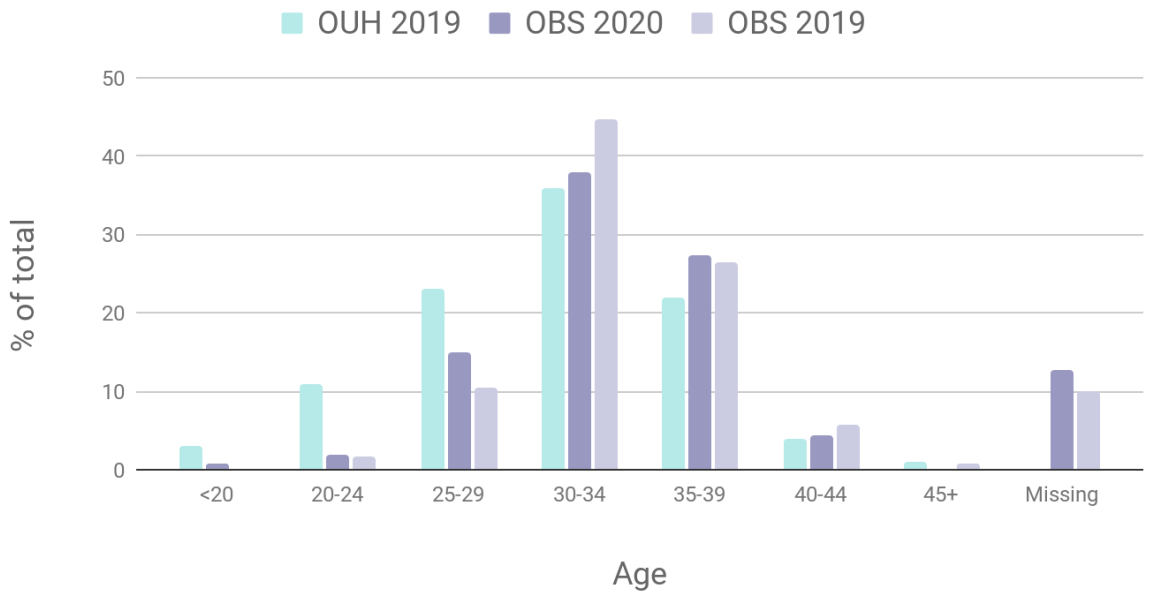


Figure 3: Comparison of age of first visitors

People came to see us for many reasons: most commonly pain, infant behaviour and antenatal preparation. Many more people came to us for help with sleep than in 2019 (12% vs 2% - probably because of the special OBS Group sessions on sleep). The number of people asking about a tongue tie was about half what it was last year (6% vs 12%).

We made fewer referrals to other services this year due to the reduction in the services available outside OBS.

Financial report

This year saw a sudden refocus on applying for emergency funding to ensure that the organisation could respond promptly to the challenges faced by the pandemic. These successful funding bids to OCF and the Lottery, and the opportunity to present our work at The Funding Network's "***Oxford Gives***" crowdfunding event in November enabled OBS to reinvent itself as an online provider and helped to ensure that there was no break in the service delivered.

As a result of receiving funding to cover the additional costs of our COVID response the existing funding streams were able to be used towards our core service provision, although the delivery of service changed from face to face to online.

During the next financial year, we have already secured a grant from OCF to assist in the transition from a fully online service to once again holding face to face sessions as restrictions allow.

We are able to continue expanding our service, using the long term funding awarded by the Lottery and also from the continued support of several individuals who are again generously providing significant donations to us for the forthcoming financial year.

Find the full 2020/21 accounts here.

During 2020/21 a surplus of £9,707 was recorded (2019/20 deficit £10,026), due to general donation income being higher than expected, as well being able to secure all additional funding needed to meet the increased running costs of our COVID response.

Income for the year was £88,213 (2019/20 £47,568)

Included in this figure is £15,293 of COVID response funding and £35,132 Lottery grant funding. This Lottery funding has been put towards maintaining and increasing the number of sessions we offer as well as investing in new service streams. These areas have been invested in according to our 5 year plan.

Expenses during the year were £78,506 (prior year £57,594).

£15,293 of these expenses were directly related to the COVID response. The majority of costs are allocated to facilitator time running sessions and managing the organisation, including providing breastfeeding support via our closed Facebook group and communicating with health professionals.

Other running costs, which relate to insurance, fees and other expenses have remained broadly in line with the prior year.

A reserves policy has been agreed by Trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

Donors

- Lottery Covid Response grant: £9,903
- Oxford Gives: £1,400 in this financial year; further £2,923 to be spent in 2021/22
- Local giving /DCMS Covid response: £1,451
- OCF Covid set up costs grant: £5,390
- MidCounties Co op grant for peer supporter training: £570
- Donations from current service users and the community: £9,522
- Two anonymous major donors

As well as Year 2 funding from the Lottery grant of £35,132

Louise Ellis, ACA, OBS Treasurer

Risks 2020-21

The major risks in the next financial year centre on the uncertainty of restrictions on face to face support caused by the ongoing Covid-19 pandemic. Restrictions are likely to continue to fluctuate with recurrent surges of infection. Getting things wrong risks our facilitators and users being unnecessarily exposed to infection, and has a reputational risk. Running a purely virtual service is the simplest option, but our service users are telling us how much they need and value face to face support. We will need to build a resilient and flexible face to face offering and decide how to balance this with some virtual services.

In a similar vein, OBS will need to decide whether to pursue the expansion plan to Banbury during these uncertain times, when collaborating with stakeholders on the ground is more difficult. Our service users have emphasised that the North of the county

requires a better service, but our virtual provision has already made a big difference to our geographical reach. An expansion that falls flat would be a reputational risk for OBS. Although we have strong links with local NHS and Health Visiting teams, there is a risk that the service they can offer families in Oxfordshire will reduce because of pandemic related pressures. Access to GP services has also become more variable and families' health seeking behaviours have changed according to their perception of risk. This could mean that more babies with medical problems are seen and discussed within OBS. We need to ensure we are identifying these and referring them appropriately.

The political climate is changing at a rapid pace in relation to the field of infant feeding - 'The Best Start for Life: A Vision for the 1,001 Critical Days', the *Becoming Breastfeeding Friendly* project and the division of Public Health England will all be very important to OBS and may have an impact on funding sources.

Further deterioration of the economic health of the UK will also be an important factor for OBS' financial health, with potentially less funding for charities available and strain on the disposable income of our users who currently show us such generosity.

Previously identified risks such as safeguarding incidents, families disappointed or unhappy with their experience and inaccessibility to some families remain on our radar.

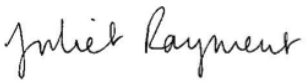
Looking towards 2021-22

As we move into the new year, we are looking forward to starting to provide face to face services once again. This is a turning point for the charity, as the pandemic has radically changed the reach and access of our services and how we support people.

We will be looking to reopen drop-ins in new parts of the county, in response to the findings from our impact assessment about where our service users really need us to be. We will also be integrating virtual support with face to face services in a way we haven't before. Our plans to reopen face to face services have been fraught with uncertainty, but we are in the process of liaising with potential new venues and making a timetable for us to reopen. We now look forward to opening our Banbury drop-in in Spring 2022.

The next year will see us continuing and expanding our Lottery funded programme to improve access to our services for families who may not see OBS as for them - particularly those who experience racism, LGBT+ service users and those with disabilities. We will continue to provide support to young parents alongside the Family Nurse Partnership and look forward to restarting our work with Motherkind Cafe.

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity's trustees:

Signature(s) 

Full name(s) Juliet Rayment

Position: Chair of Trustees

Independent Examiner's Report to the Trustees of Oxfordshire Breastfeeding Support

I report to the trustees on my examination of the accounts of the Oxfordshire Breastfeeding Support (The Charitable Incorporated Organisation, or CIO) for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:
Name: Charlotte Morley
Relevant professional qualification or membership of professional bodies (if any):
Address: 55 Sinclair Avenue, Banbury, OX16 1BG
Date: 28 July 2021

CHARITY COMMISSION FOR ENGLAND AND WALES

Oxfordshire Breastfeeding Support			Charity No (if any)	1176948	
Annual accounts for the period					
Period start date	**01.04.2020**	**To**	Period end date	31.03.2021	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	25,623	60,096	-	85,719	38,856
Charitable activities	S02	1,050	-	-	1,050	920
Other trading activities	S03	1,444	-	-	1,444	7,792
Investments	S04	-	-		-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	28,117	60,096	-	88,213	47,568
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	2,592	-	-	2,592	3,108
Charitable activities	S09	14,043	56,529	-	70,572	50,610
Separate material item of expense	S10	-	-	-	-	-
Other	S11	1,771	3,567	-	5,338	3,877
Total	S12	18,406	60,096	-	78,502	57,595
Net income/(expenditure) before investment gains/(losses)	S13	9,711	-	-	9,711	- 10,027
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	9,711	-	-	9,711	- 10,027
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	9,711	-	-	9,711	- 10,027
Reconciliation of funds:						
Total funds brought forward	S21	36,997	-	-	36,997	47,024
Total funds carried forward	S22	46,708	-	-	46,708	36,997

Section B Balance sheet

	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets		F01	F02	F03	F04	F05
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	509	-	-	509	1,013
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	70,647	-	-	70,647	49,582
Total current assets	B10	71,156	-	-	71,156	50,595
Creditors: amounts falling due within one year (Note 20)	B11	24,448	-	-	24,448	13,598
Net current assets/(liabilities)	B12	46,708	-	-	46,708	36,997
Total assets less current liabilities	B13	46,708	-	-	46,708	36,997
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	46,708	-	-	46,708	36,997
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	46,708	-	-	46,708	36,997
Revaluation reserve	B20	-	-	-	-	
Total funds	B21	46,708	-	-	46,708	36,997

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy

Section C Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***The charity is holding around 7 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding agreed for the next 3 years so the Trustess consider the charity to be a going concern***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the change in accounting policy;	

(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy	**Not applicable , no changes to accounting policies**

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: 〈 the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and 〈 the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	✓		
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	✓		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period			✓
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.			✓
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	✓		

		Yes	No	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.			✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓	No	N/a
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	✓		
Redundancy cost	The charity made no redundancy payments during the reporting period.			✓
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.			✓

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.			✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5			✓
	They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.			✓
	They are valued at cost.			✓

		Yes	No	N/a
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓	✓	✓
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	✓	✓	✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	25,153	1,451	-	26,604	26,366
	Gift Aid	470	-	-	470	624
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	58,645	-	58,645	11,866
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	25,623	60,096	-	85,719	38,856
Charitable activities:		-	-	-	-	-
	Breast pump hire	1,050	-	-	1,050	920
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,050	-	-	1,050	920
Other trading activities:	Fundraising	1,444	-	-	1,444	7,792
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,444	-	-	1,444	7,792
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		28,117	60,096	-	88,213	47,568

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)	OCF COVID set up costs £5,390; OCF Barton sessions £2,250; Tampon Tax Donnington sessions £5,400; National Lottery Grant existing and expanded sessions £35,132; National Lottery grant COVID reponse £9,903; Mid Counties Coop Peer Supporter training £570

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.	
Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)	

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Not applicable

Please give details of other forms of government assistance from which the charity has directly benefited.

Not applicable

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise , peer supporters help with ensuring appropiate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also orgainse fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme. During the year all sessions were delivered virtually and peer supporters attended group sessions to help with welcome and discussion; lead break out rooms on specific topics; and helped with support given on Facebook groups

Note 6 Analysis of expenditure

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	2,592	-	-	2,592	2,592
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants					
	Operating membership schemes and social lotteries					
	Staging fundraising events	-			-	516
	Fudraising agents					
	Operating charity shops					
	Operating a trading company undertaking non-charitable trading activity					
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities					
	Investment management costs:	-	-	-	-	
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	2,592	-	-	2,592	3,108
Expenditure on charitable activities	Facilitator session fees	6,564	33,804	-	40,368	29,280
	Facilitator project running costs	6,811	20,212	-	27,023	19,440
	Antenatal and peer support sessions	668	2,513	-	3,181	1,891
		-	-	-	-	-
	Total expenditure on charitable activities	14,043	56,529	-	70,572	50,611
Separate material item of expense		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-

Other

Insurance	76	182	-	258	258
Equipment	368	500	-	868	-
Administration	1,333	2,885	-	4,218	3,568
Volunteer expenses	-	-	-	-	-
Trustee expenses	-	-	-	-	51
Total other expenditure	1,777	3,567	-	5,344	3,877

TOTAL EXPENDITURE	18,412	60,096	-	78,508	57,596

Other information:

Analysis of expenditure on charitable activities

Activity or programme	**Activities undertaken directly**	**Grant funding of activities**	**Support Costs**	**Total this year**	***Total prior year***
	£	**£**	**£**	**£**	**£**
Sessions	Drop ins and online support	62047	5344	67391	48720
Training	Antenatal sessions and peer support training	3181		3181	1891
Other					
Total		65228	5344	70572	50611

Prior year expenditure on charitable activities can be analysed as follows:	Charitable activites last year were split between grant funding £50,611 and support costs £3,876
Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)	Material items of expenditure are facilitator direct session costs and project management costs. 2020/21 £67,391 (2019/20 £48,720)

Section C Notes to the accounts (cont)

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extrordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
	Total	-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please discose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C Notes to the accounts

Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Drop in sessions/online support £	Peer support/Antenatal £	£	Grand total £	Basis of allocation (Describe method)
Governance	-	-		-	-	
Insurance	-	250	8	-	258	Time spent
Website and other fees	-	2,895	57	-	2,952	Time spent
	-	-		-	-	
Other	-	2,101	33	-	2,134	Time spent
Total	-	5,246	98	-	5,344	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

The organisation has identified it's support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activitiy sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	0	0
Assurance services other than audit or independent examination	0	0
Tax advisory fees	0	0
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	0	0

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)	-	-
Other employee benefits	-	-
Total staff costs	-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

None noted

Band	Number of employees
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

No employees. No payments made to Trustees for services.

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	None
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

11.4 Redundancy payments
Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	None
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense	Not applicable
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that altough the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Section C Notes to the accounts (cont)

Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

Not applicable

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	**-**	**-**	**-**	**-**

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	***Yes***	***Please provide details of charity's URL.***
	No	***Provide details below***

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		**-**
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets n/a

14.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of the year	-	-	-	-	-	

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB*

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets n/a

15.1 Cost or valuation

	Research & development £	Patents and trademarks £	Other £	Total £
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates	

Policies for the recognition of any capital development	

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.	
(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.	
(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.	
(iv) State the amount of research and development expenditure recognised as expenditure in the year.	
(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.	
(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.	

** The "transfers" row is for movements between fixed asset categories.*
*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Note 16 Heritage assets n/a

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.	
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.	

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**						Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of year	-	-	-	-	-	

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
qualifications of independent valuer	
the methods applied and significant assumptions	
any significant limitations on the valuation	

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A £	At cost Group B £	Total £
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recoignised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.	
(ii) Describe the significance and nature of heritage assets.	
(iii) Disclose information that is helpful in assessing the value of heritage assets.	
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.	

16.9 Five year summary of heritage assets transactions

	2015 £	2014 £	2013 £	2012 £	2011 £
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					

Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	**-**	**-**	**-**	**-**	**-**
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	**-**	**-**	**-**	**-**	**-**
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	**-**	**-**	**-**	**-**	**-**

Note 17 **Investment assets** **n/a**

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

***Please specify additions resulting from acquisitions through business combinations, if any.**

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowlegable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity

(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments	**This year**	**Last year**
	£	**£**
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party	
Name of the entity or entities benefitting from those guarantees	
Please explain how the guarantee furthers the charity's aims	

17.6 Concessionary loans

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obsure significant information*).

Description	**This year £**	**Last year £**
Total		

Amount of concessionary loans received *(Multiple loans received may be disclosed in aggregate provided that such aggregation does not obsure significant information).*

Description	**This year £**	**Last year £**
Total		

Terms and conditions eg interest rate, security provided	

Value of any concessionary loans which have been committed but not taken up at the reporting date	
Amounts payable within 1 year	
Amounts payable after more than 1 year	
Amounts receivable within 1 year	
Amounts receivable after more than 1 year	

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.	
For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.	
Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.	

Note 18 Stocks

n/a

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Section C Notes to the accounts (cont)

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	39.0	167.0
Other debtors	470.0	846.0
Total	509.0	1,013.0

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
	-	-
Total	-	-

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	24,448	13,598	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	24,448	13,598	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Donation income received in March 2019 with condition that expenditure would only take place from 2019/2020 onwards was released to income during the current year

Movement in deferred income account	This year £	Last year £
Balance at the start of the reporting period	7,650	-
Amounts added in current period	17,513	1,173
Amounts released to income from previous periods	- 7,650	-
Balance at the end of the reporting period	17,513	1,173

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;	***Not applicable***
- an indication of the uncertainties about the amount or timing of those outflows; and	
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.	

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).	
21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.	

Section C	Notes to the accounts	(cont)

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.	***Not applicable***
22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.	

Note 23 Contingent liabilities and contingent assets n/a

23.1 Contingent liabilities

Where the charity has contingent liabililities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibilty of any reimbursement	
Where it is not practical to make one or more of these disclosures, please state this fact	

Section C	Notes to the accounts	(cont)

Note 24 **Cash at bank and in hand**

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	70,647	49,585
Other	-	-
Total	70,647	49,585

Note 25 Fair value of assets and liabilities n/a

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

Section C Notes to the accounts (cont)

Note 26 Events after the end of the reporting period n/a

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event	
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made	

Note 27 Charity funds

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID response	R	Additional COVID expenses	-	5,390	- 5,390	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	35,132	- 35,132	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	5,400	- 5,400	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	- 2,250	-	-	-
Lottery COVID response	R	Additional COVID expenses	-	9,903	- 9,903	-	-	-
Mid Counties	R	Peer Support training	-	570	- 570	-	-	-
Localgiving	R	Additional COVID expenses	-	1,451	- 1,451	-	-	-
General fund	U	unrestricted	37,001	28,117	- 18,409	-	-	46,709
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	37,001	88,213	- 78,505	-	-	46,709

Note 27 Charity funds (cont)

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF antentatal fund	R	To run monthly antental sessions and yearly peer support sessions	595	-	- 595	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	8,536	- 8,536	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	1,080	- 1,080	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	- 2,250	-	-	-
SOFR fund	R	To run SOFR sessions	-	4,605	- 4,605	-	-	-
General fund	U	unrestricted	46,429	31,097	- 40,525	-	-	37,001
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	47,024	47,568	- 57,591	-	-	37,001

Note 27 Charity funds (cont)

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)	None

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

Please give details of why remuneration or other employment benefits were paid.	Not applicable
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	Not applicable

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify): Training	0	51
TOTAL	0	51

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	0

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)	***TRUE***

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	

For any related party, please provide details of any guarantees given or received.	

Note 29 Additional Disclosures

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of it's charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has been awarded some long term grant funding, most notably £114k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants.

At present the drop in sessions are held online, however as the transition is made back to face to face then extra costs may be incurred and the Trustees believe itis reasonable to hold cash reserves to enable rental payments to be made. Also with operating conditions likely to be uncertain for the foreseeable future the Trustees believe that it is prudent to hold enough reserves to provide a buffer for any emergency expenses, as well as to ensure that funds are available in a timely manner to continue to expand our level and nature of service provision.

The charity is now holding an increasing number of sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider in reasonable to hold around 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £47k which represents about 8 months of expenditure, along with an additional £17k of deferred grant income which has been earmarked for future activities.

Independent Examiner's Report to the Trustees of Oxfordshire Breastfeeding Support

I report to the trustees on my examination of the accounts of the Oxfordshire Breastfeeding Support (The Charitable Incorporated Organisation, or CIO) for the year ended 31 March 2021.

Responsibilities and basis of report
As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act'). I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the CIO as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:
Name: Charlotte Morley
Relevant professional qualification or membership of professional bodies (if any):
Address: 55 Sinclair Avenue, Banbury, OX16 1BG
Date: 28 July 2021

CHARITY COMMISSION FOR ENGLAND AND WALES

Oxfordshire Breastfeeding Support			Charity No (if any)	1176948	
Annual accounts for the period					
Period start date	**01.04.2020**	**To**	Period end date	31.03.2021	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total funds £ F04	Prior year funds £ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	25,623	60,096	-	85,719	38,856
Charitable activities	S02	1,050	-	-	1,050	920
Other trading activities	S03	1,444	-	-	1,444	7,792
Investments	S04	-	-		-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	28,117	60,096	-	88,213	47,568
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	2,592	-	-	2,592	3,108
Charitable activities	S09	14,043	56,529	-	70,572	50,610
Separate material item of expense	S10	-	-	-	-	-
Other	S11	1,771	3,567	-	5,338	3,877
Total	S12	18,406	60,096	-	78,502	57,595
Net income/(expenditure) before investment gains/(losses)	S13	9,711	-	-	9,711	- 10,027
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	9,711	-	-	9,711	- 10,027
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	9,711	-	-	9,711	- 10,027
Reconciliation of funds:						
Total funds brought forward	S21	36,997	-	-	36,997	47,024
Total funds carried forward	S22	46,708	-	-	46,708	36,997

Section B Balance sheet

	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Fixed assets		F01	F02	F03	F04	F05
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	509	-	-	509	1,013
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	70,647	-	-	70,647	49,582
Total current assets	B10	71,156	-	-	71,156	50,595
Creditors: amounts falling due within one year (Note 20)	B11	24,448	-	-	24,448	13,598
Net current assets/(liabilities)	B12	46,708	-	-	46,708	36,997
Total assets less current liabilities	B13	46,708	-	-	46,708	36,997
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	46,708	-	-	46,708	36,997
Funds of the Charity						
Endowment funds (Note 27)	B17	-			-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	46,708	-	-	46,708	36,997
Revaluation reserve	B20	-	-	-	-	
Total funds	B21	46,708	-	-	46,708	36,997

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy

Section C Notes to the accounts

Note 1 **Basis of preparation**

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

• and with*	✓	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	✓	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)

• and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*	✓

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	***The charity is holding around 7 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding agreed for the next 3 years so the Trustess consider the charity to be a going concern***
Disclosure of any uncertainties that make the going concern assumption doubtful;	***Not applicable***
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	***Not applicable***

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the change in accounting policy;	

(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and	
(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of any changes;	
(ii) the effect of the change on income and expense or assets and liabilities for the current period; and	
(iii) where practicable, the effect of the change in one or more future periods.	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	✓	* -Tick as appropriate
No*		

Please disclose:

(i) the nature of the prior period error;	
(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and	
(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy	**Not applicable , no changes to accounting policies**

Reconcilation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
Adjustments:		
Fund balance as restated		

Reconcilation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of £
Net income/(expenditure) as previously stated	
Adjustments:	
Previous period net income/(expenditure) as restated	

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

		Yes	No	N/a
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: 〈 the charity becomes entitled to the resources; · it is more likely than not that the trustees will receive the resources; and 〈 the monetary value can be measured with sufficient reliability.	✓		
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	✓		
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	✓		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	✓		
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			✓
Government grants	The charity has received government grants in the reporting period			✓
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	✓		
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.			✓
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			✓
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			✓
Support costs	The charity has incurred expenditure on support costs.	✓		
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	✓		

		Yes	No	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	✓		
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.			✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.			✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			✓

2.3 EXPENDITURE AND LIABILITIES

		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	✓		
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	✓	No	N/a
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	✓		
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.			✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	✓		
Redundancy cost	The charity made no redundancy payments during the reporting period.			✓
Deferred income	No material item of deferred income has been included in the accounts.	✓		
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	✓		
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	✓		
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.			✓

2.4 ASSETS

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.			✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5			✓
	They are valued at cost.			✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.			✓
	They are valued at cost.			✓

		Yes	No	N/a
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	✓	✓	✓
Current asset investments	The charity has has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	✓	✓	✓

POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE

Note 3 Analysis of income

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	25,153	1,451	-	26,604	26,366
	Gift Aid	470	-	-	470	624
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	58,645	-	58,645	11,866
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	
	Total	25,623	60,096	-	85,719	38,856
Charitable activities:		-	-	-	-	-
	Breast pump hire	1,050	-	-	1,050	920
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,050	-	-	1,050	920
Other trading activities:	Fundraising	1,444	-	-	1,444	7,792
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,444	-	-	1,444	7,792
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		28,117	60,096	-	88,213	47,568

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)	OCF COVID set up costs £5,390; OCF Barton sessions £2,250; Tampon Tax Donnington sessions £5,400; National Lottery Grant existing and expanded sessions £35,132; National Lottery grant COVID reponse £9,903; Mid Counties Coop Peer Supporter training £570

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.	
Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)	

Note 4 Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Not applicable

Please give details of other forms of government assistance from which the charity has directly benefited.

Not applicable

Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-
	-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise , peer supporters help with ensuring appropiate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also orgainse fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme. During the year all sessions were delivered virtually and peer supporters attended group sessions to help with welcome and discussion; lead break out rooms on specific topics; and helped with support given on Facebook groups

Note 6 Analysis of expenditure

	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurred seeking donations	2,592	-	-	2,592	2,592
	Incurred seeking legacies	-	-	-	-	-
	Incurred seeking grants					
	Operating membership schemes and social lotteries					
	Staging fundraising events	-			-	516
	Fudraising agents					
	Operating charity shops					
	Operating a trading company undertaking non-charitable trading activity					
	Advertising, marketing, direct mail and publicity	-	-	-	-	-
	Start up costs incurred in generating new source of future income	-	-	-	-	-
	Database development costs	-	-	-	-	-
	Other trading activities					
	Investment management costs:	-	-	-	-	
	Portfolio management costs	-	-	-	-	-
	Cost of obtaining investment advice	-	-	-	-	-
	Investment administration costs	-	-	-	-	-
	Intellectual property licencing costs	-	-	-	-	-
	Rent collection, property repairs and maintenance charges	-	-	-	-	-
		-	-	-	-	-
	Total expenditure on raising funds	2,592	-	-	2,592	3,108
Expenditure on charitable activities	Facilitator session fees	6,564	33,804	-	40,368	29,280
	Facilitator project running costs	6,811	20,212	-	27,023	19,440
	Antenatal and peer support sessions	668	2,513	-	3,181	1,891
		-	-	-	-	-
	Total expenditure on charitable activities	14,043	56,529	-	70,572	50,611
Separate material item of expense		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-

Other

Insurance	76	182	-	258	258
Equipment	368	500	-	868	-
Administration	1,333	2,885	-	4,218	3,568
Volunteer expenses	-	-	-	-	-
Trustee expenses	-	-	-	-	51
Total other expenditure	1,777	3,567	-	5,344	3,877

TOTAL EXPENDITURE	18,412	60,096	-	78,508	57,596

Other information:

Analysis of expenditure on charitable activities

Activity or programme	**Activities undertaken directly**	**Grant funding of activities**	**Support Costs**	**Total this year**	***Total prior year***
	£	**£**	**£**	**£**	**£**
Sessions	Drop ins and online support	62047	5344	67391	48720
Training	Antenatal sessions and peer support training	3181		3181	1891
Other					
Total		65228	5344	70572	50611

Prior year expenditure on charitable activities can be analysed as follows:	Charitable activites last year were split between grant funding £50,611 and support costs £3,876
Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)	Material items of expenditure are facilitator direct session costs and project management costs. 2020/21 £67,391 (2019/20 £48,720)

Section C Notes to the accounts (cont)

Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extrordinary items		-	-

Section C Notes to the accounts

Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
	Total	-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please discose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C Notes to the accounts

Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds £	Drop in sessions/online support £	Peer support/Antenatal £	£	Grand total £	Basis of allocation (Describe method)
Governance	-	-		-	-	
Insurance	-	250	8	-	258	Time spent
Website and other fees	-	2,895	57	-	2,952	Time spent
	-	-		-	-	
Other	-	2,101	33	-	2,134	Time spent
Total	-	5,246	98	-	5,344	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

The organisation has identified it's support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activitiy sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

Section C Notes to the accounts

Note 10 Details of certain items of expenditure

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

	This year £	Last year £
Independent examiner's fees	0	0
Assurance services other than audit or independent examination	0	0
Tax advisory fees	0	0
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	0	0

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

	This year £	Last year £
Salaries and wages	-	-
Social security costs	-	-
Pension costs (defined contribution scheme)	-	-
Other employee benefits	-	-
Total staff costs	-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

None noted

Band	Number of employees
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

No employees. No payments made to Trustees for services.

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment	None
Please state the legal authority or reason for making the payment	n/a
Please state the amount of the payment (or value of any waiver of a right to an asset)	n/a

11.4 Redundancy payments
Please complete if any redundancy or termination payment is made in the period.

Total amount of payment	None
The nature of the payment (cash, asset etc.)	n/a
The extent of redundancy funding at the balance sheet date	n/a
Please state the accounting policy for any redundancy or termination payments	n/a

Note 12 Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

12.1 Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense	Not applicable
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.

Please confirm that altough the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Section C Notes to the accounts (cont)

Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

Not applicable

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	**-**	**-**	**-**	**-**

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.	***Yes***	***Please provide details of charity's URL.***
	No	***Provide details below***

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		**-**
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets n/a

14.1 Cost or valuation

	Freehold land & buildings £	Other land & buildings £	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Total £
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of the year	-	-	-	-	-	

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied and significant assumptions	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.	
(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.	
(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.	

** The "transfers" row is for movements between fixed asset categories.*

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB*

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets n/a

15.1 Cost or valuation

	Research & development £	Patents and trademarks £	Other £	Total £
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

****Basis**	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**					
At beginning of the year	-	-	-	-	
Disposals	-	-	-	-	
Amortisation	-	-	-	-	
Impairment	-	-	-	-	
Transfers*	-	-	-	-	
At end of year	-	-	-	-	

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates	

Policies for the recognition of any capital development	

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
the methods applied	
the carrying amount that would have been recognised had the assets been carried under the cost model.	

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.	
(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.	
(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.	
(iv) State the amount of research and development expenditure recognised as expenditure in the year.	
(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.	
(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.	

** The "transfers" row is for movements between fixed asset categories.*
*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.*

Note 16 Heritage assets n/a

Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

(i) Explain the nature and scale of heritage assets held.	
(ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.	

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

****Basis**						Straight Line ("SL") or Reducing Balance ("RB")
**** Rate**						
At beginning of the year	-	-	-	-	-	
Disposals	-	-	-	-	-	
Depreciation	-	-	-	-	-	
Impairment	-	-	-	-	-	
Transfers*	-	-	-	-	-	
At end of year	-	-	-	-	-	

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.	

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation	
the name of independent valuer, if applicable	
qualifications of independent valuer	
the methods applied and significant assumptions	
any significant limitations on the valuation	

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A £	At cost Group B £	Total £
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recoignised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.	
(ii) Describe the significance and nature of heritage assets.	
(iii) Disclose information that is helpful in assessing the value of heritage assets.	
(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.	

16.9 Five year summary of heritage assets transactions

	2015 £	2014 £	2013 £	2012 £	2011 £
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					

Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	**-**	**-**	**-**	**-**	**-**
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	**-**	**-**	**-**	**-**	**-**
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	**-**	**-**	**-**	**-**	**-**

Note 17 **Investment assets** **n/a**

Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

***Please specify additions resulting from acquisitions through business combinations, if any.**

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowlegable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity

(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments	**This year**	**Last year**
	£	**£**
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party	
Name of the entity or entities benefitting from those guarantees	
Please explain how the guarantee furthers the charity's aims	

17.6 Concessionary loans

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obsure significant information*).

Description	**This year £**	**Last year £**
Total		

Amount of concessionary loans received *(Multiple loans received may be disclosed in aggregate provided that such aggregation does not obsure significant information).*

Description	**This year £**	**Last year £**
Total		

Terms and conditions eg interest rate, security provided	

Value of any concessionary loans which have been committed but not taken up at the reporting date	
Amounts payable within 1 year	
Amounts payable after more than 1 year	
Amounts receivable within 1 year	
Amounts receivable after more than 1 year	

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.	
For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.	
Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.	

Note 18 Stocks

n/a

Please complete this note if the charity holds any stock items

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other trading activities:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Other:					
Opening	-	-	-	-	-
Added in period	-	-	-	-	-
Expensed in period	-	-	-	-	-
Impaired	-	-	-	-	-
Closing	**-**	**-**	**-**	**-**	**-**
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

18.2 Please specify the carrying amount of any stocks pledged as security for liabilities

Section C Notes to the accounts (cont)

Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	39.0	167.0
Other debtors	470.0	846.0
Total	509.0	1,013.0

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
	-	-
Total	-	-

Note 20 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	24,448	13,598	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	24,448	13,598	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Donation income received in March 2019 with condition that expenditure would only take place from 2019/2020 onwards was released to income during the current year

Movement in deferred income account	This year £	Last year £
Balance at the start of the reporting period	7,650	-
Amounts added in current period	17,513	1,173
Amounts released to income from previous periods	- 7,650	-
Balance at the end of the reporting period	17,513	1,173

Note 21 Provisions for liabilities and charges

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;	***Not applicable***
- an indication of the uncertainties about the amount or timing of those outflows; and	
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.	

21.2 Movements in recognised provisions and funding commitment during the period

	This year £	Last year £
Balance at the start of the reporting period	-	-
Amounts added in current period	-	-
Amounts charged against the provision in the current period	-	-
Unused amounts reversed during the period	-	-
Balance at the end of the reporting period	-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).	
21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.	

Section C	Notes to the accounts	(cont)

Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.	***Not applicable***
22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conitions related to its pledge should be given here.	

Note 23 Contingent liabilities and contingent assets n/a

23.1 Contingent liabilities

Where the charity has contingent liabililities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibilty of any reimbursement	
Where it is not practical to make one or more of these disclosures, please state this fact	

Section C	Notes to the accounts	(cont)

Note 24 **Cash at bank and in hand**

	This year £	Last year £
Short term cash investments (less than 3 months maturity date)	-	-
Short term deposits	-	-
Cash at bank and on hand	70,647	49,585
Other	-	-
Total	70,647	49,585

Note 25 Fair value of assets and liabilities n/a

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

Section C Notes to the accounts (cont)

Note 26 Events after the end of the reporting period n/a

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event	
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made	

Note 27 Charity funds

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF COVID response	R	Additional COVID expenses	-	5,390	- 5,390	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	35,132	- 35,132	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	5,400	- 5,400	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	- 2,250	-	-	-
Lottery COVID response	R	Additional COVID expenses	-	9,903	- 9,903	-	-	-
Mid Counties	R	Peer Support training	-	570	- 570	-	-	-
Localgiving	R	Additional COVID expenses	-	1,451	- 1,451	-	-	-
General fund	U	unrestricted	37,001	28,117	- 18,409	-	-	46,709
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	37,001	88,213	- 78,505	-	-	46,709

Note 27 Charity funds (cont)

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the blanace sheet.

**** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds***

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF antentatal fund	R	To run monthly antental sessions and yearly peer support sessions	595	-	- 595	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	8,536	- 8,536	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	1,080	- 1,080	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	- 2,250	-	-	-
SOFR fund	R	To run SOFR sessions	-	4,605	- 4,605	-	-	-
General fund	U	unrestricted	46,429	31,097	- 40,525	-	-	37,001
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	**N/a**	**N/a**	-	-	-	-	-	-
		Total Funds	47,024	47,568	- 57,591	-	-	37,001

Note 27 Charity funds (cont)

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)	None

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

Please give details of why remuneration or other employment benefits were paid.	Not applicable
Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.	Not applicable

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)	

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify): Training	0	51
TOTAL	0	51

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	0

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)	***TRUE***

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.	

For any related party, please provide details of any guarantees given or received.	

Note 29 Additional Disclosures

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals, grants and fundraising to fund the majority of it's charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has been awarded some long term grant funding, most notably £114k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior years and use this money to invest in the sessions that aren't funded by the grants.

At present the drop in sessions are held online, however as the transition is made back to face to face then extra costs may be incurred and the Trustees believe itis reasonable to hold cash reserves to enable rental payments to be made. Also with operating conditions likely to be uncertain for the foreseeable future the Trustees believe that it is prudent to hold enough reserves to provide a buffer for any emergency expenses, as well as to ensure that funds are available in a timely manner to continue to expand our level and nature of service provision.

The charity is now holding an increasing number of sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider in reasonable to hold around 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £47k which represents about 8 months of expenditure, along with an additional £17k of deferred grant income which has been earmarked for future activities.