



Trustees' Annual Report for the period **2022/23**

From 5th April 2022 – 4th April 2023

Charity name: FASD AWARENESS

Charity registration number: 1176933

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	<p>The Objects of the charity are:</p> <ol style="list-style-type: none">1. To relieve the needs of sufferers of Foetal Alcohol Spectrum Disorder (FASD) and those whose lives are affected by that condition who live or work in the area of benefit or neighbouring areas through the provision of support, education and practical advice.2. To advance the education of the general public in all areas relating to Foetal Alcohol Spectrum Disorder (FASD) including the promotion of research for the public benefit in all aspects of FASD and to publish the useful results. <p>The area of benefit is the South East of England, County of Kent and Medway Unitary Authority, United Kingdom and worldwide.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<ol style="list-style-type: none">1. To raise awareness of the key features and lived experience of individuals affected by Foetal Alcohol Spectrum Disorders (FASD) via talks, training, films and social media.2. To provide support for individuals and families affected by FASD eg via support groups and group outings.3. To develop relationships with key partners, in particular with the Kent & Medway CCG, and create a system to ensure professionals offer appropriate expert help.4. To continue to develop relationships with other FASD & Neurodisability charities both locally and nationwide.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	<p>The trustees have had due regard to the Charity Commission guidance on public benefit. They can confirm that all the activities carried out in the year 2022/23 were consistent with this benefit.</p> <p>The trustees met quarterly in person during the year and discussed issues between meeting via email and the Trustees' WhatsApp Group.</p> <p>The Chair (Irene Hall) had to stand down from her role as Chair due to ill health). An emergency trustees board meeting was convened, and Andy Nichols (Vice Chair) took over as acting Chair and Lyndon McLean became acting Vice-Chair until such time as a new Chairperson could be sourced, interviewed and appointed.</p>
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Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p>The year 2022-23 has seen significant developments in FASD Awareness's direction and an increased public profile. We remain a local charity in that our days out for families with a child with FASD are primarily for families living in Kent, Medway and South London. But we have also embraced the digital world which has greatly expanded our reach. We have made a conscious effort to connect with other local charitable organisations like The Kent & Medway Neurodisability Network, FASD UK Alliance, National Organisation of FASD, Oshay's, Neuro Cafes, Communigrow, Local Farms, Nucleus Arts, Leeds Castle. Working with likeminded organisations helps support their own charitable work, whilst also pooling resources and ideas. We presently support and cater for around 2000 people on our database.</p> <p>Our activities, 1-2-1 sessions and friendship groups and regularly increased in numbers and attendees. They offer a safe, regulated space for individuals with FASD, and their families, to connect with like-minded people. Learning the vital social skills of accepting others and inclusion helps them come to terms with their diagnosis, behaviours and embrace their strengths & weaknesses alongside others who are managing similar hurdles. Learning from the elders, peer to peer advice and sharing views builds self-esteem and acceptance. FASD Individuals are frequently isolated socially and our activities have evidenced how friendships can be formed leading to relationship building and strong bonds. This helps to prevent relationship breakdowns in the home, increased trauma, isolation, secondary mental health issues that can affect both, those living with FASD and their caregivers. One significant impact has been the improved mental health of the siblings living in an FASD household.</p> <p>This year we attended and presented at the UK FASD</p>
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	Conference at Salford University (March 2023).
Achievements against objectives set	<p>We use our Business & Development Plan which includes a tracker that trustees use to monitor progress towards meeting goals. However, we have collected data and we know that typically we have around 30 attendees to the day out events and 6 - 12 people at each of our Youth and Adult support group meetings. We send out online evaluation forms and these are heartfelt and full of praise. We ask for suggestions of how we can further support them and ideas that they would like to put forward. We have implemented many of these with guest speakers at our Support groups or via guests on our webinar series. Our monthly webinars which include guest speakers from all corners of the FASD Community, leading health professionals, international advocates of FASD and vitally giving a voice to those with the lived experience. The webinars reach out to an average of 200 participants every month in the UK and worldwide. Each webinar is then uploaded to our YouTube channel for wider coverage. We have achieved our objective of being a voice for people with FASD. Through including many in our training and on our Webinar series giving a voice to the lived experience. Locally we have done that via being a member of the NHS CCG group responsible for FASD and nationally through the FASD UK Alliance. Our #BeAware campaign of educational films has included a 2 new case studies showing the contrasting sides of Living with FASD either with early diagnosis and an appropriate wrap around management plan alongside the contrary where the lack of diagnosis and early interventions have led this individual into the CJS.</p> <p>Some of our goals around creating a film and PHSE classroom resource around Prevention of FASD, and a film covering FASD in the CJS have been hard to source funding for. We have found that this year sourcing funding through application writing for 2023-24 has been increasingly difficult.</p> <p>Our online and in person training for NHS CCG groups, paediatricians, adoption & fostering organisations, schools, Children in Care and social care professionals, Midwives and other medical professionals is increasing as the new FASD Nice guidance draws a greater awareness of understanding amongst medical professionals about FASD.</p> <p>Internally we are looking to further strengthen our board and have a small group of committed trustees who give many hours to the charity.</p>
Performance of fundraising activities against	We met our fundraising target for the year.

objectives set	
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Financial Review

Review of the charity's financial position at the end of the period	Despite a difficult time to source funding, we have been able to increase our reserves, whilst focusing on streamlining our activities and offerings. A much better year results wise gives the charity a good base to move forward into the next financial period whilst focusing on our key deliverables.
Statement explaining the policy for holding reserves stating why they are held	As funding becomes ever more difficult to source, the charity took the decision that it would be good practice to ensure we hold a minimum of 3 months core running costs as a reserve. This was estimated to be the minimum period during which time services could be streamlined as required whilst additional funding is sourced.
Amount of reserves held	£ 10,000
Reasons for holding zero reserves	N/A
Details of fund materially in deficit	N/A
Explanation of any uncertainties about the charity continuing as a going concern	N/A
The charity's principal sources of funds (including any fundraising)	Our main sources of funding are grant giving trusts and the NHS CCG. In addition, we receive a small amount of money from individual donations and from businesses.
Investment policy and objectives including any	We have not adopted an Investment Policy as do not have funds to invest. We have a small amount of reserves which is kept in our savings bank account.

social investment policy adopted	
A description of the principal risks facing the charity	<p>Lack of funding and not maintaining our staff and volunteers are our biggest risks. Our staff are under constant pressure to do a lot with not very much. There is also a risk in that the charity relies heavily on a very small number of people.</p> <p>In order to mitigate these risks, we now have clear funding priorities and clear costings of projects and core work. This has helped us to maintain a steady growth in funding.</p>

Structure, Governance and Management

How is the charity constituted?	Charitable Incorporated Organisation (CIO), only voting members are its charity trustees. 'Foundation' Model.
Trustee selection methods including details of any constitutional provisions.	<p>In selecting individuals for appointment as charity trustees, the trustees have regard to the skills, knowledge and experience needed for the effective administration of the CIO and what skills are missing from the trustee board.</p> <p>Apart from the first charity trustees, trustees are appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees. Normally this is our AGM. They may stand for a second term but after that there must a gap of at least one year before re-appointment.</p> <p>Trustees are interviewed in accordance with the Safer Recruitment policy and all necessary DBS checks and References are taken.</p>

Conclusion

In conclusion, we have found that our focus on the Business & Development Plan which includes a tracker that trustees use to monitor progress towards meeting goals, has helped us streamline our operations without distraction. This has helped target the areas that have the greatest impact whilst looking into improving other key areas of our work. We are always grateful for the tireless work of our small team, and the constant stream of appreciative messages from the families, organisations and individuals that we support.

Reference and Administrative details

Charity name	FASD Awareness
Other name the charity uses	FASD Awareness South East
Registered charity number	1176933
Charity's principal address	3 Winter Gem Lane, Faversham ME13 8YU

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person who interviewed/ appointed trustee
1.	Irene Hall	Chair	Appointed 20th September 2021 - January 2023 (stood down due to ill health)	A Keeping and W Spears
2.	Dr Adesoji Abeona		2018 (reappointed at AGM)	Founding trustee
3.	Deborah Matthews	Treasurer	Appointed January 2020	A Keeping and P Rorison
4.	Paul Allen		2018 (Reappointed at AGM)	Founding trustee
5.	Wendy Purdy		Appointed September 2020	A Keeping and W Spears
6.	Sophie Cartwright		Appointed July 2020	A Keeping and W Spears
7.	Lyndon McLean	Acting Vice-Chair	Appointed 20 th September 2021 - January 2023	A Keeping and W Spears
8.	Andy Nichols	Vice - Chair Acting Chair	Appointed 20th September 2021 - January 2023	A Keeping and W Spears

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Andy Nichols	Deborah Matthews
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**Position (eg
Secretary, Chair,
etc)**

Vice Chair	Treasurer
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Date

14 th September 2023

**FASD Awareness Financials 2022 - 2023 FINAL**

Code	Cost type	Amount
1	Admin	£59.49
2	Training	£0.00
3	Board meetings	£0.00
4	Print/stationery	£119.88
5	Postage	£41.55
6	Website/emails	£201.49
7	IT	£746.78
8	Support groups	£0.00
9	Travel	£231.19
10	Telecommunications	£159.44
11	Marketing	£0.00
12	Advertising	£0.00
13	Fundraising	£0.00
14	Events	£0.00
15	Professional fees	£95.00
16	Days out and activities	£1.30
17	Entertainment	£81.91
18	Banking	£0.00
19	HMRC	£0.00
20	Wages	£0.00
21	Insurance	£561.68
22	General expenses	£0.00
24	Maintenance & Repairs	£0.00
25	Rent	£0.00
26	Park Project Costs	£0.00
27	KCF	£0.00
28	National Lottery	£0.00
29	Sport England	£185.41
30	MVA	£0.00
31	Fore Trust	£0.00
32	Colyer Ferguson	£12,752.40
44	Medway CCG	£27,499.00
50	Groundwork	£0.00
51	FASD Training	£570.00
52	Tunstall Jubilee Foundation	£370.00
53	MOTO	£170.00
54	KCF - LEF	£1,360.00
55	KCF - V	£0.00
57	Events 2023-24	£613.64
	TOTAL EXPENDITURE	£45,820.16

Code	Income type	Amount
1001	FASD training	£1,000.00
1002	Corporate Partnerships	£2,500.00
1003	Grants	£59,807.24
1004	Donations	£6,506.89
1005	Bank Interest on Reserve AC	£14.96
TOTAL		£69,829.09

Bank A/C @ 04/04/2023:

Current AC	£48,602.41
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Current AC	£48,002.41
Savings AC	£5,038.52

£53,640.93

Ringfenced Project specific funds held	£30,869.71
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Reserves held in line with Reserves Policy	£10,000.00
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Free Reserves @ 05/04/2022 £12,771.22

TOTAL Funds	<u>£53,640.93</u>
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Signed by one or two trustees on behalf of all the trustees

Print Name	Date of approval dd/mm/yyyy



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's
report on the accounts

Section A
Independent Examiner's Report

Report to the trustees/
members of

Charity Name
FASD AWARENESS

On accounts for the year
ended

April 2023

Charity no
(if any)

1176933

Set out on pages

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I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended 04 / 04 / 2023.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have
come to my attention (other than that disclosed below *) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.
* Please delete the words in the brackets if they do not apply.

Signed:

Date:

12 September 23

Name:

Lee Cartwright

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants (CIMA)
1-B86H19

Address:

44 Fallowfield

Sittingbourne, Kent

ME10 4UZ