



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/24 Period start date To 31/12/24 Period end date

Charity name: Feel Good Community Events

Charity registration number: 1176896

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health and well- being for the public benefit, contributing to the relief of persons suffering mental and emotional challenges, providing Well- being sessions. Listening by providing wellbeing events that have an inclusive, compassionate, charitable, and supportive ethos.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity works with communities to bring inclusive, regular well- being events in public spaces by invitation, and into organisational communities like universities. These diverse and inclusive community events draw communities together overcoming isolation and stress through drop-in well-being services and courses to help communities and individuals reach their potential in a kind welcoming environment. Well-being sessions include Listening Sessions, Resilience Courses, physiotherapist stress relieving massage and music therapy, which help people to overcome mental and emotional health challenges and develop positive coping strategies for life, in a supportive environment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had due regard to the guidance of the Charity Commission on public benefit. Our feedback and evaluation procedure evidence that services are benefiting the public.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
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Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the year, the Charity has worked with those recovering from addiction, those with mental health challenges, those facing isolated circumstances, vulnerable students, as well members of the general public.</p> <p>Particularly of note was our feedback from one organisation who reported that, not only were individual beneficiaries experience real life change, but there was a significant shift in the well-being of the community based on the work of the Charity in this particular locational community.</p> <p>The Team have proved successful at Bristol University and the well-being sessions continue to be a popular core event for the welcome week and throughout the term.</p> <p>One student summed up part of the value of the work in their feedback:</p> <p>'I feel safe, I feel seen, thank you for listening to me. I feel settled and relaxed.'</p> <p>The sense of community, as unique from the value of the individual sessions, is a particular strength of the Team, putting well-being within the context of caring, compassionate relationships. This has created a very safe hub for the students to return to and venture</p>

		<p>from.</p> <p>This is particularly important due to the high levels of suicide ideation in the student population.</p> <p>Once again, well over 1000 students have received help and support at our regular events.</p> <p>The general public experienced the drop-in sessions in the Bath cafe and the feedback has requested that this becomes a more regular event, due to the benefit people were experiencing in overcoming isolation and the positive benefits of the sessions on offer.</p> <p>This has encouraged us to look at how this can be resourced going forwards.</p> <p>Funding has steadily resumed a settled course. And all commitments have been successfully maintained, while rebuilding our reserves.</p> <p>The current financial climate continues to be a challenge for all small charities, but Feel Good Community Events has successfully navigated that this year. A key strategy going forwards is to continue to engage with our core donor base, and as we continue to train and equip new Team at training events, we will encourage individual monthly giving where appropriate. This monthly giving has proved one core funding strategy.</p> <p>Major life events have interrupted several key Team members' involvement with the Event provision so the planned Recruitment and Training Events beginning in April, June and autumn are key to ensuring longevity of our services.</p> <p>We are pleased to have recruited a new volunteer Operations Manager, who will be covering the roles of finance and event preparation.</p> <p>Safeguarding Training and Refreshment Training will be included for all staff this year continuing our rigorous attention to excellence in providing a safe place for our beneficiaries and our Team.</p> <p>One particular success of overcoming isolation and working effectively with communities, is evidenced by the way the communities and the Charity have worked together seamlessly as one Team locationally. We particularly appreciate this as not only do we seek to</p>
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		<p>serve the communities, but partner together. They provide the extra local knowledge of need and strengths in each community so we can be effective at harnessing strengths and meeting needs to benefit both individuals and the whole. Our feedback this year suggests we have been successful in both regards.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity holds reserves to ensure the continuation of services if the income drops unexpectedly.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Feel Good Community Events
Other name the charity uses	
Registered charity number	1176896
Charity's principal address	25 Broadmoor Vale, Bath, BA1 4LP

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Governance	Nigel Ring	
HR	David Mitchell	
Finance	Andrew Street	

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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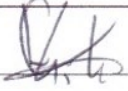
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	CHRISTOPHER LEONARD GILES	
Position (eg Secretary, Chair, etc)	Trustee	
Date	19-02-25	



CHARITY COMMISSION
FOR ENGLAND AND WALES

First Good Community Events		17/08/20	
Receipts and payments accounts			
For the period from	Period start date 1/1/2024	To	Period end date 31/12/2024

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gifts	10,677	-		10,677	13,105
Grants	18,000	5,700		23,700	13,000
				-	
				-	
				-	
				-	
				-	
<i>Sub total(Gross income for AR)</i>	28,677	5,700	-	34,377	26,105
A2 Asset and investment sales, (see table).					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total receipts	28,677	5,700	-	34,377	26,105
A3 Payments					
Fundraising	671	800		1,471	2,364
Community Events	18,699	6,987		25,686	43,077
Mentoring	23	99		122	1,013
Team Development	2,475	28		2,503	3,740
Online community & publicity	499	-		499	1,404
Management	595	720		1,315	1,950
Insurance and other fees	1,978	386		2,364	1,958
Governance	500	-		500	-
<i>Sub total</i>	25,440	9,020	-	34,460	55,506
A4 Asset and investment purchases, (see table)					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total payments	25,440	9,020	-	34,460	55,506
<i>Net of receipts/(payments)</i>	3,237	(3,320)	-	(83)	(29,401)
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	396	5,670	-	6,067	35,468
Cash funds this year end	3,634	1,909	-	5,543	6,067

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	In bank account	3,634	1,909	-
	Cash in hand	-	-	-
	Total cash funds	3,634	1,909	-

ances with receipts and payments account(s))


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	(none)			

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	(none)			

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	(none)			

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	(none)			

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	CHRISTOPHER GIVENS	19-02-25

Notes:

"Insurance and other fees" includes public liability insurance, specific insurance, DBS checks, bank fees, etc.

"Management" relates to activities to ensure effective operation of organisation.

"Governance costs" include independent examiners fees and any other costs associated with trustee activities.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Feel Good Community Events

**On accounts for the year
ended**

31 December 2024

**Charity no
(if any)**

1176896

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 12 / 2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

06/02/2025

Name:

Derrick Adrian Jolley

**Relevant professional
qualification or body:**

Fellow of The Institute of Chartered Accountants in England and Wales

Address:

13 Longfellow Avenue
Bath BA2 4SJ

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

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