



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/1/23 Period start date To 31/12/23 Period end date

Charity name: Feel Good Community Events

Charity registration number: 1176896

Objectives and Activities

SORP reference		
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health and well-being for the public benefit, contributing to the relief of persons suffering mental and emotional challenges, providing Well-being sessions. Listening by providing wellbeing events that have an inclusive, compassionate, charitable, and supportive ethos.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity works with communities to bring inclusive, regular well-being events in public spaces by invitation, and into organisational communities like universities. These diverse and inclusive community events draw communities together overcoming isolation and stress through drop-in well-being services and courses to help communities and individuals reach their potential in a kind welcoming environment. Well-being sessions include Listening Sessions, Resilience Courses, physiotherapist stress relieving massage and music therapy, which help people to overcome mental and emotional health challenges and develop positive coping strategies for life, in a supportive environment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had due regard to the guidance of the Charity Commission on public benefit. Our feedback and evaluation procedure evidence that services are benefiting the public.

Additional information (optional)

You may choose to include further statements where relevant about:

SORP reference	
Policy on grant making	Para 1.38
Policy on social investment including program related	Para 1.38

investment

Contribution made by
volunteers

Para 1.38

Other

Achievements and Performance

SORP reference

Summary of the main
achievements of the charity,
identifying the difference the
charity's work has made to
the circumstances of its
beneficiaries and any wider
benefits to society as a
whole.

Para 1.20

This year we have been pleased to see the public benefit in our services evidenced by soft data of feedback in people's stories about where they have gained in wellbeing, community and life elevation, and by hard data analysis of our attendee numbers and composition.

One particular growth point to note has been the introduction of a new level of wrap around skills enabling people to benefit from more in-depth courses and one to one help, to provide input for real life progression so people can reach their potential: "These workshops are transformative. The benefits I have received are life changing. as the sessions went on the benefit I received began to last. My way of thinking is more positive and relaxed."

This year we were able to reopen our Bath Community Cafe in partnership with Costa Coffee during the reBalance Festival, after closing during lockdown. It was rewarding to see the original community regather demonstrating the need for and appreciation of the service provided and the community it represents.

The team has grown in strength and experience, taking part in the training opportunities they have begun to take on areas of responsibility which is an important part of moving forward. The recruitment of a particularly experienced counsellor on team has shown itself to be key in providing richer provision particularly in resilience training. The partnership with Bristol University has meant that our team has been busy, and they have risen to the challenge, helping over 1000 students with wellbeing services this year.

Partnering with the recovery festival saw services provided to people in recovery and a specific and dedicated team have emerged for this particular and important service.

We are pleased to report that our safeguarding record and our record of general excellence has been maintained for another year and we look forward to continuing this with further refreshment

training for our team.
It has been a successful and busy year set upon the backdrop of limited finances being sought by an increasingly needed a growing set of charities in the current growing climate.

Accordingly, fundraising is a key part of our strategy going forward. This means we will particularly be looking at expanding individual regular donors as well as providing strong funding applications to new funders as multi-level funding from several organisations have come to an end.

The Charity Reserves were a strong support this year, when a 3-year funder impacted by the investment climate, had to withdraw midterm.

The Reserves acted to ensure Event commitments were not only maintained but were strongly effective.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set Para 1.41

Performance of fundraising activities against objectives set Para 1.41

Investment performance against objectives Para 1.41

Other

Financial Review

Review of the charity's financial position at the end of the period Para 1.21

Statement explaining the policy for holding reserves stating why they are held Para 1.22 The Charity holds basic reserves to ensure continuity of commitments and services.

Amount of reserves held Para 1.22

Reasons for holding zero reserves Para 1.22

Details of fund materially in deficit Para 1.24

Explanation of any uncertainties about the charity continuing as a going Para 1.23

concern

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising) Para 1.47

Investment policy and objectives including any social investment policy adopted Para 1.46

A description of the principal risks facing the charity Para 1.46

Other

Structure, Governance and Management

Description of charity's trusts:

Type of governing document Para 1.25
([trust deed](#), [royal charter](#))

How is the charity constituted? Para 1.25
([e.g. unincorporated association](#), [CIO](#))

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees Para 1.25

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees Para 1.51

The charity's organisational structure and any wider network with which the charity works Para 1.51

Other

Reference and Administrative details

Charity name Feel Good Community Events
 Other name the charity uses
 Registered charity number **1176896**
 Charity's principal address 25 Broadmoor Vale, Bath, BA1 4LP

Names of the charity trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alice Dias (nee Huffman)	Clinical Director		
2	Allan Macleod	Deputy Chair		
3	Benjamin Morris	Finance Officer		
4	Christopher Giles			
5	Elizabeth Evans			
6	Philippa Spruit	Chair		
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name

Elizabeth Evans

Name of trustees holding title to property belonging to the charity

Trustee name Dates acted if not for whole year

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects

Details of arrangements for safe custody and segregation of such assets from the charity's own assets

Additional information (optional)

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
Governance	Nigel Ring	
HR	David Mitchell	
Finance	Andrew Street	
Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure


Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	CHRISTOPHER	GIVENS
Position (eg Secretary, Chair, etc)	Trustee	
Date	04/03/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Feel Good Community Events

1176896

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/01/2023

To

Period end date
31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gifts	13,105	-		13,105	11,975
Grants	-	13,000		13,000	56,668
				-	
				-	
				-	
				-	
				-	
<i>Sub total(Gross income for AR)</i>	13,105	13,000	-	26,105	68,642
A2 Asset and investment sales, (see table).					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total receipts	13,105	13,000	-	26,105	68,642
A3 Payments					
Fundraising	391	1,923		2,314	1,228
Community Events	15,638	27,139		42,777	53,757
Mentoring	120	893		1,013	670
Team Development	1,173	2,517		3,690	2,867
Online community & publicity	888	466		1,354	719
Management	200	1,700		1,900	1,788
Insurance and other fees	1,129	830		1,958	1,828
Governance	500	-		500	-
<i>Sub total</i>	20,038	35,468	-	55,506	62,858
A4 Asset and investment purchases, (see table)					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total payments	20,038	35,468	-	55,506	62,858
Net of receipts/(payments)	(6,933)	(22,468)	-	(29,401)	5,785
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,330	28,138	-	35,468	29,683
Cash funds this year end	396	5,670	-	6,067	35,468

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	In bank account	396	5,670	-
	Cash in hand	-	-	-
	Total cash funds	396	5,670	-

balances with receipts and payments account(s))

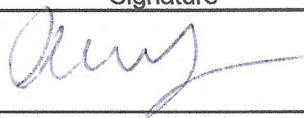
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	(none)			

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	(none)			

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	(none)			

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	(none)			

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ALICE DIAS	04/03/24

Notes:

"Insurance and other fees" includes public liability insurance, specific insurance, DBS checks, bank fees, etc.

"Management" relates to activities to ensure effective operation of organisation.

"Governance costs" include independent examiners fees and any other costs associated with trustee activities.



Section A

Independent Examiner's Report

Report to the trustees

Charity Name:
Feel Good Community Events

On accounts for the year
ended

31 December 2023

Charity no
(if any)

1176896

Set out on pages

3 & 4

(insertive: to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date: 18/03/2024

Name:

Stuart Dobson

Relevant professional
qualification(s) or body

Associate Member Chartered Institute of Management Accountants

(if any):

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Address:

11 Broadmoor Vale

Bath. BA1 4LP

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Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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