

FEEL GOOD COMMUNITY EVENTS

England & Wales · Charity number 1176896

Details

Status Registered

Legal form CIO

Registered 2018-01-30

Register [View on the Charity Commission register](#)

Contact

Address 25 Broadmoor Vale
Bath
BA1 4LP

Phone 01225314154

Email feelgoodcafeevents@gmail.com

Website feelgood.cafe

Activities

Objects: THE ADVANCEMENT OF HEALTH FOR THE PUBLIC BENEFIT, BY CONTRIBUTING TO THE RELIEF OF PERSONS SUFFERING FROM ROUTINE MENTAL HEALTH CHALLENGES, BY THE PROVISION OF STRESS RELIEVING HEALTH AND WELLBEING SESSIONS. THE ADVANCEMENT OF THE CHRISTIAN RELIGION FOR THE PUBLIC BENEFIT, BY PROVIDING CHRISTIAN LISTENING PRACTICES TO IMPROVE PEOPLE'S CONNECTIVITY WITH THEMSELVES, ONE ANOTHER AND, IF INTERESTED, ENGAGE WITH PEACEFUL SPIRITUAL PRACTICES.

Activities: The charity offers taster sessions of compassionate listening services and engaging wellbeing and mindfulness sessions, stress relief sessions and music therapy online, in everyday spaces and Universities. The inclusive, social spaces help overcome isolation and improve emotional wellbeing beyond the sessions, helping people to experience a sense of belonging and hope.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£38,816	£30,605	-	-
2024-12-31	£34,377	£34,460	-	-
2023-12-31	£26,105	£55,506	-	-
2022-12-31	£68,642	£62,550	-	-
2021-12-31	£45,524	£37,074	-	-

Trustees

Name	Role	Appointed
Allan Murdoch MacLeod		2021-03-01
Christopher Leonard Giles		2022-10-06
ELIZABETH EVANS		2018-01-30
Olubusayo Wilkins		2025-11-02

FEEL GOOD COMMUNITY EVENTS

England & Wales - Charity number 1176896

Accounts

Trustees' Annual Report for the period

From 1/1/25
31/12/25

Period start date To
Period end date

Charity name: **Feel Good Community Events**

Charity registration number: **1176896**

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document

SORP
reference
Para 1.17

The advancement of health and well-being for the public benefit, contributing to the relief of persons suffering mental and emotional challenges, providing well-being sessions. Listening by providing well-being events that have an inclusive, compassionate, charitable And supportive ethos.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

Para 1.17
and 1.18

The charity works with communities by invitation to bring inclusive, regular well-being events into public spaces, and into organisational communities like universities. These diverse and inclusive community events draw communities together overcoming isolation and stress through drop in well-being services and courses to help communities and individuals reach their potential in a kind welcoming environment. Well-being sessions include listening sessions, resilience courses, physiotherapist stress relieving massage and music therapy, which help people overcome mental and emotional health challenges and develop positive coping strategies, in a supportive environment.

As part of its work it carried out training in the skills used to help the beneficiaries to train a ready pool of volunteers and experienced session providers to ensure the Charity services continue to meet ever expanding demands.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

Para 1.18

The Trustees have had due regard to the guidance of the Charity Commission on public benefit. Our feedback and evaluation procedure evidenced that services are benefiting the public.

Additional information (optional)

You may choose to include further statements where relevant about:

SORP reference

Policy on grant making

Para 1.38

Policy on social investment including program related investment Para 1.38

Contribution made by volunteers
Other

Para 1.38

Achievements and Performance

SORP
reference

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

Para 1.20

The work of the charity has been expanded into new areas this year: the well-being hub partnering with Bristol University and the local community in Bath, partnering with the team at Costa Coffee reaching into the homeless community, as well as those who are isolated to provide mental and emotional support.

The stress relief sessions and the identity sessions have been in particularly in demand this year helping people experiencing pressures on financial well-being impacting our beneficiaries mental and emotional health.

We are pleased to note that once again despite working with vulnerable groups, there have been 0 deaths by suicides In our target groups with approximately 1500 people connecting with the events this year.

As demand continues to outstrip supply the essential training courses continue to be a high priority. A new stream of training courses in two venues has been planned after research into how the work can be expanded. It will train people in the tools used to connect with and support beneficiaries well-being, with a focus on whole person .

Diminishing funding has been addressed with a new strategy of connecting with monthly donors, While giving is still an issue we are continuing to effectively resource fund raising as a priority.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set

Para 1.41

Performance of fundraising activities against objectives set

Para 1.41

Investment performance against objectives

Para 1.41

Other

Financial Review

Review of the charity's financial position at the end of the period

Para

1.21

Statement explaining the policy for holding reserves stating why they are held

Para

1.22

Amount of reserves held

Para

1.22

£8000

Para

1.22

Reserves are held to ensure that the operation of the charity continues uninterrupted should there be an unexpected dip in funding . This will ensure that commitments can be met in the immediate Subsequent period.

Details of fund materially in deficit

Para

1.24

Explanation of any uncertainties about the charity continuing as a going concern

Para

1.23

Structure, Governance and Management

Description of charity's trusts: Trust Deed	
Type of governing document (trust deed, royal charter)	Para 1.25
Constitution	
How is the charity constituted? CIO (e.g unincorporated association, CIO)	Para 1.25
CIO	
Trustee selection methods including details of any constitutional provisions e.g.election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25
Trustees are appointed by the board after Consideration of relevant experience, as well as availability to ensure that adequate time can be given to the responsibilities of the trustee board .	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51
The charity's organisational structure and any wider network with which the charity works	Para 1.51
Relationship with any related parties	Para 1.51
Other	

Reference and Administrative details

Charity name: Feel Good Community Events
 Other name the charity uses:
 Registered charity number: 1176896
 Charity's principal address:
 25 Broadmoor Vale
 BA1 4LP

Names of the charity trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Allan Macleod			
2	Christopher Giles	Chair		
3	Elizabeth Evans			
4	Olubusayo Wilkins		2/11/25	
5				
6				

Additional information (optional)

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
Governance	Nigel Ring	
Finance	Andrew Street	
Partnership	Christopher Bond	
Name of chief executive or names of senior staff members (Optional information)		

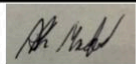
Exemptions from disclosure

Reason for non-disclosure of key personnel details

Addresses withheld - data protection

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.		
Signed on behalf of the charity's trustees		
Signature(s)		
		
Full name(s)		
Allan Macleod		
Position (eg Secretary, Chair, etc)		
Trustee		
Date		
17/04/2026		

Trustees' Annual Report for the period

From 1/1/25
31/12/25

Period start date To
Period end date

Charity name: **Feel Good Community Events**

Charity registration number: **1176896**

Objectives and Activities

Summary of the purposes of the charity as set out in its governing document

SORP
reference
Para 1.17

The advancement of health and well-being for the public benefit, contributing to the relief of persons suffering mental and emotional challenges, providing well-being sessions. Listening by providing well-being events that have an inclusive, compassionate, charitable And supportive ethos.

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

Para 1.17
and 1.18

The charity works with communities by invitation to bring inclusive, regular well-being events into public spaces, and into organisational communities like universities. These diverse and inclusive community events draw communities together overcoming isolation and stress through drop in well-being services and courses to help communities and individuals reach their potential in a kind welcoming environment. Well-being sessions include listening sessions, resilience courses, physiotherapist stress relieving massage and music therapy, which help people overcome mental and emotional health challenges and develop positive coping strategies, in a supportive environment.

As part of its work it carried out training in the skills used to help the beneficiaries to train a ready pool of volunteers and experienced session providers to ensure the Charity services continue to meet ever expanding demands.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit

Para 1.18

The Trustees have had due regard to the guidance of the Charity Commission on public benefit. Our feedback and evaluation procedure evidenced that services are benefiting the public.

Additional information (optional)

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Para 1.38

Policy on social investment including program related investment Para 1.38

Contribution made by volunteers
Other

Para 1.38

Achievements and Performance

SORP
reference

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

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The stress relief sessions and the identity sessions have been in particularly in demand this year helping people experiencing pressures on financial well-being impacting our beneficiaries mental and emotional health.

We are pleased to note that once again despite working with vulnerable groups, there have been 0 deaths by suicides In our target groups with approximately 1500 people connecting with the events this year.

As demand continues to outstrip supply the essential training courses continue to be a high priority. A new stream of training courses in two venues has been planned after research into how the work can be expanded. It will train people in the tools used to connect with and support beneficiaries well-being, with a focus on whole person .

Diminishing funding has been addressed with a new strategy of connecting with monthly donors, While giving is still an issue we are continuing to effectively resource fund raising as a priority.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set

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Para 1.41

Investment performance against objectives

Para 1.41

Other

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Explanation of any uncertainties about the charity continuing as a going concern

Para

1.23

Structure, Governance and Management

Description of charity's trusts: Trust Deed	
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CIO	
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Trustees are appointed by the board after Consideration of relevant experience, as well as availability to ensure that adequate time can be given to the responsibilities of the trustee board .	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51
The charity's organisational structure and any wider network with which the charity works	Para 1.51
Relationship with any related parties	Para 1.51
Other	

Reference and Administrative details

Charity name: Feel Good Community Events
 Other name the charity uses:
 Registered charity number: 1176896
 Charity's principal address:
 25 Broadmoor Vale
 BA1 4LP

Names of the charity trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Allan Macleod			
2	Christopher Giles	Chair		
3	Elizabeth Evans			
4	Olubusayo Wilkins		2/11/25	
5				
6				

Additional information (optional)

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
Governance	Nigel Ring	
Finance	Andrew Street	
Partnership	Christopher Bond	
Name of chief executive or names of senior staff members (Optional information)		

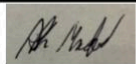
Exemptions from disclosure

Reason for non-disclosure of key personnel details

Addresses withheld - data protection

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.		
Signed on behalf of the charity's trustees		
Signature(s)		
		
Full name(s)		
Allan Macleod		
Position (eg Secretary, Chair, etc)		
Trustee		
Date		
17/04/2026		



Report to the trustees/ members of	Charity Name: Feel Good Community Events		
	On accounts for the year ended	31 December 2025	Charity no (if any)
Set out on pages	1 <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2025.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

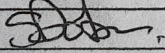
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:  Date: 19/03/2026

Name: Stuart Dobson

Relevant professional qualification(s) or body (if any): Associate Member of the Chartered Institute of Management Accountants

Address: 11 Broadmoor Vale
Bath. BA1 4LP

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

FEEL GOOD COMMUNITY EVENTS

England & Wales - Charity number 1176896

Accounts



Trustees' Annual Report for the period

From 1/1/24 **Period start date** **To** 31/12/24 **Period end date**

Charity name: Feel Good Community Events

Charity registration number: 1176896

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health and well-being for the public benefit, contributing to the relief of persons suffering mental and emotional challenges, providing Well-being sessions. Listening by providing wellbeing events that have an inclusive, compassionate, charitable, and supportive ethos.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity works with communities to bring inclusive, regular well-being events in public spaces by invitation, and into organisational communities like universities. These diverse and inclusive community events draw communities together overcoming isolation and stress through drop-in well-being services and courses to help communities and individuals reach their potential in a kind welcoming environment. Well-being sessions include Listening Sessions, Resilience Courses, physiotherapist stress relieving massage and music therapy, which help people to overcome mental and emotional health challenges and develop positive coping strategies for life, in a supportive environment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had due regard to the guidance of the Charity Commission on public benefit. Our feedback and evaluation procedure evidence that services are benefiting the public.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	

Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the year, the Charity has worked with those recovering from addiction, those with mental health challenges, those facing isolated circumstances, vulnerable students, as well members of the general public.</p> <p>Particularly of note was our feedback from one organisation who reported that, not only were individual beneficiaries experience real life change, but there was a significant shift in the well-being of the community based on the work of the Charity in this particular locational community.</p> <p>The Team have proved successful at Bristol University and the well-being sessions continue to be a popular core event for the welcome week and throughout the term.</p> <p>One student summed up part of the value of the work in their feedback: 'I feel safe, I feel seen, thank you for listening to me. I feel settled and relaxed.'</p> <p>The sense of community, as unique from the value of the individual sessions, is a particular strength of the Team, putting well-being within the context of caring, compassionate relationships. This has created a very safe hub for the students to return to and venture</p>

	<p>from.</p> <p>This is particularly important due to the high levels of suicide ideation in the student population.</p> <p>Once again, well over 1000 students have received help and support at our regular events.</p> <p>The general public experienced the drop-in sessions in the Bath cafe and the feedback has requested that this becomes a more regular event, due to the benefit people were experiencing in overcoming isolation and the positive benefits of the sessions on offer.</p> <p>This has encouraged us to look at how this can be resourced going forwards.</p> <p>Funding has steadily resumed a settled course. And all commitments have been successfully maintained, while rebuilding our reserves.</p> <p>The current financial climate continues to be a challenge for all small charities, but Feel Good Community Events has successfully navigated that this year. A key strategy going forwards is to continue to engage with our core donor base, and as we continue to train and equip new Team at training events, we will encourage individual monthly giving where appropriate. This monthly giving has proved one core funding strategy.</p> <p>Major life events have interrupted several key Team members' involvement with the Event provision so the planned Recruitment and Training Events beginning in April, June and autumn are key to ensuring longevity of our services. We are pleased to have recruited a new volunteer Operations Manager, who will be covering the roles of finance and event preparation. Safeguarding Training and Refreshment Training will be included for all staff this year continuing our rigorous attention to excellence in providing a safe place for our beneficiaries and our Team.</p> <p>One particular success of overcoming isolation and working effectively with communities, is evidenced by the way the communities and the Charity have worked together seamlessly as one Team locationally. We particularly appreciate this as not only do we seek to</p>
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		<p>serve the communities, but partner together. They provide the extra local knowledge of need and strengths in each community so we can be effective at harnessing strengths and meeting needs to benefit both individuals and the whole. Our feedback this year suggests we have been successful in both regards.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity holds reserves to ensure the continuation of services if the income drops unexpectedly.
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Feel Good Community Events
Other name the charity uses	
Registered charity number	1176896
Charity's principal address	25 Broadmoor Vale, Bath, BA1 4LP

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
-----------------	------	---------

Governance	Nigel Ring	
HR	David Mitchell	
Finance	Andrew Street	

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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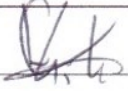
Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	CHRISTOPHER LEONARD GILES	
Position (eg Secretary, Chair, etc)	Trustee	
Date	19-02-25	



CHARITY COMMISSION
FOR ENGLAND AND WALES

For the period from 1/1/2024 To 31/12/2024

Receipts and payments accounts

CC16a

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gifts	10,677	-		10,677	13,105
Grants	18,000	5,700		23,700	13,000
				-	
				-	
				-	
				-	
<i>Sub total(Gross income for AR)</i>	28,677	5,700	-	34,377	26,105
A2 Asset and investment sales, (see table).					
				-	
				-	
Sub total	-	-	-	-	-
Total receipts	28,677	5,700	-	34,377	26,105
A3 Payments					
Fundraising	671	800		1,471	2,364
Community Events	18,699	6,987		25,686	43,077
Mentoring	23	99		122	1,013
Team Development	2,475	28		2,503	3,740
Online community & publicity	499	-		499	1,404
Management	595	720		1,315	1,950
Insurance and other fees	1,978	386		2,364	1,958
Governance	500	-		500	-
Sub total	25,440	9,020	-	34,460	55,506
A4 Asset and investment purchases, (see table)					
				-	
				-	
Sub total	-	-	-	-	-
Total payments	25,440	9,020	-	34,460	55,506
Net of receipts/(payments)	3,237	(3,320)	-	(83)	(29,401)
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	396	5,670	-	6,067	35,468
Cash funds this year end	3,634	1,909	-	5,543	6,067

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	In bank account	3,634	1,909	-
	Cash in hand	-	-	
	Total cash funds	3,634	1,909	-

balances with receipts and payments account(s)


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	(none)			

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	(none)			

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	(none)			

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	(none)			

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	CHRISTOPHER GIVES	19-02-25

Notes:

- "Insurance and other fees" includes public liability insurance, specific insurance, DBS checks, bank fees, etc.
- "Management" relates to activities to ensure effective operation of organisation.
- "Governance costs" include independent examiners fees and any other costs associated with trustee activities.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Feel Good Community Events

**On accounts for the year
ended**

31 December 2024

**Charity no
(if any)**

1176896

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 12 / 2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

06/02/2025

Name:

Derrick Adrian Jolley

**Relevant professional
qualification or body:**

Fellow of The Institute of Chartered Accountants in England and Wales

Address:

13 Longfellow Avenue

Bath BA2 4SJ

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

-

FEEL GOOD COMMUNITY EVENTS

England & Wales - Charity number 1176896

Accounts



Trustees' Annual Report for the period

From 1/1/23 Period start date To 31/12/23 Period end date

Charity name: Feel Good Community Events

Charity registration number: 1176896

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	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The advancement of health and well-being for the public benefit, contributing to the relief of persons suffering mental and emotional challenges, providing Well-being sessions. Listening by providing wellbeing events that have an inclusive, compassionate, charitable, and supportive ethos.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The Charity works with communities to bring inclusive, regular well-being events in public spaces by invitation, and into organisational communities like universities. These diverse and inclusive community events draw communities together overcoming isolation and stress through drop-in well-being services and courses to help communities and individuals reach their potential in a kind welcoming environment. Well-being sessions include Listening Sessions, Resilience Courses, physiotherapist stress relieving massage and music therapy, which help people to overcome mental and emotional health challenges and develop positive coping strategies for life, in a supportive environment.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had due regard to the guidance of the Charity Commission on public benefit. Our feedback and evaluation procedure evidence that services are benefiting the public.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference
Policy on grant making	Para 1.38
Policy on social investment including program related	Para 1.38

investment

Contribution made by
volunteers

Para 1.38

Other

Achievements and Performance

SORP reference

Summary of the main
achievements of the charity,
identifying the difference the
charity's work has made to
the circumstances of its
beneficiaries and any wider
benefits to society as a
whole.

Para 1.20

This year we have been pleased to see the public benefit in our services evidenced by soft data of feedback in people's stories about where they have gained in wellbeing, community and life elevation, and by hard data analysis of our attendee numbers and composition.

One particular growth point to note has been the introduction of a new level of wrap around skills enabling people to benefit from more in-depth courses and one to one help, to provide input for real life progression so people can reach their potential: "These workshops are transformative. The benefits I have received are life changing. as the sessions went on the benefit I received began to last. My way of thinking is more positive and relaxed."

This year we were able to reopen our Bath Community Cafe in partnership with Costa Coffee during the reBalance Festival, after closing during lockdown. It was rewarding to see the original community regather demonstrating the need for and appreciation of the service provided and the community it represents.

The team has grown in strength and experience, taking part in the training opportunities they have begun to take on areas of responsibility which is an important part of moving forward. The recruitment of a particularly experienced counsellor on team has shown itself to be key in providing richer provision particularly in resilience training. The partnership with Bristol University has meant that our team has been busy, and they have risen to the challenge, helping over 1000 students with wellbeing services this year.

Partnering with the recovery festival saw services provided to people in recovery and a specific and dedicated team have emerged for this particular and important service.

We are pleased to report that our safeguarding record and our record of general excellence has been maintained for another year and we look forward to continuing this with further refreshment

training for our team.
It has been a successful and busy year set upon the backdrop of limited finances being sought by an increasingly needed a growing set of charities in the current growing climate.

Accordingly, fundraising is a key part of our strategy going forward. This means we will particularly be looking at expanding individual regular donors as well as providing strong funding applications to new funders as multi-level funding from several organisations have come to an end.

The Charity Reserves were a strong support this year, when a 3-year funder impacted by the investment climate, had to withdraw midterm.

The Reserves acted to ensure Event commitments were not only maintained but were strongly effective.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set Para 1.41

Performance of fundraising activities against objectives set Para 1.41

Investment performance against objectives Para 1.41

Other

Financial Review

Review of the charity's financial position at the end of the period Para 1.21

Statement explaining the policy for holding reserves stating why they are held Para 1.22 The Charity holds basic reserves to ensure continuity of commitments and services.

Amount of reserves held Para 1.22

Reasons for holding zero reserves Para 1.22

Details of fund materially in deficit Para 1.24

Explanation of any uncertainties about the charity continuing as a going Para 1.23

concern

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising) Para 1.47

Investment policy and objectives including any social investment policy adopted Para 1.46

A description of the principal risks facing the charity Para 1.46

Other

Structure, Governance and Management

Description of charity's trusts:

Type of governing document Para 1.25
([trust deed](#), [royal charter](#))

How is the charity constituted? Para 1.25
([e.g. unincorporated association](#), [CIO](#))

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees Para 1.25

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees Para 1.51

The charity's organisational structure and any wider network with which the charity works Para 1.51

Other

Reference and Administrative details

Charity name Feel Good Community Events
 Other name the charity uses
 Registered charity number **1176896**
 Charity's principal address 25 Broadmoor Vale, Bath, BA1 4LP

Names of the charity trustees who manage the charity				
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alice Dias (nee Huffman)	Clinical Director		
2	Allan Macleod	Deputy Chair		
3	Benjamin Morris	Finance Officer		
4	Christopher Giles			
5	Elizabeth Evans			
6	Philippa Spruit	Chair		
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name
Elizabeth Evans

Name of trustees holding title to property belonging to the charity

Trustee name Dates acted if not for whole year

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity

Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects

Details of arrangements for safe custody and segregation of such assets from the charity's own assets

Additional information (optional)

Names and addresses of advisers (Optional information)		
Type of adviser	Name	Address
Governance	Nigel Ring	
HR	David Mitchell	
Finance	Andrew Street	
Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure


Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	CHRISTOPHER	GILES
Position (eg Secretary, Chair, etc)	Trustee	
Date	04/03/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Feel Good Community Events

1176896

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/01/2023

To

Period end date
31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gifts	13,105	-		13,105	11,975
Grants	-	13,000		13,000	56,668
				-	
				-	
				-	
				-	
<i>Sub total(Gross income for AR)</i>	13,105	13,000	-	26,105	68,642
A2 Asset and investment sales, (see table).					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total receipts	13,105	13,000	-	26,105	68,642
A3 Payments					
Fundraising	391	1,923		2,314	1,228
Community Events	15,638	27,139		42,777	53,757
Mentoring	120	893		1,013	670
Team Development	1,173	2,517		3,690	2,867
Online community & publicity	888	466		1,354	719
Management	200	1,700		1,900	1,788
Insurance and other fees	1,129	830		1,958	1,828
Governance	500	-		500	-
<i>Sub total</i>	20,038	35,468	-	55,506	62,858
A4 Asset and investment purchases, (see table)					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total payments	20,038	35,468	-	55,506	62,858
Net of receipts/(payments)	(6,933)	(22,468)	-	(29,401)	5,785
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,330	28,138	-	35,468	29,683
Cash funds this year end	396	5,670	-	6,067	35,468

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	In bank account	396	5,670	-
	Cash in hand	-	-	
	Total cash funds	396	5,670	-

balances with receipts and payments account(s)

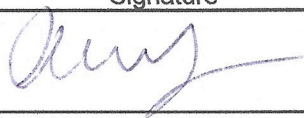
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	(none)			

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	(none)			

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	(none)			

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	(none)			

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	ALICE DIAS	04/03/24

Notes:

"Insurance and other fees" includes public liability insurance, specific insurance, DBS checks, bank fees, etc.

"Management" relates to activities to ensure effective operation of organisation.

"Governance costs" include independent examiners fees and any other costs associated with trustee activities.



Section A

Independent Examiner's Report

Report to the trustees

Charity Name:
Feel Good Community Events

On accounts for the year ended

31 December 2023

**Charity no
(if any)**

1176896

Set out on pages

3 & 4

(insert box to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

18/03/2024

Name:

Stuart Dobson

Relevant professional qualification(s) or body

Associate Member Chartered Institute of Management Accountants

(if any):

--

Address:

11 Broadmoor Vale

Bath. BA1 4LP

--

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

--

FEEL GOOD COMMUNITY EVENTS

England & Wales - Charity number 1176896

Accounts



Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day	Month	Year	To	Day	Month	Year
	1	1	22		31	12	22

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philippa Spruit	Chair		
2	Allan MacCloud			
3	Elizabeth Evans			
4	Alice Dias	(Clinical Advisor)	6/10/22	
5	Christopher Giles		6/10/22	
6	Benjamin Morris		6/10/22	
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Financial/Community	Andrew Street	
Governance	Nigel Ring	
HR	David Mitchell	

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed by the Trustees with regard to experience, skill set and character.

Additional governance issues (Optional information)

- You **may choose** to include additional information, where relevant, about:
- policies and procedures adopted for the induction and training of trustees;
 - the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
 - trustees' consideration of major risks and the system and procedures to manage them.

<p>You may choose to include additional information, where relevant, about:</p> <ul style="list-style-type: none"> • policies and procedures adopted for the induction and training of trustees; • the charity's organisational structure and any wider network with which the charity works; • relationship with any related parties; • trustees' consideration of major risks and the system and procedures to manage them.
--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>The advancement of health and well-being for the public benefit. Contributing to the relief of persons suffering from emotional and mental health challenges. Through the provision of stress relieving health and well-being sessions and innovative mindfulness and listening sessions, which improve peoples connectivity with themselves and one another, for the well-being of the whole person – body, mind and soul.</p>
--

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity offers taster sessions of relaxing professional massage, live music, compassionate listening services and engaging well-being and mindfulness sessions, online and in everyday spaces like cafes and university halls. These inclusive, social spaces build a sense of community, and create links between communities to overcome isolation. They positively impact the emotional well-being of the whole person and the community beyond the sessions. New Resilience and Wellbeing Courses, address the crisis of identity which prevents people from fulfilling their full potential. The Trustees have had due regard to the Charity guidance on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

In what has been a challenging year for charities, this year there has been an increase in the number of those who engage with our events in different Communities, venues and organisations. Despite the funding challenges of the current financial climate, we have been able to sustain the Charity's operations, and securely achieve the aims and objectives in 2022 to serve those with mental health needs, vulnerable students, the recovery community, and coerced and trafficked women.

At the heart of these successes has been the exceptional contribution made by existing and new, staff and volunteers ensuring the success of events. The relational engagement with individual attendees beside service provision, been authentic.

As a result, not only have we seen individuals and communities benefit from the sessions and from our new identity and resilience workshops, but we have seen communities being strengthened and formed around the events.

There has been a blending of the events into community, with the attendees, who bring their own skills, commitment and desire to help. Their areas of strength not only enhance the events, but also allow them to experience that sense of belonging, purpose and contribution. Research and interviews into the individual communities have been invaluable and have ensured that our events are meeting real needs in the community, by the community and for the communities where we work.

Our new Resilience and Identity workshops have added to people reporting feeling more centred, calm, confident and connected, with a new sense of purpose -one of our key objectives for people to fulfil their potential.

The feedback we have collected, along with hard data, encourages us that our programmes have not only been sustained but have been beneficial to those who attend.

To maintain and build on this success, a training and recruitment programme has been formalised and become an ongoing event in our monthly calendar. This will ensure achievement of charity aims going forwards and our high level of safeguarding and expertise of service delivery for each individual attendee.

We have undergirded these things by further strengthening the governance and financial leadership of the charity, with the addition of an internal volunteer professional auditor for the finance team, three additional Trustees carrying new areas of strength, along with a new Advisory Board.

Along with this organisational overview, the most moving part of our achievements is always the individual stories and community feedback after our events. There were some very touching stories of individual lives impacted by the delivery of the services. Particularly of note has been the early intervention when individuals have been in crisis. This has enabled sign posting to the relevant services at a critical time.

We are in a mental health epidemic at a time when NHS and public resources are stretched. And we are pleased to report that in our small way we have been able to make a difference to those who come to our events and to the communities in which we sit.

Section E**Financial review****Brief statement of the charity's policy on reserves**

The Charity holds basic reserves to ensure continuity of commitments and services.

Details of any funds materially in deficit**Further financial review details (Optional information)**

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

<i>PS</i>	
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Full name(s)

PHILIPPA SPRUIT	
-----------------	--

Position (eg Secretary, Chair, etc)

Philippa Spruit (Chair)	
-------------------------	--

Date

9/2/23



CHARITY COMMISSION
FOR ENGLAND AND WALES

Feel Good Community Events 1176896

Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2022	To	Period end date 31/12/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gifts	11,975	-		11,975	10,024
Grants	14,358	42,310		56,668	35,500
				-	
				-	
				-	
				-	
<i>Sub total(Gross income for AR)</i>	26,333	42,310	-	68,642	45,524
A2 Asset and investment sales, (see table).					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total receipts	26,333	42,310	-	68,642	45,524
A3 Payments					
Fundraising	1,173	-		1,173	2,053
Community Events	29,280	24,146		53,426	22,815
Mentoring	328	342		670	1,158
Team Development	1,712	1,100		2,812	3,831
Online community & publicity	175	489		664	4,530
Management	1,133	600		1,733	1,462
Insurance and other fees	1,044	784		1,828	1,224
Governance	552	-		552	-
<i>Sub total</i>	35,397	27,460	-	62,858	37,074
A4 Asset and investment purchases, (see table)					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total payments	35,397	27,460	-	62,858	37,074
Net of receipts/(payments)	(9,065)	14,849	-	5,785	8,450
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	16,394	13,288	-	29,683	21,233
Cash funds this year end	7,330	28,138	-	35,468	29,683

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	In bank account	7,330	28,138	-
	Cash in hand	-	-	-
	Total cash funds	7,330	28,138	-

balances with receipts and payments account(s)


Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	(none)			

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	(none)			

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	(none)			

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	(none)			

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	CHRIS GIBBS	09/02/23

Notes:

"Insurance and other fees" includes public liability insurance, specific insurance, DBS checks, bank fees, etc.

"Management" relates to activities to ensure effective operation of organisation.

"Governance costs" include independent examiners fees and any other costs associated with trustee activities.

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Feel Good Community Events

**On accounts for the year
ended**

31 December 2022

**Charity no
(if any)**

1176896

Set out on pages

2 & 3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 December 2022.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:



Date:

6/02/2023

Name:

Stuart Dobson

**Relevant professional
qualification(s) or body**

Associate Member Chartered Institute of Management Accountants

(if any):

Address: 11 Broadmoor Vale
Bath. BA1 4LP

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

FEEL GOOD COMMUNITY EVENTS

England & Wales - Charity number 1176896

Accounts



Trustees' Annual Report for the period

From 1 /1/21 Period start date To 31/12/21 Period end date

Charity name: **Feel Good Community Events**

Charity registration number: **1176896**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The Advancement of Health for the public benefit, contributing to the relief of persons suffering from emotional and mental health challenges, through the provision of stress relieving health and wellbeing sessions, and innovative mindfulness listening sessions, which improve people's connectivity with themselves and one another, for the wellbeing of the whole person – body, their mind and their soul.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The charity offers taster sessions of relaxing professional massage, live music, compassionate listening services and engaging wellbeing and mindfulness sessions; online and in everyday spaces like cafes and university halls. These inclusive, social spaces build a sense of community to overcome isolation. They positively impact the emotional wellbeing of the whole person beyond the sessions
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the guidance by the Charity Commission for the public benefit and that has been evident in the appreciative feedback from those who connect with our events.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related	Para 1.38	

investment		
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>After moving our services online during the pandemic, this year we have successfully resumed our in-person support and wellbeing events.</p> <p>The student university events have settled into an established rhythm on different campuses, both with larger festivals where many students access wellbeing sessions, and smaller living room events where students have more one to one time to talk and connect. The introduction of an experienced therapy dog has been particularly successful in these smaller settings, grounding students and bringing a sense of home.</p> <p>Our café venues have taken time to recover their own staffing levels post COVID and are now ready to host our events and deal with the extra custom that our events bring in. We look forward to picking up these café venue events in the coming year.</p> <p>There are 2 new areas of the community who have invited our services us into their communities, both demographics involve some of the most vulnerable and abused members of society.</p> <p>Specific funding has been sourced to help meet these needs. Team recruitment is taking place to provide a team who are aware of the sensitivity and specific needs of these 2 demographics. We are keen, of course, to continue the high level of Safeguarding and sensitivity that the Charity has hitherto be known for in these areas.</p> <p>Despite the difficulties caused during this pandemic, our teams grew both in number and experience during this time because of the</p>

	<p>emphasis we placed on online training, online services and connections within the team. Recruitment remains a priority to meet the increasing wellbeing needs post covid.</p> <p>The attention to funding throughout the last year has meant that the charity has begun to receive funding from personal donors and a community grant from the Lottery Commission. During this process we conducted a review of our costs, successfully sourcing partnerships with several local businesses including a pizza company for free pizza at our events. This means we have brought down costs for individual events. This is important to maximise the effective use of resources, and the sustainability of events going forward.</p> <p>The effectiveness and success of the services for, the members of the public who attend our events, and any organisations which host those events, has been evidenced by the unwavering positive feedback which we have received from our feedback forms and through consultation with those service users. Some of the feedback has been both moving and poignant, explaining that service user mental health has been positively affected, their sense of isolation has been markedly reduced and their sense of community increased. The team are getting to know repeat attendees who become part of the community, often helping out in various ways at events themselves, which increases connection.</p> <p>The benefit to our service users is clear and has been matched by the hard work of the charity governance this year, meaning that the charity is in a stronger position despite the demands and rigours of COVID.</p> <p>We have arranged the transition for the charity effectively at the natural end of the founding Finance Trustee's term of office, recruiting a professional accountant who has volunteered their services as our new Financial Officer, so the financial side of the charity is in good hands going forward. The Independent Examiners report confirms the financial health of the charity processes.</p> <p>The Trustee Body continues to have a wide range of skills that are solid in governance as well as very aware of the needs of the community, service users, safeguarding and the appropriate use of resources.</p> <p>A new Trustee with understanding all the issues involved in the Charities purposes will be joining the board this year.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	
Amount of reserves held	Para 1.22	
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Feel Good Community Events
Other name the charity uses	
Registered charity number	1176896
Charity's principal address	25 Broadmoor Vale Bath BA1 4LP UK

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Philippa Spruit	Chair		
2	Dr Samuel Graves Cooper	Finance Officer		
3	Elizabeth Evans			
4	Allan Macleod			
5				
6				
7				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>Sam Cooper</i>	
Full name(s)	SAMUEL COOPER	
Position (eg Secretary, Chair, etc)	TREASURER	
Date	21/3/22	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Feel Good Community Events | 1176896

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01/01/2021		31/12/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Gifts	7,024	3,000		10,024	26,154
Grants	10,900	24,600		35,500	13,000
				-	
				-	
				-	
				-	
<i>Sub total(Gross income for AR)</i>	17,924	27,600	-	45,524	39,154
A2 Asset and investment sales, (see table).					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total receipts	17,924	27,600	-	45,524	39,154
A3 Payments					
Fundraising	1,205	815		2,020	571
Community Events	1,681	20,933		22,614	11,950
Mentoring	48	1,110		1,158	3,120
Team development	610	3,188		3,797	2,974
Online community & publicity	587	3,909		4,497	6,853
Management	874	554		1,428	600
Insurance and other fees	157	1,068		1,224	1,244
Governance costs	336	-		336	107
<i>Sub total</i>	5,498	31,576	-	37,074	27,419
A4 Asset and investment purchases, (see table)					
				-	
				-	
<i>Sub total</i>	-	-	-	-	-
Total payments	5,498	31,576	-	37,074	27,419
Net of receipts/(payments)	12,426	(3,976)	-	8,450	11,734
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	3,968	17,265	-	21,233	9,498
Cash funds this year end	16,394	13,288	-	29,683	21,233

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	In bank account	16,394	13,288	-
	Cash in hand	-	-	-
	Total cash funds	16,394	13,288	-
	Free balances with receipts and payments account(s)	OK	OK	OK

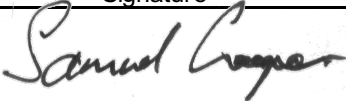
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	(none)			

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	(none)			

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	(none)			

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	(none)			

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Samuel Graves-Cooper	21/3/2022

Notes:
 "Insurance and other fees" includes public liability insurance, specific insurance, DBS checks, bank fees, etc.
 "Management" relates to activities to ensure effective operation of organisation.
 "Governance costs" include independent examiners fees and any other costs associated with trustee activities.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Feel Good Community Events

**On accounts for the year
ended**

31 December 2021

**Charity no
(if any)**

1176896

Set out on pages

2 & 3

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 / 12 / 2021.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

~~[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. Delete [] if not applicable.~~

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

22/03/2022

Name:

Stuart Dobson

**Relevant professional
qualification(s) or body**

Associate Member Chartered Institute of Management Accountants