



## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	September	2024		31st	August	2025

### Section A

### Reference and administration details

Charity name

Caffir Ffynnon

Other names charity is known by

Registered charity number (if any)

1176849

Charity's principal address

Argoed Baptist Chapel

High Street

Argoed

Postcode

NP12 0HQ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Charlotte Moss			Charlotte Moss
2	Jayne Topping	Treasurer		Charlotte Moss
3	Donna Lower	Chair		Charlotte Moss
4	Andrew Evans			Charlotte Moss
5	Patricia Ann Edwards			Charlotte Moss
6	Caroline Evans			Charlotte Moss
7	Malcolm Topping			Charlotte Moss
8	Jennifer Hill			Charlotte Moss
9	Val Morrill			Charlotte Moss
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Trust

Trustee selection methods  
(eg. appointed by, elected by)

Appointed by Chair – Val Morrill

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To reduce social exclusion for the public benefit within Argoed and South Eastern Valleys by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by:

- Providing a community café run volunteers and offering work experience
- Providing opportunity for unemployed, to increase skills undertake low level support in the kitchen to become socially included and

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

- increase the chances of accessing employment
- Signposting counselling services for people with drug and alcohol dependencies
- Promoting the improvement of the conditions of life in socially and economically disadvantaged communities
- Providing a volunteering workplace for them within the project
- Provide sustainable refreshment and hospitality facilities for people suffering the effects of rural isolation and people suffering from long term illness including dementia

The café operates on two days a week providing a friendly environment for members of the local community.

The trustees have had regard to the Charity Commission on public benefit

#### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

The café is open on Wednesdays and Thursdays. It now averages 80 customers a week and serves members of the community such as individuals, walking groups, Carers and their clients and clients from a local psychiatric hospital. It offers a friendly and supportive environment where people make friends. It is particularly effective in providing new friendships for those individuals living alone and who are otherwise socially isolated.

Food and drink are offered at low prices to again support those on low incomes. The café has also provided work experience for individuals to help with employability skills and to increase their confidence and self-esteem. Barista training is provided for all volunteers and work experience individuals

The café has a regular group of approximately 16 volunteers and also has a group of ad hoc volunteers to call upon when needed.

The charity received a Highly commended award from GAVO Caerphilly for its work within the community to support health and well being.

It also maintained is 5\* points for food hygiene.

It raises money for other charities twice a year

## Section E Financial review

**Brief statement of the charity's policy on reserves**

There are no reserves – net zero

**Details of any funds materially in deficit**

None

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Takings from the sale of food and drink are the main source of income. However, some individuals have made donations and voluntary organisation such as GAVO and the local authority has provided funding support through grants for specific items.

## Section F Other optional information

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## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>		
<b>Full name(s)</b>	Donna Lower	Jayne Topping
<b>Position (eg Secretary, Chair, etc)</b>	Chair	Treasurer
<b>Date</b>	07.05.25	

Accounts for Caffir Ffynnon 1st September 2024 to 31st August 2025

INCOME

Date	Amount	Bank Cash	Cheque	Credit>Returns	Donation/Grant	Monthly summary	
12.09.24	£2,000.00				Grant	Sep-24	£2,980.90
15.09.24	£188.50					Oct-24	£1,233.06
18.09.24	£5.90			0		Nov-24	£1,779.71
18.09.24	£32.15			0		Dec-24	£500.44
25.09.24	£4.60			0		Jan-25	£1,421.71
25.09.24	£9.65			0		Feb-25	£872.15
27.09.24	£3.00			0		Mar-25	£3,726.36
27.09.24	£422.00				Grant	Apr-25	£1,407.84
29.09.24	£114.10					May-25	£933.87
29.09.24	£201.00					Jun-25	£1,023.31
02.10.24	£0.51			0		Jul-25	£960.16
02.10.24	£1.99			0		Aug-25	£3,223.28
09.10.24	£3.45			0		TOTAL	£20,062.79
09.10.24	£6.41			0			
11.10.24	£1.30			0			
11.10.24	£4.65			0			
13.10.24	£241.50						
13.10.24	£241.60						
16.10.24	£8.65			0			
20.10.24	£335.00						
22.10.24	£286.74						
23.10.24	£1.80			0			
27.10.24	£87.00						
30.10.24	£4.66			0			
30.10.24	£7.60			0			
31.10.24	£0.20			0			
03.11.24	£166.00						
08.11.24	£1.10			0			
08.11.24	£2.00			0			
08.11.24	£1,000.00				Grant		
10.11.24	£203.50						
13.11.24	£3.05			0			
13.11.24	£8.05			0			
17.11.24	£258.75						
20.11.24	£9.28			0			
24.11.24	£125.00						
27.11.24	£1.18			0			

27.11.24	£1.35			0	
29.11.24	£0.45			0	
01.12.24	£156.00				
04.12.24	£2.00			0	
04.12.24	£2.55			0	
15.12.24	£248.40				
16.12.24	£91.49			0	
04.01.25	£200.22				
22.01.25	£0.30			0	
24.01.25	£954.49				0
26.01.25	£266.70				
02.02.25	£295.80				
05.02.25	£1.22			0	
05.02.25	£1.38			0	
07.02.25	£1.99			0	
07.02.25	£3.00			0	
12.02.25	£0.50			0	
16.02.25	£254.00				
16.02.24	£310.00				
19.02.25	£1.39			0	
26.02.25	£2.87			0	
02.03.25	£268.35				
02.03.25	£357.10				
05.03.25	£0.58			0	
05.03.25	£6.57			0	
10.03.25	£11.99			0	
14.03.25	£2,112.72				0
19.03.25	£0.90			0	
23.03.25	£244.60				
23.03.25	£315.60				
23.03.25	£404.00				
26.03.25	£0.50			0	
26.03.25	£1.45			0	
28.03.25	£2.00			0	
06.04.25	£265.00				
06.04.25	£355.00				
08.04.25	£481.91				0
09.04.25	£0.03			0	
10.04.25	£0.05			0	
10.04.25	£8.93			0	
11.04.25	£0.32			0	

[illegible]



Expenditure								
Date	Ref	Amount	Cash	Direct Debit/Baccs	Card	Cheque/BACs	Monthly summary	
04.09.24	Vodafone	£29.86		0			Sep-24	£408.50
18.9.24	Asda	£132.52			0		Oct-24	£1,753.22
19.09.24	Sainsburys	£20.00			0		Nov-24	£1,413.89
20.09.24	Sainsburys	£28.84			0		Dec-24	£361.26
25.09.24	Asda	£100.39			0		Jan-25	£282.28
26.09.24	Amazon	£36.60			0		Feb-25	£2,259.77
27.09.24	Asda	£56.99			0		Mar-25	£1,310.62
27.09.24	Asda	£3.30			0		Apr-25	£1,585.99
02.10.24	Asda	£45.79			0		May-25	£1,645.72
02.10.24	Asda	£6.90			0		Jun-25	£1,127.52
03.10.24	Sainsburys	£10.01			0		Jul-25	£1,986.11
04.10.24	Vodafone	£29.86		0			Aug-25	£756.83
04.10.24	Sainsburys	£14.45			0		TOTAL	£14,891.71
09.10.24	Asda	£59.95			0		Cash paymnets	898.78
11.10.24	Asda	£37.22			0		Grand Total	£15,790.49
11.10.24	Asda	£2.15			0			
11.10.24	Asda	£1.49			0			
11.10.24	Asda	£1.09			0			
15.10.24	Amazon	£4.57			0			
16.10.24	Asda	£60.41			0			
18.10.24	Asda	£28.24			0			
18.10.24	Asda	£0.65			0			
23.10.24	Asda	£83.60			0			
24.10.24	Sainsburys	£14.77			0			
24.10.24	Amazon	£5.95			0			
27.10.24	Tesco	£4.75			0			
29.10.24	<a href="#">Dec.org</a>	£1,000.00			0			
29.10.24	Amazon	£22.84			0			
30.10.24	Asda	£101.03			0			
30.10.24	Asda	£10.30			0			
30.10.24	Asda	£3.20			0			
30.10.24	Asda	£3.00			0			
31.10.24	Dynorod	£198.00			0			
31.10.24	Asda	£3.00			0			
05.11.24	Vodafone	£29.86		0				
06.11.24	Asda	£44.14			0			

07.11.24	Asda	£12.20			0	
07.11.24	Sainsburys	£9.65			0	
08.11.24	Asda	£28.51			0	
08.11.24	Asda	£2.10			0	
08.11.24	Asda	£1.99			0	
09.11.24	Amazon	£39.79			0	
09.11.24	Amazon	£11.37			0	
13.11.24	Asda	£80.10			0	
13.11.24	Asda	£8.25			0	
13.11.24	Asda	£4.10			0	
14.11.24	Sainsburys	£9.38			0	
15.11.24	Asda	£39.43			0	
19.11.24	Amazon	£37.50			0	
20.11.24	Asda	£50.30			0	
20.11.24	Asda	£4.85			0	
22.11.24	Asda	£28.81			0	
22.11.24	Asda	£2.20			0	
27.11.24	Asda	£83.18			0	
27.11.24	Asda	£7.48			0	
28.11.24	Sainsburys	£4.92			0	
29.11.24	Asda	£42.55			0	
29.11.24	Asda	£4.00			0	
29.11.24	Asda	£1.25			0	
29.11.24		£358.80				22103
29.11.24		£270.00				22104
29.11.24		£18.18				22105
30.11.24	Amazon	£179.00			0	
01.12.24	Amazon	£13.99			0	
04.12.24	Vodafone	£29.86		0		
04.12.24	Asda	£56.27			0	
04.12.24	Tesco	£15.80			0	
04.12.24	Asda	£11.99			0	
04.12.24	Asda	£7.00			0	
04.12.24	Asda	£5.49			0	
11.12.24	Asda	£56.18			0	
12.12.24	Amazon	£91.49			0	
17.12.24	Amazon	£6.99			0	
18.12.24	Asda	£45.71			0	
21.12.24	Sainsburys	£11.00			0	
21.12.24	Amazon	£9.49			0	
06.01.25	Vodafone	£29.86		0		

22.01.25	Asda	£98.36			0	
24.01.25	Asda	£31.92			0	
29.01.25	Asda	£74.95			0	
29.01.25	Tesco	£10.20			0	
29.01.25	Asda	£1.61			0	
30.01.25	Amazon	£4.89			0	
31.01.25	Asda	£30.49			0	
01.02.25	John Lewis	£1,398.00			0	
01.02.25	Amazon	£24.99			0	
05.02.25	Vodafone	£29.86		0		
05.02.25	Asda	£51.11			0	
05.02.25	Asda	£6.27			0	
05.02.25	Asda	£4.00			0	
05.02.25		£129.95				22107
06.02.25	Asda	£31.10			0	
07.02.25	Asda	£40.42			0	
07.02.25	Asda	£5.55			0	
07.02.25	Asda	£3.80			0	
08.02.25	Amazon	£3.78			0	
12.02.25	Asda	£102.34			0	
13.02.25	Asda	£28.35			0	
13.02.25	Asda	£1.60			0	
19.02.25	Asda	£74.67			0	
20.02.25	Asda	£27.85			0	
21.02.25	Sainsburys	£12.99			0	
21.02.25	Amazon	£11.99			0	
25.02.25	Coffee	£144.00		0		
26.02.25	Asda	£71.77			0	
27.02.25	Sainsburys	£24.20			0	
28.02.25	Sainsburys	£31.18			0	
05.03.25	Asda	£89.12			0	
06.03.25	Vodafone	£29.86		0		
06.03.25	Sainsburys	£7.18			0	
10.03.25	electricity	£333.10		0		
10.03.25	electricity	£173.36		0		
10.03.25	Lakeland	£20.98			0	
10.03.25	Amazon	£5.49			0	
12.03.25	Maintenance	£200.00		0		
12.03.25	Asda	£77.89			0	
12.03.25	Asda	£1.38			0	
13.03.25	Sainsburys	£37.05			0	

14.03.25	Sainsburys	£41.09			0	
15.03.25	Amazon	£15.17			0	
19.03.25	Asda	£88.85			0	
19.03.25	Asda	£9.36			0	
20.03.25	Sainsburys	£12.25			0	
21.03.25	Asda	£29.84			0	
21.03.25	Asda	£3.00			0	
23.03.25	Tesco	£4.90			0	
26.03.25	Asda	£72.41			0	
26.03.25	Asda	£13.92			0	
26.03.25	Tesco	£3.71			0	
27.03.25	Amazon	£4.23			0	
28.03.25	Asda	£36.48			0	
02.04.25	Asda	£54.83			0	
02.04.25	Asda	£1.95			0	
02.04.25	Asda	£1.50			0	
03.04.25	Vodafone	£29.86		0		
03.04.25	Sainsburys	£26.00			0	
04.04.25	Sainsburys	£11.50			0	
07.04.25		£522.72				22108
07.04.25		£146.52				22111
08.04.25		£232.32				22109
08.04.25		£221.76				22110
09.04.25	Asda	£43.40			0	
09.04.25	Asda	£8.58			0	
10.04.25	Asda	£32.54			0	
10.04.25	Sainsburys	£13.55			0	
10.04.25	Asda	£7.43			0	
10.04.25	Amazon	£4.65			0	
11.04.25	Asda	£66.24			0	
16.04.25	Lidl	£96.14			0	
17.04.25	Asda	£36.37			0	
18.04.25	Sainsburys	£28.13			0	
01.05.25	Gas	£952.16		0		
07.05.25	Vodafone	£30.90		0		
07.05.25	Lidl	£78.63			0	
08.05.25	Sainsburys	£43.95			0	
09.05.25	Amazon	£15.01			0	
09.05.25	Sainsburys	£8.65			0	
13.05.25	Sainsburys	£19.39			0	
14.05.25	Asda	£61.65			0	

16.05.25	Asda	£27.44			0
21.05.25	Asda	£45.26			0
21.05.25	Amazon	£35.10			0
23.05.25	Asda	£35.26			0
28.05.25	Asda	£46.97			0
28.05.25	Lidl	£36.32			0
28.05.25	Sainsburys	£7.58			0
28.05.25	Asda	£2.60			0
29.05.25	Welsh coffee co	£144.00	0		
29.05.25	Sainsburys	£16.80			0
30.05.25	Asda	£38.05			0
03.06.25	Amazon	£3.50			0
03.06.25	Amazon	£33.99			0
04.06.25	Vodafone	£30.90	0		
04.06.25	Asda	£40.60			0
04.06.25	Lidl	£47.39			0
04.06.25	Amazon	£5.09			0
06.06.25	Sainsburys	£14.23			0
11.06.25	Asda	£50.98			0
11.06.25	Lidl	£2.98			0
11.06.25	Lidl	£66.46			0
12.06.25	Sainsburys	£12.99			0
16.06.25	Gas	£527.94	0		
17.06.25	Asda	£31.85			0
17.06.26	Asda	£3.94			0
17.06.27	Asda	£2.94			0
17.06.28	Amazon	£9.39			0
18.06.25	Asda	£8.15			0
18.06.25	Asda	£49.19			0
18.06.26	Lidl	£42.20			0
18.06.27	Amazon	£10.99			0
19.06.25	Sainsburys	£21.42			0
20.06.25	Asda	£34.88			0
20.06.25	Sainsburys	£8.97			0
25.06.25	Asda	£31.17			0
25.06.26	Lidl	£22.49			0
26.06.25	Sainsburys	£12.89			0
02.07.25	Lidl	£27.73			0
03.07.25	Sainsburys	£39.25			0
04.07.25	Vodafone	£30.90	0		
04.07.26	Asda	£5.49			0

04.07.27	Asda	£44.30			0
04.07.28	Asda	£2.56			0
04.07.29	Asda	£10.88			0
07.07.30	Amazon	£5.89			0
09.07.31	Lidl	£49.22			0
10.07.25	Sainsburys	£25.14			0
11.07.25	Asda	£33.68			0
11.07.26	Asda	£1.70			0
11.07.27	Asda	£9.98			0
11.07.28	Amazon	£9.72			0
16.07.25	Lidl	£86.21			0
17.07.25	Asda	£12.36			0
17.07.26	Asda	£11.13			0
17.07.27	Asda	£9.75			0
17.07.28	Asda	£4.98			0
17.07.29	Asda	£3.28			0
17.07.30	Asda	£6.78			0
18.07.25	Amazon	£17.75			0
18.07.25	Asda	£55.56			0
23.07.25	Lidl	£31.40			0
23.07.26	Asda	£46.46			0
24.07.25	Sainsburys	£5.63			0
25.07.25	Asda	£1.25			0
25.07.25	Asda	£48.35			0
30.07.25	Lidl	£56.89			0
30.07.26	Gas	£1,291.89		0	
05.08.25	Vodafone	£30.90		0	
05.08.26	Buzz catering	£41.56			0
11.08.25	Amazon	£8.99			0
13.08.25	Asda	£79.48			0
13.08.26	Lidl	£42.91			0
13.08.27	Asda	£12.67			0
14.08.25	Sainsburys	£11.59			0
15.08.25	Asda	£42.82			0
15.08.26	Asda	£6.36			0
19.08.25	Amazon	£17.49			0
19.08.26	Amazon	£9.59			0
19.08.27	Amazon	£8.99			0
20.08.25	Lidl	£42.15			0
20.08.26	Amazon	£8.99			0
21.08.25	Welsh coffee co	£144.00		0	

[illegible]