



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	September	2023		31st	August	2024

Section A

Reference and administration details

Charity name

Caffir Ffynnon

Other names charity is known by

Registered charity number (if any) 1176849

Charity's principal address

Argoed Baptist Chapel

High Street

Argoed

Postcode

NP12 0HQ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Val Morrill	Chair		Charlotte Moss
2	Jayne Topping	Treasurer		Charlotte Moss
3	Donna Lower			Charlotte Moss
4	Andrew Evans			Charlotte Moss
5	Patricia Ann Edwards			Charlotte Moss
6	Caroline Evans			Charlotte Moss
7	Malcolm Topping			Charlotte Moss
8	Jennifer Hill			Charlotte Moss
9	Charlotte Moss			
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18				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by Chair – Val Morrill

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To reduce social exclusion for the public benefit within Argoed and South Eastern Valleys by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by:

- Providing a community café run volunteers and offering work experience
- Providing opportunity for unemployed, to increase skills undertake low level support in the kitchen to become socially included and

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>increase the chances of accessing employment</p> <ul style="list-style-type: none"> • Signposting counselling services for people with drug and alcohol dependencies • Promoting the improvement of the conditions of life in socially and economically disadvantaged communities • Providing a volunteering workplace for them within the project • Provide sustainable refreshment and hospitality facilities for people suffering the effects of rural isolation and people suffering from long term illness including dementia
<p>The café operates on two days a week providing a friendly environment for members of the local community.</p> <p>The trustees have had regard to the Charity Commission on public benefit</p>

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The café is open on Wednesdays and Thursdays. It averages 50 customers a week and serves members of the community such as individuals, walking groups, Carers and their clients and clients from a local psychiatric hospital. It offers a friendly and supportive environment where people make friends. It is particularly effective in providing new friendships for those individuals living alone and who are otherwise socially isolated.

Food and drink are offered at low prices to again support those on low incomes. The café has also provided work experience for individuals to help with employability skills and to increase their confidence and self-esteem. Barista training is provided for all volunteers and work experience individuals

The café has a regular group of approximately 12 volunteers and also has a group of ad hoc volunteers to call upon when needed.

Section E Financial review

Brief statement of the charity's policy on reserves

There are no reserves – net zero

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Takings from the sale of food and drink are the main source of income. However, some individuals have made donations and voluntary organisation such as GAVO and the local authority has provided funding support through grants for specific items.

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Val Morrill	Jayne Topping
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	01.06.23	

Accounts 1st September 2023 to 1st August 2024

Income

Date	Cash	Cheque	Other
03.09.23	£350.00		
07.09.23			£3.49 credit Asda
17.09.23	£218.00		
21.09.23			£2.00 credit Asda
22.09.23			£143.88 grant CCBC
24..09.23	£142.00		
26.09.23			£5.00 credit Asda
01.10.23	£289.00		
10.10.23	£285.00		
11.10.23			£2.15 credit Asda
13.10.23			£0.10 credit Asda
15.10.23	£35.00		
17.10.23			£492.55 grant CCBC
18.10.23			£0.40 credit Asda
18.10.23			£0.95 credit Asda
22.10.23	£260.00		
25.10.23			£0.10 credit Asda
25.10.23			£0.80 credit Asda
27.10.23			£2.15 credit Asda
29.10.23	£84.00		
01.11.23			£2.70 credit Asda
05.11.23	£194.10		
07.11.23			£1.40 credit Asda
08.11.23			£2.80 credit Asda
09.11.23			£1.20 credit Asda
12.11.23	£295.00		
15.11.23			£449.76 grant CCBC

Expenditure

Date	Retailer	Amount
05.09.23	Vodafone	£28.38
05.09.23	Amazon	£17.32
06.09.23	Asda	£45.11
06.09.23	Asda	£13.48
06.09.23	Asda	£10.45
07.09.23	Amazon	£68.85
07.09.23	Asda	£28.78
08.09.23	Asda	£38.65
08.09.23	Sainsbury	£17.00
08.09.23	Amazon	£15.99
08.09.23	Amazon	£6.99
08.09.23	Asda	£4.00
09.09.23	Sainsbury	£85.25
09.09.23	Sainsbury	£57.00
13.09.23	Nisbets	£430.00
13.09.23	Asda	£32.88
13.09.23	Amazon	£5.79
13.09.23	Sainsbury	£3.40
13.09.23	Asda	£2.30
20.09.23	Asda	£51.40
21.09.23	Asda	£28.34
22.09.23	Sainsbury	£9.70
26.09.23	Asda	£38.85
26.09.23	Asda	£8.60
26.09.23	Asda	£7.35
27.09.23	Asda	£6.90
29.09.23	Asda	£28.54

19.11.23	£240.00		29.09.23	Asda	£2.15
22.11.23		£0.45 credit Asda	30.09.23	Amazon	£8.10
22.11.23		£1.00 credit Asda	04.10.23	Vodafone	£28.38
24.11.23		£0.02 credit Asda	05.10.23	Asda	£59.52
24.11.23		£5.48 credit Asda	05.10.23	Asda	£1.43
26.11.23	£250.00		06.10.23	Asda	£34.90
26.11.23		£10.34 credit Amazon	06.10.23	Asda	£6.30
28.11.23		£45.90 credit Amazon	06.10.23		£498.00 cheque
29.11.23		£0.45 credit Asda	06.10.23		£40.00 cheque
29.11.23		£1.40 credit Asda	11.10.23	Asda	£86.37
03.12.23	£260.00		12.10.23	Amazon	£9.75
13.12.23		£1.45 credit Asda	12.10.23	Amazon	£5.99
15.12.23		£1.90 credit Asda	13.10.23	Asda	£27.30
17.12.23	£108.70		13.10.23	Amazon	£8.48
19.12.23		£361.38 grant CCBC	13.10.23	Asda	£3.75
04.02.24	£250.70		18.10.23	Asda	£38.24
07.02.24		£1.10 credit Asda	18.10.23	Asda	£4.70
09.02.24	£350.00		19.10.23	Amazon	£309.00
09.02.24		£1.00 credit Asda	19.10.23	Sainsbury	£12.80
14.02.24		£0.40 credit Asda	20.10.23	Sainsbury	£17.83
14.02.24		£1.40 credit Asda	24.10.23	Amazon	£6.99
15.02.24		£3.29 credit Asda	25.10.23	Asda	£70.35
16.02.24		£2.30 credit Asda	25.10.23	Sainsbury	£15.01
18.02.24	£271.10		25.10.23	Asda	£11.80
21.02.24		£4.80 credit Asda	27.10.23	Asda	£32.00
23.02.24		£0.92 credit Asda	27.10.23	Asda	£6.85
23.02.24		£6.90 credit Asda	31.10.23	Amazon	£15.99
01.03.24		£5.10 credit Asda	01.11.23	Asda	£57.90
03.03.24	£189.00		03.11.23	Vodafone	£28.38
03.03.24	£236.00		07.11.23	Asda	£26.03
06.03.24		£1.19 credit Asda	07.11.23	Asda	£13.85
06.03.24		£2,214.91 grant CCBC	08.11.23	Asda	£45.21
13.03.24		£0.67 credit Asda	08.11.23	Amazon	£14.99

15.03.24		£162.03 grant CCBC
17.03.24	£96.20	
20.03.24		£0.10 credit Asda
20.03.24		£8.85 credit Asda
22.03.24		£3.70 credit Asda
24.03.24	£45.00	
24.03.24	£123.50	
10.04.24		£2.25 credit Asda
17.04.24		£0.45 credit Asda
19.04.24		£0.95 credit Asda
24.04.24		£3.76 credit Asda
03.05.24		£611.00 grant CCBC
08.05.24		£2.75 credit Asda
12.05.24	£195.00	
15.05.24		£1.35 credit Asda
17.05.24		£0.40 credit Asda
17.05.24		£1.05 credit Asda
26.05.24	£155.00	
26.05.24	£245.00	
30.05.24		£2.00 credit Asda
02.06.24	£200.00	
05.06.24		£3.76 credit Asda
05.06.24		£4.00 credit Asda
05.06.24		£7.20 credit Asda
09.06.24	£165.60	
16.06.24	£205.00	
18.06.24		£1.98 credit Asda
18.06.24		£6.20 credit Asda
21.06.24		£5.00 credit Asda
26.06.24		£2.44 credit Asda
28.06.24		£1.50 credit Asda
30.06.24	£230.00	
30.06.24	£240.00	

08.11.23	Asda	£5.19
08.11.23	Asda	£3.90
08.11.23	Asda	£1.40
09.11.23	Sainsbury	£20.25
10.11.23	Asda	£35.43
15.11.23	Asda	£34.34
15.11.23	Asda	£10.50
15.11.23	Asda	£8.70
16.11.23	Asda	£32.88
16.11.23	Asda	£1.39
17.11.23	Asda	£27.49
17.11.23	Asda	£1.60
17.11.23	Asda	£1.50
17.11.23	Asda	£0.32
22.11.23	Asda	£50.90
22.11.23	Amazon	£19.99
22.11.23	Asda	£6.40
24.11.23	Asda	£39.95
24.11.23	Asda	£5.30
25.11.23	Amazon	£36.24
29.11.23	Asda	£44.63
29.11.23	Sainsbury	£21.68
29.11.23	Kates cupt	£15.45
29.11.23	Asda	£5.40
29.11.23	Asda	£1.45
01.12.23	Asda	£36.24
01.12.23	Asda	£5.50
06.12.23	Vodafone	£28.38
13.12.23	Asda	£56.91
13.12.23	Asda	£45.60
13.12.23	Amazon	£19.80
14.12.23	Sainsbury	£12.65
15.12.23	Asda	£26.65

03.07.24		£0.16 credit Asda
04.07.24		£0.99 credit Asda
10.07.24		£9.85 credit Asda
12.07.24		£6.60 credit Asda
14.07.24	£165.00	
16.07.24		£384.29 grant CCBC
01.08.24	£160.00	
04.08.24	£79.00	
07.08.24		£1.50 credit Asda
07.08.24		£4.10 credit Asda
09.08.24		£15.98 audible
11.08.24	£225.00	
18.08.24	£172.50	
23.08.24		£805.02 grant CCBC
Totals	£7,009.40	£5,846.39

Grand Total £12,855.79

15.12.23	Asda	£7.00
04.01.24	Vodafone	£28.38
10.01.24	Amazon	£28.95
31.01.24	Asda	£78.44
03.02.24	Amazon	£35.55
03.02.24	Amazon	£26.50
05.02.24	Vodafone	£28.38
07.02.24	Asda	£82.27
09.02.24	Asda	£30.75
09.02.24	Asda	£6.83
09.02.24	Electric	£942.09 cheque
09.02.24		£560.00 cheque
09.02.24	Gas	£221.13 cheque
09.02.24	J Repairs	£219.55 cheque
14.02.24	Asda	£54.65
14.02.24	Asda	£12.40
16.02.24	Asda	£30.20
16.02.24	Asda	£11.35
16.02.24	Asda	£10.94
20.02.24	Amazon	£10.99
21.02.24	Asda	£67.35
21.02.24	Asda	£8.62
21.02.24	Asda	£3.77
23.02.24	Asda	£35.27
23.02.24	Sainsbury	£12.27
23.02.24	Asda	£4.00
27.02.24	Amazon	£5.95
29.02.24	Barmans L	£50.13
01.03.24	Asda	£45.46
05.03.24	Freezer	£479.00
06.03.24	Vodafone	£28.38
06.03.24	Asda	£56.79

06.03.24	Asda	£10.20
08.03.24	Asda	£44.83
08.03.24	Sainsbury	£12.90
08.03.24	Asda	£9.30
13.03.24	Asda	£50.13
15.03.24	Sainsbury	£6.74
20.03.24	Asda	£40.21
20.03.24	Asda	£6.80
22.03.24	Asda	£43.24
23.03.24	Amazon	£15.98
02.04.24	Amazon	£9.99
04.04.24	Vodafone	£28.38
09.04.24	Amazon	£5.49
10.04.24	Asda	£74.80
10.04.24	Asda	£5.25
10.04.24	Asda	£5.10
11.04.24	Sainsbury	£8.45
12.04.24	Sainsbury	£12.43
17.04.24	Asda	£50.56
17.04.24	Asda	£4.60
19.04.24	Asda	£48.58
24.04.24	Asda	£64.44
25.04.24	Sainsbury	£4.45
26.04.24	Sainsbury	£3.50
30.04.24	Amazon	£8.35
01.05.24	Asda	£58.85
01.05.24	Asda	£18.08
01.05.24	Amazon	£6.45
03.05.24	Asda	£27.76
06.05.24	Amazon	£4.99
07.05.24	Vodafone	£29.86
08.05.24	Asda	£77.52
15.05.24	Asda	£54.19

15.05.24	Asda	£10.00
16.05.24		£260.56 cheque
17.05.24	Asda	£39.12
17.05.24	Asda	£4.20
22.05.24	Asda	£80.87
24.05.24	Asda	£41.79
24.05.24	Asda	£1.49
29.05.24	Asda	£82.66
31.05.24		£1,398.87 cheque
05.06.24	Vodafone	£29.86
05.06.24	Asda	£79.51
05.06.24	Asda	£0.49
07.06.24	Asda	£29.60
07.06.24	Asda	£0.28
07.06.24		£1,434.84 cheque
12.06.24	Asda	£71.26
14.06.24	Asda	£41.77
14.06.24	Asda	£0.70
17.06.24	Audible	£7.99
18.06.24	Asda	£72.10
20.06.24	Asda	£39.22
20.06.24	Amazon	£6.99
20.06.24	Asda	£3.38
21.06.24	Asda	£29.18
21.06.24	Asda	£3.00
26.06.24	Asda	£84.61
28.06.24	Asda	£32.54
02.07.24	Amazon	£36.83
03.07.24	Asda	£86.94
03.07.24	Asda	£5.40
04.07.24	Vodafone	£29.86
04.07.24	Asda	£28.32
08.07.24	Amazon	£13.95

10.07.24	Asda	£70.12
12.07.24	Sainsbury	£19.32
17.07.24	Asda	£48.97
17.07.24	Audible	£7.99
17.07.24	Asda	£5.25
24.07.24	Asda	£37.70
25.07.24	Withdrawa	£30.00
25.07.24	Sainsbury	£9.26
25.07.24	Sainsbury	£17.98
29.07.24	Amazon	£34.20
01.08.24	Asda	£71.11
01.08.24	Asda	£6.65
01.08.24	Sainsbury	£4.28
02.08.24	Sainsbury	£29.17
03.08.24	Audible	£0.87
05.08.24	Vodafone	£29.86
07.08.24	Asda	£48.20
08.08.24	Sainsbury	£13.91
09.08.24	Asda	£34.65
14.08.24	Asda	£51.80
15.08.24	Sainsbury	£29.12
16.08.24	Sainsbury	£17.57
21.08.24	Asda	£113.32
22.08.24	Sainsbury	£17.75
23.08.24	Sainsbury	£17.65
27.08.24	Sainsbury	£9.70
28.08.24	Asda	£86.03
29.08.24	Asda	£43.52
29.08.24	Asda	£5.50
30.08.24	Asda	£38.89
30.08.24	Asda	£5.69
30.08.24	Asda	£2.00

Total

£12,425.60