

# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day	Month	Year		Day	Month	Year
	01	10	2019		30	09	2020

## Section A Reference and administration details

**Charity name**

Quick Start Hockey

**Other names charity is known by**

**Registered charity number (if any)**

1176770

**Charity's principal address**

11 Darlaston Road

London

**Postcode**

SW19 4LF

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Knowles	Chair		Paul Knowles
2	Marie Kidwell			
3	Chris Walker			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Charity founded by Paul Knowles. Marie Kidwell and Ben Marsden appointed by Paul Knowles. Ben Marsden resigned in May 2019 and Chris Walker appointed by Paul Knowles in replacement

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

<p>To advance in life and help young people through:</p> <p>(a) The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;</p> <p>(b) Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.</p>
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**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

<p>Quick Start Hockey has undertaken the following activities for the benefit of primary state school students in the London borough of Merton:</p> <ul style="list-style-type: none"> <li>□ Delivery of school assemblies from elite hockey players including Crista Cullen – MBE and Olympic gold medallist</li> <li>□ Hockey coaching taster sessions and PE lessons</li> <li>□ After school clubs</li> <li>□ Provision of free sticks and balls to schools and children participating</li> <li>□ Provision of an annual festival enabling local schools to compete at all standards across their student co-hort.</li> </ul>
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**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

## Section D

## Achievements and performance

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### Summary of the main achievements of the charity during the year

During the third year of operation, Quick Start Hockey worked with 12 out of the c44 state primary schools in Merton Borough.

Several thousand students attended assemblies and several hundred attended weekly after school hockey sessions.

One hundred and twenty students attended the annual Quick Start Hockey festival.

An additional 300 sticks and 250 balls were provided to participating schools enabling these schools to offer hockey to a wider number of its children beyond the Quick Start Hockey sessions.

Quick Start Hockey coaches work alongside dozens of primary school teachers to help them learn coaching skills which would enable the schools to become more self-sufficient with the provision of hockey coaching.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The charity was funded originally by unsecured founder loans only repayable if external funding was provided and therefore the charity had no risk of failing to provide funding to meet its liabilities from equipment purchase and coach provision. Subsequently, donations have been made by England Hockey and Surrey Hockey with the unsecured founder loan being repaid over time.

**Details of any funds materially in deficit**

None

**Further financial review details (Optional information)**


You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

**Section F****Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>		
<b>Full name(s)</b>	Paul William Knowles	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	19 <sup>th</sup> August 2021	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Quick Start Hockey

No (if any)  
1176770

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/10/2019

To

Period end date  
30/09/2020

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Grants	17,518	-	-	17,518	14,100
Subscriptions	5,768	-	-	5,768	833
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>23,286</b>	<b>-</b>	<b>-</b>	<b>23,286</b>	<b>14,933</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>23,286</b>	<b>-</b>	<b>-</b>	<b>23,286</b>	<b>14,933</b>
<b>A3 Payments</b>					
Coaching	6,840	-	-	6,840	8,126
Equipment	1,562	-	-	1,562	3,745
IT	683	-	-	683	458
Tournament costs	-	-	-	-	167
Promotional expense	-	-	-	-	582
Loans repaid	9,225	-	-	9,225	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>18,310</b>	<b>-</b>	<b>-</b>	<b>18,310</b>	<b>13,078</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>18,310</b>	<b>-</b>	<b>-</b>	<b>18,310</b>	<b>13,078</b>
<b>Net of receipts/(payments)</b>	<b>4,976</b>	<b>-</b>	<b>-</b>	<b>4,976</b>	<b>1,855</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>4,764</b>	<b>-</b>	<b>-</b>	<b>4,764</b>	<b>2,909</b>
<b>Cash funds this year end</b>	<b>9,740</b>	<b>-</b>	<b>-</b>	<b>9,740</b>	<b>4,764</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>				
	Bank balance	9,740	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>9,740</b>	<b>-</b>	<b>-</b>
CCXX R1 accounts (SS)		OK	OK	OK
(agree balances with receipts and payments account(s))				



**B2 Other monetary assets**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
P. Knowles	PAUL KNOWLES	12/08/2021