

MAKING ME
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 18 JUNE 2023

MAKING ME

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	P A Dawson	
	V R Gilks	
	D Henrickson	
	C A Nunn	
	J M O'Donovan	
	J P White	
	S Hayford	(Appointed 23 March 2023)
	T Joshi	(Appointed 23 March 2023)
	J Tizard	(Appointed 23 March 2023)
Chair	C Nunn	
Treasurer	D Henrickson	
Charity number	1176751	
Principal address	13 Pemberley Avenue Bedford MK40 2LE	
Independent examiner	John Wilson FCA ATII Howard Wilson Chartered Accountants 36 Crown Rise Watford Hertfordshire WD25 0NE	
Bankers	Nat West 81 High Street Bedford MK40 1YN	

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MAKING ME

TRUSTEES' REPORT

FOR THE YEAR ENDED 18 JUNE 2023

The trustees present their annual report and financial statements for the year ended 18 June 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The charitable objects of Making Me (the **Charity**), as set out in the Charity's constitution are to act as a resource for young people up to the age of 18 years living in England by providing education and awareness on matters concerning mental health and to provide relief for persons experiencing mental health difficulties, in particular, but not exclusively, by:

- providing individual counselling and mental health education services.
- providing school counselling and mental health education services; and
- providing family support, mentoring and mental health education services.

Making Me's vision is to give children the power to thrive by equipping children and young people with the skills and understanding to proactively navigate their mental and emotional journey into adulthood. What underpins our vision is the concept that 'knowledge is power'. Therefore, our goal is to provide a platform of learning whereby youngsters can build resilience, understand and communicate their emotions, embrace their mental wellbeing and make informed choices about the person they want to become.

The core focus of our work pivots around four strategic aims:

1. to develop children's emotional literacy and ability to communicate their feelings.
2. to develop children and young people's understanding of how to build emotional resilience.
3. To provide knowledge and awareness of life's ups and downs and how children and young people can best navigate their journey of life.
4. to support teachers and parents in their understanding of children's emotional development, empowering them to offer pro-active, informed support.

Making Me is an inclusive and highly collaborative organisation working with pupils, school staff, parents and carers to deliver preventative, research-based measures that provide support both at school and at home. Our structured framework for delivering high quality services which are linked to a child's developmental journey are focused on empowerment, proactivity and maintaining ongoing relationships with schools.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's strategy, aims, and objectives and in planning their future activities. The section entitled 'Significant activities and achievements' identifies and explains the various activities undertaken.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 18 JUNE 2023

The main activity of the Charity during the previous year was to deliver the Primary School Wellbeing Programme (formerly Emotional Literacy Programme) which includes workshops and resources to primary schools in and around the Bedfordshire area. During this time, it became clear that schools were in need of regular support to sustain the Programme of wellbeing; each intake of new staff, new children and cohorts of children moving through the school would all benefit from an ongoing working relationship with the Making Me team rather than the one-off delivery of workshops and resources.

In response, an 'Annual Subscription Programme' with selected elements of the core workshops has been developed to follow the initial, Year 1 implementation of the Programme. This ensures that the benefits of our Programme will be embedded on an ongoing basis enabling children in subsequent year groups to receive the same learning and support.

The operational aim for the current year, in addition to delivering the Programme to new schools, has been to re-visit all the schools Making Me has ever worked with and to see as many of them as possible sign up to this Annual Subscription Programme (with a new Terms of Engagement) for roll out in the Autumn term 2023.

The Terms of Engagement for all new schools is to sign up for a full delivery of The Primary School Emotional Wellbeing Programme in Year 1 and the ongoing delivery of the Annual Subscription Programme thereafter. Going forward, the Core Programme will only be delivered in this way.

There are a set number of workshops, assemblies, and resources in the initial and subscription Programmes with a price matrix dependent on school type, size and pupil premium percentage (i.e., percentage of pupils eligible for free school meals) which is indicator of an area of deprivation. Schools are asked to pay a concessionary rate which has a sliding scale based on their officially documented pupil premium percentage. Any schools that record in excess of 25% pupil premium are offered the Programme fully funded. To ensure that the Charity is able to financially sustain the delivery of the workshops and resources, the cost of the concessionary rate is agreed when the Terms of Engagement is signed, with payment in advance by invoice.

The development work from the Middle School Programme pilot during the last year has now been incorporated into the Primary School Programme, where there was a known gap for Year 5 and Year 6 children to help them understand their adolescent development, build their sense of resilience and reach out for the help and support they may need during difficult times. It was recognised through this work that changing schools can cause children's stress and anxiety levels to increase. To this end, a Year 6 'Wellbeing Workshop' is now included in the core Programme which will be delivered to Year 6 children in our existing schools during the summer term as pupils prepare to leave their primary school and move to a new secondary school. Our Wellbeing Workshop is an essential reminder of the challenges children may face as they move on from Primary school and the strategies they have learned to support their mental and emotional wellbeing.

As the focus this year has been to consolidate and refine the Primary School Programme and given that Middle Schools are being phased out in Bedford Borough and Central Bedfordshire, it has been decided that the Making Me Wellbeing Programme will not currently extend beyond Year 6. An additional factor is that delivering workshops to older pupils in both Years 7 and 8 can be more challenging and require experience that our current facilitators do not have which could present additional operational difficulties. It is intended that this will be a development priority for the future.

The Making Me core team has expanded this year following the appointment in September of a School Development Manager, who is a Marketing and Psychology graduate with experience in sales, marketing, fundraising and Early Years. This appointment has raised the profile of the Charity through marketing and social media and increased the number of schools signing up to the Programme.

A School Relationship Manager has also been appointed to deliver workshops and provide additional support to those schools who need it. As a qualified primary school teacher with a First-class honours degree in Psychology (BSc), as well as being BPS accredited and having undertaken a placement with a child psychologist, the School Relationship Manager offers valuable support to the CEO in developing the Programme and refining the existing offer.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 18 JUNE 2023

It was recognised that the existing methods of evaluating and evidencing the impact of the Programme continued to be a challenge, especially following the pandemic when so many other factors affected our ability to evaluate children's wellbeing. It became apparent that, without robust, objective impact data evidence regarding the extent to which the Programme makes a difference to the lives of the children in the schools in which it is engaged remains, whilst positive and encouraging, primarily anecdotal. This lack of robust impact data has been a continued barrier when applying for external funding and when marketing the Programme.

With this in mind, the Charity contracted the services of Rachel Dunford Consulting in spring 2023 with a commission to conduct an external, independent evaluation review and to deliver an impartial report on the effectiveness of the work Making Me is delivering. The aim is that the Charity will be given the tools to develop its own evaluation strategy and collate its own evidence and impact data in future. This project is due to be completed by the Autumn term 2023.

As in previous years, assemblies and resources were offered to schools for Anti Bullying Week and Children's Mental Health Week, and the regular platform to communicate our message continued through radio appearances on the breakfast show of a local radio station (Black Cat Radio) as well as a monthly column in a local village magazine. During Children's Mental Health Week, the Black Cat Radio morning show was broadcast from Yardley Hastings Primary School who champion the Making Me Wellbeing Programme; the Headteacher and 3 pupils were interviewed during the radio show broadcast which took place on 10th February 2023 about the benefits of our work.

During this financial year we have continued to work collaboratively with 2 other charities. We have continued to support the work of 'Scotty's Little Soldiers' (Registered Charity No. 1136854) with online workshops to help the parents of bereaved military children. We have also continued to develop our connection with the Chair of Trustees of 'Faith in Queens Park' (registered charity no 1139459) a charity that runs clubs for children in the multi-ethnic and multi-faith community of Queens Park, Bedford, which is an area of high deprivation and high need.

To continue building our knowledge and understanding of financial matters, our COO attended a number of online workshops: Charity Digital - 'Futureproofing and Financial Sustainability'; The Fore "Earned income - is it right for you?"; the FSI, 'Developing Corporate Relationships' and several HR workshops hosted by Compass Wellbeing.

Our work to equip children and young people with the skills and understanding to proactively navigate their mental and emotional journey into adulthood would not be possible without considerable help and support from local and national communities.

Whether through donations, fundraising, volunteering or championing our cause, we would like to thank the following organisations for supporting Making Me:

- Dentons Solicitors
- Emmott Snell Solicitors
- The Harpur Trust
- House of Industry
- Phew!
- Local Giving Postcode Places Trust
- Polam School Parents Association
- Lakeland
- Bedford Educational Association
- The Rotary Club Bedford
- The Bedford Cyclists
- Crake House pupils, Bloxham School

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 18 JUNE 2023

We would also like to thank the many individuals and schools who have donated and fundraised throughout the year. Without their support and enthusiasm, we would not have been able to support as many children as we did.

We would also like to thank our many volunteers who continue to give their time and enthusiasm willingly throughout the year.

For further information about our charity and the work that we do in schools, please see our website www.makingme.org.uk

Achievements and performance

As already indicated, during this financial year Making Me has contacted all the schools that we have worked with before, during and after the pandemic to re-connect and request that they sign up to our Annual Subscription Programme. It was decided that this was the most effective way to offer maximum support to both the children and teachers in our schools. Many schools have signed a new Terms of Engagement and agreed to pay for their annual subscription in advance by invoice - initial feedback has been that it is exceptional value and there are 2 Academy Trusts who will pay us directly to support their schools' contribution.

By the end of the financial year 2023:

- 30 schools had signed to join the Annual Subscription Programme – this reaches 7,440 pupils.
- 7 schools who use our Programme have yet to confirm – 2,285 pupils.
- 10 schools have been classed as 'dormant', unable to commit - largely due to circumstance (staff changes, other challenges)
-

We have continued to run Parent Presentation Evenings (in person and online) which enabled us to offer support and encouragement to many families at home.

Feedback from schools that we have worked with has been positive about our team, our approach and the benefits of our work, as this extract shows:

Bedford Borough Primary School Wellbeing Lead:

"We feel very lucky to have benefitted from the brilliant ideas and support that Making Me can offer schools. ...From day one, we have been impressed with the resources and we knew that they would be even more crucial as the impact of pandemic on our young people became clearer. The initial training is thorough, empowering and provides a clear purpose of what can happen if you embrace the Making Me materials".

During Summer 2022 the newly developed School Resources Pack (which accompanies the Programme) was professionally printed ready to be distributed at the start of the academic year. Each class from Reception to Year 4 has a pack which includes A3 printed 'flashcard' resources, a set of feelings (or KIPSY) cards and an age-appropriate 'KIPSY' story book – this is for ease of implementation for teaching staff, but also aids copyright protection by distributing hard copy resources rather than having soft copies permanently available online to download.

As schools signed up to the Annual Subscription Programme, they were offered a Resources Pack and feedback has again been very positive - this example is from a Year 3 teacher and PHSE Wellbeing Lead at Central Bedfordshire school:

"I have found the flash cards and emotions posters to be fantastic at helping pupils keep the feelings discussed fresh in their minds throughout the school day. They are great talking points for pupils and offer a consistency across all classrooms which is helping with our whole school approach to wellbeing".

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 18 JUNE 2023

And from a SEND Teacher at a Bedford Borough Primary School

"The KIPSY cards are being used in school often. They are invaluable in Y2-Y5. They are opening up conversations about each of the feelings, which has resulted in deeper conversations about each of the feelings. The teachers have commented on how easy they are to use....We have also used the KIPSY cards for our wellbeing interventions where they have opened up conversations with children who have been identified as needing support with their wellbeing".

The School Development Manager has ensured our social media channels have all benefitted from regular postings and this has significantly improved our audience engagement (which is now much higher than industry average for a charity of our size across all our channels). Whilst our audience is now consistently growing month on month, it is still very small and so our reach remains limited. This tells us that whilst our content is engaging not enough people are getting to see it.

Our next steps include:

1. Boosting popular posts, one per month targeting local Primary School teachers, and
5. Creating high quality promotional and Programme video content.

Financial review

Total incoming resources of the year amounts to £42,513 (2021-22: £84,330) of which £4,575 (2021-22: £35,547) was restricted. The principal sources of income are grant funding, personal donations and fundraising activities.

Total expenditure for the year was £69,805 (2021-22: £52,487) of which £8,955 (2021-22: £23,010) was restricted. The principal sources of expenditure are workshop facilitators and professionals assisting with the delivery of the Charity's activities as well as the professional printing of workshop resources and materials for distribution in schools.

The reserves held are funds that are available for use in the furtherance of the charitable objectives. They are funds which have not yet been committed, designated or spent. At the year end our reserves were £40,234 (2022: £67,526) of which £32,077 (2022: £54,989) were unrestricted.

The Trustees review the reserves policy annually using the guidance given by the Charity Commission.

The Charity's reserves are set up in such a way that it is able to pursue its current operational objectives whilst at the same time providing a sufficient financial cushion to enable maintenance of these objectives for a limited period (one school term) in the event of operational difficulties or a significant decrease in external funding. In addition, the Charity's funding reserves allow for the financing of specific projects as these become necessary, such as the Charity's digital transformation, as well as any other unforeseen one-off payments.

The Trustees will continue to review the reserves policy in the coming year to ensure that it remains appropriate and reflective of the environment we are working in.

The Trustees are of the view that the Charity is a going concern.

The Trustees of the Charity have assessed the major risks to which the Charity is exposed and are satisfied that systems are in place to mitigate exposure to these. The Board of Trustees has overall responsibility for reviewing the risk register with the senior management team having responsibility for implementing any mitigating actions where necessary and regular reporting. The principal risks are allocated for review by individual trustees in conjunction with senior management. The Board of Trustees receives a quarterly risk review at its meetings and conducts a full review of the risk register annually.

MAKING ME

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 18 JUNE 2023

The key risks facing the Charity are:

- **Insufficient income**
The risk of insufficient income in increasingly difficult times due the impact of the Covid-19 pandemic continues to be a challenge. The Charity's Head of Fundraising had to step down last year, and income streams have been reviewed by the Board with a focus on the difference between funding the subsidy of delivering the Programme in schools and funding for core costs. We are continuing to build strong and ongoing relationships with schools, parents and local businesses. Income from the JustGiving site for fundraising campaigns, gifts and donations was £42,513. The Board of Trustees continues to evaluate the Charity's finances and is planning external strategies to ensure that the Charity remains sustainable and able to continue its work.
- **Dependency on key individuals**
Whilst there is still a high dependency on key individuals, more key individuals have been recruited during this financial year so that the number of those responsible for product development and extension, training and quality of service delivery and operational matters has grown. In addition, to mitigate this risk, some of the roles of key individuals overlap resulting in more collaborative work. This is the start of a succession plan being put in place.

A principal risk that faced the Charity during this accounting period was the resignation of the Charity's fundraiser due to family commitments and post-graduate study. In her absence, other members of the Charity continue to pursue grant applications to subsidise the cost of delivering the Programme to schools. In addition, and as already indicated, there are a number of significant strategies at Board level to secure additional funding for core costs to support the Charity's growth.
- **Covid-19**
The risks presented by COVID-19 have substantially reduced. Whilst the pandemic is no longer a significant problem, schools are still feeling its impact on the wellbeing of the children in their care.
- **Safeguarding**
The Charity rigorously reviews its Safeguarding Policy annually. All workshop facilitators complete external safeguarding training (Central Beds Level 1) and internal safeguarding training annually. A safeguarding record of attendance is maintained in order to record all training. The Charity raised three safeguarding concerns with schools during the accounting period. These were written up on the Charity's Safeguarding Notification Form, presented to relevant school staff and logged with the Charity's DSL.

Impact of COVID-19

The impact of the COVID-19 pandemic on the mental health of the nation will continue to affect the development and presentation of mental health issues in all age groups in particular in the young and most vulnerable. What is evident is that the impact of COVID-19 has created anxiety in everyone and, as a result, the journey to emotional resilience may be longer, and start from a weaker position. This makes the work that we do even more urgent and the need even greater.

The long-term sustainability of our Programme has been a key priority for this financial year as evidenced through our subsidised Subscription Programme which reflects our commitment to supporting the schools we work with into the future. With this in mind, we are putting in place strategic operations that will allow the Charity to sustain and expand its reach into neighbouring counties (Northants, Bucks) following requests for our Programme from schools in these areas.

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TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 18 JUNE 2023

Structure, governance and management

The charity founded in 2018 is a charitable incorporated organisation (CIO) and is governed by a foundation model constitution. On 15 July 2021 the Charity changed its name from The Mind Map to Making Me. The Trustees are also the only voting members of the Charity.

The Trustees have the overall stewardship responsibility for the Charity, ensuring that the Charity runs in accordance with its Constitution and the law, providing strategic direction, financial oversight and working together in the best interests of the Charity.

The Board of Trustees comprises a minimum of three trustees and a maximum of twelve. Trustees serve an initial term of three years that can be extended. Trustees are selected to ensure that the Board has all the relevant competencies, including a good mix of business and charity expertise, from health, education, and business sectors.

Following a skills audit of our Board, we have welcomed 3 new Trustees this year.

The Charity has developed a Trustee induction pack which includes the Charity's Constitution document, the Charity Commission guidance on the obligations of Trustees, a copy of all policies and procedures, the latest annual report and accounts and any other relevant documentation. Additionally, the Chair and Chief Executive meet with new Trustees to familiarise them with the Charity and the context within which it operates. Trustees are also encouraged to meet other members of the Making Me team and to observe at least one school workshop. Trustees are also encouraged to attend appropriate professional training courses and become familiar with the Charity Commission's guidance.

Board meetings are held as often as the board business requires but are scheduled bi-monthly in the evenings. Trustees can attend in person or via Teams link. In addition, working groups have been set up by the Board for specific functions and tasks. A 10-year strategic plan was previously prepared which is reviewed and updated. The strategic plan to 2030 will be reviewed at the end of each year, to take into account annual business plans, objectives and budgets as well as the outcomes of the Charity's work. This will help to ensure that Making Me's aims, objectives and activities remain focused on those stated.

Day to day delegation for the provision of the services rests with the Chief Executive, along with the senior management team. The Chief Executive is responsible for product and service development and ensuring that the Charity delivers the services specified to a high standard. The Chief Operating Officer is responsible for the day-to-day operational management of the Charity as well as aspects of strategic and financial matters. The School Development Manager is responsible for marketing the work of the Charity and manages the recruitment of schools.

The School Engagement Manager builds strong relationships with schools through the planning and delivery of the Programme.

The trustees who served during the year and up to the date of signature of the financial statements were:

P A Dawson	
V R Gilks	
C M Henrickson	(Resigned 29 June 2022)
D Henrickson	
C A Nunn	
J M O'Donovan	
A Stenning	(Resigned 18 July 2023)
J P White	
S Hayford	(Appointed 23 March 2023)
T Joshi	(Appointed 23 March 2023)
J Tizard	(Appointed 23 March 2023)

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TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

The trustees' report was approved by the Board of Trustees.

Dean Henrikson

D Henrikson

Trustee

Dated: 11 October 2023

Catherine Nunn

C A Nunn

Trustee

Dated: 11 October 2023

MAKING ME

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 18 JUNE 2023

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

MAKING ME

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MAKING ME

I report to the trustees on my examination of the financial statements of Making Me (the charity) for the year ended 18 June 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Campbell Wilson

John Wilson FCA ATII

Howard Wilson Chartered Accountants
36 Crown Rise
Watford
Hertfordshire
WD25 0NE

Dated: 11 October 2023

MAKING ME

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 18 JUNE 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Notes							
<u>Income and endowments from:</u>							
Donations and legacies	3	24,943	-	24,943	38,003	-	38,003
Charitable activities	4	12,995	4,575	17,570	10,287	35,547	45,834
Other income	5	-	-	-	493	-	493
Total income		37,938	4,575	42,513	48,783	35,547	84,330
<u>Expenditure on:</u>							
Raising funds	6	1,479	-	1,479	4,234	-	4,234
Charitable activities	7	59,371	8,955	68,326	25,243	23,010	48,253
Total expenditure		60,850	8,955	69,805	29,477	23,010	52,487
Net (expenditure)/income for the year/							
Net movement in funds		(22,912)	(4,380)	(27,292)	19,306	12,537	31,843
Fund balances at 19 June 2022		54,989	12,537	67,526	35,683	-	35,683
Fund balances at 18 June 2023		32,077	8,157	40,234	54,989	12,537	67,526

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

MAKING ME

BALANCE SHEET

AS AT 18 JUNE 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	11	2,864		-	
Cash at bank and in hand		38,090		68,246	
		<u>40,954</u>		<u>68,246</u>	
Creditors: amounts falling due within one year	12	<u>(720)</u>		<u>(720)</u>	
Net current assets			40,234		67,526
			<u>40,234</u>		<u>67,526</u>
Income funds					
Restricted funds	13		8,157		12,537
Unrestricted funds			32,077		54,989
			<u>40,234</u>		<u>67,526</u>
			<u>40,234</u>		<u>67,526</u>

The financial statements were approved by the Trustees on 11 October 2023

Catherine Nunn

C A Nunn
Trustee

MAKING ME

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 18 JUNE 2023

1 Accounting policies

Charity information

Making Me is a charitable incorporated organisation ("CIO").

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

MAKING ME

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023 £	2022 £
Donations and gifts	24,943	38,003

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

4 Charitable activities

	2023 £	2022 £
Fundraising income	4,904	4,292
Grants received	8,296	41,542
Subscription income	4,370	-
	<u>17,570</u>	<u>45,834</u>
Analysis by fund		
Unrestricted funds	12,995	10,287
Restricted funds	4,575	35,547
	<u>17,570</u>	<u>45,834</u>
For the year ended 18 June 2022		
Unrestricted funds	10,287	
Restricted funds	35,547	
	<u>45,834</u>	
Grants received		
The Wixamtree Trust	-	3,000
Harpur Trust	-	10,000
St Johns Hospital Trust	-	2,000
Gale Family	-	3,000
Panacea Trust	-	10,010
House of Industry Estate	-	12,537
Lakelands	1,000	-
Bedford Education Authority	4,575	-
Polam Parents	2,721	-
Other	-	995
	<u>8,296</u>	<u>41,542</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

5 Other income

	Total Unrestricted funds	
	2023	2022
	£	£
Other income	-	493
	<u> </u>	<u> </u>

6 Raising funds

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
<u>Fundraising and publicity</u>		
Advertising	1,479	4,234
	<u> </u>	<u> </u>
	<u>1,479</u>	<u>4,234</u>

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

7 Charitable activities

	2023 £	2022 £
Workshop costs	32,979	20,454
Office expenses	18,601	18,497
Website costs	100	370
Training	8,571	1,930
Insurance costs	840	809
Consultancy	4,686	5,257
General costs	395	216
Travel costs	1,434	-
Governance costs	720	720
	<u>68,326</u>	<u>48,253</u>
Analysis by fund		
Unrestricted funds	59,371	25,243
Restricted funds	8,955	23,010
	<u>68,326</u>	<u>48,253</u>
For the year ended 18 June 2022		
Unrestricted funds	25,243	
Restricted funds	23,010	
	<u>48,253</u>	

Governance costs comprise independent examiner's fees of £720 (2022 - £720).

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Trustees	<u>9</u>	<u>7</u>

There were no employees whose annual remuneration was more than £60,000.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	2,864	-

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals and deferred income	720	720

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds		
	Incoming resources £	Resources expended £	Balance at 19 June 2022 £	Incoming resources £	Resources expended £	Balance at 18 June 2023 £
Harpur Trust	10,000	(10,000)	-	-	-	-
Wixamtree Trust	3,000	(3,000)	-	-	-	-
Bedford Education Authority	-	-	-	4,575	-	4,575
Panacea Trust	10,010	(10,010)	-	-	-	-
House of Industry Estate	12,537	-	12,537	-	(8,955)	3,582
	<u>35,547</u>	<u>(23,010)</u>	<u>12,537</u>	<u>4,575</u>	<u>(8,955)</u>	<u>8,157</u>

The House of Industry grant is funding to deliver the Primary School Programme to disadvantaged schools in Bedford Borough.

The Bedford Education Authority grant is to fund the Primary School Emotional Literacy Programme.

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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2023

14 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 18 June 2023 are represented by:						
Current assets/(liabilities)	32,077	8,157	40,234	54,989	12,537	67,526
	<u>32,077</u>	<u>8,157</u>	<u>40,234</u>	<u>54,989</u>	<u>12,537</u>	<u>67,526</u>

15 Related party transactions

There were no disclosable related party transactions during the period.