

**MAKING ME**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 18 JUNE 2022**

# MAKING ME

## LEGAL AND ADMINISTRATIVE INFORMATION

---

|                             |                                                                                                                      |
|-----------------------------|----------------------------------------------------------------------------------------------------------------------|
| <b>Trustees</b>             | P A Dawson<br>V R Gilks<br>D Henrickson<br>C A Nunn<br>J M O'Donovan<br>A Stenning<br>J P White                      |
| <b>Chair</b>                | C Nunn                                                                                                               |
| <b>Treasurer</b>            | D Henrickson                                                                                                         |
| <b>Charity number</b>       | 1176751                                                                                                              |
| <b>Principal address</b>    | 13 Pemberley Avenue<br>Bedford<br>MK40 2LE                                                                           |
| <b>Independent examiner</b> | John Wilson FCA ATII<br>Howard Wilson Chartered Accountants<br>36 Crown Rise<br>Watford<br>Hertfordshire<br>WD25 0NE |
| <b>Bankers</b>              | Nat West<br>81 High Street<br>Bedford<br>MK40 1YN                                                                    |

---

# MAKING ME

## CONTENTS

---

|                                         | <b>Page</b> |
|-----------------------------------------|-------------|
| Trustees' report                        | 1 - 8       |
| Statement of trustees' responsibilities | 9           |
| Independent examiner's report           | 10          |
| Statement of financial activities       | 11          |
| Balance sheet                           | 12          |
| Notes to the financial statements       | 13 - 18     |

---

# MAKING ME

## TRUSTEES' REPORT

### ***FOR THE YEAR ENDED 18 JUNE 2022***

---

The trustees present their annual report and financial statements for the year ended 18 June 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The charitable objects of Making Me (the **Charity**), as set out in the Charity's constitution are to act as a resource for young people up to the age of 18 years living in England by providing education and awareness on matters concerning mental health and to provide relief for persons experiencing mental health difficulties, in particular, but not exclusively, by:

- providing individual counselling and mental health education services.
- providing school counselling and mental health education services; and
- providing family support, mentoring and mental health education services.

Making Me's vision is to give children the power to thrive by equipping children and young people with the skills and understanding to proactively navigate their mental and emotional journey into adulthood. What underpins our vision is the concept that 'knowledge is power'. Therefore, our goal is to provide a platform of learning whereby youngsters can build resilience, understand and communicate their emotions, embrace their mental wellbeing and make informed choices about the person they want to become.

The core focus of our work pivots around four strategic aims:

1. to develop children's emotional literacy and ability to communicate their feelings.
2. to develop children and young people's understanding of how to build emotional resilience.
3. to enable young adolescents to understand their adolescent journey and take ownership of their emotional development.
4. to support teachers and parents in their understanding of children's emotional development, empowering them to offer pro-active, informed support.

Making Me is an inclusive and highly collaborative organisation working with pupils, school staff, parents and carers to deliver preventative, research-based measures that provide support both at school and at home. Our structured framework for delivering high quality services which are linked to a child's developmental journey are focused on empowerment, proactivity and maintaining ongoing relationships with schools.

The Trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's strategy, aims, and objectives and in planning their future activities. The section entitled 'Significant activities and achievements' identifies and explains the various activities undertaken.

# **MAKING ME**

## **TRUSTEES' REPORT (CONTINUED)**

### ***FOR THE YEAR ENDED 18 JUNE 2022***

---

As the main activity is to deliver workshops in primary schools in and around the Bedfordshire area, our work during the 2021-2022 accounting period continued to be disrupted as schools were either locked down and offering on-line teaching only or they were unable to offer unrestricted access to visitors due to the on-going COVID-19 pandemic. In response to these limitations, we completed the filming of our storybook – KIPSY the Caterpillar – to offer schools full on-line access to a video of all 54 stories. We also hosted several of our workshops to teachers and parents over Teams including online assemblies for Anti-bullying Week to be delivered in a school classroom or hall and downloadable resources for Children's Mental Health Week.

Feedback from schools indicated that a lack of physical resources could sometimes be a barrier to implementing the Programme, particularly for children in the younger school years. In response to this feedback, we developed a resources pack for each classroom which we aim to roll out at the start of September 2022. This pack includes a KIPSY caterpillar story books for each school year, together with corresponding A3 picture boards that illustrate different elements of the story and each of the feelings being described. We also developed a box of 'Feelings Cards' as an additional emotional literacy resource to use alongside the KIPSY the Caterpillar stories.

We continued to expand and develop our Programme and, despite the limitations imposed by the pandemic, piloted our middle school workshops to 5 schools in the Bedfordshire area. The focus of our Middle School Programme was to build on the knowledge introduced in the primary sector by developing an understanding of mental wellbeing, explaining the factors that can impact mental wellness and giving strategies young people can adopt to support their mental wellbeing. We also place particular emphasis on encouraging young people of this age to understand their adolescent development, build their sense of resilience and reach out for the help and support they need during difficult times. To this end, we introduced a workshop on understanding the mental and physical effects of stress and how to manage it, especially relevant as Year 6 pupils faced SATS exams following lockdown. In addition, we ran a series of workshops encouraging youngsters to think about their sense of identity and an updated Programme of workshops encouraging the development of lifelong resilience. We also ran age-appropriate workshops about mental wellbeing, encouraging youngsters to pro-actively think about the things they could do to support their mental health and outlining some of the pitfalls and unhelpful strategies that may hinder their development.

We were given a regular platform to communicate our message through monthly radio appearances on the breakfast show of a local radio station (Black Cat Radio) as well as a monthly column in a local village magazine.

We have worked collaboratively with 2 other charities during this accounting period. In particular, we were privileged to support the work of 'Scotty's Little Soldiers' (Registered Charity No. 1136854) by running 4 online workshops to support the parents of bereaved military children. These included two workshops on supporting adolescents, one workshop on building resilience and one workshop on supporting primary-aged children. After attending a Bedfordshire and Luton Community Foundation networking event, we also connected with the Chair of Trustees of 'Faith in Queens Park' (registered charity no 1139459) a local charity whose focus is to run sports and music clubs for children in the multi-ethnic and multi-faith community of Queens Park, Bedford. Recognising their need to offer additional support for children's mental wellbeing, they requested professional assistance and training for both their children and their staff. As well as working with them to develop the appropriate workshops, we hope to expand our network to access schools in the Queens Park area, which is an area of high deprivation and high need.

In order to build our knowledge and understanding of financial matters, our COO attended workshops hosted by Charity Digital - 'A Practical Guide to Effective Budgeting'; The Fore - 'Strategy & Business Planning'; the FSI, 'Collaboration Benefits' and the NCVO - 'Recruiting and Retaining Volunteers' as well as a series of HR workshops hosted by Compass Wellbeing.

Our primary focus continues to be equipping children and young people with the skills and understanding to proactively navigate their mental and emotional journey into adulthood. We cannot do this without considerable help and support from local and national communities whether this is through donations, fundraising, volunteering or championing our cause, particularly in this 'post' pandemic era.

# **MAKING ME**

## **TRUSTEES' REPORT (CONTINUED)** ***FOR THE YEAR ENDED 18 JUNE 2022***

---

We would like to thank the following organisations for supporting Making Me:

- Cala Homes
- Dentons
- Emmott Snell
- Gale Family Charity Trust
- Harpur Trust
- Phew!
- Wixamtree Trust
- James Hambro & Partners
- Postcode Places Trust
- St John's Hospital Trust
- The Panacea Trust
- House of Industry
- Bedford Academy of Dance
- Cameron Grant Memorial Trust

We would also like to thank the many individuals and schools that have donated and fundraised throughout the year. Without their support and enthusiasm, we would not have been able to support as many children as we have been able to.

We would also like to thank our many volunteers who continue to give their time and enthusiasm willingly throughout the year.

For further information about our charity and the work that we do in schools, please see our website [www.makingme.org.uk](http://www.makingme.org.uk)

# MAKING ME

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 18 JUNE 2022

---

#### Achievements and performance

Despite the impact of the pandemic, Making Me continued to engage with over 30 Bedfordshire primary schools introducing (where possible) or adapting our Emotional Literacy Programme. This expanded our reach to almost 9000 pupils. We also adapted our staff inset to enable schools to quickly and effectively re-engage with our Programme once the restrictions of the pandemic began to ease and sent regular newsletters to schools with timely advice and support during the weeks of inaccessibility. In addition to this, we held a number of on-line parent workshops which enabled us to offer support and encouragement to thousands of families at home.

The comments below are representative of some of the feedback we have received over the year from schools that we have been engaged with.

*"By understanding and recognising the connection between emotions and physical responses, we can help our children to manage their responses and become more aware of why others might be acting in a certain way. The impact of the Programme has been amazing"* Headteacher of Central Beds Lower School

*"The whole staff training enabled everyone to take ownership of children's emotional literacy and understand how we can support each child, in such a simple way. The children use KIPSY daily, to express their feelings and conversations with staff and support their ability to make a positive start to the day, regardless of how they have entered the school"*

Headteacher of Bedford Borough Primary School

*"We also use the cards when my 1:1 is struggling to concentrate or is being disruptive...I'll select a few cards which I think might reflect how he's feeling and we'll sit and discuss each of the cards, to see if he can identify which of the feelings he's experiencing. These cards are a fantastic addition to the Making Me KIPSY stories and make discussing emotional literacy with my 1:1 and other children much easier"* Teacher Central Beds School about the 'Feelings Cards'

Feedback from parents includes the following:

*"Easy to listen to, and with practical advice on how to apply to our family"*

*"Highly recommended, Insightful, Powerful, Reassuring, A must! A brilliant hour, loads of useful content presented in a relevant way."*

*I'm so happy that the school is implementing these strategies. It's more important than ever that children are able to discuss their feelings...They are lucky kids that the school is so switched on to this kind of thing.*

The COVID-19 pandemic, its effects on the charity sector, school and social communities as well as the economy and society at large are still evident.

One of the more immediate impacts of the COVID-19 pandemic on the mental health of the nation is to accelerate the development and presentation of mental health issues in all age groups, in particular in the young and most vulnerable. What is evident is that the impact of COVID-19 has created anxiety in everyone and, as a result, the journey to emotional resilience may be longer, and start from a weaker position. This makes the work that we do even more urgent and the need even greater.

With this in mind, like many other organisations, we have adapted our on-site operational and service delivery models to allow for remote working and digital platforms in the hope that this will facilitate school engagement and broaden the impact of our work. Ensuring the long-term sustainability of our Programme continues to be a key priority for the next financial year. With this in mind, we are putting in place strategic operations that will allow the Charity to expand its reach into neighbouring counties (Northants, Bucks) following requests for our Programme from schools in these areas.

# MAKING ME

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 18 JUNE 2022

---

#### Financial review

Total incoming resources of the year amounts to £84,330 (2020-21: £35,501 ) of which £35,547 (2020-21: £17,730) was restricted. The principal sources of income are grant funding, personal donations and school fundraising activities.

Total expenditure for the year was £52,487 (2020-21: £34,302 ) of which £nil (2020-21: £17,730) was restricted. The principal sources of expenditure are workshop facilitators and professionals assisting with the delivery of the Charity's activities and operational costs such as the website and delivery costs associated with workshops.

The reserves held are funds that are available for use in the furtherance of the charitable objectives. They are funds which have not yet been committed, designated or spent. At 18 June 2022 our reserves were £67,526 (2021: £35,683) of which £31,979 (2021: £35,683) was unrestricted.

The Trustees review the reserves policy annually using the guidance given by the Charity Commission.

The Charity's reserves are set up in such a way that it is able to pursue its current operational objectives whilst at the same time providing a sufficient financial cushion to enable maintenance of these objectives for a limited period (one school term) in the event of operational difficulties or a significant decrease in external funding. In addition, the Charity's funding reserves allow for the financing of specific projects as these become necessary, such as the Charity's digital transformation, as well as any other unforeseen one-off payments. The Trustees will continue to review the reserves policy in the coming year to ensure that it remains appropriate and reflective of the environment we are working in.

The Trustees are of the view that the Charity is a going concern.

The Trustees of the Charity have assessed the major risks to which the Charity is exposed and are satisfied that systems are in place to mitigate exposure to these. The Board of Trustees has overall responsibility for reviewing the risk register with the senior management team having responsibility for implementing any mitigating actions where necessary and regular reporting. The principal risks are allocated for review by individual trustees in conjunction with senior management. The Board of Trustees receives a quarterly risk review at its meetings and conducts a full review of the risk register annually.

# MAKING ME

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 18 JUNE 2022

---

The key risks facing the Charity are:

- Insufficient income

The risk of insufficient income due the impact of Covid-19 on the Charity's operations and limited success on fundraising activities was addressed by recruiting a Head of Fundraising (successful funding bids income of £42,547) and by diversifying its income streams through building strong and ongoing relationships with schools, parents and local businesses (income of £38,264). In addition, the Charity launched a new website which is directly linked to our JustGiving site to actively promote donation giving. The Board of Trustees continues to scrutinise the Charity's finances at every board meeting in order to ensure that the Charity remains sustainable and able to continue to support its clients.

- Dependency on key members of staff

There is a high dependency on a small number of key staff members, including those responsible for product development and extension, training and quality of service delivery and operational matters. In order to mitigate this risk additional staff have been recruited to support these key members of staff and a succession plan continues to be put in place.

A principal risk that faced the Charity during this accounting period was the resignation of the Charity's fundraiser due to family commitments and post-graduate study. The Charity has now outsourced this function to 'Bid & Tender Support Ltd' in Olney who are charged with seeking out suitable pots of funding and working with the CEO to write relevant grant applications. They are also briefed with seeking additional funding from local businesses to support the Charity's growth.

- Covid-19

Reactive and proactive measures in response to COVID-19 have ensured that we adapted and delivered our services in a safe and effective way including maintaining our compliance with Government rules and regulations as they were issued. In response to the crisis, we implemented new working practices and protocols to ensure the safety of our staff and clients and accelerated the development of a digital platform to support and/or replace the current operating model of delivering services on-site.

- Safeguarding

The Charity reviews its Safeguarding Policy annually. In addition, all workshop facilitators complete external safeguarding training (Central Beds Level 1) and internal safeguarding training annually. A safeguarding record of attendance is maintained in order to record this.

In light of the COVID-19 pandemic, its effects on the charity sector, communities, the economy and society at large, we decided to review our strategic plan and update it in light of the changed environment we operate in.

We believe that our strategy, which was agreed during early part of 2020, is still valid.

One of the more immediate impacts of the COVID-19 pandemic on the mental health of the nation is to accelerate the development and presentation of mental health issues in all age groups, and in particular the young and most vulnerable. What is evident is that the impact of COVID-19 is creating anxiety in everyone and, as a result, the journey to emotional resilience may be longer, and start from a weaker position.

However, like other organisations, we have adapted our on-site operating and service delivery models to remote working and digital platforms for the delivery of services and support. Ensuring the long-term sustainability of our Programme is a key priority for the next financial year. In particular we are beginning to consider expanding into neighbouring counties following requests for our Programme from schools in these areas.

# MAKING ME

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 18 JUNE 2022

---

#### Structure, governance and management

The Charity, founded in 2018, is a charitable incorporated organisation ("CIO") and is governed by a foundation model constitution. On 15 July 2020 the Charity changed its name from The Mind Map to Making Me. The Trustees are also the only voting members of the Charity.

The Trustees have the overall stewardship responsibility for the Charity, ensuring that the Charity runs in accordance with its constitution and the law, providing strategic direction, financial oversight and working together in the best interests of the Charity.

The Board of Trustees comprises of a minimum of three trustees and a maximum of twelve Trustees. Trustees serve an initial term of three years that can be extended. Trustees are selected to ensure that the Board has all relevant competencies, including a good mix of business and charity expertise, from health, education and business sectors.

The Charity reviews board member skills and competencies regularly. New Trustees are recruited through our website, newsletter and networking with the community. Interested parties apply and are invited to meet Trustees for informal discussions. Should both parties want to proceed, prospective Trustees are interviewed and invited to meet the Chief Executive. All trustees are subject to appropriate vetting checks and asked to sign policies which include a Fit and Proper Persons (Disqualification Disclaimer) form.

The Charity has developed a Trustee induction pack which includes the Charity's constitution, the Charity Commission guidance on obligation of Trustees, policies and procedures, the latest annual report and accounts and other relevant documentation. Additionally, the Chair and Chief Executive meets with new Trustees to familiarise them with the Charity and the context within which it operates and they are encouraged to meet or shadow members of staff. Trustees are also encouraged to attend appropriate professional training courses and become familiar with the Charity Commission's guidance.

Board meetings are held as often as the board business requires. In addition, working groups have been set up by the Board for specific functions and tasks. A 10 year strategic plan was previously prepared which has been reviewed updated for Covid-19 considerations as detailed in future plans. The strategic plan to 2030 will be reviewed at the end of each year, to take into account annual business plans, objectives and budgets as well as the outcomes of the Charity's work. This will help to ensure that Making Me's aims, objectives and activities remain focused on its stated objectives and vision.

Day to day delegation for the provision of the services rests with the Chief Executive, along with the senior management team. The Chief Executive is responsible for product and service development and ensuring that the Charity delivers the services specified to a high standard. The Chief Operating Officer is responsible for the day-to-day operational management of the Charity and also contributes to strategic and financial matters. The Head of Training contributes to product and service delivery.

The trustees who served during the year and up to the date of signature of the financial statements were:

|                |                            |
|----------------|----------------------------|
| S J Chrisp     | (Resigned 26 January 2022) |
| P A Dawson     |                            |
| V R Gilks      |                            |
| C M Henrickson | (Resigned 29 June 2022)    |
| D Henrickson   |                            |
| C A Nunn       |                            |
| J M O'Donovan  |                            |
| A Stenning     |                            |
| J P White      |                            |

## MAKING ME

### TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2022

---

The trustees' report was approved by the Board of Trustees.

*Dean Henrickson*

**D Henrickson**  
Trustee  
Dated: 16 February 2023

*C A Nunn*

**C A Nunn**  
Trustee  
Dated: 16 February 2023

# **MAKING ME**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

### ***FOR THE YEAR ENDED 18 JUNE 2022***

---

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# MAKING ME

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MAKING ME

---

I report to the trustees on my examination of the financial statements of Making Me (the charity) for the year ended 18 June 2022.

### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Campbell Wilson*

**John Wilson FCA ATII**

Howard Wilson Chartered Accountants  
36 Crown Rise  
Watford  
Hertfordshire  
WD25 0NE

Dated: 16 February 2023

# MAKING ME

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 18 JUNE 2022**

|                                                           |       | Unrestricted<br>funds<br>2022<br>£ | Restricted<br>funds<br>2022<br>£ | Total Unrestricted<br>funds<br>2022<br>£ | Restricted<br>funds<br>2021<br>£ | Total<br>2021<br>£ |
|-----------------------------------------------------------|-------|------------------------------------|----------------------------------|------------------------------------------|----------------------------------|--------------------|
|                                                           | Notes |                                    |                                  |                                          |                                  |                    |
| <b><u>Income and endowments from:</u></b>                 |       |                                    |                                  |                                          |                                  |                    |
| Donations and legacies                                    | 3     | 38,003                             | -                                | 38,003                                   | 9,413                            | 9,413              |
| Charitable activities                                     | 4     | 10,287                             | 35,547                           | 45,834                                   | 8,259                            | 25,989             |
| Other income                                              | 5     | 493                                | -                                | 493                                      | 99                               | 99                 |
| <b>Total income</b>                                       |       | <b>48,783</b>                      | <b>35,547</b>                    | <b>84,330</b>                            | <b>17,771</b>                    | <b>35,501</b>      |
| <b><u>Expenditure on:</u></b>                             |       |                                    |                                  |                                          |                                  |                    |
| Raising funds                                             | 6     | 4,234                              | -                                | 4,234                                    | 436                              | 436                |
| Charitable activities                                     | 7     | 25,243                             | 23,010                           | 48,253                                   | 16,136                           | 33,866             |
| <b>Total expenditure</b>                                  |       | <b>29,477</b>                      | <b>23,010</b>                    | <b>52,487</b>                            | <b>16,572</b>                    | <b>34,302</b>      |
| <b>Net income for the year/<br/>Net movement in funds</b> |       | <b>19,306</b>                      | <b>12,537</b>                    | <b>31,843</b>                            | <b>1,199</b>                     | <b>1,199</b>       |
| Fund balances at 19 June 2021                             |       | 35,683                             | -                                | 35,683                                   | 34,484                           | 34,484             |
| <b>Fund balances at 18 June 2022</b>                      |       | <b>54,989</b>                      | <b>12,537</b>                    | <b>67,526</b>                            | <b>35,683</b>                    | <b>35,683</b>      |

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# MAKING ME

## BALANCE SHEET

AS AT 18 JUNE 2022

|                                                       | Notes | 2022<br>£ | £      | 2021<br>£ | £      |
|-------------------------------------------------------|-------|-----------|--------|-----------|--------|
| <b>Current assets</b>                                 |       |           |        |           |        |
| Cash at bank and in hand                              |       | 68,246    |        | 36,403    |        |
| <b>Creditors: amounts falling due within one year</b> |       |           |        |           |        |
|                                                       | 9     | (720)     |        | (720)     |        |
| Net current assets                                    |       |           | 67,526 |           | 35,683 |
| <b>Income funds</b>                                   |       |           |        |           |        |
| Restricted funds                                      | 10    |           | 12,537 |           | -      |
| Unrestricted funds                                    |       |           | 54,989 |           | 35,683 |
|                                                       |       |           | 67,526 |           | 35,683 |

The financial statements were approved by the Trustees on 16 February 2023



C A Nunn  
Trustee

# MAKING ME

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 18 JUNE 2022

---

### 1 Accounting policies

#### Charity information

Making Me is a charitable incorporated organisation ("CIO").

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

# MAKING ME

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2022

---

### 1 Accounting policies

(Continued)

#### 1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

Resources expended are included in the Statement of Financial Activities on an accruals basis inclusive of VAT.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# MAKING ME

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2022

### 3 Donations and legacies

|                     | Unrestricted funds | Unrestricted funds |
|---------------------|--------------------|--------------------|
|                     | 2022               | 2021               |
|                     | £                  | £                  |
| Donations and gifts | 38,003             | 9,413              |

### 4 Charitable activities

|                    | 2022   | 2021   |
|--------------------|--------|--------|
|                    | £      | £      |
| Fundraising income | 4,292  | 1,759  |
| Grants received    | 41,542 | 24,230 |
|                    | 45,834 | 25,989 |

|                    |        |        |
|--------------------|--------|--------|
| Analysis by fund   |        |        |
| Unrestricted funds | 10,287 | 8,259  |
| Restricted funds   | 35,547 | 17,730 |
|                    | 45,834 | 25,989 |

#### For the year ended 18 June 2021

|                    |        |
|--------------------|--------|
| Unrestricted funds | 8,259  |
| Restricted funds   | 17,730 |
|                    | 25,989 |

#### Grants received

|                          |        |        |
|--------------------------|--------|--------|
| The Wixamtree Trust      | 3,000  | 2,730  |
| Harpur Trust             | 10,000 | 15,000 |
| St Johns Hospital Trust  | 2,000  | 3,000  |
| Gale Family              | 3,000  | 3,000  |
| Panacea Trust            | 10,010 | -      |
| House of Industry Estate | 12,537 | -      |
| Other                    | 995    | 500    |
|                          | 41,542 | 24,230 |

# MAKING ME

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2022

---

### 5 Other income

|              | <b>Unrestricted<br/>funds</b> | Unrestricted<br>funds |
|--------------|-------------------------------|-----------------------|
|              | <b>2022</b>                   | 2021                  |
|              | <b>£</b>                      | £                     |
| Other income | 493                           | 99                    |
|              | <u>          </u>             | <u>          </u>     |

### 6 Raising funds

|                                  | <b>Unrestricted<br/>funds</b> | Unrestricted<br>funds |
|----------------------------------|-------------------------------|-----------------------|
|                                  | <b>2022</b>                   | 2021                  |
|                                  | <b>£</b>                      | £                     |
| <u>Fundraising and publicity</u> |                               |                       |
| Advertising                      | 4,234                         | 436                   |
|                                  | <u>          </u>             | <u>          </u>     |
|                                  | <u>4,234</u>                  | <u>436</u>            |

# MAKING ME

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2022

### 7 Charitable activities

|                                        | 2022<br>£     | 2021<br>£     |
|----------------------------------------|---------------|---------------|
| Workshop costs                         | 20,454        | 4,299         |
| Office expenses                        | 18,497        | 17,395        |
| Website costs                          | 370           | 444           |
| Training                               | 1,930         | 5,850         |
| Insurance costs                        | 809           | 713           |
| Consultancy                            | 5,257         | 3,194         |
| General costs                          | 216           | 933           |
| Travel costs                           | -             | 78            |
| Governance costs                       | 720           | 960           |
|                                        | <u>48,253</u> | <u>33,866</u> |
| <b>Analysis by fund</b>                |               |               |
| Unrestricted funds                     | 25,243        | 16,136        |
| Restricted funds                       | 23,010        | 17,730        |
|                                        | <u>48,253</u> | <u>33,866</u> |
| <b>For the year ended 18 June 2021</b> |               |               |
| Unrestricted funds                     | 16,136        |               |
| Restricted funds                       | 17,730        |               |
|                                        | <u>33,866</u> |               |

Governance costs comprise independent examiner's fees of £720 (2021 - £960).

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 9 Creditors: amounts falling due within one year

|                              | 2022<br>£ | 2021<br>£ |
|------------------------------|-----------|-----------|
| Accruals and deferred income | 720       | 720       |

# MAKING ME

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 18 JUNE 2022

### 10 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

|                          | Movement in funds  |                    |              | Movement in funds  |                    |               |
|--------------------------|--------------------|--------------------|--------------|--------------------|--------------------|---------------|
|                          | Incoming resources | Resources expended | Balance at   | Incoming resources | Resources expended | Balance at    |
|                          | £                  | £                  | 19 June 2021 | £                  | £                  | 18 June 2022  |
| Harpur Trust             | 15,000             | (15,000)           | -            | 10,000             | (10,000)           | -             |
| Wixamtree Trust          | 2,730              | (2,730)            | -            | 3,000              | (3,000)            | -             |
| Panacea Trust            | -                  | -                  | -            | 10,010             | (10,010)           | -             |
| House of Industry Estate | -                  | -                  | -            | 12,537             | -                  | 12,537        |
|                          | <u>17,730</u>      | <u>(17,730)</u>    | <u>-</u>     | <u>35,547</u>      | <u>(23,010)</u>    | <u>12,537</u> |

The Harpur Trust grant is for the funding of a school engagement manager and school relationship manager.

The Wixamtree Trust grant is for funding towards the Emotional Literacy Programme to appoint an operations manager and a school support manager.

The Panacea Trust grant is funding to develop and pilot a Wellbeing Programme for middle school children.

The House of Industry grant is funding to deliver the Primary School Programme to disadvantaged schools in Bedford Borough

### 11 Analysis of net assets between funds

|                                                   | Unrestricted funds | Restricted funds | Total         | Unrestricted funds | Restricted funds | Total         |
|---------------------------------------------------|--------------------|------------------|---------------|--------------------|------------------|---------------|
|                                                   | 2022               | 2022             | 2022          | 2021               | 2021             | 2021          |
|                                                   | £                  | £                | £             | £                  | £                | £             |
| Fund balances at 18 June 2022 are represented by: |                    |                  |               |                    |                  |               |
| Current assets/ (liabilities)                     | 54,989             | 12,537           | 67,526        | 35,683             | -                | 35,683        |
|                                                   | <u>54,989</u>      | <u>12,537</u>    | <u>67,526</u> | <u>35,683</u>      | <u>-</u>         | <u>35,683</u> |

### 12 Related party transactions

There were no disclosable related party transactions during the period.