

The Charity Registration Number is :- 1176745

Men Too

Report and Accounts

31 March 2021

Men Too

Report and accounts for the period ended 31 March 2021

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Trustees' Annual Report for the year ended 31 March 2021

The Trustees present their Report and Accounts for the year ended 31 March 2021

Reference and administrative details

The charity name.

The legal name of the charity is:- Men Too

The charity's areas operation and UK charitable registration.

The charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1176745

Legal structure of the charity

The charity is constituted as a Charitable Incorporated Organisation (CIO) in England & Wales. The governing document of the charity is the constitution of the CIO as approved by the Charity Commission in England & Wales (CCEW).

There are no restrictions in the governing documents on the operation of the Charity or on its investment powers other than those imposed by Charity Law.

The trustees are all individuals.

The principal operating address of the charity is:-

32 Argyle Street
Birkenhead
Merseyside
CH41 6AE

The Trustees in office on the date the report was approved were:-

Lesley Woods
Jane Graham
Sharon marie Stanton
Gaynor Williams
Jaki Howe
Keri Lockhart Thomson

The following persons served as Trustees during the year ended 31st March 2021

The trustees who served as a trustee in the reporting period were as shown above.

All the trustees are also members of the charity.

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Objects and activities of the charity

The purposes of the charity as set out in its governing document.

The purpose of the Charity is to provide facilities for recreation and other leisure-time occupation in the interests of social welfare with the object of improving the conditions of life for those persons, in particular, vulnerable men and boys with multi/complex needs and/or suicide ideation resident in Birkenhead and neighbouring areas of Merseyside.

MEN TOO were granted charitable status on 19/01/2018 our aims are to support men who have a range of mental health issues, complex needs and suicide ideation. MEN TOO works with men aged 18 and above and are currently working with boys aged 9-14 too.

The main activities, achievements and performance of the Charity during the period, and how these have benefitted the beneficiaries of the Charity and wider society

The formation of MEN TOO has come about through small groups of men accessing personal development training; 1-1 therapeutic counselling and group counselling services from a small charity called WEB Merseyside. After accessing the training from WEB, the men requested that WEB put on weekly services for them as they had found it so beneficial in helping them to cope and recover. Unfortunately, WEB was unable to provide weekly sessions due to lack of funding/resources. However, WEB continued to support these men from their unrestricted reserves for over 18mths, organising activity-based sessions twice monthly which were well attended.

In regular consultation with the men, WEB Merseyside went about setting up a specific charity for men that would allow them to meet in small groups on a weekly basis. The men have been involved at every stage of setting up this small but much needed charity. From the name of the organisation to its aims and objectives, from weekly activities they think would support them up to governance and managing the organisation; meeting trustees and sharing their views of what has helped them and what they would like more of. All of this took over 12 months of consultation and meetings and formed the stages which we are now up to, in our 3rd year of delivering services to men.

AIMS: MEN TOO were granted charitable status on 19/01/2018 our aims are to support men who have a range of mental health issues, complex needs, and suicide ideation. MEN TOO works with men aged 18 and above.

SERVICES:

- Group support -weekly via 'maintenance for the mind' sessions
- Range of confidence/esteem building training, and anger management training
- Range of Holistic therapies: aromatherapy nurturing touch, relaxation, sound healing, mindfulness training; meditation and a range of therapeutic art/craft activities.

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Support & Referrals: Men access services for confidence building training & support and group counselling. All the men had been referred from mental health services due to prior suicide attempts and feeling unable to cope.

From the early training days, that WEB have worked with these men, it was clear that these men needed a safe space and safe people who could facilitate their feelings/emotions and provide a range of coping mechanisms and tools that they could use to stay healthy and enable them to cope with day to day living.

As this is a brand-new charity and men are notoriously difficult to engage in services. We envisioned from experience that we would initially be working in small group settings of between 4-10 men who would attend the weekly sessions; and approximately 8-10 men who would attend the Pathways 2M Powerment Training.

All of MEN TOO services that we deliver have elements of confidence building training underpinning it; this has helped the men to be able to open up and talk about their feelings openly; preventing further attempts of suicide, and more importantly helping them to cope and recover.

VOLUNTEERING: Men who have participated in past sessions also want to volunteer in mentoring roles, supporting other men through their difficult times. MEN TOO aims to develop a training package, and appropriate resources to allow this to happen, and further support sustainability via volunteering.

This is our third year of service delivery, and I am very proud of the hard work that all of the staff, sessional workers and volunteers from MEN TOO have put into supporting some of the most vulnerable and disadvantaged men in our community throughout this pandemic.

Working towards sustainability and delivering vital services whilst also trying to obtain ever dwindling funding to support the increased needs and demands of the community has been very difficult. Especially for MEN TOO. As a newly formed charity, we do not yet have any permanent paid staff; but are delighted that we have recently secured funding from People's Health Trust for part time staff to fund this service over the next 2 years. We continue to rely heavily on the goodwill of our sessional workers; our partner charity WEB Merseyside, and our wonderful service volunteers as we try to deliver services and raise enough funds for expansion of this project in order to meet community need.

Additional cuts and raised thresholds for statutory services, has left many men with complex needs without the right level of support. MEN TOO have been working hard trying to plug those gaps in services to ensure that those in most need get the support that they so desperately need, when they need it!

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Trustees' Annual Report for the year ended 31 March 2021

The isolation during the pandemic has heightened the anxiety, and increased the impact of mental health and the suicide ideation of the men referred to us from our 34 referring partners. During this period, we have received 38 referrals throughout the pandemic.

Unfortunately, the impact of the pandemic has impacted upon the ability of men to access our services despite our doors being open to those men in need since July 2020 after the first lockdown restrictions were lifted. Thankfully 15 of those new referrals have been inducted into Men Too services and been able to access regular ongoing 1-1 and group support. In addition to the new referrals; Men Too have continued to provide ongoing support to 11 men, totalling 26 men being supported throughout the pandemic.

Despite limited numbers of men being inducted for face-to-face services throughout the pandemic. We managed to arrange for a total of 119 x 1-1 appointments during this time.

89 of these were crisis support appointments for men with suicide ideation. We had 12 DNAs and 3 cancelled appointments; in which staff tried to arrange contact with no success and referred the men back to the original referring agency.

Men Too staff were very proactive during the pandemic; ensuring vital support was in place for vulnerable men in order to prevent further suicides in what was undoubtedly one of the most difficult and unprecedented periods in history.

Men Too have signposted several men with complex counselling needs to our partner charity WEB Merseyside for 1:1 therapeutic counselling appointment (138 counselling appts have been arranged for the men, 108 of these were attended, with 9 DNAs and 21 cancellations due to the impact of covid.

Men Too have delivered 38 maintenance for the mind sessions from July 2020 to March 2021. With a total of 171 attendances from 26 men who regularly accessed these sessions.

Men Too staff opened up for group services in the period between Christmas and New Year at the men's request as they informed us that they find the 'festive season' particularly difficult and isolating' especially during the pandemic. 5 men attended these sessions; and were extremely grateful for the support. Staff arranged a Christmas meal and provided a magician during these sessions which was thoroughly enjoyed by both the men and the staff.

Maintenance for the Mind Sessions delivered have included a range of confidence building sessions, emotional boundaries training, anger management training, therapeutic art/crafts activities like vision boards which helps to focus on goals for the future., and goal setting which supports the men to obtain things they once believed were unobtainable.

Men enjoyed a range of social activities including pottery, gardening and walks to places of interest, such as parks, gardens, art galleries and museums, and fun social activities like mini golf and picnics on the beach. All of which provide opportunities for building shared interests, bonds and trusting friendships for some of society's most socially isolated men. Other activities include meditations, relaxation, the power of positive self-talk and affirmations. Sound healing, seated yoga, mindfulness and holistic therapies have also proved to be very popular and beneficial for the men.

Many of the men inform us that this is the only social network that they have. In addition to this several new friendships have formed throughout lockdown with a few of the men meeting up for socially distanced walks to support each other. After first lockdown eased up, a few of the men also met up for lunch and a chat which they informed us really helped them feel connected. Two of the men had Christmas lunch together, which they really enjoyed and both said they had a fabulous chilled out Christmas together which helped them both immensely to feel more connected, less socially isolated and reduced their feelings of suicide ideation at what is usually a very difficult and isolating time for them.

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Some examples of men's achievements this past year have been finding employment, progressing onto further training, education, and volunteering. Completing courses and qualifications such as welding, CSCS qualification (health and safety requirement for certain jobs). Overcoming fear of travelling alone, giving up smoking, and alcohol, seeking additional support around addictions. Addressing underlying anger issues; leading to progressing onto becoming a calm effective communicator. Taking up new hobbies such as writing and cycling and pottery. Addressing issues within personal relationships which has had very positive outcomes for many of the men and their families.

In addition to delivering the above services, MEN TOO have provided 6 days volunteer training to 11 volunteers who have all supported the service in a variety of capacities from making tea and welcoming men into the session: to co-delivering on training sessions, supporting men's inductions, and providing counselling appointments (Final year Diploma Counselling Students). With 1 of the male service users progressing onto volunteer with the project by supporting new inductions to the service; and further progressing onto co-delivering group Pathways 2MPowerment training; and delivering presentations on the benefits of MEN TOO to partner organisations.

MEN TOO are very proud of all the achievements we have made in our third year of delivering services and know that with the right funding and resources that we can reach even more vulnerable men who are lonely, isolated and suffering in silence.

On behalf of all at MEN TOO we would like to thank our funders; our fabulous sessional workers, our partner charity WEB Merseyside, and all of our wonderful volunteers and trustees who have supported us to make a difference in our little corner of the world! Thank You, we so appreciate you.

Finally, we would like to thank all the brave; courageous and wonderful men we have met on their journeys; and who have taught us as much as we have taught them. We have loved being part of your journey and hope always to be able to shine a light.

The trustees have had regard to the Charity Commission's guidance on public benefit in managing the activities of the charity.

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Trustees' Annual Report for the year ended 31 March 2021

Fundraising activities during the period.

The charity relies on grant aid from the donors identified in the accounts, whose support is valued. There have been no other material fundraising activities, other than small donations made by the general public.

Structure, governance and management of the charity

The methods used to recruit and appoint new charity trustees.

The Trustees are appointed from nominations made to the Annual General meeting.

The Charity's organisational structure

Bankers	CAF Bank, 25 Kings Hill Avenue, Kings Hill, West Malling, Kent, ME19 4JQ
Accountants	APH Accountants Ltd, 259 Wallasey Village, Wallasey, Merseyside, CH45 3LR

Financial review

The charity's financial position at the end of the period ended 31 March 2021

The financial position of the charity at 31 March 2021, as more fully detailed in the accounts, can be summarised as follows:-

	2021 £
Net Income	15,938
Unrestricted Revenue Funds available for the general purposes of the charity	14,106
Restricted Revenue Funds	3,967
Total Funds	18,073

Financial review of the position at the reporting date, 31 March 2021

The trustees consider the financial performance by the charity during the year to have been satisfactory. The Charity is in its 3rd year and financial performance is reliant upon funding from external sources to fund the Charity's activities. This period has seen funding received at a similar rate to the first year and applications for future funding have been accepted and further funding applications are currently being made.

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Trustees' Annual Report for the year ended 31 March 2021

Policies on reserves.

The Trustees have reviewed the Reserves of the Charity. The Charity is dependent on Grant funding to provide its services and this income is inevitably subject to fluctuation.

In order to provide for possible delays in obtaining adequate funding and to maintain services at their present level, the Trustees consider that they should retain, in Unrestricted income funds, sufficient resources to meet four months expenditure.

Based on the Accounts to 31st March 2021, this would require reserves of £3,685. Unrestricted income funds at 31st March 2021 were £14,106. Therefore the Trustees consider the current levels of reserves to be adequate going forward.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

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Trustees' Annual Report for the year ended 31 March 2021

Statement of Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. Notwithstanding the explicit requirement in the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008, to prepare the financial statements in accordance with the SORP 2005, in view of the fact that the SORP 2005 has been withdrawn, the Trustees determined to interpret this responsibility as requiring them to follow current best practice and prepare the accounts according to the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in February 2016), (The SORP).

In particular, charity law requires the Trustees, if they prepare accounts on an accruals basis, to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Trustees are required to :-

- to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law);
- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with regulations made under the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

This report was approved by the board of trustees on 12 November 2021.

gaynor williams
gaynor williams (Jan 11, 2022 11:25 GMT)

GAYNOR WILLIAMS
CHAIR

Men Too

Report of the Independent Accountant to the Trustees of the charity on the accounts for the period ended 31 March 2021

We report on the financial statements of Men Too for the period ended 31 March 2021, as set out on pages 12 to 20, which comprise the Statement of Financial Activities, the Balance Sheet and the related notes to the financial statements, including a summary of significant accounting policies. In our opinion, the accompanying financial statements of the charity are prepared, in all material respects, in accordance with charity law applicable within the jurisdiction of England & Wales and the accounts have been prepared in accordance with FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in February 2016), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, under the historical cost convention, and in accordance with the accounting policies set out on page 19, which framework constitutes the applicable United Kingdom Generally Accepted Accounting Practice.

Respective responsibilities of the directors and the accountant

As described on page 8, you, the charity's Trustees are responsible for the preparation of the accounts.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the Governing Document for the conducting of an audit. The Trustees also consider the charity to be exempt from the requirement to be subject to Independent Examination.

Our responsibility is to prepare accounts upon the basis of the information supplied to us, without conducting any formal scrutiny.

No statement of opinion

We have not carried out any audit procedures and have relied upon information supplied to us by the Trustees, and the information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently we do not express an audit or other assurance opinion on the view given by the accounts.

Signed:-



APH Accountants Ltd

Chartered Management Accountants

Times House
259 Wallasey Village
Wallasey
Merseyside
CH45 3LR

This report was signed on 12 November 2021

Men Too - Statement of Financial Activities for the period ended 31 March 2021

	SORP Ref	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
		2021 £	2021 £	2021 £	2020 £
Income & Endowments from:					
Donations & Legacies	A1	15,000	-	15,000	1,810
Charitable activities	A2	-	11,992	11,992	5,000
Total income	A	15,000	11,992	26,992	6,810
Expenditure on:					
Charitable activities	B2	1,121	9,933	11,054	5,404
Total expenditure	B	1,121	9,933	11,054	5,404
Net income for the period		13,879	2,059	15,938	1,406
Net income after transfers	A-B-C	13,879	2,059	15,938	1,406
Net movement in funds		13,879	2,059	15,938	1,406
Reconciliation of funds:-	E				
Total funds brought forward		227	1,908	2,135	730
Total funds carried forward		14,106	3,967	18,073	2,136

The 'SORP Ref' indicated above is the classification of income set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

A separate Statement of Total Recognised Gains and Losses is not required as this statement includes all recognised gains and losses.

All activities derive from continuing operations

The notes attached on pages 13 to 20 form an integral part of these accounts.

Men Too - Statement of Financial Activities for the period ended 31 March 2021

Movements in revenue and capital funds for the year ended 31 March 2021

Revenue accumulated funds

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last year Total Funds 2020 £
Recognised gains and losses before transfers	13,879	2,059	15,938	1,406
	14,106	3,967	18,073	2,136
Closing revenue funds	14,106	3,967	18,073	2,136

Summary of funds

	Unrestricted funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Last Year Total Funds 2020 £
Revenue accumulated funds	14,106	3,967	18,073	2,136

The notes attached on pages 13 to 20 form an integral part of these accounts.

Men Too - Balance Sheet as at 31 March 2021

	SORP Note Ref	2021 £	2020 £
Current assets	B		
Cash at bank and in hand	B4	22,567	9,635
Creditors: amounts falling due within one year	8 C1	(4,494)	(7,500)
Net current assets		18,073	2,135
The total net assets of the charity		18,073	2,135

The total net assets of the charity are funded by the funds of the charity, as follows:-

Restricted funds			
Restricted Revenue Funds	13 D2	3,967	1,908
Unrestricted Funds			
Unrestricted Revenue Funds	13 D3	14,106	227
Designated Funds			
Total charity funds		18,073	2,135

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA..

The Trustees acknowledge their responsibilities for complying with the requirements of charity legislation with respect to accounting records and the preparation of accounts.

The Trustees are satisfied that, although the charity is not registered under the Companies Acts, if it were so registered, it would be eligible to prepare accounts in accordance with the provisions in Part 15 of the Companies Act 2006, applicable to companies subject to the small companies regime.

gaynor williams
 gaynor williams (Jan 11, 2022 11:25 GMT)

GAYNOR WILLIAMS
 CHAIR

Approved by the board of trustees on 12 November 2021

The notes attached on pages 13 to 20 form an integral part of these accounts.

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Notes to the Accounts for the year ended 31 March 2021

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102, (effective 1st January 2016) and 'FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in February 2016), (The SORP), published by the Charity Commission in England & Wales (CCEW), effective January 2016, , and in accordance with all applicable law in the charity's jurisdiction of registration, except that the charity has prepared the financial statements in accordance with the FRS 102 SORP (Statement of Recommended Practice for Accounting and Reporting by Charities) 2015, (as amended by the Bulletin issued in February 2016), (The SORP), in preference to the previous SORP, the SORP 2005, which has been withdrawn, notwithstanding the fact that the extant statutory regulations, the Charities (Accounts and Reports) Regulations 2008 refer explicitly to the SORP 2005. This has been done to accord with current best practice.

Risks and future assumptions

The Charity is a public benefit entity. The major risks to which the Charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to manage those risks.

Policies relating to categories of income and income recognition.

Nature of Income

Gross income represents the value of donations and grants awarded to the Charity, in order for it to continue with its planned charitable activities.

Categories of Income

Income is categorised as donations, being general donations to unrestricted funds for use by the Charity in its charitable activities as it sees fit. And as grants included in charitable activities, as restricted funds for specific projects identified as furthering the Charity's objectives.

Income recognition

Income, whether from exchange or non exchange transactions, is recognised in the statement of financial activities (SOFA) on a receivable basis, when a transaction or other event results in an increase in the charity's assets or a reduction in its liabilities and only when the charity has legal entitlement, the income is probable and can be measured reliably.

Income subject to terms and conditions which must be met before the charity is entitled to the resources is not recognised until the conditions have been met.

All income is accounted for gross, before deducting any related fees or costs.

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Notes to the Accounts for the year ended 31 March 2021

Accounting for deferred income and income received in advance

Where time related conditions are imposed or implied by a funder, then the income is apportioned to the time periods concerned, and, where applicable, is accounted for as a liability and shown on the balance sheet as deferred income. When grants are received in advance of the expenditure on the activity funded by them, but there are no specific time related conditions, then the income is not deferred.

Policies relating to expenditure on goods and services provided to the charity.

Recognition of liabilities and expenditure

A liability, and the related expenditure, is recognised when a legal or constructive obligation exists as a result of a past event, and when it is more likely than not that a transfer of economic benefits will be required in settlement, and when the amount of the obligation can be measured or reliably estimated..

Liabilities arising from future funding commitments and constructive obligations, including performance related grants, where the timing or the amount of the future expenditure required to settle the obligation are uncertain, give rise to a provision in the accounts, which is reviewed at the accounting year end. The provision is increased to reflect any increases in liabilities, and is decreased by the utilisation of any provision within the period, and reversed if any provision is no longer required. These movements are charged or credited to the respective funds and activities to which the provision relates.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity.

However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers and this is described more fully in Note5.

Policies relating to assets, liabilities and provisions and other matters.

Debtors

Debtors are measured at their recoverable amounts at the balance sheet date.

Creditors and provisions

Creditors are measured at the value of the financial obligation at the balance sheet date.

Cash and Bank Balances

Cash held by the charity is included at the amount actually held and counted at the year end. Bank balances, whether in credit or overdrawn, are shown at the amounts properly reconciled to the bank statements.

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Notes to the Accounts for the year ended 31 March 2021 **Fund Accounting**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal or as implied by law.

2 Liability to taxation

The Trustees consider that the charity satisfies the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by chapter 3 part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively on the specific charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity, and is therefore included in the relevant costs in the Statement of Financial Activities.

3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Significance of financial instruments to the charity's position

The Charity has no financial instruments of significance to the Charity's position.

5 The contribution of volunteers

The charity depends on the support of its volunteers, which is much appreciated. The arrangements with volunteers are difficult to value precisely in monetary terms and have not been recognised in the Statement of Financial Activities. The volunteers and the charity accept and agree that no contract of employment is created by these arrangements.

No employees received emoluments (excluding pension costs) in excess of £60,000 per annum.

6 Remuneration and payments to Trustees and persons connected with them

No trustees or persons connected with them received any remuneration from the charity, or any related entity.

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Notes to the Accounts for the year ended 31 March 2021

7 Deferred income - Restricted funds

	Opening Deferrals	Released from prior years	Received less released in period	Deferred at year end
	£	£	£	£
PH Holt/ Peoples Health Trust	7,500	(7,500)	4,494	4,494
Total	<u>7,500</u>	<u>(7,500)</u>	<u>4,494</u>	<u>4,494</u>
			2020	
			£	
These deferrals are included in creditors			<u>4,494</u>	

The deferrals included in creditors relate to funding specified by the funders as relating to specific periods and represent those parts of restricted funds which relate to periods subsequent to the accounting year end and are treated as grants in advance, or, alternatively, where there are conditions which must be fulfilled prior to entitlement or use of the restricted funds by the charity.

8 Creditors: amounts falling due within one year

	2020
	£
Deferred Income - Restricted funds	4,494
Other creditors	-
	<u>4,494</u>

9 Loans to trustees included in debtors

There are no loans to Trustees included in debtors.

10 Guarantees made by the charity on behalf of trustees

There were no guarantees made by the Charity on behalf of the Trustees during the year.

11 Income and Expenditure account summary

	2021
	£
At 1 April 2020	2,136
Surplus after tax for the period	15,938
At 31 March 2021	<u>18,074</u>

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Notes to the Accounts for the year ended 31 March 2021

12 Particulars of how particular funds are represented by assets and liabilities

At 31 March 2021	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
Current Assets	14,106		8,461	22,567
Current Liabilities		-	(4,494)	(4,494)
	<u>14,106</u>	<u>-</u>	<u>3,967</u>	<u>18,073</u>

At 1 April 2020	Unrestricted funds £	Designated funds £	Restricted funds £	Total Funds £
	<u>227</u>	<u>-</u>	<u>1,908</u>	<u>2,135</u>

13 Change in total funds over the period as shown in Note 12 , analysed by individual funds

	Funds brought forward from 2020 £	Movement in funds in 2021 See Note 14 £	Transfers between funds in 2021 £	Funds carried forward to 2022 £
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	227	13,879	-	14,106
Total unrestricted and designated funds	<u>227</u>	<u>13,879</u>	<u>-</u>	<u>14,106</u>
Restricted funds:-				
Peoples Health		3,967	-	3,967
P H Holt	1,908	(1,908)	-	-
Total restricted funds	<u>-</u>	<u>2,059</u>	<u>-</u>	<u>3,967</u>
Total charity funds	<u>227</u>	<u>15,938</u>	<u>-</u>	<u>18,073</u>

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Notes to the Accounts for the year ended 31 March 2021

14 Analysis of movements in funds over the period as shown in Note 13

	Income	Expenditure	Other Gains & Losses	Movement in funds
	2021	2021	2021	2021
	£	£	£	£
Unrestricted and designated funds:-				
Unrestricted Revenue Funds	15,000	(1,121)	-	13,879
Restricted funds:-				
Peoples Health	4,492	(525)	-	3,967
P H Holt	7,500	(9,408)	-	(1,908)
	<u>26,992</u>	<u>(11,054)</u>	<u>-</u>	<u>15,938</u>

15 The purposes for which the funds as detailed in note 13 are held by the charity are:-

Unrestricted and designated funds:-

Unrestricted Revenue Funds	These funds are held for the meeting the objectives of the charity, and to provide reserves for future activities, and , subject to charity legislation, are free from all restrictions on their use.
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Restricted funds:-

Restricted Revenue Funds	These funds are held to be used for specific Charitable Activities as described in the individual Grant Policy.
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16 Ultimate controlling party

The charity is under the control of its legal members.

Every member of the charity has unlimited joint and several liability for the debts of the charity.

Men Too

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

This analysis is classified by conventional nominal descriptions and not by activity.

17 Donations and Legacies

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Donations and gifts from individuals				
Small donations individually less than £1000	-	-	-	1,810
Louise Nicholas Residual Charity Trust	5,000	-	5,000	-
Total donations and gifts from Individuals	5,000	-	5,000	1,810
 Wirral Borough Council	 10,000	 -	 10,000	 -
Total public sector revenue grants	10,000	-	10,000	-
 Total Donations and Legacies	 15,000	 -	 15,000	 1,810

A1

18 Charitable income from funders

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Contractual payments from non public bodies to fund charitable activities				
Awards For All	-	-	-	2,500
P H Holt	-	7,500	7,500	2,500
Peoples Health Trust	-	4,492	4,492	-
Total contractual payments from non public bodies	-	11,992	11,992	5,000
 Total Charitable income from funders	 -	 11,992	 11,992	 5,000

Men Too

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

19 Total Income from charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	£	£	£	£
	2021	2021	2021	2020
Total Charitable income from funders	-	11,992	11,992	5,000
Total from charitable activities	A2	11,992	11,992	5,000

20 Expenditure on charitable activities - Direct spending

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Travel and Subsistence - Charitable Activities	54	-	54	-
Marketing and advertising of charitable services	48	390	438	379
Refreshments	140	1,167	1,306	1,180
Arts/Crafts/Materials and other activities	177	-	177	485
Sessional workers	-	6,920	6,920	1,854
Total direct spending	B2a	8,477	8,895	3,898

21 Support costs for charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2021	2021	2021	2020
	£	£	£	£
Premises Expenses				
Rent payable under operating leases	-	1,456	1,456	255
Cleaning and waste management	-	-	-	110
Premises repairs, renewals and maintenance	-	-	-	976
Administrative overheads				
Telephone, fax and internet	633	-	633	31
Stationery and printing	-	-	-	24
Sundry expenses	-	-	-	45
Financial costs				
Bank charges	69	-	69	65
Support costs before reallocation	702	1,456	2,158	1,506
Total support costs	702	1,456	2,158	1,506

Men Too

Detailed analysis of income and expenditure for the year ended 31 March 2021 as required by the SORP 2015

22 Total Charitable expenditure

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £	Prior Year Total Funds 2020 £
Total direct spending	B2a 419	8,477	8,895	3,898
Total support costs	B2d 702	1,456	2,158	1,506
Total charitable expenditure	B2 <u>1,121</u>	<u>9,933</u>	<u>11,053</u>	<u>5,404</u>