

ACTIVE BRAINTREE FOUNDATION – ANNUAL REPORT 2022/23

REGISTRATION NUMBER 1176734

Active Braintree Foundation (ABF) was formed on 18 January 2018 and in 2022 its mission and aims were reviewed by the Trustees. The mission was retained (as below) however, the aims were updated and outcomes were added.

Mission

Our mission is that everyone in Braintree District has the opportunity to engage in sport and/or physical activity in order to improve their health, live life to its full potential, compete and have fun.

Aims

Our new aims are to:

- Work collaboratively with relevant local organisations to:
 - transform and connect communities
 - tackle inequalities and promote inclusion
- Be a voice to advocate behaviour change and promote innovation to increase participation in sport and physical activity
- Increase capacity – by developing people and facilities
- Promote and support active environments – by creating spaces for activity

Outcomes

The outcomes are expected to be:

- Communities inspired to become more active to improve their health and wellbeing, therefore leading happier and more positive lives
- Raised aspirations, confidence, skills and knowledge to enable individuals to reach their full potential
- Improved physical and mental health and wellbeing
- Increased capacity
- Increased active environments

ABF started the year with eight trustees, one short of the maximum allowed. During the year the all the trustees remained in post. ABF however, will continue to seek and recruit a new trustee who has skills currently not represented on the Board.

ABF accounts are for the period 1 April 2022 to 31 March 2023.

ABF started the year with a healthy brought forward balance of £52,655 and received income of £46. Expenditure totalled £7,398 giving a carried forward balance of £45,303. This includes an £5,458 commitment to projects that have either not yet claimed or have been delayed.

ABF paid out grants during the year totalling £6,369, less than the previous year and lower than anticipated which again was due to the Covid pandemic. ABF usually

organises club forums and an annual Sports and Physical Activity Awards event but these did not go ahead this year however, ABF did regularly keep local clubs and organisations informed of relevant information particularly around alternative funding. ABF, where possible, continues to work with partners, for example, Braintree's Health and Well Being Board, Community 360, Active Essex, Fusion Lifestyle, Provide and Active Braintree Network to promote sport and physical activity.

ACTIVE BRAINTREE FOUNDATION ANNUAL RETURN 2022/23

	Income		Expenditure
B/F	52,655.00	Grants	6,369.00
Income	46.00	Insurance	694.00
		Website	211.00
		Catering	124.00
Total	52,701.00		7,398.00
Balance C/F			45,303.00